

THE DECATHLON ASSOCIATION

DECA Newsletter

Volume XXXIX

Number 6

Feb (3), 2014

HARDEE'S TOUGH DAY in HOLLAND

US Pole Vaulters Open Eyes

Hello Again....The weekend story was in Apeldoorn, NED where Trey Hardee, 30, Austin, TX fashioned a fine 6 event performance at the Dutch national CE champs but ran into a stone wall in the 7th and failed to qualify for the World Indoor heptathlon in Sopot, POL. Sever leg cramps in the 1000m relegated him to 5959 score after leading for six events. Euro indoor champion Eelco Sintnicolaas/NED, 26, won with a world leading 6242 total, 54 points higher than World University Games champ Thomas van Der Plaesten, 23, of Belgium.

In the US most combined event athletes took the week off or concentrated on single events. Most of the success came in the pole vault where Olympic champ Ashton Eaton PR'd at 5.35m/17-6½ for 5th place at the Millrose Games. But at the Tyson Invitational in Fayetteville Wisconsin senior Jay Cato went him 2 bars better nailing 5.55m/18-2½. Here the account from Apeldorn:

**Dutch National CE Champs
OmniSport
Apeldoorn, NED
February 14-15, 2014**

First day: Feb 14, Saturday

Hardee clocked a nifty 6.75 seconds in the 2nd section, worth 973 points besting Sintnicolaas by nearly 3 tenths of a second. and was never out of the lead on the first day.



Trey Hardee(left) took the measure of the 60m field in Apeldoorn winning in a quick 6.75 seconds. Eventual winner Eelco Sintnicolaas/NED is at right.

He leaped 7.34m/24-1 but 23 year old Belgian Thomas Van Der Plaesten, last year's WUG champ, won with an eye-opening 7.78m/25-6¼ leap scaring a PR by 2cm. Trey's series: 7.24m, 7.34m, 7.27m.

A week past his 30th birthday, Trey's 3 shot series was the model of consistency: 15.42m, 15.63m/51-3½ (2nd best ever in a multi), 15.62m and his overall margin expanded. He was 121 points up on last week's marks in Tallinn.

The high jump had drama and Trey



Apeldoorn's modern Omnisport complex hosted the Dutch indoor CE champs at 23 different categories.

opened at 1.90m/6-2¾, but needed 3 efforts to get past 1.93m/6-4. He then passed 1.96m/6-5 and again need 3 tries to negotiate 1.99m/6-6¼. He then cleared 2.02m/6-7½, again on a 3rd attempt. It was his highest clearance in 3 seasons. He stopped and the mark gave him a first day total of 3519, 100 up on Van der Plaesten whose 2.08m/6-9¾ was a winner. European champ and steady local favorite Eelco Sintnicolaas was another 3 digits back setting up an interesting second day competition.

After Day One:

3519	Hardee, Trey/Nike-USA	6.75	734	1563	202
3419	Van der Plaesten, Thomas/BEL	7.24	778	1414	208
3416	Sintnicolaas, Eelco/NED	7.04	750	1466	202



Sintnicolaas, no better than 3rd at the break, used 3 solid performances to tally a world leading 6242 score.

Second Day, Feb. 15-Sunday

Hardee won the seeded section of the 60m hurdles on Sunday afternoon in 7.90 seconds, 26/100ths faster than both Sintnicolaas and Van Der Plaesten. His lead lengthened to 158 and 155 respectively.

Hardee still held the overall lead after the vault in spite of opening at 5.00m/16-4¾ (3rd attempt clearance), passing 5.10m/16-8¾ and missing thrice at 5.20m/17-¼. Then the wheels came off. Needing but 2:50.18 for a 6100 score he suffered severe leg cramps early in the race and could only hobble along. His final clocking of 3:15.16 netted a 5959 total, well below what was hoped for. Sintnicolaas and Van der Plaesten finished in 2:42.21 and 2:44.64 respectively and posted

the season's top pair of scores: 6242 and 6188. Both earned spots in the world championship 8 man field in Sopot.



Ashton Eaton's PR 5.35m/17-6 ½ got him 5th place at the NYC Armory Millrose Games. He was also 4th at the 60m hurdles in 7.67 seconds.



The American CE scene took a hiatus from the past two frenzied weekends where 45 indoor heptathlons were conducted for 448 athletes! Up next will be the USA nationals in Albuquerque and the first of 3 weekends

packed with collegiate conference title meets. Only 4 meets were completed by Saturday (2/8) with Notre Dame senior Ted Glasnow, Newhall, CA (**above**) holding the top score, a 5444 win at the Spire D-1 in Geneva, OH.

Most CEers spent the weekend tuning up the conference affairs. The Tyson meet in Fayetteville saw 7 who will be prominent in upcoming SEC/Big 10/Big12 heptathlons. Most impressive was the day that Wisconsin senior Jay Cato had which included a PR 5.55m/18-2½ vault clearance. Note:

	<u>60H</u>	<u>LJ</u>	<u>PV</u>	<u>SP</u>
Jay Cato/Wisc	8.09&8.07	7.50m	5.55m	
Jake Wolford/Tex	7.99&8.10			
Zach Ziemek/Wisc	8.40	7.20m	5.16m	
Kevin Lazas/Ark	8.45		5.01m	
Wolf Mahler/Tex	8.65	6.47m		
Nathanael Franks/Ark	8.75	6.89m		12.77m
Johannes Hock/Tex		7.14m		