



DUCKWORTH REDEMPTION

Nine of Top Ten Record Career Best Scores

Hello Again.....Day two of the 15th NCAA I indoor heptathlon will be remembered for two things. First, it was redemption time for Kentucky senior Tim Duckworth. And second, the entire field was in competition mode.

First, the ‘Duck.’ A year ago it appeared that he had a lock on the gold medal yet let it slip away. This year he piled up the points and then protected his lead with a marginal PR in the 1000 meters. The result: a score (6188) that exceeded the 2017 winning total which made him the # 4 collegian all-time.

Second: these guys came to compete. Perhaps because most of the scoring places were wide open. Perhaps it was the quick facility. Whatever, when the dust cleared nine of the top ten had recorded career best scores....90%. That’s off the charts! On a more detailed basis, when the field numbers 16 for a seven eventer there are 112 marks that go into the books. In College Station 34% of them were career best performances, an unusually high figure for a championship meet....on average every 3rd attempt was a PR. That’s awesome! So here is the 2nd day.

15th NCAA I Indoor Heptathlon
Gilliam Indoor Track Stadium
Texas A&M University
College Station, Texas
March 9-10, 2018



60 m Hurdles:

[Noon- 12:12]



Kentucky senior Tim Duckworth ran up an impressive 6188 score to win the NCAA I indoor heptathlon. His effort included three individual wins (60, lj, pv) and three other event PRs (sp, hj, 1000m).

The four races were well seeded. In the first section Rice senior Scott Filip and Canadian Nathan Melcher of Houston both shaved 1/100th off their bests, 8.23 and 8.29 seconds.

The second race saw Ohio River neighbors, Cincy’s Alex Bloom and Louisville’s JoeDelgado, do the same. The third (and top seeded) section belonged to surprising Tyler Adams whose 7.97 clocking was a winner over Hunter Veith’s 7.99. Here Duckworth faltered somewhat managing just 8.23 seconds for 3rd, well off what he expected.

Arkansas junior Gabe Moore just missed a best with an 8.11 win in the final race. Little had changed on the leader board. Attendance numbered between 200 and 300.
After Five: Duck 4526, Veit, 4416, Adam, 4386, Moor 4297.

Pole Vault: [12:57-1:55 pm]

Much of the fine vaulting can be attributed to the fine officiating as the event



Tyler Adams won the hurdles with a nice 7.97 clocking.

was moved along smartly. There was no waiting and the athletes cooperated. At one point for the two pits combined we were averaging an attempt every 30 seconds.

The only low point of the meet came in the North pit when Philip nh'd(at 4.26m). It was the lone zero of the meet. To his credit he came back and ran a hard 1k.

The North pit was won by 20 year old TK Lawson/Kent State. With father Bill, a former decathlete and head coach at Kent, in the coaching box Lawson leveraged his PR twice ultimately getting 4.76m/15-7¼. Adams cleared 4.56m/14-11½ and would make up no points on Duckworth who was in the adjoining South pit.

Duckworth won the competition at 5.16m/16-11 and had one good try at a PR equalling 5.26m/17-3. It was enough to salt the meet away. Minnesota's Tedy Frid managed a career best at 4.86m/15-11¼, but the real show was tall Georgia freshman Johannes Erm of Estonia (who come with 8181 junior credentials!) who came with a 4.75m/15-7 best and then bettered it 3 times eventually getting 4.96m/16-3¼.

In 78 minutes there were 116 attempts and 50 clearances. Duckworth's lead grew to 233 points over Veith and 322 over Adams, a lead that appeared to be safe. But the differential between Veith and Adams, 111 points, was worth 10 seconds on the scoring tables and was exactly the difference in their career bests. O boy.

While 15 went for an hour and one half break, Adams headed for the high jump apron

Wichita State senior Hunter Veith was rarely out of 2nd place behind the high flying Duckworth.



where he competed in the open high jump, eventually settling for a tie for 10th (2.15m/7½).

After Six: Duck 5486, Veit 5253, Adam 5164, Erm 5108.

1000 meters: [4:01 – 4:04 pm]

With many places up for grabs this became an aggressive race. Delgado grabbed the lead on the first lap and pushed the tempo. He never let up towing the field thru splits of 29.7, 60.6, 1:32.6 and 2:04.9. On the final lap he fought off challenges from Saluri, Frid and held off fast charging Adams. Delgado clocked a PR 2:35.16, one second up on Adams. Eleven (!) got lifetime bests, some by a fraction of a second, others, like Lawson and Veith, by four seconds. The athletes threw themselves over the last lap. It was impressive and directly resulted in lifetime best scores for 9 of the first 10. Wow.



Oregon transfer (to Louisville) Joe Delgado was responsible for the fast 1000m tempo. He lead virtually the entire way.

Duckworth ran conservatively (this is being tactful phrase) but with 300 meters remaining he picked up the pace so that this year there would be no shuffling. It did not look pretty but given his history in the event his PR 2:56.23 clocking was noteworthy. He was working hard at the finish which resulted in a winning margin just shy of 100 points. And what off Delgado, now a graduate student at Louisville? He moved from 12th to 9th missing a scoring place by just 28 points. Veith held off Adams by nine points.

Four of the top eight compete internationally for other nations. The top 3 are seniors.

After Seven: Duck 6188, Veith 6090, Adam 6081, Erm 5988.

Results:

3/9-10 NCAA I Champs, Gilliam Indoor Track, Texas A&M U, College Station, TX



Final qualifier was 5649

6188	Duckworth, Tim/Kentucky-GBR'18	6.84 774 1359 217 8.23 516 2:56.23
6090	Veith, Huntetr/Wichita St'18	6.90 754 1339 208 7.99 476 2:43.33
6081	Adams, Tyler/Sam Houston St'18	6.99 738 1212 220 7.97 456 2:36.14
5988	Erm, Johannes/Georgia-EST'21	7.11 764 1377 199 8.38 496 2:39.45
5934	Lawson, TJ/Kent St'20	7.09 740 1446 202 8.36 476 2:40.89
5874	Moore, Gabe/Arkansas'19	6.94 733 1438 199 8.11 446 2:44.01
5781	Saluri, Karl-Robt/Gorgia'18	6.86 737 1326 187 8.41 456 2:36.23
5758	Mechler, Nataniel/Houston-CAN'20	7.07 748 1239 193 8.29 466 2:39.11
5730	Delgado, Joe/Louisville'18	7.06 710 1355 193 8.40 456 2:35.16
5717	Frid, Teddy/Minnesota'19	7.10 686 1200 199 8.23 486 2:38.00
5706	Nytes, Trent/Wisconsin'19	7.11 708 1350 211 8.43 436 2:44.03
5618	Bloom, Alex/Cincinnati'18	7.07 704 1278 202 8.36 456 2:47.70
5519	Guerrant, Nick/Michigan St'20	7.05 681 1212 205 8.31 446 2:49.80
5398	Patrick, George/Texas'20	7.00 732 1316 181.8.15 426 2:58.66
5395	Lorbeck, Zachary/Wisconsin'20	6.98 687 1411 202 8.98 426 2:53.96
5057	Filip, Scott/Rice'18	6.86 744 1310 202 8.23 nh 2:48.29

16s,16f.

NCAA II Report:

There was a scramble for places after first day leader and defending champ Florian Obst was dq'd in the 60 m hurdlers. Eventually Colorado Mesa junior Spencer Jahr (5552), Tanner McNutt of the host school (5536), Kodiak Landis/C Washington (5506) all surpasses six event leader Cameron Burrows of Tiffin (5490). This was a high scoring affair and D-II CE level has improved substantially.

3/9-10 NCAA II Champs, Pittsburg State College, Pittsburg, KS



5552	Jahr, Spencer/ColoMesa'19	7.05 697 1325 198 8.50 450 2:47.40
5536	McNutt, Tanner/Pittsburg St'18	7.08 697 1248 192 8.45 430 2:34.61
5506	Landis, Kodiak/C Washington'18	6.99 697 1267 180 8.53 480 2:43.08
5490	Burrows, Cameron/Tiffin'19	7.19 736 1198 210 8.83 480 3:02.47
5440	Mudd, Andrew/Saginaw Valley'18	7.14 688 1258 192 8.53 440 2:40.80
5358	Maslen, Harry/Angelo St'20	7.33 687 1167 192 8.43 450 2:41.85
5344	Black, Sam/Saginaw Valley'19	7.28 662 1332 204 8.67 420 2:45.45
5329	Page, Jared/Pittsburg St'19	7.09 695 1195 183 8.33 430 2:45.10
5320	Sisneros, Triston/Colo Mines'19	7.18 722 1129 201 8.26 370 2:46.06
5196	Holesinger, Bryce/Lewis'18	7.15 668 1178 183 8.63 460 2:50.37
4937	Obst, Florian/TAMU-Commerce'20	6.94 696 1499 192 dsq 500 2:46.84
4018	Sullivan, Robert/Wayne St(NE)'19	7.35 677 1229 201 dsq 380 3:18.21
dnf:	Everett, Trey/Findlay'18	7.38 701 1173 195 withdrew
dnf:	McLean, Connor/Colorado Mines'20	7.27 684 1098 nh withdrew

NCAA III Report:

Six bettered 5000 points and the finish was closer than expected. Central(IA) soph Will Daniels had stormed the D-III field on day one (hmmmm...storming Daniels... let's not go there....) but Ohio Wesleyan senior Nate Newman made it uncomfortable on day two and finished just ten points back.

3/9-10 NCAA III Champs, Crossplex, Birmingham, AL

5287	Daniels, Will/Central (IA)'20	6.97 656 1181 211 8.52 390 2:52.74
5267	Newman, Nate/Ohio Wesleyan'18	7.27 650 1254 199 8.42 440 2:52.69
5124	Kruse, Ryan/Central(IA)'19	7.23 660 1405 181 8.59 440 2:59.90
5068	Muellers, Tobias/Williams'18	7.33 664 1133 178 8.72 430 2:39.17
5016	Duff, Alex/Wisc-Whitewater'20	7.16 679 1078 187 8,37 340 2:41.40
5007	Lee, Jeremy/Wisc-Stevens Pt'19	7.42 653 1136 187 9.12 450 2:44.04
4984	Cooper, Dylan/Wic-Eau Claire'20	7.38 639 1297 187 8.62 390 2:48.11
4973	Spicer, Seth/Alfred'18	7.41 608 1289 184 8.71 390 2:37.29
4897	Haskin, Zachary/Cobleskill'19	7.45 606 1091 193 8.72 440 2:51.72
4754	Mosser, Grant/John Hopkins'19	7.36 649 965 190 9.09 370 2:41.22
4751	Faust, Cody/Wisc-Platteville'19	7.46 611 1047 181 8.79 440 2:52.39
4684	Converse, Jacob/SUNY-Geneseo'20	7.40 625 1130 178 8.71 370 2:48.82
dnf:	DiVittorio, Brent/Cortland St'19,	7.26 635 944 178 withdrew
dnf:	Renwick, Dan/Williams'21	7.39 621 1117 181 withdrew
dnf:	Van Grinsven, Leif/Wheaton(IL)'19	7.43 619 1149 175 withdrew

15s,15f.



Will Daniels, Central, IA soph from Geneseo, IL (left) and Spencer Jahr, Colorado Mesa redshirt junior from Casper, WY, (right) won the NCAA D-III and D-II titles respectively.