

THE DECATHLON ASSOCIATION

DECA Newsletter

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COACHING MUSICAL CHAIRS

DecaStar, Double Decathlon Next

Hello Again... We have a potpourri of news with lots of corrections and additions to the decathlon world. Not the least in importance are coaching hires, moves and retirements. But first, some **odds and ends**:

We are posting an updated Results Page with details of all 222 USA spring/summer decathlons. Results from but one meet, an early June affair at Oklahoma Baptist is missing. If anyone has the results please email (zarnowsk@msmary.edu). I'll be able to publish the 2010 USA list soon. And, a correction for the last Newsletter. The invitational Millrose Games Triathlon, Jan 28, 2011, will include: pole vault, 60m hurdles and 800 meters.

Coaching changes: The highlight news comes from Eugene where veteran coach Harry Marra, who mentored Oregon's Ashton Eaton to a pair of NCAA titles and an indoor world record, has been named at the Combined Events coach of the Oregon Track Club where Eaton will initially be his primary responsibility. Oregon's Associate Athletic Director Vin Lanana announced on August 23 that Jamie Cook, assistant coach for the past 10 years at Pennsylvania, will replace Marra on the college side. No replacement for Cook has been announced at Penn. Cook's



Decathlon coaching changes included: Harry Marra (upper left) from Oregon to Oregon Track Club; John Goldhammer (upper right) retiring from Claremont; Jamie Cook (right) from Penn to Oregon.



Departure is the 3rd recently within the Ivy League. In July Dartmouth's Will Thomas moved to a similar position at California. Museveni Akanno, late of Fairleigh Dickinson U. will replace Thomas. At Cornell, long time coach Mark Bilyk has retired after 27 years with the Big Red.

At D-III Claremont-Mudd-Scripps (CA) John Goldhammer announced his resignation. He began at CMS in 1984 and his men's track & field squads have won every conference (SCIAC) title since 1992, the longest active winning streak in the nation in

any sport or division. Talk about going out on top! For the past half dozen years he hosted an important May decathlon meet that served as a tune-up and/or qualifier for many national class athletes. One hopes that the CMS Classic decathlon will remain a schedule fixture. John is replaced by Kendra Reimer.

Remaining Meets of Note:

- Sept. 18-19 (Sat-Sun) DecaStar
Talence, FRA
(entries: Barras, Sintnicolaas, Krauchanka, Garcia, Suarez, Smith, Pahapill, Kasyanov, Drozdov, Behrenbruch)
- Sept. 24-25 (Fri-Sat) World Double
Decathlon, Lynchburg, VA
(entries: 30 confirmed from 7 nations, Joe Detmer pending)
- Oct. 6-12 Commonwealth Games
Delhi, IND
(Maurice Smith/JAM, Jamie Adjety-Nelson/CAN, Massimo Bertocchi/CAN)

IAAF Combined Events Challenge

Current standings , go to:
www.iaaf.org/wce10/standings/indx.html)



With time and appropriate meets running out (only DecaStar in Talence and Commonwealth Games in New Delhi remaining) here are the IAAF CE standings. Three score from designated meets are required and Euro champ Romain Barras has a lock on the \$30k first prize. Jake Arnold's strategy of competing in *all* the early meetings appears to have paid off and he currently stands third overall with an 8209 average score. Those with a chance of displacing Jake have entered Talence. For example Dutchman Elco Sintnicolaas needs an 8047 to displace Leonel Suarez and 8033 to move Arnold down a notch in the overall

standings. BelaRussian Andrei Karuchanka needs 8160 and 8146 for the same. Both are reasonable late season scores. And then there is Maurice Smith who will compete at both Talence and New Delhi and needs 8200+ scores in both meets.

| <i>With 3 scores:</i> | <i>total</i> |
|------------------------------|--------------|
| <i>average</i> | |
| Romain Barras/FRA 25,063 | 8354+ |
| Leonel Suarez/CUB 24,641 | 8213+ |
| Jake Arnold/USA 24,627 | 8209 |
| Mikk Pahapill/EST 24,580 | 8193+ |
| Andres Raja/ EST 24,043 | 8014+ |
| Yordani Garcia/CUB 23,815 | 7938+ |
| <i>With 2 scores</i> | |
| Elco Sintnicolaas/NED 16,595 | 8297.5 |
| Andrei Krachanka/BLR 16,482 | 8241 |
| Aleksey Drozdov/RUS 16,275 | 8137.5 |
| Han Van Alpen/BEL 16,000 | 8000 |
| <i>With one score:</i> | |
| Oleksiy Kasyanov/UKR | 8,381 |
| Maurice Smith/JAM | 8,186 |

IAAF Challenge Prize money in US dollars:
1st \$30 000, 2nd \$20 000, 3rd \$15 000, 4th \$10 000, 5th \$8000, 6th \$7000, 7th \$6000, and 8th \$5000.

World Double Decathlon Coming Up

The 2010 World Championships for Ultra Multi Events will be contested at Liberty University's Matthes-Hopkins Track Complex in Lynchburg, Virginia, Sept. 24-25, 2010. The same facility previously hosted the 2005 World Championships for Ultra Multi Events. Meet information is available at <http://www.libertyflames.com/index.cfm?PID=20419>.



Kip Janvrin's marks for his 2002 (Turku, FIN) World Record of 14,185 are listed here:

- 1) **100 m** : 11.42 (+ 0,3)
- 2) **Long Jump** : 6.79m/22-3½ (+ 1,7)
- 3) **200 m Hurdles** : 25.31 (- 2,5)
- 4) **Shot Put** : 13.63m/44-8¾
- 5) **5000 m** : 18:23.95
- 6) **800 m** : 2:02.46
- 7) **High Jump** : 1.87m/6-1½
- 8) **400 m** : 50.64
- 9) **Hammer Throw** : 34.27m/112-5
- 10) **3000 m SC** : 11:22.96

- 13) **200 m** : 22.56 (+ 1,3)
 - 14) **Pole Vault** : 4.93m/16-2
 - 15) **3000 m** : 10:13.16
 - 16) **400 m Hurdles** : 54.40
 - 17) **Javelin Throw** : 58.31m/191-3
 - 18) **1500 m** : 4:35.76
 - 19) **Triple Jump** : 13.18m/43-3 (+ 0,2)
 - 20) **10,000 m** : 42:37.75
- Janvrin's 10 decathlon event score was 7524 points.

- 11) **110 m Hurdles** : 15.23 (+ 0,1)
- 12) **Discus Throw** : 40.91m/134-2