

THE DECATHLON ASSOCIATION

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SMITH in NCAA D-II THREE-PEAT Wolken, Roethel Win National Titles

Hello Again.... The small college nationals were held over the weekend with outstanding results at all levels. The feature was J Patrick Smith's 3rd NCAA D-II title in Allendale, MI over a deep field. The Chico State senior was never headed after the 2nd event and ran up a career best 7645 tally.

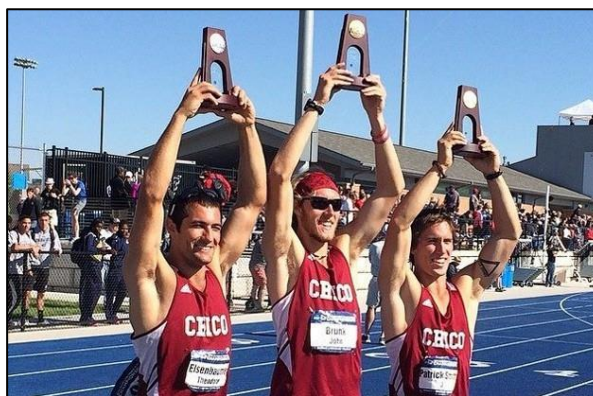
At other venues, Christopher Newport's redshirt senior Richard Roethel overcame a significant lead of Brandon Zarnoth/Wisc-Eau Claire to win the NCAA III crown in Delaware, OH and Doane College junior Kale Wolken posted an impressive 7416 score at the NAIA nationals in Gulf Shores, Alabama. All three national meets were favored with fine weather. Thirteen decathletes scored over 7000 points, 51 of 52 finished and 30 recorded lifetime best scores.



NCAA II- Allendale, MI
May 22-23, 2014

The story here was almost exclusively Chico. As athletes streamed in at the 1500m finish the chants of "Chico! Chico! Chico!" went up as the northern California school put an exclamation point on the event. A trio of seniors, J. Patrick Smith, Ted Elsenbaumer (7438) and John Brunk (7351) went 1-2-6 and all three recorded career best scores.

"The first one was kind of out of the blue," Smith said, a Santa Barbara senior, who won with a personal-best 7,645 points.



"The second one, I wasn't the favorite and the third one [here], I came in with a bullseye on A trio of Chico State, CA, seniors, Ted Elsenbaumer, Ventura, (left), John Brunk, Oakdale, (center) and J Patrick Smith, Santa Barbara, (right), were the focus of attention at the D-II champs in Allendale, MI.

my back. So it was pretty stressful, but I'm glad I had these two guys with me through the whole thing." Chico's big finish in the decathlon helped the school rack up a whopping 21 points and took the lead in the team points standings.

The expected battle between 2x outdoor winner Smith and 2x indoor champion Nick Lebron/Sn Connecticut did not materialize after Lebron recorded a pair of fouls in the long jump. He safed a 3rd jump but saw 200 points evaporate sending him to 12th place. It took the rest of the meet for the New England champ to climb back and he eventually finished 5th with a PR 7377 score. Emporia soph Payson Maydew was 3rd (7413) and Saginaw Valley's senior Tyler Grob (7384) finished 4th.

The Chico trio, all seniors, have known each other since competing against each other in high school. In fact, Elsenbaumer and Smith are roommates and Brunk lives next door. “It’s just like having two of your best friends in your corner,” Elsenbaumer said. “When you start to feel low, they pick you up. Decathlon is like a roller-coaster, there’s highs and lows. So to have your teammates there for you, it equalizes it for you.” Brunk crossed the finish line first in the 1,500, the final event of the decathlon, with a personal best of 4:23.90. “The 1,500 was a 12-second PR for me,” Brunk said. “I ran my ass off and gave it my all.”

It wasn’t as smooth for Smith and Elsenbaumer, who stayed together throughout the race “The 1,500 isn’t my best event, but it was my favorite today, though,” Smith said. “I didn’t quite believe it was going to happen [winning the event]. But I just followed this guy [looks over at Elsenbaumer]. He kind of tugged me the whole way.”

Smith said his best event is the long jump. Not only did he win it in the decathlon with a leap of 24-11 (7.59m), he finished fourth in the open event.

“JP had his first Javelin throw [Friday] go boing, over to the side,” Brunk said with a laugh. “That was stressful for him. But we were there for him. We’ve been together for a long time and we bring out the best in each other.” Indeed, the Chico performance had big implications for the 2014 Webb Cup.

NCAA III- Delaware, OH
May 22-23, 2014



Each time Stout’s Zach Anderson and Eau Claire’s Brandon Zarnoth faced one another in 2014 it was Anderson, a senior, who prevailed. At the NCAA III indoors, at the Phil Esten meet in LaCrosse and at the

WIACC champs in Oshkosh it was always: A first, Z second.

At Delaware (Ohio Wesleyan U) D-III outdoor champs it was junior Zarnoth, Appleton, WI, who was determined to turn the tables. He was comfortably ahead after 8 events before CNU redshirt senior Richard Roethel used a big javelin differential to take the lead, then hold on for the outdoor crown, 7086 to 7013. Anderson, Frederic, WI, was 3rd at 6932. All three scores were PRs.



(l-r): Matt Hunter/Ohio Wesleyan, Max Dunne/St Thomas, Pete Delap/Whitworth, Brandon Zarnoth/Wisc-Eau Claire, Richard Roethel/Christopher Newport, Zach Anderson/Wisc-Stout, Steve Sousa/Wisc-Whitewater, and Greg Peterson/Wisc-Eau Claire were D-III All Americans.

Roethel, Farmingville, NY, was one of 14 (out of 20 starters) who posted PR scores. Zach and Zarno...egad, yet another Wisconsin Double Z!

NAIA Champs, Gulf Shores, AL
May 22-23, 2014



Doane College soph Kale Wolken completed the CE double at the NAIA champs in Gulf Shores, AL. Having won the indoor heptathlon title, Wolken, Tecumseh, NE, the seasonal leader, was the prohibitive favorite and did not disappoint. He put ten workmanlike marks on the board and was in complete control while keeping a watchful eye on CSU-San Marcos senior Maurice Strickland, San Diego. Strickland put on a furious 2nd day effort and negative split his

score (3621-3724) on the way to a 400 point PR 7345 tally. His final 6 events included a 48.00 400m, 14.67 hurdles and 4.90m/16-3/4 vault.

Ghana's Atsu Nyamadi/Wiley soph, broke his own national record at 7201, and Benedictine (KS) Grenada freshman Lindon Victor, using big throws including a meet record disc (48.68m/159-4) was 4th at 6987.

All the NAIA scores were misleading since, unfortunately, headwinds were the order for two days. The 100m, long jump and hurdles were *all* conducted into significant headwinds. Typical were the marks for Austin Bastereccchia/College of Idaho whose score was hampered by -1.0, -1.2, and -2.4 mps winds. It cost him a 7K tally. A conservative estimate would add approximately 100 points to everyone's score making Wolken's 7416 that much more impressive. Of the 47 wind measured events one (ONE!) had a tail wind. One!



High jump style was *not* the order of the day at the NAIA in Gulf Shores. But Kale Wolken/Doane (top) managed 1.98m/6-6. Maurice Stickland/CSU-San Marcos (bottom) cleared 1.80m/5-10¾.

Americal Track League Results:			
5/24-San Marcos, TX			
400mH	Ashton Eaton-OreTC-e	49.69	2nd
	(splits: 22.51, 35.87)		
300m	Trey Hardee-Nike	33.97	7th
PV	Hardee [open at 5.20m/17-¾]	nh	
110mH	Miller Moss	13.92	-2.1

RESULTS:

5/22-23 NCAA III National Champs, Ohio Wesleyan U, Delaware, OH

7086	Roethel, Richard/C Newport'14	11.16+0.8
631-0.4	1269 199 51.02 15.28+1.4 3632 420 5719 4:49.67	
7013	Zarnoth, Brandon/Wisc-Eau Claire'16	10.84+2.5
662-1.6	1200 184 49.28 14.92+2.2 3668 430 4496 4:52.43	
6941	Anderson, Zach/Wisc-Stout'14	11.43+2.4
629-2.6	1157 190 50.03 15.28+2.2 3956 410 4712 4:28.53	
6801	Delap, Peter/Whitworth'14	11.09+2.5
648+1.9	1114 193 52.31 15.83+0.2 3650 440 4577 4:43.40	
6761	Sousa, Stephen/Wisc-Whitewater'15	11.32+2.4
657-0.5	1294 166 51.66 15.71+0.2 3618 440 5274 4:48.40	
6749	Dunne, Maxwell/St Thomas(MN)'14	11.26+2.4
643-2.0	1250 187 52.56 16.30+1.9 3622 440 4760 4:42.00	
6740	Peterson, Greg/Wisc-Eau Claire'15	11.31+2.4
632-0.8	1101 181 50.27 15.43+1.4 3550 430 4290 4:29.50	
6679	Hunter, Matt/Ohio Wesleyan'15	10.72+2.5
674-1.5	1040 184 50.58 14.79+2.2 2960 410 4108 4:51.85	
6581	Sisler, Dan/St Norbert'14	11.54+0.8
651-1.0	1369 190 52.05 16/19+1.9 4044 340 4709 4:52.65	
6549	Samsel, Adrian/MIT'16	11.04+2.5
641+0.5	1119 184 49.25 15.15+2.2 2863 380 3473 4:28.20	
6548	Cornelius, Devin/St John Fisher'16	11.06+2.5
618-1.4	1118 190 50.00 16.66+1.9 3002 420 4111 4:31.83	
6539	Kovalik, Alex/Mount Union'14	11.25+2.4
651-1.2	1004 181 50.80 15.71+2.7 2974 420 4617 4:36.72	
6539	Austin, Qientin/Carthage'16	11.98+0.8
620-0.4	1202 187 52.30 16.13+0.2 3290 430 5134 4:37.36	

6526 Wagner, Kevin/St Scholastica'16 11.24+2.5
615+0.1 1208 187 52.09 15.91+2.7 3435 410 4350 4:45.18
6507 Layng, Brian/Elizabethtown'14 11.61+0.8
609+0.9 1120 181 50.48 15.56+2.7 3597 410 4345 4:39.94
6356 Eisenberg, Joshua/Augustana (IL)'14 11.43+2.4
576+0.5 1202 187 50.89 16.28+0.2 3433 380 4088 4:34.37
6335 Clause, Cameron/Gustavus Adolphus'14 11.40+2.5
674-1.8 971 184 52.74 15.91+2.7 3292 420 3969 4:51.40
6057 Cooper, Stephen/Whitworth'14 12.00+0.8
593-3.4 1296 178 53.28 17.01+1.9 3717 330 5349 4:55.00
6005 Wainman, Eric/Bates'15 11.41+2.4
614-3.7 1134 187 51.15 15.22+1.4 nm 400 3752 4:28.29
4431 Eddy, Brandon/Baldwin Wallace'15 11.66+0.8
nm 1085 202 56.05 DQ 3635 460 3810 dnf
20s,20f.--last qualifier =6376

5/22-23 NCAA II National Champs, Grand Valley State U, Allendale, MI Fri 9:30 am

7645 Smith, J Patrick/Chico St'14 10.78+1.7
759+2.2 1292 192 49.64 14.78 3892 440 5125 4:37.33
7438 Elsenbaumer, Ted/Chico St'14 10.77+1.7
713+1.1 1250 183 48.86 16.01 4278 450 5060 4:34.83
7413 Maydew, Payson/Emporia St'16 11.13+3.7
671+1.2 1292 195 49.87 14.93 3641 460 4959 4:25.97
7384 Grob, Tyler/Saginaw Valley St'14 11.04+1.7
678+0.7 1443 195 49.85 15.68 3832 470 4399 4:34.20
7377 Lebron, Nick/S Conn St'15 11.07+3.7
617+2.9 1288 198 49.42 14.49 4131 440 4477 4:25.40
7351 Brunk, John/Chico St'14 11.11+3.7
705+1.2 1039 192 48.56 15.66 4101 460 4637 4:23.90
7189 Thomas, Cody/Alaska-Anchorage'15 11.02+1.7
688+0.2 1196 198 48.21 15.23 3768 390 4925 4:44.57
7006 Rich, Matt/TAMU-Commerce'15 11.13+3.7
707+3.2 1171 177 50.83 15.03 3564 470 4599 4:52.21
6912 Schrod, Dillon/Neb-Kearney'15 10.92+1.7
686+1.9 999 204 49.48 14.46 3154 400 4302 4:57.39
6858 Seitz, Blake/C Missouri'17 11.51+3.7
654+1.9 1387 192 52.52 16.72 3791 430 5402 4:49.44
6856 Schiemann, Christian/Fla Tech-GER'17 11.34+3.7
679+1.2 1228 186 52.71 15.48 3600 490 5152 5:21.35
6616 Golubovic, Don/UC-San Diego'17 11.83+3.7
604 0.0 1135 183 54.18 15.20 4406 460 4649 4:55.86
6601 Nungress, Hendrik/TAMU-Commerce'17 11.84
+3.7 645+1.4 1401 177 54.05 16.67 4086 420 5853 5:04.67
6495 Pearson/Seth/Angelo St'15 11.25+1.7
666+1.6 1225 177 52.76 15.58 3798 380 4850 5:09.59
6489 Boyls, Dalton/Angelo St 11.28+1.7
697+2.5 1050 165 49.07 15.16 3009 380 3887 4:33.62
6367 Fawley, Justin/Hillsdale'15 11.27+3.7
623+2.5 1062 195 51.48 14.95 2963 420 3431 5:00.98
16s,16f. Last qualifier = 6706, 7000 auto, 6200

provisional

5/22-23 NAIA National Champs, Mickey Miller Blackwell Stadium, Gulf Shores, AL

7416 Wolken, Kale/Doane'16 11.08-1.9
704 0.0 1236 198 49.39 15.54-2.0 3708 450 5711 4:44.94
7345 Strickland,Maurice/CSU-San Marcos'14 11.26-1.9
637 0.0 1211 180 48.00 14.67-1.7 3891 490 5218 4:38.24
7201 Nyamadi, Atsu/Wiley-GHA'16 11.58-1.9
730 0.0 1373 189 50.12 15.16-2.0 3056 350 6648 4:32.19
6987 Victor,Lindon/Benedictine(KS)-GRE'17 11.56-1.9
655 0.0 1356 192 50.86 16.69-1.7 4868 360 6598 5:11.69
6954 Basterrecha, Austin/C of Idaho'14 11.75-1.9

691-1.2 1171 201 49.92 15.99-2.4 3301 410 4580 4:20.05
6700 Turner, Kameron/Embry-Riddle'14 11.55-1.9
634-2.3 1217 180 51.40 16.38-1.7 3995 470 5618 5:20.66
6384 Bullock, James/Embry-Riddle'16 11.32-1.9
689-1.6 1013 195 54.75 17.70-1.7 3301 470 4574 5:06.39
6286 Neal, Caleb/Oklahoma Baptist'15 11.56-1.9
644-2.7 1202 168 53.29 15.64-2.4 3771 420 4540 5:16.09
6136 Wiechman, Lucas/Concordia(NE)'17 11.76-1.9
620-2.4 1133 171 52.44 16.42-1.7 2873 460 4702 5:06.59
5971 DePeal, Mason/Indiana Wesleyan'16 12.07-1.9
617-1.3 1146 183 51.86 17.23-2.4 3648 330 4754 4:57.16
5967 Connealy, Jacob/Benedictine(KS)'15 12.45-1.9
629-1.2 1129 192 55.11 16.93-1.7 3442 360 5142 4:59.71
5885 McCord, Ted/Park U'15 11.57-1.9
633+0.3 987 174 49.96 15.09-2.0 2765 290 3642 4:46.90
5843 McCollum, Ben/Westmont'15 11.93-1.9
647-2.0 970 180 50.71 16.79-1.7 2611 340 4283 4:47.33
5639 Wallace, Will/Benedictine(KS)'16 12.01-1.9
553-1.8 1048 168 51.82 16.59-1.7 2888 420 3589 4:59.73
5574 Ramos, Brandon/Concordia(NE)'16 11.76-1.9
627-1.9 970 183 54.28 16.04-2.0 3127 470 2104 5:58.73
dnf: Fox, Deon/Cornerstone'16[11.82-1.9 608-3.0
withdrew],16s,15f.---final qualifier 5947 ---.