

**MEDIA GUIDE
2019
NCAA Div I**



**Women's
PENTATHLON**



March 8, 2018
Friday
CrossPlex
Birmingham, AL

Frank Zarnowski
DECA, The Decathlon Association
www.decathlonusa.typepad.com

Media Guide

2019 NCAA Indoor Women's Pentathlon

Time Schedule

Friday, March 8, 2019

60m Hurdles	12:15 pm
High Jump	1:00 pm (2 pits)
Shot Put	3:00 (2 circles)
Long Jump	4:00 (2 pits)
800 meters	5:30



Note- a rolling schedule will be maintained with @ 30 rest between the end of a previous event and the beginning of the succeeding event. Thus, the starting time for the 60m hurdles is official and the remaining events is estimated. (Source: NCAA.com)

Other Events: no other events on infield until 5:15 pm (women's shot put). Men's heptathlon begins at Noon am, and men's heptathlon high jump likely to be completed by 4:30 pm.

National Anthem	???
1st running event	5:35 pm (men's mile semifinal)

Qualifying Standards: [qualifying window: 2019 Indoor season]

Automatic Indoor Pentathlon Score: Top 16 (No Auto nor Provisional standard)...potential alternates listed
Final qualifier in 2017 was 4076 pts and 4118 in 2018.

Entrants: [includes alternates]

'19 best & qualifying date / meet

4498	Michelle Atherley	SR	Miami	2/21	ACC, Blacksburg
4372	Aliyah Whisby	SO	Georgia	1/25	Polack, Clemson
4330	Kelsey Herman	JR	Arkansas	2/21	SEC/Fayetteville
4220	Tria Simmons	SR	Iowa	2/02	Husker, Lincoln
4220	Hope Bender	SR	UCSB	1/25	U Wash, Seattle
4219	Madeline Holmberg	JR	Penn State	1/25	National, U Park
4218	Jordan Gray	SR	Kennesaw State	1/17	Samford, Birmingham
4211	Grace McKenzie	SR	McNeese State	1/17	Samford, Birmingham
4185	Erinn Beattie	SR	UC Davis	2/22	MPSF, Seattle
4183	xAshtin Zamzow	SR	Texas	2/22	Big 12, Lubbock
4149	Erika McLeod	SR	Montana	2/21	Big Sky, Bozeman
4132	Erin Marsh	SO	Duke	2/21	ACC, Blacksburg
4123	Jenny Kimbro	JR	Iowa	2/01	Husker, Lincoln
4122	Stacey Destin	SR	Alabama	2/21	SEC, Fayetteville
4122	Lauren Taubert	JR	Kansas State	2/22	Big 12, Lubbock
4082	Jestena Mattson	SR	Fresno State	2/19	Mountain West

#-adjusted for track size/configuration



THE FIELD:



Top Row: Michelle Atherley, Erinn Beattie, Hope Bender, Stacey Destin, Jordan Gray, Kelsey Herman, Madeline Holmberg, Jenny Kimbro;

Bottom Row: Erinn Marsh, Jestenna Mattson, Grace McKenzie, Erika McCleod, Tria Simmons, Lauren Talbert, Aliyah Whisby, Ashtin Zamzow

PR PAGE

PR Page (alphabetical)

	<u>PR</u>	<u>60</u>	<u>H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
Atherley	4498'19	8.15	177	1275	625	2:12.98	
Beattie	4185'19	8.69	184	1130	607	2:12.84	
Bender	4220'19	8.40	170	1228	590	2:11.30	
Destin	4186'19	8.55	190	1171	598	2:21.32	
Gray	4218'19	8.57	173	1466	645	2:21.33	
Herman	4330'19	8.29	185	1245	625	2:20.81	
Holmberg	4168'18	8.49	164	1413	637	2:18.78	
Kimbro	4123'19	8.27	172	1141	597	2:19.44	
Marsh	4132'19	8.40	175	1106	581	2:20.44	
Mattson	4082'19	8.56	170	1281	603	2:19.13	
McKenzie	4211'19	8.65	174	1147	586	2:12.96	
McCleod	4128'19	8.68	173	1169	596	2:14.27	
Simmons	4220'19	8.40	178	1158	587	2:17.71	
Talbert	4100'19	8.45	172	1160	572	2:14.72	
Whisby	4372'19	8.35	182	1175	615	2:20.33	
Zamzow	4183'19	8.50	173	1288	579	2:18.02	

NCAA adjusted-#

<u>qualifying score</u>	<u>Heptathlon PR</u>
4498	5816'18
4185	5458'18
4220	5725'18
4186	-----
4218	5641'17
4330	5820'17
4168	5976'18 8.51
4123	5523'18
4132	5184'18
4082	5511'18 580 2:25
4211	5619'18
4128	5541'16 551 2:19
4220	5398'18
4100	5491'18
4372	5590'18
4183	5829'16 8.50

NCAA I National Indoor Pentathlon Championships

Year	name	affiliation	score	meet site
2004	Hyleas Fountain	Georgia	4412	Fayetteville, AR
2005	Ashley Selig	Nebraska	4327	Fayetteville, AR
2006	Jacquelyn Johnson	Arizona St	4287	Fayetteville, AR
2007	Jacquelyn Johnson	Arizona St	4393	Fayetteville, AR
2008	Jacquelyn Johnson	Arizona St	4496	Fayetteville, AR
2009	Amy Menlove	Brigham Young	4365	College Station, TX
2010	Brianne Theissen	Oregon	4396	Fayetteville, AR
2011	Brianne Theissen	Oregon	4540	College Station, TX
2012	Brianne Theissen	Oregon	4536	Nampa, ID
2013	Erica Bougard	Mississippi St	4399	Fayetteville, AR
2014	Kendall Williams	Georgia	4635	Albuquerque, NM
2015	Kendall Williams	Georgia	4678	Fayetteville, AR
2016	Kendall Williams	Georgia	4703	Birmingham, AL
2017	Kendall Williams	Georgia	4682	College Station, TX
2018	Taliyah Brooks	Arkansas	4572	College Station, TX
2019				



-Meet Records in BOLD-

Past Meet Results

2018 outdoors June 9-10, 2017, Hayward Field, Eugene, OR

6146	Ellenwood, Georgia/Wisconsin-CAN'18	13.60+0.1	181	1247	24.33+0.1	604+3.0	4345	2:15.76
6074	Grauvogel, Louisa/Georgia-GER'20	12.95+2.0	175	1252	23.72+0.1	571-1.1	4350	2:19.92
5833	Holmberg, Madeline/Penn St'19	14.06+0.3	163	1368	24.29+0.1	599-0.4	4091	2:19.16
5800	Gustafson, Kendall/UCLA'18	14.19+0.3	175	1255	25.14+0.8	578+1.4	4327	2:18.27
5794,	Froeynes, Amanda/Florida-NOR'21	14.27+0.9	175	1221	25.60+0.8	577-1.1	4463	2:14.98
5789	Brooks-Johnson, Alissa/Wash St'18	13.84+1.4	166	1287	24.93+1.9	572-4.0	4287	2:15.69
5778	Schultz, Nina/Kansas St-CAN'20	13.71+2.0	175	1219	25.49+1.9	587-0.7	4055	2:18.95
5748	Gittens, Tyra/Texas A&M- '21	13.31+2.0	172	1242	24.83+0.1	614+0.1	3717	2:29.95
5740	Champahnie, Ayesha/Minnesota'19	14.03+0.3	163	1359	24.89+0.8	566-2.1	4882	2:25.79
5725	Siefring, Jaclyn/Akron'18	14.19-0.1	172	1182	14.69+1.9	593-0.9	3585	2:13.53
5667	Zamzow, Ashtin/Texas'18	13.85-0.1	166	1256	25.00+0.8	562-1.9	4324	2:20.92
5653	Bender, Hope/UCSB'19	13.73+0.4	166	1189	24.21+0.1	563-1.2	3585	2:15.24
5555	Neal, Maya/Tennessee'19	13.77+1.4	163	1222	24.69+1.9	599-1.1	3654	2:26.70
5553	Burns, Shaina/Texas A&M'18	14.06-0.1	166	1376	25.98+0.8	563+0.8	4062	2:23.05
5542	Ortega, Patricia/Akron-ESP'18	13.54+0.4	172	1099	24.85+1.9	533-2.2	3538	2:14.88
5504	Lopes, Lyndsey/USC'19	13.48+1.4	172	1050	24.40+0.1	559+0.1	3716	2:27.24
5490	Whisby, Aliyah/Kennesaw St'21	13.60+0.9	175	1145	24.38+1.9	587-0.4	2701	2:26.43
5404	Howell, Aaron/Michigan'18	13.86+0/9	169	1284	26.93+0.8	529-1.6	4328	2:24.84
5314	Berge, Emilie/S Alabama-NOR'20	13.17+0.3	169	1134	25.93+0.8	537-1.1	3849	2:22.05
5189	Okorie, Ariel/Kansas St'20	13.78+0.4	160	964	25.41+0.8	585+0.8	3335	2:26.09
dnf	Atherley, Michelle/Miami'20	13.22+2.0	189	1064	24.04+0.1	595-2.5	nm	dns
dnf	McKenzie, Grace/McNeese St-IRE'20	13.92+1.4	163	1078	25.46+1.9	533-2.6		
dnf	Hinton, Kaylee/Texas Tech'19	13.66+0.4	169	896	24.59+0.1			
dnf	Thompson, Alyssa/Arizona'18	16.82+0.9						

24s,20f.

2018 March 9, 2017, Gilliam Indoor Track, Texas A&M, College Station, TX

4572	Brooks, Taliyah/Arkansas'18	8.05	184	1216	636	2:22.44
4467	Schultz, Nina/Kansas St-CAN'20	8.29	184	1153	621	2:19.58
4381	Ellenwood, Georgia/Wisc-CAN'18	8.55	178	1231	596	2:14.28
4365	Siefring, Jaclyn/Akron'18	8.67	169	1272	619	2:12.64
4318	Grauvogel, Louisa/Georgia-GER'20	8.23	175	1229	593	2:20.51
4257	Atherley,Michelle/Miami'19	8.34	172	1238	573	2:16.47

4216	Holmberg, Madeline/Penn St'20	8.51	160	1373	611	2:21.26
4197	Gittens, Tyra/Texas A&M'21	8.35	178	1284	599	2:35.05
4160	Froeynes, Amanda/Florida-NOR'21	8.76	175	1077	578	2:13.07
4100	Destin, Stacey/Alabama'18	8.60	178	1054	580	2:21.92
4060	Brook-Johnson, Alissa/Wash St'18	8.63	169	1220	570	2:22.07
4010	Bender, Hope/UCSB'18	8.44	163	1124	559	2:17.01
4000	Hankerson, Holly/Louisville'18	8.72	166	1188	553	2:17.14
2997	Howell, Aaron/Michigan'18	8.90	169	1263	560	2:22.32
3943	Cannigan, Shanice/South Dakota'18	8.62	166	1100	554	2:18.85
3865	Popp, Selena/Samford'19	8.99	169	1110	574	2:26.42

16s,16f.

2017 March 10, 2017, Gilliam Indoor Track, Texas A&M, College Station, TX

4682	Williams, Kendell/Georgia'17	8.03	178	1296	647	2:15.61
4580	Brooks, Taliyah/Arkansas'18	8.13	184	1197	648	2:22.39
4340	Schultz, Nina/Kansas St'20	8.41	181	1214	618	2:26.55
4319	Atherley, Michelle/Miami'19	8.21	175	1269	567	2:17.05
4216	Brown, Leigha/Arkansas'17	8.48	172	1245	561	2:15.00
4186	Destin, Stacey/Alabama'19	8.63	190	1171	578	2:32.15
4162	Ellenwood, Georgia/Wisconsin'18	8.64	172	1212	577	2:18.29
4142	Jackson, Rose/N Dakota St'17	8.77	160	1278	609	2:17.57
4139	Herman, Kelsey/Arkansas'19	8.34	175	1192	606	2:33.68
4089	Hughes, Zoe/Harv-GBR'20	8.80	163	1273	594	2:19.81
4088	Larch-Miller, Nikki/Wichita St'17	8.26	163	1190	564	2:17.93
4084	Siefring, Jaclyn/Akron'18	8.76	163	1213	588	2:16.72
4017	Hankenson, Holly/Louisville'19	8.52	157	1165	574	2:14.88
4008	Grauvogel, Louisa/Georgia-GER'20	8.47	160	1237	581	2:23.99
3992	Farrington, M-Marie/Florida St-AUS'17	8.40	172	1146	580	2:32.69
3705	Borman, Breanne/Wichita St'17	8.78	160	1272	533	2:33.25

16s,16f,

2016 March 11, 2016, CrossPlex, Birmingham, AL

4703	Williams, Kendell/Georgia'17	8.09	186	1355	635	2:20.47
4432	Brooks, Taliyah/Arkansas'18	8.17	183	1155	618	2:22.59
4425	Iuel, Amalie/USC-NOR'17	8.48	180	1108	615	2:12.41
4390	Ellenwood, Georgia/Wisconsin-CAN'17	8.56	180	1276	608	2:20.05
4371	Stumbaugh, Payton/Arkansas'18	8.10	174	1214	597	2:18.01
4336	Gochenour, Alex/Arkansas'16	8.38	171	1265	595	2:15.38
4268	Rahn, Xenia/Georgia-GER'16	8.42	168	1300	607	2:21.34
4226	Dameus, Clairwin/Tenn St'16	8.29	159	1204	636	2:20.84
4218	Brown, Leigha/Arkansas'17	8.64	171	1311	557	2:13.87
4162	Siefring, Jaclyn/Akron'18	8.76	165	1225	584	2:12.60
4153	Atherly, Michelle/Auburn'19	8.42	177	1211	544	2:19.81
4003	Borman, Breanne/Wichita St'17	8.64	168	1241	576	2:27.75
3912	Knodle, Page/Kansas St'16	8.42	159	1055	562	2:17.95
3623	Jones, Akela/Kansas St-BAR'16	10.98*	198	1359	680	dnf
dnf	Kunz, Annie/Texas A&M'16	8.44	177	1321	nm	dns
dnf	Johonnot, Karli/Duke'16	8.72	withdrew			

16s,14f, *-fell in hurdles; **bold**- Collegiate and Meet records

2015 March 14, 2015, Tyson Center, Fayetteville, AR

4678	Kendell Williams	Georgia	8.10	183	1224	653	2:17.30	MR, CR
4566	Erica Bougard	Mississippi St	8.16	183	1246	616	2:16.93	
4450	Xenia Rahn	North Carolina	8.39	177	1298	623	2:20.17	
4430	Alex Gochenour	Arkansas	8.41	180	1237	604	2:16.85	
4372	Jess Herauf	Minnesota	8.78	174	1374	593	2:12.90	
4259	Quintunya Chapman	Georgia	8.33	153	1395	607	2:15.38	
4230	Taliyah Brooks	Arkansas	8.54	180	1022	608	2:19.79	
4184	Georgia Ellenwood	Wisconsin	8.83	174	1158	602	2:18.33	

4164	Chari Hawkins	Utah	8.48	177	1152	589	2:24.98
4143	Erica Twiss	Kansas St	8.38	174	896	592	2:13.88
4089	Leigha Brown	Arkansas	8.77	174	1248	540	2:17.11
4069	Shanice Stewart	Texas Tech	8.41	171	1348	617	2:46.23
4019	Jena Hemann	Texas A&M	8.64	174	1276	535	2:24.66
3432	Lindsay Vollmer	Kansas	8.29	177	1211	570	dnf
dnf	Fabia McDonald	Ole Miss	8.85	168	1253	571	dns
dns	Brittany Harrell	Florida					

2014 March 15, 2014, Convention Center, Albuquerque, NM

4635	Kendell Williams	Georgia	8.21	188	1205	632	2:17.31	WJR, CR, MR
4586	Erica Bougard	Mississippi St	8.31	179	1251	629	2:12.63	
4287	Brittany Harrell	Florida	8.54	176	1122	602	2:15.53	
4368	Lucie Ondraschkova	Georgia	8.49	176	1130	594	2:16.23	
4253	Deanna Latham	Wisconsin	8.34	170	1199	598	2:18.55	
4229	Sarah Chauchard	E Michigan	8.73	170	1332	587	2:18.23	
4202	Brittney Howell	Penn St	8.31	173	1156	621	2:29.06	
4193	Jena Hemann	Texas A&M	8.63	173	1322	582	2:23.58	
4172	Jess Herauf	Minnesota	8.81	170	1267	590	2:18.66	
4151	Erica Twiss	Kansas St	8.26	176	933	600	2:20.50	
4120	Thea LaFond	Maryland	8.58	185	1002	579	2:24.63	
4107	Quintunya Chapman	Georgia	8.49	161	1290	587	2:20.99	
4042	Alex Gochenour	Arkansas	8.43	170	1248	580	2:31.59	
4025	Chari Hawkins	Utah St	8.33	179	1148	567	2:25.36	
3996	Allison Reaser	San Diego St	8.32	158	1110	586	2:20.37	
3968	Sarah Graham	S Carolina	8.61	173	1175	545	2:25.29	

2013 March 9, 2013, Randal Tyson Center, Fayetteville, AR

4399	Erica Bougard	Mississippi St	8.34	175	1100	611	2:10.80	
4327	Keia Pinnick	Arizona St	8.22	163	1123	623	2:11.31	[NCAA now breaks ties]
4327	Makeba Alcide	Arkansas/St Lucia	8.45	175	1222	584	2:14.05	
4228	Lucie Ondraschkova	Georgia-CZE	8.78	175	1155	597	2:15.58	
4209	Martina Salander	Harvard/SWE	8.61	163	1423	585	2:19.36	
4178	Merryl Mbeng	Kansas St/FRA	8.71	172	1076	598	2:14.07	
4167	Marissa Golliday	Illinois	8.91	175	1154	578	2:13.92	
4112	Jessica Flax	Wisconsin	8.46	163	1250	565	2:16.15	
4105	Lindsay Vollmer	Kansas	8.54	172	1210	587	2:26.26	
4094	Thea LaFond	Maryland	8.70	181	1007	577	2:20.65	
4066	Deanna Latham	Wisconsin	8.34	163	1138	596	2:22.77	
4039	Shanay Briscoe	Texas	8.85	184	1255	547	2:31.01	
3916	Claire McConnell	Oklahoma	8.68	169	1128	564	2:26.25	
3742	Tanya Friesen	Wichita St	8.87	172	1039	548	2:31.31	
dnf	Xenia Rahn	Memphis/GER	8.75	175	nw	withdrew		
dnf	Charlene Charles	Jacksonville/FRA	dnf	inj	withdrew			



16s,14f

2012 March 10, 2012, Nampa, ID

4536	Brianne Theisen	Oregon	8.25	184	1246	595	2:13.95	
4299	Dorcas Akinniyi	Wisconsin	8.68	184	1395	555	2:22.78	
4269	Madeline Buttinger	Notre Dame	8.99	175	1305	602	2:17.79	
4241	Barbara Nwaba	UCSB	8.67	175	1350	561	2:17.94	
4142	Ryann Kraus	Kansas St	8.60	172	1204	567	2:17.74	
4118	Brittany Harrell	Florida	8.69	172	1165	592	2:21.75	
4114	Jasmine Cotton	Cincinnati	8.47	175	1080	594	2:24.66	
4038	Olimpia Nowak	N Iowa	8.48	169	1212	548	2:20.82	

4000	Kaylon Eppinger	Alabama	8.41	169	1215	575	2:31.38
3985	Erica Bougard	Mississippi St	8.59	166	1037	576	2:18.00
3976	Malaikah Love	Sn Illinois	8.60	157	1290	568	2:21.28
3954	Megan Fausto	Houston	9.07	172	1013	588	2:19.60
3951	Lindsay Schwartz	S Alabama	8.59	166	1020	585	2:21.70
3915	Makeba Alcide	Arkansas	8.62	166	1064	570	2:22.63
3740	Fabia McDonald	Mississippi	8.75	160	921	567	2:20.74
3186	Jessica Flax	Wisconsin	8.62	nh	1226	543	2:18.98

2011 March 11, 2011, College Station, TX

			60h	hj	sp	lj	800m
4540	Theisen, Brianne	Jr Oregon/CAN	8.35	184	1238	596	2:11.82 PR, NR, FHR, MR, CR
	Old MR: Jackie Johnson/Az St 4496. Also superior to own 4507 '11 on oversized track.						
4396	McMillan, Chantae	Sr Nebraska	8.69	166	1457	633	2:18.61 PR [NCAA did not break ties in 2011]
4396	Profit, Kiani	Sr Maryland	8.41	175	1200	588	2:09.67 PR
4254	Akinniyi, Dorcas	Jt Wisconsin	8.67	178	1280	591	2:22.86 PR
4128	Carrier, Chelsea	Sr West Virginia	8.29	166	1130	596	2:21.32
4115	Krais, Ryann	Jr Kansas St	8.71	172	1136	643	2:09.93 PR
4054	Love, Malaikah	Jr Sn Illinois	8.85	166	1302	574	2:21.21 PR
4042	Wortham, Ellen	Jr Tennessee	8.46	172	996	572	2:18.44 PR
4020	Nwaba, Barbara	Jr UCSB	8.87	175	1210	550	2:21.84
4006	Dumitrescu, Diana	Jr Kent St/ROM	8.99	169	1311	571	2:25.16
3992	Nwokey, Precious	Jr Kentucky	8.59	166	1047	573	2:17.24
3947	Nowak, Olimpia	Jr N Iowa/POL	8.73	160	1214	561	2:18.62
3919	Alcide, Makeba	Soph Arkansas/St L	8.86	169	1160	546	2:20.62
3906	Ondraschkova, Lucie	Soph Georgia/CZE	8.91	172	1009	556	2:18.32
3814	Lofton, Sherrina	Sr CSU-Northridge	8.63	163	1113	535	2:22.30
3573	Carlson, Whitney	Sr N Dakota St	8.68	151	1003	612	2:42.46
	16s,16f.						

2010 March 12, 2010 , Fayetteville, AK

			60h	hj	sp	lj	800m
4396	Brianne Theisen	So Oregon	8.44	174	1265	608	2:15.58
4242	Kiani Profit	Jr Maryland	8.40	171	1075	590	2:11.86
4156	Sandy Fortner	Sr New Mexico	8.70	171	1307	594	2:25.41
4133	Chelsea Carrier	Jr West Virginia	8.29	171	1040	589	2:19.49
4113	Liane Weber	Sr Clemson	8.50	168	1187	588	2:21.77
4061	Uhunoma Osazuwa	Sr Syracuse	8.63	171	1118	608	2:27.52
4056	Dorcas Akinniyi	So Wisconsin	8.86	174	1156	597	2:26.18
4055	Diana Dumitrescu	So Kent State	8.77	165	1278	604	2:27.39
3985	Precious Nwokey	So Kentucky	8.64	162	1093	583	2:18.09
3949	Ryann Krais	So UCLA	8.97	171	1056	564	2:17.44
3916	Malaikah Love	So Southern Ill	8.91	162	1158	580	2:21.31
3789	Chealsea Taylor	Sr Alabama	8.59	174	1091	546	2:36.67
3752	Amy Otis	Sr BYU	8.48	153	1142	585	2:33.59
3601	Kettiany Clarke	Sr South Carolina	8.39	153	1171	533	2:36.65
dnf	Kelsey Lloyd	Jr Texas Tech	8.58	177	1073	3f	
dnf	Megan Wheatley	Sr Nebraska	8.68	nh	1241	withdrew	
dnf	Chantae McMillan	Jr Nebraska	8.91	165	1325		

2009 March 12, 2009, College Station, TX

			60h	hj	sp	lj	800m
4365	Menlove, Amy/BYU		8.26	169	1162	640	2:18.65
4342	Hunter, Gayle/Penn St		8.50	163	1220	638	2:13.73
4321	Theissen, Brianne/Oregon-CAN		8.54	181	1116	602	2:17.37
4267	Wheatley, Megan/Nebraska-AUS		8.62	163	1329	717	2:17.62
4252	Wade, Bette/Michigan		8.58	172	1326	606	2:24.76
4235	Weber, Lianne/Clemson-GER		8.66	172	1130	601	2:14.04
4118	Wichmann, Annett/Hawaii-GER		9.05	175	1380	558	2:21.86

4096	McMillan, Chantae/Nebraska	8.77	166	1230	614	2:24.97
4088	McFadden, Kalindra/Oregon	8.83	169	1260	568	2:18.37
4063	Liehr, Whitney/Stanford	8.72	178	1010	606	2:26.56
3997	Trimble, Ashley/Kentucky	8.48	163	1137	561	2:17.81
3962	Bamigboye, Buky/G-town	8.81	163	1183	558	2:16.73
3934	Quinley, Shevell/Arizona	8.82	169	1169	575	2:27.17
3875	Cotton, Jasmine/Cincinnati	8.70	172	1068	579	2:32.50
3823	Carrier, Chelsea/West Virginia	8.36	157	1009	576	2:24.62
3651	Akinniyi, Dorcas/Wisconsin	9.05	152	1026	518	2:28.08
dnf	Mamona, Patricia/Clemson-POR	8.65	160	1056	565	dnr
dnf	Moore, Erica/Indiana St	8.96	160	1045	561	dnr
	18s,16f					

2008 March 12, 2008, Fayetteville, AK

		<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4496	Johnson, Jacquelyn	Arizona State	8.23	178	1186	616	2:13.45
4366	Wade, Bette	Michigan	8.67	181	1320	622	2:26.61
4256	Quinley, Shevell	Arizona	8.58	175	1168	617	2:21.87
4177	Wichmann, Annett	Hawaii-GER	8.95	175	1411	554	2:19.68
4141	Hunter, Gayle	Penn State	8.53	160	1137	628	2:18.86
4137	Roehrig, Liz	Minnesota	8.79	175	1252	594	2:26.28
4116	Kennedy, Julianne	Texas Tech	8.49	175	1245	561	2:24.95
4103	Abrahamsen, Charlotte	Memphis-NOR	8.97	175	1509	550	2:29.15
4069	Hasan, Alyssa	Notre Dame	8.68	175	1204	582	2:28.16
4059	Harris, Marissa	Mississippi State	8.32	169	1203	612	2:36.80
4017	Riel, Tiana	Boston College	8.65	172	1107	568	2:21.63
3905	Fortner, Sandy	New Mexico	8.75	166	1225	565	2:28.35
3882	Collins, Lauren	UC-Irvine	8.95	174	1018	537	2:18.64
3878	Nowak, Olympia	Northern Iowa	8.78	163	1145	554	2:20.67
3836	Kerr, Tammilee	Iowa	8.88	169	1131	557	2:27.63
3806	Stipe, Dani	Northern Iowa	8.76	166	960	574	2:24.41
dns	Chaplin, Etienne	Arkansas					
	[17]						

2007 March 10, 2007, Fayetteville, AK

		<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4393	Johnson, Jacquelyn	Arizona St	8.30	175	1283	579	2:13.52
4339	Pickler, Diana	Washington St	8.35	181	1180	593	2:20.09
4225	Talbot, Melissa	Wisconsin	8.41	169	1258	591	2:19.94
4202	Greene, Kristin	Fordham-GER	8.79	181	1150	584	2:19.67
4131	Wade, Bette	Michigan	8.56	169	1232	591	2:23.19
4085	Stechsulte, Abbie	West Virginia	8.68	163	1283	592	2:22.11
4084	Lloyd, Katie	Colorado St	8.74	172	1227	587	2:25.48
4073	Hill, Kasey	Boston College	8.60	166	1224	551	2:15.06
4046	Pickler, Julie	Washington St	8.72	172	1101	572	2:19.03
4025	Hunter, Gayle	Penn St	8.60	169	1107	586	2:23.14
4007	Wichmann, Annett	Hawaii-GER	9.01	172	1261	544	2:19.18
3916	Kreb, Gunild	Virginia Tech-GER	8.98	163	1369	535	2:21.65
3901	Highsmith, Tamara	Connecticut	8.73	172	1033	537	2:18.72
3868	Kennedy, Julianne	Texas Tech	8.76	166	1198	560	2:28.52
3831	Weber, Liane	Clemson-GER	8.84	166	1114	563	2:26.39
3229	Roehrig, Elizabeth	Minnesota	8.96	172	1289	nm	2:28.51
	[16]						

2006 March 11, 2006, Fayetteville, AK

		<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4287	Johnson, Jacqueline	Arizona St	8.37	176	1181	588	2:17.99
4267	Pickler, Julie	Washington St	8.58	176	1183	594	2:17.48
4224	Triesscheijn, Saskia	Virginia Tech-GER	8.69	170	1319	580	2:17.03
4193	Dupree, Rynne	Texas-San Antonio	8.61	173	1196	601	2:21.87

4147	Selig, Ashley	Nebraska	8.62	170	1115	588	2:15.68
4115	Roerig, Liz	Minnesota	8.89	176	1193	598	2:25.11
4086	Hammond, Chelsea	South Carolina	8.45	173	1017	616	2:27.30
4069	Thomas, Tamara	Central Michigan	8.38	173	1017	585	2:22.53
4028	Williams, Jennifer	Michigan	9.33	182	1046	548	2:12.45
4017	Partain, Tracy	Missouri State	8.57	170	1126	566	2:21.67
3995	Baker, Sara Jane	Nebraska	8.98	173	1148	538	2:14.61
3958	Chang, Crystal	S.F. Austin St	9.01	170	1208	545	2:18.58
3932	Ayers-Stamper, Danielle	Cal Poly-SLO	8.93	167	1209	569	2:24.32
3917	Wade, Bettie	Michigan	8.94	170	1129	582	2:26.96
3897	Talbot, Melissa	Wisconsin	8.49	158	1146	557	2:20.18
3874	Stechschulte, Abbie	West Virginia	8.77	161	1221	554	2:23.19
3824	Akre, Megan	LSU	8.74	170	1008	540	2:21.89
3797	Kreb, Gunild	Virginia Tech-GER	9.06	158	1364	527	2:22.93

[18]

2005 March 12, 2005, Fayetteville, AK

			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4327	Selig, Ashley	Nebraska	8.72	176	1132	616	2:13.40
4312	Menlove, Amy	BYU	8.28	167	1115	667	2:24.69
4140	Kurrat, Manuela	Idaho-GER	8.88	167	1305	558	2:12.20
4133	Stockard, Jessica	Georgia	8.71	176	1085	609	2:23.84
4055	Williams, Amber	Miami	8.46	164	1146	599	2:23.62
4048	Triesscheijn, Saskia	Virginia Tech-GER	8.91	170	1309	537	2:16.74
4048	Hahn, Josie	Vanderbilt	8.93	176	1174	556	2:19.26
4036	Spence, Christine	UNLV	8.58	182	1116	485	2:13.93
4015	Partain, Tracy	Missouri St	8.62	173	1118	567	2:23.51
4000	Pickler, Diana	Washington St	8.49	176	1116	566	2:29.41
3983	Berendsen, Liis	BYU	9.14	170	1114	588	2:19.54
3978	Baker, Sara Jane	Nebraska	9.04	173	1067	565	2:16.73
3973	McDowell, Beyonka	Arkansas	8.64	158	1390	592	2:32.46
3889	Hunter, Gayle	Penn State	8.90	161	975	609	2:20.18
3886	McGill, Tamara	Pittsburgh	8.52	173	1294	528	2:35.79
dnf	Pickler, Julie	Washington St	8.66	176	1116	3f	dns
dnf	Dupree, Ryanne T	exas-San Antonio	8.83	164	1053	3f	dns

[17]

2004 March 13, 2004, Fayetteville, AK

			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4412	Fountain, Hyleas	Georgia	8.15	180	1146	645	2:27.61
4263	Johnson, Jacquelyn	Arizona St	8.53	171	1198	609	2:18.17
4189	Meredith, Brooke	California	8.76	171	1273	591	2:19.49
4173	Wright, JaNelle	Kansas St	8.65	174	1206	609	2:25.97
4144	Hammond, Chelsea	South Carolina	8.65	177	1058	638	2:30.82
4064	Hahn, Josie	Vanderbilt	8.97	183	1125	551	2:20.49
4054	Selig, Ashley	Nebraska	8.72	168	995	593	2:14.39
4033	Willmann, Jordan	Baylor	8.83	168	1254	549	2:17.13
3968	Webb, Koya	Wichita St	8.98	174	1128	560	2:21.12
3848	Baker, Sara Jane	Nebraska	9.26	171	979	567	2:17.40
3825	Dupree, Ryanne	Texas-San Antonio	8.72	165	981	578	2:24.72
3786	Pickler, Diana	Washington St	8.72	165	1099	563	2:30.24
3779	Turpin, Annmarie	UC-Irvine	8.86	168	1010	545	2:22.65
3751	Brownson, Maranda	Nevada-Reno	8.88	165	1006	555	2:23.79
3591	McGaffagan, Alexis	South Florida	9.05	162	921	543	2:23.73
3075	Andrus, Abby	Oregon	9.20	168	1097	3f	2:23.05

[16]

NB: Individual meet record in **BOLD**

Indoor Women's Pentathlon Records Individual Events

World Records

60mH	7.91	Jessica Ennis/GBR	Istanbul, IAAF-4965	2012
HJ	1.99m(6-6 1/2)	Tia Hellebut/BEL	Valencia-4867	2008
SP	20.27m (66-6)	Eva Wilms/GER	Berlin-4641	1977
LJ	6.81m(22-3)	Nadine DeBois/FRA	Paris	1986
800m	2:04.42	Ester Goossens/NED	Kalbach	1997
Score	5013	Nataliya Dobrynska/UKR	Istanbul	2012

[8.38 184 1651 657 2:11.16]



American Records

60mH	7.99	Tiffany Lott-Hogan/USA	Chapel Hill/USATF-4224	2004
HJ	1.94m(6-4 1/4)	Gwen Wentland/Kansas St	Manhattan -4115	1995
SP	15.59m(51-1 3/4)	Sharon Day-Monroe/Asics	Albuquerque-4805	2014
LJ	6.68m(21-11)	Hyleas Fountain/Nike	University Park, PA-4731	2010
800m	2:08.36	Erica Moore/Indiana St	Ames-4030	2009
Score	4805	Sharon Day-Monroe	Asics	2014

[8.44 188 1559 609 2:13.19]



Collegiate Records

60mH	8.03	Kendell Williams/Georgia	College Station/NCAA-4682	2017
HJ	1.98m/6-6	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
SP	16.34m(53-7 1/2)	Austra Skyute/Kansas St/AUT	Manhattan	2002
LJ	6.80m(22-3 3/4)	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
800m	2:06.88	Amalie Iuel/USC	Seattle-4444	2016
Score	4703	Kendell Williams/Georgia	Birmingham/NCAA I	2016

[8.09 186 1355 635 2:20.47]



NCAA I Meet Records

60mH	8.03	Kendell Williams/Georgia	C Station/NCAA-4682	2017
HJ	1.98m (6-6)	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
SP	15.09m(49-6 1/4)	Charlotte Abrahamsen/Memphis-NOR	Fayetteville-4103	2008
LJ	6.80m(22-3 3/4)	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
800m	2:09.67	Kiani Profit/Maryland	College Station-4396	2011
Score	4703	Kendell Williams/Georgia	Birmingham/NCAA I	2016

[8.09 186 1355 635 2:20.47]



Birmingham CrossPlex Facility Records

60m H	8.09	Kendell Williams	Georgia	NCAA I	2016
HJ	1.98m (6-6)	Akela Jones	Kansas St-BAR	NCAA I	2016
SP	13.59m	Akela Jones	Kansas St-BAR	NCAA I	2016
LJ	6.80m (22-3 3/4)	Akela Jones	Kansas St-BAR	NCAA I	2016
800m	2:12.41	Amalie Iuel	USC-NOR	NCAA I	2016
Score	4703	Kendell Williams	Georgia	NCAA I	2016

[8.09 186 1355 635 2:20.47]

All-Time Collegiate List [as 3/1/19]

4703	Kendell Williams	Georgia	NCAA I, Birmingham 3/10/16	8.09 186 1355 635 2:20.47
4686	Williams		SEC, Nashville 2/24/17	8.04 184 1266 649 2:19.65
4682	Williams		NCAA I, College Station 3/10/17	8.03 178 1296 647 2:15.61
4678	Williams		NCAA I, Fayetteville, 3/14/15	8.10 183 1224 653 2:17.30
4643	Akela Jones	Kansas St	KSU Skuyite, Manhattan, 1/22/16	8.25 185 1299 664 2:25.63
4635	Williams		NCAA I, Albuquerque 3/15/14	8.21 188 1205 632 2:17.31
4609	Williams		McCravey, Lexington 1/23/15	8.23 185 1277 646 2:22.89
4586	Erica Bougard	Mississippi St	NCAA I, Albuquerque 3/15/14	8.31 179 1251 629 2:12.63
4580	Taliyah Brooks	Arkansas	NCAA I, College Station 3/10/17	8.13 184 1197 648 2:22.39
4572	Brooks		NCAA I, College Station 3/9/18	8.05 184 1216 636 2:22.44
	<i>[10 performances]</i>			
4569	Makeba Alcide	Arkansas	SEC, Fayetteville 2/23/13	8.35 187 1232 615 2:16.37
4566	Bougard		NCAA I, Fayetteville, 3/14/15	8.16 183 1246 616 2:16.93
4558	Williams		Razorback, Fayetteville 1/29/16	8.26 187 1251 638 2:24.96
4555	Brianne Theisen	Oregon-CAN	Mondo, College Station 1/27/12	8.38 188 1287 599 2:16.90
4540	Theisen		NCAA, College Station 3/11/11	8.35 184 1238 596 2:11.82
4536	Theisen		NCAA, Nampa 3/10/12	8.25 184 1246 595 2:13.95
4507	Theissen		U Washington, Seattle, 1/28/11	8.45 183 1270 602 2:14.50 >o
4502	Nina Schultz	Kansas St-CAN	Texas Tech, Lubbock 2/2/18	8.28 182 1161 639 2:19.79
4498	Sami Spenner	Nebraska-Ohama	USA, Albuquerque	8.52 176 1225 634 2:12.87
4498	Michelle Atherley	Miami	ACC, Blacksburg 2/21/19	8.26 176 1195 623 2:12.98
4496	Jacquelyn Johnson	Arizona St	NCAA, Fayetteville 3/12/08	8.23 178 1186 616 2:13.45
	<i>[10 performers]</i>			
4450	Xenia Rahn	N Carolina-GER	NCAA I, Fayetteville 3/14/15	8.39 177 1298 623 2:20.17
4444	Amalie Iuel	USC-NOR	Mountain Pacific 2/27/16	8.48 178 1107 603 2:06.88
4439	Austra Skuyjte	Kansas St	Big 12, Lincoln 2/22/02	8.91 176 1582 597 2:19.79
4430	Alex Gochenour	Arkansas	NCAA I, Fayetteville, 3/14/15	8.41 180 1237 604 2:16.85
4417	Hyleas Fountain	Georgia	SEC, Lexington 2/27/04	8.23 181 1171 632 2:24.94
4404	Lindsay Vollmer	Kansas	Big 12, Ames 2/27/15	8.35 178 1312 609 2:22.56
4396	Chantae McMillan	Nebraska	NCAA I, College Station 3/11/11	8.69 166 1457 633 2:18.61
4396	Kiani Profit	Maryland	NCAA I, College Station 3/11/11	8.41 175 1200 588 2:09.67
4393	Jess Lehman	Minnesota	Big 10, Geneva 2/27/16	8.75 167 1398 603 2:10.33
4392	Georgia Ellenwood	Wisconsin	Big 10, Geneva 2/27/16	8.61 182 1250 590 2:15.70

[20 performers]

>o – oversized track

Athletes Bios: [listed alphabetically]

MICHELLE ATHERLEY

DOB: December 12, 1995
 POB:
 Ht: 5-8
 Hometown: North Point, FL
 High School: Port Charlotte HS
 College: Auburn, Miami (FL)'19



2019: Won ACC indoor crown with PR 4498 pentathlon score. **2018:** ACC outdoor heptathlon winner at 5793. 6th at NCAA indoors. Placed 2nd at ACC with 4319 score. **2017:** Transferred to Miami and won ACC crown with 4281 PR. **2016:** 6th at SEC as freshman at Auburn. **High School:** 2x district and regional champion in 100m hurdles and 300m hurdles. Runner-up in 1090m hurdles and 3rd in triple jump at 2015 Fla state meet. 2015 Florida State Weightlifting champion. **Personal:** Daughter of Clifford and Brenda Atherley. Political Science major.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
3/11/15	3439	6	New Balance Prep, NYC Armory	8.69	155	820	538 2:28.82
2/05/16	3833	5	Husker Sevigne, Lincoln	8.58	163	1059	558 2:23.91
2/27/16	4148	6	SEC, Fayetteville	8.40	175	1114	562 2:17.76
3/11/16	4153	11	NCAA I, Birmingham	8.42	177	1211	544 2:19.81
1/20/17	3984	1	McCravey, Lexington	8.43	173	1090	527 2:18.94
2/23/17	4281	1	ACC, South Bend	8.35	176	1178	576 2:15.80
3/10/17	4319	4	NCAA I, College Station	8.21	175	1269	567 2:17.05
2/02/18	4096	1	Mich Power 5, Ann Arbor	8.56	166	1213	570 2:17.53
2/22/18	4159	2	ACC, Clemson	8.37	164	1218	584 2:14.26
3/09/18	4257	6	NCAA I, College Station	8.34	172	1238	573 2:16.47
1/24/19	4292	1	Texas Tech, Lubbock	8.39	174	1174	601 2:17.98
2/21/19	4498	1	ACC, Blacksburg	8.26	176	1195	623 2:12.98

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/20/18	5816	4	Clay, Azusa	13.28	1.4	172	1241	23.96+2.1	584	1.8	2989	2:14.16
5/10/18	5793	1	ACC, Coral Gables	13.05+0.5	167	1275	23.93+2.2	588+4.1	2945	2:15.83		

PRs: 5816 / 4498 13.05+0.5 176 1275 23.93+2.2 625 3244 2:12.98

Indoor: 60mH: 8.15

Updated: 3/1/19

ERINN BEATTIE

DOB:

POB:

Ht: 5-7½

Hometown: Ventura, CA

High School: Buena HS '15

College: UC-Davis '19



2019: Placed 4th at MPSF in Seattle with PR 4185 pentathlon score. **2018:** NCAA outdoor high jump runner-up (1.84m/6-½)...literally tied with two others but awarded 2nd on countback. Ran 61.88 in 400m hurdles. 2nd at Big West Heptathlon (PR 5458). **2017:** Big West high jump champ. 18th at NCAA hj finals. **2016:** NCAA Regional hj qualifier. **High School:** State CIF hj champ (5-9) in 2015, 3rd in 2014, 6th in 2013. Prep PR was 5-10. **Personal:** Is left-handed. Parents are Tricia and John Beattie. Majoring in Human Development

Career:

Indoor

				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
2/23/18	4062	2	MPSF, Seattle	9.19	183	1023	578	2:18.69
2/22/19	4185	4	MPSF, Seattle	8.69	176	1130	586	2:17.39

Outdoor:

				<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
2/26/16	3954	7	Chico Multis, Chico	16.97	-0.9	167	746	27.97+0.5	479	+2.1	2109	2:27.38
5/07/16	4629	6	Big West, Long Beach	15.27	+3.9	169	875	26.85+2.3	579	+0.8	2362	2:18.75
3/03/17	4989	2	Chico Multis, Chico	14.88	+0.4	175	962	27.25+0.3	556	+1.2	2803	2:17.23
5/06/17	4474	12	Big West, Fullerton	19.35	0.0	170	969	26.95+2.7	572	+3.1	2866	2:20.26
4/20/18	5387	10	Clay, Azusa	14.80	+3/4	184	1044	26.21+2.1	579	+1.8	3068	2:16.08
5/12/18	5458	2	Big West, Northridge	14.58	-1.6	179	1000	25.64+1.4	575	+1.7	3453	2:14.57

PRs: 5458 / 4185

14.58+1.6 184 1130 25.64+1.4 607+1.0 3453 2:12.84

Indoor: 60H: 8.69

Updated: 2/28/18

HOPE BENDER

DOB: January 2, 1997
POB:
Ht: 5-5
Hometown: Newport Beach, CA
High School: Newport Brach HS'15
College: UCSB'21



2019: Opened indoor season with 4220 PR win in Seattle. **2018:** 12th at NCAAs both indoors and out. 5thth at USA indoors (with 4149 PR effort) after winning Seattle meet. **2017:** 4th at Big West outdoors. **2016:** 3rd at Big West outdoors. **High School:** Ran 14.35 and 42.18 for prep hurdles. **Personal:** Parents are Steve and Lynn Bender. Majoring in Biology. Aspires to become a Genetic Engineer. Also competed in Motorcross and Horse-Show Jumping.

Career:

Indoor

					<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/15/16	3211	7	Jacoby, Nampa		8.84	150	1075	426	2:29.63
1/27/18	3884	1	UW Invt, Seattle		8/62	159	1169	533	2:16.14
2/16/18	4149	5	USATF, Albuquerque		8.61	168	1228	576	2:16.68
3/09/18	4010	12	NCAA I, College Station		8.44	163	1134	559	2:17.01
1/25/19	4220	1	U Washington, Seattle		8.48	170	1199	590	2:16.97

Outdoor:

					<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/02/16	4909	7	Sam Adams, S Barbara		14.28	-0.5	148	1087	24.89	+0.3	507	nwi	2864	2:17.45
5/14/16	5114	3	Big West,		14.17	+1.6	160	1014	24.71	+0.6	523	+2.3	3028	2:16.91
5/13/17	5212	3	Cal Invt. Azusa		14.18	-0.1	160	1108	24.66	+1.9	538	+3.2	2818	2:14.63
5/12/17	4312	14	Big West,		14.06	-0.4	nh	1098	24.84	+0.7	538	+1.9	2778	2:26.86
4/20/18	5725	2	Clay, Azusa		13.59	+0.9	160	1190	23.93	+2.5	578	+0.6	3572	2:11.30
5/12/18	5561	1	Big West, Northridge		13.70	+0.4	164	1204	24.15	-0.6	558	0.0	3388	2:12.28
6/06/18	5653	12	NCAA I, Eugene		13.73	+0.4	166	1189	24.21	+0.6	563	-1.2	3585	2:15.24

PRs: 5725 / 4220

13.33+1/1 **170** **1228** **23.93**+2.5 **590i** **3585** **2:11.30**

Indoors: 60H: 8.40.

Updated: 3/1/19

STACEY DESTIN

DOB: November 7, 1996
 POB:
 Ht: 5-7
 Hometown: Boynton Beach, FL
 High School: Boynton Beach HS '15
 College: Alabama '19



2019: Finished 3rd at SEC Conf (4122 score). **2018:** Placed 10th at NCAAs (4100) after 4th place finish at SEC Conf. **2017:** 1st season at Combined Events. Placed 6th at SECs indoors (4166). Also qualified for indoor high jump (3rd-SEC). **2016:** No CEs. Focused on high jump. **High School:** Florida 4A Track Athlete of the Year in 2014. In 2014 was state 4A 100m, long jump and high jump winner. **Personal:** Daughter of Claire Dameus.

Career:

Indoor:				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/27/17	4144	1	Pollock, Clemson	8.62	184	1135	580	2:28.10
2/24/17	4166	6	SEC, Nashville	8.57	181	1088	577	2:21.32
3/10/17	4186	6	NCAA I, Col Station	8.63	190	1171	578	2:32.15
2/24/18	4144	4	SEC, College Station	8.63	179	1132	582	2:23.43
3/09/18	4100	10	NCAA I, Col Station	8.60	178	1054	580	2:21.92
1/25/19	4065	3	Pollock, Clemson	8.77	178	1163	575	2:26.15
2/21/19	4122	3	SEC, Fayetteville	8.55	176	1151	589	2:26.10

Outdoor: *100 h w hj sp 200m w lj w jav 800m*

PRs: ---- / **4186** *14.18+0.7 190 1171 598 2:21.32*

Indoor: 60mH: 8.55

Updated: 2/28/18

JORDAN GRAY

DOB: December 28, 1995
POB:
Ht: 5-7
Hometown: Ball Ground, GA
High School: Homeschool
College: Kennesaw St'19



2019: Opened season with 4218 career best pentathlon and then won Atlantic Sun title (4202) for 4th time. **2018:** Opened season with breakthrough 4198 win at Kansas St. Injured outdoors. **2017:** 7th at NCAAs with 5621 effort. Atlantic Sun indoor champ with 3997 PR effort and outdoor champ with 5641 career best. **2016:** Atlantic Sun indoor & outdoor champ. **2015:** Atlantic Sun indoor champ. **2014: High School:** 2014 Junior Olympics heptathlon. **Personal:** Communications major.

Career:

Indoor			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>	
1/30/15	3522	4	UM Johnson, Minneapolis	9.13	162	1125	549	2:40.13
2/28/15	3704	1	A Sun, Winston-Salem	8.89	164	1139	557	2:29.09
1/22/16	3497	2	Gladstein, Bloomington	9.13	165	1141	541	2:44.42
2/26/16	3613	1	A Sun, Winston-Salem	8.81	165	1205	573	2:52.67
2/23/17	3997	1	A Sun, Winston-Salem	8.73	165	1357	574	2:29.49
12/8/17	4198	1	KSU Robinson, Manhattan	8.78	169	1324	607	2:22.80
1/17/19	4218	1	Samford U, Birmingham	8.79	171	1342	600	2:22.32
2/21/19	4202	1	A-Sun, Lynchburg	8.74	163	1433	598	2:21.83

Outdoor:			<u>100 h w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj w</u>	<u>jav</u>	<u>800m</u>	
4/23/16	5240	3	UVa Ch, Charlottesville	14.51+0.2	172	1210	25.72+2.3	587-2.1	2991	2:31.09
5/13/16	4988	1	A Sun, Jacksonville	14.65+0.1	155	1159	26.03+1.8	573+3.3	3221	2:28.96
3/25/17	5377	1	Ole Miss Walker, Oxford	14.54+0.9	171	1255	25.28+2.6	554+0.8	3704	2:27.31
4/22/17	5391	2	UVa Ch, Charlottesville	14.26+4.3	170	1155	24.82+2.6	605+4.2	3223	2:31.39
5/13/17	5641	1	A Sun, Jacksonville	14.34-1.7	169	1294	25.05+1.0	612+2.1	3902	2:27.28
6/10/17	5621	7	NCAA I, Eugene	14.29-0.5	172	1248	25.37-0.9	604+2.7	3997	2:27.17
6/26/17	5460	13	USA, Sacramento	14.51-0.8	168	1288	25.43+0.8	576+2.6	3852	2:26.27 3304
3/29/18	2435	24	Texas R, Austin	14.46+0.4	160	1386	dnf	nm	nm	dnf
4/20/18	5266	12	Clay, Azusa	14.42+1.4	166	1327	25.90+1.5	567 0.0	3434	2:31.02

PRs: 5641 / 4218 14.26+4.3 173 1466 25.05+1.0 645i 3997 2:21.33

Indoor: 60mH: 8.57 [other PRs: pv 365; ham 3500; 400m 58.17, mile 5:47.86; disc 4029]

Updated: 3/1/19

KELSEY HERMAN

DOB: June 16, 1996
POB:
Ht: 5-9
Hometown: Crosset, Ark
High School: Crosset HS '14
College: Arkansas '20



2019: Won SEC indoor title with PR 54330 pentathlon score. **2018:** did not compete. **2017:** 4th at SEC outdoors with career best 5820 score. Placed 4th a SEC indoors after PR 4278 early season score. **2016:** 9th indoors (3945) and 7th outdoors (5495) at SEC champs. **2015:** Redshirt year. **High School:** Holds 4 individual Arkansas state records. 6-1 high jump PR. **Personal:** Daughter of Maurice and Daphne Herman.

Career:

Indoor:

						<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/29/16	3868	7	Razorback, Fayetteville	8.55	172	1073	567	2:32.95		
6/26/16	3945	9	SEC, Fayetteville	8.33	181	976	557	2:32.24		
1/27/17	4278	2	Razorback, Fayetteville	8.52	179	1238	617	2:28.55		
2/24/17	4226	4	SEC, Nashville	8.46	178	1200	587	2:23.51		
3/10/17	4139	9	NCAA, College Station	8.34	175	1192	606	2:33.68		
1/25/19	4189	1	Razorback, Fayetteville	8.34	175	1245	595	2:29.78		
2/22/19	4330	1	SEC, Fayetteville	8.29	173	1231	610	2:20.81		

Outdoor:

						<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
3/31/16	5372	11	Texas R, Austin	13.61+3.4	166	1089	24.43+3.1	603+2.7	3047	2:32.71				
4/23/16	5489	1	McDonnell, Fayetteville	13.60+0.2	170	1148	24.43	548+0.1	33:71	2:22.47				
5/13/16	5495	7	SEC, Tuscaloosa	13.31+1.7	163	1131	23.57+0.5	570-0.3	3090	2:25.13				
4/22/17	5612	1	McDonnell, Fayetteville	13.75+2.7	173	1137	24.62+3.5	625+1.4	3239	2:28.08				
5/12/17	5820	4	SEC, Columbia	13.45+1.7	177	1190	23.91+2.0	601+1.4	3534	2:25.76				
6/10/17	dnf	-	NCAA I, Eugene	dnf										

PRs: 5820 / 4330

13.31+1.7 185 1245 23.57+0.5 625+1.4 3534 2:20.81

Indoor: 60mH: 8.29

Updated: 3/1/19

MADELINE HOLMBERG

DOB: October 26, 1996
POB:
Ht: 5-7
Hometown: Greensburg, PA
High School: Hempfield Area HS'14
College: Penn State'19



2019: Recorded lifetime best pentathlon score in season opener at 4219. **2018:** Outdoors: Big 10 runner-up with 5976 PR and then 3rd at NCAAs (5833). Made major improvements indoors with 4133 and 4268 scores and then placed 7th at NCAAs (4216). **2017:** Virginia Challenge winner with career best 5636 score. No indoor season. **2016:** 6th and 7th at Big ten indoors and out. **High School:** Placed at state PIAA champs nine times. **Personal:** Daughter of Rob and Deidre Holmberg. Kinesiology major.

Career:

Indoor			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/29/16	3580	5 Penn St Nat, U Park	8.76	149	1134	550	2:30.12
2/05/16	3711	2 Sykes &S, U Park	8.77	150	1133	574	2:26.03
2/26/16	3747	6 Big Ten, Geneva	8.71	149	1179	565	2:23.59
1/26/18	4133	1 Penn St, U Park	8.56	158	1402	598	2:23.34
2/23/18	4168	2 Big Ten, Geneva	8.49	160	1403	582	2:20.13
3/09/18	4216	7 NCAA I, Coll Station	8.51	160	1373	611	2:21.26
1/25/19	4219	1 PSU National, U Park	8.66	161	1373	608	2:18.78

Outdoor:			<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/27/16	5053	2 Penn R, Philadelphia	14.32	-0.4	155	1225	24.52+1.3	560+0.4	2529	2:28.26	
5/14/16	5118W	7 Big Ten, Lincoln	14.39	+5.2	153	1145	24.98+2.6	568+4.2	3561	2:30.32	
4/22/17	5636	1 UVA Ch, Charlottesville	14.01	+1.7	164	1280	23.94+2.6	611+1.6	3201	2:23.39	
6/10/17	dnf	- NCAA I, Eugene	dnf							withdrew	
4/21/18	5736	1 UVa Ch, Charlottesville	14.33	-1.2	156	1362	24.08+0.1	617-0.2	3870	2:19.62	
5/11/18	5976	2 Big 10, Bloomington	13.95+1.1		160	1320	23.79+2.1	637+0.9	4335	2:20.55	
6/06/18	5833	3 NCAA I, Eugene	14.06	+0.3	163	1368	24.29+0.1	599-0.4	4091	2:19.16	

PRs: 5976 / 4219 13.95+1.1 164 1413 23.79+2.1 637+0.4 4335 2:18.78

Indoor: 60mH: 8.49

Updated: 3/1/19

JENNY KIMBRO

DOB:

POB:

Ht:

Hometown: Catlin, IL

High School: Salt Fork HS

College: Iowa'20



2019: 4123 PR performance at Nebraska's Husker netted NCAA qualifier. **2018:** 5523 PR score came at Bryan Clay meet. **2017:** 6th and 7th at Big 10 champs indoors and out. **High School: Personal:** Has twin brother who plays baseball at Parkland College, Champaign, IL. Art major with emphasis on graphic design.

Career:

Indoor

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/27/17	3715	2	Black & Gold, Iowa City	8.54	160	927	588	2:31.35
2/24/17	3714	6	Big 10	8.45	159	972	550	2:25.43
1/19/18	3900	1	Wieczorek,	8.42	166	1019	566	2:24.03
2/02/18	3882	2	Husker, Lincoln	8.49	161	1051	574	2:23.11
2/23/18	3930		Big 10	8.38	163	1040	573	2:22.45
2/01/19	4123		Husker, Lincoln	8.27	172	1122	565	2:20.11
2/22/19	4030		Big 10, Ann Arbor	8.29	159	1141	582	2:19.90

Outdoor:

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
4/08/17	5121	5	Click, Tucson	13.94	+0.1	157	1017	25.21	+0.3	579	+0.8	3101	2:26.11
5/13/17	4973	7	Big Ten	13.94	+1.6	158	1061	25.36	+0.6	519	+1.1	2986	2:24.38
3/29/18	5164	8	Texas R, Gainesville	13.74	+1.0	163	1016	25.42	+1.2	572	+2.6	2838	2:23.40
4/20/18	5523		Clay, Azusa	13.63	+1.0	172	1003	24.75	+1.5	597	-0.2	3127	2:19.44
5/12/18	4982		Big 10	13.59	+1.1	172	1061	24.49	+2.1	590	+1.3	nm	2:25.98

PRs: 5523 / 4123

13.38+1.5 172 1141 24.75+1.5 597-0.2 3174 2:19.44

Indoor: 8.27

Updated: 2/28/18

ERIN MARSH

DOB: July 12, 1999
POB:
Ht: 5-10
Hometown: Buford, GA
High School: Buford HS'17
College: Duke'21



2019: Runner-up at ACC champs with PR 4132 score. **2018:** 7th at ACC indoor pentathlon and 5th outdoors with career best 5184 score. **High School:** 2017 New Balance Nationals Indoor All-American in the Pentathlon. USATF Junior Olympic champion in the 400-meter hurdles in 2014. State Champion in the 300-meter hurdles in both 2015 and 2017. **Personal:** Daughter of Jake and Sonja Marsh.

Indoor				Career:									
				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>					
2/02/18	3478	7	Power 5, Ann Arbor	8.62	163	946	516	2:36.06					
2/22/18	3686	7	ACC, Clemson	8.70	160	1060	548	2:28.41					
1/24/19	3823	2	Sander, NYC Armory	8.58	170	1034	556	2:29.50					
2/21/19	4132	2	ACC, Blacksburg	8.40	173	1106	581	2:20.92					
Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
3/29/18	4976	18	Texas R, Austin	14.02+1.3	160	978	25.28+0.9	573		2329	2:23.98		
5/10/18	5184	5	ACC, Coral Gables	13.98+0.5	164	1022	25.00+2.2	542+3.5	3092	2:20.44			
PRs: 5184 / 4132				13.83+1.5	175	1106	25.28+0.9	581i	3243	2:20.44			
Indoor: 8.40													
Updated: 2/28/19													

JESTENNA MATTSON

DOB:

POB:

Ht: 5-10

Hometown: Parkdale, OR

High School: Hood River Valley HS

College: Fresno St'19



2019: Won Mountain West Conf indoor pentathlon with career best 4082 score. **2018:** Mountain West CE champ both indoors (3791) and outdoors (5511). **2017:** Cpnference indoor winner (3828) and 3rd outdoors (5333). **2016:** 12th and 15th at Mountain West Conference CE's indoors and out. **High School: Personal:.**

Career:

Indoor

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
2/25/16	3347	12	Mountain West,	9.49	165	957	480	2:26.69
1/27/17	3250		U Washington, Seattle	10.60	158	1020	559	2:32.26
2/23/17	3828	1	Mountain West,	8.99	164	1063	573	2:22.16
1/26/18	3669		U Washington, Seattle	8.98	165	1069	551	2:30.91
2/22/18	3791		Mountain West	8.94	166	1046	554	2:22.40
1/25/19	3790		U Washington, Seattle	8.56	158	1162	545	2:25.36
2/21/19	4082		Mountain West	8.69	170	1281	580	2:25.79

Outdoor:

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/12/16	4300	15	Mountain West	15.69	+0.9	164	933	25.00	+1.4	549	+1.7	nm	2:29.90
4/13/17	5004	12	Cal Invt, Azusa	14.86	-0.1	160	898	24.54	+1.2	560	+1.9	2868	2:19.13
5/11/17	5333	3	Mountain West	14.58	+2.1	170	1102	24.50	-0.6	559	0.0	3077	2:19.21
3/29/18	5040		Texas R, Austin	14.81	+0.4	163	1106	25.62	+0.9	563	+0.9	3458	2:31.81
5/10/18	5511		Mountain West	14.26	+2.0	168	1142	24.46	+2.6	600	+3.2	3266	2:21.56

PRs: 5511 / 4082

14.26+2.0 170 1281 24.46+2.6 603+1.2 3595 2:19.13

Indoor: 60H: 8.56

Updated: 2/28/19

GRACE McKENZIE

DOB: December 4, 1996
POB: Ireland
Ht: 5-6
Hometown: Cork, Ireland
High School: Crosshaven HS, IRE
College: McNeese St '20



2019: Opened season with 4211 PR pentathlon score at Birmingham. **2018:** dnf'd NCAA. Southland CE champ indoors (4030) and out (5619). **2017:** 5th at Southland indoors. did not compete outdoors. **2016:** 7th Southland indoors **2015:** 9th at England/Wales indoor CE pentathlon (3321). **High School:** did first CE (in Glasgow, Scotland) at age 15. **Personal:** Major is Exercise Science.

			Career:											
Indoor:			60,H	hj	sp	lj	800m							
12/1/12	????	? SIAB Pentathlon, Glasgow		166										
1/11/14	3372	2 Irish CE Ch, Athlone	9.45	170		516								
1/10/15	3321	9 Eng/Wales CE, Sheffield	9.60	168	999	526	2:42.76							
1/17/15	3410	1 Irish CE Ch, Athlone		169		541								
1/22/16	3239	5 ASU Open, Jonesboro	8.88	166	994	499	2:41.82							
2/15/16	3365	7 Southland, Birmingham	9.43	169	984	492	2:33.99							
1/19/17	3653	4 Samford Multi, Birmingham	9.11	168	1007	509	2:23.29							
2/22/17	3599	5 Southland, Birmingham	9.09	167	1112	507	2:28.72							
1/26/18	3880	1 ASU Invt, Jonesboro	8.18	166	1111	559	2:22.01 [55mH]							
2/21/18	4030	1 Southland, Birmingham	8.65	171	1110	562	2:18.67							
1/17/19	4211	2 Samford U, Birmingham	8.69	174	1147	581	2:13.51							
Outdoor:			100mh	w	hj	sp	200m	w	lj	w	jav	800m		
5/25/14	4358	8 England CE Ch, Bedford	15.93	-0.7	169	1003	28.00	nwi	519	+1.7	2394	2:32.78		
5/07/16	4334	12 Southland, Corpus Christi	15.59	+0.5	168	983	28.19	0.0	525	-2.6	2287	2:34.70		
4/06/18	5406	1 Knight Sketchers,Nagadoches	13.73	+1.7	168	1080	25.02	+2.2	571	-0.6	3099	2:19.13		
5/05/18	5619	1 Southland, San Antonio	13.88	+2.2	173	1129	24.71	-0.9	572	nwi	3219	2:12.96		
6/09/18	dnf	- NCAA, Eugene	13.92	+1.4	163	1078	25.46	+1.9	533	-2.6	withdrew			
PRs: 5619 / 4211			13.73+1.7 174 1147 24.71-0.9 586i 3219 2:12.96											
Indoor: 60mH: 8.65														
Updated: 3/1/19														

ERIKA McCLEOD

DOB:

POB:

Ht: 5-7

Hometown: Butte, MT

High School: Butte HS'14

College: Montana'19



2019: Captured 3rd Big Sky indoor pentathlon crown with 4128 PR effort. **2018:** Montana Open winner outdoors. **2017:** Big Sky indoor champ. **2016:** Big Sky indoor and outdoor (5541 PR) champ in CEs. **2015:** 14th and 11th at Big Sky indoors and out. **High School: Personal:** Parents are Mike and Veronica McCleod. Psychology major.

Career:

Indoor

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>	
12/5/14	3300	4	Candy Cane, Cheney	8.71	149	947	523	2:26.49	
1/05/15	3351	4	MSU-MU dual, Bozeman	9.35	155	971	523	2:29.27	
2/26/15	3164	14	Big Sky, Flagstaff	9.71	148	987	516	2:31.52	
1/04/16	3285	4	MSU-UM duals, Bozeman	9.43	158	1016	508	2:35.10	
1/29/16	3397	16	U Washington, Seattle	9.44	152	1048	511	2:23.04	
2/12/16	3684	1	Double Duals, Bozeman	9.19	159	1089	567	2:25.47	
2/25/16	3882	1	Big Sky, Bozeman	9.10	161	1084	571	2:14.58	
12/3/16	3842	1	Candy Cane, Cheney	8.31	163	1131	563	2:22.14	
1/09/17	3015	5	MSU-UM dual, Boseman	9.11	162	1112	nm	2:22.32	
2/23/17	3955	1	Big Sky, Pacatello	8.95	167	1132	563	2:17.09	
11/30/18	3891	1	Candy Cane, Cheney	8.33	168	1097	582	2:25.14	[55mH]
1/07/19	3735	1	UM-MSU dual, Bozeman	9.00	164	1132	574	2:33.05	
1/25/19	3697	6	U Wash, Seattle	8.94	167	1054	539	2:27.51	
2/21/19	4128	1	Big Sky, Bozeman	8.68	173	1169	589	2:21.62	

Outdoor:

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
5/02/15	4559	6	Montana Open, Missoula	15.38	+0.2	146	991	26.13	+0.1	515	0.0	3338	2:26.42
5/14/15	4332	11	Big Sky, Cheney	17.37	-3.8	143	962	26.50	-0.5	547	+1.3	3107	2:22.8h
3/26/16	4548	3	MSU Open, Bozeman	15.36	+3.0	155	1029	26.63		550	+1.6	2696	2:32.23
4/30/16	5291	2	Montana Open, Missoula	14.68	+0.8	160	1047	24.87	+2.8	558	+0.8	3783	2:17.12
5/12/16	5541	1	Big Sky, Greeley	14.58	+1.9	167	1048	24.72	+1.7	596	0.0	3708	2:14.27
4/12/17	5003	11	Cal Invt, Azusa	14.88	+0.7	157	1095	25.60	+0.4	531	+2.0	3341	2:19.30
4/13/18	4920	1	Montana Open, Missoula	14.90	nwi	160	1114	25.90	nwi	553	nwi	3109	2:28.40

PRs: 5541 / 4128 14.58+1.9 173 1169 24.62 596 0.0 3783 2:14.27

Indoor: 8.68 [other PRs: 400m: 55.99; 400mH 60.44; tj: 1119]

Updated: 2/28/18

TIRA SIMMONS

DOB:

POB:

Ht: 5-7

Hometown: Phoenix, AZ

High School: Mountain Pt HS

College: Iowa '19



2019: at Big 10 indoors with 4135 PR. Won Husker indoor pentathlon with PR 4220 score. **2018:** 7th at Bryan Clay heptathlon with 5398 PR effort. **2017:** 6th at Big 10 outdoors (5205). **High School:** primarily a triple jumper.

Personal:

Career:

Indoor

1/19/18 3859 2 Wicczorek, Iowa City

2/02/18 3857 Husker, Lincoln

2/23/18 3848 5 Big 10,

2/02/19 4220 Husker, Lincoln

2/22/19 4135 Big Ten, Ann Arbor

Outdoor:

4/08/17 4928 8 Click, Tucson

5/13/17 5205 6 Big 10

3/29/18 5082 13 Texas R, Austin

4/20/18 5398 7 Clay, Azusa

60h hj sp lj 800

8.80 166 994 584 2:23.69

8.92 167 1021 577 2:22.55

8.65 163 1000 553 2:17.71

8.55 178 1154 586 2:20.01

8.40 168 1158 586 2:19.79

100h w hj sp 200m w lj w jav 800m

14.41+0.1 163 868 24.96+1.8 575+1.2 2541 2:26.34

14.33+0.6 173 1037 25.31+0.5 583 0.0 2539 2:23.81

14.21+0.3 169 1001 24.91+0.9 542+1.6 2424 2:20.22

13.22+0.9 175 1136 24.96+1.6 578+0.5 2580 2:17.87

PRs: 5398 / 4220

14.17+0.2 178 1158 24.91+0.9 587+1.8 2750 2:17.71

Indoor: 80H: 8.40

Updated: 2/28/19

LAUREN TAUBERT

DOB: March 20 1998
POB:
Ht: 5-9
Hometown: Casper, WY
High School: Natrone County
College: Kansas St'20



2018: 4th at Big 12 heptathlon (5491). NCAA qualifier in 400m hurdles. 3rd at Conf indoor pentathlon. **2017:** 6th at Big 12 heptathlon. 9th at indoor pentathlon (3620) **High School:** 2016 Wyoming Gatorade Player of the Year. Won 11 Wyoming State Titles among Volleyball, Track and Field and Basketball. 3x State Champion in the 300-meter hurdles and in high jump. Also won a state championship in the 100-meter hurdles. **Personal:** Daughter of Robert and Teresa Taubert. Majoring in Pre-Occupational Therapy

Career:

Indoor

			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
12/9/16	2926	Robinson, Manhattan	8.97	nh	1054	556	2:27.25
1/20/17	3660	Dodds, Manhattan	8.90	160	1100	531	2:25.33
2/24/17	3620	9 Big 12,	8.81	158	1034	505	2:19.27
12/8/17	3792	Robinson, Manhattan	8.77	166	1094	534	2:23.06
2/02/18	3811	Dodds, Manhattan	8.60	172	1094	494	2:21.51
2/23/18	3967	3 Big 12,	8.55	164	1160	541	2:16.72
12/8/18	3792	KSU Winter, Manhattan	8.62	167	1054	520	2:21.48
2/01/19	4082	Husker, Lincoln	8.53	172	1036	572	2:16.16
2/22/19	4100	Big 12, Lubbock	8.45	170	1130	558	2:15.95

Outdoor:

			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/08/17	5009	Click, Tucson	14.44	+1.8	160	1110	25.46	-1.0	509	+1.1	3601	2:26.80
5/13/17	5115	6 Big 12,	14.24	+3.7	161	1031	24.79	+1.5	509	+1.5	3503	2:20.95
6/23/17	4810	USATF Jt,	14.69	+0.8	159	1051m	25.14	+2.8	499	+0.7	3210	2:27.97
4/07/18	5487	Click, Tucson	13.92	+0.2	165	1088	24.35	+0.8	554	+0.6	3432	2:14.72
5/12/18	5491	4 Big 12	13.76	+3.5	167	1125	24.51	+6.6	558	+2.9	3412	2:18.91

PRs: 5491 / 4100

13.89+1.8 **172** **1160** **24.35**+0.8 **572i** **3601** **2:14.72**

Indoor: **60H:** 8.45 [other PRs: 400mH: 58.52]

Updated: 2/28/18

ASHTIN ZAMZOW

DOB: August 13, 1996
POB:
Ht: 5-6
Hometown: Goliard, TX
High School: Goliard HS '14
College: Texas A&M,
Texas '19



2019: Won Big 12 indoor pentathlon title with career best 4183 score. **2018:** Captured Big 12 indoor pentathlon, and then placed 2nd in outdoor heptathlon. **2017:** did not compete. **2016:** 17th at NCAAs. Placed 4th at Texas Relays with career best (but windy) 5829 effort. **2015:** 9th at SEC outdoors (5482) and 13th indoors. USA Junior runner-up and Pan American Junior champs gold medalist in heptathlon. **High School:** Texas state champ in 100m and 300m hurdles as senior. Lettered 4 years in T&F and volleyball. **Personal:** Daughter of Kalleen (mother) and Stacy Zamzow, both of whom competed in T&F for Texas A&M. Sister Avery was heptathlete at Sam Houston State. Major is exercise science.

Indoor:			Career:					
			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>	
13/13/14	3536	3	Reveille, C Station	8.85	163	1097	501	2:31.89
2/27/15	3566	13	SEC, Lexington	8.92	160	1119	486	2:23.75
2/06/16	3663	3	TexA&M, C Station	8.89	169	1113	503	2:28.56
2/05/15	3861	4	Husker, Lincoln	8.50	166	1194	522	2:24.66
2/26/16	3965	4	Big 12, Ames	8.55	169	1201	542	2:23.36
1/26/18	3003	24	Texas Tech, Lubbock	8.61	nh	1214	522	2:27.85
2/23/18	4076	1	Big 12, Ames	8.80	173	1213	554	2:18.02
2/22/19	4183	1	Big 12, Lubbock	8.51	173	1288	560	2:19.58

Outdoor:			<i>100 h w hj sp 200m w lj w jav 800m</i>								
3/18/15	5231	1	Rice, Houston	14.48+1.7	161	1082	25.52+1.7	515+1.2	4532	2:24.33	
5/15/15	5482	9	SEC, Lexington	14.22+0.3	170	1167	25.20+2.0	524+3.0	4580	2:24.19	
6/26/15	5200	2	USA Jr, Eugene	14.64+0.6	164	1098	25.74+2.3	515+1.2	4652	2:27.96	
8/01/15	5462	1	Pan-Am Jr, Edmonton	14.32-0.9	169	1153	25.11+0.3	527	0.0	4615	2:24.84
3/30/16	5829w	4	Texas R, Austin	13.80+3.4	169	1156	24.91+3.9	573-0.5	5065	2:20.86	
5/14/16	5215	3	Big 12, Fort Worth	14.37+1.0	158	1164	25.51+0.6	537+4.6	4342	2:29.25	
6/11/16	5443	17	NCAA I, Eugene	14.68+3.2	169	1138	25.56+2.0	554-0.1	4431	2:21.88	
5/12/18	5662	2	Big 12, Waco	13.76+5.4	161	1231	24.86+3.9	579+4.9	4382	2:22.26	
6/07/18	5667	11	NCAA I, Eugene	13.85-0.1	166	1256	25.00+0.8	562-1.9	4324	2:20.92	

PRs: 5829 / 4183 13.76+5.4 173 1288 24.86+3.9 579+4.9 5065 2:18.02

Indoor: 60mH: 8.50

Updated: 3/1/19