

THE DECATHLON ASSOCIATION

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VICTOR SURVIVES at NCAA ZZ , Uibo in High Scoring Affair



Hello Again...On a mostly cool, overcast day Texas A&M junior Lindon Victor proved that he belonged. No, he did not get Trey Hardee's CR nor Ashton Eaton's meet record but he put ten solid marks on the board and after he took the lead with a 53.64m/165-5 discus (a meet and Hayward Field record) he looked like he'd be tough to beat at the 47th NCAA D-1 decathlon. Although he caught a break when indoor champ Zach Ziemek/Wisconsin managed only a single vault bar, Victor did nothing wrong here while posting a terrific 8374 score. Holding an 88 point lead over ZZ and with defending champ Maicel Uibo another 102 points back, Victor ran 4:43.81 (his 4th event career best of the meet) in the 1500m and made everyone a believer.

And he beat back a great field...perhaps the best quality lineup in meet history. Indoor champ Zach "Double Z" Ziemek/Wisconsin gave Victor everything he could handle. The difference at the end was 79 points (8379-8300). And there was the defending and 2x winner Maicel Uibo, the Georgia Estonian, who, in spite of having a fine meet, never could catch the preceding pair. He made ZZ work in the final event but fell 6 points short of the silver medal.

Arizona senior Pau Tonnesen looked rusty on Wednesday but put together a 4151 point second day to move from 13th to 4th overall. And, a new US star may be emerging...Stanford soph Harrison Williams became the 75th American to score over 8000 points with a 8032 5th place finish.

Teax



21 year old Texas A&M junior Lindon Victor came to the NCAA scene with significant international experience and a pedigree (his brother, Kurt Felix/Boise State won this meet in 2012). His 8379 score prevailed here.

came to the NCAA scene. Interestingly, of the eight scorers, the four Americans all PR'd, the 4 foreigner's did not.

Here's the second day tale from Hayward...



47th NCAA D-I Decathlon
Hayward Field-UofO
Eugene, Oregon
June 8-9, 2016

110m Hurdles: [10:29 – 10:50 am]

At 10:30 am only about 280 spectators were in their seats, but they were treated to some fine hurdling. Wind was light but it was chilly and there was light rain. Memphis senior Luis Hanssler led 3 across the PR line winning the first race in 14.48. Michigan's

Steven Bastien and Arkansas soph Derek Jacobus also registered career bests.

Ibn Short/Kentucky claimed the second race as medal contender Karl-Robert Saluri faded. In section # Ziemek caught Alex McCune at the final barrier and prevailed, 14.85 to 14.99. The meet's lone false start was booked in the 4th race (Atsu Nyamadi) but it did not bother local favorite Mitch Modin who won in a nice PR, 14.58. Victor also clocked a career best here (14.68) in what was actually an international race. It could have been reported thusly:

Section # 4 [wind: +0.4 mps]

Pl	name	pr	nation	lane	time	points
1	Modin	(14.65)	USA	3	14.58	901
2	Victor	(14.70)	GRN	7	14.68	889
3	Duckworth	(14.66)	GBR	1	14.80	874
4	Nyamadi	(14.61)	GHA	5	14.82	871

Paul Tonnesen started his 2nd day renaissance here with a career best 14.39 to win the 5th race and, in the showdown of the William's boys, Devon captured the feature (seeded) race over Harrison, 13.99 to 14.07. Devon won this battle, Harrison won the war. Devon Williams fine hurdle performance actually pushed him to the overall lead by 2 points but it was his high water point. He would fade to 9th. Only eleven points separated the top three.

Section # 3

Pl	name	nation	lane	time	points
3	Simmons	E Mich	5	14.21	948
2	Williams,H	Stanford	1	14.07	965
1	Williams,D	Georgia	3	13.99	976
4	Walton	Nebraska	7	14.98	852

After Six: DWil 5208, ZZ 5206, Vict 5197, HWil 5062, Bast 5029.

Discus: [#1- 11:20 – 11:55 am & 12:31 – 1:03 pm]

Athletes were grouped according to vaulting ability and this facilitated moving the meet along. The event was pivotal for, throwing last in the order, and during a slight drizzle period, Victor tagged a 53.46m/175-5 toss to move to a commanding position. It was his lone fair throw. Nyamadi was second at 44.88m/147-3.

Most of the major scorers were placed into Group #2. Harrison Williams nabbed a

PR here, managing 41.66m/136-8 and Ziemek's 2nd round 46.91m/153-10 was significant, just 4 feet off his best. With a chance to make up ground Uibo's 3rd toss landed outside the left foul line engendering a loud and lengthy Estonian invective. No one but Estonian teammates understood, but it must have been a doozy. Ah, the luxury of cursing in a foreign language.

Paul Tonnesen won the group with a 45.93m/150-8 toss.

After Seven: Vict 6140, ZZ 6012, DWil 5836, HWil 5760, Uibo 5731.



Waiting in the wings and the shadow of Ashton Eaton and Trey Hardee, new USA stars Harrison Williams/Stanford (left) and Zach Ziemek/Wisconsin (right) put up career numbers in Eugene.

Pole Vault: [12:48 - 2:57pm and 1:50 – 4:00 pm]

Iowa's William Dougherty withdrew. Group #1 saw both Mitch Modin (at 4.80m/15-9) and Solomon Simmons (4/70m/15-5) both grab career bests. Conditions were



generally favorable although it continued to spritzle off and on. Lindon Victor struggled at lower heights clearing bpot 4.30m/14-1 ¼ and 4.40m/14-5 ¼ on desperation 3rd attempts.

Group #2 (the higher seeded vaulters) experienced a pair of no heights---Brad Culp/Arkansas and Alex McCune/Akron. The major story here was the inability of Ziemek to clear anything but his opener, 5.00m/16-4¾. Expecting four bars higher, the snafu had a major impact on the top places. After ZZ demise Uibo and Tonnesen held center stage, both clearing 5.30m/17-4½. Uibo's 3rd attempt clutch effort at 5.20m put him in the top 3 and he actually had a chance to grab 2nd overall. In 130 minutes there were 97 attempts and 35 clearances in Group #2.

As the athletes headed to the javelin this was a three way war among Victor, ZZ and Uibo. Although he had fashioned a strong 2nd day (2 PRs and he won the vault) Tonnesen's sub-par first day left him too far in arrears. But the scores of the top 3 would make this the highest quality meet ever for depth.

After Eight: ZZ 6922, Vict 6900, , Uibo 6735, HWil 6670, Tonn 6667.

Javelin: [# 1: 3:31 – 3:53 and 4:36 – 5:02 pm]

Throwing in Group # Victor nailed a 65.63m/ 215-4 effort to nail down the gold. The group was won by a 66.96m/219-8 PR by Nyamadi. Modin (58.73m/192-8) and Simmons (59.45m/195-0) were both hot, relative to backgrounds.

In group #2 the ZZ/Uibo battle continued. The Wisconsin senior from Itasca, IL speared a PR 58.32m/191-4 in round #3 but lost ground (and 101 points) to Uibo's 63.96m/209-10. The struggle at the top had tightened up. Nebraska's Cody Walton won the group with a fine 65.46m/214-9 effort.

The most dramatic moment came in round #3 when Bastien's approach pushed him ever so close to the foul line and he teetered and just did manage to save the

throw... a 3 meter lifetime best that put him into position to medal.

After Nine: : Vict 7723, ZZ 7635, Uibo 7533, Tonn 7411, HWil 7269.

1500 meters: [6:56–pm]

The race, with all 21 athletes held high drama. At the report Joe Delgado, Oregon's Ontario soph, raced off looking to improve on the score that earned him a ticket to the meet...8402. He did so, running virtually alone and brought the Duck crowd to its feet with a 4:16.83 career best clocking for a 7432 point final.

Yet while the crowd paid attention to Delgado, there was high drama behind him. Uibo and Harrison Williams raced, the former looking to cut down ZZ, the latter with an eye on 8K. Both finished in the 4:27 range. For the former it was not good enough and he remained in 3rd place overall. But for the latter became one of the youngest Americans to score over 8000 points---20 years, 94 days. Ashton Eaton's initial "8" came at 20 years, 142 days!

Even more dramatic was the effort by Ziemek who needed to stay within 16 seconds of Uibo to preserve 2nd. Their career bests' differential was 25 seconds so Uibo was clearly in the driver's seat. But ZZ stick his nose in the middle of the pack and competed tough. His home stretch run brought him in at 4:42.52, a ten second lifetime best (!), Relative to their past record, no one in this meet ran harder and he ended with a gaudy 8300 score, a mark good enough to have won 44 of the previous 47 NCAA meets.

Lifetime best scores were recorded by Ziemek, Harrison Williams, Simmons, Delgado and Steven Bastien who broke the Bastien family record while surpassing his father Gary's 1983 mark of 7847. Their revised total improved their US father son-mark.

Williams, Simmons and Bastien all got the US Olympic Trials automatic standard of 7900.

How deep was this meet? 7912 didn't score! The most ever (5) over 8000 points.

After Ten: Vict 8379, ZZ 8300, Uibo 8294, Tonn 8103, HWill832.

RESULTS:

6/8-9 47th NCAA D-I

Champs, U of Oregon-Hawward

Field, Eugene, OR



8379	Victor, Lindon/TexA&M'17-GRN	10.60+0.9
734+1.6	1562 195 48.73 14.68+0.4	5346 450 6563 4:43.81
8300	Ziemek, Zach/Wisconsin'16	10.63+0.9
772+2.5	1405 201 49.04 14.85+0.3	4691 500 5832 4:42.52
8294	Uibo, Maicel/Georgia'16-EST	11.16+1.0
735+2.3	1436 207 50.85 15.06+1.1	4476 530 6396 4:27.53
8302	Williams, Harrison/Stanford'18	10.69+0.9
686+1.1	1352 192 47.06 14.07+2.0	4166 500 5094 4:27.88
8103	Tonneson, Pau/Arizona'16-ESP	11.35+1.0
737+0.7	1410 195 50.91 14.39+1.1	4593 530 6044 4:38.20
7936	Simmons, Solomon/E Michigan'16	10.88+0.9
703+2.7	1515 189 49.37 14.21+2.0	4200 470 5945 4:40.46
7934	Saluri, Karl-Robert/Georgia'18-EST	10.52+0.9
740+2.6	1442 186 48.12 14.48+0.3	4054 480 5458 4:30.14
7917	Bastien, Steven/Michigan'17	10.68+1.3
748+2.6	1268 198 48.89 14.86+0.9	3880 480 5436 4:29.82
7912	Williams, Devon/Georgia'17	10.78+0.9
767-0.4	1423 192 48.78 13.99+2.0	3820 450 5361 4:41.08
7709	Nyamadi, Atsu/MidTenn St'17	11.12+1.3
720-1.1	1328 195 49.91 14.82+0.4	4488 390 6696 4:39.39
7596	Duckworth, Tim/Kentucky'18-GBR	10.90+0.9
711+0.5	1210 210 50.72 14.80+0.4	4007 500 5363 5:12.27
7567	Walton, Cody/Nebraska'18	11.22+1.3
662-1.2	1307 195 49.91 14.98+2.0	3998 470 6546 4:48.75
7556	Modin, Mitch/Oregon'17	10.83+1.3
681-0.9	1333 189 49.50 14.58+0.4	3567 480 5873 4:51.11
7432	Delgado, Joe/Oregon'17	11.23+1.0
691-0.9	1296 189 49.81 15.41+0.9	3868 440 5309 4:16.83
7368	Sanderson, Taylor/IowaSt'16	11.09+1.0
702+1.0	1325 183 50.12 14.75+1.1	4081 420 5228 4:35.45
7194	Whitaker, Ser/Missouri'16	11.05+0.9
707+1.0	1331 186 50.71 14.68+1.1	3633 430 5071 4:55.32
7148	Hanssler, Luis/Memphis'16-GER	11.05+1.3
683-1.6	1235 189 49.78 14.48+0.9	3425 410 4790 4:36.78
7011	Jacobus, Derek/Arkansas'17	11.03+1.3
699+2.9	1251 189 49.28 15.95+0.9	3696 420 4004 4:37.06
7004	Walker, Jackson/BYU'17	11.43+1.0
644+1.6	1165 183 50.30 15.29+0.3	3792 450 5156 4:36.10
6971	Mortensen, Brandon/Wisconsin'16	11.29+1.0
692+1.1	1229 192 52.37 15.99+0.3	3790 430 5350 4:50.43
6572	McCune, Alex/Akron'16	11.23+1.0
687+0.2	1425 186 52.49 14.99+0.3	4285 nh 5730 4:56.17
dnf:	Short, Ibn/Kentucky'17	11.00+1.3
686+1.1	1408 204 50.67 14.91+0.3	4102 420 4679 dns
dnf	Culp, Brad/Arkansas'18	11.00+1.3
664-0.8	1258 180 51.43 15.31+0.3	3421 nh withdrew
dnf	Dougherty, William/Iowa'18	11.37+1.0
650+0.4	1283 177 dsq 16.31+0.3	4044 withdrew
24s,21f		