

THE DECATHLON ASSOCIATION

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HORN WINS USA INDOOR CROWN

6071 Score Wins by Big Margin

Hello Again....The small field at the 29th USA Indoors men's heptathlon title affair in Albuquerque did not deter Gray Horn from becoming the 20th American ever to surpass 6000 points. His eye-opening 3436 first day score included a career best in the long jump (7.67m/25-2) and a pair of PR equalling marks (6.69 60m and 2.07m/6-9½ high jump).

He recorded an indoor best of 4.90m/16-¾ in the vault and took an unstoppable 333 point lead over surprising Montana State's red-shirting senior Jeff Mohl.

In the 1000m Gray (with a PR of 2:39.96 PR), with no Sopot incentive and with the meet wrapped up, stayed off the pace finishing in 2:48.15 for a final total of 6071, the top American score of the season and # 5 on the global list.

Dan Gooris won the vault at 5.30m/17-4½ and '13 NCAA D-II champ Brent Vogel, ex Central Missouri, won took the 1k with a 2:34.67 clocking.

Mohl's 5746 PR was good for 2nd and Gooris was 3rd. 5 of 8 recorded PR scores including Utah Valley's Michael McPherson who was hoping for an NCAA I qualifier. Off past seasons it's doubtful his 5535 will hold up.



Gray Horn, 24, Wapakoneta, OH, wrapped up the 2014 USA indoor heptathlon early.



"Overall, I am really thrilled," said Horn. To see that my training was finally coming together. I've never really been in a better place mentally. I think the fact that my head is in the right place and that I'm not really making such a big deal out of it anymore."

"I used to always come into these events all scatter-brained saying, 'Man, if I could only do this and this.' I'm just coming to have fun for once. I'm just having fun, and I think that's what contributing to that."

"I knew I was ready for something today and...it was my first jump competition of the year."

On what it would mean to win

"It would be another check mark on the list of dreams I have. I really think that winning this would kind of give me some momentum and give me that spark that I've been looking for and the fuel to train."

2014 World Heptathlon List

6242	Eelco Sintincolaas	Netherlands
6188	Thomas Van der Plaetsen	Belgium
6104	Oleksiy Kasyanov	Ukraine
6083	Kai Kazmirek	Germany
6071	Gray Horn	USA
6039	Gunnar Nixon	USA



Dan Gooris, 24, Albuquerque, gave hometown fans and a pair of Jennings reason the cheer clearing 1.95m/6-4¾

2/21-22 USA Champs, Convention Center, Albuquerque, NM



6071	Horn, Gray/unat	6.96	769	1336	207	8.03	490	2:48.51
5746	Mohl, Jeff/unat	7.07	717	1186	207	8.46	500	2:47.82
5613	Gooris, Dan/unat	7.41	688	1332	195	8.55	530	2:47.81
5549	FitzSimons, Thomas/SBTC	7.27	688	1228	201	8.56	460	2:36.36
5535	McPherson/Michael/Utah Valley'14	6.91	716	1061	198	8.25	430	2:43.15
5365	Wunderlich, Tim/unat	7.44	675	1442	192	8.58	460	2:50.38
5313	Harlan, Ryan/unat	7.23	635	1589	198	8.29	470	3:18.50
4797	Vogel, Brent/unat	7.28	689	1218	198	8.38	nh	2:34.67

8s,8f.

The remainder of the weekend was mute by comparison. Ten collegiate conference championships were on the docket, mostly east coast and NAIA leagues. The top scores were posted by Trent Baltzell, a Rhode Island senior who won the Atlantic 10 meet in Kingston with 5018 points. Kale Wolken, a Doane soph, won the Great Plains Conference title with a 5135 score, now # 3 on the NAIA national list. Azusa Pacific's Tomek Czerwinski won the National Christian College meet with a 5124 total. Azusa is in the process of moving from NAIA to NCAA II, but ineligible for the latter's national meet.

The America East meet will be completed on Monday. The upcoming week is the indoor season's MONSTER with over 30 collegiate conference meetings. I'll need to post at least two newsletters. Given the returning collegiate talent the USA/collegiate lists are likely to be rewritten.



Jeff Mohl, 22, Red Lodge, MT, tacked 19 points onto his career best score for 2nd in Albuquerque.

Some individual events marks from the weekend by major collegiate contenders:

	<u>60H</u>	<u>pv</u>	<u>lj</u>	<u>sp</u>	<u>60m</u>	<u>hj</u>
Curtis Beach	8.28	480	737	1218		
Jay Cato					7.14	204
Zach Ziemek						189
Alex McCune	8.02	529				