

SUDBECK^{NAIA}, PLY^{NJCAA} ON TOP

Duckworth 2nd at Euros, NCAAs Next

Hello Again..... We are now engaged in the national championship stage of the indoor heptathlon season. A pair of nationals, NAIA and NJCAA, were held over the weekend. The coming week will see the three NCAA divisions conduct their nationals and a pair of prep nationals are also on the docket.

Doane University junior Levi Sudbeck (Hadar, NE), was an upset winner at the NAIA indoor heptathlon in Brookings, SD (2/28-3/1). A veteran field (nine returnees) lined up at South Dakota State including defending champion Winston Lawson of Vanguard and runner-up Pieter Top of Westmont. Seasonal leader Cody Williams, a soph from Neb-raska's Concordia was also in the hunt but Sudbeck exhibited notable improvement in vault skills (from 4.30m/14-1¼ to 5.00m/ 16-4¾). By the time the vault was completed Sudbeck had caught the entire field and owned a 62 point margin on Williams and 151 on Lawson. He stayed reasonably close in the 1k and the final tallies read: Sudbeck 5273; Williams 5231; Lawson 5143. Westmont's Top used middle distance skills (2:37.54) to close the gap and was just 6 points back of Lawson at the finish.

Ninth in the previous pair of indoor nationals, Sudbeck improved in each of the seven disciplines over his 2018 performance. The win by Sudbeck represented the 5th for Doane in the past 7 years.

The national junior college meet in Pittsburg, KS (3/1-2) was entirely a two man affair. Central Arizona soph Jonathan Ply and



Doane junior Levi Sudbeck PR'd by more than 200 points and was the upset winner over a veteran NAIA field.



Mesa CC soph Marcus Naisant split the first six events with the latter holding a 14 point lead. But Ply's 20 second margin in the 1000m gave him a 187 point win, 5350 to 5163.

Current NCAA I indoor champ Tim Duckworth, Kentucky'18, who competes for Britain, was runner-up at the European indoor champs in Glasgow (3/2-3) with a nifty 6156 score. Eye-opening was an 7 second PR in the 1000m (2:49.44). He finished 62 points back of Spain's Jorge Urena.

Friday-Saturday, March 8-9 find the NCAA I champs in Birmingham, AL; the D-II meet in Pittsburg, KS, and the D-III champs at the Reggie Lewis Center in Boston.



2018 NCAA champ (i&o) - left, was Euro runner-up while Jonathan Ply (right) was the NJCAA winner.



NCAA II Accepted Entries

Valentin Charles	FR TAMU-Kingsville	5568
Alexandros Spyridonidis	FR Angelo St	5397
Harry Maslen	SR Angelo St	5355
Trpimir Siroki	FR Angelo St	5329
Kevin Schultz	SR NW Missouri	5309
Johnathon Harper	SO TAMU-Kingsville	5289
Kodiak Landis	SR Central Washington	5228
Dragan Pesic	SR Angelo St	5228
Jack Curtis	SR Minn St-Mankato	5225
Spencer Jahr	JR Colorado Mesa	5214
Trey Miller	FR Central Missouri	5210
Braydon Maier	SO Central Washington	5198
Robert Sullivan	SR Wayne St. (Neb.)	5177
Darius Berry	SR Wheeling Jesuit	5173

-scores adjusted for track configuration

**NJCAA Results:****3/1-2 NJCAA, Pittsburg State College, Pittsburg, KS**

5350	Ply, Jonathan/C Arizona'21	7.51 679 1134 206 8.51 450 2:43.65
5163	Naisant, Marcus/MesaCC'21	7.03 696 1265 197 8.57 390 3:03.38
4649	Whitfield, Tahj/Barton CountyCC'21, 4518 Brown, Tanner/Cloud County'21, 4461 Hubbard, Makel/MesaCC '22, 4455 Vann, Nathan/CowleyCC'21, 4309 Armstead, Devontae/Coffeyville'21, 4306 Whitcomb, Jonathan //IAWestern'21, 4300 Ambrose, Kaleb/Barton County'21, 4202 Sylvester, Jon/Coffeyville'21, 4126 McClay /Juba/Mesa'22, 3968 Moore, Erik/ Coffeyville'22,3840 Nation, Jared/Paradise Valley'22, 14s,13f.	

NAIA Results:**2/28-3/1 NAIA, South Dakota St, Brookings, SD**

5273	Sudbeck, Levi/Doane'20	7.40 622 1131 199 8.44 500 2:51.46
5231	Williams, Cody/Concordia(NE)'21	7.31 671 1012 190 8.40 480 2:49.57
5143	Lawson, Winston/Vanguard'18	7.19 666 1118 202 8.30 370 2:49.52
5137	Top, Pieter/Westmont'20	6.92 648 1061 175 8.30 400 2:37.54
4977	Wrzesinski, Cleet/Dickinson St'21	7.11 710 795 193 8.40 350 2:44.30
4967	Dotson, Joe/Sn Oregon'19	7.47 631 1137 181 8.78 450 2:43.99
4903	Malone, Josh/Carroll(MT)'21	7.35 702 1189 196 8.70 350 2:59.71
4850	Kostelecky, Kristop/C of Idaho'20	7.40 680 1078 196 9.33 380 2:46.66
4840	Gustafson, Cadin/Friends'21	7.27 705 971 178 8.83 380 2:46.65
4822	Lamb, Logan/Baker'20	7.23 657 957 187 8.55 380 2:51.50
4722	Griffith, Ezra/Bethel(IN)'19	7.09 605 1170 187 8.52 420 3:21.28
4667	Nemitz, Jackson/Westmont'19	7.48 599 1147 175 8.82 400 2:46.54
4619	Connealy, Jeremiah/Benedictine(KS)'20	7.43 635 1094 190 9.40 430 3:06.65
4587	Behme, Sebastian/Spring Arbor'20	8.56 612 927 181 9.17 440 2:50.37
4404	Alvarez, Marcus/Westmont'19	7.38 633 1086 175 9.62 350 2:49.17
dnf	Dickmader, Julius/Doane'20	7.27 585 1002 160 16s,15f.