

# THE DECATHLON ASSOCIATION DECA Newsletter

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## MAHLER IS USA JUNIOR CHAMP Williams-Filip in Runner-up duel



**Hello Again...** When it was over everyone was literally crying ‘wolf.’ First one of the pre-meet favorites, Kris Horn, a UConn frosh, nh’d during his top event, the high jump, while in the overall lead during the first day of the USA Junior decathlon at Drake Stadium. The ensuing 7 event scramble provided an arresting tale in Des Moines. There was Stephen Bastien of Samford U whose father Gary won this meet 35 years earlier while an Eastern Michigan student. And there was Scott Filip, a Rice signee, who displayed tenacity and first day skills. But it was the steady Wolf Mahler, Belton, Texas who prevailed with 2<sup>nd</sup> day hurdle, vault and 1500m performances and won the 41<sup>st</sup> USA Junior decathlon with a fine 7419 score, a single point under his seasonal leading score completed with prep implements.

Devon Williams/Heat TC outlasted Filip by just 13 points to earn the runner-up spot on the USA Junior Pan-Am team. And Bastien’s PR 1500m effort brought him in with a score 46 points higher than his father’s winning effort in 1978. Here the son, had the higher score, but a 4<sup>th</sup> place finish. In the aftermath the Bastiens are now the 5<sup>th</sup> USA father-son combo to have both scored 7000 decathlon points. Here’s the junior story:



Wolf Mahler, Belton, TX displayed both sprint speed and endurance while winning the 41<sup>st</sup> USA Junior decathlon crown. The Texas signee posted a 7419 winning score. He won his first three races, and then PR’d in the 1500m.



**Drake University  
Des Moines, IA  
June 19-20, 2013**

**100 meters:** [12:30 – 12:43 pm]

Unfortunately no seeding occurred and the 3 fastest sprinters were placed in 3 different races. Predictably all won: Devon Williams (11.02), Wolf Mahler (10.81) and Scott Filip (10.81). Weather conditions were excellent...80 degrees F° and tailwinds between 1.3 and 1.7 mps were favorable. It was unfortunate that more effort did not go into seeding these races and providing more competitive situations. As it was the gaps between first and last in each race was a gaudy 9-11 meters, a huge margin for CEs.  
*After One: Mahl 903, Fili 903, Bast 856, Will 856.*



**41<sup>st</sup> USA Junior Decathlon**

**Long Jump:** [1:13 - 2:02 pm]

Jumping at the north end of Jim Duncan track, strong headwinds greeted the athletes in round one. Pity 17 year old Liam Henshaw/Marist HS, Eugene, OR who faced a 3.2mps wind in round one. He would eventually leap 6.95m/22-9¾. Steve Bastien lead thru the first two rounds at 7.03m/23-¾ by Filip bounded a 7.06m/23-2 in round #3 to take control.

*After Two: Fili 1731, Bast 1677, Horn 1614, Will 1604.*

**Shot Put:** [2:34 – 3:02 pm]

UConn's Kris Horn moved to the overall lead with a winning 14.50m/48-3 for the 6kg ball. Williams, as he had in the previous event, recorded a pair of fouls before safeing a legal mark?

*After Three: Horn 2385, Fili 2366, Modi 2289, Hens 2254.*

**High Jump:** [3:35 – 5:08 pm]

Here Horn (a 2.10m/6-10½ jumper) was expected to extend his overall lead yet he nh'd at 1.90m/6-2¾. The scramble began.

Again a regrettable lack of seeding



forced some athletes into silly situations. For example Wolf Mahler, who has had a single 6-0 career clearance, found himself in to higher seeded pit where he was the first and only jumper for four consecutive heights. An unfair situation by any standard. And two of the better jumpers, Bastien and Henshaw, both found themselves in the lower seeded pit where they dominated by clearing 2.02m/6-7½ and 1.99m/6-6¾, bars that were only surpassed by the winner of the adjoining pit! Go figure. The mismanagement added 30



minutes to the event. Yet it did not seem to bother Scott Filip who PR'd at 2.08m/6-9¾ to tack back the overall lead. Taylor Cudequest/Cal St-Northridge withdrew.

*After Four: Fili 3246, Bast 3048, Modi3029, Hens 2948.*

**400 meters:** [5:40 – 5:54 pm]

Here the seeding was correctly done and it led to 13 lifetime bests as runners competed side-by-side, dug-in and raced! In the first race Indiana's Stephen Keller won with a PR 50.82 and Illinois' George Wayda, and Nampa's Payton Lewis also PR'd.

The 2<sup>nd</sup> race resulted in a 49.92 PR by Filip over Philip Bailey's 50.10 PR. Wichita State's John Nicholas also PR'd by was dq'd for multiple lane violations.

Section 3 found everyone running sub-50 second clockings. Mahler tied badly in last 20 meters but hung on for a 48.04 win. Behind him Williams (48.67, Modin 48.83 and Bastien 49.72) all PRd.

The final race saw 4 PRs led by Ben Honea's 52.43 clocking.

*After Five: Fili 4064, Modi 3898, Bast 3876, Mahl 3731.*

**Day Two**

**110m Hurdles:** [10:00 – 10:11 am]

Conditions were almost perfect at 10 am, but, unfortunately meet preparation was not. The top 3 hurdlers were assigned to 3 different races and all predictably won.

Recall, that international junior meetings use 39" (prep) barriers. Devon Williams blasted a nifty 13.98 meet record to begin the day. Wolf Mahler clocked a fine 14.30 to win the 2<sup>nd</sup> race and Vinny Biunno/Franklin Pierce U was the winner of the 3<sup>rd</sup> section in 14.78 seconds. First day leader Scott Filip clocked 14.77 in the 1<sup>st</sup> race and held his overall lead.

### 100m m Hurdle Splits: Wolf Mahler

Hurdle	time	split
1 <sup>st</sup>	2.47	
2 <sup>nd</sup>	3.57	1.10
3 <sup>rd</sup>	4.63	1.06
4 <sup>th</sup>	5.89	1.26
5 <sup>th</sup>	6.97	1.06
6 <sup>th</sup>	8.06	1.09
7 <sup>th</sup>	9.18	1.12
8 <sup>th</sup>	10.38	1.26
9 <sup>th</sup>	11.50	1.12
10 <sup>th</sup>	12.64	1.14
Final	14.30	1.66

Hurdle splits are lead leg touchdowns, hand timed, final time is auto.

After Six: Fili 4942, Bast 4783, Modi 4767, Will 4708.

**Discus:** [10:46 – 11:11 & 11:40 – 12:09 pm]

Mahler captured the first section of the discus at 41.54m/136-3 and George Wayda won the 2<sup>nd</sup> group at 40.34m/132-4 under sunny skies and 80 degree °F temps. Filip continued to lead. But his 2<sup>nd</sup> day skills *appeared* to be running short.

After Seven: Fili 5508, Will 5385, Mahl 5365, Bast 5266.

**Pole Vault:** [1:00 - 3:10 pm]

The lower seeded pit offered the longer competition and it was Wayda who cleared a PR equaling 4.30m.14-1¼ for the win. Liam Henshaw/Marist HS, Eugene, nh'd in the higher seeded pit negating a pretty good score. There Bastien cleared 4.30m/14-1¼, Mahler 4.60m/15-1 and Payton Lewis/YMCA Team Idaho won at 4.70m/15-5. Mahler moved to the lead.

After Eight: Mahl 6155, Fili 6125, Will 6058, Bast 5968.

**Javelin:** [3:40 and 4:30 pm]

Amazingly Filip fought back with a 3<sup>rd</sup> place in the javelin to move back to the overall lead. His toss, 49.17m/161-4 gave him a 35 point margin over Mahler. Josh Cogdill/Colorado State, won the first group with a 49.75m/163-3 toss and Horn took the 2<sup>nd</sup> at 49.32m/161-10.

Filip held a 35 point lead before the 1500m over Mahler but he was a sitting duck for both Mahler and Williams who had significantly better 1500m histories.

After Nine: Fili 6701, Mahl 6666, Will 6623, Bast 6504.

**1500 meters:** [6:10 -6:15 pm]

Organizers wisely put all 22 athletes into a single race providing everyone with a chance to run fast times. This is fast becoming the standard operating procedure for CEs,

Predictably Mahler jumped to the lead and towed Steven Keller/Indiana and Mitch Modin/Mt View HS, Bend Or (who more famous graduate is Ashton Eaton) for two laps before Modin flagged somewhat.

Williams ran in the middle of the pack while Filip brought up the rear. The entire field raced and the organizers reward: 10 career best times. They raced! (ed: when nearly half the field PRs you've done something right!).

Keller jumped Mahler with 250 meters remaining and they sprinted home, both clocking bests (4:27.25 to 4:28.66). Filip needed to stay within 13 seconds of Williams to hold down 2<sup>nd</sup> place. He was 15 seconds back at the bell and 15½ seconds back at the finish (4:45.66 to 5:01.04) giving Williams the runner-up spot. Both recorded initial career 7's. Bastien recorded a nice 4:39.92 giving him a higher score (although with a different set on implements) than that of his father when he won this meet in 1978.

After Ten: Mahl 7419, Will 7268, Fili7255, Bast 7185.

### Results:

#### 6/19-10 41<sup>st</sup> USA Junior National Champs, Drake U, Des Moines, IA



7419	Mahler, Wolf/Belton(TX) HS	10.81+1.7
642+0.4	1286 175 48.04 14.30+1.9 4154 460 4475 4:28.66	
7268	Williams, Devon/Georgia	11.02+1.6
672-1.6	1128 187 48.67 13.98+1.8 4062 420 4840 4:45.66	
7255	Filip, Scott/DuPage TC	10.81+1.3
706-0.1	1251 208 49.92 14.88+1.8 3514 400 4917 5:01.04	
7185	Bastien, Steve/Samford U	11.02+1.3
703-0.4	1106 202 49.72 14.94+1.8 3347 430 4643 4:39.92	
6969	Modin, Mitch/Mt View(OR) HS	11.04+1.3
664+2.0	1366 193 48.83 14.84+1.1 3065 350 4735 4:37.79	
6823	Keller, Stephen/Indiana	11.76+1.7
628+1.8	1122 199 50.82 15.33+1.9 3511 440 4232 4:27.25	
6772	Maydew, Payson/Emporia St	11.70+1.3
613-1.9	1351 187 51.13 14.96+1.8 3782 430 3797 4:35.44	
6767	Wayda, George/Illinois	11.52+1.3
629-0.7	1413 187 51.99 15.22+1.9 4034 430 4482 5:05.73	
6627	Cogdill, Josh/Colorado St	11.50+1.6
656+0.5	1200 193 52.83 14.87+1.9 4054 340 4975 5:02.57	
6452	Horn, Kris/unat-UConn	11.05+1.7
679+0.6	1470 nh 49.96 15.17+1.1 3953 410 4932 5:02.85	
6437	Cieslinski, Quentin/Akron	11.70+1.6
616-1.0	1154 190 54.08 15.27+1.1 3464 400 4486 4:41.21	

6396 Bailey, Philip/Riverside City Col 11.16+1.7  
 660+0.6 1196 190 50.10 15.91+1.1 3375 360 4392 5:23.11  
 6393 Biunno, Vinny/Franklin Pierce 11.47+1.3  
 629-0.4 886 196 49.99 14.78+1.1 2839 380 4415 4:51.22  
 6380 Lewis, Payton/YMCA Idaho 11.32+1.6  
 620+0.9 1237 178 53.47 15.13+1.1 3778 470 3190 5:18.30  
 6329 Martin, Aaron/Cerritos JC 11.80+1.7  
 640-1.6 1022 184 54.04 15.68+1.8 3922 390 4656 4:49.91  
 6230 Fox, Deon/Cornerstone U 11.63+1.3  
 652+1.6 1171 187 53.21 14.71+1.9 2692 400 4510 5:23.49  
 6224 Honea, Ben/Marana (AZ) HS 11.45+1.6  
 619-0.8 1208 169 52.43 15.97+1.9 3677 360 4683 4:54.19  
 6202 Duckworth, Tim/Arcadia HS, AZ 11.55+1.7  
 634+0.4 1027 190 56.48 15.77+1.1 3695 430 4558 5:18.97  
 6028 Henshaw, Liam/Willamette Striders 11.40+1.3  
 695-0.4 1153 199 52.85 15.34+1.1 3536 nh 3866 4:54.95  
 6000 Krall, Alex/Claremont-M-S 11.42+1.6  
 579-2.3 1178 172 53.82 15.78+1.9 3383 420 3897 5:12.31  
 5858 Jeffers, Nathan/Boiles(FL)HS 12.01+1.6  
 599+1.2 1067 184 55.80 15.30+1.8 3015 420 3792 5:09.70  
 5470 Nicholas, John/unat-Wichita St 11.60+6.04  
 604-0.1 1258 172 dsq 14.91+1.8 3939 350 4389 5:20.36  
 dnf Cudequest, Taylor/CSU-Northridge 11.75+1.7 557-  
 2.7 1181 withdrew  
 23s,22f.

