

World's Greatest Track & Field Clinic

February 3, 2013 ~ Santa Barbara, CA

@ Westmont College

Registration opens Wednesday, December 12. For more information email Coach Josh Priester.

We invite you to come spend a day on the campus of [Westmont College](#) in Santa Barbara, California for the "World's Greatest" Track & Field Clinic. [Oregon Track Club Elite Coach Harry Marra](#) will lead this first of its kind winter clinic. The clinic's unique format will include observing a live training session in which Coach Marra will work with his athletes, world record holder and Olympic Champion **Ashton Eaton** and NCAA record holder **Brianne Theisen**, followed by a training session presentation & interactive discussion.



A long-time advocate of the advancement of the combined events in the United States, Coach Marra has guided athletes to every major global championship since 1991. The former San-Francisco State University Head Track & Field Coach; Marra now resides in Eugene, Oregon.

In addition, we also invite your athletes, as they will have the opportunity to participate in our "World's Greatest" Athlete Clinic led by [Women's Athletic Performance Foundation](#) Director and former UCSB Associate Director of track & field, **Josh Priester**. Also attending is UCSB Associate Director, **Cody Fleming** as well as Team USA athletes, **Barbara Nwaba** and **Aisha Adams**.

Coach Marra's Recent Highlights

Harry Marra's most decorated year of coaching came in 2012, when he led multi-event star Ashton Eaton to four world records, two national championships, an Olympic gold medal and the



coveted signature title of "World's Greatest Athlete." Eaton started off the 2012 season with a short, yet very successful indoor campaign in which he won the long jump at the USA Indoor Championships, with an indoor personal best of 8.06 meters/26 feet, 5 ½ inches. Eaton went on to win a world title in the heptathlon, bettering his own world record in that event to 6,645 at the IAAF World Indoor Championships in Istanbul, Turkey. The indoor season was only a precursor to Eaton's outdoor season, which included setting the world record in the decathlon – 9,039 points – as well as in two individual decathlon events (the 100 meters in 10.21 seconds and the long jump in 8.23m/27 feet) at the U.S. Olympic Trials in Eugene, Oregon. Eaton further confirmed his title as the "World's Greatest Athlete"

when he won gold at the London Olympic Games. *Bio courtesy OTC Elite.*



Proceeds from the clinic will go to supporting the Women's Athletic Performance Foundation (WAPF). Founded in 2012, the WAPF has a mission of providing an overall support to elite American heptathletes while playing an active role in the promotion of physical activity amongst area youth, and providing positive female role models.

Schedule

Coaches Schedule

9:00am-Check-in/Coaches Coffee Social
9:30am-Ashton Eaton & Brienne Thiesen Session #1
11:00am-Training Session Discussion
12:30pm-Lunch
1:30pm-Elite Speakers Panel
2:00pm-Ashton Eaton & Brienne Thiesen Session #2
3:30pm-Training Session Discussion
5:00pm-Clinic Conclusion

Coach Marra's Clinic Curriculum

- Training concepts
- Training applications
- Athlete/Coach communication
- "Cueing" the athlete
- Philosophy of coaching

Coaches Registration and Fee's

Individual Coach: \$95
Staff – 2 Coaches: \$85 per coach
Staff – 3 Coaches: \$75 per coach

* *Limit three coaches per school. There are a limited 125 coaching slots available for this clinic on a first come, first serve basis*

Athletes Schedule

9:00am-Check-in/Meet & Greet
9:30am-Training Session/Intro
12:30pm-Lunch
1:30pm-Elite Speakers Panel
2:00pm-Training Session 2
4:00pm-Autographs & Photo Ops!
5:00pm-Clinic Conclusion

Athlete's Clinic Curriculum

- Training fundamentals of your event
- Planning to compete at your best
- Event breakout session
- Competing after high school
- Fired up for 2013!!!

Athletes Registration and Fee's

Individual Athlete: \$95
Teams – up to 3: \$85 per athlete
Teams – 4+ \$75 per athlete



REGISTRATION INFORMATION

You must register online (Registration available Wednesday, December 12). You may pay online or you will also have an option to pay by mail as well as at the event itself.

If payment is being submitted early, please make

sure to mail with enough time to be delivered.

Women's Athletic Performance Foundation

P.O. Box 321

Goleta, CA 93116

Please Make Checks Payable to WAPF, indicate "World's Greatest" in Memo.