

THE DECATHLON ASSOCIATION

DECA Newsletter

Volume XXXXI

Number 31

May (9), 2016



WARNER IN 2nd WIN

Taiwo (8203) 4th, Scantling (8107) 7th



Hello Again...It rained overnight but day two in Voralberg broke overcast with nice temps but with rain forecast for 2 pm and onwards. Uh oh. Damian Warner handled not only the rain but 30 other competitors to win his 2nd Götzis title. His winning total of 8523 was well off his career best. Kevin Mayer/FRA topped defending champ Kai Kazmirek/GER for their runner-up spot. Two Americans, both making their outdoor debut, were always in the mix. Jeremy Taiwo moved up from 6th a year ago to place 4th while Garrett Scantling was seventh.

The meet was also hampered by that dreaded idiom.....‘dnf.’ One never made it past the warmups, 31 started and but only 19 were around at the finish.

41st Hypo-Bank Meeting
Mosle Stadium
Götzis, Austria
May 28-29, 2016



110m Hurdles: [10:05- 10:25 am]

At 10:01 am the sun appeared for the five sections of the hurdles. Approximately 3500 were in attendance making enough noise that one could not hear the 10 am church bells from the nearby villages.

In the first race Jiri Sykora/CZE caught Fredik Samuelson/SWE at the 8th hurdle and won going away 14.36 to 14.52, both PRs.What a start!



Damian Warner spun a 2nd Götzis Victory which included a world record 100 meters.

In the second race Switzerland’s Jonas Fringeli won comfortably in 14.54 over Niels Pittomvils/BEL, 14.77.

Jeremy Taiwo drew lane 5 of the 3rd race. Britisher John Lane won in 14.47 and Taiwo, knocking most of the later hurdles, was 3rd in a solid 14.69 seconds. Wind - 0.5mps).

Section # 3

<i>Pl</i>	<i>name</i>	<i>nation</i>	<i>lane</i>	<i>reaction</i>	<i>time</i>	<i>points</i>
1.	Lane	GBR	2	0.136	14.47	915
2	Pretorius	RSA	3	0.129	14.50	911
3	Taiwo	USA	5	0.144	14.69	887
4	Bryant	GBR	4	0.174	14.70	886
5.	Wiesiolek	POL	6	0.130	14.97	853

In the 4th race Garrett Scantling was in lane 5 with Kevin Mayer/FRA to his right. Mayer, who had the day’s slowest reaction time, outraced Scantling over the last 4 barriers winning in a PR 14.06 with Scantling clocking a PR 14.15. It was the most competitive race.

Section # 4

<i>Pl</i>	<i>name</i>	<i>nation</i>	<i>lane</i>	<i>reaction</i>	<i>time</i>	<i>points</i>
1.	Mayer	FRA	6	0.197	14.06	967..
2	Scantling	USA	5	0.160	14.15	955
3.	Disterberger	AUT	2	0.161	14.45	917

4	Helcelet	RSA	3	0.111	14.57	902
5	Braun	NED	4	0.131	14.59	900

Damian Warner ran off to an impressive 13.72 win in the 5rd race as no one else broke 14 seconds. He padded his overall lead to 76 points.

A word record of sorts was set in the 5th and final section where Spain's Jorge Urena recorded a reaction time of 0.100 seconds...the legal limit.

After Six: Warn 5435, Kazm 5359, Taiw 5260, Maye 5153, Syko 5140, Scan 5120.

Discus: [11:12 am – 11:52 pm]

During this event the battle for first shaped up between Warner and Mayer. The Frenchman's 48.99m/160-8 first round PR made everyone step up and take notice. Warner answered in round #2 with a fine 47.79m/156-10 toss as they left the competition behind. Taiwo's first throw was a flub but he managed 42.14m/138-3 in round #2. Scantling spun a nice 47.47m/155-8 PR in round #1.

Austrian Dominic Distelberger won Group B (outside the stadium) with a 43.93m/144-1 mark. 23 athletes remained to start the vault.

After Seven: Warn 6259, Kazm 6015, Maye 6002, 5968 Taiwo, Scan 5938.

Pole Vault: [B: 12:50 – 3:29 ; A: 12:50 – 3:26 pm]

The drizzle (more like a spritzing) began during the vault warmups but never influenced the early vaults. In Group A Taiwo opened with a ragged clearance at 4.50m/14-9 but it took 3 try to clear 4.60m/15-1, a move that involved a pole change and an adjustment to the plant. Scantling opened at the same height w/o a problem.

At 4.70m/15-5 Jeremey actually stutter-stepped 3 steps out but again smoked the bar...looking like a 5.00m (his PR vault). At 4.80m/15-9 the umbrellas came out and an early clearance here could help. On first trys Scantling cleared, but Taiwo bailed. Some athletes who had intended to open at higher bars changed their mind during the rain and picked up their vaulting poles.

While on the runway for his 2nd attempt the skies opened scattering athletes, spectators and officials. The event was stopped while Group B of the heptathlon javelin continued. At this point Warner had a 4.70m in the books but Mayer (who had intended to open at 5.00m/16-4³/₄) had nothing. Huddled under infield tents, meet officials tried to wait out the weather. At 2:10 pm the rain lightened and the event resumed in a drizzle.

As cool as you please Taiwo was over on the first resumption bar. Whew. Warner's 3rd attempt at 4.80m/15-9 was unsuccessful opening the door to Kazmirek and Mayer.



Jeremy Taiwo (left) must have thought he was in Seattle since almost all of his attempts in Götzis, including a 4.90m/16-³/₄ clearance, were accompanied by rain.

We lost about a third of the crowd in the interim. At 4.90m/16-³/₄ Taiwo contined the late shortened step and had no problem. Scantling and Kazmirek immediately followed with a clearances. Going to 5.00m/16-4 ³/₄ six remained.

Mayer opened here and his first attempt, where a clearance would carve 90 points out of Warner's lead, proved no problem and he was now 166 off the lead. The heavy rain returned on Taiwo's 2nd attempt (unsuccessful) and the event was stopped again(at 2:37 pm). This time it really rained.

Jeremy and Garrett were dropped and the remaining four (Mayer, Disterberger,

Kazmirek and Pittomvils) went to 5.10m/16-8 ¾. At this point Kazmirek (6925) and Mayer (6912) were virtually tied with both would try to cut down Warner's lead by approximately 30 points per bar.

Kazmirek was eliminated but Mayer passed 5.10m/16-8¾ and at 5.20m/17-¾ he missed twice. On his third try (conditions were actually drying out) he misseed badly and any chance of an upset was gone. He would fight Kazmirek for the silver and Warner was solid for the gold. Pittomvills remained at 5.30m/17-4½, a bar he could not handle.

In Pit B the 21 year old Czech Jiri Sykora was making a play for the meet's "Rookie" honor when he negotiated 4.60m/15-1. There Jorge Urena/ESP won at 4.80m/15-9.

After Eight: Warn 7078, Kazm 6925, Maye 691, 2Taiw 6848, Scan 6818.

Javelin: [Group B: 3:45-4:13 pm/Group A: 4:43 – 5:22 pm]



France's Kevin Mayer used a big spear to put himself into contention but couldn't handle Damian Warner in the 1500 meters.

Group B (lower scorers after eight events) led off and the field was won at 66.47m/218-1 by Ashely Bryant/GBR. The air temps grew chilly, now in the low 50s°

While Breanne Theissen-Eaton was winning her 3rd Gotzis title with a solid 800m Jeremy Taiwo opened Group A with a 52.20m/171-4, within 1 inch of his best mark since 2009! Mayer's 60.58m/198-9 was a tad better than Kazmirek's 57.83m/189-8 and he moved in front of the German by 32 points. Scantling's solid 62.22m/204-1 moved him to

2nd in the event behind Adam Sebastian Heleclet's 65.25m/214-1.

There was plenty of drama in round #3 where Taiwo's spear hit the foul line at 57m(a 4 meter PR, but a foul! The loss amounted to a 60 point loss. Warner came up with a 58.72m/192-8 effort. Mayer calmly nailed a 65.77m/215-9 PR and Warner's lead was now



The javelin by Kai Kazmirek was not enough to have him contend for the gold medal. The defending champ placed 3rd here, one of one two Germans who finished. 6 started!

60 points (10 seconds in 1500m). Heleclet then won the group at 67.11m/220-2 bring up Scantling, throwing last in the order. His toss was high enough to bring rain and long enough to bring the crowd to its feet, well over 67m and a PR. But, with plenty of room to spare at the board and while following the flight just walked over the line!!!The PA announcer chided him with a "What are you doing, Garrett.?" No mark!!! The snafu cost him approximately 75 points, 75 he would need later!! It ultimately cost him @\$2000 in prize money!

After Nine: Warn 7797, Maye 7737, Kazm 7627, Scan 7589, Taiw 7469 (20 pts lower than last year at same point), Dist 7458.

1500 meters: [6:00 – 6:05 pm]

The race, with all 19 athletes, developed into 2 or 3 stories. Several were attempting to reach an Olympic qualifying score (8100) and so they pushed the pace. Niels Pittomvils/BEL forced the pace needing a fast time. The same for Distelberger/AUT

who also had a chance to catch Scantling for 5th place.

But the major story was the 10 second differential between Warner and Mayer and the former never let the latter get away and stormed past the Frenchman in the stretch to make an exclamation point on who owns this meet. When the dust cleared 2 new 8100 scorers were headed to Rio (Disterberger and 'Rookie' winner Sykora, Pittomvils fell short). Warner had a a 2½ second margin over Mayer for an 8523 win, Taiwo had an 8203 score moving up from 6th to 4th from a year ago with a score exactly 100 points (8203) lower. And Scantling's weak 1500m performance netted an 8107 performance but he lost 3 places (and \$3500 in prize money) with a 5:07.32 1.5k.

After Ten: Warn 8523, Mays 8446, Kazm 8318, , Taiw 8203, Dist 8175, Syko 8123.

1500m Pace Data:

	<i>Time</i>	<i>400msplit</i>	<i>leader</i>
3 laps to go (300m)	56.0		Pittomvils
400 m	71.5	71.5	"
2 laps to go (700m)	2:07.0	71.0	"
800 m	2:24.7	73.2	"
1 lap to go (1100m)	3:19.7	72.7	"
1200m	3:36.0	71.3	"
1500m	4:24.60	74.9	Urena

RESULTS:

5/28-29 42 Hypo-Bank Meeting, Mosle Stadium, Götzis,

Austria

8523	Warner, Damian/CAN	8695	10.15+1.1
712-0.2	1464 200 47.13 13.72-1.1	4779 470 5872	4:32.83
8446	Mayer, Kevin/FRA	8521	10.92+0.3
732-0.2	1522 200 50.07 14.06-0.6	4899 500 6577	4:35.45
8318	Kazmirek, Kai/GER	8471	10.62+1.1
745-0.6	1405 206 47.01 14.25-1.1	3956 500 5763	4:38.32
8203	Taiwo, Jeremy/USA	8303	10.89+1.1
730+1.0	1484 218 49.25 14.69-0.5	4214 490 5220	4:31.62
8175	Distelberger, Dominic/AUT	8168	10.71+1.1
725+0.3	1376 194 48.47 14.45-0.6	4393 500 5997	4:34.21
8121	Sykora, Jiri/CZE	7927	10.86+1.1
741+1.6	1419 200 48.97 14.36 0.0	4521 460 5864	4:36.47
8107	Scantling, Garrett/USA	8232	10.66+1.1
694-0.7	1562 200 50.38 14.15-0.6	4747 490 6222	5:07.32
8059	Braun, Pieter/NED	8197	11.11 0.0
740 0.0	1475 200 49.28 14.59-0.6	4465 460 5570	4:27.06
8056	Bryant, Ashley/GBR	8141	11.08+1.3
758+0.8	1328 200 49.54 14.70-0.5	4348 440 6647	4:29.75
8051	Pittomvils, Niels/BEL	8049	11.15+0.3
724+0.3	1340 200 50.14 14.77-0.7	4443 520 5789	4:30.85
8050	Helcelet, Adam Sebastian/CZE	8252	10.96+1.3

721+2.6	1452 200 50.23 14.57-0.6	4647 440 6711	4:40.99
7985	Urena, Jorge/ESP	7983	10.93+1.1
747+1.6	1271 203 49.42 14.24-1.1	3751 480 5561	4:24.60
7862	Fringeli, Jonas/SUI	7829	11.17+0.7
703+1.3	1330 200 48.87 14.54-0.7	4141 480 5303	4:25.41
7838	Nowak, Tim/GER	7827	11.09+0.7
689-1.9	1407 194 50.29 14.82 0.0	4515 460 6032	4:28.84
7815	Samuelsson, Fredrik/SWE	7884	10.98 0.0
740-0.3	1402 200 49.94 14.52 0.0	3920 460 5551	4:41.11
7738	dos Santos, Felipe/BRA	8019	10.50+1.1
746+0.7	1327 194 49.34 14.38-1.1	4003 440 5563	4:58.96
7675	Pretorius, Fred/RSA	7764	10.96 0.0
713-0.9	1288 191 49.57 14.50-0.5	4022 470 5126	4:31.33
7584	Savola, Elmo/FIN	7743	10.83+1.3
692+3.3	1301 197 49.79 14.98-0.7	4365 460 5720	5:02.15
6412	Brock, David/AUS	7730	11.52+0.3
662+2.3	1411 200 51.43 15.66 0.0	3953 nh 4962	4:46.31
dnf	Oiglane, Janek/EST	7949	11.31+0.7
704-0.7	1412 203 51.27 15.14-0.7	3619 nh 6502	dns
dnf	Wiesiolek, Pawel/POL	8140	10.81+1.3
682+0.7	1374 200 50.15 14.97-0.5	4102 440 5360	dns
dnf	Lane, John/GBR	7922	10.74+1.1
730+1.0	1348 197 48.59 14.47-0.5	3660	withdrew
dnf	Coertzen, Willem/RSA	8398	11.07+1.3
712+2.9	1373 185 dnf 14.56-1.1	withdrew	
dnf	Tsernjavski, Taavi/EST	7744	11.46+0.7
613-0.8	1360 185 50.64	withdrew	
dnf	Deuber, Jan/SUI	7206	11.04+0.3
691+0.3	1220 188	withdrew	
dnf	Auziel, Bastien /FRA	8147	11.14 0.0
692-0.5	nm 194	withdrew	
dnf	Garcia, Yordani/CUB	8496	10.65+1.1
658+2.1	nm	withdrew	
dnf	Abele, Arthur/GER	8477	10.83+1.1
757+1.0	nm	withdrew	
dnf	Freimuth, Rico/GER	8561	10.71+1.1
nm	nm	withdrew	
dnf	Knobel, Jan Felix/GER	8288	11.23 0.0
nm	1489	withdrew	
dns	Rietveld, Pelle/NED		dns
31s,19f.			