

2020
USA INDOOR WOMEN'S
PENTATHLON



MEDIA GUIDE



February 7, 2020
Wesley A. Brown Field House
U.S. Naval Academy
Annapolis, Maryland

Frank Zarnowski
Deca, The Decathlon Association
www.decathlonusa.typepad.com

Media Guide

2020 USA Indoor Women's Pentathlon



Time Schedule

Friday, February 7, 2020

60 m Hurdles	10:00 am
High Jump	
Shot Put	
Long Jump	
800 meters	TBA

Qualifying Standards: [qualifying window: Jan 1, 2015 to Feb.24, 2016]

Indoor Pentathlon Score	4250
Outdoor Heptathlon Score	5900

Qualifying Guidelines

1. All qualifying performances must be made on standard indoor or outdoor tracks. No allowances are provided for indoor facilities of differing size, bank or other configuration, or altitude.
2. Qualifying marks must be made in accordance with USATF Rule 149 and verifiable in one of the following:
 - a. USATF- or IAAF-sanctioned events that prescribe to or exceed USATF rules of competition
 - b. events at collegiate meets that prescribe to or exceed USATF rules of competition
 - c. meets or events that meet a minimum for competitiveness set by the Chair of the Sport Committee and determined to be valid by the USATF staff member responsible for verification.
3. Indoor qualifying standards must be met during the qualifying window shown above.
4. All performances are subject to verification

Awards

A Gold Medal, emblematic of the Championships of the United States of America, will be given to the winner of each Championship event, a Silver Medal to second place, and Bronze Medals to third and fourth places.

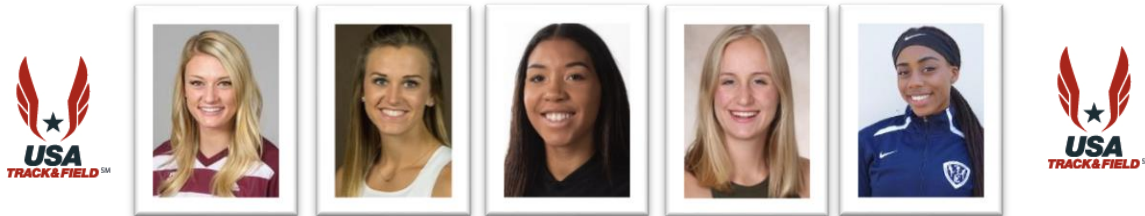
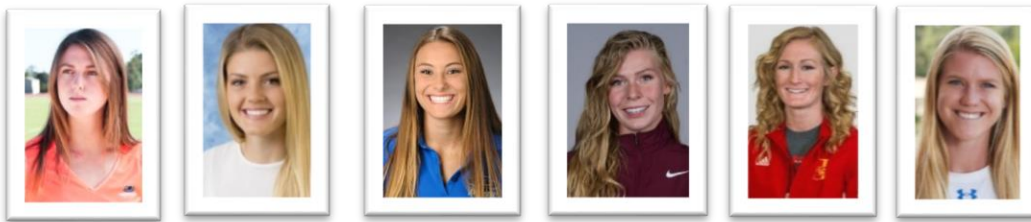
Prize Money

For the 2015 USA Indoor Track & Field/Combined Event Championships, USA Track & Field will pay prize money to the first through fourth place finishers in each Championship event. The prize structure is as follows:

- 5. 1st - \$5,000, 2nd - \$3,000, 3rd - \$1,250, 4th - \$750

Entrants: [alphabetical list of entrants only, does not imply they have been accepted]

	<i>Qualifying mark</i>	<i>Pentathlon PR</i>	<i>Heptathlon PR</i>
Becky Asselin	3844'20	4002'18	5386'18
*Erinn Beattie	4293'19	4293'19	5924'20
*Hope Bender	4262'19	4262'19	5955'19
Shaina Burns	4175'20	4175'20	5774'19
*Emily Dearman	4379'19	4379'19	5949'19
*Kendell Gustafson	4101'19	4101'19	6078'19
*Annie Kunz	4363'19	4363'19	6153'19
*Ashtin (Zamzow) Mahler	4294'19	4294'19	6222'19
*Juanita Webster-Freeman	4255'19	4255'19	5788'18
Carly Paul	3956'19	4013'18	5632'19
Jestena Mattson	4082'19	4082'19	5635'19



Top row: Becky Asselin, Erinn Beattie, Hope Bender, Shaina Burns, Emily Dearman, Kendell Gustafson,
 Bottom row: Annie Kunz, Ashtin Mahler, Jestena Mattson, Carly Paul, Juanita Webster-Freeman.

PRs of Entrants:

[alphabetical list of entrants only, does not imply they have been accepted]

	<u>score</u>	<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
Becky Asselin	4002'18	8.86	178	1104	569	2:19.68
*Erinn Beattie	4293'19	8.68	185	1130	609	2:09.74
*Hope Bender	4262'19	8.40	172	1266	629	2:10.10
Shaina Burns	4175'20	8.83	179	1464	580	2:20.04
*Emily Dearman	4379'19	8.25	178	1398	614	2:14.05
*Kendell Gustafson	4101'19	8.84	180	1401	623	2:18.27
*Annie Kunz	4363'19	8.20	181	1464	634	2:14.90
*Ashtin (Zamzow) Mahler	4294'19	8.38	178	1342	601	2:17.27
Jestena Mattson	4082'19	8.60	169	1281	600	2:19.41
Carly Paul	3956'19	8.84	180	1092	621	2:19.10
*Juanita Webster-Freeman	4255'19	8.35	183	1251	610	2:16.66

*- accepted entry

FACT SHEET: Recent Championship Results



2019 USATF Indoor Champs, Ocean Breeze, Staten Island, NY 2/22/19

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4496	Williams, Kendell/unat	8.18	181	1234	635	2:23.69
4356	Dearman, Emily/unat	8.36	172	1398	584	2:19.17
4302	Hall, Anna/FK Elite	8.59	181	1271	560	2:16.11
4255	Webster-Freeman, Juanita/SBTC	8.35	175	1285	578	2:22.57
4243	Kunz, Annie/unat	8.51	175	1369	586	2:26.94
4106	Cooks, Riley/Oiselle	8.28	163	1293	578	2:24.56
4101	Gustafson, Kendall/unat	8.89	175	1275	567	2:22.44
4085	Burns, Shaina/unat	8.83	175	1366	531	2:21.24
4035	Halverson, Allison/Arete E TC	8.48	163	1160	593	2:23.26
dnf	Hawkins, Chari/	8.35	175	1279	588	dns
dnf	Hankenson, Holly/unat	8.81	163	1169	nm	dns
dnf	Bougaard, Erica/Nike	8.20	172	dns		

12s,9f.

2018 USATF Indoor Champs, Convention Center, Albuquerque, NM 2/16/18

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4760	Bougaard, Erica/Nike	7.98	189	1276	620	2:13.77
4508	Williams, Kendell/unat	8.11	174	1255	638	2:19.22
4405	Gochenour, Alex/unat	8.35	171	1391	601	2:18.27
4260	Dearman, Emily/unat	8.28	174	1197	591	2:20.98
4149	Bender, Hope/UCSB'19	8.61	168	1228	576	2:16.68
4106	Reaser, Allison/Arete	8.37	159	1182	583	2:15.29
4025	Pfeiffer, Jenna/unat	9.03	177	1122	554	2:17.49
4020	Winters, Melanie/unat	8.69	177	1060	580	2:25.90
3991	Jackson, Rose/Team Nodak	8.99	159	1204	590	2:16.51
3813	Collier, Becky/SBTC	8.87	162	1041	569	2:21.38

10s,10f.

2017 USATF Indoor Champs, Convention Center, Albuquerque, NM 3/3/17

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4558	Bougaard, Erica/unat	8.21	187	1197	618	2:18.41
4404	Day-Monroe, Sharon/Asics	8.56	175	1444	585	2:17.55
4211	Spenner, sami/unat	8.58	169	1232	598	2:18.50
4185	Lettow, Lindsay/SBTC	8.58	166	1243	605	2:20.00
4082	Hawkins, Chari/SBTC	8.44	175	1161	581	2:28.74
4047	Reaser, Allison/Arete E	8.45	163	1160	576	2:19.10
3404	Maslowski, Teddi/SBTC	8.80	148	981	542	2:32.74
dnf	Schwartz, Lindsay/SBTC	8.56	166	1292	562	dns
dnf	Nwaba, Barbara/SBTC	8.41	181	1315	withdrew	

9s,7f.

2016 USATF Indoor Champs, Doane College, Crete, NE

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4415	Nwaba, Barbara.Santa BarbaraTC	8.62	183	1406	560	2:15.85
4285	Eppinger, Kaylon/Altis	8.18	174	1312	570	2:21.73
4225	Hawkins, Chari/Santa BarbaraTC	8.36	174	1252	578	2:22.08
4222	Schwartz, Lindsay/Santa Barbara TC	8.65	174	1300	579	2:20.10
4219	Souza, Tatum/unat	8.49	171	1440	545	2:19.83
4168	Lettow, Lindsey/Santa BarbaraTC	8.40	165	1191	598	2:19.08
3865	Wortham, Ellen/Adidas	8.60	168	1012	533	2:17.91

3560	Skipper, Sarah/Santa BarbaraTC	9.12	171	1042	524	2:35.58
dnf	McCutchen, Carley/unat	9.15	156	967	520	dns

2015 USATF Indoor Champs, Roxbury, MA

		<u>60H hj sp lj 800m</u>				
4654	Day-Monroe, Sharon/Asics	8.56	183	1541	594	2:13.45
4389	Nwaba, Barbara/Santa Barbara TC	8.40	174	1376	562	2:12.14
4317	Eppinger, Kaylon/World Athletics Center	8.30	177	1307	570	2:19.96
4218	Lettow, Lindsay/Santa Barbara TC	8.66	171	1243	584	2:16.05
4134	Leslie, Breanna/unat	8.50	168	1204	552	2:13.28
4110	Profit, Kiani/unat	8.74	171	1185	560	2:14.64
4071	Schwartz, Lindsay/Santa Barbara TC	8.82	171	1290	562	2:21.73
3928	Metoyer, Amber/unat	8.98	168	1343	567	2:31.23
3808	Parker, Tiffany/unat	9.00	171	1301	536	2:34.06
dnf	Reaser, Allison/World Athlete	8.56	159	1127		withdrew

2014 USATF Indoor Champs, Albuquerque

		<u>60H hj sp lj 800m</u>				
4805	Day-Monroe, Sharon/Asics	8.44	188	1559	609	2:13.19 AR, MR
4498	Spenner, Sami/Nebraska-Omaha	8.52	176	1225	634	2:12.87
4406	Nwaba, Barbara/unat	8.51	185	1355	570	2:19.75
4284	Lettow, Lindsay/unat	8.44	176	1209	588	2:18.34
4182	Leslie, Breanna/unat	8.45	170	1208	552	2:12.60
4161	Schwartz, Lindsay/unat	8.58	176	1185	579	2:22.07
3941	Outman, Madeline/unat	8.51	161	1027	543	2:10.87
3657	Parker, Tiffany/unat	8.66	167	1271	503	2:39.24
dnf	Woods, Shana/unat	8.37	167	1151	598	dnr

2013 USATF Indoor Champs, Albuquerque

		<u>60H hj sp lj 800m</u>				
4478	Day, Sharon/Asics	8.57	182	1507	582	2:20.86
4333	Wade, Bette/Nike	8.73	176	1431	599	2:23.45
4301	Lettow, Lindsay/unat	8.42	173	1214	587	2:14.83
4271	Spenner, sami/Neb-Omaha	8.74	170	1155	623	2:14.53
4162	Profit, Kiana/unat	8.85	170	1196	573	2:11.69
4105	Miller, Heather/CPTC NewBal	8.84	170	1189	603	2:22.24
4059	Beamer, Brianne/Colorado	8.85	173	1084	561	2:13.79
4053	Leslie, Breanna/Azusa Pacific	8.47	170	1114	534	2:13.34
3949	Outman, Madeleine/unat	8.50	158	1094	555	2:13.48

2012 USATF Indoor Champs, Bloomington

		<u>60H hj sp lj 800m</u>				
4567	Day, Sharon/Asics	8.46	185	1329	589	2:11.89
4373	Stechschulte, Abbie/unat	8.47	173	1326	596	2:16.22
4371	Wade, Bette/Nike	8.39	182	1280	595	2:23.29
4171	Hill, Kasey/unat	8.62	164	1399	564	2:17.11
3994	Pearson, Emily/unat	8.60	167	1157	544	2:17.00
3960	Beamer, Brianne/unat	8.96	167	1122	541	2:11.71
3921	Roehrig, Liz/unat	8.83	170	1340	544	2:30.77
3560	Parker, Tiffany/unat	8.63	158	1158	514	2:35.32
3053	Lofton, Sherria/unat	8.65	nh	1043	561	2:23.28

2011 USATF Indoor Champs, Bloomington

60H hj sp lj 800m

4439	Wade, Bette/Nike	8.49	182	1350	617	2:25.25
4337	Stechschulte, Abbie/unat	8.44	170	1364	581	2:15.21
4289	DeLoach, Janay/unat	8.61	173	1267	646	2:29.04
4241	Hill, Kasey/unat	8.48	170	1341	571	2:18.20
4118	Roehrig, Liz/unat	8.68	176	1322	573	2:29.24
4063	Pearson, Emily/unat	8.60	170	1168	557	2:17.87
3840	Trimble, Ashley/unat	8.82	161	1239	547	2:24.24
3628	Beemer, Brianne/unat	9.23	164	980	503	2:14.47
dnf	Fountain, Hyleas/Nike	8.15	182	1317	635	dns
	9s,8f					

60H hj sp lj 800m

2010 USATF Indoor Champs, Bloomington

4544	Pickler, Diana/Asics	8.31	179	1249	628	2:15.33
4469	Wade, Bette/Nike	8.69	185	1367	593	2:17.94
4467	Day, Sharon/Asics	8.67	182	1360	590	2:14.63
4130	Stechschulte, Abbie/unat	8.62	167	1274	565	2:16.85
4004	Blackley, Kirby/unat	8.43	164	1137	581	2:23.39
3944	Ingram, Bridgette/unat	8.95	167	1154	586	2:24.14
3893	Roehrig, Liz/unat	8.88	173	1310	554	2:35.90
	7s,7f					

60H hj sp lj 800m

2009 USATF Indoor Champs, Chapel Hill

4391	Pickler, Diana/Asics	8.24	179	1159	614	2:20.05
4320	Day, Sharon/Asics	8.79	185	1225	575	2:16.38
4292	Pickler, Julie/Asics	8.48	170	1271	593	2:15.89
4252	Nelson, Lela/unat	8.58	173	1185	631	2:24.47
4228	Johnson, Jackie/Nike	8.47	176	1214	581	2:20.70
4051	Hill, Kasey/unat	8.69	170	1274	550	2:21.02
3905	Twigg, Amanda/unat	8.71	161	1091	580	2:21.08
3877	Andres, Ashley/Nike	8.81	170	1148	553	2:26.63
3824	Pearson, Emily/unat	8.66	164	1164	542	2:25.88
3234	Blackley, Kirby/unat	8.55	nh	1115	587	2:20.78
3167	Ingram, Bridgette/LemansTC	9.28	158	1163	504	2:56.75
	11s,11f					

2008 USATF Indoor Champs, Chapel Hill

4378	Diana Pickler/Asics	8.16	180	1198	598	2:21.41
4296	Julie Pickler/Asics	8.43	177	1133	602	2:18.07
4124	Ryanne DuPree/unat	8.50	171	1172	592	2:23.81
4088	Abbie Stechschulte/unat	8.52	165	1261	577	2:21.90
3993	Jackie Poulson/unat	8.89	168	1225	560	2:20.07
3913	Ashley Wilhelm/unat	8.90	171	1180	567	2:28.09
3874	Cassie Merkley/Idaho St	8.68	171	1201	522	2:25.72
3831	Tracy Partain/unat	8.81	171	1166	533	2:27.53
3747	Sarah Gretzmacher/Team Missouri	9.00	162	1155	558	2:27.02
3665	Amanda Feight/unat	9.41	159	1114	564	2:24.01
	10s,10f					

2007 USATF Indoor Champs, Chapel Hill

4098	Fiona Asigbee	8.56	168	1204	603	2:26.21
4097	Bridget Ingram	8.67	168	1298	594	2:27.08
3976	Lela Nelson	8.70	165	1115	610	2:27.71
3936	Ashley Wilhelm	8.79	165	1173	575	2:24.03
3919	Ashley Huffman	8.58	159	1053	595	2:21.96
3821	Danielle McNaney	8.76	162	1051	543	2:17.51
dnf	Sara Jane Baker	9.01	174	1165	562	dnr
	7s,6f					

2006 USATF Indoor Champs, Chapel Hill

4143	Lela Nelson	8.47 165 1174 635 2:29.37
4094	Jackie Poulson	8.64 171 1287 562 2:20.80
3886	Danielle McNaney	8.87 162 1182 551 2:18.92
3873	Jimoh Fummilayo	8.40 171 1022 612 2:41.45
3852	Bridgett Ingram	8.79 168 1212 568 2:33.84
3725	Ashley Wilhelm	8.93 168 1149 563 2:37.22
3321	Tacita Bass	8.56 165 3f 547 2:19.43

7s,7f

2005 USATF Indoor Champs, Chapel Hill

4417	Hyleas Fountain	8.23 184 1137 620 2:23.23
4347	Fiona Asigbee	8.34 181 1278 586 2:22.94
4268	Jackie Poulson	8.61 175 1227 594 2:18.07
4262	Gigi Miller	8.13 169 1308 587 2:23.48

2004 USATF Indoor Results, Chapel Hill

4224	Tiffany Lott-Hogan	7.99 165 1438 584 2:31.28
4093	Michelle Moran	8.82 171 1235 569 2:18.95
4041	Fiona Asigbee	8.60 174 1170 559 2:23.52
4026	Jackie Poulson	8.75 168 1189 570 2:20.27

2003 USATF Indoor Results, Chapel Hill

4317	Tiffany Lott-Hogan	8.01 172 1405 589 2:29.59
4265	Kim Schiemenz	8.62 181 1286 563 2:19.77
4124	Robin Unger	9.00 172 1495 561 2:25.91
4095	Trace Lawyer	8.54 175 1375 542 2:28.11

Previous Winners:

Year	score	winner	site	.
1993-94	No meet			
1995	4696	Kym Carter	Moscow, ID	
1996	4151	Marla Runyan	Manhattan, KS	
1997-02	No meet			
2003	4317	Tiffany Lott-Hogan	Chapel Hill, NC	
2004	4224	Tiffany Lott-Hogan	Chapel Hill, NC	
2005	4417	Hyleas Fountain	Chapel Hill, NC	
2006	4143	Lela Nelson	Chapel Hill, NC	
2007	4098	Fiona Asigbee	Chapel Hill, NC	
2008	4378	Diana Pickler	Chapel Hill, NC	
2009	4391	Diana Pickler	Chapel Hill, NC	
2010	4544	Diana Pickler	Bloomington, IN	
2011	4439	Bette Wade	Bloomington, IN	
2012	4567	Sharon Day	Bloomington, IN	
2013	4478	Sharon Day	Albuquerque, NM	
2014	4805	Sharon Day-Monroe	Albuquerque, NM	MR, AR
2015	4634	Sharon Day-Monroe	Roxbury, MA	
2016	4415	Barbara Nwaba	Crete, NE	
2017	4558	Erica Bougaard	Albuquerque, NM	
2018	4760	Erica Bougaard	Albuquerque, NM	
2019	4496	Kendell Williams	Ocean Breeze, NY	
2020				



Most Wins:

4	Sharon Day-Monroe	2012, 2013, 2014
3	Diana Pickler	2008, 2009, 2010

2	Tiffany Lott-Hogan	2003, 2004
2	Erica Bougaard	2017, 2018

All-Time USA List

[as of 1/29/20]

4805A	Sharon Day-Monroe	2/21/14	USA, Albuquerque	8.44 188 1559 609 2:13.19 (1)
4760A	Erica Bougard	2/16/18	USA, Albuquerque	7.98 189 1276 620 2:13.77 (1)
4753	Dede Nathan	3/5/99	IAAF WC, Maebashi	8.26 186 1510 624 2:18.98 (1)
4753	Hyleas Fountain	3/13/10	IAAF WC, Doha	8.20 187 1406 646 2:21.02 (4)
4731	Fountain	1/30/10	Penn State, U Park	8.04 181 1383 668 2:23.89 (1)
4718	Day-Monroe	3/7/14	IAAF-WC, Sopot	8.43 184 1495 594 2:09.80 (4)
4703	Kendell Williams	3/11/16	NCAA I, Birmingham	8.09 186 1355 635 2:20.47 (1)
4696	Kym Carter	2/10/95	USATF, Moscow, ID	8.55 182 1557 607 2:13.32 (1)
4686	Williams	2/24/17	SEC, Nashville	8.04 184 1266 649 2:19.65 (1)
4682	Williams	3/10/17	NCAA, College Station	8.03 178 1296 647 2:15.61 (1)
			<i>[10 performances]</i>	
4678	Williams	3/14/15	NCAA I, Fayetteville	8.10 183 1224 653 2:17.30 (1)
4661	Barbara Nwaba	3/18/16	IAAD WC, Portland	8.43 182 1500 584 2:10.07 (3)
4635A	Williams	3/15/14	NCAA I, Albuquerque	8.21 188 1205 632 2:17.31 (1)
4634	Day- Monroe	2/27/15	USA, Roxbury	8.56 183 1541 594 2:13.45 (1)
4632	Carter	3/10/95	IAAF WC, Barcelona	8.37 179 1482 611 2:15.34 (2)
4627	Carter	3/7/97	IAAF WC, Paris (Bercy)	8.36 183 1548 568 2:13.32 (3)
4609	Williams	1/23/15	McCravey, Lexington	8.23 185 1277 646 2:22.89 (1)
4586A	Bougaard	3/15/14	NCAA, Albuquerque	8.31 179 1251 629 2:12.63 (2)
4580	Taliyah Brooks	3/10/17	NCAA, College Station	8.13 184 1197 648 2:22.39 (2)
4567	Day	3/4/12	USA, Bloomington	8.46 185 1329 589 2:11.89 (1)
4566	Bougaard	3/14/15	NCAA I, Fayetteville	8.16 183 1246 616 2:16.93 (3)
4558A	Bougaard	3/03/17	USA, Albuquerque	8.21 187 1197 618 2:18.41 (1)
4547	Michele Atherley	3/08/19	NCAA, Birmingham	8.16 178 1301 607 2:14.34 (1)
4544	Diana Pickler	3/6/10	USA, Bloomington	8.31 179 1249 628 2:15.33 (1)
			<i>[10 performers, 24 performances]</i>	
4519	Williams	2/27/15	SEC, Lexington	8.30 181 1218 641 2:20.56 (1)
4508A	Williams	2/16/18	USA, Albuquerque	8.11 174 1255 638 2:19.22 (2)
			<i>[26 performances > 4500]</i>	
4498A	Sami Spinner	2/21/14	USA, Albuquerque	8.52 176 1225 634 2:12.87 (2)
4496	Jacquelyn Johnson	3/14/08	NCAA, Fayetteville	8.23 178 1186 616 2:13.45 (1)

Indoor Women's Pentathlon Records Individual Events

World Records

60mH	7.91	Jessica Ennis/GBR	Istanbul, IAAF-4965	2012
HJ	1.99m(6-6 1/2)	Tia Hellebut/BEL	Valencia-4867	2008
SP	20.27m (66-6)	Eva Wilms/GER	Berlin-4641	1977
LJ	6.81m(22-3)	Nadine DeBois/FRA	Paris	1986
800m	2:04.42	Ester Goossens/NED	Kalbach	1997
Score	5013	Nataliya Dobrynska/UKR	Istanbul	2012
			<i>[8.38 184 1651 657 2:11.16]</i>	



American Records

60mH	7.98	Erica Boiugaard/Nike	Albuquerque-4760	2018
HJ	1.94m(6-4 1/4)	Gwen Wentland/Kansas St	Manhattan -4115	1995
SP	15.59m(51-1 3/4)	Sharon Day-Monroe/Asics	Albuquerque-4805	2014
LJ	6.68m(21-11)	Hyleas Fountain/Nike	University Park, PA-4731	2010



800m	2:08.36	Erica Moore/Indiana St	Ames-4030	2009
Score	4805	Sharon Day-Monroe	Asics	2014
		[8.44 188 1559 609 2:13.19]		

Collegiate Records

60mH	8.03	Kendell Williams/Georgia	College Station/NCAA-4682	2017
HJ	1.98m/6-6	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
SP	16.34m(53-7½)	Austra Skyute/Kansas St/AUT	Manhattan	2002
LJ	6.80m(22-3¾)	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
800m	2:06.88	Amalie Iuel/USC	Seattle-4444	2016
Score	4703	Kendell Williams/Georgia	Birmingham/NCAA I	2016
		[8.09 186 1355 635 2:20.47]		



USATF Meet Records

60mH	7.98	Erica Bougaard/Nike	Albuquerque-USA-4760	2018
HJ	1.89(6-2¼)	Erica Bougaard/Nike	Albuquerque-USA-4760	2018
SP	15.59m(51-2)	Sharon Day-Monroe/asics	Albuquerque-USA-4805	2014
LJ	6.46(21-2½)	Janay DeLoach/unat	Bloomington-4289	2011
800m	2:10.87	Madeline Outman/unat	Albuquerque- 3941	2014
Score	4805	Sharon Day-Monroe/asics	Albuquerque-USA	2014
		[8.44 188 1559 609 2:13.19]		



Facility Records..... [Wesley A., Brown Field House, U.S. Naval Academy, Annapolis, MD]

60mH
HJ
SP
LJ
800m
Score

Athlete's Bios:

BECKY ASSELIN

DOB: January 14, 1995
POB:
Ht: 5-7
Hometown: Riverside, CA
High School: Woodcrest Christian '13
College: Westmont '17
Club: Santa Barbara TC



2020: Won Jacoby Multis with 3844 score. **2019: 2018:** 10th at USAs indoors. PR 5351 at Azusa Twilight. **2017:** NAIA indoor runner-up and champion (5178) outdoors. **2016:** NAIA champion outdoors and 5th at USA Juniors. 5th NAIA indoors. **2015: 2014: High School: Personal:.**

Career:

Indoor				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/27/17	3382	10	U Washington, Seattle	9.64	167	982	492	2:27.30
3/02/17	3516	2	NAIA, Johnson City	9.45	164	980	537	2:26.53
1/26/18	3550	7	U Washington, Seattle	9.14	162	974	525	2:23.99
2/16/18	3813	10	USA, Albuquerque	8.87	162	1041	569	2:21.38
/ /	4002							
1/24/20	3844	1	Jacoby, Nampa	8.86	169	1027	553	2:21.25

Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
3/24/17	4839	2	Klein, Santa Barbara	15.35	-0.8	175	1010	26.91	+0.2	492		3150	2:26.39
4/08/17	4782	7	Adams, Santa Barbara	15.16	+2.1	166	1047	26.87	-0.1	536		2793	2:24.68
5/26/17	5178	1	NAIA, Gulf Shores	15.09	+0.4	177	1028	26.48	-0.1	537		3569	2:20.67
3/23/18	5085	1	Klein, Santa Barbara	14.80	0.0	174	1024	26.08	+0.3	540	+1.7	3290	2:23.51
5/11/18	5351	4	Twilight, Azusa	14.33	+1.1	174	1058	25.83	+1.2	555	+1.8	3755	2:21.57
/ /	5386												
4/05/19	dnf	-	Adams, Santa Barbara	14.55	+0.4	175	1028	26.22	-0.1	553	+0.2		withdrew

PRs: 5386 / 4002 **14.33+1.1 178 1104 25.73+2.4 569+1.1 3755 2:19.68**

Indoor: 60mH: 8.86

Updated: 2/2/20

ERINN BEATTIE

DOB:

POB:

Ht: 5-7½

Hometown: Ventura, CA

High School: Buena HS '15

College: UC-Davis '19



2019: NCAA 5th place finish (career best 5924) was breakthrough meet. PR score came with 7th place finish at Bryan Clay meet (5671). Big West Conf outdoor runner-up. laced 4th at MPSF in Seattle with PR 4185 pentathlon score. 7th at NCAAAs indoors. **2018:** NCAA outdoor high jump runner-up (1.84m/6-½)...literally tied with two others but awarded 2nd on countback. Ran 61.88 in 400m hurdles. 2nd at Big West Heptathlon (PR 5458). **2017:** Big West high jump champ. 18th at NCAA hj finals. **2016:** NCAA Regional hj qualifier. **High School:** State CIF hj champ (5-9) in 2015, 3rd in 2014, 6th in 2013. Prep PR was 5-10. **Personal:** Is left-handed. Parents are Tricia and John Beattie. Majoring in Human Development

Career:

Indoor				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
2/23/18	4062	2	MPSF, Seattle	9.19	183	1023	578	2:18.69
2/22/19	4185	4	MPSF, Seattle	8.69	176	1130	586	2:17.39
3/08/19	4293	4	NCAA, Birmingham	8.68	184	1090	589	2:15.86

Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
2/26/16	3954	7	Chico Multis, Chico	16.97	-0.9	167	746	27.97	+0.5	479	+2.1	2109	2:27.38
5/07/16	4629	6	Big West, Long Beach	15.27	+3.9	169	875	26.85	+2.3	579	+0.8	2362	2:18.75
3/03/17	4989	2	Chico Multis, Chico	14.88	+0.4	175	962	27.25	+0.3	556	+1.2	2803	2:17.23
5/06/17	4474	12	Big West, Fullerton	19.35	0.0	170	969	26.95	+2.7	572	+3.1	2866	2:20.26
4/20/18	5387	10	Clay, Azusa	14.80	+3/4	184	1044	26.21	+2.1	579	+1.8	3068	2:16.08
5/05/18	5458	2	Big West, Northridge	14.58	-1.6	179	1000	25.64	+1.4	575	+1.7	3453	2:14.57
4/18/19	5671	7	Clay, Azusa	14.20	-0.7	185	1075	25.29	+1.4	576	+1.7	3102	2:09.74
5/04/19	5515	2	Big West, S Barbara	14.24	-0.7	177	1079	25.79	+1.4	574	-0.6	3366	2:13.42
6/06/19	5924	5	NCAA, Austin	13.80	+2.0	184	1100	24.93	+0.8	609	+1.9	3535	2:12.63
7/28/19	5478	16	USA, Des Moines	14.21	+0.8	176	1106	25.95	-1.1	571	+3.0	3292	2:14.05

PRs: 5924 / 4293

13.80+2.0 185 1130 24.93+0.8 609+1.9 3535 2:09.74

Indoor: 60H: 8.68

Updated: 2/2/20

HOPE BENDER

DOB: January 2, 1997

POB:

Ht: 5-5

Hometown: Newport Beach, CA

High School: Newport Brach HS'15

College: UCSB'21



2019: 12th at USA nationals and followed with a 9th place finish at Thorpe Cup. 4th at NCAAs with PR 5955 effort. Outdoors she was 3rd at Bryan Clay meet with big career best, 5940, and then repeated with Big West title. Opened indoor season with 4220 PR win in Seattle and then placed 6th at NCAAs. **2018:** 12th at NCAAs both indoors and out. 5th at USA indoors (with 4149 PR effort) after winning Seattle meet. **2017:** 4th at Big West outdoors. **2016:** 3rd at Big West outdoors. **High School:** Ran 14.35 and 42.18 for prep hurdles. **Personal:** Parents are Steve and Lynn Bender. Majoring in Biology. Aspires to become a Genetic Engineer. Also competed in Motorcross and Horse-Show Jumping.

Career:

Indoor

	<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>	
1/15/16	3211	7	Jacoby, Nampa	8.84	150	1075 426 2:29.63
1/27/18	3884	1	UW Invt, Seattle	8/62	159	1169 533 2:16.14
2/16/18	4149	5	USATF, Albuquerque	8.61	168	1228 576 2:16.68
3/09/18	4010	12	NCAA I, College Station	8.44	163	1134 559 2:17.01
1/25/19	4220	1	U Washington, Seattle	8.48	170	1199 590 2:16.97
3/08/19	4262	6	NCAA, Birmingham	8.56	172	1266 571 2:13.62

Outdoor:

	<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>	
4/02/16	4909	7	Sam Adams, S Barbara	14.28-0.5	148	1087 24.89+0.3	507nwi	2864	2:17.45	
5/14/16	5114	3	Big West,	14.17+1.6	160	1014 24.71+0.6	523+2.3	3028	2:16.91	
5/13/17	5212	3	Cal Invt. Azusa	14.18-0.1	160	1108 24.66+1.9	538+3.2	2818	2:14.63	
5/12/17	4312	14	Big West,	14.06-0.4	nh	1098 24.84+0.7	538+1.9	2778	2:26.86	
4/20/18	5725	2	Clay, Azusa	13.59+0.9	160	1190 23.93+2.5	578+0.6	3572	2:11.30	
5/12/18	5561	1	Big West, Northridge	13.70+0.4	164	1204 24.15-0.6	558 0.0	3388	2:12.28	
6/06/18	5653	12	NCAA I, Eugene	13.73+0.4	166	1189 24.21+0.6	563-1.2	3585	2:15.24	
4/18/19	5940	3	Clay, Azusa	13.71+1.6	164	1220 24.03+2.0	618+1.6	3830	2:11.37	
5/04/19	5814	1	Big West, S Barbara	13.48-0.7	165	1247 24.03+1.4	606-1.4	3555	2:18.36	
6/06/19	5955	4	NCAA, Austin	13.48+0.8	166	1155 23.63+0.7	603+0.3	3783	2:10.10	
7/28/19	5824	12	USA, Des Moines	13.78+0.2	167	1237 24.27-0.8	595+1.4	3759	2:14.49	
9/15/19	5449	9	Thorpe Cup, Bernhausen	13.95+0.2	162	1145 24.51 0.0	580+0.8	3266	2:19.38	

PRs: 5955 / 4262

13.33+1.1 172 1266 23.63+0.7 629+1.3 3830 2:10.10

Indoors: 60H: 8.40.

Updated: 2/2/20

SHAINA BURNS

DOB: March 26, 1996
 POB:
 Ht: 5-10
 Hometown: Lakeview, MN
 High School: Lakeville S HS, MN '14
 College: Texas A&M '18



2020: Won Kentucky's McGravy meet (4175). **2019:** Was Drake Relays runner-up. **2018:** 14th at NCAA. 2nd at SEC outdoors (PR 5743). **2017:** 7th at SEC indoors and 8th outdoors. **2016:** 10th SEC outdoors. **2015:** 14th & 12 at SEC indoors and out. **2014:** Won New Balance Prep (5163 PR score). **2013:** 12th at USA Juniors. 9th at Arcadia. 2012: USATF Junior Olympic champ and Minn Regional winner with 4722 PR. **Personal:** daughter of John & Luonna Burns.

Career:

Indoor:			<u>60m</u> <u>h</u> <u>j</u> <u>sp</u> <u>lj</u> <u>800m</u>					
3/09/13	3214	10	New Balance, NYC Armory	9.75	152	1078	501	2:31.99
3/ /14	3706	1	New Balance,					
12/13/14	3701	2	Reveille, College Station	9.49	169	1395	512	2:32.15
2/06/15	3410	5	Aggie, College Station	9.57	160	1260	501	2:36.24
2/27/15	3274	14	SEC, Lexington	9.61	151	1273	493	2:37.12
2/05/16	2888	15	TAMU Thomas, C Station	9.31	nh	1335	522	2:31.74
1/27/17	3846	5	Razorback, Fayetteville	9.18	170	1310	533	2:26.82
2/10/17	3762	1	Tiger Paw, Clemson	9.19	164	1354	507	2:24.22
2/24/17	4005	7	SEC, Nashville	8.96	169	1363	540	2:21.34
1/26/18	3910	5	Razorback, Fayetteville	9.06	169	1396	525	2:25.35
2/02/18	4006	1	TAMU Thomas, C Station	8.95	174	1405	533	2:26.71
2/24/18	4085	4	SEC, College Station	8.92	173	1378	538	2:20.04
1/24/19	3942	2	Texas Tech, Lubbock	8.93	171	1364	539	2:27.96
2/22/19	4085	8	USA, Staten Island	8.83	175	1366	531	2:21.24
12/13/19	4039	1	Kansas St, Manhattan	8.75	170	1377	558	2:27.93
1/25/20	4175	1	McGravy, Lexington	8.61	172	1381	562	2:22.72

Outdoor:			<u>100</u> <u>h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>										
4/22/10	dnf	-	Drake R, Des Moines	16.56	-1.0	154	804	27.97	+3.9	437	-0.2	2529	dns
5/11/12	4519	2	Classic, Claremont	15.41	+1.6	154	1030	27.01	+2.6	497	+2.6	3213	2:26.56
6/15/12	4706	3	New Balance, Greensboro	15.44	+1.3	156	1098	26.68	nwi	512	+2.7	3377	2:24.74
6/27/12	4486	1	USATF Youth, Arlington							484		3278	2:27.91
7/08/12	4722	1	Reg JO, Eagan HS										
7/25/12	4707	1	USATF JO, Baltimore	15.86	+0.6	155	1126	26.83	-0.1	499	+1.3	3579	2:23.34
4/05/13	4130	9	Arcadia Prep, Arcadia	15.75	+1.6	152	1012	27.61	-1.5	481	0.0	2675	2:26.07
6/20/13	4569	12	USA Jr, Des Moines	15.32	+1.8	160	1171	27.25	+0.9	493	+1.4	3233	2:34.37
7/ /13	4581	4	W Youth Tr,Edwardsville	15.61	-1.6	155	1422	27.25	nwi	520	+1.5	3217	2:45.78
4/11/14	4908	3	Arcadia Prep, Arcadia	15.07	-0.9	162	1236	26.61	+1.8	506	+0.8	3745	2:29.98
6/13/14	5163	1	New Balance, Greensboro	14.44	+0.7	162	1388	26.64	-2.5	520	-2.2	3725	2:27.09
6/26/14	5363	2	USA Jr, Sacramento	14.33	+3.7	169	1390	26.48	-0.1	533	-0.5	3656	2:22.19
7/23/14	4582	21	IAAF WJrC, Eugene	14.58		170	1359	dq		538		3959	2:26.43
3/18/15	4789	2	Rice U, Houston	15.86	+1.0	159	1304	17.69	+1.3	543	+1.4	3486	2:29.53
5/14/15	4800	12	SEC, Starkville	15.51	+0.3	161	1384	27.62	+2.0	523	+2.3	3466	2:33.84
3/24/16	5022	1	Romo, San Antonio	14.64	+5.9	163	1308	27.20	+5.2	517	-1.5	3870	2:30.62
5/13/16	5056	10	SEC, Tuscaloosa	14.66	-0.2	163	1365	26.69	+0.7	520	-1.6	3268	2:25.71
3/30/17	5332	11	Texas R, Austin	14.41	+1.1	167	1319	26.08	+1.4	529	+1.4	3685	2:20.56
5/12/17	5356	8	SEC, Columbia	14.28	+2.0	168	1325	25.76	+2.0	534	+3.5	3725	2:25.08
3/29/18	5464	4	Texas R, Austin	14.17	+0.3	172	1320	26.15	+1.2	542	nwi	3696	2:20.26
5/12/18	5743	2	SEC, Knoxville	13.91	+2.0	174	1406	15.89	+1.6	555		4254	2:20.76
6/09/18	5553	14	NCAA, Eugene	14.06	-0.1	166	1576	25.98	+0.8	563	+0.8	4062	2:23.05
6/24/18	5254	14	USA, Des Moines	14.39	+0.1	163	1284	26.33	-2.0	552	+0.7	3482	2:21.78
3/29/10	5511	1	Bobcat, San Marcos	14.25	+1.1	173	1373	25.65	+3.2	545	+2.1	3742	2:24.05
4/25/19	5774	2	Drake R, Des Moines	13.70	+2.3	175	1396	25.55	+1.8	580	+3.0	3705	2:21.04
6/02/19	5662	2	Texas GA, Dallas	13.87	+0.1	170	1464	25.39	nwi	544	+1.8	3748	2:25.07
7/07/19	5604	1	Lions Big Meet, Ottawa	14.08	-0.4	179	1277	25.63	-0.5	569	-1.2	3429	2:20.62

PRs: 5774 / 4175
Indoor: 60mH: 8.83
Updated 2/2/20

13.52+4.8 179 1464 25.33+1.6 580+3.0 4254 2:20.04

EMILYN DEARMAN

DOB: April 26, 1995
POB:
Ht: 5-8
Hometown: Stockton, MO
High School: Stockton HS
College: Pittsburg St '17



2019: Drake Relays winner with 5926 career best. Runner-up at USA indoor nationals. **2018:** 4th at USA indoor champs with 4260 PR score and 10th outdoors. **2017:** NCAA II champion indoors (4146) and out (5625). Managed PR score at Angelo State Nobles Relays (5924). **2016:** 4th at NCAA II indoors and out. MIAA champ indoors and out. **2015:** 4th and 9th at NCAA II outdoors and indoors. **2014:** 9th at NCAA II heptathlon. **High School:** Won the state meet with a time of 34.9 in the 300m hurdles. **Personal:** Daughter of Bobby and Patricia Dearman. Exercise science major.

Career:

Indoor			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
12/6/13	3305	3	CMSU Holiday, Warrensburg	9.24	159	993	459	2:25.91
1/31/14	3443	4	MSSU Lion, Joplin	9.22	155	988	518	2:24.04
2/28/14	3520	3	MIAA, Joplin	9.00	161	1018	492	2:22.93
2/06/15	3939	1	MSSU Lion, Joplin	9.03	170	1188	546	2:18.85
2/27/15	3791	3	MIAA, Warrensburg	8.89	167	1101	517	2:18.95
3/13/15	3754	9	NCAA II, Birmingham	8.89	163	1036	533	2:18.36
12/4/15	3886	1	Boo Rogers, Pittsburg	8.80	165	1191	537	2:20.19
2/27/16	3928	1	MIAA, Pittsburg	8.63	168	1152	539	2:20.85
3/11/16	3839	4	NCAA II, Pittsburg	8.85	161	1188	534	2:18.50
12/9/16	3921	1	Boo Rogers, Pittsburg	8.79	164	1203	551	2:20.43
3/10/17	4146	1	NCAA II, Birmingham	8.40	171	1236	565	2:20.91
2/16/18	4260	4	USA, Albuquerque	8.28	174	1197	591	2:20.98
1/31/19	4379	1	Mule R, Warrensburg	8.38	174	1360	598	2:20.11
2/22/19	4356	2	USA, Staten Island	8.36	172	1398	584	2:19.17

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
3/29/14	4917	1	PSU Wendy's, Pittsburg	14.65	+1.9	161	1066	26.36	+1.5	519	+1.9	3643	2:26.93
5/03/14	4898	3	MIAA, Jefferson City	14.75	+2.3	159	964	26.05	+2.9	522	-0.3	3419	2:19.93
5/23/14	4937	9	NCAA II, Allendale	14.53	+2.7	161	977	25.98	-0.1	531	+1.1	3256	2:21.58
4/09/15	5180	1	Woodman, Wichita	14.23	+1.4	164	1104	25.42	nwi	531	+3.7	3442	2:21.89
5/02/15	5063	3	MIAA, St Charles	14.15	nwi	160	1082	25.45	+0.3	521	+2.8	3756	2:29.19
5/22/15	5240	4	NCAA II, Allendale	14.34	+2.3	161	1124	25.32	+1.5	539	+0.9	3454	2:17.21
4/14/16	5178	2	Woodman, Wichita	14.34	+0.2	165	1134	25.66	+1.2	531	+0.3	3349	2:20.30
5/07/16	5363	1	MIAA, Maryville	14.10	+0.9	159	1196	25.37	+2.7	547	nwi	3617	2:15.96
5/27/16	5338	4	NCAA II, Bradenton	14.31	-0.1	158	1161	25.29	+0.5	552	+2.3	3730	2:16.34
4/07/17	5924w	1	Nobles R, San Angelo	13.43	+2.3	178	1225	24.85	+1.9	595	+4.4	3957	2:18.86
5/26/17	5625	1	NCAA II, Bradenton	13.77	+1.1	166	1233	25.37	-0.7	571	+0.5	3799	2:18.55
4/06/18	5713	1	Nobles R, San Angelo	13.54	+2.8	170	1253	25.12	+2.0	589	+2.3	3660	2:20.00
6/24/18	5759	10	USA, Des Moines	13.57	+0.5	169	1297	25.13	+0.1	574	-0.8	3710	2:14.93
4/25/19	5926	1	Drake R, Des Moines	13.36	+2.3	169	1379	24.74	+1.8	603	+4.6	3606	2:16.57
7/28/19	5945	5	USA, Des Moines	13.37	+0.9	176	1318	24.82	-1.1	601	+2.1	3369	2:14.05
9/15/19	5894	2	Thorpe Cup, Bernhausen	13.67	+0.1	174	1290	25.15	+0.8	575	+1.4	3850	2:15.03

PRs: 5949 / 4379

13.36+2.3 178 1398 24.74+1.8 614+5.2 4454 2:14.05

Indoor: 60mH: 8.25

Summary: 16 meets, 16 finishes, 7 wins, PR score: 5945, Top ten Ave: 5672.7

KENDALL GUSTAFSON

DOB: March 30, 1995
 POB:
 Ht: 5-10
 Hometown: Los Angeles, CA
 High School: Palisades Charter HS, CA '13
 College: Duke
 UCLA '18



2019: 9th at USAs outdoors. PR 6078 score garnered runner-up at Clay. 7th at USAs indoors. **2018:** NCAA 4th. Mountain Pacific indoor winner (4084) and Pac-12 outdoor runner-up (PR 5886). **2017:** 5th at Pac-12 outdoors and Mountain Pacific indoor runner-up. **2016:** 11th Pac-12 outdoor. **2015:** At Duke. Did not compete in CEs. **2014:** Competed at Duke sparingly. **2013:** Arcadia Prep champ with career best 5217 score. 2nd at USA Jr **2012:** Won USATF Junior Olympic title **2011:** USA Junior Olympic champ. Two stress fractures of shins in Jan, '11. **High School:** 4 year letter winner at Palisades Charter HS. **Personal:** Daughter of Susan and Randy Gustafson. Major is Geography/Environmental Studies.

Career:

Indoor:

2/25/12	3589	1	Oaks Christian, Westlake Village, CA o	9.34-0.6	167	1177	549	2:40.40
2/24/13			Oak Christian, Westlake Village, CA					
3/09/13	3681	4	New Balance Prep Nationals, NYC	9.33	170	1141	531	2:28.94
1/22/16	3841		3 Dodds, Kanasa St, Manhattan	8.94	167	1196	568	2:30.21
2/05/16	3878	3	Husker, Lincoln	8.85	169	1195	561	2:29.03
2/04/17	3882	1	TAMU Thomas, College Station	8.96	172	1306	520	2:26.26
2/24/17	3958	2	Mtn Pacific, Seattle	8.98	173	1270	542	2:24.07
1/26/18	4065	1	Sander, Columbia, NYC	8.91	169	1273	576	2:21.15
2/24/18	4084	1	Mtn Pacific, Seattle	8.84	177	1279	554	2:23.73
2/22/19	4101	7	USA, Staten Island	8.89	175	1275	567	2:22.44

Outdoor:

/07		1	USA Youth Pentathlon	-age 12--				
6/28/09	5590	10	USA, Eugene	13.98-0.1	166	1291	25.49+3.1	589+5.7 3678 2:30.37
4/09/10	4608	3	Arcadia Prep, Arcadia	15.89+0.8	162	1068	26.97+0.5	522-0.5 3361 2:31.97
4/09/11			Arcadia Prep, Arcadia	15.68	162			538
7/27/12	4812	1	USA JO, Baltimore	15.48+1.7	165	1094	26.59+0.1	518-0.3 3740 2:31.43
4/05/13	5217	1	Arcadia Prep, Arcadia	14.74+1.6	172	1167	26.02-0.1	545 0.0 4009 2:31.62
6/23/13	5189	2	USA Junior, Des Moines	14.29+2.4	169	1128	25.59+0.6	543-0.5 3827 2:33.62
8/24/13	5138	5	Pan-Am Jr, Medellin	14.68nwi	168	1076	25.99+0.6	553nwi 3962 2:31.19
4/14/16	5442	8	Mt Sac R, Azusa	14.74-0.3	169	1279	25.90+2.4	578+1.7 3774 2:21.92
5/08/16	4517	11	Pac-12, Seattle	14.39+0.2	172	1237	25.54+1.1	529-0.7 3388 dnf
5/07/17	5217	5	Pac-12, Corvallis	14.83+1.2	169	1280	26.21+0.5	547-0.2 4108 2:34.35
3/23/18	5691	1	40 th Aztec Open, San Diego	14.50-0.7	174	1267	25.19+2.3	558 4475 2:20.14
5/06/18	5886	2	Pac-12, Stanford	14.08+0.8	180	1308	25.02+2.2	572+1.0 4656 2:24.49
6/09/18	5800	4	NCAA, Eugene	14.19+0.3	175	1255	25.14+0.8	578-1.4 4327 2:18.27
4/18/19	6078	2	Clay, Azusa	14.06+2.0	179	1375	24.99+1.2	623+1.7 4335 2:19.94
6/01/19	5913	1	Texas GA, Dallas	14.14+0.1	176	1323	24.98nwi	599-0.8 4392 2:21.36
7/28/19	5914	9	USA, Des Moines	14.14+0.8	176	1343	25.36-1.1	599+2.8 4387 2:19.60
9/15/19	5542	7	Thorpe Cup, Bernhausen	14.22+0.2	171	1315	25.71+1.7	589+2.2 4163 2:32.26

PRs: 6078 / 4101 14.08+0.8 180 1401 24.98nwi 623+1.7 4671 2:18.27

Indoor: 60mH: 8.84,

Summary: 17 meets, 17 finishes, 4 wins, PR score: 6078, Top Ten Ave: 5671.7

Updated: 2/2/20

ANNIE KUNZ

DOB: February 16, 1993
 POB: Wheat Ridge, CO
 Ht: 5-11
 Hometown: Denver, CO
 High School: Wheat Ridge HS
 College: Texas A&M '15



2019: Pan-Am Games runnerup, followed by 13th at IAAF WCs. 4th at USA with 6153 PR score. 5th at USA indoors and followed with win at MultiStars and PR 6098 at Götzis. **2018:** 20th at Götzis and 9th at MultiStars in Firenze with 5565 score. **2016:** Placed 9th at NCAAs and followed with 8th at Olympic Trials. Runner-up at SEC outdoors with significant 5976 improvement. Breakthrough hept with 4363 home win and then placed 3rd at SEC. Dnf'd at NCAAs. **2015:** 9th at indoor SEC. **2014:** Redshirt season. **2013:** 24th at NCAAs. 8th at SEC. 5th at Texas Relays with PR 5442 score. 5th at SEC indoors. **2012:** 5th and 6th at Big 12 multis indoors and out. **High School:** Ten x Colorado state medalist, 6x gold. **Personal:** Daughter of Terry and Nancy Kunz. Majored in general Studies. Also competed for A&M soccer team.

Career:

Indoor:

				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>
1/28/12	3508	7	A&M Challenge, C Station	8.77	155	1111	517	2:32.41
2/25/12	3823	5	Big 12, C Station	8.72	165	1165	533	2:24.54
1/25/13	3826	3	A&M Challenge, C Station	8.73	163	1216	551	2:28.37
2/22/13	3994	5	SEC, Fayetteville	8.65	172	1228	551	2:25.68
2/27/15	3961	9	SEC, Lexington	8.75	172	1222	556	2:27.50
2/06/15	3151	8	Aggie, C Station	8.76	166	1276	nm	2:31.60
2/05/16	4363	1	A&M Thomas, C Station	8.51	181	1278	594	2:20.78
2/27/16	4277	3	SEC, Fayetteville	8.51	176	1301	588	2:21.34
3/12/16	dnf	-	NCAA I, Birmingham	8.44	177	1321	nm	dns
1/26/18	4078	3	Texas Tech, Lubbock	8.57	169	1367	551	2:24.86
2/22/19	4243	5	USA, Staten Island	8.51	175	1369	586	2:26.94

Outdoor:

				<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>	
3/29/12	5174	12	Texas R, Austin	14.17	+0.6	169	1208	25.36	+0.3	540	+0.8	2701	2:24.19
5/12/12	5273	6	Big 12, Manhattan	14.05	+0.8	169	1261	25.26	+0.3	551	+2.5	2939	2:27.33
3/28/13	5442	5	Texas R, Austin	13.85	+1.1	172	1217	24.64	+4.4	574	+3.7	2768	2:24.20
5/10/13	5141	8	SEC, Columbia	14.03		170	1107	24.92		555		2238	2:24.00
6/07/13	4880	24	NCAA I, Eugene	14.27	+2.7	166	1267	25.30	+2.3	500	+1.4	2267	2:31.81
3/26/15	4010	18	Texas R, Austin	14.16	+2.0	169	1307	25.26	+2.5	nm		nm	2:36.21
4/14/16	5904	1	Cal Invt, Azusa	13.67	0.0	175	1333	24.19	+2.2	585	0.0	3399	2:14.90
5/13/16	5976	2	SEC, Tuscaloosa	13.54	+0.1	178	1313	24.37	+0.5	572	-2.8	3977	2:16.64
6/11/16	5784	9	NCAA I, Eugene	13.59	+1.1	169	1318	24.55	+0.2	555	-1.1	4117	2:19.41
7/10/16	6038	8	USOT/USA, Eugene	13.56	-0.2	175	1358	24.52	+0.6	602	+1.0	3872	2:15.58
7/30/16	dnf	-	Thorpe Cup, Fayetteville	13.97	+1.2	170	1324	24.87		withdrew			
3/30/17	4600	21	Texas R, Austin	14.25	+0.4	164	1272	25.74	-0.3	nm		3639	2:25.79
4/28/18	5565	9	MultiStars, Florence	14.26	+0.4	172	1379	25.37	+2.0	556	-0.8	3754	2:23.71
5/27/18	5831	20	Hypo-Bank, Götzis	13.87	+0.3	174	1398	25.04	-1.2	592	+1.2	3585	2:18.64
6/24/18	5881	5	USA, Des Moines	13.84	+0.1	172	1464	24.94	-2.0	579	+0.1	3906	2:19.04
8/ /18	5031	11	Thorpe Cup, Knoxville	13.79	+1.9	170	1442	25.15	-1.5	nm		4055	2:22.08
4/28/19	5971	1	MultiStars, Lana	13.65	+0.5	172	1415	25.03	-0.2	602	+1.4	4341	2:22.75
5/26/19	6098	12	Hypo-Bank, Götzis	13.56	+0.9	174	1444	24.27	+1.3	609	+1.0	3800	2:16.63
7/28/19	6153	4	USA, Des Moines	13.51	+0.2	176	1412	24.35	-1.1	634	+3.4	3934	2:20.40
8/08/19	5990	2	Pan Am Games, Lima	13.55	-1.1	174	1306	24.47	+1.0	611	+0.1	3995	2:19.69
10/4/19	6067	13	IAAF WC, Doha	13.27	+0.6	180	1458	24.37	+1.0	595	+0.1	3536	2:20.68

PRs: 6153 / 4363

13.49+1.2 181 1464 24.19+2.2 6343.5 4341 2:14.90

Indoor: 60mH: 8.20

Updated: 2/2/20

ASHTIN (ZAMZOW) MAHLER

DOB: August 13, 1996
 POB:
 Ht: 5-6
 Hometown: Goliard, TX
 High School: Goliard HS '14
 College: Texas A&M,
 Texas '19



2019: Handily won NCAA crown with career best 6222 score on home track. Then place 11th at USAs. Big 12 Conf win (5817) followed breakthrough 6148 win at Texas Relays. Won Big 12 indoor pentathlon title with career best 4183 score and then placed 3rd at NCAA indoors (4294). **2018:** Captured Big 12 indoor pentathlon, and then placed 2nd in outdoor heptathlon. **2017:** did not compete. **2016:** 17th at NCAAs. Placed 4th at Texas Relays with career best (but windy) 5829 effort. **2015:** 9th at SEC outdoors (5482) and 13th indoors. USA Junior runner-up and Pan American Junior champs gold medalist in heptathlon. **High School:** Texas state champ in 100m and 300m hurdles as senior. Lettered 4 years in T&F and volleyball. **Personal:** Daughter of Kalleen (mother) and Stacy Zamzow, both of whom competed in T&F for Texas A&M. Sister Avery was heptathlete at Sam Houston State. Major is exercise science.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
13/13/14	3536	3 Reveille, C Station	8.85	163	1097	501	2:31.89
2/27/15	3566	13 SEC, Lexington	8.92	160	1119	486	2:23.75
2/06/16	3663	3 TexA&M, C Station	8.89	169	1113	503	2:28.56
2/05/15	3861	4 Husker, Lincoln	8.50	166	1194	522	2:24.66
2/26/16	3965	4 Big 12, Ames	8.55	169	1201	542	2:23.36
1/26/18	3003	24 Texas Tech, Lubbock	8.61	nh	1214	522	2:27.85
2/23/18	4076	1 Big 12, Ames	8.80	173	1213	554	2:18.02
2/22/19	4183	1 Big 12, Lubbock	8.51	173	1288	560	2:19.58
3/08/19	4294	3 NCAA, Birmingham	8.38	178	1293	568	2:20.17

Outdoor:			<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
3/18/15	5231	1 Rice, Houston	14.48	+1.7	161	1082	25.52	+1.7	515	+1.2	4532	2:24.33
5/15/15	5482	9 SEC, Lexington	14.22	+0.3	170	1167	25.20	+2.0	524	+3.0	4580	2:24.19
6/26/15	5200	2 USA Jr, Eugene	14.64	+0.6	164	1098	25.74	+2.3	515	+1.2	4652	2:27.96
8/01/15	5462	1 Pan-Am Jr, Edmonton	14.32	-0.9	169	1153	25.11	+0.3	527	0.0	4615	2:24.84
3/30/16	5829w	4 Texas R, Austin	13.80	+3.4	169	1156	24.91	+3.9	573	-0.5	5065	2:20.86
5/14/16	5215	3 Big 12, Fort Worth	14.37	+1.0	158	1164	25.51	+0.6	537	+4.6	4342	2:29.25
6/11/16	5443	17 NCAA I, Eugene	14.68	+3.2	169	1138	25.56	+2.0	554	-0.1	4431	2:21.88
5/12/18	5662	2 Big 12, Waco	13.76	+5.4	161	1231	24.86	+3.9	579	+4.9	4382	2:22.26
6/07/18	5667	11 NCAA I, Eugene	13.85	-0.1	166	1256	25.00	+0.8	562	-1.9	4324	2:20.92
3/28/19	6148w	1 Texas R, Austin	13.73	+1.9	175	1342	24.66	+0.6	583	+3.7	5301	2:19.92
5/11/19	5817w	1 Big 12, Norman	13.44	+2.9	167	1254	24.77	+1.7	555	+2.1	4785	2:21.68
6/08/19	6222	1 NCAA, Austin	13.33	+0.9	178	1295	24.23	+1.1	601	-0.3	4956	2:21.31
7/28/19	5875	11 USA, Des Moines	13.77	+0.2	167	1289	25.17	-0.8	574	+2.2	4806	2:17.27

PRs: 6222 / 4294 **13.33+0.9 178 1342 24.23+1.1 601-0.3 5301 2:17.27**

Indoor: 60mH: 8.38

Updated: 2/2/20

JESTENNA MATTSON

DOB: March 17, 1997
POB:
Ht: 5-10
Hometown: Parkdale, OR
High School: Hood River Valley HS
College: Fresno St'19



2019: 12th at NCAAs. Repeated as Mountain West heptathlon champ (PR 5635). Won Mountain West Conf indoor pentathlon with career best 4082 score. **2018:** Mountain West CE champ both indoors (3791) and outdoors (5511). **2017:** Conference indoor winner (3828) and 3rd outdoors (5333). **2016:** 12th and 15th at Mountain West Conference CE's indoors and out. **High School: Personal:.**

Career:

Indoor			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>	
2/25/16	3347	12	Mtn West, Albuquerque	9.49	165	957	480	2:26.69
1/27/17	3250	14	U Washington, Seattle	10.60	158	1020	559	2:32.26
2/23/17	3828	1	Mtn West, Albuquerque	8.99	164	1063	573	2:22.16
1/26/18	3669	4	U Washington, Seattle	8.98	165	1069	551	2:30.91
2/22/18	3791	4	Mtn West, Albuquerque	8.94	166	1046	554	2:22.40
1/25/19	3790	4	U Washington, Seattle	8.56	158	1162	545	2:25.36
2/21/19	4082	1	Mtn West, Albuquerque	8.69	170	1281	580	2:25.79
3/08/19	4043	13	NCAA, Birmingham	8.60	169	1197	555	2:19.41
1/31/20	3999	1	U Washington, Seattle	8.68	169	1225	507	2:30.06

Outdoor:			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>	
5/12/16	4300	15	Mountain West, Fresno	15.69	+0.9	164	933	25.00	+1.4	549	+1.7	nm	2:29.90
4/13/17	5004	12	Cal Invt, Azusa	14.86	-0.1	160	898	24.54	+1.2	560	+1.9	2868	2:19.13
5/11/17	5333	3	Mountain West, Logan	14.58	+2.1	170	1102	24.50	-0.6	559	0.0	3077	2:19.21
3/29/18	5040	16	Texas R, Austin	14.81	+0.4	163	1106	25.62	+0.9	563	+0.9	3458	2:31.81
5/10/18	5511	1	Mountain West, Fresno	14.26	+2.0	168	1142	24.46	+2.6	600	+3.2	3266	2:21.56
5/09/19	5635	1	Mountain West, Fresno	14.11	-0.6	163	1195	24.29	+1.1	600	+3.4	3785	2:20.72
6/06/19	5576	12	NCAA, Austin	14.13	-1.1	163	1181	24.12	+0.7	596	+1.7	3482	2:20.12

PRs: 5635 / 4082 **14.02+2.0 170 1281 24.12+0.7 603+1.2 3785 2:19.13**

Indoor: 60H: 8.56

Updated: 2/2/20

CARLY PAUL

DOB:

POB:

Ht:

Hometown: Fort Collins, CO

High School: Poudre, HS (CO)

College: Brown



2019: 14th at NCAAs. Career best (5632) came at Tennessee Relays. 2nd at Ivy League Champs indoors and out.

2018: 12th at NCAA outdoor HJ. Heptagonal CE champ, indoors and out. **2017:** 4th and 7th at Heptagonals indoors and out. **2016:** 9th and 8th at Heptagonals (Ivy League) indoors and out. **High School: Personal:.**

Career:

Indoor

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/16/16	3333	6	Harvard, Cambridge	9.19	167	918	490	2:34.66
2/27/16	3493	9	Heptagonals, Ithaca	9.27	170	935	524	2:31.75
2/25/17	3618	4	Heptagonals, Armory NYC	9.12	167	981	537	2:26.67
12/8/17	3883	1	URI pent, Kingston	9.10	178	1008	572	2:26.22
1/17/18	3816	1	URI q, Kingston	9.05	171	1046	567	2:26.38
2/24/18	4013	1	Heptagonals, Hanover	8.97	179	1026	584	2:22.97
12/6/18	3582	2	URI q, Kingston	9.23	170	1035	518	2:29.09
2/23/19	3833	2	Heptagonals, Cambridge	8.96	172	1006	556	2:22.78
12/5/19	3956	?	Colo Mines, Golden	9.08	178	1080	588	2:28.24

Outdoor:

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
5/08/16	4712	8	Heptagonals, Princeton	15.07	+0.1	161	947	26.05	+1.7	544	+1.6	2538	2:23.76
4/22/17	5207	4	UVa Chal, Charlottesville	14.58	+2.9	176	960	25.50	+2.9	570	nwi	3259	2:25.37
5/07/17	5296	2	Heptagonals, New Haven	14.65	+1.9	174	997	25.87	+4.3	592	+3.6	3191	2:19.46
4/13/18	5509	1	Classic, Auburn	14.76	+2.0	177	1047	25.36	+2.7	619	+2.4	3816	2:26.27
5/05/18	5333	1	Heptagonals, Phila	14.63		177	1074	25.68	-0.1	580	+1.4	3557	2:27.41
4/11/19	5632	2	Tennessee R, Knoxville	14.31	+2.0	174	1092	25.43	+3.3	621	+1.8	3847	2:21.54
5/04/19	5256	2	Heptagonals, Princeton	14.78	+0.1	174	1066	25.77	-0.6	588	+2.3	3433	2:27.89
6/08/19	5535	14	NCAA, Austin	14.43	+0.6	178	1088	25.17	+0.8	577	+0.7	3597	2:19.10

PRs: 5632 / 4013

14.31+2.0 180 1092 25.17+0.8 621+1.8 3847 2:19.10

Indoor: 60H: 8.84.

Updated: 2/2/20

JUANITA WEBSTER-FREEMAN

DOB: November 13, 1996
 POB:
 Ht: 5-7
 Hometown: Redlands, CA
 High School: Redlands HS'15
 College: Cerritos JC'17
 Club: Santa Barbara TC



2020: 2019: Opened season missing PR by 2 pts at Clay meet after indoor 4th place at USA nationals (4255)..**2018:** 12th at USAs. 7th at Bryan Clay and then PR 5788 score to win Azusa Twilight. **2017:** 14th at USA champs. Undefeated in 4 CE at Community College level. **2016:** Undefeated in 4 CEs including Cal Community College title. PR was 5188. Ran X-C. **High School:** Runner-up at Arcadia Prep hept. **Personal:** Daughter of Jevita Webster. Youngest of 15 brothers and 5 sisters!! Kinesiology major

Career:

Indoor

1/25/19 3889 3 U Washington, Seattle
 2/22/19 4255 4 USA, Staten Island

60h hj sp lj 800m
 8.44 173 1175 531 2:23.40
8.35 175 1285 578 2:22.57

Outdoor:

4/07/15 4971 2 Arcadia Prep, Arcadia
 2/27/16 4979 1 Cerritos Opener, Norwalk
 3/18/16 5188 1 UNLV Tarr, Las Vegas
 4/06/16 5091 1 S Cal CC, Norwalk
 5/21/16 4846 1 CCCAA, San Diego
 2/24/17 4999 1 Cerritos Opener, Norwalk
 3/17/17 5399 1 UNLV Tarr, Las Vegas
 4/04/17 5471 1 S Cal CC, Norwalk
 5/20/17 5424 1 CCCAA, Sacramento
 6/26/17 5376 14 USA, Sacramento
 7/05/17 5607 4 Pan Am Cup, Ottawa
 4/14/18 5585 1 Cerritos Invt, Norwalk
 4/20/18 5558 7 Bryan Clay, Azusa
5/11/18 5788 1 Twilight, Azusa
 6/24/18 5480 12 USA, Des Moines
 4/18/19 5786 4 Bryan Clay, Azusa
 6/30/19 5667 2 SBTC Invt, Santa Barbara

100h w hj sp 200m w lj w jav 800m
 14.39+0.8 157 913 25.61+1.3 566+1.2 2970 2:20.02
 15.30nwi 169 869 25.78nwi 551nwi 3518 2:22.01
 14.48nwi 168 1025 25.96nwi 565+1.3 3363 2:21.08
 14.37nwi 162 1057 25.73nwi 586nwi 2589 2:20.94
 15.24-0.3 152 1052 26.51+0.5 555nwi 3677 2:25.14
 15.19-0.9 173 1092 26.41nwi 537nwi 3354 2:26.93
 14.20+0.2 173 990 25.12+0.1 581+0.9 3770 2:25.96
 13.99-0.4 160 1037 25.69-2.0 558+0.9 4132 2:23.13
 13.96-0.6 175 1036 25.02+1.7 558+0.4 3632 2:24.27
 14.06-0.8 177 994 25.65+0.8 565+1.4 3542 2:22.66
 13.90+1.3 179 1057 25.59+0.5 573+0.4 4038 2:21.39
 14.04-0.5 183 1247 25.00-0.5 541+2.0 3850 2:27.00
 14.17+0.7 178 1247 25.33+1.5 578+0.3 3715 2:29.18
13.60+3.2 180 1215 25.71+2.2 591+0.7 3821 2:21.89
 13.81+0.5 181 1190 25.74-2.0 545+0.4 3587 2:26.59
 13.88-0.4 182 1179 25.25+1.2 583+1.6 3980 2:20.52
 13.80+1.5 172 1251 25.43-0.3 548+0.1 4038 2:16.66

PRs: 5788 / 4255

13.60+3.2 183 1251 25.00+0.5 610+3.0 4272 2:16.66

Indoor: 60mH: 8.35

Updated: 2/2/20