

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## ARNOLD 5<sup>th</sup> in KLADNO BURNER

### Clay, Sebrle Injured, USA Nationals Next

**Hello Again....**Wow, what a barn-burner at the newest IAAF CE Challenge decathlon in Kladno, Czech Republic. With 3 events remaining any one of five athletes were in a position to win the TNT Fortuna mid-week (June 15-16) meeting .Consider that, after 7 events, the scoreboard read:

Oleksiy Kasyanov/UKR	6204
Jamie Adjetey-Nelson/CAN	6124
Maurice Smith/JAM	6085
Dariusz Dradvilka/LTE	5975
Aleksey Drozdov/RUS	5946
Jake Arnold/USA	5919



All they could do is watch! Neither Roman Sebrle/CZE (left) nor Bryan Clay/USA (right), a pair of Olympic winners, got past the 100m at TNT Fortuna, Kladno.

Arnold, the 27 year old, European Touring American veteran, then won the vault at 5.00m/16-4<sup>3</sup>/<sub>4</sub> (he won the same event in Götzis 2 weeks earlier), to move to 4<sup>th</sup> overall while Draudvila, a former Kansas Stater no-heighted. Kasyanov, 24, who was 4<sup>th</sup> a year ago in Berlin, still lead but it was a tenuous 148 points. He gave most of it back as Drozdov, Adjetey-Nelson, 26, UTTC and formerly the University of Windsor) and Smith gained in the javelin. Arnold's 58.56m/192-1 put him out of contention. With one event remaining the standings took this shape with only 89 points separating the top 5:

Adjetey-Nelson	7634
Kasyanov	7623
Smith	7615
Drozdov	7588
Arnold	7545

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Kasyanov raced away for the victory (4:27.53) with Drozdov 16 seconds back, Arnold another 7, Nelson another 2 (actually 4:52 was his 2<sup>nd</sup> fastest time in 6 seasons) and Smith another 6.

The meet was a major breakthrough for Adjetey-Nelson who won the Deacon meet at Wake Forest earlier in the year with a PR 7829. His 8239 lifetime best in Kladno made him only the 4<sup>th</sup> Canadian over 8000 points.

Significantly, the oft-competing Arnold (win at MultisStars, 4<sup>th</sup> at Götzis), takes the IAAF CE Challenge lead as the first to total 3 scores:

Jake Arnold- Desanzano	8141	1 <sup>st</sup>
Gotzis	8253	4 <sup>th</sup>
Kladno	8159	5 <sup>th</sup>
Total:	24,553	[u =8,184+]



**Jake Arnold/asics (left), won the 110mH in a PR 14.11 to put himself in contention. Jamie Adjetey-Nelson/CAN (right) added more than 400 points to his PR score.**

The major news in Kladno came in the very first event where, in section # Bryan Clay, strained a groin muscle early in the race, shut it down and drifted in at 14.05 seconds. His coach, Kevin Reid, noted immediately after the race that the injury was a holdover from the one sustained in the Götzis hurdle race two weeks earlier. He was being careful not to compound the injury. In spite of the doomsday reports that came from numerous sources, the injury was not serious and he sent his entry to the USA Nationals in Des Moines the following day. In the very next race Roman Sebrle slightly strained a hamstring muscle and jogged the rest of the distance in 25.49 seconds. Again, he was being careful so as to start the European Champs in August.

### USA Nationals Next



Clay's entry for the 91<sup>st</sup> national decathlon championships was the 15<sup>th</sup> received by USATF, and which includes Arnold and 5x winner Tom Pappas. The meet begins at 10:30 am on Friday, June 25, 2010 at Drake University in Des Moines.

### RESULTS:



#### 6/16-17 TNT Fortuna, Kladno, CZE

8381 Kasyanov, Oleksiy/UKR 10.69+0.6 779+0.5  
 1524 200 48.07 14.24+0.5 4703 470 5078 4:27.93  
 8246 Drozdov, Aleksiy/RUS 11.19-0.1 732+1.0  
 1595 212 51.32 15.03+2.0 5010 480 6364 4:43.52

8239 Adjetey-Nelson, Jamie/CAN 10.76+0.6 761+0.9  
 1489 209 49.70 14.62+2.0 4917 440 6274 4:52.28  
 8186 Smith, Maurice/JAM 10.79+0.6 715+1.2  
 1515 194 48.25 14.20+0.5 5302 460 6014 4:58.05  
 8159 Arnold, Jake/USA-asics 10.99-0.1 692+0.3  
 1534 200 49.13 14.11+0.5 4815 500 5856 4:50.71  
 8091 Newdick, Brent/NZL 11.08-1.0 737+0.9  
 1396 191 49.40 14.71+0.5 4668 470 6409 4:29.35  
 7999 Mihan, Eduard/BLR 10.94-1.0 740-0.1  
 1389 194 48.47 14.38+2.0 4436 460 5275 4:27.84  
 7930 Kharlamov, Vasilij/RUS 11.28-0.3 734 0.0  
 1475 191 50.37 15.15+2.0 4678 490 5977 4:38.25  
 ...6635 Draudvila, Darius/LTU[10.87-1.0 724+2.9  
 1503 200 48.69 14.47+2.0 4795 nh 5478 dnf]; dnf:  
 Schwartzl, Roland/AUT [11.36-0.1 733+0.1 1447 191 50.73  
 14.43+2.0 4640 withdrew]; Karpov, Dmitry/KAZ [11.18-1.0  
 661+1.1 withdrew], Bernard, Claston/JAM [11.23-1.0 nm  
 withdrew], Sebrle, Roman/CZE [25.49-1.0 withdrew], Clay,  
 Bryan/USA-Nike [14.05-0.6]. 27s, 17 (18 nations! Every  
 continent)