

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## 8344 for ZZ at DecaStar Fong Wins 47<sup>th</sup> Junior Title



**Hello Again...** This week's news comes from a diverse set of locations...from the wine region in southwest France to the deep south in furnace hot Florida. A separate *Newsletter* is devoted to the USA women's decathlon in San Mateo (6/22-23).

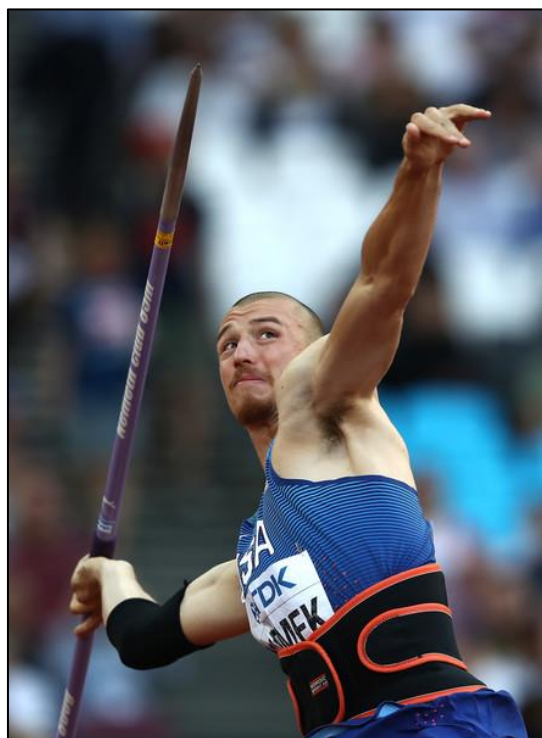


### 43<sup>rd</sup> DecaStar Talence, France June 22-23, 2019

26 year old Olympian Zack Ziemek opened his '19 decathlon campaign with an impressive 8344 runner-up performance at the 43<sup>rd</sup> DecaStar affair in Talence, France. 'Double Z' spent two days chasing 25 year old Canadian Pierce LePage whose breakthrough 8453 effort featured terrific sprint performances and an improved vault. By the 9<sup>th</sup> event ZZ had cut the margin between the two to 188 points and then outran the Canadian by 13 seconds so that the final differential was 109 points.

For Ziemek, who has become a model of consistency, his 8344 was his best seasonal opener and his 3<sup>rd</sup> best career total (PR 8413, '16). The feature was his winning 2.13m/6-11<sup>3</sup>/<sub>4</sub> PR high jump on day one.

Kevin Mayer/FRA returned to the venue of his '18 world record but lasted just 3 events before retiring. Belgium's Thomas Van Der Plaetsen was 3<sup>rd</sup> at 8214 and ageless Cuban Leonel Suarez, now 31, was 4<sup>th</sup> at 7965. The initial 8000 came in 2007 for the 2x Olympic Bronze medalist ('08, '12).



**Zach Ziemek/adidas was runner-up at the annual DecaStar competition which was moved up two months b/c of the late date of this year's IAAF worlds in Doha. His 8334 is the US seasonal leader.**

### Results:

#### 6/22-23 43<sup>rd</sup> DecaStar, Talence, FRA

8453	LePage, Pierce/CAN	10.31+0.7	787+2.5
		1421 207 48.14 14.40-1.3	4446 525 5526 4:59.76
8344	Ziemek, Zach/USA	10.89+0.7	762+1.2
		1404 213 50.34 14.96-1.3	4936 525 5749 4:46.55
8214	Van der Plaetsen, Th/BEL	11.35+0.1	750+0.2
		1345 204 49.95 14.95-1.3	4623 545 6085 4:37.99
7965	Suarez, Leonel/CUB	11.54+0.1	697-0.6
		1343 201 50.44 15.00-1.3	4687 465 6924 4:25.09
13s,9f.			



**47<sup>th</sup> USA Junior (u20) Champs  
Miramar, Florida  
June 22-23, 2019**



The 47th USA Junior champs were contested in Miramar, Florida in 100+F° temps. It drew just 5 (!) entries and four starters, the fewest since the meet began with a revised

Rice freshman Colbert Fong won the USA u20 meet in Miramar, FL at 6766.

definition of a junior in 1973. The dearth of u20 decathlon entries can be traced to lack of support/interest from college coaches (there are at least 16 eligible college/JC freshman with 6500+ seasonal scores who did not enter) and the proximity of high school meets. The entry standard of 6500 points is not the problem. Nor is this venue. Promotion of the event by coaches is. Too many qualified decathletes sitting on the sidelines. As recently as 2012 the meet drew 26 applicants, 21 of who were college/JC freshman. 26 to 4! This meet has had 102 starters in the past 7 years (ave: 14.7). 4 starters?!



Tenn prep Jett Kinder expected more than 4.20m/13-9½ vault in Miramar.

Cal freshman and SL Hakim McMorris had thins well in hand at the break but stumbled and dnf'd the highs. The zero opened the door and Rice freshman Colbert Fong stepped up for the 6766 win. Tennessee prep junior Jett

Kinder, son of '88 Olympian Gary, was close thru nine although his vault let him down. He finished 254 points back.

**6/21-22 47<sup>th</sup> USATF u20 [Junior] Champs, Miramar.**

6766	Fong, Colbert/Rice'22	11.43-0.3 641-0.6 1146 176 51.57 15.78+0.2 4383 420 5490 4:57.24
6512	Kinder, Jett/Kindersport/TennHS'20	11.69-0.3 660-0.4 1322 197 56.36 15.93+0.2 3909 420 5457 5:37.87
6224	Omohundro, Carl/St Christophers(VA)	11.36-0.3 670+0.3 1284 185 54.29 15.28+0.2 3714 430 4277 629.28
5831	McMorris, Hakim/California'22	10.98-0.3 651+ 0.5 1275 176 50.40 dnf +0.2 4063 410 4183 4s,4f,



**U.S. JUNIOR CHAMPIONS 1973-2019**

Year	winner	affiliation	score	meet site
1973	Craig Brigham	Oregon	7357h	Porterville
1974	Russell Fritts	Tennessee	6677h	Richmond
1975	Tony Hale	Fisk U	6856h	Hayward
1976	Joe Schneider	St. John's	7004h	Westwood
1977	Vince Reilly	St. Joe's HS,NJ	7057h	Richmond
1978	Gary Bastien	E Michigan	7139	Bloomington
1979	John Irvine	unat, Phoenix	6807	Walnut
1980	Steve Erickson	Washington HS	7188	Knoxville
1981	Greg Loisel	Azusa Pacific	6745	Westwood
1982	Robert Muzzio	DC Striders	7097	Los Angeles
1983	Kevin McGorty	Westfield, NJ	7133	U Park, PA
1984	Steve Klassen	Boulder TC	7093	Los Angeles
1985	Derek Huff	W Illinois	6941	Elmhurst, IL
1986	Gerald Swann	Campbell	7013	Towson, MD
1987	Jeff Mooney	Auburn	6713	Tucson
1988	Matt Farmer	UC Irvine	7015	Tallahassee,
1989	Aric Long	Tennessee	6908	Columbus
1990	Wayne Clements	Fla HS	7095	Fresno
1991	Mario Sategna	Bloomfield,NM	7302w	Blaine, MN
1992	Billy Schuffenhauer	Weber St	7304w	Columbus
1993	Ryan Theriault	Greyhound TC	6894	Spokane
1994	Ross Bomben	unat	6833	Tallahassee
1995	Tom Pappas	Lane CC, OR	7154	Walnut
1996	Gabe Garrett	Tennessee	6677	DelawareOH
1997	Dan Ryland	Deville, LA	6611	Edwardsville
1998	Dan Ryland	Arkansas St	7031	Edwardsville
1999	Bryan Clay	Azusa Pacific	7312	Denton, TX
2000	Ryan Harlan	Rice	6835	Denton, TX
2001	Darion Powell	Lakeland, WA	6678	Richmond
2002	Donovan Kilmartin	Team Idaho	7440	Berkeley
2003	Donovan Kilmartin	YMCA Idaho	7431	Palo Alto,
2004	Chris Helwick	Tennessee	7358	C Station
2005	Mike Bingham	Wake Forest	7042	Carson
2006	Shawn Schmidt	Texas HS	7264	Indianapolis
2007	Nick Adcock	Missouri	7293	Indianapolis
2008	Chase Dalton	BYU	7202	Columbus
2009	Curtis Beach	Albuquerque	7599	Eugene
2010	Neaman Wise	S Florida	7300	Des Moines
2011*	Kevin Lazas	Arkansas	8016	Eugene
2012	Gunnar Nixon	Arkansas	7760	Bloomington
2013	Wolf Mahler	Belton, TX	7419	Des Moines

2014	Harrison Williams	Memphis, TN	7734	Sacramento
2015	Harrison Williams	Stanford	8001	Eugene
2016	Cale Wagner	Nebraska	7532	Clovis, CA
2017	George Patrick	Texas	7547	Sacramento
2018	Kyle Garland	Germantown	7562	Bloomington
2019	Colbert Fong	Rice	6766	Miramar

\*now using international junior implements/hurdles

**USATF Junior Decathlon Starters:**

2013	23
2014	13
2015	12
2016	5
2017	11
2018	12
2019	4

