

THE DECATHLON ASSOCIATION

DECA Newsletter

Volume XXXV

Number 46

Sept (3), 2010

DETMER DRILLS DOUBLE DEC REC 14,571 Score Breaks Janvrin's WR

Hello Again.....Joe Detmer demolished Kip Janvrin's impressive 8 year old double decathlon record on Friday-Saturday at the 21st World Championships for Ultra Multis in Lynchburg, VA. The new mark of 14,571 points for the 27 year old Detmer caps a career season. The double decathlon (20 events in 2 days...the entire track and field card) was once the prerogative of a cult of CE athletes occasionally attracted or challenged world class athlete who ultimately come away impressed with Kip Janvrin's eye-opening 14,185 WR set in Turku in 2002.

Now along comes Joe Detmer, of Lodi, WI who possesses significant running skills--from the sprint thru middle distances--and it may have been inevitable that he'd give the double decathlon a try. After all, its schedule above and beyond the traditional decathlon, includes one additional jump, one more throw and 8 more races (3 over barriers, 5 flat). The event seems tailored for Detmer's running background (he was 2004 Big Ten 600m champ). And, coming off a career season which included a Thorpe Cup victory, a 3rd at USAs and 2 8000+ PR scores, the '07 Big Ten champ from Wisconsin decided to give it a try.

And, although a field of 30 from six nations started (ages 17 thru 60) Detmer was the feature story at the World Championships Ultra Multis held on a pair of bluebird days on the campus of Liberty University. He was

The 2010 World Double Decathlon I Lynchburg, VA took 9½ hours on the first day and 11 more hours on the 2nd but it was all worth the wait at Joe Detmer, (left) came away with a new world record.



in terrific condition and obviously after Janvrin's mark.

Joe started day one with a pair of outstanding marks, 10.93 in the 100m and 7.30m/23-11½, both just shy of PR status and both the best ever in icosathlon (20 event meet). The marks put him 229 points up on Janvrin's record pace and he poured in on, surpassing 7 of Kip's first day marks and ended with 7208 score,+296 points ahead of record pace. Six of his individual 1st day marks were among the best ever achieved in the double dec (icosathlon) which has a 30 year history. His only struggling event was the unfamiliar 16 lb hammer throw (31.82m/106-4) where some observers commented "we were not sure if Joe threw the hammer or the hammer threw Joe."



The running skills of Kip Janvrin (left) seen here finishing his 2002 'double dec' WR in Turku, FIN, and Joe Detmer (right) the new 'double dec' record holder, will forever be compared

He put together and even more impressive 2nd day equaling his discus PR and just missing his vault PR by 6cm. He appeared simply indefatigable. By the time (after 7pm and virtually dark) Joe had completed his imbedded decathlon (scoring a record 7721 points) the world double dec record was a lock. He then blasted a 13.67m/44-10½ to record 13,924 after 19 events and prepared to slog thru the 10,000m, needing only 51.58.08 to tie Janvrin's overall record of 14,185 points. A clocking of 42.15 would net him a whopping 14,500 points. 40 minutes flat is worth 665 points and feeling full of run and knowing he would put up a record that would stay on the books quite-a-while, the efficient and smooth striding Detmer clocked 40:27.26, good for 647 points and a gaudy 14,571 score, surpassing Janvrin's seemingly invincible mark by 386 points! It turns out he didn't need the hammer throw after all.

Top 10 performers-world

14,571	Joe Detmer/USA	Lynchburg, 2010
14,185	Kip Janvrin/USA	Turku, FIN 2002
13,906	Indrek Kaseorg/EST	Punkalaidun 1992
13,332	Aivar Ojastu/EST	Helsinki, 1989
13,059	Sven Reintak/EST	Helsinki, 1989
12,794	Shaun Meineke/USA	Gateshead, 2004
12,725	Raivo Magi/EST	Helsinki, 1989
12,690	Kyle Steiner/USA	Lynchburg, 2010
12,615	Adrian Schurman/GER	Scheessel, 2006
12,591	Tarmo Adamberg/EST	Punkalaidun, 1992

Top 5 Performers -USA

14,571	Joe Detmer	Lynchburg, 2010
14,185	Kip Janvrin	Turku, FIN 2002
12,794	Shaun Meineke	Gateshead, 2004
12,690	Lyle Steiner	Lynchburg, 2010
12,047	Jason Ramsey	Turku, FIN, 2002
11,340	Doug Thomasey	Lynchburg, 2005
11,197	Damien Passalacqua	Hexham, 2002
10,797	AJ Roth	Lynchburg, 2010

Detmer's Double Dec Details

Event	mark/wind/imperial	points
Day 1		
100m	10.93 +2.5	876
Long jump	7.30m/23-11½ +1.3	886
200m H	24.25 +2.8	883
Shot Put	12.27m/40-3¼	623
5000m	18.25.32	533
800m	2:02.23	831
High Jump	1.98m/6-6	785
400m	50.43	795
Hammer	31.82m/104-5	380
3000m St	11:22.47	616
1 st day score	7208 points	
Day 2		
110m H	15.01 +1.5	848
Discus	40.73m/133-8	649
200m	22.58 +1.0	826
Pole Vault	4.85m/15-11	862
3000m	10.25.99	619
400mH	53.83	836
Javelin	51.95m/170-6	617
1500m	4:26.66	767
Triple Jump	13.67m/44-10½ +1.9	662
10,000m	40:27.26	647
2 nd day score		

Total Score 14,571 points- World Record



Also posting an impressive score was former NCAA III runner-up Kyle Steiner, (left), 26, Grafton, WI who competed at Wisconsin-Stevens Point. Now an assistant coach at cross-town

Lynchburg College, his embedded decathlon score was a nice 6914, notable since his dec lifetime best is 7212 points. His final icosathlon score of 12,690 becomes #8 all time and #4 all-time USA performer. Former Central Missouri star AJ Roth was 3rd in Lynchburg with 10,797, #8 all-time US.

Brant Tolsma, 60, in his 25th year as Liberty's head track & field and cross country coach, added more than 3,000 points to the previous world double decathlon record for the 60-64 age group. His final score of 12,793 points was one of 13 world standards he set over the course of two days. Tolsma also scored a world-best 6,765 points in the 10 decathlon events and set 11 age-group event world records.

Winners

Double Decathlon

World Champion: Joe Detmer (USA) – 14,571 points (World Record)

Runner-up: Kyle Steiner (USA) – 12,690 points

Third place: A.J. Roth (USA) – 10,797 points

Under-18 Champion: George Thomas (UK) – 5,376 points

Under-23 Champion: Danny James (USA) – 8,198 points

40-44 Champion: Esa Paukku (FIN) – 6,254 points

45-49 Champion: Jim Eckenrode (USA) – 12,194 points

50-54 Champion: Manfred Hiller (GER) – 10,601 points

55-59 Champion: Rob Duncanson (USA) – 11,672 points

60-64 Champion: Brant Tolsma (USA) – 12,793 points (Age Group World Record)

65-69 Champion: Rod Dominish (AUS) – 8,893 points

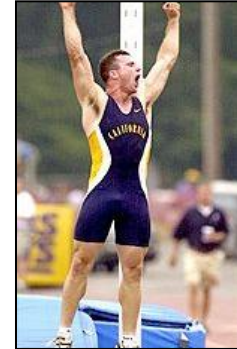
70-74 Champion: Bill Wuth (USA) – 8,908 points

All results, including age group results and event by event details, are available at:

<http://www.libertyflames.com/index.cfm?PID=20419>

Bevan Hart Returns from Afghanistan

After serving a stint in Afghanistan Captain Bevan T. Hart returned to the States on September 14 at Moffet Air Field, Near Sunnyvale, CA. Hart was the 2000 NCAA decathlon champion (PR 2002) while at California and a 2x Pac-10 winner.



Commonwealth Games Next ?

Amid anxious complaints, India organizers have rushed to complete preparations and facilities for the which are to begin on October 3rd in New Delhi. Hygiene and security concerns and an unfinished athlete's village are the major concerns. 7000 athletes from 71 nations are scheduled to compete. Major decathlon contenders will be Maujrice Smith/JAM, Jamie Adjety-Nelson/CAN and Brent Newdick/NZL.