

THE DECATHLON ASSOCIATION DECA Newsletter

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TAIWO LEADS USAs at BREAK Filip with 5785 at single day Conf USA

Hello Again.....The most exhaustive weekend of the indoor season is underway and we will publish at least three editions of the *Newsletter*. As Friday, Feb 27 draws to a close the most compelling story comes from the Reggie Lewis Center in snow-bound Roxbury, MA (Boston) as world leader Jeremy Taiwo, 25, Chula Vista, leads the 30th USA indoor heptathlon with an eye-opening 3471 score, 390 points better than Austin, TX veteran Miller Moss, the 2011 NCAA champion. Newcomer Thomas Hopkins, a former Princeton sprinter/jumper stood third, 20 down on Moss.

The high jump was the show today as Taiwo bounded over 1.98m, 2.01m, 2.07m, 2.10m, 2.13m and 2.16m, all on first attempts. He had three fine efforts at 2.19m/7-2¼, the last one which slowly rolled off while Jeremy was in the pit. He is 41 points down on his world leading 6344 early season score.

30th USA National Indoor Champs



Reggie Lewis Center
Roxbury, MA
Feb. 27-28, 2015

60 meters: [9:30-9:35 am]

Nine started in a meet that has had five different winners in the past five years. The crowd count at 9:29 am was 48. Well seeded, the first dash section, after a false strat charged to Thomas FitzSimons, went to ex-Wichita State athlete Tobias Boese in 7.19 seconds.



25 year old Jeremy Taiwo, Ballard, WA, holds a 390(!) point lead on the 2015 USA indoor field at the break.

pl	lane	time	points
1. Tobias Boese/Shocker TC	3	7.19	816
2. Henry Vildosola/unat	6	7.23	802
3. Thomas FitzSimons/SBTC	4	7.31	775
4. Ted Glasnow/SBTC	5	7.33	769

The seeded section was hot as four came with sub 7 second sprint PRs. This race went to a former Princeton star, Thomas Hopkins in 7.03 seconds, a eyelash ahead of another ex-Wichita star Austin Bahner. Taiwo was 3rd in 7.09, 1/100th up on Miller Moss.

pl	lane	time	points
1. Thomas Hopkins/SBTC	7	7.03	872
2. Austin Bahner/ShockerTC	6	7.04	868
3. Jeremy Taiwo/ChulaVistaOTC	4	7.09	851
4. Miller Moss/unat	5	7.10	847
5. Chase Dalton/unat	3	7.36	759

After One: Hopk 872, Bahn 868, Taiw 851, Moss 847.

Long Jump: [10:08- 10:37 am]

Taiwo never trailed here managing 7.18m/23-6¾ in round one and improved to 7.38m/24-3 in the second round. Hopkins used his leg speed to cover 7.28m/23-10¾ of New England real estate in round three to move within six points of the overall lead. Only three managed seven meter efforts.

After Two: Taiw 1759, Hopk 1753, Bahn 1710, Moss 1614.

Shot Put: [11:06 – 11:30 am]



Taiwo's 14.50m/47-7 shot effort solidified his overall lead.

Henry Vildosola and Thomas FitzSimons offered marginal PRs while, at the top of the leader board Taiwo (14.50m/47-7), Moss (14.12m/46-4) and Hopkins (12.80m/42-0) were all close to career bests. There was no change in the places.

After Three: Taiw 2518, Hopk 2408, Bahn 2374, Moss 2350.

High Jump: [11:54 – 1:13 pm]

The show was all Jeremy taiwo who did did not start until most of the field was eliminated. FitzSimons cleared a 1cm PR (1.95m/6-4¾) but was gone by 1.98m/6-6 when Jeremy started. The goal was to take a shot at Tom Pappas' 15 year old meet record of 2.21m/7-3 and Jeremy was clean thru 2.16m/7-1. Yet he just missed at 2.19m/7-2¼ And the day abruptly ended with the 6-5 U. of Washington grad up 390 points, with a 3471 score, 41 down on his 6344 pace.

After Four: Taiw 3471, Moss 3081, Hopk 3061, Bahn 3053.



Meet Results: Day One:

2/27-28 30th USA National Champs.

Reggie Lewis Center, Roxbury, MA

3471	Taiwo, Jeremy/Chula Vista	OTC7.09	739	1450	216
3081	Moss, Miller/unat		7.10	680	1412 192
3061	Hopkins, Thomas/Santa Barb	TC7.03	728	1280	183
3053	Bahner, Austin/Shocker	TC	7.04	712	1294 186
2926	Vildosola, Henry/unat		7.23	672	1348 186
2921	FitzSimons, T/S Barbara	TC	7.31	674	1247 195
2884	Glasnow, Ted/Santa Barbara	TC	7.33	650	1333 192
2863	Dalton, Chase/unat		7.36	662	1269 192
2660	Boese, Tobias/Shocker	TC	7.19	621	1165 180

9s,

The College Conference Meets:

There were seven major conference meets completes between Feb 24 and 28. The most arresting story came from the **Conference USA** meet, postponed for a day b/c of weather conditions, coaches gerrymandered the entire meet into a one day affair including the heptathlon. No Matter, Rice soph Scott Filip, a 20 year old speedster from Bloomingdale, IL. ran up an eye-opening 5785 PR for the win, 307 points more than his previous best.

New to NCAA wars was 4th place (5061) Atsu Nymandi, a junior Ghanian transfer (from Wiley College to Middle Tennessee State), who won the NAIA a year ago and has serious outdoor long throwing skills.

In other D-I conference news, Justin Green led a 1-2-3 Colorado State sweep at the Mountain West meet in Albuquerque with a 5600 winning score. North Carolina soph Paul Haley led the deep (>5100) Atlantic Coast Conference meet in Blacksburg with a PR 5500 effort. Utah Valley vet Mike McPherson led the WAC at USAFA with a nice 5546 score while Idaho State senior Logan Henderson came from behind to capture the Big Sky affair in Flagstaff (5377). William Oliver, an Arkansas State senior was tops at the Sun Belt in Birmingham (5299) and Tristan Faure, a High Point senior won the Big South Conference with 5017. In all, US collegians put up 27 (!) 5000+ score in the

seven early weekend meets. Hold onto your seats since there at least two dozen more conference title meets in the next two days including many of the major majors: Bigs 10 and 12, SEC, the Valley, Mountain Pacific, yada, yada, yada. The NCAA qualifying lists are being reshaped.



Rice soph Scott Filip (left) won a one-day Conference USA affair with an eye-opening 5785 while ex NCAA king Miller Moss (r) is 2nd after day one at the USA meet in Boston.