

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## PAPPAS 3<sup>rd</sup> at DECASTAR Kasyanov, Pahapill edge American

**Hello Again....**Tom Pappas, 33, completed a fine comeback season with a 3<sup>rd</sup> place finish at the 24<sup>th</sup> DecaStar competition in France's Bordeaux wine country. Pappas, holding the slightest of leads after nine events, Ukrainian Oleksiy Kasyanov and Estonian Mikk Pahapill made up the difference in the 1500m the edge the American veteran who had last competed here in 2003.

The difference in the meet was a relatively weak vault for Pappas who managed only 4.72m/15-5½ an event in which he was expected to pick up points. Instead he lost a comfortable margin and got it back with a fine javelin but could not hold off the fast charging Kasyanov who just missed a PR in the 1500 clocking 4:23.49. Pahapill, who came to international notice in March with a SL hept score and win at the Euro indoor champs, too ran himself into exhaustion in the final event, with a 2<sup>nd</sup> best career 1500m (4:42.26) relegating the tall American to 3<sup>rd</sup> overall. Berlin bronze medalist Aleksandr Pogorelov, only 4 points behind Pappas after 9, fell to 4<sup>th</sup> overall.

The weather was better on day two...rain early on Saturday). American Jake Arnold never did get untracked and placed 11<sup>th</sup> with 7540 points. He had begun his 8 month season on January 30 in New Mexico.

We neglected to consider Pahapill in day one newsletter since the host meet site did not include him in the results.



24<sup>th</sup>  
DecaStar  
Talence,  
France  
September  
19-20, 2009



### 110m Hurdles: [10:00 am]

Better weather conditions greeted the athletes on day two. Belgium's Hans van Alpen won the initial race in 14.60 (+1.3 mps). Pahapill served notice that he'd be a factor when he captured the 2<sup>nd</sup> section in a PR 14.14. Kasyanov edged Arnold 14.51 to 14.55 for 2<sup>nd</sup>.

Estonian Andres Raja won the 3<sup>rd</sup> (and top seeded) section in 13.90 while Pappas recorded a solid 14.29 (wind +0.6 mps).  
*After Six: Kasy 5315, Papp 5204, Raja 5155, Pogo 5101.....11<sup>th</sup> Arno 4690.*



Young Ukrainian Oleksiy Kasyanov managed a PR 4.82m/15-9½ vault clearance on his way to a win at DecaStar.

**Discus:** [11:10 am]

German Pascal Behrenbruch won the discus toss with a nice 49.97m toss with Pahapill at 48.48m and Pappas 47.44m. Pappas was now within striking distance of the lead (down 41 to Kasyanov who tossed a relatively weak 44.05m.) Arnold got a 42.36m effort.

*After Seven: Kasy 6062, Papp 6021, Paha 5934, Pogo 5901.....11<sup>th</sup> Arno 5403.*

**Pole Vault:** [1:40 pm]

It was here that Pappas was expected to move to the lead, yet he faltered, getting only 4.72m/15-5½. Kasyanov responded with a PR 4.82m/15-9½, and given his 1500m skills, had a great chance for the win. Arnold was 4<sup>th</sup> with a 4.92m/16-1¼ clearance.

*After Eight: Kasy 6918, Paha 6851, Papp 6846, Pogo 6818.....11<sup>th</sup> Arno 6289.*

**Javelin:** [4:40 pm]

A 61.77m spear moved Pappas back to the overall lead, but it was a precarious one. Kasyanov managed just 49.75m and fell to 4<sup>th</sup>. Behrenbruch won the event at 65.13m. This was a tight one. After 9 events the scores stood:

Pappas	7611			
Pogorelov	7607	-4		
Pahapill	7589	-22	-11	
Kasyanov	7503	-108	-104	-86

*After Nine: Papp 7611, Pogo 7607, Paha 7589, Kasy 7503.....11<sup>th</sup> Arno 6948*

**1500 Meters:** [6:10 pm]

One of the top 4 in this very close competition was not going to medal. Kasyanov had his work cut out for him, trying to make up 108 points on Pappas, 104 on Pogorelov and 86 on Pahapill. Yet he was up to the task. He was helped since 3 non-scorers set a scorching pace and all 3 broke 4:18. When he clocked a terrific 4:23.49 he had the win. Arnold paced Pappas but the younger legs of Kasyanov and Pahapill prevailed. Papp's 4:56.83 was his 2<sup>nd</sup> fastest since 2004.

Amazingly, all 16 starters finished.

*After Ten: Kasy 8291, Paha 8255, Papp 8189, Pogo 8146.*

**Results:****9/19-20 DecaStar, Talence, FRA**

8291	Kasyanov, Oleksiy/UKR	10.73	0.0	773+0.9
	1531 200 48.62 14.51+0.3 4405 482 4975 4:23.49			
8255	Pahapill, Mikk/EST	11.10	-1.1	747+0.6
	1405 203 50.08 14.14+0.3 4848 502 5999 4:42.26			
8189	Pappas, Tom/USA	11.09	0.0	739+0.4
	1586 206 49.96 14.29+0.6 4744 472 6177 4:56.83			
8146	Pogorelov, Aleksandr/RUS	11.05	-0.2	726+1.2
	1624 203 50.92 14.55+0.6 4660 502 6340 5:03.60			
8070	Van Alpen, Hans/BEL	11.25	-0.2	740 0.0
	1422 188 49.5614.60+1.3 4552 462 6275 4:17.51			
8034	Raja, Andres/EST	10.95	0.0	724+0.9
	1440 203 49.44 13.90+0.6 4137 472 5859 4:45.73			
7942	Sysoev, Alexey/RUS	11.15	0.0	661+0.8
	1528 206 49.90 14.99+1.3 4451 482 5699 4:29.13			
	7909 Barras, Romain/FRA, 7767 Gourmet, Francois/BEL, 7758 Behrenbruch, Pascal/GER, 7540 Arnold, Jake/USA [11.32-0.2 682+0.5 1357 191 50.36 14.55+0.3 4236 492 5477 4:54.55], 7515 El Fassi, Nadir/FRA, 7502 Martineau, Eugene/NED, 7462 Querin, Gael/FRA, 7388 Bourguignon, Rudy/FRA, 7258 Logel, Franck/FRA. 16s,16f.			