

THE DECATHLON ASSOCIATION

DECA Newsletter

Volume XXXV

Number 53

Dec. (2), 2010

THE BOWERMAN GOES TO....EATON

Oregon Senior Takes Home T&F 'Heisman'

Hello Again.....Well, I know I said a week ago that last week's *DECA Newsletter* would be 2010's last one. Then came the news last evening in San Antonio that Oregon senior Ashton Eaton had won the 2010 Bowerman Award, emblematic of college tracks top performer and a counterpart to football's Heisman award. It is named for Oregon's legendary track coach, Bill Bowerman. Congrats Ashton. It's snowing in both Emmitsburg, MD and Hanover, NH. So I have time to work.

One can check the details of the award on the Bowerman site (TheBowerman.org) and I recommend you read Curtis Anderson's *Eugene Register Guard* column on the ceremony.

<http://www.registerguard.com/csp/cms/sites/web/sports/25671539-41/bowerman-eaton-track-field-oregon.csp>. The other two finalists were Oregon's distance star Andrew Wheating and Arizona State weightman Ryan Whiting.

Earlier in the week Eaton training partner Marshall Ackley and roommate of Andrew Wheating was asked who he would vote for. His nod went to Eaton. "That is a tough, tough decision," Ackley said. "They've both done amazing things for the UO program ... and I don't want to get into any trouble, but I would probably have to vote for Ashton, just because I'm a decathlete, and I understand what goes into it and what has led him to where he's at right now."



The 2010 Bowerman Trophy

Congratulations to Duck coaches Vin Lanana and Harry Marra. Virginia Tech's Queen Harrison won the women's award.



Ashton Eaton, Sr., Bend, OR, was a 3x NCAA decathlon and 2x NCAA heptathlon champion.

What does it take to win The Bowerman? How about a world indoor record, 2 indoor collegiate records, an outdoor NCAA meet record, all while going undefeated.

Take a look at Eaton's season stats in which he PR's in 8 of the 10 decathlon events:



Indoor:

			<u>60m</u>	<u>lj</u>	<u>sp</u>	<u>hj</u>	<u>60H</u>	<u>pv</u>	<u>1000m</u>
1/30/10	6256	CR 1							
			Tex A&M, College Station						
			6.78	766	1256	207	7.86	496	2:38.02
3/13/10	6499	WR 1							
			NCAA, Fayetteville						
			6.71	773	1312	211	7.77	510	2:32.67

Outdoor:

			<u>100m</u>	<u>lj</u>	<u>sp</u>	<u>hj</u>	<u>400m</u>	<u>110H</u>	<u>disc</u>	<u>pv</u>	<u>jav</u>	<u>1500m</u>
4/01/10	8310	w 1										
			Texas R, Austin									
			10.34	+3.4	788	+3.0	1311	202	47.06			
			13.85	+4.9	4371	460	5219	4:41.43				
5/09/10	8154	1										
			Pac-10, Berkeley									
			10.59	-0.5	743	+1.6	1277	194	47.25			
			13.79	-1.0	4229	515	4967	4:39.97				
6/11/10	8457	1										
			NCAA, Eugene									
			10.37	+0.5	790	+1.1	1260	202	46.28			
			13.68	+1.6	4171	470	5241	4:21.85				