

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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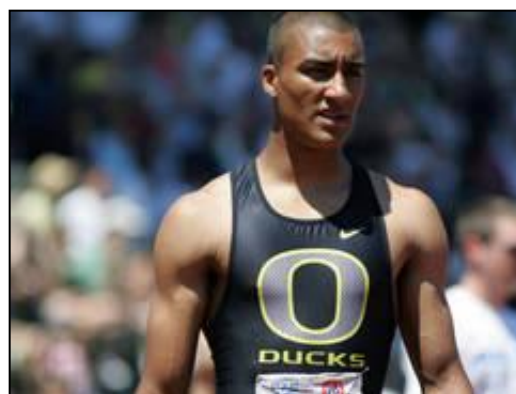
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March (4), 2010

## EATON UPSTOPPABLE on NCAA's 1<sup>st</sup> DAY Clay leads IAAF World's

**Hello Again....**There are no two spots on the planet more different than Doha, Qatar and Fayetteville, Arkansas. The former is the site of the IAAF world indoor T&F championships and the latter hosts the NCAA indoor T&F affair. The first day of heptathlon competition at both are in the books. But, even though Olympic decathlon champ Bryan Clay holds a slim lead at the worlds it would be hard to argue against Oregon student Ashton Eaton as the day's top performer. Consider, he started the day with a PR, MR, CR 6.71 60 meter dash and was off and running in a 16 man field. His 7.73m/25-4½ long jump was just under a lifetime best but did amount to both a MR and CR. After two events his lead had grown to 157 points. The Oregon senior then tossed a PR 13.12m/43-½ shot and the margin expanded to 201 points. His eye-opening PR and MR 2.11m/6-11 high jump (one solid attempt at 2.14,/7-¼) capped a virtually perfect day and his 3561 1<sup>st</sup> day record score was not only 361 points up on the NCAA field, but 12 points to the good of Clay's excellent 1<sup>st</sup> day effort in Doha.

In the meantime another pair of NCAA nationals drew some attention. Central Missouri soph Darius Walker holds the lead after day one at the Div-II meet in Albuquerque and favorite Todd Wildman of Trinity U (TX) did not disappoint by capturing a 2<sup>nd</sup> consecutive NCAA D-III



Oregon senior Ashton Eaton posted a meet record 3561 points on day one at the NCAA heptathlon in Fayetteville, Arkansas with some sort of record in all four events.

pentathlon title. Results of all 4 meets follow this account.

Here's what happened:

### 10<sup>th</sup> IAAF World Championships Doha, Qatar March 12-13, 2010



#### 60m [10:15 am]

Any doubt about Bryan clays fitnees/sharpnees were dispelled early in Doha as his blasted a 6.67 60 meters. Running in lane 5, he simplt ran away from a fine field and clocked 6.67 seconds (reaction time 0.143), just .02 off a lifetime best. Only Chris Huffins has ever run faster in a hept. Trey Hardee clocked 6.80 and Oleksiy Kasyanov

was 3<sup>rd</sup> in a fine 6.93. Aleksander Pogorelov limped in essentially making this a 7 man meet.

*After One: Clay 1003, Hard 955, Kasy 907, Droz 854.*

**Long Jump:** [10:50 am]

Both Clay and Hardee struggles here and, as a matter of fact, until the final winning leap by Kasaynov (7.78m/25-6¼), no one had leaped more than 7.49m/24-7. Clay's series of 7.19m/23-7¼, 7.12m/23-4½ and 7.27m/23-10¼ was clearly below par. Same for Hardee who managed just 6.94m/22-9¼, 6.97m/22-10½ and finally 7.28m/23-10¾.

*After Two: Kasy 1912, Clay 1881, Hard 1836, Sebr 1745.*

**Shot Put:** [6:00 pm]

The shocker came in round one when the bulky Drozdov erased Guido



Bryan's Clay's 15.31m/50-2¾ kept him in the overall world lead.

Kratschmer's name from the record books with a nearly 2 foot PR and world indoor best 17.17m/56-4. 56-4! Kratschmer's marks had been on the books since 1986! Clay's 15.31m/50-2¾ and Hardee's 14.44m/47-4½ were solid, but now Drozdov, whose 6300 score at the Russian championships a month ago leads the indoor list, was in contention, just 29 off the lead. He passed his 2<sup>nd</sup> and 3<sup>rd</sup> attempts.

*After Three: Clay 2690, Kasy 2674, Droz 2661, Hard 2591.*

**High Jump:** [7:10 pm]

Kasyanov struggled early and managed 2.00m/6-6¾, two bars under his PR.

Clay (3<sup>rd</sup> attempt) and Hardee (1<sup>st</sup> attempt) both managed 2.06m/6-9. For Hardee it was a



The happiest guy in the high jump house was the ageless (35 years old) Roman Sebrle/ CZE who cleared 2.09m/6-10¼. The Doha affair represents his 16<sup>th</sup> Olympic or World combined events championships. 16!

lifetime best leap. But the real story here was the BelaRussian jumping-bean, Andrey Krauchanka who managed 2.18m/7-1¾, 1 cm below a PR, on his first attempt. He missed thrice at a Pappas-like 2.21m/7-3.

Incidentally, the question as to how he spells his last name seems to be resolved as the IAAF correctly uses "Krauchanka," which is exactly how Andrei insists his family spells it. Drozdov negotiated 2.09m/6-10¼ cutting all but a single point out of Bryan's overall lead.

*After Four: Clay 3549, Droz 3548, Kasy 3477, Sebr 3465, Hard 3450.*

**Notes:** Day two will be terrific in Doha as 4 are in contention for the gold medal. For those who follow this closely, consider the PR of 2<sup>nd</sup> day indoor PRs for the major contenders:

	60 h	pv	1000m
Clay	7.71	515	2:49.41
Drozdov	8.19	520	2:43.17
Kasyanov	7.99	470	2:42.42
Hardee	7.70	530	2:53.29
Krauchanka	7.90	530	2:39.92

This may be a very close finish. If you are following via internet, tomorrow's schedule:

Saturday, March 13, 2010

60m Hurdles 9:15 am [12:15 am CST in USA]  
Pole Vault 10:40 [1:40 am CST in USA]  
1000m 4:40 pm [7:40 am CST in USA]

**First Day Results:**

**3/12-13 IAAF World Indoor Championships, Doha,**

**Qatar**

3549	Clay, Bryan/USA	6.67	727	1531	206
3548	Drozdov, Alexandr/RUS	7.08	729	1717	209
3477	Kasyanov, Oleksiy/UKR	6.93	778	1455	200
3465	Sebrle, Roman/CZE	7.20	749	1570	209
3450	Hardee, Trey/USA	6.80	728	1444	208
3387	Krauchanka, Andrey/BLR	8.22	738	1359	218
3234	Suarez, Leonel/CUB	7.15	712	1359	206
dnf	Pogorelov, Aleksandr/RUS	7.68	withdrew 8s.		

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**NCAA D-I Championships  
Randall Tyson Center  
University of Arkansas  
Fayetteville, AK  
March 12-13, 2010**



**60m** [ 10:00 am]

Mateo Sossah, in Carolina blue, started the 7<sup>th</sup> NCAA indoor heptathlon meet with .....a false start. When the event finally was off and running it was Stockholm soph Björn Barrefors who out-legged Missouri's Nick Adcock, 7.10 (a PR) to 7.12. Sossah was 8<sup>th</sup> in an 8 man field yet his 7.45 second clocking represented a lifetime best.

The 2<sup>nd</sup> section matched the faster seeded runners. What a performance by Ashton Eaton, running smoothly and in control he finished in a whopping 6.71

seconds, a personal, meet and collegiate record. Of Americans only Chris Huffins, Bryan Clay and Dan O'Brien have ever run faster. Lanky Lithuanian soph Mantas Silkauskas, Kansas State, was as nappy runner-up in 6.88 seconds. Both Mike Morrison, who now competes at California and his former teammate at Florida, Gray Horn, PR'd, both clocking 7.03 seconds. The "crowd" for the first event was counted at 141.

*After One: Eato 988, Silk 925, Dick 907, Moss 882.*

**Long Jump:** [10:35 am]

The bouncy runway proved, as it has often in the past, problematic to some of the heptathletes. Eight of the first 20 jumps were foot faults at the toe-board.

In round #1 after a pair of leading 7.04m/23-1¼ marks by Barrefors and Silkauskas, Eaton, using a smooth and controlled approach, popped 7.73m/25-4½. It was the easiest 25' jump in memory. It represented a new facility and meet record and equaled Trey Hardee's collegiate mark. After a 7.65m/25-1¼ 2<sup>nd</sup> round leap Ashton passed his final attempt. Most athletes got their step-act together by round #3 where both Mike Morrison and Mantas Silkauskas covered 7.35m/24-1¼ of Arkansas real estate.

There were no lifetime best marks and 30% of all efforts were fouls at the toe-board. *After Two: Eato 1980, Silk 1823, Morr 2423, Horn 1710.*

**Shot Put:** [11:48 am]

Norwegian Lars Rise moved to a runner-up position in round #1 with a 15.33m/50-3¼ pump, immediately after a mediocre 12.24m/40-2 mark by Eaton. In round #2 the Oregon senior nailed a lifetime best 13.12m/43-½ toss and Rise responded with the winning effort, 15.82m/51-11.

Curtis Beach, now a freshman at Duke, Wichita State senior Chris Dickman and Mateo Sossah all recorded PRs. And Nick

Adcock nailed a nice 14.19m/46-6¾ mark in round #3.

*After Three: Eato 2655, Rise 2454, Silk 2454, Morr 2423.*

**High Jump:** [12:58 pm]

There was confusion in Pit A (the seeded jumpers) and no one seemed to know if the initial bar was set at 1.84/6-½ or 1.87m/6-1½. After that was cleared up the event, in two concurrent pits went so smoothly that, at final count, 16 athletes were processed in about an hour, 14 different heights, 143 attempts, and 62 clearances. The infield at the Tyson center was a whirlwind, with a jump every 24 seconds. For over an hour! Whew. But the efficiency was not the story here. Again, the story *was* Ashton Eaton who won pit A with a personal and meet record 2.11m/6-11. In all, he took 14 jumps. Sossah and Horn managed to equal lifetime bests at 2.08m/6-9¾ and 2.02m/6-7½. Overlooked on day one was the fine performance by Sossah who, like Eaton, also recorded 3 PRs.

Minnesota senior RJ McGinnis won pit B with a solid 1.99m/6-6¼ while Wichita State senior Chris Dickman = a PR 1.96m/6-5.

*After Four: Eato 3561, McGi 3200, Barr 3196, Rise 3194.*

**Notes:** I can't recall an NCAA affair wherein a single athlete was in such control, command of the meet as Ashton Eaton is here. Consider: he records 3 personal records, 2 meet records and 2 collegiate records.

***A Tale of the Collegiate Record***

**Ashton Eaton- College Station Fayetteville**

	1/29-30/10			3/12-13/10		
60m	6.78	962		6.71	988	
LJ	7.66m	975	1937	7.73m	992	1980 +43
SP	12.56m	640	2577	13.12m	675	2655 +78
HJ	2.07m	868	3445	2.11m	906	3561 +116
1 <sup>st</sup> day		3445			3561	
60mH	7.86	1017	4462	_____	_____	_____
PV	4.96m	898	5360	_____	_____	_____
1000m	2:38.02	896	6256	_____	_____	_____
Total score		6256				

***All-Time USA List***

Dan O'Brien	6476	1993	IAAF WC, Toronto
Bryan Clay	6371	2008	IAAF WC, Valencia
Tom Pappas	6361	2003	IAAF WC, Birmingham
Ashton Eaton	6256	2010	College Station
Steve Fritz	6213	1996	USA, Manhattan
Trey Hardee	6208	2006	Albuquerque
Donovan Kilmartin	6136	2004	NCAA, Fayetteville
Stephen Moore	6132	2001	IAAF WC, Lisbon

[top 8]

***All-Time World List***

Dan O'Brien	USA	6476	1993	IAAF WC, Toronto
Roman Sebrle	CZE	6438	2004	IAAF WC, Budapest
Tomas Dvorak	CZE	6424	2000	EC, Gent
Christian Plaziat	FRA	6418	1992	EC, Genova
Sebastian Chmara	POL	6415	1998	EC, Valencia
Erki Nool	EST	6374	1999	WC, Maebishi
Bryan Clay	USA	6371	2008	IAAF WC, Valencia
Tom Pappas	USA	6361	2003	IAAF WC, Birmingham
J-A Magnusson	ICE	6293	1999	IAAF WC, Maebishi

[top 10]

***First Day Results:***

**3/12-13 NCAA Div I Championships, U of Arkansas, Fayetteville, AK**

3561	Eaton, Ashton/Oregon	6.71 773 1312 211
3200	McGinnis, R.J./Minnesota	7.17 689 1509 199
3196	Barrefors, Bjorn/Nebraska-SWE	7.10 709 1387 199
3194	Rise, Lars/Missouri-NOR	7.32 712 1582 193
3170	Soosah, Mateo/North Carolina-FRA	7.45 7.07 1407 208
3168	Silkauskas, Mantas/Kansas St-LIT	6.88 735 1241 190
3163	Morrison, Mike/California	7.03 735 1277 193
3122	Horn, Gray/Florida	7.03 710 1173 202
3120	Adcock, Nick/Missouri	7.12 705 1419 190
3057	Moss, Miller/Clemson	



3003 Dickman, Chris/Wichita St  
 6.93 675 1147 196  
 2975 Szmanda, Jack/Minnesota  
 7.27 679 1325 193  
 2914 Beach, Curtis/Duke  
 7.31 704 1150 193  
 2894 Barrineau, Tommy Georgia  
 7.28 655 1330 190  
 2869 Spandl, Brock/Minnesota  
 7.22 685 1098 193  
 2842 Robinson, Robert/CSU-Northridge  
 7.11 662 1209 184  
 16s, last q was 5540.

*Other NCAA Results*



**3/12-13 NCAA Div II Championships,  
Convention Center, Albuquerque, NM**

3069 Walker, Darius/C Missouri 6.97 698 1204 195  
 2945 Krohn, Carsten/Ashland 7.39 628 1544 192  
 2940 Preble, Zac/Bemidji St 7.34 635 1526 189  
 2809 Newman, Lanar/Chadron St  
 7.05 719 954 180  
 2787 Pimental, John/Concordia 7.08 690 1050 180  
 2767 Vogel, Brent/C Missouri 7.30 658 1135 189  
 2751 Boss, Shawn/C Missouri 7.20 627 1125 192  
 2725 Snyder, Dan/Tiffin 7.34 644 1227 183  
 2711 Wert, Brady/Slippery Rock 7.43 637 1105 195  
 2695 Graybill, Don/Shippensburg  
 7.45 665 984 195  
 2669 Hardin, James/Abilene Christian  
 7.38 671 1179 174  
 dnf Lohman, Alex/C Missouri 7.61 528 withdrew  
 12 starters,

**3/12 NCAA Div III Championships,  
DePauw College, Greencastle, IN**



3751 Wildman, Todd/Trinity(TX)  
 7.58 673 1113 202 2:58.12  
 3664 Lovell, Josh/Linfield  
 8.17 682 1210 196 2:54.08  
 3602 Miller, Ethan/Central College(IA)  
 8.01 682 1070 199 2:58.74  
 3560 Solveson, Brock/Concordia(WI)  
 8.30 666 1292 181 2:49.66  
 3556 Nwana, Obinna/Case Western Reserve  
 7.81 638 1309 190 3:04.81  
 3545 Borchardt, Matt/N Central(IL)  
 8.23 650 1073 193 2:46.65  
 3491 Engelking, Jared/Tufts  
 7.77 598 1231 181 2:50.84  
 3473 Wohrley, James/Cornell(IA)  
 8.26 623 1299 181 2:50.22  
 3430 Harmon, Ben/Washington(MO)  
 8.51 696 834 193 2:47.74  
 3426 Schneiderbauer, Joe/N Central(IL)  
 8.22 623 1066 187 2:46.90  
 3355 Roethel, Richard/Christopher Newport(VA)  
 8.55 646 1028 199 2:59.48  
 3325 Chapman, Jess/Bates  
 dnf Brondyke, Kurtis/Central College(IA)  
 7.94 593 withdrew