

THE DECATHLON ASSOCIATION

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DETMERS'S 8090 WINS THORPE CUP Germans Regain Cup by 13 Points

Hello Again.... We knew this meet would be close. There were half a dozen reasons why each team would win. But when the dust cleared in Marburg, Germany on Sunday evening the host nation had a razor thin 13 point margin and took back the Thorpe Cup, emblematic the planet's top decathlon nation.

On the bright side, the Americans can applaud Joe Detmer, a month shy of his 27th birthday, who posted a big PR score, 8090 points, to become the 17th meet (and 12th USA) winner. Detmer's lifetime best effort and 2nd consecutive 8k score moved him to 18th on the world list, perhaps not enough for world ranking consideration (top 10) but certainly plenty enough to earn him world elite status. 2010 has clearly been a breakthrough year for the Wisconsin grad who was 3rd at the USA nationals (8009 score). Here in Marburg he won 4 individual events and posted 4 lifetime best marks.

Veteran Chris Helwick, 25, moved from 12th place to runner-up (7799) on the 2nd day in Marburg as Yanks went 1-2. But the host nation took 6 of the next 7 spots. Of the finish head coach Dan Steele said..." Aaron and I are very proud of the way the Americans competed. It was a difficult loss, but all parties involved feel it was a terrific meet and the fans and athletes thoroughly enjoyed it." He further added "congratulations to Claus Marek and his Zehnkampf team for their victory.



Joe Detmer (left) moved into world elite status on Saturday-Sunday with a 8090 point win at the 17th Thorpe Cup in Marburg, Germany. He won 4 individual events and posted 4 lifetime best marks.

**17th Thorpe Cup
USA vs Germany
Marburg, GER
August 7-8, 2010**

Day Two:

110m Hurdles:

Joe Detmer started the day two as hot as he ended day one. Running in the first section he clocked 14.92 into a -1.8 mps headwind. The seeded section raised some eyebrows as Rico Freimuth, 22, was a clear winner in a fine 14.43 seconds (-12. mps) Miller Moss was 2nd in 14.79 and no other American broke 15 seconds. Germans Lars

Niklas Heinke (115.22 in section#1) and Mattias Prey (14.95 in section #2) recorded PRs and the Germans regained the lead by a scant 23 points.

After Six: Detm 5008, Moss 4966, Frei 4954, Buke 4881

Team: USA 24,152, GER 24,175 - 23



Coaches Georg Zwirner and Claus Marek (3rd row) were clearly delighted to break the American 7 meet win streak with a very young German team.

Discus:

Freimuth (45.79m/150-2) took the individual lead away from Detmer who managed 39.28m/128-10. Chris Helwick began his 2nd day surge with a 43.18m/141-8 toss to move from 12th to 9th overall.

The event was a virtual wash with the host nation gaining 14 additional points as a fine 48.18m/158-1 PR toss by Mattias Prey, 21, won the event. Heineke (42.49m/139-5) and Moss (37.45m/122-100) also recorded lifetime bests.

After Seven: Frei 5739, Detm 5658, Prey 5630, Moss 5579.

Team: USA 27,377, GER 27,414 = - 37

Pole Vault:

Yank hopes rose when Nils Buke could only manage 4.11m/13-5³/₄. He was in 5th place at the time. But Lars Niklas Heinke popped over 4.71m/15-5¹/₂ (his 3rd 2nd day PR!), and Simon Hechler and Freimuth 4.51m/14-9¹/₂, both PRs and the German team was sitting pretty. That is until Helwick and

Detmer both cleared 4.91m/16-1¹/₄ (a big PR for Joe), and the Yanks were back on top by 102 points. WOW, was this close. We knew it would go down to the wire.

After Eight: Detm 6541, Frei 6502, Moss 6313, Prey 6306.

Team: USA 31,374, GER 31,272 + 102

Javelin:

25 year old Patrick Spinner won the event with a 64.13m/210-5 toss, while Chris Helwick moved to 4th overall with a 63.47m/208-2 effort. Detmer's 56.88m/186-7 PR spear gave him a 150 point individual lead at the penultimate event. He was red hot! Moss also recorded a lifetime best at 48.28m/158-4. But the host team just threw better --- Hechler and Heineke (again!) PRd --- winning the event by 256 points and took a 154 point lead into the final event. O my! This would be close.

After Nine: Detm 7232, Frei 7082, Prey 7075, Helw 7056.

Team: USA 34,614, GER 34,768 -154

1500m:

Could the visiting American make up 154 points? This worked out to about 5 seconds per man. As expected Detmer took an



early lead and pushed the pace. Mat Clark and Helwick ran together pushing Clark into a scoring position and helping Helwick to 2nd place overall. At the finish

Detmer's 1500m skills were almost enough to wipe out the German nine event advantage.

the Americans had gone an impressive 1-2-3-4, with Detmer's 4:13.26 an easy winner. Clark clocked 4:26.78 and Helwick 4:30.17.

Miller Moss came in with a near PR 4:32.17. At the finish the German team was up the track but ran in a tight bunch, a strategy that paid off. They all finished with 3 seconds of one another---4:35 to 4:38—and it was just enough. Trinity Otto just missed his own PR at 4:54.28 and the timers and scorekeepers went to work. This meet was reminiscent of the 1999 “Squeaker in Aachen” when the Yanks won by a mere 5 points, the closest team meet in history. As it turned out, the German team had just enough endurance to hold on. Team USA made up 141 points and the Germans escaped with a 13 point team win. Out of a total of 76,523 points the winning margin represents approximately 1/100th of one percent!! And you though tennis matches were close!

The keys here was Lars Niklas Heineke, 21, -- who came up with a 5th second day PR in the 1500m and displaced the fading Bükler as a scorer--, and Simon Hechler, 22, who added 27 digits to his lifetime best score. Heinecke’s 150 point PR score (7482) put the host nation over the top.

After Ten: Detm 8090, Helw 7799, Frei 7789, Prey 7784.

For the Record:

Joe Detmer has appeared in 4 Thorpe Cup matches (3rd, 5th, 2nd, 1st -- 2007-10). His 8090 score ranks #25 all-time in meet history.

The conditions in Marburg were outstanding as 35 individual and 3 total score lifetime best marks were recorded. Imagine... 35 out of 130 overall marks (13 athletes x 10)...that is, **27% of all individual marks were PRs!** I know of no other top level decathlon in modern history with such a record. Imagine, every 4th effort was a lifetime best!! We need to continue this meeting in Marburg every other year.

Team Zehnkampf won for the 4th time in the 17 meet series (USA now holds a 13-4 advantage) which began in 1993 in Aachen.

RESULTS:



8/7-8 17th Thorpe Cup, Marburg, GER

8090	Detmer, Joe/USA	10.91+1.7	739+1.5	1208	200
47.24		14.92-1.8	3928	491	5688 4:13.26
7799	Helwick, Chris/USA	11.43-0.7	721+0.1	1258	200
50.85		15.40-1.8	4318	491	6347 4:30.17
7789	Freimuth, Rico/GER	10.89+1.7	741+0.3	1208	194
48.68		14.43-1.2	4587	451	4941 4:35.77
7784	Prey, Mattias/GER	11.27-0.7	745+0.4	1461	182
50.15		14.95-1.2	4818	412	6206 4:35.31
7624	Hechler, Simon/GER		10.89+1.7	707-3.1	
1256	191	50.19	14.95-1.2	4058	451 5986 4:35.44
7606	Moss, Miller/USA	10.97+1.7	715+1.6	1303	194
47.52		14.79-1.2	3745	441	4828 4:32.17
7589	Spinner, Patrick/GER		11.21-0.7	752+0.7	
1329	191	49.51	15.40-1.8	3930	411 6413 4:38.79
7482	Heinke, Lars N/GER	11.20-0.7	675-1.7	1257	185
49.33		15.22-1.8	4249	471	5823 4:36.64
7405	Bükler, Niles/GER	10.91+1.7	743-2.0	1318	188
48.50		15.22-1.8	3952	411	5152 4:51.44
7390	Otto, Trinity/USA	10.89+1.7	717-1.0	1345	191
48.73		15.51-1.2	3800	451	4976 4:54.28
7370	Clark, Mat/USA	11.19+1.7	724-1.3	1274	191
50.07		16.28-1.8	4019	411	5823 4:26.78
7327	Adcock, Nick/USA	11.45-0.7	685+0.2	1317	197
48.81		15.13-1.2	3725	441	5148 4:41.08
7065	Margis, Thorsten/GER	11.19-0.7	701+0.8	1332	188
49.57		16.36-1.8	3712	411	5366 4:49.51
2545	Jellison, Mark/USA	12.51-0.7	555+1.6	1230	170
62.57					withdre

Team Scores:

USA	38,255 (ave 7651.0) - 13
GER	38,268 (ave 7653.6)

Some recent news on 2011 CE meetings

Bits and pieces of CE meetings in 2011 have arrived: Here are a few:

1. The Millrose Games (Friday, Januar 28, 2011) will conduct an elite triathlon (PV-5 attempts, SP,800m) at Madison Square garden. It will be a feature event with the hopes of attracting Olympic and world indoor champ Bryan Clay; world outdoor champ and world indoor runner-up Trey Hardee; world hept record holder and NCAA champ Ashton Eaton; and

USA indoor and outdoor champ Jake Arnold

2. 2nd Annual Jack Griffin Mid-Atlantic Prep Track & Field Classic will be June 10-12, 2011. The website is www.MidAtlanticTrackClassic.com, Mike Callas Stadium, Hagerstown, MD. This will be a high level meet in preparation for USA juniors and AAU and USATF Junior Olympic meets.
3. Rice will host the season opener Shirley Crowe decathlon on March 16-17, 2011 (start time 4 pm). Field limited to 12. Contact Caset Thom, at 832-566-4414 or at cdt1@rice.edu.