

THE DECATHLON ASSOCIATION

DECA Newsletter

Volume XXXVII

Number 16

March (5), 2012



EATON ON A ROLL

3654 1st Day is Record Pace



Hello Again... American Ashton Eaton followed up a world best in the heptathlon long jump on Friday morning with solid marks in both the shot put and high jump at the IAAF world indoor championships in Istanbul to put himself into a perfect position to reconfigure his own indoor heptathlon world record. After telling an interviewer after the 60m, “I felt lost, I couldn’t hear the gun” (which may explain his sluggish reaction time). But this time around he knows where he stands at the end of the first day. On Thursday he noted how different things are than when he set his first heptathlon world record.

“I was in an American University (NCAA) championships, and I had no idea what the world record was. And I didn’t know that I was on pace until maybe the second day. And all my university teammates kept saying, ‘Don’t tell him! Don’t tell him! He won’t break the world record if we tell him!’” He’ll know tomorrow. Here is what happened on day one.



**IAAF World Indoor T&F
Championships
Men’s Heptathlon
Istanbul, Turkey
March 9-10, 2012**

Day One- Friday Evening



Ashton Eaton lead Estonian Mikk Pahapill in the heptathlon 60m at the IAAF world champs in Istanbul.

Shot Put: [5:40 pm local time, 8:40 am USA Mountain time]

Oleksiy Kasyanov/UKR, 26, began the event with a nice 15.24m/50-0 toss that won the event, then never improved. Ashton Eaton, throwing 3rd, fouled in round #1 and then improved to 13.93m/45-8½. In round #3, with the pressure on, Eaton responded with a terrific 14.56m/47-9¼ punch that improved on

his record tempo and was within 7 inches of his career best. It was a crucial moment.

BelaRussian Andrei Krauchanka showed some life in round #3 with a 14.90m/48-10¾ toss but the remainder of the field was well below expectations.

After Three: Eato 2823, Kasy 2712, Luky 2513, Helc 2418.

High Jump: [6:50 pm local time, 9:50 am USA Mountain time]

Clearing 1.91m/6-2¼, 1.94m/6-4¼, 1.97m/6-5½, 2.00m/6-6¾ and 2.03m/6-8, Eaton appeared invincible. He passed 2.06m/6-9 looking for a 3700 1st day score, but lost his rhythm, missing on three tries at 2.09m/6-10¼. Adam Sebastien Helcelet/CZE and Yordani Garcia both cleared the passed height to win the event. Eaton's lead grew to 165 points and he finished with 3654 points, 76 points up on his own WR pace.

After Four: Eato 3654, Kasy 3489, Luky 3289, Helc 3277.

Notes: A WR (we don't want to get too far ahead of ourselves by being presumptuous, but consider that the men's and women's CE world record (I'd better check this) have never been broken in the same meet. Earlier in the afternoon it was Olympic champ Natallia Dobrynska who ignored the ballyhooed battle between Jessica Ennis/GBR and Tatyana Chernova/RUS by breaking the indoor pentathlon WR with history's first 5000 score. Her 5013 effort broke the 4991 record held by Russian Irina Belova.

The talk of Istanbul...would Eaton make it 2 for 2 for the CEs?

First day results:



3/9-10 IAAF World Champs, Istanbul, TUR

3654	Eaton, Ashton/USA-Ore e TC	6.79 816 1456 203
3489	Kasyanov, Oleksiy/UKR	6.87 768 1524 197
3289	Lukyanenko, Artem/RUS	7.07 738 1435 197
3277	Helcelet, Adam Sebastien/CZE	7.19 724 1404 206
3241	Andrei Krauchanka , Andrei/BLR	7.46 736 1490 203
3206	Shkurenev, Ilya/RUS	7.39 750 1339 203
3202	Garcia, Yordanis/CUB	

3052 7.02 664 1418 206
 Pahapill, Mikk/EST
 7.27 674 1454 194

Notes:

A reminder that day two in Istanbul will start 2:30 am (Eastern Standard time) on Saturday.

The day before one move the clocks ahead.

Eaton's WR pace:

2/5-6/11	Ashton Eaton	Tallinn	6568				
	<u>60m</u>	<u>LJ</u>	<u>SP</u>	<u>HJ</u>	<u>60H</u>	<u>PV</u>	<u>1000m</u>
mark	6.66	777	1445	201	7.60	520	2:34.74
points	1007	1002	756	813	1085	972	933
cum pts	1007	2009	2765	3578	4663	5635	6568

Keep your fingers crossed.

