

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## TAIWO WITH USA'S MEET RECORD Conference Meets Rewrite Qualifying Lists

**Hello Again.....** Bostonians welcomed Feb. 28, 2015.....it was the final day of the coldest month on record in Beantown and locals cried "good riddance." And as cold as it was outside, that's how hot Jeremy Taiwo's heptathlon performances were inside the Reggie Lewis Track and Athletic Center at the 30th National USA Men's Indoor heptathlon meet. Over two days the 25 year old from Ballard, WA who now trains at the Olympic Training Center in Chula Vista, won six of seven events and turned in the world's 2nd best score, 6273 points (he also owns the best at 6344 set earlier in the season) and broke Gunnar Nixon's two year old meet record.

There were lots of casualties behind him in the nine man field. With a lock on second place x NCAA indoor champ Miller Moss nh'd in the vault, one of two to do so. Former Big East champ Ted Glasnow fell in the hurdles and was dq'd. Yet the meet went reasonably well highlighted by the return of former Missouri Valley Conference champ Austin Bahner and the discovery of a talented newcomer, Thomas Hopkins, a sprinter/jumper from Princeton. They went 2-3 here. But the story was Taiwo, whose steady, high quality marks left no doubt of his ability to compete on the world stage.

**30th USA National Indoor Champs**  
**Reggie Lewis Center**  
**Roxbury, MA**  
**Feb. 27-28, 2015**



**25 year old Jeremy Taiwo won the 30th USA national indoor heptathlon with a solid 6273 effort.**

### **60m Hurdles:** [10:00 – 10:09 am]

Thomas FitzSimons/Santa Barbara TC won the first hurdle section in 8.55 seconds. Taiwo drew lane 5 in the 2nd race and was never headed. He clipped the final barrier but dashed the run-in and his 7.87 second clocking was a PER and just off the meet record. It represented his fourth consecutive event win. Hopkins, in lane 3, PR'd as well managing 8.22.

Taiwo, down 41 points after the first day on his world leading score pace, made up exactly 41 here and was back on target. Moss clipped the first hurdle in the 3rd race but ran smoothly afterwards and clocked a nifty 8.13.

After Five: Taiw 4486, Moss 4030, Hopk 3988, Bahn 3892.

**Pole Vault:** [11:01 am – 12:30 pm]

Hopkins, learning the event, struggled early and eventually cleared PR bars at 3.80m/12-5 ½ and 3.90m/12-9½. Tobias Boese nh's at 4.20m/13-9 ¼ and Moss duplicated the feat at 4.50m/14-9 openers.



Taiwo entered at 4.60m/15-1 and was clean thru 4.80m/15-9. But he could not handle 4.90m/16-¾ and the chances for another world leading score evaporated. Bahner (left) managed a PR at 4.80m/15-9 to share the event win. 74 attempts

and 34 clearances in 89 minutes.

After Six: Taiw 5335, Bahn 4741, Hopk 4578, Fitz 4559.

**1000 meters:** [1:02 – 1:05 pm]

There were several hundred spectators and FitzSimons set a brisk early pace: 29.9, 60.9, 1:32, with Taiwo and Hopkins bidding their time. With 300m remaining Taiwo jumped to the lead, clocked 2:04 at 800m and built up a 9 meter lead over Hopkins who cut it to two at the top of the final straight but he could get no closer and the final margin was 2:34.26 to 2:34.57 in favor of the 6-5 ex Huskie.

After Seven: Taiw 6273, Bahn 5526, Hopk 5513, Fitz 5484.

**Results:**



**2/27-28 40th USA National Champs, Reggie Lewis Center, Roxbury, MA**

6273	Taiwo, Jeremy/Chula VistaOTC	7.09 739 1450 216 7.87 480 2:34.26
5526	Bahner, Austin/ShockerTC	7.04 712 1294 186 8.59 480 2:48.15
5513	Hopkins, Thomas/Santa BarbaraTC	7.03 728 1280 183 8.22 390 2:34.57
5484	FitzSimons, Thomas/Santa BarbaraTC	7.31 674 1247 195 8.55 460 2:35.39
5298	Vildosola, Henry/unat	7.23 672 1348 186 8.62 450 2:48.60
5009	Dalton, Chase/unat	7.36 662 1269 192 8.84 450 3:06.15
4777	Moss, Miller/unat	

		7.10 680 1412 192 8.13 nh 2:51.79
4478	Glasnow, Ted/Santa BarbaraTC	7.33 650 1333 192 dsq 470 2:49.13
4238	Boese, Tobias/ShockerTC	7.19 621 1165 180 8.59 nh 2:52.57
9s,9f.		

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**The Conference Weekend-Saturday**

The Friday-Saturday portion of 'Conference Weekend' offered 16 meets and produced 60 5000+ scores. There was a major rewriting of the D-I and D-II qualifying lists.

At the Big Ten affair in Geneva, OH a dozen athletes exceeded 5000 points and 3 were over 5700 including Minnesota German soph Luca Weiland (5787), Michigan State soph Tim Ehrhardt (whose 5741 score included a 5.30m/17-4½ vault), and Indiana junior Stephen Keller (5706).

It was assumed that a Texas CE'er would qualify out of the Big 12 meet in Ames, IA, and that happened, but it was not 2013 NCAA outdoor champ Johannes Hock, who stumbled here getting but 5447. It was surprising soph Wolf Mahler whose 5717 PR score prevailed in another deep league.

The Mid-American title at Mount Pleasant, MI came down to the last few steps in the 1k as Eastern Michigan senior Solomon Ijah held off Buffalo junior Craig Howard by 5 points, 5444-5439. German Luis Hanssler, a junior at Memphis, was The American Conference winner at the NYC Armory netting 5380. And VMI's Quincy Murphy (4952) and NDSU's Angus Stoudt (4930) won mid-major Southern Conference and The Summit league meets. Vermont's Martin



Georgia's Garrett Scantling (l) won the SEC meet at 6036, and Minnesota's Luca Weiland became the Big Ten Champ with a 5787 score.

Kallur was the New England champs with a 5299 score in Boston.

The deep SEC meet in Lexington, KY netted predictable results as Georgia went 1-2-3 and Garrett Scantling's 6036 score was 127 better than Maicel Uibo. Eleven netted 5k scores here. Whew! The day's closest meet was in Seattle where Oregon soph Mitch Modin held off Stanford freshman Harrison Williams, by just four digits, 5543 to 5539 to win the Mountain Pacific Sports Federation meet.

At the D-II level unheralded Pittsburg State freshman Tanner McNutt (5413) surprised the MIAA Conference opponents with a win in Warrensburg, MO over Emporia State's fast closing junior Payson Maydew (5363). We'll catch up with other meet tomorrow.