

THE DECATHLON ASSOCIATION

DECA Newsletter

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DWYER TOMAHAWKS 49er MEET Beach's 4147 #2 HS Indoor Pentathlon

Hello Again....the mid-March transition from indoors to out provides us with this week's news. The outdoor season is under way and the first full weekend (March 19-21) of decathlons netted an early NCAA provisional by Miami's (OH) Kevin Dwyer. The 23 year old RedHawk senior from Arlington Height, IL has not made a reputation running 1500s. Yet his first nine events were solid at Charlotte's 49er Classic (23 starters!) and his 5:18.25 *was* a PR. Added to 4 other lifetime bests Dwyer, who sweated out last year's NCAA invite until the final week, virtually guaranteed himself a ticket to June's NCAA affair in Fayetteville with a 7452 score, a 212



A pair of 23 year old seniors made most of the outdoor news over the weekend. Kevin Dwyer/Miami, OH (left) won the 49er Classic in Charlotte with a D-I provisional 7452. Ryan McWilliams/Angelo St (right) won the ASU Multis with a D-II auto 7143 score.

point lifetime improvement. Dwyer won the Clemson Relays, All-Ohio and Mid-American crowns in 2008.



Curtis Beach's 2:30.98 was the 4th fastest multi 1K ever run undercover and it pushed him to a 4147 score at the Armory.



Nathan Capps/Idaho State won another large meet at Northridge, CA. Capps's 6790 led another 26 starters as 4 of the major contenders did not finish.

Meanwhile the prep indoor season concluded recently with a pair of national pentathlons. On March 17 Neaman Wise (5-8, 150) of Altamonte Springs, FL won the Nike Indoor Nationals at the Reggie Lewis Center in Boston. His fine 3805 score (8.24 666 1318 185 2:46.64) topped a field of 29(!). Yet the major prep news was not in Boston but in New York where Albuquerque's Curtis Beach ran up the #2 prep score ever, 4147 (8.26 668 1369 198 2:30.98) to win the National Scholastic Indoor Champs at the Armory. His score has only ever been topped by Donovan Kilmartin's 4303 effort. Beach, a senior at Albuquerque Academy, has

somewhat filled out his 6-2 frame, and has made a reputation scorching the final event. His fanciful 2:30.90 1000m made believers of a large crowd. It's just great to see all the hard work I've done over the years pay off like this," said the Duke University bound Beach. "To score that many points is really unbelievable, but it just goes to show that if you just put the time into something and focus on executing each



Curtis Beach managed 1.98m/6-6 on way to his prep pentathlon win.

event one at a time, anything is possible."

Last year, Beach won a tiebreaker after he and best friend and training partner Dan Gooris of Cibola, Albuquerque each scored 3,866. "This year I just tried to do better in each of my events than I did a year ago," said Beach who was 3rd at the USA Junior decathlon a year ago with 7026 points. "I knew if I did that, I'd do pretty well."

All-Time US Prep Pentathlon List

4303 -	Donovan Kilmartin, Eagle CO,	2003
4127 -	Curtis Beach, Albuquerque NM,	2009
4120 -	Darius Pemberton, Hackensack NJ,	1993
4011 -	Brian Kelley, Attelboro MA,	1990

Beach, who has big league size and the endurance of a Joe Detmer/Robert Baker, came back a day later to clock 1:52.72 for 5th place in the boy's 800 meters. Just as impressive was the *interest* in the boys pentathlon over the weekend as 53 went to the starting lines and 31 exceeded 3000 points. That's a lot of depth and we should get a commensurate interest

and efforts outdoors, at the USA Juniors, Junior Olympics and World Youth Trials.



World Youth Trials

Just as a reminder, allow us to remind those interested in competing in the 2009 World Youth Games, that USATF recently revised and announced qualifying procedures. For the first time the USA team will be selected based on performances at the team trials event—*World Youth Track and Field Trials*—which will be conducted less than two weeks before the 8th annual 2009 World Youth Championships to be held July 8-12 in Bressanone, Italy.

The multi for men is an Octathlon. The 2009 World Track and Field Trials will be held on June 30-July 1 in Ypsilanti, Michigan in conjunction with the first two days of the USA Youth T&F Champs. Selection criteria and additional info can be found at:

www.usatf.org/events/2009/WorldYouthAthleticsTrials.

As always, we recommend you check results on our separate 'Results Page' post.