

THE DECATHLON ASSOCIATION

DECA Newsletter

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INDOOR SEASON UNDERWAY

Schneider's 5497 Leads List

Hello Again.....The lightly scheduled second weekend of the new year produced several significant marks. Most notably, Notre Dame senior Justin Schneider, Atlanta, 22, upped his indoor PR at the low key Bob Eubanks meet at Grand Valley State University in Allendale, MI. Schneider won all 7 events including PRs in the 60m (7.31), long jump (6.84m/22-5¼) and vault (4.80m/15-9) to raise his hept best by 158 points to a season leading 5497. With significant running skills (2:33.25 1k) he's a threat to be one of the 16 NCAA I qualifiers in March. So is Idaho State senior Sam Pierson, Pueblo, CO, who vaulted into the collegiate picture with a significant PR 5320 win at the Snake River Open in Pocatello. With a vault reputation (2010 Big Sky indoor champ with 5.37m/17-7¼ best), Pierson, 5-11, entered the hept vault after everyone else had finished, made 4.90m/16-¾, then passed 5.00m/16-4¾ and 5.10m/16-8¾, before nailing both 5.20m/17-¾ and 5.30m/17-4½. His victory led a 1-2-3-4 Idaho State sweep.

At the Wisconsin Badger pentathlon in Madison both senior Dave Grzesiak (3896 and USATF qualifying score)) and redshirt frosh Japeth Cato (3821) opened the season with top scores. Grzesiak started the final event 15 points down but prevailed (2:44.31) to win his 4th consecutive win at this opener. Tom FitzSimons, Sr, Mt St Mary's, won a low key meet in Annapolis (5198) while Zac Preble (NCAA D II 2020 runner-up) won



Sam Pierson/Idaho State (above) cleared 5.30m/17-4½ on the way to winning the Snake River Open with 5320 points. Notre Dame senior Justin Schneider (left) got he season's top early score with a 5497 effort at Grand Valley St.

virtually every event at a homecoming (Super 8) meet in Bemidji, MN.

2011 Indoor Qualifying Standards			
			
USA nationals:	5450	hept	8
	7700	dec	
	3850	pent	
	[Window Jan 2, 2010 – Feb 27, 2011]		
	<i>automatic</i>	<i>provisional</i>	
NCAA I	5675 pts		
NCAA II	5192 pts	4600 pts	
NCAA III	3700 pts	3350 pts	
NAIA	Top 16	3750min	
	[Window Current indoor season]		