

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## FIRST DAY at GÖTZIS

### Warner's 4596, 10.12 Shine on Cloudy Day

**Hello Again....**If one closed one's eyes and just listened to the athlete introductions you'd swear this must be an NCAA meet. 15 (!) American or former US college student---7 women and 8 men- on the heptathlon - decathlon start lists. Yet this was Götzis in the Voralberg district of Austria and this was the 45th Hypo-Bank meeting. 7 ex-NCAA- I champs started and one had all one could handle just to follow the continuous action.

The local weather was overcast and air temps were in the mid 60s for the Saturday start and cooled off considerably.

There could not have been a more auspicious start as defending and 4x winner Damian Warner zipped an easy looking 10.12 world decathlon best in the sprint. The clock read 12:16pm.

Warner kept up the pressure and completed day one with a 4596 total, 160 up on talented Aussie Ashley Moloney, last year's IAAF junior champ. Lindon Victor's first day here (4384) was much improved over his first Vorarlberg trip a year ago. Last year's NCAA champ indoors and out, Tim Duckworth, competing for Briutain, stands 6th. Americans Tim Ehrhardt and devon William,s found international compoetition challenging. They found themselves in 22nd and 23rd.

Can't wait for tomorrow.



Canada's Damian Warner shocked a crowd of 5000+ with a world decathlon best in the sprint....10.12 seconds. Dsay it again....10.12 seconds. Whew!



**45th Hypo-Bank Meeting**  
**Moesle Stadium**  
**Götzis, Austria**  
**May 25-26, 2019**

**100 Meters:** [11:53am – 12:15 pm]

A conservative estimate of the crowd was 5000 spectators. With intermittent sun and clouds, Hypo 45 dec got underway a bit late because of slow moving heptathlon hurdles races, Section #1 of the 100m was underway with ex UCLA Bruin Marcus Neilsson/SWE in lane 2. For presentation reasons the races are arranged from slowest-to-fastest. Neilsson was out quickly and pulled away for the win.

Kiesuke Ushiro/JPN, now coached by megamaven Harry Marra, was 4th in 11.37. Slight headwind (-0.5mps).

In the second race France/s Romain Martin/ex-Texas-Arlington was runner-up (11.07) while Maicel Uibo/EST, former NCAA champ at Georgia finished 4th at 11.22. Nice tailwind of +0.7mps.

By the time the fourth race started it was past noon. Santa Barbara TC training partners Lindon Victor/ex Texas A&M and Tim Ehrhardt/ex Michigan State found themselves side-by-side in lanes 5 and 6. Speedy junior Ashley Moloney zoomed away after 40 meters with Victor giving chase. Both got PRs, the Australian (10.41) and Victor 10.56. Tim Ehrhardt was 6th in a fine 10.96.,

The final and seeded section found ex Georgia D-I indoor king Devon Williams in lane 1; 2018 indoor champ Tim Duckworth/GBR in lane 3; defending champ and WR holder Damian Warner/CAN in 4 and Estonian Karl-Robert Saluri/ex-Georgia in 6. Asll had clocked 10.65 or better in their careers. For Williams, it was his first century in two years.

After a false start (Duckworth and Saluri) this race was over at 30 meters when Warner (reaction time 0.112 seconds) pulled away smoothly, and kept expanding and expanding his lead. The Omega clock at the finish line read 10.11 and the crowd was stunned. It was adjusted to 10.12, breaking his own WR by .03 seconds. Wind +0.9 mps. Duck raced a terrific 10.61 and Williams was back at 10.85.

**Section 6:** [wind: +0.9 mps] [s-t-g: +0.70 sec]

pl	name/nation	pr	lane	reaction	time	points
1...	Warner, Damian/CAN	10.15	4	0.112	10.12	1066
2...	Eitel, Manuel/GER	10.31	5	0.165	10.41	996
3...	Duckworth, Tim/GBR	10.40	3	0.126	10.61	949
4...	Saluri, Karl-Robt/EST	10.50	6	0.135	10.71	926
5...	Freimuth, Rico/GER	10.44	2	0.168	10.74	919
6...	Williams, Devon/USA	10.50	1	0.144	10.85	894

*After One: Warn 1066, Eite 996, Molo 996, Vict 961, Duck 949, ...13th Will 894, ...Ehrh 870.*

**Long Jump:** [1:03 – 2:02 pm]

With sustainable tailwinds, Ehrhardt opened Group A with a 7.00m/22-11¾ leap. Warner led after round #1 with a 7.67m/25-2 effort by simply running off the board. Generally conditions were good. Duckworth managed 7.57m/24-10. Williams simply ran thru the board and pit.

Round #2 witnessed numerous toe-board fouls. Williams managed 7.10m/23-3½. Warner's 3cm foul negated a 7.70m effort. But Duckworth followed immediately with a 7.72m/25-4 mark which proved to be the winning effort and pushed him into 2nd. Round #3 saw numerous additional fouls. Given the excellent conditions the results could/should have been better.

Lindon Victor opened Group B (next to the Tribune) at 7.37m/24-2¼. Moloney, last year's world junior champ, led early at 7.52m/24-8¼. That would be the eventual winning mark although Victor challenged in the final round with a nice 7.43m/24-4½ leap that moved him to 5th overall.

*After Two: Warn 2043, Duck 1939, Molo 1936, Eitel 1887, 1879.....15th Will 1753, ....23rd Uibo 1693.....25th Ehrh 1684.*

**Shot Put:** [2:40 – 3:28 pm]

There was little excitement during the shot, held in the northwest corner of the infield. Comebacking German Rico Freimuth was a shell of himself, managing just a 13.19m/43-3¼. Most followers watched Damian Warner in Group A who opened at 14.50m/47-7, then produced a 14.91m/48-11 put and ultimately pushed the 16 lb ball a PR 15.34m/50-4. Victor won the event with a 1st round 16.02m/52-7 push moving him into 2nd overall. Young Belarussian Vitaliy Zhuk was 2nd at 15.62m/51-3.

In Group B, in the northeast corner Niklas Kaul/GER came up with a fine 15.10m/49-6½ put for the group win. Americans had a tough time here as Williams (13.16m/43-2¼), Ehrhardt (12.93m/42-5¼) and Duckworth (12.80m/42-0) were all well off the formchart.



Warner shrugged off a disappointing long jump with a career best in the shot, 15.34m/50-4.



After Three: Warn 2854, Vict 2731, Eite 2655, Molo 2645, Kazm 2640....19th Uibi 2480,... 25th Will 2430.. ..Ehrh 2347.

**High Jump:** [4:14 – 6:19 pm]

In Group A (seeded jumpers) eleven remained at 2.00m/6-6¾ as the weather cooled....temps in low 60s. Rain threatened as the skies grew noticeably darker. Most had trouble at 2.03m/6-8. Uibo (1st attempt), Duckworth and Moloney (2nd attempt), and Cedric Dubler (3rd attempt) as Warner, among others, retired.

Dubler then had no problems at 2.06m/6-9. Ditto Uibo. Ditto Duck. The quick stepping Moloney failed here. At 2.09m/6-10 ¼ Uibo and Duck made it look easy on 2nd trys.

At 2.12m/6-11½ only Uibo and Duckworth, the pair of NCAA champs remained. Uibo was clean on his 2nd try. Duck's third try was close but unsuccessful. Uibo held center stage at 2.15m/7-½. ....no problem and went at a PR = 2.18m/7-1¾. He



Maicel Uibo held center stage in the Götzis high jump, eventually clearing 2.15m/7-½.



completed the event with a trio of decent attempts as the contest ended after two hours and 5 minutes.

In Group B a trio including Neilsson tied at 2.00m as a light drizzle descended on the Vioralbesg region. Saluri and Martin nh'd.

Uibo moved up from 19th to 7th after the high jump.

<i>Notables:</i>	<u>188 191 194 197 200 203 206 209 212 215</u>	<i>best</i>	
<b>Group A</b>			
Warner	CAN	o o o o xxx	<b>2.00m</b>
Martin	FRA	xxx	<b>nh</b>
Victor	GRN	o o xo o xxx	<b>2.00m</b>
Duckworth	GBR	o xo o xo xxx	<b>2.09m</b>
Uibo	EST	o p o o o xo xo xo	<b>2.15m</b>
		218 xx	<b>2.15m</b>
<b>Group B</b>			<u>best</u>
Saluri	EST	xxx	<b>nh</b>
Williams	USA	o xo xxx	<b>1.85m</b>
Nielsson	SWE	o o xo o o o xxx	<b>2.00m</b>
Ehrhardt	USA	o o o xxo xxx	<b>1.94m</b>

After Four: Warn 3657, Vict 3534, Molo 34756, Kazm 3443, Uibo 3424, ....Will 24th 3100, Ehrh 25th 3096.

**400 Meters:** [6:52- 7:26 pm]

The late start and lengthy high jump pushed the 400m back more than 50 minutes. Yet most of the crowd stayed around. Marcus Neilsson ran away inhte first race in 49.85. Uibo Faded to 50.93 for 4th.

Poland's Pawel Wiesiolek won the 2nd section in 49.50. The 3rd race went off exactly at 7:00 pm. Manuel Eitel took off like the race distance was 200 meters. He was running in sand for the final 60 meters but held on to PR in 48.52. Brave.

Tim Duckworth found himself in the outside lane in the 4th section. He ran the race blind of his competitors and was caught coming off the final turn by Pieter Braun/NED who cllosed to 49.26. Duck was 4th in 50.06.

The 5th race saw Russian Artem Makarenko dash off only to be caught in the stretch by Spain's Jorge Urena who won in a PR 48.36. Conditions were not bad.

The 6th race found Victor in lane 2, Williams in 3 and Saluri in 4.....a virtual NCAA/SEC match-up. All three finished within a step of one another by Cedric Dubler won the race in 48.26. Saluri was caught in 48.99, Williams in 49.16 and Victor in 49.22 for 2nd-3rd-4th.

Tim Ehrhardt was in lane 6 of the seeded section but could not match the leg speed of Aussie Ashley Moloney (46.97), Kazmirek (47.33) and Warner (47.38). His 48.93 completed a challenging first day. Moloney raced himself into second overall (4436), 160 points behind Warner who, as was the case in the last three edition of this meet, was in control.

**Section 7:** at 7:25 pm

pl	name/nation	pr	lane	reaction	time	points
1...	Moloney, Ashley/AUS	46.86	5	0.138	46.97	960
2...	Kazmirek, Kai/GER	46.75	4	0.158	47.33	942
3...	Warner, Damian/CAN	46.54	2	0.145	47.38	939
4...	Brugger, Mathias/GER	47.29	3	0.147	48.28	896
5...	Ehrhardt, Tim/USA	47.57	6	0.151	48.93	865

*After Five: Swarn 4596, Molo 4436, Kazm 4385, Vict 4385, Eite 4342, Duck 4293, .....10th Uibo 4196....22nd Ehrh 3961, 23rd Will 3954.*

### ***First Day Results:***

#### **4/25-26 45<sup>th</sup> Hypo-Bank Meeting, Moesle Stadium,**

<b>Götzis, AUT</b>						
4596	Warner, Damian/CAN					<b>10.12+0.9</b>
	767+0.4 1534 200	47.38				
4436	Moloney, Ashley/AUS					10.41+1.1
	752+1.6 1369 203	46.97				
4385	Victor, Lindon/GRN					10.56+1.1
	743-0.3 1602 200	49.22				
4385	Kazmirek, Kai/GER					10.84+1.2
	759-0.4 1494 200	47.33				
4342	Eitel, Manuel/GER					10.41+0.9
	732+1.2 1464 200	48.52				
4293	Duckworth, Tim/GBR					10.61_0.9
	772+0.5 1280 209	50.06				
4251	Dubler, Cedric/AUS					10.69+1.1
	739+0.9 1281 206	48.26				
4210	Braun, Pieter/NED					11.10+1.2
	757+0.6 1509 197	49.26				
4196	Uibo, Maicel/EST					11.22+0.7
	728+0.5 1495 215	50.93				
4189	Brugger, Mathias/GER					11.04+1.2
	730+0.5 1526 194	48.28				
4162	Wiesolek, Pawel/POL					10.76+0.7
	723+0.9 1413 200	49.48				
4133	Roe, Martin/NOR					10.91+0.7
	742+1.1 1511 191	49.93				
4132	Neilsson, Marcus/SWE					11.23-0.7
	730+0.7 1534 200	49.85				
4107	Samuelsson, Frederick/SWE					11.10+0.7
	740+2.4 1402 200	49.76				
4106	Nowak, Tim/GER					11.12+0.7
	728-0.3 1486 200	50.16				
4075	Kaul, Niklas/GER					11.25-0.7
	710+1.5 1510 197	49.05				
4065	Kasyanov, Oleksiy/UKR					10.69+1.1
	723+0.1 1402 191	50.05				

4026	Shkurenev, Ilya/ANA-RUS					11.14+1.2
	727+1.3 1400 197	50.01				
3969	Oiglane, Janek/EST					11.28+0.
	694+0.1 1506 191	50.82				
3966	Distelberger, Dominik/AUT					10.97+0.7
	731+0.7 1315 188	49.47				
3961	Ehrhardt, Tim/USA					10.96+1.1
	700+0.6 1293 194	48.93				
3954	Williams, Devon/USA					10.85+0.9
	719+0.1 1316 185	49.16				
3947	Cairol, Simone/ITA					10.97+0.7
	704+0.9 1350 191	49.54				
3851	Oberholzer, Luca/SUI					11.28+1.2
	698+1.1 1426 191	50.85				
3839	Pittomvils, Niewls/BEL					11.30-0.7
	682+2.4 1366 194	49.97				
3691	Bernaschina, Luca/SUI					11.38-0.7
	710+0.4 1379 179	51.64				
3440	Saluri, Karl-Robert/EST					10.71+0.9
	737-0.4 1433 nh	48.99				
3365	Zhuk, Vitaliy/BLR					10.94+0.7
	694+0.6 1562 nh	48.94				
3301	Makarenko, Artem/ANA-RUS					10.85+0.7
	nm 1402 200	48.73				
3198	Martin, Romain/FRA					11.07+0.7
	701+0.8 1423 nh	50.42				
3027	Ushiro, Keisuke/JPN					11.37-0.7
	nm 1441 194	51.55				
2538	Urena, Jorge/ESP					10.76+1.2
	734+0.9 1397 200	48.36				
dnf:	Sintincolaas, Eelco/NED					10.91+1.1
	722+0.4 1427 179	48.93				
dnf:	Freimuth, Rico/GER					10.74+0.9
	699+0.9 1319	withdrew				
34s,32f.						

