

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## EATON DEFENDS WITH MEET RECORD

### 8893 Score hold off Mayer. ZZ, Taiwo roll 7, 11.



**Hello Again....** This meet had more drama than was reasonably expected. But like a heavyweight fighter Ashton Eaton took every punch thrown at him and never blinked. The 28 year old veteran rang up an 8893 = Olympic Record and withstood every challenge thrown at him by Canadian Damain Warner and Frenchman Kevin Mayer.

An what a meet....15 scores over 8000 and the best score's ever for places 2,3,8,9,10 and 11.

The USA contingent of Eaton, Ziemek and Taiwo placed 1st, 7th and 11th, the best 3 man American performance at the Games since 1996 (O'Brien, Fritz and Huffins went 1-4-10).

O My, here's what happened...



**31st Olympic Games  
& 24th Olympic Decathlon  
Rio de Janeiro, Brazil  
August 17-18, 2016**

### DAY TWO

**Javelin:** [6:35 -7:12 and 7:46 - 8:20 pm]  
The meet was eerily reminiscent of the 1996 Games in Atlanta where favorite Dan O'Brien face a challenge from a 22 year old Fran Busemann/GER who strung together PR after PR. The groups were unseeded (?). In Group A former Boise State Kurt Felix/GRN speared 69.62m/228-5 PR in the final round for the victory. Adam Sebastian Helcelet/CZE was close with a 68.20m/223-9 PR. Four recorded lifetime best marks including Dom



Ashton Eaton overcame every hurdle to become just the 3rd decathlete in history to win two Olympic golds.

Distelberger/AUT and Larbi Bouraada/ALG. Jeremy Taiwo struggled here (this is his Achilles heel managing just 51.29m/168-3.

The top 5 after 8 events found themselves in Group B with Mayer leading off. He stabbed the 65m line (65.04m/213-5). Ashton missed the point getting only a 53.26m/174-8 toss. After Warner's Ashton found himself, for the first time since early yesterday out of the overall lead. And Kazmirek's PR 64.60m/211-11 pushed Warner into 4th. Yikes!

In round # 2 Warner went for the juglar...but he fouled. Eaton, needing a 57m toss to retake the lead got 58,26m/191-1 to go back up by 22.

Ziemek then PR'd by 2 meters (60.22m/197-7) and then Suarez promptly took the lead with a 70.05m229-10 throw that had the crowd (nearly 2/3rd full) buzzing.

In the dramatic round #3 Mayer summoned all of his energy but missed the point and took a foul. He now faced the



The event saw critical throws for Warner /CAN(left) to secure the bronze medal and Suarez /CUB(right) to win the event,

daunting task of having to beat Eaton by 3+ seconds for the gold medal.

Ashton, in an attempt to take some of the pressure off speared a nice 59.77m/196-0 and his lead grew to 44 points...or 7 seconds. ZZ then PR'd again (!) getting 60.92,199-10.

Suarez improved to 7232m/237-3, the top effort of the evening. And then Warner, digging deep, nailed a terrific 63.19m/207-4 to move back to 3rd, 44 up on Kazmirek. Wow!

*AfterNine: Eato 8104, Maye 8060, Warn 7888, Kazm 7844, ZZ 7730, Suarez 7704....., 12th.. Taiw 7502*

**1500 Meters:** [9:45 and 9:56 pm]

With 25 athletes remaining organizers decided on two races. I personally think this is a mistake since a few of those 25 will not show up and we easily handle 22/23 at NCAA meets which make for a competitive event. No one gets lost. Here I fear some will soon find the back of the pack and tread water. O well! The cutoff was 12 allowing Taiwo, who is 12th at 7502 puts all 3 Americans in the big dance.

At this point Eaton was in the driver's seat for the gold medal needing only to stay within nearly 7 seconds to defend...or saying it the other way, Mayer, whose PR is 4:18.04 ('12). Warner's 4:24.75 career best ('12) stacked up pretty well vs Kazmirek's (4:33.78-'14) so he looked solid for the bronze but the silver appeared out of reach.

In the first race Akihiko Nakamura immediately went to the lead and past 400 in 64.3, 800m in 2:11.8 and 1200m in 3:24.3. At this point he held a 150 meter lead. He finished running in sand but with nevertheless a fin 4:18.39 and the packed house rewarded him loudly.



Ashton Eaton made sure Kevin mayer never got away in the 1500m. Can you say 'stalking?' His 4:23.33 was enough to tie Roman Sebrle's meet record set in 2004 in Athens.

The second race, with the top 12 scorers after nine events, would be tactical. Bouraada took over the after one lap and pushed the pace, finishing in 4:14.62. Predictably Ashto never let Mayer out of his sight, passed him with 240 meters remaining and ran hard down the home straight looking for the Olympic meet record...and.....and..... tied it! 8893, his 3rd best score ever. Quite a meet. As expected Mayer and Warner held on for the silver and bronze and with outstanding scores....Mayer PR'd by 313 points posting PRs or near PRs in every event.

*After Ten: Eato 8893, Maye 8834, Warn 8666, Kazm 8580, Bour 8521, Suarez 8460, ZZ 8392,....11th Taiw 8300.*



## Final Results:

### 8/17-18 24th Olympic Games Decathlon, Rio de Janeiro,

8893	Eaton, Ashton/USA	10.46-0.1 794+1.7
1473 201	46.08 13.80+0.7 4549 520 5977	4:23.33
8834	Mayer, Kevin/FRA	10.81-0.4 760+0.1
1576 204	48.28 14.02+0.7 4678 540 6504	4:25.49
8666	Warner, Damian/CAN	10.30-0.1 767+0.5
1366 204	47.35 13.58+0.7 4493 470 6319	4: 24.90
8580	Kazmirek, Kai/GER	10.78-0.1 769-1.0
1420 210	46.75 14.62+0.7 4325 500 6460	4:31.25
8521	Bouraada, Larbi/ALG	10.75-0.4 752+0.4
1378 210	47.98 14.15+0.4 4239 470 6649	4:16.50
8460	Suarez, Leonel/CUB	11.21+0.5
714+0.11427 207 48.15 14.48+0.1 4707 490 7232		4:28.32

8392 Ziemek, Zach/USA 10.71-0.1 749+0.2  
1344 210 49.83 14.77+0.4 4942 520 6092 4:42.97  
8332 Van de Plaetsen, Tho/BEL 11.23+0.5 766+0.7  
1284 216 49.63 15.01+0.7 4358 540 6209 4:34.21  
8323 Felix, Kurt/GRN 10.93+0.5 742-0.6  
1477 207 49.14 14.79+0.4 4510 450 6992 4:30.53  
8315 De Araujo, Alberto/BRA 10.77-0.4 748-0.2  
1526 192 48.14 14.17+0.1 4510 490 5728 4:31.46  
8300 Taiwo, Jeremy/USA 11.01-0.4 745+0.2  
1492 219 48.78 14.57+0.7 3991 500 5129 4:21.96  
8291 Helcelet, Adam-S/CZE 11.06-0.4 735 0.0  
1511 204 48.51 14.37+0.1 4413 470 6820 4:34.41  
8064 Auziel, Bastien/FRA 11.17+0.5 707-0.4  
1541 198 49.34 14.82+0.7 4223 500 6191 4:40.50  
8024 Dubler, Cedric/AUS 10.86-0.8 747 0.0  
1149 213 48.18 14.30+0.7 3889 490 5182 4:32.12  
8013 Abele, Arthur/GER 10.87-0.8 697-0.1  
1503 198 49.02 14.12+0.7 4466 450 6413 4:53.07  
7998 Victor, Lindon/GRN 10.83-0.1 711 0.0  
1480 198 49.80 15.74+0.4 5324 440 6354 4:44.73  
7982 Tonnesen, Pau/ESP 11.32+0.5 733-0.7  
1369 201 50.81 14.99+0.7 4631 520 6015 4:46.27  
7961 Garcia, Yordani/CUB 10.81-0.1 683-0.2  
1458 201 48.69 14.25+0.7 4034 450 6470 4:44.99  
7954 Distelberger, Dom/AUT 10.84-0.1 733+0.1  
1340 189 48.61 14.39+0.13809 480 6183 4:33.47  
7952 Ushiro, Keisuke/JPN 11.30+0.5 683+0.3  
1414 198 50.43 15.09+0.4 4990 490 6663 4:46.33  
7784 Wiesiolek, Pawel/POL 10.88-0.8 673+0.7  
1417 201 50.18 15.09+0.1 4832 450 5668 4:42.27  
7612 Nakamura, Akihiko/JPN 11.04-0.8 713+0.4  
1200 192 48.93 14.57+0.7 3491 470 5124 4:18.37  
7223 Saluri, Karl-Robt/EST 10.82-0.1 702-0.4  
1388 177 50.32 16.51+0.4 4296 450 4642 4:39.40  
7170 Uibo, Maicel/EST 11.15+0.5 714+0.4  
nm 216 51.08 14.84+0.1 3769 510 5734 4:7.49  
6237 Sykora, Jiri/CZE 11.15-0.8 700+0.2  
1345 198 49.88 15.02+0.7 4449 nh 5699 dnf  
dnf Dudas, Mihail/SRB 10.83-0.8 729 0.0  
1423 204 49.13 14.65+0.1 4327 460 withdrew  
dnf Kasyanov, Oleksiy/UKR 10.78-0.8 754-0.1  
1450 201 48.56 14.34+0.7 nm withdrew  
dnf Braun, Peter/NED 11.03+0.5 755+0.4  
1390 195 withdrew  
dnf Coertzen, Willem/RSA 11.12-0.4 698+0.1  
1400 withdrew  
dns Freimuth, Rico/GER 10.73-0.8 717 0.0  
1327 withdrew  
dnf Andreev, Leonid/UZB 11.29-0.4 660-0.2  
1486 withdrew  
dnf Sintinicolaas, Eelco/NED 10.87-0.4 withdrew  
32s,25f

