

2019

**NCAA Div I
38th Annual
Women's**

HEPTATHLON



Friday-Saturday

**June 7-8, 2019
Myers Stadium
University of Texas
Austin, Texas**



*Frank Zarnowski
DECA, The Decathlon Association
www.decathlonusa.typepad.com*

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The Field

Top Row: Nicola Ader, Michelle Atherley, Erinn Beattie, Hope Bender, Emilie Berge, Christina Chenault, Amanda Froyens, **Second Row:** Tyra Gittens, Jordan Gray, Beatrice Juskeviciute, Jenny Kimbro, Sterling Lester, Amanda Levin, **Third Row:** Grace Mackenzie, Erin Marsh, Jestena Matson, Ariel Okorie, Carly Paul, Asya Reynolds, **Bottom Row** Hannah Rusnack, Lauren Taubert, Michaela Wenning, Maya Wichhart-Donzo, Ashtin Zamzow, and alternate Khemani Roberts.

Qualifiers [listed by score]

qualifier name	class/affiliation	qualifying meet	date		
6148	Ashtin Zamzow	SR Texas	Texas Relays, Austin	3/29	
5966	Michelle Atherley	JR Miami	Hurricane, Miami	4/13	
5940	Hope Bender	SR UCSB	Bryan Clay, Azusa	4/18	
5806	Erin Marsh	SO Duke	ACC, Charlottesville	5/10	
5801	Amanda Froeynes	SO Florida	SEC, Fayetteville	5/10	Norway
5793	Tyra Gittens	SO Texas A&M	SEC, Fayetteville	5/10	Trinidad-Tobago
5770	Lauren Taubert	JR Kansas St	Big 12, Norman	5/11	
5762	Hannah Rusnack	JR Washington	Pac-12, Tucson	5/5	
5718	Emilie Berge	SO S Alabama	Texas Relays, Austin	3/29	Norway
5695	Amanda Levin	SR N Dakota St	Bryan Clay, Azusa	4/18	
5681	Jordan Gray	SR Kennesaw St	U Virginia, Charlottesville	4.20	
5679	Jenny Kimbro	JR Iowa	Bryan Clay, Azusa	4/18	
5761	Erinn Beattie	SR UC-Davis	Bryan Clay, Azusa	4/18	
5635	Jestena Matson	SR Fresno St	Mountain West, Fresno	5/9	
5632	Carly Paul	SR Brown	Tennessee R, Knoxville	4/12	

5609	Grace McKenzie	JR McNeese St	Texas Relays, Austin	3/29	Ireland
5600	Maja Wichhart-Donzo	SR Colorado	Pac 12, Tucson	5/5	
5590	Nicola Ader	SO Nevada	Bryan Clay, Azusa	4/18	Germany
5585	Christina Chenault	JR UCLA	Bryan Clay, Azusa	4/18	
5585	Michaela Wenning	SR Colorado	Bryan Clay, Azusa	4/18	
5562	Sterling Lester	FR Georgia	Bulldog, Athens	4/6	
5520	Asya Reynolds	SR Michigan St	Big 10, Iowa City	5/11	
5516	Ariel Okorie	JR Kansas St	UA Click, Tucson	4/5	
5504	Beatrice Juskeviciute	FR Cornell	Tennessee R, Knoxville	4/12	Lithuania
Alternate:					
5482	Kehmani Roberts	JR Tennessee Tech U	Virginia, Charlottesville	4/20	Trinidad-Tobago

PR Page: [alphabetically]

Marks here made in any competition.

<i>'19</i>	<i>score name</i>	<i>PR [if different]</i>	<i>100mH w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
5590	Ader, Nicola		13.89+1.5	183	1106	25.71+1.4	624+1.2	3924		2:23.55
5966	Atherley, Michelle		13.05+0.5	178	1301	23.93+2.2	625	3499		2:19.98
5671	Beatte, Erinn		14.58+1.6	184	1130	25.64+1.4	607+1.0	3453		2:12.84
5940	Bender, Hope		13.33+1.1	172	1266	23.93+2.5	629+1.3	3830		2:11.30
5718	Berge, Emilie		14.00+1.8	176	1219	25.44+2.6	595i	4041		2:19.04
5585	Chenault, Christina		14.31+0.1	172	1245	24.84+0.3	596+1.3	3878		2:11.40
5801	Froeynes, Amanda		14.26+1.8	179	1221	25.24-0.5	613+0.7	4463		2:11.97
5793	Gittens, Tyra	6074'18	13.21+1.2	187	1389	24.01+1.6	653+1.2	4110		2:29.95
5681	Gray, Jordan		14.15+1.0	173	1466	25.05+1.0	645i	3997		2:19.55
5504	Juskeviciute, Beatrice		14.54+2.0	168	1326	24.94+1.2	549-0.6	4210		2:22.37
5679	Kimbrow, Jenny		13.38+1.5	172	1141	24.75+1.5	597-0.2	3174		2:19.44
5562	Lester, Sterling		13.32+1.8	168	1127	23.97+1.4	588+0.6	3175		2:14.06
5695	Levin, Amanda		14.53+2.0	164	1307	24.36+2.7	616+0.6	3595		2:16.14
5609	Mackenzie, Grace	5619'18	13.63+1.8	172	1073	25.00+0.6	608+3.6	2916		2:14.46
5806	Marsh, Erin		13.45+0.2	175	1171	24.49+2.4	591+2.0	3941		2:19.78
5635	Matson, Jestena		14.02+2.0	170	1281	24.29+1.1	603+1.2	3785		2:19.13
5516	Okorie, Ariel	5632'18	13.55+1.8	170	1129	24.67+1.2	620+1.8	3876		2:21.44
5632	Paul, Carly		14.31+2.0	180	1092	25.68-0.1	621+1.8	3847		2:19.46
5520	Reynolds, Asya		14.18+1.0	171	1260	25.05+1.1	618+1.4	3691		2:22.25
5762	Rusnack, Hannah		13.68+0.9	165	1208	24.46+0.3	602+1.8	4303		2:24.93
5770	Taubert, Lauren		13.66+1.8	173	1160	24.14+2.0	585+1.2	3601		2:12.34
5585	Wenning, Michaela		14.16+0.8	175	1160	25.52+1.4	579+1.3	4184		2:16.27
5600	Wichhart-Donzo, Maya		14.01+2.2	171	1148	24.41+3.4	576+0.9	3374		2:14.16
6148	Zamzow, Ashtin		13.44+2.9	178	1342	24.66+0.6	583+3.7	5301		2:18.02
Alternate:										
5482	Roberts, Khemani		14.64+1.9	179	1234	24.45-1.1	596+0.7	3426		2:22.30

2019 NCAA Div I Track and Field Championships
University of Texas, Austin, Texas

Women's Heptathlon Schedule:

Times are for Central Time Zone

Friday, June 7, 2019

- 2:30 pm 100 m Hurdles (4/8 sections)*
- 3:30 High Jump (2 sections)*
- 5:30 Shot Put (2 sections)*
- 9:13 200 Meters (4 sections)*

Saturday, June 8, 2019

- 1:30 pm Long Jump (2 sections)*
- 3:45 pm Javelin (2 sections)*
- 7:13 800 Meters (2 sections)*



NB: rolling schedule with approximately 30 minutes between end of one event and start of the next. @ refers to approximate start times. *-likely number of sections

NCAA DIVISION I CHAMPIONS 1982-2017

<i>date</i>	<i>winner</i>	<i>affiliation</i>	<i>score</i>	<i>site</i>
1982	Jackie Joyner	UCLA	6099	Provo, UT
1983	Jackie Joyner	UCLA	6365	Houston, TX
1984	Shelia Tarr	Nevada-Las Vegas	5856	Eugene, OR
1985	Lauri Young	NE Louisiana St	5723w	Austin, TX
1986	Jolanda Jones	Houston	5826	Indianapolis, IN
1987	Jolanda Jones	Houston	6068	Baton Rouge, LA
1988	Wendy Brown	USC	5701w	Indianapolis, IN
1989	Jolanda Jones	Houston	6022	Provo, UT
1990	Gea Johnson	Arizona St	6132	Durham, NC
1991	Sharon Jaklofsky	LSU	5732	Eugene, OR
1992	Anu Kaijurand	BYU	6142	Austin, TX
1993	Kelly Blair	Oregon	6038	New Orleans, LA
1994	Diane Guthrie	George Mason	6032	Boise, ID
1995	D. Guthrie-Gresham	George Mason	6527	Knoxville, TN
1996	Corissa Yasen	Purdue	5765	Eugene, OR
1997	Tiffany Lott	BYU	6211	Bloomington, IN
1998	Tiffany Lott	BYU	5982	Buffalo, NY
1999	Tracye Lawyer	Stanford	5855	Boise, ID
2000	Christi Smith	Akron	5797	Durham, NC
2001	Austra Skujyte	Kansas State	5857	Eugene, OR
2002	Austra Skujyte	Kansas State	6061	Baton Rouge, LA
2003	Hyleas Fountain	Georgia	5999	Sacramento, CA
2004	Jacquelyn Johnson	Arizona St	5807	Austin, TX
2005	Lela V. Nelson	Eastern Michigan	5878	Sacramento, CA
2006	Jacquelyn Johnson	Arizona St	5939	Sacramento, CA
2007	Jacquelyn Johnson	Arizona St	5984	Sacramento, CA
2008	Jacquelyn Johnson	Arizona St	6053	Sacramento, CA
2009	Brianne Theisen	Oregon	6086	Fayetteville, AR
2010	Brianne Theisen	Oregon	6094	Eugene, OR
2011	Ryann Kraiss	Kansas St	5961	Des Moines, IA
2012	Brianne Theisen	Oregon	6440	Des Moines, IA



2013	Lindsay Vollmer	Kansas	6086	Eugene, OR
2014	Kendell Williams	Georgia	5854	Eugene, OR
2015	Akela Jones	Kansas St	6371	Eugene, OR
2016	Kendall Williams	Georgia	6225	Eugene, OR
2017	Kendall Williams	Georgia	6265	Eugene, OR
2018	Georgia Ellenwood	Wisconsin	6146	Eugene, OR

Host Cities (by state):

11	Oregon	Eugene (84,91,96,01,10,13,14,15,16,17,18);
5	Texas	Austin (85,92,04,19), Houston (83);
4	California	Sacramento (03,05,06,07)
3	Louisiana	Baton Rouge (87,02), New Orleans (93);
	Indiana	Indianapolis (86,88), Bloomington (97);
	Iowa	Des Moines (08,11,12)
2	Utah	Provo (82,89);
	Idaho	Boise (94,99);
	North Carolina	Durham (90,00);
1	Tennessee	Knoxville (95);
	New York	Buffalo (98)
	Arkansas	Fayetteville (09)



NCAA Meet Records

Most Wins:

4	Jacqueline Johnson	Arizona St	(2004, 2006, 2007, 2008)
3	Jolanda Jones	Houston	(1986, 1987, 1989)
	Brianne Theissen	Oregon	(2009, 2010, 2012)
	Kendall Williams	Georgia	(2014, 2016, 2017)
2	Jackie Joyner	UCLA	(1982, 1983)
	Diane Guthrie	George Mason	(1994, 1995)
	Tiffany Lott	BYU	(1997, 1998)
	Austra Skujyte	Kansas St	(2001, 2002)

Most Wins by School:

5	Arizona St	(90,04,06,07,08)
4	Oregon	(93,09,10, 12)
	Georgia	(03,14,16,17)
3	Brigham Young	(92,97,98),
	Houston	(86,87,89);

Most Wins by Conference:

13	PAC 10/12
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Heptathlon Individual Event Records

World Records

100H	12.54 (+1.3)	Jessica Ennis/GBR	London 6955	2012
HJ	1.98/6-6	Nafissatou Thiam/BEL	Rio de J 6810	2016
		Katarina Johnson-Thompson/GBR	Rio de J 6523	2016
SP	20.79m/68-2½	Eva Wilms/GER [pent]		
	17.31m/56-9½	Austra Skujyte/LTU [hept]	London 6599	2008
200m	22.30 (0.0)	Jackie Joyner-Kersey/USA	Indy 7215	1988
LJ	7.27m/23-10 ¼	Jackie Joyner-Kersey/USA (+0.7)	Seoul 7291	1988
Jav-new	60.90m/199-10	Barbara Spotakova/CZE	Talence 5880	2012
old	64.64m/212-1	Tessa Sanderson/GBR	Brussels 6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence 6227	1987
1st day	4367	J Joyner-Kersey/USA	Indy 7215	1988
2nd day	3027	J Joyner-Kersey/USA	Seoul 7291	1988
Score	7291	J Joyner-Kersey/USA	Seoul	1988

American Records

100H	12.65	Hyleas Fountain/Nike (+2.8)	Eugene 6667	2008
HJ	1.93/6-4	Jackie Joyner-Kersey/WCAC	Indy 7215	1988
		Sharon Day/unat	Havana 6036	2009
SP	16.30m/53-5 ¾	Jane Frederick/Naturite	Rome 6502	1987
200m	22.30 (0.0)	Jackie Joyner-Kersey/WCAC	Indy 7215	1988
LJ	7.27/23-10 ¼	Jackie Joyner-Kersey/WCAC (+0.7)	Seoul 7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston 5599	1983
800m	2:04.70	Marla Runyan/ unat	Atlanta-OT 5708	1996
1st day	4367 pts	Jackie Joyner-Kersey/WCAC	Indy 7215	1988
2nd day	3027 pts	Jackie Joyner-Kersey/WCAC	Seoul 7291	1988
Score	7291 pts	Jackie Joyner-Kersey/WCAC	Seoul	1988

Collegiate Records

100H	12.83	Kendell Williams/Georgia	Eugene 5854	2016
HJ	1.93/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons 5867	1985
SP	16.72m/54-10 ½	Austra Skujyte/Kan St-LIT	Munich	2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento	1995
LJ	6.92m/22-8 ½	Diane Guthrie/GMU (+2.5)	Knoxville 6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston 5599	1983
800m	2:08.4h	Lana Zimmerman/LSU	Houston	1983
	2:08.58	Erica Moore/Indiana St	Normal 5553	2010
1st day	4023	Akela Jones/Kansas St	Eugene 6371	2015
2nd day	2799	Diane Guthrie/GMU-JAM	Knoxville 6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF	1985

NCAA Meet Records

100H	12.83	Kendell Williams/Georgia	Eugene 5854	2016
HJ	1.89m/6-2 ¼	Chris Hall/Nebraska	Eugene	1992
SP	16.07m/52-8¾	Austra Skujyte/Kan St-LIT	Baton Rouge 6061	2002
200m	23.36 (+3.2)	N. Larch-Miller/Wichita St	Eugene 5806	2015
LJ	6.92m/22-8 ½	Diane Guthrie/GMU	Knoxville 6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston 5599	1983
800m	2:08.4	Lana Zimmerman/LSU	Houston	1983
1st day	4023	Akela Jones/Kansas St	Eugene 6371	2015
2nd day	2799	Diane Guthrie/GMU-JAM	Knoxville 6527	1995
Score	6527	Diane Guthrie/GMU-JAM	Knoxville	1995

Myers Stadium Records

100H
HJ
SP
200m
LJ
Jav
800m
1st day
2nd day
Score

RECENT NCAA RESULTS

2019 Indoor Pentathlon Results, March 9, 2019, Birmingham, AL

4547	Atherley, Michelle/Miami'19	8.16	178	1301	607	2:14.34
4412	Gray, Jordan/Kennesaw St'19	8.70	172	1435	620	2:19.55
4294	Zamzow, Ashtin/Texas'19	8.38	178	1293	568	2:20.17
4293	Beattie, Erinn/UC-Davis'19	8.68	184	1090	589	2:15.86
4287	Destin, Stacey/Alabama'19	8.52	184	1189	602	2:26.65
4262	Bender, Hope/UCSB	8.56	172	1266	571	2:13.62
4237	Whisby, Aliyah/Georgia'21	8.46	175	1118	627	2:25.22
4230	McKenzie, Grace/McNeese St-IRE'19	8.57	175	1108	585	2:13.95
4227	Holmberg, Madeline/Penn St'20	8.52	160	1458	583	2:18.30
4203	Berge, Emilie/S Alabama-NOR'20	8.75	178	1225	579	2:20.03
4129	Taubert, Lauren/Kansas St	8.55	169	1147	564	2:13.47
4090	Simmons, Tria/Iowa'19	8.61	172	1153	571	2:19.80
4043	Mattson, Jestena/Fresno St'19	8.60	169	1197	555	2:19.41
4035	Herman, Kelsey/Arkansas'20	8.38	175	1160	571	2:31.17
3983	Kimbro, Jenny/Iowa'20	8.43	166	1100	558	2:19.71
3883	Marsh, Erin/Duke'21	8.42	175	1133	548	2:35.92

16s,16f.



2018 Heptathlon Results, June , 2018, Eugene, Oregon

6146	Ellenwood, Georgia/Wisconsin-CAN'18	13.60-0.1	181	1247	24.33+0.1	604+3.0	4345	2:15.76
6074	Grauvogel, Louisa/Georgia-GER'20	12.95+2.0	175	1252	23.72+0.1	571-1.1	4350	2:19.92
5833	Holmberg, Madeline/Penn St'19	14.06+0.3	163	1368	24.29+0.1	599-0.4	4091	2:19.16
5800	Gustafson, Kendall/UCLA'18	14.19+0.3	175	1255	25.14+0.8	578+1.4	4327	2:18.27
5794,	Froeynes, Amanda/Florida-NOR'21	14.27+0.9	175	1221	25.60+0.8	577-1.1	4463	2:14.98
5789	Brooks-Johnson, Alissa/Wash St'18	13.84+1.4	166	1287	24.93+1.9	572-4.0	4287	2:15.69
5778	Schultz, Nina/Kansas St-CAN'20	13.71+2.0	175	1219	25.49+1.9	587-0.7	4055	2:18.95
5748	Gittens, Tyra/Texas A&M- '21	13.31+2.0	172	1242	24.83+0.1	614+0.1	3717	2:29.95
5740	Champahnic, Ayesha/Minnesota'19	14.03+0.3	163	1359	24.89+0.8	566-2.1	4882	2:25.79
5725	Siefring, Jaclyn/Akron'18	14.19-0.1	172	1182	14.69+1.9	593-0.9	3585	2:13.53
5667	Zamzow, Ashtin/Texas'18	13.85-0.1	166	1256	25.00+0.8	562-1.9	4324	2:20.92
5653	Bender, Hope/UCSB'19	13.73+0.4	166	1189	24.21+0.1	563-1.2	3585	2:15.24
5555	Neal, Maya/Tennessee'19	13.77+1.4	163	1222	24.69+1.9	599-1.1	3654	2:26.70
5553	Burns, Shaina/Texas A&M'18	14.06-0.1	166	1376	25.98+0.8	563+0.8	4062	2:23.05
5542	Ortega, Patricia/Akron-ESP'18	13.54+0.4	172	1099	24.85+1.9	533-2.2	3538	2:14.88
5504	Lopes, Lyndsey/USC'19	13.48+1.4	172	1050	24.40+0.1	559+0.1	3716	2:27.24
5490	Whisby, Aliyah/Kennesaw St'21	13.60+0.9	175	1145	24.38+1.9	587-0.4	2701	2:26.43
5404	Howell, Aaron/Michigan'18	13.86+0/9	169	1284	26.93+0.8	529-1.6	4328	2:24.84
5314	Berge, Emilie/S Alabama-NOR'20	13.17+0.3	169	1134	25.93+0.8	537-1.1	3849	2:22.05
5189	Okorie, Ariel/Kansas St'20	13.78+0.4	160	964	25.41+0.8	585+0.8	3335	2:26.09
dnf	Atherley, Michelle/Miami'20	13.22+2.0	189	1064	24.04+0.1	595-2.5	nm	dns

dnf	McKenzie, Grace/McNeese St-IRE'2013.92+1.4	163	1078	25.46+1.9	533-2.6
dnf	Hinton, Kaylee/Texas Tech'19	13.66+0.4	169	896	24.59+0.1
dnf	Thompson, Alyssa/Arizona'18	16.82+0.9			

24s,20f.

2017 Heptathlon Results, June 9-10, 2017, Eugene, Oregon

6265	Williams, Kendell/Georgia'17	12.95+0.2	181	1184	24.12-3.1	644+2.7	4648	2:26.17
5959	Schultz, Nina/Kansas St-CAN'20	13.70+0.2	172	1274	25.12-2.7	610+3.6	4670	2:21.97
5795	Brooks, Taliyah/Arkansas'18	13.37+0.2	175	1138	24.81-3.1	650+1.8	3534	2:29.32
5694	Brown, Leigha/Arkansas'17	13.73-0.8	172	1256	24.91-2.7	575+1.7	3533	2:17.85
5663	Siefring, Jaclyn/Akron'18	13.98+0.3	166	1216	25.39-2.7	610+3.0	3678	2:16.83
5658	Brooks-Johnson, Alissa/Wash St'18	14.24-0.5	163	1165	24.89-0.9	585+1.4	4421	2:17.70
5621	Gray, Jordan/Kennesaw St'19	14.29-0.5	172	1248	25.37-0.9	604+2.7	3997	2:27.17
5580	Hinton, Kaylee/Texas Tech'19	14.02-0.5	178	950	24.66-3.1	593+1.7	3725	2:22.23
5575	Wadden, Nicole/Nevada'17	13.94-0.8	169	1116	25.63-0.9	592+2.0	3721	2:16.57
5444	Hallock, Kara/Oregon St'17	14.26+0.3	157	1198	25.96-0.9	590+2.2	4171	2:20.77
5405	Borman, Breanne/Wichita St'17	14.51-0.5	163	1170	25.63-0.9	555+2.1	4485	2:23.21
5348	Yetter, Gavyn/Wichita St'17	14.60+0.2	160	1241	25.44-2.7	559+2.1	3531	2:16.03
5303	Pfeiffer, Jenna/Baylor'17	14.78-0.5	166	1130	27.21-0.9	544+1.7	4545	2:17.18
5268	Dadzie, Elizabeth/Mid Tenn St-NIG'17	13.81-0.5	151	1154	25.23-2.7	616+4.2	3664	2:35.00
5356	Cooks, Riley/Long Beach St'17	13.69+0.2	154	1196	24.53-2.7	566+2.3	4011	2:40.89
5245	Usgaard, Tori/UCSB'17	14.38+0.2	160	1079	25.77-0.9	582+1.9	3306	2:17.60
5172	Mokrasova, Lucia/UTEP'18	14.49-0.8	154	1336	25.39-2.7	534+1.9	3710	2:27.26
5133	Hankenson, Holly/Louisville'19	14.26+0.3	151	1119	25.55-2.7	568+1.5	2838	2:13.46
dnf	Stumbaugh, Payton/Arkansas'18	13.17+0.2	169	1144	23.93-3.1	456+1.3	nm	dns
dnf	Larch-Miller, Nikki/Wichita St'17	13.69-0.5	163	1156	25.05-3.1	nm		withdrew
dnf	Grauvogel, Louisa/Georgia-GER'20	13.53-0.5	nh	1180				withdrew
dnf	Farrington, Melissa-M/Fla St-AUS'17	14.08-0.8						withdrew
dnf	Holmberg, Madeline/Penn St'19							dnf withdrew
dnf	Herman, Kelsey/Arkansas'19							dnf withdrew

24s, 18f.

2016 Heptathlon Results, June 10-11, 2016, Eugene, Oregon

6225	Williams, Kendall/Georgia	12.83+1.4	178	1266	23.78+2.0	613+0.1	4030	2:17.89	5373	6 events
6088	Bougaard/Mississippi St	13.19+2.0	181	1191	24.03+0.2	626+1.6	3573	2:17.89		
6063	Jones, Akela/Kansas St	13.10+1.4	181	1475	23.73+0.2	637+0.4	3456	2:39.04	5479	6 events
5962	Gochenour, Alex/Arkansas	13.30+1.4	171	1313	24.57+0.2	606+3.1	3770	2:18.14		
5935	Ellenwood, Georgia/Wisconsin	13.81+3.2	175	1236	24.60+2.0	611+0.4	3967	2:17.29		
5868	Stumbaugh, Payton/Arkansas	13.11+1.4	166	1064	23.98+0.2	615+2.3	3921	2:17.94		
5835	Lehman, Jess/Minnesota	14.22+1.8	172	1342	25.36+2.0	585+0.7	4461	2:18.77		
5833	Knodle, Paige/N Iowa	13.50+2.0	166	1048	24.63+2.0	605+1.3	4510	2:16.98		
5784	Kunz, Annie/Texas A&M	13.59+1.1	169	1318	24.55+0.2	555-1.1	4117	2:19.41		
5677	Brown, Leigha/Arkansas	13.54+3.2	172	1281	24.78+2.0	547+1.2	3646	2:18.73		
5658	Sadieko, Grete/Florida St	14.06+0.4	163	1231	25.04+2.0	589+1.2	4492	2:23.67		
5626	Siefring, Jaclyn/Akron	13.91+0.4	163	1135	24.97+2.0	598+0.2	3721	2:14.57		
5569	Mokrasova, Lucia/UTEP	14.26+0.4	166	1415	24.56+2.0	569+2.0	3807	2:29.19		
5514	Thompson, Alyssa/Arizona	14.30+1.8	160	1098	24.77+2.0	607+0.9	3936	2:20.67		
5482	Cvitanovic, Lucija/SMU	14.68+1.8	166	1183	26.39+2.0	560+1.0	4735	2:18.75		
5446	Harper, Liz/Washington St	13.74+3.2	175	1068	24.94+2.0	542+0.6	3224	2:17.94		
5443	Zamzow, Ashtin/Texas	14.68+3.2	169	1139	25.56+2.0	554-0.1	4431	2:21.88		
5382	Maslowski, Teddi/Duke	13.59+1.1	151	1087	24.34+0.2	581-0.3	3350	2:18.57		
5373	Loeffel, Carly/Notre Dame	14.07+1.8	169	1332	25.49+2.0	536-0.6	3229	2:22.37		
5372	Cooks, Riley/Long Beach St	13.59+1.1	166	1261	24.07+2.0	504-0.8	4212	2:39.85		
5298	Dadzie, Elizabeth/Mid Tenn St	13.52+2.0	157	1110	24.97+2.0	615+1.6	3388	2:36.65		
5032	Green, Jessica/Colorado St	14.91+0.4	163	1104	25.93+2.0	550+1.1	3644	2:28.86		
5030	Dameus, Clairwin/Tennessee St	14.15+1.1	139	1053	24.95+0.2	617+2.6	3737	2:37.89		
dnf	Brooks, Taliyah/Arkansas	13.21+2.0	172	1186	25.98+0.2					withdrew [3423 pts]

24s,23f.

2015 Heptathlon Results, June 10-11, 2015, Eugene, Oregon

6371	Jones, Akela/Kansas St'16	13.10+0.9	184	1485	23.45+3.2	653+3.3	3813	2:29.43
6223	Williams, Kendell/Georgia'17	13.08+1.0	181	1241	23.67+3.2	643+3.3	3874	2:22.43
6147	Chapman, Quintuna/Georgia'15	13.43+1.0	166	1456	23.62+3.2	607+1.0	4366	2:19.96
6050	Bougard, Erica/Miss St'15	13.12+0.9	184	1049	23.63+3.2	637+3.6	3395	2:20.35
5965	Herauf, Jess/Minnesota'16	14.30+0.8	172	1325	25.04+2.2	606+2.1	4485	2:14.88
5913	Hemann, TexasA&M'15	14.27+0.8	172	1303	24.81+2.1	603+2.2	4782	2:22.98
5851	Rahn, Xenia/North Carolina'15-GER	13.61+1.9	169	1272	25.29+2.1	627+3.6	4141	2:23.36
5806	Larch-Miller, Nikki/WichitaSt'16	13.15+0.9	166	1053	23.36+3.2	595+1.6	3793	2:19.63
5806	Gochenour, Alex/Arkansas'16	13.49+0.9	169	1262	24.64+2.2	624+2.7	3439	2:31.31
5786	Ellenwood, Georgia/Wisconsin'17-CAN	14.11+0.1	175	1140	24.45+2.2	608+1.8	4004	2:21.31
5782	Chauchard, Sarah/E Michigan'15	13.88+0.8	169	1286	25.09+2.1	582+1.7	3804	2:12.88
5778	Latham, Deanna/Wisconsin'15	13.50+1.9	163	1235	24.37+3.2	607+1.7	3868	2:20.64
5757	McDonald, Fabia/Mississippi	14.01+0.1	169	1223	25.36+2.1	586+3.4	4292	2:16.07
5750	Hawkins, Chari/Utah St'15	13.44+1.9	160	1148	24.28+2.2	602+3.5	3913	2:24.68
5730	Sadieko, Grete/Florida St'17	13.92+0.1	172	1177	24.77+2.1	599+3.5	4333	2:27.27
5717	Brooks, Taliyah/Arkansas'18	13.39+1.0	166	1168	24.35+3.2	628+1.4	3518	2:25.83
5604	Souza, Tatum/UCLA'15	14.20+0.1	169	1394	25.6+2.1	535+3.2	4339	2:21.72
5572	Brooks-Johnson, Alissa/WashSt'18	14.27+1.2	166	1152	24.63+2.2	534+1.8	4139	2:12.60
5486	Moore, Ashlee/Oregon'18	13.89+1.2	169	1163	24.93+2.1	616+1.7	3918	2:40.37
5483	Torres, Abrianna/Colorado	14.63+0.8	172	1357	26.17+2.1	584+2.6	3769	2:26.18
5394	Kelly, Brittany/Mississippi	13.65+1.2	172	938	24.43+2.2	582+2.4	2626	2:17.56
5320	Pearson, Jallycia/UTEP	14.12+1.2	163	1266	25.80+2.2	545+2.1	4169	2:30.91
dnf	Vollmer, Lindsay/Kansas'15	13.40+1.0	172	1260	24.05+2.2	nm		
dnf	Maslowski, Teddi/Duke	13.61+1.9	157	nm	24.08+3.2			

24s,22f.

2014 Heptathlon Results, June 12-13, 2014, Eugene, Oregon

5854	Williams, Kendell/Georgia'17	12.99+1.8	178	1189	24.30-1.2	613-0.5	3483	2:28.59
5836	Reaser, Allison/San Diego St'14	13.38+1.8	160	1199	24.60-1.2	602+1.2	3952	2:12.08
5835	Harrell, Brittany/Florida'15	13.84+0.9	175	1097	24.67+1.3	592-2.1	4044	2:13.96
5681	Knodle, Paige/Northern Iowa'15	13.54+0.9	163	1007	24.83-1.2	570 0.0	4548	2:14.65
5638	Chauchard, Sarah/E Michigan'12-FRA	14.15+0.5	169	1251	25.84-1.9	571+0.6	4077	2:15.25
5610	Chapman, Qunitunya/Georgia'15	13.96+0.3	157	1271	24.26-1.2	594-1.1	3380	2:15.85
5603	Hall, Lindsay/Montana'14	13.61+1.8	172	1207	26.69-1.9	559+0.9	4698	2:24.89
5558	Rahn, Xenia/North Carolina'15-GER	14.05+0.3	169	1245	25.93-1.9	575+1.7	4245	2:24.56
5552	Hawkins, Chari/Utah St'15	13.97-0.5	172	1186	25.28-1.9	571+1.3	3892	2:24.13
5530	Howell, Brittney/Penn St'14	13.96+1.8	178	1145	24.73-1.2	605+1.3	2941	2:27.37
5515	Gochenour, Alex/Arkansas'16	13.63-0.5	169	1165	25.34+1.3	578-0.1	3319	2:19.67
5480	Ellenwood, Georgia/Wiscon'17-CAN	14.19+0.3	178	1065	25.14+1.3	563-3.3	3325	2:17.82
5465	Martin, Anne/Nebraska'14	14.37 0.0	166	1143	25.42+1.3	567-0.2	4194	2:21.35
5410	Hemann, Jena/Texas A&M'15	14.46 0.0	163	1235	26.02-1.9	561-0.7	4468	2:24.96
5397	Pearson, Jallycia/UTEP'15	13.75+0.9	160	1186	25.31-1.2	518-0.5	4027	2:17.68
5294	Howell, Aaron/Michigan'17	14.48 0.0	160	1222	26.59-1.9	574-0.1	3933	2:21.83
266	Cvitanovic, Lucija/SMU'16 -SKV	14.87 0.0	169	1126	27.32-1.9	527-1.0	4887	2:22.03
5184	Stewart, Shanice/Texas Tech'15	13.92+0.9	154	1236	25.57+1.3	582-0.6	4263	2:47.00
5116	Walker, Alexis/UCLA'15	14.45+0.5	175	1014	25.68-1.9	501+0.3	3005	2:15.94
5027	McCuthen, Carley/Montana St'14	14.33+0.5	172	1020	25.73+1.3	474-1.5	3709	2:25.55
4923	Dameus, Clairwin/Tennessee St'16	16.76+0.3	151	1027	24.47-1.2	592-0.8	3838	2:27.59
dnf	Vollmer, Lindsay/Kansas'15	13.61-0.5	172	1224	24.82-1.2	558-1.7		
dnf	Sadeiko, Grete/Florida St-EST'17	14.49+0.5	163	1116	25.61+1.3			
dnf	Oudenaarden, Nicole/SanDiegoSt-CAN	14.77-0.5	withdrew					

Athlete Profiles:

NICOLA ADER

DOB: 1998
 POB:
 Ht: 5-8
 Hometown: Affoterback, GER
 High School: Martin Luther Schule
 College: Nevada '21



2019: Was 9th at Bryan Clay (PR 5590 score). Indoor best came in Boulder (3894. **2018:** Mountain West indoor champ (3826). **2017: 2016:** 4th at Germany u20 champs (4777). **High School: Personal:** daughter of Volker and Heike Ader. Major is Criminal Justice.

Career:

Indoor				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
2/09/18	3083	6	Jacoby, Boise	8.87	175	1001	550	dnf
2/22/18	3826	1	Mtn West, Albuquerque	8.87	172	1021	585	2:32.40
1/18/19	3004	11	Jacoby, Boise	8.86	176	968	525	dnf
1/31/19	3894	1	Colo Invt, Boulder	8.78	178	1031	571	2:31.62

Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/22/16	4553	7	u20, Marburg	15.06	-1.6	171	881	26.22	-1.1	554	+1.6	2999	2:52.88
8/14/16	4777	4	GER u20 NC, Kienbaum	14.84	+0.9	171	898	26.72	-1.9	530	-0.4	3390	2:37.99
4/19/18	5150		Clay, Azusa	14.45	+1.0	181	1048	26.08	+2.4	568	+0.2	3609	2:42.25
4/18/19	5590	9	Clay, Azusa	13.98	+0.8	179	1043	25.71	+1.4	629	+2.4	3363	2:23.55

PRs: 5590 / 3894

13.89+1.5 183 1106 25.71+1.4 624+1.2 3924 2:23.55

Indoor: 8.78

Updated: 5/29/19

MICHELLE ATHERLEY

DOB: December 12, 1995
 POB:
 Ht: 5-8
 Hometown: North Point, FL
 High School: Port Charlotte HS
 College: Auburn, Miami (FL)'19



2019: PR (5966) came at Miami Hurricane and ACC repeat followed. Won ACC indoor crown with PR 4498 pentathlon score and followed with NCAA indoor title (4547). **2018:** ACC outdoor heptathlon winner at 5793. 6th at NCAA indoors. Placed 2nd at ACC with 4319 score. **2017:** Transferred to Miami and won ACC crown with 4281 PR. **2016:** 6th at SEC as freshman at Auburn. **High School:** 2x district and regional champion in 100m hurdles and 300m hurdles. Runner-up in 1090m hurdles and 3rd in triple jump at 2015 Fla state meet. 2015 Florida State Weightlifting champion. **Personal:** Daughter of Clifford and Brenda Atherley. Political Science major.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
3/11/15	3439	6	New Balance Prep, NYC Armory	8.69	155	820	538 2:28.82
2/05/16	3833	5	Husker Seigne, Lincoln	8.58	163	1059	558 2:23.91
2/27/16	4148	6	SEC, Fayetteville	8.40	175	1114	562 2:17.76
3/11/16	4153	11	NCAA I, Birmingham	8.42	177	1211	544 2:19.81
1/20/17	3984	1	McCravey, Lexington	8.43	173	1090	527 2:18.94
2/23/17	4281	1	ACC, South Bend	8.35	176	1178	576 2:15.80
3/10/17	4319	4	NCAA I, College Station	8.21	175	1269	567 2:17.05
2/02/18	4096	1	Mich Power 5, Ann Arbor	8.56	166	1213	570 2:17.53
2/22/18	4159	2	ACC, Clemson	8.37	164	1218	584 2:14.26
3/09/18	4257	6	NCAA I, College Station	8.34	172	1238	573 2:16.47
1/24/19	4292	1	Texas Tech, Lubbock	8.39	174	1174	601 2:17.98
2/21/19	4498	1	ACC, Blacksburg	8.26	176	1195	623 2:12.98
3/08/19	4547	1	NCAA I, Birmingham	8.16	178	1301	607 2:14.34

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/20/18	5816	4	Clay, Azusa	13.28	1.4	172	1241	23.96	+2.1	584	+1.8	2989 2:14.16
5/10/18	5793	1	ACC, Coral Gables	13.05	+0.5	167	1275	23.93	+2.2	588	+4.1	2945 2:15.83
4/13/19	5966	1	Hurricane, Miami	13.16	+2.5	175	1249	23.97	+1.2	594	+4.4	3335 2:14.44
5/10/19	5855	1	ACC, Charlottesville	13.14	+0.2	172	1261	24.19	+1.0	606	+2.1	2918 2:15.96

PRs: 5966 / 4547 13.05+0.5 178 1301 23.93+2.2 625 3499 2:12.98

Indoor: 60mH: 8.15

Updated: 5/30/19

ERINN BEATTIE

DOB:

POB:

Ht: 5-7½

Hometown: Ventura, CA

High School: Buena HS '15

College: UC-Davis '19



2019: PR score came with 7th place finish at Bryan Clay meet (5671)> Bif West Conf outdoor runner-up. laced 4th at MPSF in Seattle with PR 4185 pentathlon score. 7th at NCAAs indoors. **2018:** NCAA outdoor high jump runner-up (1.84m/6-½)...literally tied with two others but awarded 2nd on countback. Ran 61.88 in 400m hurdles. 2nd at Big West Heptathlon (PR 5458). **2017:** Big West high jump champ. 18th at NCAA hj finals. **2016:** NCAA Regional hj qualifier. **High School:** State CIF hj champ (5-9) in 2015, 3rd in 2014, 6th in 2013. Prep PR was 5-10. **Personal:** Is left-handed. Parents are Tricia and John Beattie. Majoring in Human Development

Career:

Indoor

	60h	hj	sp	lj	800
2/23/18	4062	2	MPSF, Seattle	9.19	183 1023 578 2:18.69
2/22/19	4185	4	MPSF, Seattle	8.69	176 1130 586 2:17.39
3/08/19	4293	4	NCAA, Birmingham	8.68	184 1090 589 2:15.86

Outdoor:

	100h	w	hj	sp	200m	w	lj	w	jav	800m
2/26/16	3954	7	Chico Multis, Chico	16.97-0.9	167	746	27.97+0.5	479+2.1	2109	2:27.38
5/07/16	4629	6	Big West, Long Beach	15.27+3.9	169	875	26.85+2.3	579+0.8	2362	2:18.75
3/03/17	4989	2	Chico Multis, Chico	14.88+0.4	175	962	27.25+0.3	556+1.2	2803	2:17.23
5/06/17	4474	12	Big West, Fullerton	19.35	0.0	170	969	26.95+2.7	572+3.1	2866 2:20.26
4/20/18	5387	10	Clay, Azusa	14.80+3/4	184	1044	26.21+2.1	579+1.8	3068	2:16.08
5/05/18	5458	2	Big West, Northridge	14.58-1.6	179	1000	25.64+1.4	575+1.7	3453	2:14.57
4/18/19	5671	7	Clay, Azusa	14.20-0.7	185	1075	25.29+1.4	576+1.7	3102	2:09.74
5/04/19	5515	2	Big West, S Barbara	14.24-0.7	177	1079	25.79+1.4	574-0.6	3366	2:13.42

PRs: 5671 / 4293

14.58+1.6 184 1130 25.64+1.4 607+1.0 3453 2:12.84

Indoor: 60H: 8.68

Updated: 5/29/19

HOPE BENDER

DOB: January 2, 1997
POB:
Ht: 5-5
Hometown: Newport Beach, CA
High School: Newport Brach HS'15
College: UCSB'21



2019: Outdoors she was 3rd at Bryan Clayt meet with big career best, 5940, and then repeated with Big West title. Opened indoor season with 4220 PR win in Seattle and then placed 6th at NCAAs. **2018:** 12th at NCAAs both indoors and out. 5th at USA indoors (with 4149 PR effort) after winning Seattle meet. **2017:** 4th at Big West outdoors. **2016:** 3rd at Big West outdoors. **High School:** Ran 14.35 and 42.18 for prep hurdles. **Personal:** Parents are Steve and Lynn Bender. Majoring in Biology. Aspires to become a Genetic Engineer. Also competed in Motorcross and Horse-Show Jumping.

Career:

Indoor

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/15/16	3211	7	Jacoby, Nampa	8.84	150	1075	426	2:29.63
1/27/18	3884	1	UW Invt, Seattle	8/62	159	1169	533	2:16.14
2/16/18	4149	5	USATF, Albuquerque	8.61	168	1228	576	2:16.68
3/09/18	4010	12	NCAA I, College Station	8.44	163	1134	559	2:17.01
1/25/19	4220	1	U Washington, Seattle	8.48	170	1199	590	2:16.97
3/08/19	4262	6	NCAA, Birmingham	8.56	172	1266	571	2:13.62

Outdoor:

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/02/16	4909	7	Sam Adams, S Barbara	14.28-0.5	148	1087	24.89+0.3	507nwi	2864	2:17.45		
5/14/16	5114	3	Big West,	14.17+1.6	160	1014	24.71+0.6	523+2.3	3028	2:16.91		
5/13/17	5212	3	Cal Invt. Azusa	14.18-0.1	160	1108	24.66+1.9	538+3.2	2818	2:14.63		
5/12/17	4312	14	Big West,	14.06-0.4	nh	1098	24.84+0.7	538+1.9	2778	2:26.86		
4/20/18	5725	2	Clay, Azusa	13.59+0.9	160	1190	23.93+2.5	578+0.6	3572	2:11.30		
5/12/18	5561	1	Big West, Northridge	13.70+0.4	164	1204	24.15-0.6	558 0.0	3388	2:12.28		
6/06/18	5653	12	NCAA I, Eugene	13.73+0.4	166	1189	24.21+0.6	563-1.2	3585	2:15.24		
4/18/19	5940	3	Clay, Azusa	13.71+1.6	164	1220	24.03+2.0	618+1.6	3830	2:11.37		
5/04/19	5814	1	Big West, S Barbara	13.48-0.7	165	1247	24.03+1.4	606-1.4	3555	2:18.36		

PRs: 5940 / 4262

13.33+1/1 172 1266 23.93+2.5 629+1.3 3830 2:11.30

Indoors: 60H: 8.40.

Updated: 5/30/19

EMILE BERGE

DOB: December 7, 1997
 POB: Iveland, Norway
 Ht: 5-10
 Hometown: Iveland, Vest-Agder, Norway
 High School: Kristiansand Katedralskole Grimle, in Vest-Agder, NOR.
 College: South Alabama '20



2019: Sun Belt Conf winner indoors and out. 10th at NCAAs indoors. PR outdoors score (5718) came at Texas Relays. **2018:** 19th at NCAA. Defended Sun Belt outdoor title with career best 5632 score. **2017:** Won Sun Belt heptathlon with career best 5382 score. **2016:** Norwegian jr Hept champs (5047). **2015:** 6th at Nordic Jr hept (4358), **2013:** 7th at Nordic Jr champs in first CE (4503). **High School:** Also participated in basketball and volleyball at Kristiansand Katedralskole Grimle in Vest-Agder, Norway **Personal:** Full name is Gunn Emilie Berge. Daughter of Oeystein and Tone Kristin Berge. Majoring in Emergency Medical Services.

Career:

Indoor:

2/21/16	3575	1	Norway Jr, Sandnes	8.91 163 1045 548	2:25.78
1/18/17	3923	1	Samford U, Birmingham	8.92 168 1219 560	2:24.54
2/21/17	3947	1	Sun Belt, Birmingham	8.88 168 1164 573	2:23.46
1/31/19	3970	1	LSU, Baton Rouge	8.94 173 1185 571	2:26.02
2/18/19	4079	1	Sun Belt, Birmingham	9.14 177 1226 582	2:22.91
3/09/19	4203	10	NCAA, Birmingham	8.75 178 1225 579	2:20.03

Outdoor:

6/09/13	4503	7	Nordic u18, Huddinge	15.35-1.4 153 1009 26.62+1.7 532+1.3 3043	2:34.32
8/06/14	3498	10	Nordic u18, Kopvegur	14.75-0.6 153 1086 26.34+0.7 520 0.0	nm nm
5/24/15	dnf	-	Norway Jr, Nittedal	14.80+1.5 171 1041 26.37-2.7	withdrew
6/14/15	4358	6	Nordic Jr, Copenhagen	14.74-0.3 155 1029 25.88-2.4 550+1.9	nm 2:25.65
5/22/16	5047	1	Norway u20, Nittedal	14.61-1.1	560+1.4
4/13/17	5258	1	S Alabama Invnt, Mobile	14.66+1.5 167 1189 25.78+1.3 558-0.7 3421	2:21.62
5/13/17	5382	1	Sun Belt, Arlington	14.24+2.1 169 1193 25.44+2.6 540-2.5 3584	2:19.32
4/14/18	5479	2	Tiger Track, Auburn	14.30+2.7 171 1179 25.83+1.7 574+3.9 4041	2:23.96
5/12/18	5632	1	Sun Belt, San Marcos	14.00+1.8 175 1193 25.50+2.2 580+2.1 3784	2:19.82
6/09/18	5314	19	NCAA, Eugene	14.17+0.3 169 1134 25.93+0.8 537-1.1 3849	2:22.05
3/28/19	5718	2	Texas R, Austin	14.32+0.3 178 1253 26.08+0.6 596+2.1 4020	
5/11/19	5341	1	Sun Belt, Jonesboro	14.40+1.6 171 1193 25.67+1.2 565+0.8 4011	2:32.97

PRs: 5718 / 4203

14.00+1.8 176 1219 25.44+2.6 595i 4041 2:19.04

Indoor: 60mH: 8.73

Updated 5/30/19

CHRISTINA CHENAULT

DOB:

POB:

Ht: 5-11

Hometown: Walnut Creek, CA

High School: Carondelet HS (CA)

College: UCLA '20



2018: 3rd Pac-12 outdoor. After winning division at Bryan Clay. **2017:** 4th at Pac-12 outdoors and 4th at MPSF indoors. **2016:** did not compete outdoors. No CEs indoors. **2015: 2014: High School:** '15 USATF Jr runner-up in TJ. **Personal:** daughter of Car and Catherine Chenault.

Career:

Indoor

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
2/03/17	3548	3	TAMU Thomas, C Station	9.67	157	1190	517	2:20.87
2/24/17	3689	4	MPSF, Seattle	9.45	152	1178	556	2:17.14
1/26/18	3872	2	Sander, NYC Armory	9.12	163	1125	567	2:17.76

Outdoor:

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/12/17	5438	1	Cal Invt, Azusa	15.45+0.6	172	1153	25.04+2.3	586+2.1	3361			2:13.69
5/07/17	5269	4	Pac 12, Corvallis	15.26-0.7	166	1183	25.45-1.8	568+0.5	3461			2:18.63
5/06/18	5072	8	Pac 12, Palo Alto	15.35-0.9	165	1143	25.95+0.9	522+2.3	3501			2:17.06
4/18/19	5585	1b	Clay, Azusa	14.96+1.5	164	1218	25.06+2.7	588+0.8	3878			2:11.40
5/05/19	5556	3	Pac 12, Tucson	14.31+0.1	168	1175	24.84+0.3	596+1.3	3237			2:15.55

PRs: 5585 / 3872

14.31+0.1 172 1245 24.84+0.3 596+1.3 3878 2:11.40

Indoor: 60H: 9.12

Updated: 5/29/19

AMANDA FROEYNES

DOB: September 13, 1998
POB:
Ht: 5-10
Hometown: Tonesberg, Norway
High School:
College: Florida '21



2019: SEC outdoor winner. **2018:** 5th at NCAAs outdoors with 5794 PR. 3rd at SEC indoors after winning Clemson Invnt with PR 4199 score. **2017:** 16th at Euro Jr champs (5387). **2016:** 11th at IAAF World Junior Champs. **2015:** Had 5183 PR junior heptathlon score. **2014: High School: Personal:**

Career:

Indoor

			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/11/15	3445	Sandnes, NOR					
1/19/18	4199	1 Invt, Clemson	8.94	179	1073	604	2:16.45
2/24/18	4175	3 SEC, College Station	8.82	173	1147	586	2:14.31
3/10/18	4160	9 NCAA, College Station	8.76	175	1077	578	2:13.07
1/25/19	4066	2 Razorback, Fayetteville	8.82	172	1014	572	2:12.04
2/22/19	3387	12 SEC, Fayetteville	dsq	179	1192	601	2:13.67

Outdoor:

			<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/24/15	5183	Nittedal, NOR	15.10+1.4		169	1078				553+1.3	
7/22/16	5493	11 IAAF World Jr, Bydgoszcz	14.92+1.0		171	1034	25.86+1.2	578+0.7	4435		2:15.97
7/21/17	5387	16 Euro Jr, Grosseto, ITA	15.10+1.2		172	1113	25.53-1.2	553+1.0	4085		2:18.48
3/29/18	5546	3 Texas R, Austin	14.38+0.4		169	1053	25.26+1.2	591	3896		2:15.69
5/12/18	5663	3 SEC, Knoxville	14.32+2.0		171	1116	24.95+2.3	586+1.4	4169		2:17.47
6/09/18	5794	5 NCAA, Eugene	14.27+0.9		175	1221	25.60+0.8	577-1.7	4463		2:14.98
5/10/19	5801	1 SEC, Fayetteville	14.25+2.9		170	1181	25.26+1.1	593+1.7	4313		2:11.97

PRs: 5801 / 4199

14.26+1.8 179 1221 25.24-0.5 613+0.7 4463 2:11.97

Indoor: 60mH: 8.82

Updated: 5/30/19

TYRA GITTENS

DOB: September 6, 1998
 POB:
 Ht: 5-10
 Hometown: Nashville, TN
 High School: Ensworth School (TN)
 College: Texas A&M '21



2019: SEC runner-up (5793). Did not compete indoors. **2018:** 9th at NCAAs outdoors and 8th indoors. SEC outdoor winner with 6074 PR effort. 5th at SEC indoors (PR 4121) after 3rd place at Razorback pentathlon. 2017: Competed in four international heptathlons for Trinidad-Tobago (best 5490). **High School:** 17 gold medals over 4 years at Tennessee state meet. Scored 50 team points in back-to-back state outdoor meets, **Personal:**

Career:

Indoor			<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800</u>										
1/26/18	4009	3	Razorback, Fayetteville	8.57	175	1232	589	2:38.29					
2/24/18	4121	5	SEC, College Station	8.54	176	1233	619	2:38.18					
3/10/18	4197	8	NCAA, College Station	8.35	178	1284	599	2:35.05					
Outdoor:			<u>100h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>										
8/02/15	4904	2	AAU JO, Norfolk	14.60+2.2	170	1055	25.83-0.1	562	0.0	2976	2:40.37		
6/17/16	5164	2	New Balance, Greensboro	14.27+1.7	178	1050	24.71+1.3	550-1.0	2965	2:35.64			
	/16	5377	1	AAU JO, Humble									
4/16/17	4854	1	Carifta G, Willemsted	14.22	0.0	183	1200	25.36-2.9	594-2.2		2:42.45		
6/11/17	5324	1	NC U 20, Port-of-Spain	14.09	0.0	172	1194	24.49+2.6	580-1.0				
7/04/17	5490	1	Can u20, Ottawa	14.17+2.9	181	1237	24.90+5.1	598+1.1	3390	2:40.38			
7/23/17	5229	4	Pan Am u 20, Trujillo	14.11-0.2	172	1162	25.01+0.6	578+0.1	3195	2:40.41			
3/29/18	5700	2	Texas R, Austin	13.78+1.6	175	1253	24.28+0.9	619nwi	3303	2:30.89			
5/10/18	6074	1	SEC, Knoxville	13.21+1.2	186	1282	24.01+1.6	637+1.0	3671	2:32.41			
6/09/18	5748	9	NCAA, Eugene	13.31+2.0	172	1242	24.83+0.1	614+0.1	3717	2:29.95			
3/28/19	3709	23	Texas R, Austin	13.82+1.9	187	1389	25.39+2.4	nm	nm	dnf			
5/10/19	5793	2	SEC, Fayetteville	13.66+1.1	176	1288	24.59+2.6	626+3.3	3934	2:36.92			

PRs: 6074 / 4197 13.21+1.2 187 1389 24.01+1.6 653+1.2 4110 2:29.95
Indoor: 8.35
 Updated: 5/30/19

JORDAN GRAY

DOB: December 28, 1995
 POB:
 Ht: 5-7
 Hometown: Ball Ground, GA
 High School: Homeschool
 College: Kennesaw St'19



2019: Career best 5681 score to win in Charlottesville. NCAA indoor pentathlon runner-up with career best 4412 effort. Opened season with 4218 career best pentathlon and then won Atlantic Sun title (4202) for 4th time. **2018:** Opened season with breakthrough 4198 win at Kansas St. Injured outdoors. **2017:** 7th at NCAAs with 5621 effort. Atlantic Sun indoor champ with 3997 PR effort and outdoor champ with 5641 career best. **2016:** Atlantic Sun indoor & outdoor champ. **2015:** Atlantic Sun indoor champ. **2014: High School:** 2014 Junior Olympics heptathlon. **Personal:** Communications major.

Career:

Indoor				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/30/15	3522	4	UM Johnson, Minneapolis	9.13	162	1125	549	2:40.13
2/28/15	3704	1	A Sun, Winston-Salem	8.89	164	1139	557	2:29.09
1/22/16	3497	2	Gladstein, Bloomington	9.13	165	1141	541	2:44.42
2/26/16	3613	1	A Sun, Winston-Salem	8.81	165	1205	573	2:52.67
2/23/17	3997	1	A Sun, Winston-Salem	8.73	165	1357	574	2:29.49
12/8/17	4198	1	KSU Robinson, Manhattan	8.78	169	1324	607	2:22.80
1/17/19	4218	1	Samford U, Birmingham	8.79	171	1342	600	2:22.32
2/21/19	4202	1	A-Sun, Lynchburg	8.74	163	1433	598	2:21.23
3/08/19	4412	2	NCAA I, Birmingham	8.70	172	1435	620	2:19.55

Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/23/16	5240	3	UVa Ch, Charlottesville	14.51+0.2	172	1210	25.72+2.3	587-2.1	2991	2:31.09			
5/13/16	4988	1	A Sun, Jacksonville	14.65+0.1	155	1159	26.03+1.8	573+3.3	3221	2:28.96			
3/25/17	5377	1	Ole Miss Walker, Oxford	14.54+0.9	171	1255	25.28+2.6	554+0.8	3704	2:27.31			
4/22/17	5391	2	UVa Ch, Charlottesville	14.26+4.3	170	1155	24.82+2.6	605+4.2	3223	2:31.39			
5/13/17	5641	1	A Sun, Jacksonville	14.34-1.7	169	1294	25.05+1.0	612+2.1	3902	2:27.28			
6/10/17	5621	7	NCAA I, Eugene	14.29-0.5	172	1248	25.37-0.9	604+2.7	3997	2:27.17			
6/26/17	5460	13	USA, Sacramento	14.51-0.8	168	1288	25.43+0.8	576+2.6	3852	2:26.27	3304		
3/29/18	2435	24	Texas R, Austin	14.46+0.4	160	1386	dnf	nm	nm	dnf			
4/20/18	5266	12	Clay, Azusa	14.42+1.4	166	1327	25.90+1.5	567 0.0	3434	2:31.02			
3/28/18	4741	15	Texas R, Austin	14.21+0.3	166	1347	25.09+0.6	587+2.1	3324	dnf			
4/20/19	5681	1	UVa Ch, Charlottesville	14.15+1.0	171	1396	26.19-0.2	601-1.4	3767	2:21.08			

PRs: 5681 / 4412 14.15+1.0 173 1466 25.05+1.0 645i 3997 2:19.55

Indoor: 60mH: 8.57 [other PRs: pv 365; ham 3500; 400m 58.17, mile 5:47.86; disc 4098]

Updated: 5/30/19

BEATRICE JUSKEVICIUTE

DOB: January 10, 2000
POB:
Ht: 5-10
Hometown: Kaunas, LTH
High School: IMG Academy
College: Cornell '22



2019: Heptagonal champ indoors (3883) and out (5404). PR (5504) came at Tennessee Relays. **High School:** New Balance Prep national heptathlon champ while at IMG Academy. **2017:** 5th at IAAF World juniors (5400). **2016:** 17th at European under 18 heptathlon (5234) and Baltic champ. **Personal:** Enrolled in College of Arts and Sciences.

Career:

Indoor			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>	
12/18/15	3532*	1	Kaunas	8.88	157	987	530	2:26.88
1/09/16	3436*	4	Baltic u18, Siauliai	?.??	144	1121	535	2:31.04
3/11/17	3358*		New Balance, NYC	9.15	155	1087	520	2:24.27
12/16/17	3387	1	Galleria, Birmingham	9.37	157	1095	520	2:33.82
2/23/19	3889	1	Heptagonals, Cambridge	8.97	166	1285	545	2:24.47

Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/23/16	5248*	1	Baltic u18, Jekabpils	14.29	+3.0	157	1150	25.19	+2.3	531	+1.0	4260	2:25.49
7/15/16	5234*	17	Euro u18, Tbilisi	14.69	+0.4	158	1150	25.23	+1.4	538	-2.3	4210	2:23.82
7/15/17	5400*	5	IAAF World u20, Nairobi	14.50	+0.4	158	1358	25.18	+0.2	526	+0.3	4447	2:24.19
6/16/18	5251*	1	New Balance, Greensboro	14.67	+0.9	159	1228	25.34	0.0	519	+0.2	4168	2:22.25
6/27/18	5025	1	LTH u20, Vilinius	14.97	+1.1	158	1121	26.13	-1.9	534	0.0	?534	2:23.49
4/11/19	5504	3	Tennessee R, Knoxville	14.54	+2.0	165	1293	24.91	+1.1	547	+2.6	4210	2:22.37
5/05/19	5404	1	Heptagonals, Princeton	14.84	-0.3	168	1326	25.12	0.0	544	+2.2	3930	2:25.29

PRs: 5504 / 3889 14.54+2.0 168 1326 24.94+1.2 549-0.6 4210 2:22.37

Indoor: 60H: 8.97.

Updated: 5/29/19 *-IAAF junior implements/hurdles

JENNY KIMBRO

DOB:

POB:

Ht:

Hometown: Catlin, IL

High School: Salt Fork HS

College: Iowa'20



2019: Big 10 runner-up outdoors after 5679 PR effort at Bryan Clay. 15th at NCAAs indoors. 4123 PR performance at Nebraska's Husker netted NCAA qualifier. **2018:** 5523 PR score came at Bryan Clay meet. **2017:** 6th and 7th at Big 10 champs indoors and out. **High School: Personal:** Has twin brother who plays baseball at Parkland College, Champaign, IL. Art major with emphasis on graphic design.

Career:

Indoor				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/27/17	3715	2	Black & Gold, Iowa City	8.54	160	927	588	2:31.35
2/24/17	3714	6	Big 10, Geneva	8.45	159	972	550	2:25.43
1/19/18	3900	1	Wieczorek, Iowa City	8.42	166	1019	566	2:24.03
2/02/18	3882	2	Husker, Lincoln	8.49	161	1051	574	2:23.11
2/23/18	3930	4	Big 10, Geneva	8.38	163	1040	573	2:22.45
2/01/19	4123	2	Husker, Lincoln	8.27	172	1122	565	2:20.11
2/22/19	4030	2	Big 10, Ann Arbor	8.29	159	1141	582	2:19.90
3/08/19	3893	15	NCAA, Birmingham	8.43	166	1100	558	2:19.71

Outdoor:

				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/08/17	5121	5	Click, Tucson	13.94	+0.1	157	1017	25.21	+0.3	579	+0.8	3101	2:26.11
5/13/17	4973	7	Big Ten, University Park	13.94	+1.6	158	1061	25.36	+0.6	519	+1.1	2986	2:24.38
3/29/18	5164	8	Texas R, Gainesville	13.74	+1.0	163	1016	25.42	+1.2	572	+2.6	2838	2:23.40
4/20/18	5523	3	Clay, Azusa	13.63	+1.0	172	1003	24.75	+1.5	597	-0.2	3127	2:19.44
5/12/18	4982	8	Big 10, Bloomington	13.59	+1.1	172	1061	24.49	+2.1	590	+1.3	nm	2:25.98
4/18/19	5679	6	Clay, Azusa	13.30	+1.6	170	1093	24.31	+1.2	593	+2.3	2952	2:14.04
5/11/19	5501	2	Big 10, Iowa City	13.53	+2.0	166	1106	24.27	+1.1	564	-0.1	3168	2:18.39

PRs: 5679 / 4123

13.38+1.5 172 1141 24.75+1.5 597-0.2 3174 2:19.44

Indoor: 8.27

Updated: 5/29/19

STERLING LESTER

DOB: November 3, 2000
 POB:
 Ht: 5-9
 Hometown: Marietta, GA
 High School: Marietta HS
 College: Georgia'22



2019: 4th at SEC conf meet indoors (3882) and 3rd outdoors (5534). 5562 PR efforts came a home meet. **2018:** Runner-up at USA Juniors (5523) and 16 at IAAF world juniors (5478). **2017:** USA national Junior Olympic champ (5523), **2016:** national JO u17 champ. **High School:** Arcadia Prep winner (5288) in 2018. 52.69 and 23.60 sprint bests. **Personal:** Daughter of Stacey Lester and Sterling Lester. Father, Sterling, was her coach. Brother Skyler, is decathlete at Eastern Michigan. Major in Biology.

Career:

Indoor			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
12/30/17	3423 [^]	1 Alumni, Birmingham	8.98	155	987	492	2:23.83
2/03/18	3639 [^]	1 Vanderbilt, Nashville	8.78	163	948	574	2:22.42
3/10/18	3976 [^]	2 New Balance, NYC	8.55	171	1000	546	2:15.45
1/25/19	4012	1 Pollock, Clemson	8.54	166	1112	568	2:18.68
2/01/19	3879	4 Sevigne Husker, Lincoln	8.33	160	1095	532	2:18.18
2/22/19	3882	4 SEC, Fayetteville	8.58	164	1079	530	2:16.26

Outdoor:			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
7/28/15	4665 [^]	1 USA JO u17, Jacksonville	14.66	+0.2	165	849	24.48	+1.5	479	+0.8	1669	2:15.47
7/26/16	4817 [^]	1 USA JO u17, Sacramento	14.95	-1.1	165	918	24.61	-1.0	498	0.0	2388	2:17.36
6/17/17	5523 [^]	1 USA JO, Bloomington	13.41	+0.2	170	1063	23.89	-1.1	553	+0.7	3209	2:20.66
4/06/18	5288	[^] 1 Arcadia Prep, Arcadia	13.78	+1.9	167	1034	24.22	+1.7	530	+1.3	2443	2:12.16
6/01/18	5270 [^]	2 Great SW, Albuquerque	13.82	+0.5	162	1047	24.24	-3.2	579	+0.6	2328	2:17.84
6/17/18	5523 [^]	2 USA u20, Bloomington	13.41	+0.2	170	1063	23.89	-1.1	554	+0.7	3209	2:20.66
7/13/18	5478 [^]	16 IAAF World u20, Tampere	13.65	+0.3	168	1072	23.87	0.0	550	-0.4	2601	2:11.08
4/06/19	5562	2 Bulldog, Athens	13.41	+0.5	166	1127	23.97	+1.4	575	0.0	2704	2:14.42
5/10/19	5534	3 SEC, Fayetteville	13.39	+1.1	158	1071	24.03	+2.6	579	+0.3	3175	2:14.06

PRs: 5562 / 4012 **13.32+1.8 171 1127 23.77-0.6 588+0.6 3175 2:11.08**

Indoor: 60H: 8.33 [^] -high school or international junior implements /hurdles.

Updated: 5/28/19

AMANDA LEVIN

DOB:
 POB:
 Ht: 5-8
 Hometown: Fargo, ND
 High School: West Fargo HS '14
 College: N Dakota St '19



2019: Summit League outdoor champ after PR score (5695) at Bryan Clay meet. **2018:** Redshirt outdoors. Summit runner-up indoors. **2017:** 6th indoors and runner-up out doors at Conference meet. **2016:** 2nd indoors and 3rd outdoors at Summits League. **2015:** 4th indoors at Summit League. **High School:** Swept the North Dakota Class A state titles in the sprints as a junior in 2013, winning at 100m, 200m and 400m. North Dakota Gatorade Track & Field Athlete of the Year ... Also played basketball and volleyball. **Personal:** Daughter of Dan and Jane Levin. Majoring in apparel, retail merchandising and design

Career:

Indoor				<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800</u>				
2/06/15	3457	2	Thunder Herd, Fargo	9.66	163	927	564	2:30.53
2/27/15	3548	4	Summit League, Fargo	9.53	161	1005	535	2:21.08
12/4/15	3336	4	Dakota Classic, Fargo	10.44	158	1015	539	2:22.89
1/29/16	3366	12	Johnson, Minneapolis	9.71	154	985	540	2:26.14
2/26/16	3512	2	Summit Lea, Ft Wayne	9.45	152	1078	536	2:21.05
12/2/16	3454	2	Dakota Classic, Fargo	10.27	161	1069	551	2:24.19
2/03/17	3696	2	Bison Open, Fargo	9.61	160	1024	579	2:18.68
2/24/17	3388	6	Summit Lea, Brookings	9.51	154	1006	511	2:22.18
12/8/17	3736	2	Dakota Classic, Fargo	9.29	161	1163	564	2:24.70
2/02/18	3720	1	Bison Open, Fargo	9.21	155	1203	551	2:21.06
2/23/18	3917	2	Summit League, Fargo	9.09	161	1273	569	2:20.71

Outdoor:				<u>100h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>						
3/27/15	4400	6	Spring Break, Riverside	15.96-0.5	154	950	25.72-0.6	514+1.3	2322	2:25.59
3/25/16	4711	4	Spring Break, Riverside	16.01-1.2	160	1047	25.89+0.2	532 0.0	2782	2:20.83
4/14/16	4549	34	Mt Sac R, Azusa	15.84-0.2	154	1015	25.52+3.5	497+1.2	2664	2:21.28
5/13/16	4635w	3	Summit Lea, Greenfield	15.23+0.8	151	1099	25.61+4.5	540+3.4	2704	2:31.54
3/24/17	4917	5	Spring Break, Riverside	16.02 0.0	157	1116	25.21 0.0	555 0.0	3325	2:23.48
4/12/17	4002	41	Mt Sac R, Azusa	15.86-1.4	163	1052	24.78+1.2	505+3.4	2888	dnf
5/12/17	5321	2	Summit League, Fargo	15.03+0.4	163	1145	24.62-1.0	583+0.4	3264	2:18.82
3/23/18	4725	1	Spring Break, Riverside	15.14+1.8	146	1124	25.60-1.4	573-1.7	1935	2:19.06
3/28/19	5469	5	Texas R, Austin	14.66+0.3	157	1276	24.61+2.4	591+2.0	3595	2:19.15
4/18/19	5695	1	Clay, Azusa	14.53+2.0	164	1307	24.54+3.4	616+0.6	3491	2:16.14
5/09/19	5441	1	Summit Lea, Macomb	14.76+0.5	163	1295	24.36+2.7	578+1.2	3437	2:23.05

PRs: 5695 / 3917 **14.53+2.0 164 1307 24.36+2.7 616+0.6 3595 2:16.14**
Indoor: 60H: 9.09

GRACE McKENZIE

DOB: December 4, 1996
 POB: Ireland
 Ht: 5-6
 Hometown: Cork, Ireland
 High School: Crosshaven HS, IRE
 College: McNeese St '20



2019: Significant scores at Texas Relays (4th) and Bryan Clay (8th). Opened season with 4211 PR pentathlon score at Birmingham and improved at NCAAs to 4230 for 8th place. **2018:** dnf'd NCAA. Southland CE champ indoors (4030) and out (5619). **2017:** 5th at Southland indoors. did not compete outdoors. **2016:** 7th Southland indoors **2015:** 9th at England/Wales indoor CE pentathlon (3321). **High School:** did first CE (in Glasgow, Scotland) at age 15.

Personal: Major is Exercise Science.

Career:

Indoor:			60,H hj sp lj 800m				
12/1/12	????	? SIAB Pentathlon, Glasgow		166			
1/11/14	3372	2 Irish CE Ch, Athlone	9.45	170		516	
1/10/15	3321	9 Eng/Wales CE, Sheffield	9.60	168	999	526	2:42.76
1/17/15	3410	1 Irish CE Ch, Athlone		169		541	
1/22/16	3239	5 ASU Open, Jonesboro	8.88	166	994	499	2:41.82
2/15/16	3365	7 Southland, Birmingham	9.43	169	984	492	2:33.99
1/19/17	3653	4 Samford Multi, Birmingham	9.11	168	1007	509	2:23.29
2/22/17	3599	5 Southland, Birmingham	9.09	167	1112	507	2:28.72
1/26/18	3880	1 ASU Invt, Jonesboro	8.18	166	1111	559	2:22.01 [55mH]
2/21/18	4030	1 Southland, Birmingham	8.65	171	1110	562	2:18.67
1/17/19	4211	2 Samford U, Birmingham	8.69	174	1147	581	2:13.51
3/08/18	4230	8 NCAA, Birmingham	8.57	175	1108	585	2:13.95

Outdoor:			100mh w hj sp 200m w lj w jav 800m							
5/25/14	4358	8 England CE Ch, Bedford	15.93-0.7	169	1003	28.00nwi	519+1.7	2394	2:32.78	
5/07/16	4334	12 Southland, Corpus Christi	15.59+0.5	168	983	28.19	0.0	525-2.6	2287	2:34.70
4/06/18	5406	1 Knight Sketchers,Nagadoches	13.73+1.7	168	1080	25.02+2.2	571-0.6	3099	2:19.13	
5/05/18	5619	1 Southland, San Antonio	13.88+2.2	173	1129	24.71-0.9	572nwi	3219	2:12.96	
6/09/18	dnf	- NCAA, Eugene	13.92+1.4	163	1078	25.46+1.9	533-2.6		withdrew	
3/28/19	5609	4 Texas R, Austin	13.63+1.8	172	1073	25.00+0.6	608+3.6	2916	2:14.46	
4/18/19	5599	8 Clay, Azusa	14.02-0.4	170	1130	24.97+1.2	596+2.5	3015	2:11.21	

PRs: 5619 / 4230 **13.63+1.8 175 1147 24.71-0.9 608+2.0 3219 2:11.21**

Indoor: 60mH: 8.57

Updated: 5/29/19

ERIN MARSH

DOB: July 12, 1999
 POB:
 Ht: 5-10
 Hometown: Buford, GA
 High School: Buford HS'17
 College: Duke'21



2019: Runner-up at ACC champs indoors and out with PR (4132 & 5806) scores. 16th at NCAAs indoors. **2018:**7th at ACC indoor pentathlon and 5th outdoors with career best 5184 score. **High School:** 2017 New Balance Nationals Indoor All-American in the Pentathlon. USATF Junior Olympic champion in the 400-meter hurdles in 2014. State Champion in the 300-meter hurdles in both 2015 and 2017. **Personal:** Daughter of Jake and Sonja Marsh.

Indoor			Career:									
			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>					
2/02/18	3478	7	Power 5, Ann Arbor	8.62	163	946	516	2:36.06				
2/22/18	3686	7	ACC, Clemson	8.70	160	1060	548	2:28.41				
1/24/19	3823	2	Sander, NYC Armory	8.58	170	1034	556	2:29.50				
2/21/19	4132	2	ACC, Blacksburg	8.40	173	1106	581	2:20.92				
3/08/19	3883	16	NCAA, Birmingham	8.42	175	1133	548	2:35.92				
Outdoor:			<i>100h</i>	<i>h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
3/29/18	4976	18	Texas R, Austin	14.02	+1.3	160	978	25.28	+0.9	573	2329	2:23.98
5/10/18	5184	5	ACC, Coral Gables	13.98	+0.5	164	1022	25.00	+2.2	542	+3.5	3092 2:20.44
3/28/19	4655	19	Texas R, Austin	13.51	+1.8	172	982	24.49	+2.4	569	3275	dnf
5/10/19	5806	2	ACC, Charlottesville	13.45	+0.2	172	1171	24.61	+1.0	591	+2.0	3941 2:19.78
PRs: 5806 / 4132			13.45	+0.2	175	1171	24.49	+2.4	591	+2.0	3941	2:19.78
Indoor: 8.40												
Updated: 5/30/19												

JESTENNA MATTSON

DOB:
 POB:
 Ht: 5-10
 Hometown: Parkdale, OR
 High School: Hood River Valley HS
 College: Fresno St'19



2019: Repeated as Mountain West heptathlon champ (PR 5635). Won Mountain West Conf indoor pentathlon with career best 4082 score. **2018:** Mountain West CE champ both indoors (3791) and outdoors (5511). **2017:** Conference indoor winner (3828) and 3rd outdoors (5333). **2016:** 12th and 15th at Mountain West Conference CE's indoors and out. **High School: Personal:**

Career:

Indoor			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>	
2/25/16	3347	12	Mtn West, Albuquerque	9.49	165	957	480	2:26.69
1/27/17	3250	14	U Washington, Seattle	10.60	158	1020	559	2:32.26
2/23/17	3828	1	Mtn West, Albuquerque	8.99	164	1063	573	2:22.16
1/26/18	3669	4	U Washington, Seattle	8.98	165	1069	551	2:30.91
2/22/18	3791	4	Mtn West, Albuquerque	8.94	166	1046	554	2:22.40
1/25/19	3790	4	U Washington, Seattle	8.56	158	1162	545	2:25.36
2/21/19	4082	1	Mtn West, Albuquerque	8.69	170	1281	580	2:25.79
3/08/19	4043	13	NCAA, Birmingham	8.60	169	1197	555	2:19.41

Outdoor:			<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>		
5/12/16	4300	15	Mountain West, Fresno	15.69	+0.9	164	933	25.00	+1.4	549	+1.7	nm	2:29.90
4/13/17	5004	12	Cal Invt, Azusa	14.86	-0.1	160	898	24.54	+1.2	560	+1.9	2868	2:19.13
5/11/17	5333	3	Mountain West, Logan	14.58	+2.1	170	1102	24.50	-0.6	559	0.0	3077	2:19.21
3/29/18	5040	16	Texas R, Austin	14.81	+0.4	163	1106	25.62	+0.9	563	+0.9	3458	2:31.81
5/10/18	5511	1	Mountain West, Fresno	14.26	+2.0	168	1142	24.46	+2.6	600	+3.2	3266	2:21.56
5/09/19	5635	1	Mountain West, Fresno	14.11	-0.6	163	1195	24.29	+1.1	600	+3.4	3785	2:20.72

PRs: 5635 / 4082 **14.02**+2.0 **170** **1281** **24.29**+1.1 **603**+1.2 **3785** **2:19.13**
Indoor: **60H:** 8.56

ARIEL OKORIE

DOB: September 11, 1998
 POB:
 Ht: 5-6
 Hometown: Waynesville, MO
 High School: Waynesville HS '16
 College: Kansas St '20



2019: 3rd at Big 12 Conference indoors(3938) and out (5394). **2018:** 20th at NCAA. 4th at Big 12 indoors (3949) and 3rd outdoors with career best 5632. **2017:** National junior hept champion and Pan-Am jr runner-up. 3rd at Big 12 outdoors. NCAA q in LJ and 100m H. 3rd at UofA Click at 5221. 4th Big 12 pentathlon indoors (3758). **2016:** 7th at USA Jr Heptathlon. **2015: High School:** '16 Missouri state 100m hurdle champ. **Personal:** Daughter of Travis and Selina Huggard. Majoring in International Business.

Career:

Indoor:				<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
12/9/16	3664	2	KSU Robinson, Manhattan	8.59	161	961	578	2:34.90
1/20/17	3523	4	KSU Dodds, Manhattan	8.66	163	945	547	2:38.95
2/24/17	3758	4	Big 12, Ames	8.59	164	938	574	2:28.03
12/8/17	3901	3	KSU Robinson, Manhattan	8.57	166	1031	582	2:25.67
2/02/18	3723	2	KSU Dodds, Manhattan	8.57	163	1051	546	2:29.51
2/23/18	3949	4	Big 12, Ames	8.40	167	1006	575	2:22.86
12/7/18	3696	2	KSU Robinson, Manhattan	8.66	264	1022	563	2:33.56
1/25/19	3929	3	Razorback, Fayetteville	8.51	169	1118	577	2:30.62
2/22/19	3938	3	Big 12, Lubbock	8.44	167	1129	578	2:30.02

Outdoor:				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
6/07/14	4262	11	Great SW, Albuquerque	14.84	-1.3								
7/28/15	4482	7	USATF JO, Jacksonville	14.97	0.0	150	858	26.92+0.7	550+0.1	3606	2:40.41		
6/04/16	4966	2	Great SW, Albuquerque	14.35	+1.1	159	911	25.98+1.0	595 0.0	3352	2:32.23		
6/25/16	4830	7	USA Jr, Clovis	14.07	+2.4	158	889	26.33+1.7	569+1.4	3406	2:36.50		
4/18/17	5221	3	UA Click, Tucson	13.90	+0.1	163	914	25.31+1.8	591+1.4	3666	2:29.42		
5/13/17	5251	3	Big 12, Lawrence	13.65	+3.2	155	976	25.04+2.9	574+2.7	3505	2:21.44		
6/23/17	5266	1	USA Jr, Sacramento	13.93	+0.8	162	1064	25.25+2.8	585+1.6	3480	2:28.49		
7/22/17	5253	2	Pan Am Jr, Lima	14.12	-0.6	163	1006	25.04+0.3	579+1.9	3471	2:25.58		
4/07/18	5429	5	UA Click, Tucson	13.61	+0.9	168	1006	25.17+0.8	574+0.8	3679	2:22.92		
5/12/18	5632	3	Big 12, Waco	13.36	+3.5	170	1097	24.88	+6.6	585	+1.7	3851	2:23.81
6/09/18	5189	20	NCAA, Eugene	13.78	+0.4	160	964	25.41+0.8	585+0.8	3335	2:26.09		
4/06/19	5516	3	AU Click, Tucson	13.55	+1.8	166	1075	25.07+2.0	592+1.5	3723	2:24.09		
5/11/19	5394	3	Big 12, Norman	13.68	+2.9	167	960	25.31+1.7	585+0.5	3788	2:24.80		

PRs: 5632 / 3949 **13.55+1.8 170 1129 24.67+1.2 620+1.8 3876 2:21.44**

Indoor: 60mH: 8.32

Updated 5/28/18

CARLY PAUL

DOB:

POB:

Ht:

Hometown: Fort Collins, CO

High School: Poudre, HS (CO)

College: Brown



2019: Career best (5632) came at Tennessee Relays. 2nd at Ivy League Champs indoors and out. **2018:** 12th at NCAA outdoor HJ. Heptagonal CE champ, indoors and out. **2017:** 4th and 7th at Heptagonals indoors and out. **2016:** 9th and 8th at Heptagonals (Ivy League) indoors and out. **High School: Personal:.**

Career:

Indoor				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/16/16	3333	6	Harvard, Cambridge	9.19	167	918	490	2:34.66
2/27/16	3493	9	Heptagonals, Ithaca	9.27	170	935	524	2:31.75
2/25/17	3618	4	Heptagonals, Armory NYC	9.12	167	981	537	2:26.67
12/8/17	3883	1	URI pent, Kingston	9.10	178	1008	572	2:26.22
1/17/18	3816	1	URI q, Kingston	9.05	171	1046	567	2:26.38
2/24/18	4013	1	Heptagonals, Hanover	8.97	179	1026	584	2:22.97
12/6/18	3582	2	URI q, Kingston	9.23	170	1035	518	2:29.09
2/23/19	3833	2	Heptagonals, Cambridge	8.96	172	1006	556	2:22.78

Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
5/08/16	4712	8	Heptagonals, Princeton	15.07	+0.1	161	947	26.05	+1.7	544	-1.6	2538	2:23.76
4/22/17	5207	4	UVa Chal, Charlottesville	14.58	+2.9	176	960	25.50	+2.9	570	nwi	3259	2:25.37
5/07/17	5296	2	Heptagonals, New Haven	14.65	+1.9	174	997	25.87	+4.3	592	+3.6	3191	2:19.46
4/13/18	5509	1	Classic, Auburn	14.76	+2.0	177	1047	25.36	+2.7	619	+2.4	3816	2:26.27
5/05/18	5333	1	Heptagonals, Phila	14.63		177	1074	25.68	-0.1	580	+1.4	3557	2:27.41
4/11/19	5632	2	Tennessee R, Knoxville	14.31	+2.0	174	1092	25.43	+3.3	621	+1.8	3847	2:21.54
5/04/18	5256	2	Heptagonals, Princeton	14.78	+0.1	174	1066	25.77	-0.6	588	+2.3	3433	2:27.89

PRs: 5632 / 4013

14.31+2.0 180 1092 25.68-0.1 621+1.8 3847 2:19.46

Indoor: 60H: 8.84.

Updated: 5/29/19

ASYA REYNOLDS

DOB: October 22, 1996
POB: Cleveland, OH
Ht: 5-9
Hometown: Cleveland, OH
High School: Brush HS (OH)'15
College: Michigan St'20



2019: Big Ten outdoor champion with 5520score. 11th at Big 10 pentathlon indoors. **2018:** did not compete. **2017:** 3rd Big 10 outdoors (5314) and 5th indoors (3734). **2016:** 3rd at Big 10. **High School:** Ran track for Cleveland Express Track Club and was a seven time All-American AAU and USATF at Junior Olympics. Also Volleyball. **Personal:** Daughter of Antwon Reynolds and April Carlisle. Majoring in Communication.

Career:

Indoor

						<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
2/03/17	3885	2	Invt, Akron	8.71	171	1205	564	2:34.16		
2/24/17	3734	5	Big 10, Geneva	8.65	165	1107	540	2:30.68		
2/22/19	3637	11	Big 10, Ann Arbor	9.01	162	1142	550	2:33.68		

Outdoor:

						<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/23/16	5072	4	UVa Chal, Charlottesville	14.29+0.9	163	1008	25.13+2.3	575+1.4	2519	2:22.25				
5/14/16	5211	5	Big 10, Lincoln	14.26+5.2	165	1023	25.35+2.6	568+1.6	3473	2:25.15				
5/13/17	5314	3	Big 10, University Park	14.25+0.6	161	1158	25.22+0.6	592 0.0	3228	2:23.34				
4/20/19	5289	5	UVa Chal, Charlottesville	14.18+1.0	161	1139	26.23-0.2	585+2.3						
5/11/19	5520	1	Big 10, Iowa City	14.18+1.0	166	1260	25.05+1.1	577-1.2	3691	2:22.49				

PRs: 5520 / 3885

14.18+1.0 171 1260 25.05+1.1 618+1.4 3691 2:22.25

Indoor: 8.65

Updated: 5/28/18

HANNAH RUSNACK

DOB:
POB: Bellingham, WA
Ht: 5-10
Hometown: Lynden, WA
High School: Lynden Christian HS (WA)
College: U Washington'21



2019: Won Pac-12 crown with 5762 lifetime best. 2nd at MPSF indoors with career best 3848. **2018:** 8th at MPSF indoors. **High School:** Captured five state titles at 1A level. Also lettered in volleyball. **Personal:** parents are Tammy and Joseph Rusnak

Career:

Indoor			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>	
1/26/18	3321	14	UW Invt, Seattle	8.77	147	1101	522	2:41.34
2.23.18	3550	8	MPSF, Seattle	8.65	153	1199	543	2:40.14
1/25/19	3665	2	UW Invt, Seattle	8.48	161	1193	558	2:44.90
2/22/19	3848	2	MPSF, Seattle	8.46	158	1208	571	2:30.88

Outdoor:			<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/06/18	4934	10	Pac 12, Palo Alto	14.27	0.0	153	1201	25.45+0.9	525+2.9	3671	2:37.86
4/18/19	5642	3b	Clay, Azusa	13.80+2.2	167	1196	24.69+3.4	586+0.9	4171	2:26.50	
5/05/19	5762	1	Pac 12, Tucson	13.68+0.9	165	1208	24.46+0.3	602+1.8	4303	2:24.93	

PRs: 5762 / 3848

13.59+0.5 167 1246 24.46+0.3 602+1.8 4303 2:24.93

Indoor: 60H: 8.42

Updated: 5/29/18

LAUREN TAUBERT

DOB: March 20 1998
 POB:
 Ht: 5-9
 Hometown: Casper, WY
 High School: Natrone County
 College: Kansas St'20



2019: 11th at NCAA indoors. Big 12 Conf runner-up indoors and out (PR 5770). **2018:** 4th at Big 12 heptathlon (5491). NCAA qualifier in 400m hurdles. 3rd at Conf indoor pentathlon. **2017:** 6th at Big 12 heptathlon. 9th at indoor pentathlon (3620) **High School:** 2016 Wyoming Gatorade Player of the Year. Won 11 Wyoming State Titles among Volleyball, Track and Field and Basketball. 3x State Champion in the 300-meter hurdles and in high jump. Also won a state championship in the 100-meter hurdles. **Personal:** Daughter of Robert and Teresa Taubert. Majoring in Pre-Occupational Therapy

Career:

Indoor				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
12/9/16	2926	5	Robinson, Manhattan	8.97	nh	1054	556	2:27.25
1/20/17	3660	2	Dodds, Manhattan	8.90	160	1100	531	2:25.33
2/24/17	3620	9	Big 12, Ames	8.81	158	1034	505	2:19.27
12/8/17	3792	4	Robinson, Manhattan	8.77	166	1094	534	2:23.06
2/02/18	3811	1	Dodds, Manhattan	8.60	172	1094	494	2:21.51
2/23/18	3967	3	Big 12, Ames	8.55	164	1160	541	2:16.72
12/8/18	3792	1	KSU Winter, Manhattan	8.62	167	1054	520	2:21.48
2/01/19	4082	3	Husker, Lincoln	8.53	172	1036	572	2:16.16
2/22/19	4100	2	Big 12, Lubbock	8.45	170	1130	558	2:15.95
3/09/19	4129	11	NCAA, Birmingham	8.55	169	1147	564	2:13.47

Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/08/17	5009	6	Click, Tucson	14.44	+1.8	160	1110	25.46	-1.0	509	+1.1	3601	2:26.80
5/13/17	5115	6	Big 12, Lawrence	14.24	+3.7	161	1031	24.79	+1.5	509	+1.5	3503	2:20.95
6/23/17	4810	5	USATF Jr, Sacramento	14.69	+0.8	159	1051	25.43	+2.8	499	+0.7	3210	2:27.97
4/07/18	5487	4	Click, Tucson	13.92	+0.2	165	1088	24.35	+0.8	554	+0.6	3432	2:14.72
5/12/18	5491	4	Big 12, Waco	13.76	+3.5	167	1125	24.51	+6.6	558	+2.9	3412	2:18.91
4/06/19	5669	2	UA Click, Tucson	13.66	+1.8	169	1023	24.14	+2.0	582	+1.7	3452	2:12.34
5/11/19	5770	2	Big 12, Norman	13.73	+2.9	173	1098	24.35	+1.7	585	+1.2	3573	2:12.35

PRs: 5770 / 4129 **13.66+1.8 173 1160 24.14+2.0 585+1.2 3601 2:12.34**

Indoor: 60H: 8.45 [other PRs: 400mH: 58.52]

Updated: 5/30/19

MICHAELA WENNING

DOB: Sept. 14, 1995
POB:
Ht: 5-6
Hometown: Celena, OH
High School: Celena HS (OH)
College: Colorado '19



2019: Placed 4th at Pac-12 outdoors after career best 5585 score at Bryan Clay. **2018:** 11th at Pac-12 outdoors and 6th at Mountain Pacific indoors. **2017:** did not compete indoors. **2016:** 12th at Mountain Pacific SF indoors. Redshirt outdoors. **2015: 2014: High School:** injured and did not compete senior year ('14). 2013 Ohio State hj champ. Participated in volleyball and swimming. **Personal:** Michaela Ann Wenning. She is the daughter of Bill and Deb Wenning. Chemical and biological engineering and biochemistry major

Career:

Indoor			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>	
12/12/14	3224	9	CSM Alumni, Golden	9.35	165	910	467	2:33.60
1/22/15	3149	11	AF Invt, USAFA	9.55	164	961	449	2:34.50
2/27/15	3173	14	MPSF, Seattle	9.75	157	869	473	2:23.06
1/21/16	3511	2	AF Invt, USAFA	9.45	167	1036	519	2:28.66
2/26/16	3444	12	MPSF, Seattle	9.63	163	1062	506	2:25.99
12/7/17	3691	2	CSM Alumni, Golden	9.25	172	1099	537	2:29.67
2/01/18	3585	3	Colo Invt, Boulder	8.97	167	942	574	2:24.66
2/23/18	3752	6	MPSF, Seattle	9.08	168	1088	539	2:23.67
12/6/18	3832	2	CSM Alumni, Golden	8.85	170	1123	548	2:26.90
1/31/19	2961	14	Colo Invt, Boulder	8.77	172	1077	494	dnf
2/22/19	3733	5	MPSF, Seattle	8.92	161	1132	530	2:21.75

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
4/16/15	4542	25	Mt Sac R, Azusa	15.84	+0.7	159	1025	27.23	+3.2	495	+1.4	3276	2:23.99
5/10/15	4549	12	Pac 12, Los Angeles	15.80	+1.0	167	988	27.61	0.0	493	-0.8	3276	2:26.36
4/12/17	4934	18	Mt Sac R, Azusa	15.69	-1.4	166	1095	26.35	+1.6	530	+0.7	3358	2:19.65
5/14/17	3937	14	Pac 12, Eugene	15.30	-1.0	163	1074	27.33	+0.5	505	-0.5	3270	dnf
4/20/18	5247	9	Clay, Azusa	14.68	+3.1	175	1160	26.50	+1.5	540	+2.3	3539	2:26.44
5/13/18	4807	11	Pac 12, Palo Alto	15.02	+1.4	165	1058	27.05	+0.9	515	+2.9	3729	2:30.89
3/28/19	4968	12	Texas R, Austin	14.39	+0.8	157	1088	26.47	+3.1	523	+2.3	3444	2:20.65
4/18/19	5585	10	Clay, Azusa	14.16	+0.8	173	1155	25.52	+1.4	586	+2.3	3568	2:16.27
5/12/19	5548	4	Pac 12, Tucson	14.19	+0.9	171	1119	25.81	+0.4	579	+1.3	4184	2:20.28

PRs: 5585 / 3832

Indoor: 60H: 8.77

Updated: 5/29/18

14.16+0.8 175 1160 25.52+1.4 579+1.3 4184 2:16.27

MAJA WICHHART-DONZO

DOB: March 6, 1997
 POB:
 Ht: 5-10
 Hometown: Catonsville, MD
 High School: Catonsville HS (MD)'15
 College: Colorado '19



2019: Pac 12 runner-up with career best 5600. 3rd indoors at MPSF. **2018:** Placed 5th both at Pac-12 outdoors and MPSF indoors. **2017:** 8th at Pac-12 outdoors and 7th at MPSF indoors. **2016:** 8th at Pac-12. **High School:** Primarily a triple jumper. 2nd MD state TJ-'15. **Personal:** Maja Cera Grace Wichhart-Donzo. Daughter of Lori Wichhart of Catonsville, Md. She has a twin brother, Musa. Major is International Affairs.

Career:

Indoor			<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800</u>					
12/10/15	3404	8	CSM Alumni, Golden	9.21	159	1038	520	2:33.92
1/21/16	3303	4	AF Invt, USAFA	9.37	155	951	545	2:36.91
2/26/16	3513	11	MPSF, Seattle	9.08	157	1034	541	2:30.01
12/8/16	3475	2	CSM Alumni, Golden	8.95	155	984	539	2:30.24
2/02/17	3613	1	Colo Open, Boulder	8.97	162	1035	535	2:22.19
2/24/17	3585	7	MPSF, Seattle	8.97	161	1040	510	2:23.33
12/7/17	3787	1	CSM Alumni, Golden	9.03	163	1083	573	2:24.76
2/01/18	3754	2	Colo Invt, Boulder	8.86	161	1060	554	2:22.69
2/23/18	3806	5	MPSF, Seattle	8.87	162	1124	537	2:19.09
12/6/18	3909	1	CSM Alumni, Golden	8.75	170	1059	576	2:25.81
1/31/19	3828	2	Colo Invt, Boulder	8.77	166	1130	550	2:25.69
2/22/19	3793	3	MPSF, Seattle	8.80	167	1069	537	2:22.87

Outdoor:

			<u>100h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>									
/15	4379											
4/14/16	4832	25	Mt Sac R, Azusa	14.68+0.4	160	1010	25.09+0.9	528+0.8	2811	2:27.95		
5/08/16	4794	8	Pac 12, Seattle	14.49+0.2	154	1051	24.73	0.0	490+1.4	2743	2:23.01	
4/12/17	5108	5b	Mt Sac R, Azusa	14.66	0.0	163	1024	24.55+2.2	549	0.0	2765	2:18.27
5/07/17	5083	8	Pac 12, Corvallis	14.18+0.6	160	996	25.04-1.8	553+1.5	2895	2:20.39		
5/06/18	5306	5	Pac 12, Palo Alto	14.41+0.8	168	1066	24.84+2.2	552+3.4	3077	2:15.68		
3/28/19	5179	7	Texas R, Austin	14.48+0.3	160	1074	25.49+2.4	558+1.6	2881	2:18.02		
4/18/19	5570	4b	Clay, Azusa	14.01+2.2	167	1146	24.41+3.4	576+0.9	3261	2:14.16		
5/05/19	5600	2	Pac 12, Tucson	14.17+0.9	171	1141	24.45+0.3	573+2.5	3374	2:14.25		

PRs: 5600 / 3909

14.01+2.2 171 1148 24.41+3.4 576+0.9 3374 2:14.16

Indoor: 60H: 8.75

Updated: 5/29/19

ASHTIN ZAMZOW

DOB: August 13, 1996
 POB:
 Ht: 5-6
 Hometown: Goliard, TX
 High School: Goliard HS '14
 College: Texas A&M,
 Texas '19



2019: Big 12 Conf win (5817) followed breakthrough 6148 win at Texas Relays. Won Big 12 indoor pentathlon title with career best 4183 score and then placed 3rd at NCAA indoors (4294). **2018:** Captured Big 12 indoor pentathlon, and then placed 2nd in outdoor heptathlon. **2017:** did not compete. **2016:** 17th at NCAAs. Placed 4th at Texas Relays with career best (but windy) 5829 effort. **2015:** 9th at SEC outdoors (5482) and 13th indoors. USA Junior runner-up and Pan American Junior champs gold medalist in heptathlon. **High School:** Texas state champ in 100m and 300m hurdles as senior. Lettered 4 years in T&F and volleyball. **Personal:** Daughter of Kalleen (mother) and Stacy Zamzow, both of whom competed in T&F for Texas A&M. Sister Avery was heptathlete at Sam Houston State. Major is exercise science.

Career:

Indoor:			<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800</u>					
13/13/14	3536	3	Reveille, C Station	8.85	163	1097	501	2:31.89
2/27/15	3566	13	SEC, Lexington	8.92	160	1119	486	2:23.75
2/06/16	3663	3	TexA&M, C Station	8.89	169	1113	503	2:28.56
2/05/15	3861	4	Husker, Lincoln	8.50	166	1194	522	2:24.66
2/26/16	3965	4	Big 12, Ames	8.55	169	1201	542	2:23.36
1/26/18	3003	24	Texas Tech, Lubbock	8.61	nh	1214	522	2:27.85
2/23/18	4076	1	Big 12, Ames	8.80	173	1213	554	2:18.02
2/22/19	4183	1	Big 12, Lubbock	8.51	173	1288	560	2:19.58
3/08/19	4294	3	NCAA, Birmingham	8.38	178	1293	568	2:20.17

Outdoor:			<u>100 h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>								
3/18/15	5231	1	Rice, Houston	14.48+1.7	161	1082	25.52+1.7	515+1.2	4532	2:24.33	
5/15/15	5482	9	SEC, Lexington	14.22+0.3	170	1167	25.20+2.0	524+3.0	4580	2:24.19	
6/26/15	5200	2	USA Jr, Eugene	14.64+0.6	164	1098	25.74+2.3	515+1.2	4652	2:27.96	
8/01/15	5462	1	Pan-Am Jr, Edmonton	14.32-0.9	169	1153	25.11+0.3	527	0.0	4615	2:24.84
3/30/16	5829w	4	Texas R, Austin	13.80+3.4	169	1156	24.91+3.9	573-0.5	5065	2:20.86	
5/14/16	5215	3	Big 12, Fort Worth	14.37+1.0	158	1164	25.51+0.6	537+4.6	4342	2:29.25	
6/11/16	5443	17	NCAA I, Eugene	14.68+3.2	169	1138	25.56+2.0	554-0.1	4431	2:21.88	
5/12/18	5662	2	Big 12, Waco	13.76+5.4	161	1231	24.86+3.9	579+4.9	4382	2:22.26	
6/07/18	5667	11	NCAA I, Eugene	13.85-0.1	166	1256	25.00+0.8	562-1.9	4324	2:20.92	
3/28/19	6148w	1	Texas R, Austin	13.73+1.9	175	1342	24.66+0.6	583+3.7	5301	2:19.92	
5/11/19	5817w	1	Big 12, Norman	13.44+2.9	167	1254	24.77+1.7	555+2.1	4785	2:21.68	

PRs: 6148 / 4294 13.44+2.9 178 1342 24.66+0.6 583+3.7 5301 2:18.02
Indoor: 60mH: 8.50
 Updated: 5/30/19

KEHMANI ROBERTS

DOB:
 POB:
 Ht: 5-10
 Hometown: Bon Accord, Trinidad/Tobago
 High School: Signal Hill Secondary
 College: Coppin State
 Tennessee Tech'20



2019: Career best came at Virginia Challenge (5482-2nd). Ohio Valley Indoor champ with 3954 PR score. **2018:** Ohio Valley runner-up outdoors, winner indoors. First year at CEs. **2017:** While at Coppin State, was MEAC winner indoors and out. **2016:** at Coppin State-MEAC winner indoors and out. ECAC outdoor champ. **High School:**

Personal:

Indoor			Career:				
			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
2/06/16	3433	1 Colden, Colledgeville	9.53	165	1104	521	2:35.88
2/11/16	3403	1 MEAC, Landover	9.39	168	1078	484	2:33.81
3/04/16	3477	4 ECAC, Boston	9.43	163	1109	525	2:33.09
2/01/17	3572	1 Multi, Princeton	9.36	169	1107	535	2:34.53
2/16/17	3353	1 MEAC, Landover	9.55	162	1187	500	2:39.03
3/03/17	3695	2 ECAC, Boston	9.28	174	1150	533	2:32.55
1/26/18	3691	1 Wilt, W Lafayette	8.98	172	1112	557	2:39.89
2/23/18	3834	1 OVC, Charleston	9.02	179	1142	560	2:36.79
2/01/19	3791	1 Wilt, W Lafayette	8.93	172	1092	572	2:35.00
2/20/19	3954	1 OVC, Birmingham	9.11	176	1169	578	2:28.24

Outdoor:			<i>100 h w</i>							<i>hj</i>			<i>sp</i>			<i>200m w</i>			<i>lj</i>			<i>w jav</i>			<i>800m</i>		
3/18/16	4727	4 Shamrock, Conway	15.19	-0.1	164	1081	25.30	-0.4	508	+2.4	2878	2:33.51															
4/23/16	4681	1 Morgan Legacy, Baltimore	15.40	+1.2	177	991	25.09	+2.0	465	+1.4	2703	2:32.55															
4/27/16	4684	4 Penn R, Philadelphia	15.92	-0.4	170	1077	25.46	+1.3	488	+0.2	3045	2:32.03															
5/05/16	4539	1 MEAC, Greensboro	15.57	+1.3	164	1061	26.35	+1.0	496	nwi	2954	2:34.60															
5/14/16	4790	1 ECAC, Princeton	15.84	+0.3	166	1065	25.53	+0.6	548	0.0	2917	2:30.70															
4/22/17	5038	1 Morgan Legacy, Baltimore	14.86	+0.9	169	1234	24.80	-0.8	520	+1.1	3011	2:33.18															
5/05/17	5036	1 MEAC, Greensboro	14.69	+2.1	173	1132	24.74		530	+3.7	2493	2:38.58															
4/21/18	5353	3 UVa Chal, Charlottesville	15.53	-1.2	177	1163	24.65	+0.1	588	+3.0	3002	2:22.20															
5/11/18	5214	2 OVC, Cookeville	14.64	+1.9	173	1117	24.62		549	-0.9	3309	2:31.59															
4/20/19	5482	2 UVa Chal, Charlottesville	14.65	+0.8	177	1197	25.24	-0.2	589	0.0	3426	2:25.11															

PRs: 5482 / 3954 **14.64+1.9 179 1234 24.45-1.1 596+0.7 3426 2:22.30**
Indoor: 60 H: 8.93