

THE DECATHLON ASSOCIATION

DECA Newsletter

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FRENCH CUISINE

Sossah 7821 at ACC, Randolph Wins Mt SAC R

Hello Again.....this week at the Atlantic Coast Conference meeting in Miami Carolina's 6-5 Frenchman Mateo Sossah took over the collegiate lead from 6-9 Frenchman Camille Vandendriessche with a huge PR 7821 score. Sossah, 21, a junior from Mons-en-Baroeul who red-shirted the '08 outdoor and '09 indoor season, had no trouble handling a wacky ACC meeting in Miami, Florida on April 16-17. Meet prognosticators had forecast a three way affair among soph Olympian Gonzalo Barroilhet, 22, his Florida State teammate Pelle Reitveld, 24, a 7955 Dutch performer, and the talented and returning Brent LaRue, 21, a Wake Forest junior.

Yet Gonzo has not competed outdoors yet (?), LaRue was injured and no-marked in the long jump and Reitveld failed to finish his 110m hurdle race. When the dust cleared the last men standing wore Carolina Blue. Sossah, who was 9th at the 2007 NAAs as a freshman and Dan Keller, 22, a senior from High Point, NC, went 1-2 as both PR'd with 7821 and 7535 scores. Sossah's was 2009's initial NCAA D-I auto qualifier (7550).

A pair of Tylers, Clarke and Dodds, (who, incidentally, having virtually identical namesake decathletes, both at Northern Iowa) were 3rd and 4th at the ACC which, in many ways was a mirror image of the Mount Sac Relays held at Azusa the day before. There too thee of the top name performers were not around at the finish. Washington Freshman Jeremy Taiwo recorded a trio of fouls in the



UNC's Mateo Sossah, (l) who had spent 12 months as a red-shirt, piled up a 7821 score to win the Atlantic Coast Conference affair in Miami. Chris Randolph/CNW (r) won the Mount St Relays with 10 workmanlike marks.



long jump. 8175 performer Mustafa Abdur-Rahim saved a tender shoulder and stopped after winning the hurdles and discus. And Missouri's Nick Adcock no heighted in the vault. Left standing at the finish was CNW vet Chris Randolph who posted a fine 7636 score. 13 scored over 7000 in the Relays portion, with the top collegiate score belonging to Lars Rise/Missouri at 7371. Oklahoma grad Mitch Henry won the 31 man California Invt. field, also at Azusa, with a 7089 score. In all Azusa ran thru 47 athletes as 38 finished.

The week's other meets offered notable NCAA/NAIA qualifiers. Josh Lovell won the Northwest Conference champs in Tacoma with a D-III leading 7003 PR effort. Minnesota's Joey Schwecke won the Kansas Relays with a PR 6907 as teammate R.J. McGinnis did not start. Liberty's Dan Newell



At the ACC in Miami a pair of favorites, Wake's Brent LaRue (l) and Florida State's Pelle Reitveld (center) failed to finish. UNC's Dan Keller got a PR score for 2nd.

was the Big South Conference winner with a PR 7255, a mark that will surely be on the NCAA D-I bubble in a month. Meanwhile Kansas State frosh Mantas Silkauskas' 7414



Linfield's Josh Lovell posted the highest NCAA D-III effort, 7003, to capture the Northwest Conference crown.

score was good enough for the win at LSU, Mike McCarty/Miami(OH) became the All Ohio champ with a 6719 score on his home track in Oxford. Brian Blumenstein and Mike Miller went 1-2 sweep at the Colonial AA champs meet in Towson, MD on the way to the team title.

One final addendum to last week's newsletter which introduced the new deca term: 'beach.' We should have added 1980's decathlete Robert Fournier, to our list of consistent 1500m men since he career average 4:11 (PR 4:01). Add: 'fourniered' to our historical terms.