

**MEDIA GUIDE  
2018  
NCAA Div I**



**Women's  
PENTATHLON**



**March 9, 2018**  
*Friday*  
**Gilliam Indoor Track  
Texas A&M University  
College Station, Texas**

*Frank Zarnowski*  
*DECA, The Decathlon Association*  
[www.decathlonusa.typepad.com](http://www.decathlonusa.typepad.com)

# Media Guide

## 2018 NCAA Indoor Women's Pentathlon

### Time Schedule

Friday, March 9, 2018

<b>60m Hurdles</b>	<b>12:15 pm</b>
<b>High Jump</b>	<b>1:00 pm (2 pits)</b>
<b>Shot Put</b>	<b>3:00 (2 circles)</b>
<b>Long Jump</b>	<b>4:00 (2 pits)</b>
<b>800 meters</b>	<b>5:30</b>



Note- a rolling schedule will be maintained with @ 30 rest between the end of a previous event and the beginning of the succeeding event. Thus, the starting time for the 60m hurdles is official and the remaining events is estimated. (Source: NCAA.com)

**Other Events:** no other events on infield until 5:15 pm (women's shot put). Men's heptathlon begins at Noon am, and men's heptathlon high jump likely to be completed by 4:30 pm.

<b>National Anthem</b>	<b>???</b>
<b>1<sup>st</sup> running event</b>	<b>5:35 pm (men's mile semifinal)</b>

### Qualifying Standards: [qualifying window: 2018 Indoor season]

**Automatic Indoor Pentathlon Score: Top 16** (No Auto nor Provisional standard)...potential alternates listed  
Final qualifier in 2017 was 4076 pts and 4118 in 2018.

### Entrants: [includes alternates]

### '18 best & qualifying date / meet

4502	Nina Schuktz	SO	Kansas St	2/09/18	Texas Tech	Lubbock
4422	Taliyah Brooks	SR	Arkansas	2/24/18	SEC	College Station
4312	Louisa Grauvogel	SO	Georgia	2/24/18	SEC	College Station
4308	Jaclyn Siefring	SR	Akron	2/02/18	Akron Invt	Akron
4264	Georgia Ellenwood	SR	Wisconsin	2/23/18	Big Ten	Geneva
4199	Amanda Froeynes	FR	Florida	1/19/18	Invt	Clemson
4221#	Jordan Gray	JR	Kennesaw St	12/8/17	KSU-Robinson	Manhattan
4212#	Alissa Brooks-Johnson	SR	Washington St	2/02/18	Cougar	Pullman
4175	Holly Hankenson	JR	Louisville	2/23/18	ACC	Clemson
4168	Madeline Holmberg	JR	Penn St	2/23/18	Big Ten	Geneva
4159	Michelle Atherley	JR	Miami	2/22/18	ACC	Clemson
4149	Hope Bender	FR	UCSB	2/16/18	USATF Nationals	Albuquerque
4144	Stacey Destin	JR	Alabama	2/24/18	SEC	College Station
4133	Aaron Howell	SR	Michigan	2/23/18	Big 10	Geneva
4128#	Shanice Cannigan	SR	South Dakota	2/23/18	Summit	Fargo
4121	Tyra Gittens	FR	Texas A&M	2/24/18	SEC	College Station
<b>Alternate:</b>						
4118	Selena Pop	JR	Samford	2/24/18	Southern Conf	Lexington

#-adjusted for track size/configuration



## THE FIELD:



*Top Row:* Michelle Atherley, Hope Bender, Taliyah Brooks, Alissa Brooks-Johnson, Shanice Cannigan, Stacey Destin, Georgia Ellenwood, Amanda Froeyens, Tyra Gittens, Louisa Grauvogel, *Bottom Row:* Jordan Gray, Holly Hankenson, Madeline Holmberg, Aaron Howell, Nina Schultz, Jaclyn Sieftring, *alternate:* Selena Popp.



## PR PAGE

### PR Page (alphabetical)

	<u>PR</u>	<u>60</u>	<u>H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	<u>NCAA adjusted-#</u>	<u>Heptathlon PR</u>
								<u>qualifying score</u>	
+Atherley	4319'18	8.21	177	1269	596	2:14.26		4159	-----
+Bender	4149'18	8.53	168	1228	576	2:14.63		4149	5212'17
+Brooks	4580'17	8.08	184	1236	657	2:17.66		4422	6099'17
+Brooks-Johnson	4190'18	8.50	176	1245	585	2:12.60		4190	5803'15
+Cannigan	4106'18	8.41	175	1083	588	2:20.02		4106	5035'16
+Destin	4166'18	8.57	190	1171	598	2:31.32		4166	-----
+Ellenwood	4392'16	8.52	182	1295	619	2:14.70		4264	5935'16
+Froeynes	4199'18	8.82	179	1170	604	2:14.31		4199	5493'16
+Gittens	4121'18	8.51	180	1233	619	2:38.18		4121	-----
+Grauvogel	4312'18	8.25	174	1316	598	2:17.42		4312	5747'15
+Gray	4198'18	8.73	173	1357	612	2:22.79		4198	5641'17
+Hankenson	4175'18	8.50	166	1274	605	2:09.83		4175	5556'17
+Holmberg	4168'18	8.49	164	1403	620	2:20.13		4168	5636'17
+Howell	4133'18	8.61	176	1335	597	2:20.79		4133	5538'16
+Schultz	4502'18	8.24	185	1274	641	2:18.75		4502	6021'17
+Sieftring	4308'18	8.55	170	1287	623	2:12.60		4308	5750'17
<b>Alternate:</b>									
+Popp	4118'18	8.93	176	1158	604	2:22.51		4118	5129'17

## NCAA I National Indoor Pentathlon Championships

Year	name	affiliation	score	meet site
2004	Hyleas Fountain	Georgia	<b>4412</b>	Fayetteville, AR
2005	Ashley Selig	Nebraska	4327	Fayetteville, AR
2006	Jacquelyn Johnson	Arizona St	4287	Fayetteville, AR
2007	Jacquelyn Johnson	Arizona St	4393	Fayetteville, AR
2008	Jacquelyn Johnson	Arizona St	<b>4496</b>	Fayetteville, AR
2009	Amy Menlove	Brigham Young	4365	College Station, TX
2010	Brianne Theissen	Oregon	4396	Fayetteville, AR
2011	Brianne Theissen	Oregon	<b>4540</b>	College Station, TX
2012	Brianne Theissen	Oregon	4536	Nampa, ID
2013	Erica Bougard	Mississippi St	4399	Fayetteville, AR
2014	Kendall Williams	Georgia	<b>4635</b>	Albuquerque, NM
2015	Kendall Williams	Georgia	<b>4678</b>	Fayetteville, AR
2016	Kendall Williams	Georgia	<b>4703</b>	Birmingham, AL
2017	Kendall Williams	Georgia	4682	College Station, TX
2018				



-Meet Records in BOLD-

### Past Meet Results

#### 2017 outdoors June 9-10, 2017, Hayward Field, Eugene, OR

6265	Williamas, Kendall/Georgia'17	12.95+0.2	181	1184	24.12-3.1	644+2.7	4648	2:26.17
5959	Schultz, Niona/Kansas St-CAN'19	13.70+0.2	172	1274	25.12-2.7	610+3.6	4670	2:21.97
5795	Brooks, Taliyah/Arkansas'18	13.37+0.2	175	1138	24.81-3.1	650+1.8	3534	2:29.32
5694	Brown, Leigha/Arkansas'17	13.73-0.8	172	1256	24.91-2.7	575+1.7	3533	2:17.85
5663	Siefring, Jaclyn/Akron'18	13.98+0.3	166	1216	25.39-2.7	610+3.0	3678	2:16.83
5651	Brooks-Johnson, Alissa/Wash St'17	14.24-0.5	163	1165	24.89-0.9	585+1.4	4421	2:17.70
5621	Gray, Jordan/Kennesaw St'19	14.29-0.5	172	1248	25.37-0.9	604+2.7	3997	2:27.17
5580	Hinton, Kaylee/Texas Tech'19	14.02-0.5	178	950	24.66-3.1	593+1.7	3725	2:22.23
5575	Wadden, Nicole/Nevada'17	13.94-0.8	169	1116	25.63-0.9	592+2.0	3721	2:16.57
5444	Hallock, Kara/Oregon St'17	14.26+0.3	157	1198	25.86-0.9	590+2.2	4171	2:20.77
5405	Borman, Breanne/Wichita St'17	14.51-0.5	163	1170	25.63-0.9	555+2.1	4485	2:23.21
5348	Yetter, Gavyn/Wichita St'17	14.60+0.2	160	1241	25.44-2.7	559+2.1	3531	2:16.03
5303	Pfeiffer, Jenna/Baylor'17	14.78-0.5	166	1130	27.21-0.9	544+1.7	4545	2:17.18
5268	Dadzie, Elizabeth/M Tenn St-GHA'17	13.81-0.5	151	1154	25.23-2.7	616+4.2	3664	2:35.00
5256	Cooks, Rileyw/Long beach St'17	13.69+0.2	154	1196	24.53-2.7	566+2.3	4011	2:40.89
5245	Usgaard, Tori/UCSB'17	14.38+0.2	160	1079	25.77-0.9	582+1.9	3306	2:17.60
5172	Mokrasova, Lucia/UTEP'18	14.49-0.8	154	1336	25.39-2.7	534+1.9	3710	2:27.26
5133	Hankenson, Holly/Louisville'19	14.26+0.3	151	1119	25.55-2.7	568+1.5	2838	2:13.46
dnf:	Stumbaugh, Payton/Arkansas'18	13.17+0.2	169	1144	23.93-3.1	456+1.3	nm	dns
dnf:	Larch-Miller, Nikki/Wichita St'17	13.69-0.5	163	1156	25.05-3.1	nm	withdrew	
dnf:	Grauvogel, Louisa/Georgia-GER'20	13.53-0.5	nh	1180	withdrew			
dnf:	Farrington, M-M/Florida St-AUS'17	14.08-0.8	withdrew					
dnf:	Holmberg, Madeline/Pewnn ST'19	dnf						
dnf:	Herman, Kelsey/Arkansas'19	dnf						

#### 2017 March 10, 2017, Gilliam Indoor Track, Texas A&M, College Station, TX

4682	Williams, Kendell/Georgia'17	8.03	178	1296	647	2:15.61
4580	Brooks, Taliyah/Arkansas'18	8.13	184	1197	648	2:22.39
4340	Schultz, Nina/Kansas St'20	8.41	181	1214	618	2:26.55
4319	Atherley, Michelle/Miami'19	8.21	175	1269	567	2:17.05

4216	Brown, Leigha/Arkansas'17	8.48	172	1245	561	2:15.00
4186	Destin, Stacey/Alabama'19	8.63	190	1171	578	2:32.15
4162	Ellenwood, Georgia/Wisconsin'18	8.64	172	1212	577	2:18.29
4142	Jackson, Rose/N Dakota St'17	8.77	160	1278	609	2:17.57
4139	Herman, Kelsey/Arkansas'19	8.34	175	1192	606	2:33.68
4089	Hughes, Zoe/Harv-GBR'20	8.80	163	1273	594	2:19.81
4088	Larch-Miller, Nikki/Wichita St'17	8.26	163	1190	564	2:17.93
4084	Siefring, Jaclyn/Akron'18	8.76	163	1213	588	2:16.72
4017	Hankenson, Holly/Louisville'19	8.52	157	1165	574	2:14.88
4008	Grauvogel, Louisa/Georgia-GER'20	8.47	160	1237	581	2:23.99
3992	Farrington, M-Marie/Floride St-AUS'17	8.40	172	1146	580	2:32.69
3705	Borman, Breanne/SWichita St'17	8.78	160	1272	533	2:33.25

## 2016 March 11, 2016, CrossPlex, Birmingham, AL

4703	Williams, Kendell/Georgia'17	8.09	186	1355	635	2:20.47
4432	Brooks, Taliyah/Arkansas'18	8.17	183	1155	618	2:22.59
4425	Iuel, Amalie/USC-NOR'17	8.48	180	1108	615	2:12.41
4390	Ellenwood, Georgia/Wisconsin-CAN'17	8.56	180	1276	608	2:20.05
4371	Stumbaugh, Payton/Arkansas'18	8.10	174	1214	597	2:18.01
4336	Gochenour, Alex/Arkansas'16	8.38	171	1265	595	2:15.38
4268	Rahn, Xenia/Georgia-GER'16	8.42	168	1300	607	2:21.34
4226	Dameus, Clairwin/Tenn St'16	8.29	159	1204	636	2:20.84
4218	Brown, Leigha/Arkansas'17	8.64	171	1311	557	2:13.87
4162	Siefring, Jaclyn/Akron'18	8.76	165	1225	584	2:12.60
4153	Atherly, Michelle/Auburn'19	8.42	177	1211	544	2:19.81
4003	Borman, Breanne/Wichita St'17	8.64	168	1241	576	2:27.75
3912	Knodle, Page/Kansas St'16	8.42	159	1055	562	2:17.95
3623	Jones, Akela/Kansas St-BAR'16	10.98*	198	1359	680	dnf
dnf	Kunz, Annie/Texas A&M'16	8.44	177	1321	nm	dns
dnf	Johonnot, Karli/Duke'16	8.72				withdrew

16s,14f, \*-fell in hurdles; **bold-** Collegiate and Meet records

## 2015 March 14, 2015, Tyson Center, Fayetteville, AR

4678	Kendell Williams	Georgia	8.10	183	1224	653	2:17.30	<b>MR, CR</b>
4566	Erica Bougard	Mississippi St	8.16	183	1246	616	2:16.93	
4450	Xenia Rahn	North Carolina	8.39	177	1298	623	2:20.17	
4430	Alex Gochenour	Arkansas	8.41	180	1237	604	2:16.85	
4372	Jess Herauf	Minnesota	8.78	174	1374	593	2:12.90	
4259	Quintunya Chapman	Georgia	8.33	153	1395	607	2:15.38	
4230	Taliyah Brooks	Arkansas	8.54	180	1022	608	2:19.79	
4184	Georgia Ellenwood	Wisconsin	8.83	174	1158	602	2:18.33	
4164	Chari Hawkins	Utah	8.48	177	1152	589	2:24.98	
4143	Erica Twiss	Kansas St	8.38	174	896	592	2:13.88	
4089	Leigha Brown	Arkansas	8.77	174	1248	540	2:17.11	
4069	Shanice Stewart	Texas Tech	8.41	171	1348	617	2:46.23	
4019	Jena Hemann	Texas A&M	8.64	174	1276	535	2:24.66	
3432	Lindsay Vollmer	Kansas	8.29	177	1211	570	dnf	
dnf	Fabia McDonald	Ole Miss	8.85	168	1253	571	dns	
dns	Brittany Harrell	Florida						

## 2014 March 15, 2014, Convention Center, Albuquerque, NM

4635	Kendell Williams	Georgia	8.21	188	1205	632	2:17.31	<b>WJR, CR, MR</b>
4586	Erica Bougard	Mississippi St	8.31	179	1251	629	2:12.63	
4287	Brittany Harrell	Florida	8.54	176	1122	602	2:15.53	
4368	Lucie Ondraschkova	Georgia	8.49	176	1130	594	2:16.23	
4253	Deanna Latham	Wisconsin	8.34	170	1199	598	2:18.55	
4229	Sarah Chauchard	E Michigan	8.73	170	1332	587	2:18.23	

4202	Brittney Howell	Penn St	8.31	173	1156	621	2:29.06
4193	Jena Hemann	Texas A&M	8.63	173	1322	582	2:23.58
4172	Jess Herauf	Minnesota	8.81	170	1267	590	2:18.66
4151	Erica Twiss	Kansas St	8.26	176	933	600	2:20.50
4120	Thea LaFond	Maryland	8.58	185	1002	579	2:24.63
4107	Quintunya Chapman	Georgia	8.49	161	1290	587	2:20.99
4042	Alex Gochenour	Arkansas	8.43	170	1248	580	2:31.59
4025	Chari Hawkins	Utah St	8.33	179	1148	567	2:25.36
3996	Allison Reaser	San Diego St	8.32	158	1110	586	2:20.37
3968	Sarah Graham	S Carolina	8.61	173	1175	545	2:25.29

### 2013 March 9, 2013, Randal Tyson Center, Fayetteville, AR

4399	Erica Bougard	Mississippi St	8.34	175	1100	611	2:10.80
4327	Keia Pinnick	Arizona St	8.22	163	1123	623	2:11.31
4327	Makeba Alcide	Arkansas/St Lucia	8.45	175	1222	584	2:14.05
4228	Lucie Ondraschkova	Georgia-CZE	8.78	175	1155	597	2:15.58
4209	Martina Salander	Harvard/SWE	8.61	163	1423	585	2:19.36
4178	Merryl Mbeng	Kansas St/FRA	8.71	172	1076	598	2:14.07
4167	Marissa Golliday	Illinois	8.91	175	1154	578	2:13.92
4112	Jessica Flax	Wisconsin	8.46	163	1250	565	2:16.15
4105	Lindsay Vollmer	Kansas	8.54	172	1210	587	2:26.26
4094	Thea LaFond	Maryland	8.70	181	1007	577	2:20.65
4066	Deanna Latham	Wisconsin	8.34	163	1138	596	2:22.77
4039	Shanay Briscoe	Texas	8.85	184	1255	547	2:31.01
3916	Claire McConnell	Oklahoma	8.68	169	1128	564	2:26.25
3742	Tanya Friesen	Wichita St	8.87	172	1039	548	2:31.31
dnf	Xenia Rahn	Memphis/GER	8.75	175	nw	withdrew	
dnf	Charlene Charles	Jacksonville/FRA	dnf	inj	withdrew		

[NCAA now breaks ties]



16s, 14f

### 2012 March 10, 2012, Nampa, ID

4536	Brianne Theisen	Oregon	8.25	184	1246	595	2:13.95
4299	Dorcas Akinniyi	Wisconsin	8.68	184	1395	555	2:22.78
4269	Madeline Buttinger	Notre Dame	8.99	175	1305	602	2:17.79
4241	Barbara Nwaba	UCSB	8.67	175	1350	561	2:17.94
4142	Ryann Kraiss	Kansas St	8.60	172	1204	567	2:17.74
4118	Brittany Harrell	Florida	8.69	172	1165	592	2:21.75
4114	Jasmine Cotton	Cincinnati	8.47	175	1080	594	2:24.66
4038	Olimpia Nowak	N Iowa	8.48	169	1212	548	2:20.82
4000	Kaylon Eppinger	Alabama	8.41	169	1215	575	2:31.38
3985	Erica Bougard	Mississippi St	8.59	166	1037	576	2:18.00
3976	Malaikah Love	Sn Illinois	8.60	157	1290	568	2:21.28
3954	Megan Fausto	Houston	9.07	172	1013	588	2:19.60
3951	Lindsay Schwartz	S Alabama	8.59	166	1020	585	2:21.70
3915	Makeba Alcide	Arkansas	8.62	166	1064	570	2:22.63
3740	Fabia McDonald	Mississippi	8.75	160	921	567	2:20.74
3186	Jessica Flax	Wisconsin	8.62	nh	1226	543	2:18.98

### 2011 March 11, 2011, College Station, TX

4540	Theisen, Brianne	Jr Oregon/CAN	8.35	184	1238	596	2:11.82	PR, NR, FHR, MR, CR
		Old MR: Jackie Johnson/Az St	4496					Also superior to own 4507 '11 on oversized track.
4396	McMillan, Chantae	Sr Nebraska	8.69	166	1457	633	2:18.61	PR [NCAA did not break ties in 2011]
4396	Profit, Kiani	Sr Maryland	8.41	175	1200	588	2:09.67	PR
4254	Akinniyi, Dorcas	Jt Wisconsin	8.67	178	1280	591	2:22.86	PR
4128	Carrier, Chelsea	Sr West Virginia	8.29	166	1130	596	2:21.32	
4115	Kraiss, Ryann	Jr Kansas St	8.71	172	1136	643	2:09.93	PR

4054	Love, Malaikah	Jr	Sn Illinois	8.85	166	1302	574	2:21.21	PR
4042	Wortham, Ellen	Jr	Tennessee	8.46	172	996	572	2:18.44	PR
4020	Nwaba, Barbara	Jr	UCSB	8.87	175	1210	550	2:21.84	
4006	Dumitrescu, Diana	Jr	Kent St/ROM	8.99	169	1311	571	2:25.16	
3992	Nwokey, Precious	Jr	Kentucky	8.59	166	1047	573	2:17.24	
3947	Nowak, Olimpia	Jr	N Iowa/POL	8.73	160	1214	561	2:18.62	
3919	Alcide, Makeba	Soph	Arkansas/St L	8.86	169	1160	546	2:20.62	
3906	Ondraschkova, Lucie	Soph	Georgia/CZE	8.91	172	1009	556	2:18.32	
3814	Lofton, Sherrina	Sr	CSU-Northridge	8.63	163	1113	535	2:22.30	
3573	Carlson, Whitney	Sr	N Dakota St	8.68	151	1003	612	2:42.46	

16s,16f.

## 2010 March 12, 2010 , Fayetteville, AK

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4396	Brianne Theisen	So	Oregon	8.44	174	1265	608	2:15.58	
4242	Kiani Profit	Jr	Maryland	8.40	171	1075	590	2:11.86	
4156	Sandy Fortner	Sr	New Mexico	8.70	171	1307	594	2:25.41	
4133	Chelsea Carrier	Jr	West Virginia	8.29	171	1040	589	2:19.49	
4113	Liane Weber	Sr	Clemson	8.50	168	1187	588	2:21.77	
4061	Uhunoma Osazuwa	Sr	Syracuse	8.63	171	1118	608	2:27.52	
4056	Dorcas Akinniyi	So	Wisconsin	8.86	174	1156	597	2:26.18	
4055	Diana Dumitrescu	So	Kent State	8.77	165	1278	604	2:27.39	
3985	Precious Nwokey	So	Kentucky	8.64	162	1093	583	2:18.09	
3949	Ryann Kraiss	So	UCLA	8.97	171	1056	564	2:17.44	
3916	Malaikah Love	So	Southern Ill	8.91	162	1158	580	2:21.31	
3789	Chealsea Taylor	Sr	Alabama	8.59	174	1091	546	2:36.67	
3752	Amy Otis	Sr	BYU	8.48	153	1142	585	2:33.59	
3601	Kettiany Clarke	Sr	South Carolina	8.39	153	1171	533	2:36.65	
dnf	Kelsey Lloyd	Jr	Texas Tech	8.58	177	1073	3f		
dnf	Megan Wheatley	Sr	Nebraska	8.68	nh	1241		withdrew	
dnf	Chantae McMillan	Jr	Nebraska	8.91	165	1325			

## 2009 March 12, 2009, College Station, TX

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4365	Menlove, Amy/BYU			8.26	169	1162	640	2:18.65	
4342	Hunter, Gayle/Penn St			8.50	163	1220	638	2:13.73	
4321	Theissen, Brianne/Oregon-CAN			8.54	181	1116	602	2:17.37	
4267	Wheatley, Megan/Nebraska-AUS			8.62	163	1329	717	2:17.62	
4252	Wade, Bette/Michigan			8.58	172	1326	606	2:24.76	
4235	Weber, Lianne/Clemson-GER			8.66	172	1130	601	2:14.04	
4118	Wichmann, Annett/Hawaii-GER			9.05	175	1380	558	2:21.86	
4096	McMillan, Chantae/Nebraska			8.77	166	1230	614	2:24.97	
4088	McFadden, Kalindra/Oregon			8.83	169	1260	568	2:18.37	
4063	Liehr, Whitney/Stanford			8.72	178	1010	606	2:26.56	
3997	Trimble, Ashley/Kentucky			8.48	163	1137	561	2:17.81	
3962	Bamigboye, Buky/G-town			8.81	163	1183	558	2:16.73	
3934	Quinley, Shevell/Arizona			8.82	169	1169	575	2:27.17	
3875	Cotton, Jasmine/Cincinnati			8.70	172	1068	579	2:32.50	
3823	Carrier, Chelsea/West Virginia			8.36	157	1009	576	2:24.62	
3651	Akinniyi, Dorcas/Wisconsin			9.05	152	1026	518	2:28.08	
dnf	Mamona, Patricia/Clemson-POR			8.65	160	1056	565	dnr	
dnf	Moore, Erica/Indiana St			8.96	160	1045	561	dnr	

18s,16f

## 2008 March 12, 2008, Fayetteville, AK

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4496	Johnson, Jacquelyn		Arizona State	8.23	178	1186	616	2:13.45	
4366	Wade, Bette		Michigan	8.67	181	1320	622	2:26.61	
4256	Quinley, Shevell		Arizona	8.58	175	1168	617	2:21.87	
4177	Wichmann, Annett		Hawaii-GER	8.95	175	1411	554	2:19.68	

4141	Hunter, Gayle	Penn State	8.53	160	1137	628	2:18.86
4137	Roehrig, Liz	Minnesota	8.79	175	1252	594	2:26.28
4116	Kennedy, Julianne	Texas Tech	8.49	175	1245	561	2:24.95
4103	Abrahamsen, Charlotte	Memphis-NOR	8.97	175	1509	550	2:29.15
4069	Hasan, Alyssa	Notre Dame	8.68	175	1204	582	2:28.16
4059	Harris, Marissa	Mississippi State	8.32	169	1203	612	2:36.80
4017	Riel, Tiana	Boston College	8.65	172	1107	568	2:21.63
3905	Fortner, Sandy	New Mexico	8.75	166	1225	565	2:28.35
3882	Collins, Lauren	UC-Irvine	8.95	174	1018	537	2:18.64
3878	Nowak, Olympia	Northern Iowa	8.78	163	1145	554	2:20.67
3836	Kerr, Tammilee	Iowa	8.88	169	1131	557	2:27.63
3806	Stipe, Dani	Northern Iowa	8.76	166	960	574	2:24.41
dns	Chaplin, Etienne	Arkansas					

[17]

### 2007 March 10, 2007, Fayetteville, AK

			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4393	Johnson, Jacquelyn	Arizona St	8.30	175	1283	579	2:13.52
4339	Pickler, Diana	Washington St	8.35	181	1180	593	2:20.09
4225	Talbot, Melissa	Wisconsin	8.41	169	1258	591	2:19.94
4202	Greene, Kristin	Fordham-GER	8.79	181	1150	584	2:19.67
4131	Wade, Bette	Michigan	8.56	169	1232	591	2:23.19
4085	Stechschulte, Abbie	West Virginia	8.68	163	1283	592	2:22.11
4084	Lloyd, Katie	Colorado St	8.74	172	1227	587	2:25.48
4073	Hill, Kasey	Boston College	8.60	166	1224	551	2:15.06
4046	Pickler, Julie	Washington St	8.72	172	1101	572	2:19.03
4025	Hunter, Gayle	Penn St	8.60	169	1107	586	2:23.14
4007	Wichmann, Annett	Hawaii-GER	9.01	172	1261	544	2:19.18
3916	Kreb, Gunild	Virginia Tech-GER	8.98	163	1369	535	2:21.65
3901	Highsmith, Tamara	Connecticut	8.73	172	1033	537	2:18.72
3868	Kennedy, Julianne	Texas Tech	8.76	166	1198	560	2:28.52
3831	Weber, Liane	Clemson-GER	8.84	166	1114	563	2:26.39
3229	Roehrig, Elizabeth	Minnesota	8.96	172	1289	nm	2:28.51

[16]

### 2006 March 11, 2006, Fayetteville, AK

			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4287	Johnson, Jacqueline	Arizona St	8.37	176	1181	588	2:17.99
4267	Pickler, Julie	Washington St	8.58	176	1183	594	2:17.48
4224	Triesscheijn, Saskia	Virginia Tech-GER	8.69	170	1319	580	2:17.03
4193	Dupree, Rynne	Texas-San Antonio	8.61	173	1196	601	2:21.87
4147	Selig, Ashley	Nebraska	8.62	170	1115	588	2:15.68
4115	Roerig, Liz	Minnesota	8.89	176	1193	598	2:25.11
4086	Hammond, Chelsea	South Carolina	8.45	173	1017	616	2:27.30
4069	Thomas, Tamara	Central Michigan	8.38	173	1017	585	2:22.53
4028	Williams, Jennifer	Michigan	9.33	182	1046	548	2:12.45
4017	Partain, Tracy	Missouri State	8.57	170	1126	566	2:21.67
3995	Baker, Sara Jane	Nebraska	8.98	173	1148	538	2:14.61
3958	Chang, Crystal	S.F. Austin St	9.01	170	1208	545	2:18.58
3932	Ayers-Stamper, Danielle	Cal Poly-SLO	8.93	167	1209	569	2:24.32
3917	Wade, Bettie	Michigan	8.94	170	1129	582	2:26.96
3897	Talbot, Melissa	Wisconsin	8.49	158	1146	557	2:20.18
3874	Stechschulte, Abbie	West Virginia	8.77	161	1221	554	2:23.19
3824	Akre, Megan	LSU	8.74	170	1008	540	2:21.89
3797	Kreb, Gunild	Virginia Tech-GER	9.06	158	1364	527	2:22.93

[18]

### 2005 March 12, 2005, Fayetteville, AK

			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
4327	Selig, Ashley	Nebraska	8.72	176	1132	616	2:13.40



4312	Menlove, Amy	BYU	8.28	167	1115	667	2:24.69
4140	Kurrat, Manuela	Idaho-GER	8.88	167	1305	558	2:12.20
4133	Stockard, Jessica	Georgia	8.71	176	1085	609	2:23.84
4055	Williams, Amber	Miami	8.46	164	1146	599	2:23.62
4048	Triesscheijn, Saskia	Virginia Tech-GER	8.91	170	1309	537	2:16.74
4048	Hahn, Josie	Vanderbilt	8.93	176	1174	556	2:19.26
4036	Spence, Christine	UNLV	8.58	182	1116	485	2:13.93
4015	Partain, Tracy	Missouri St	8.62	173	1118	567	2:23.51
4000	Pickler, Diana	Washington St	8.49	176	1116	566	2:29.41
3983	Berendsen, Liis	BYU	9.14	170	1114	588	2:19.54
3978	Baker, Sara Jane	Nebraska	9.04	173	1067	565	2:16.73
3973	McDowell, Beyonka	Arkansas	8.64	158	1390	592	2:32.46
3889	Hunter, Gayle	Penn State	8.90	161	975	609	2:20.18
3886	McGill, Tamara	Pittsburgh	8.52	173	1294	528	2:35.79
dnf	Pickler, Julie	Washington St	8.66	176	1116	3f	dns
dnf	Dupree, Ryanne T	exas-San Antonio	8.83	164	1053	3f	dns

[17]

## 2004 March 13, 2004, Fayetteville, AK

			60h	hj	sp	lj	800m
4412	Fountain, Hyleas	Georgia	8.15	180	1146	645	2:27.61
4263	Johnson, Jacquelyn	Arizona St	8.53	171	1198	609	2:18.17
4189	Meredith, Brooke	California	8.76	171	1273	591	2:19.49
4173	Wright, JaNelle	Kansas St	8.65	174	1206	609	2:25.97
4144	Hammond, Chelsea	South Carolina	8.65	177	1058	638	2:30.82
4064	Hahn, Josie	Vanderbilt	8.97	183	1125	551	2:20.49
4054	Selig, Ashley	Nebraska	8.72	168	995	593	2:14.39
4033	Willmann, Jordan	Baylor	8.83	168	1254	549	2:17.13
3968	Webb, Koya	Wichita St	8.98	174	1128	560	2:21.12
3848	Baker, Sara Jane	Nebraska	9.26	171	979	567	2:17.40
3825	Dupree, Ryanne	Texas-San Antonio	8.72	165	981	578	2:24.72
3786	Pickler, Diana	Washington St	8.72	165	1099	563	2:30.24
3779	Turpin, Annmarie	UC-Irvine	8.86	168	1010	545	2:22.65
3751	Brownson, Maranda	Nevada-Reno	8.88	165	1006	555	2:23.79
3591	McGaffagan, Alexis	South Florida	9.05	162	921	543	2:23.73
3075	Andrus, Abby	Oregon	9.20	168	1097	3f	2:23.05

[16]

NB: Individual meet record in **BOLD**

## Indoor Women's Pentathlon Records Individual Events

### World Records

60mH	7.91	Jessica Ennis/GBR	Istanbul, IAAF-4965	2012
HJ	1.99m(6-6 ½)	Tia Hellebut/BEL	Valencia-4867	2008
SP	20.27m (66-6)	Eva Wilms/GER	Berlin-4641	1977
LJ	6.81m(22-3)	Nadine DeBois/FRA	Paris	1986
800m	2:04.42	Ester Goossens/NED	Kalbach	1997
Score	5013	Nataliya Dobrynska/UKR	Istanbul	2012

*[8.38 184 1651 657 2:11.16]*



### American Records

60mH	7.99	Tiffany Lott-Hogan/USA	Chapel Hill/USATF-4224	2004
HJ	1.94m(6-4¼)	Gwen Wentland/Kansas St	Manhattan -4115	1995
SP	15.59m(51-1¾)	Sharon Day-Monroe/Asics	Albuquerque-4805	2014
LJ	6.68m(21-11)	Hyleas Fountain/Nike	University Park, PA-4731	2010
800m	2:08.36	Erica Moore/Indiana St	Ames-4030	2009
Score	4805	Sharon Day-Monroe	Asics	2014

*[8.44 188 1559 609 2:13.19]*



### Collegiate Records

60mH	8.03	Kendell Williams/Georgia	College Station/NCAA-4682	2017
HJ	1.98m/6-6	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
SP	16.34m(53-7½)	Austra Skyute/Kansas St/AUT	Manhattan	2002
LJ	6.80m(22-3¾)	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
800m	2:06.88	Amalie Iuel/USC	Seattle-4444	2016
Score	4703	Kendell Williams/Georgia	Birmingham/NCAA I	2016

*[8.09 186 1355 635 2:20.47]*



### NCAA I Meet Records

60mH	8.03	Kendell Williams/Georgia	C Station/NCAA-4682	2017
HJ	1.98m/6-6	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
SP	15.09m(49-6¼)	Charlotte Abrahamsen/Memphis-NOR	Fayetteville-4103	2008
LJ	6.80m(22-3¾)	Akela Jones/Kansas St/BAR	Birmingham-NCAA-3623	2016
800m	2:09.67	Kiani Profit/Maryland	College Station-4396	2011
Score	4703	Kendell Williams/Georgia	Birmingham/NCAA I	2016

*[8.09 186 1355 635 2:20.47]*



### Texas A&M Gilliam Track- Facility Records

60m H	8.03	Kendell Williams/Georgia	NCAA-I, 4682	2017
HJ	1.90/6-2 ½	Stacey Destin/Alabama	NCAA-I, 4186	2017
SP	14.57m/47-9½	Chantae McMillan/Nebraska	NCAA I-4396	2011
LJ	6.48m/21-3¼	Taliyah Brooks/Arkansas	NCAA I-4580	2017
800m	2:09.67	Kiani Profit/Maryland	NCAA I-4396	2011
Score	4682 points	Kendell Williams/Georgia	NCAA-I	2017

*[8.03 178 1296 647 2:15.61]*



### Top Facility Scores

4682	Kendell Williams	Georgia	NCAA-I	2017
4580	Taliyah Brooks	Arkansas	NCAA-I	2017
4555	Brianne Theisen	Oregon	Mondo	2012
4540	Theisen		NCAA I	2011
4458	Rrica Bougaard	Mississippi St	SEC	2014

4396	Chantae McMillan	Nebraska	NCAA	2011
4396	Kiani Profit	Maryland	NCAA	2011
4349	Nina Schultz	Kansas St	NCAA-I	2017
4319	Michelle Atherley	Miami	NCAA-I	2017
4283	Kendell Williams	Georgia	SEC	2014
4254	Dorcas Akinniyi	Wisconsin	NCAA	2011
4225	Luci Ondraschkova	Georgia	SEC	2014
4216	Leigha Brown	Arkansas	NCAA-I	2017
4208	Kia Pinnick	Arizona St	Mondo	2013

### All-Time Collegiate List [as 3/1/18]

4703	Kendell Williams	Georgia	NCAA I, Birmingham	3/10/16	8.09	186	1355	635	2:20.47
4686	Williams		SEC, Nashville	2/24/17	8.04	184	1266	649	2:19.65
4682	Williams		NCAA I, College Station	3/10/17	8.03	178	1296	647	2:15.61
4678	Williams		NCAA I, Fayetteville,	3/14/15	8.10	183	1224	653	2:17.30
4643	Akela Jones	Kansas St	KSU Skuyite, Manhattan,	1/22/16	8.25	185	1299	664	2:25.63
4635	Williams		NCAA I, Albuquerque	3/15/14	8.21	188	1205	632	2:17.31
4609	Williams		McCravey, Lexington	1/23/15	8.23	185	1277	646	2:22.89
4586	Erica Bougard	Mississippi St	NCAA I, Albuquerque	3/15/14	8.31	179	1251	629	2:12.63
4580	Taliyah Brooks	Arkansas	NCAA I, College Station	3/10/17	8.13	184	1197	648	2:22.39
4569	Makeba Alcide	Arkansas	SEC, Fayetteville	2/23/13	8.35	187	1232	615	2:16.37
<i>[10 performances]</i>									
4566	Bougard		NCAA I, Fayetteville,	3/14/15	8.16	183	1246	616	2:16.93
4558	Williams		Razorback, Fayetteville	1/29/16	8.26	187	1251	638	2:24.96
4555	Brianne Theisen	Oregon-CAN	Mondo, College Station	1/27/12	8.38	188	1287	599	2:16.90
4540	Theisen		NCAA, College Station	3/11/11	8.35	184	1238	596	2:11.82
4536	Theisen		NCAA, Nampa	3/10/12	8.25	184	1246	595	2:13.95
4507	Theissen		U Washington, Seattle,	1/28/11	8.45	183	1270	602	2:14.50 >o
4502	Nina Schultz	Kansas St-CAN	Texas Tech, Lubbock	2/2/18	8.28	182	1161	639	2:19.79
4498	Sami Spenner	Nebraska-Ohama	USA, Albuquerque		8.52	176	1225	634	2:12.87
4496	Jacquelyn Johnson	Arizona St	NCAA, Fayetteville	3/12/08	8.23	178	1186	616	2:13.45
4464	Alcide		Razorback, Fayetteville		8.45	189	1205	588	2:16.94
4458	Beaugard		SEC, C Station	2/27/14	8.37	178	1248	614	2:15.41
4457	Brooks		Razorback, Fayetteville	1/29/16	8.18	178	1140	635	2:19.06
	Brooks		SEC, Nashville	2/24/17					
4450	Xenia Rahn	N Carolina-GER	NCAA I, Fayetteville	3/14/15	8.39	177	1298	623	2:20.17
<i>[10 performers]</i>									
4444	Amalie Iuel	USC-NOR	Mountain Pacific	2/27/16	8.48	178	1107	603	2:06.88
4439	Austra Skuyjte	Kansas St	Big 12, Lincoln	2/22/02	8.91	176	1582	597	2:19.79
4430	Alex Gochenour	Arkansas	NCAA I, Fayetteville,	3/14/15	8.41	180	1237	604	2:16.85
4417	Hyleas Fountain	Georgia	SEC, Lexington	2/27/04	8.23	181	1171	632	2:24.94
4404	Lindsay Vollmer	Kansas	Big 12, Ames	2/27/15	8.35	178	1312	609	2:22.56
4396	Chantae McMillan	Nebraska	NCAA I, College Station	3/11/11	8.69	166	1457	633	2:18.61
4396	Kiani Profit	Maryland	NCAA I, College Station	3/11/11	8.41	175	1200	588	2:09.67
4393	Jess Lehman	Minnesota	Big 10, Geneva	2/27/16	8.75	167	1398	603	2:10.33
4392	Georgia Ellenwood	Wisconsin	Big 10, Geneva	2/27/16	8.61	182	1250	590	2:15.70
4379	Leigha Brown	Arkansas	SEC, Nashville	2/24/17	8.41	175	1305	591	2:16.41

*[10 performers]*

>o – oversized track

# Athletes Bios: [listed alphabetically, includes alternates]

## MICHELLE ATHERLEY

DOB: December 12, 1995  
 POB:  
 Ht: 5-8  
 Hometown: North Point, FL  
 High School: Port Charlotte HS  
 College: Auburn, Miami (FL)'19



**2018:** Placed 2<sup>nd</sup> at ACC with 4319 score. **2017:** Transferred to Miami and won ACC crown with 4281 PR. **2016:** 6<sup>th</sup> at SEC as freshman at Auburn. **High School:** 2x district and regional champion in 100m hurdles and 300m hurdles. Runner-up in 1090m hurdles and 3<sup>rd</sup> in triple jump at 2015 Fla state meet. 2015 Florida State Weightlifting champion. **Personal:** Daughter of Clifford and Brenda Atherley. Political Science major.

### Career:

Indoor:			<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800</u>					
3/11/15	3439	6	New Balance Prep, NYC Armory	8.69	155	820	538	2:28.82
2/05/16	3833	5	Husker Sevigne, Lincoln	8.58	163	1059	558	2:23.91
2/27/16	4148	6	SEC, Fayetteville	8.40	175	1114	562	2:17.76
3/11/16	4153	11	NCAA I, Birmingham	8.42	177	1211	544	2:19.81
1/20/17	3984	1	McCravey, Lexington	8.43	173	1090	527	2:18.94
2/23/17	4281	1	ACC, South Bend	8.35	176	1178	576	2:15.80
<b>3/10/17</b>	<b>4319</b>	<b>4</b>	<b>NCAA I, College Station</b>	<b>8.21</b>	<b>175</b>	<b>1269</b>	<b>567</b>	<b>2:17.05</b>
2/02/18	4096	1	Mich Power 5, Ann Arbor	8.56	166	1213	570	2:17.53
2/22/18	4159	2	ACC, Clemson	8.37	164	1218	584	2:14.26

**Outdoor:** 100h w hj sp 200m w lj w jav 800m

**PRs:** / 4319 13.44 177 1269 596-1.8 3244 2:14.26

**Indoor: 60mH: 8.21**

Updated: 2/27/18

## HOPE BENDER

DOB:  
 POB:  
 Ht:  
 Hometown: Newport Beach, CA  
 High School: Newport Brach HS'15  
 College: UCSB'21



**2018:** 5<sup>th</sup> at USA indoors (with 4149 PR effort) after winning Seattle meet. **2017:** 4<sup>th</sup> at Big West outdoors. **2016:** 3<sup>rd</sup> at Big West outdoors. **High School:** Ran 14.35 and 42.18 for prep hurdles. **Personal:** Parents are Steve and Lynn Bender. Majoring in Biology. Aspires to become a Genetic Engineer. Also competed in Motocross and Horse-Show Jumping.

### Career:

Indoor			<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800</u>					
1/15/16	3211	7	Jacoby, Nampa	8.84	150	1075	426	2:29.63
1/27/18	3884	1	UW Invt, Seattle	8/62	159	1169	533	2:16.14
<b>2/16/18</b>	<b>4149</b>	<b>5</b>	<b>USATF, Albuquerque</b>	<b>8.61</b>	<b>168</b>	<b>1228</b>	<b>576</b>	<b>2:16.68</b>

**Outdoor:** 100h w hj sp 200m w lj w jav 800m  
 4/02/16 4909 7 Sam Adams, S Barbara 14.28-0.5 148 1087 24.89+0.3 507nwi 2864 2:17.45

5/14/16 5114 3 Big West, 14.17+1.6 160 1014 24.71+0.6 523+2.3 3028 2:16.91  
**5/13/17 5212 3 Cal Invt. Azusa 14.18-0.1 160 1108 24.66+1.9 538+3.2 2818 2:14.63**  
 5/12/17 4312 14 Big West, 14.06-0.4 nh 1098 24.84+0.7 538+1.9 2778 2:26.86

**PRs: 5212 / 4149 13.74+1.6 168 1228 25.25 576 3028 2:14.63**

**Indoor: 60mH: 8.53**

Updated: 2/28/18

## TALIYAH BROOKS

DOB: Feb. 8, 1995  
 POB:  
 Ht: 5-9  
 Hometown: Wichita Falls, TX  
 High School: Rider HS  
 College: Arkansas'18



**2018:** SEC indoor pentathlon winner. **2017:** Outdoor SEC Champ with 6099 PR and then placed 3rd at NCAAs. SEC indoor runner-up with 4450 effort and then NCAA runner-up. **2016:** Won NACAC title in El Salvador. dnf'd at NCAAs and Olympic Trials. 4th at SEC (5855) after breakthrough win at Texas Relays (5991w). Opened indoor campaign with breakthrough PR 4457 effort at home and then placed 2nd at SECs and NCAAs. **2015:** 7th at SECs outdoors with PR 5681 score and upped PR to 5717 for 16th at NCAAs. 1st CE effort was 4155 performance at Razorback and then placed 7th at SECs. **2014:** Competed indoors. **High School:** Injury claimed senior season. **Personal:** daughter of Robert Brooks and Diann Clark. Major in communications and minor in legal studies.

### Career:

#### Indoor:

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/30/15	4155	3	Razorback, Fayetteville	8.39	176	1040	605	2:24.39
2/27/15	4125	7	SEC, Lexington	8.29	178	1110	606	2:34.47
3/14/15	4230	7	NCAA I, Fayetteville	8.54	180	1022	608	2:19.79
1/29/16	4457	2	Razorback, Fayetteville	8.18	178	1140	635	2:19.06
2/27/16	4376	2	SEC, Fayetteville	8.25	178	1180	609	2:19.91
3/26/16	4432	2	NCAA I, Birmingham	8.17	183	1155	618	2:22.59
2/24/17	4450	2	SEC, Nashville	8.14	178	1153	640	2:22.72
<b>3/10/17</b>	<b>4580</b>	<b>2</b>	<b>NCAA I, College Station</b>	<b>8.13</b>	<b>184</b>	<b>1197</b>	<b>648</b>	<b>2:22.39</b>
1/26/18	4395	1	Razorback, Fayetteville	8.09	178	1236	628	2:28.58
2/24/18	4422	1	SEC, College Station	8.08	176	1218	627	2:22.73

#### Outdoor:

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
3/26/15	5482w	3	Texas R, Austin	13.55	+3.9	172	1062	25.22	+2.5	618		2702	2:21.89
5/14/15	5681	7	SEC, Starkville	13.33	+0.7	176	1197	24.43	+1.8	603	+1.8	2768	2:22.73
6/11/15	5717	16	NCAA I, Eugene	13.39	+1.0	166	1168	24.35	+3.2	628	+1.4	3518	2:25.83
3/31/16	5991w	1	Texas R, Austin	13.16	+2.9	178	1144	24.47	+3.1	621	+2.1	3685	2:17.66
5/13/16	5855	4	SEC, Tuscaloosa	13.37	+1.7	175	1168	24.16	+0.5	629	-2.2	3455	2:24.64
6/11/16	dnf	-	NCAA I, Eugene	13.21	+2.0	172	1186	25.98	+0.2	withdrew			
7/10/16	dnf	-	USOT/USA, Eugene	13.39	-0.1	181	1155	24.85	+0.6	nm		3466	dns
7/16/16	5609	1	NACAC, El Salvador	13.61	-0.8	174	1102	24.78	-1.9	612	-0.3	3699	2:31.36
3/30/17	6075	2	Texas R, Austin	13.49	+0.3	182	1186	23.97	+2.9	623	-0.1	3710	2:17.98
<b>5/12/17</b>	<b>6099</b>	<b>1</b>	<b>SEC, Columbia</b>	<b>13.14</b>	<b>+1.7</b>	<b>180</b>	<b>1199</b>	<b>23.88</b>	<b>+1.3</b>	<b>640</b>	<b>+1.5</b>	<b>3640</b>	<b>2:22.29</b>
6/10/17	5795	3	NCAA I, Eugene	13.37	+0.2	175	1138	24.81	-3.1	650	+1.8	3534	2:29.32
6/26/17	dnf	-	USA, Sacramento	13.25	-0.1	180	1170	24.38	+0.2	nm	withdrew	651	

**PRs: 6099 / 4580 13.14+1.7 184 1236 23.88+1.3 657 3710 2:17.66**

**Indoor: 60mH: 8.08**

Updated: 2/28/18

## ALISSA BROOKS-JOHNSON

DOB: August 1, 1995  
POB: Olympia, WA  
Ht: 5-9

Hometown: Doty, WA  
High School: Pe Ell HS  
College: Washington St '17



**2018:** Won WSU indoor pentathlon with PR 4190 effort, then scored 4040 at Mountain Pacific. **2017:** PAC-12 champ with 5638 effort and then [placed 6<sup>th</sup> at NCAAs. **2016:** no outdoor season. Mountain Pacific indoor runner-up. **2015:** Pac-12 heptathlon champ with PR 5803 score. **2014:** Pac-12 heptathlon runner-up. **High School:** 3x state 2B 300m hurdle champ. Earned 12 varsity letters (4 T&F, 4 basketball, 4 volleyball). **Personal:** daughter of Ken Johnson and Karen Brooks.

### Indoor:

1/31/14	3521	1	Cougar, Pullamn
2/28/14	3633	7	Mtn Pacific, Seattle
1/17/15	3573	2	Jacoby, Boise
2/06/15	3578	1	Cougar, Pullman
2/27/15	3776	5	Mtn Pacific, Seattle
2/05/16	4101	1	Cougar, Pullman
2/26/16	4027	2	Mtn Pacific, Seattle
<b>2/02/18</b>	<b>4190</b>	<b>1</b>	<b>Cougar, Pullman</b>
2/23/18	4040	3	Mtn Pacific, Seattle

### Career:

<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
9.18	162	1022	491	2:24.09
8.93	162	1064	502	2:19.96
9.17	157	975	547	2:23.76
8.88	156	959	523	2:19.56
8.83	163	1046	525	2:16.58
8.81	176	1210	560	2:19.80
8.77	169	1245	537	2:16.50
<b>8.57</b>	<b>172</b>	<b>1169</b>	<b>579</b>	<b>2:15.78</b>
8.52	165	1136	562	2:16.05

### Outdoor:

3/27/14	4987	18	Texas R, Austin
5/11/14	5325	2	Pac-12, Pullman
<b>5/10/15</b>	<b>5803</b>	<b>1</b>	<b>Pac-12, Los Angeles</b>
6/11/15	5572	16	NCAA I, Eugene
4/12/17	5616	4	Mt Sac R, Azusa
5/07/17	5638	1	Pac-12, Corvallis
6/10/17	5658	6	NCAA I, Eugene

<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
14.90		160	1067	25.92		529		3455	2:19.37
14.75		161	1064	25.42		546		4184	2:15.05
<b>13.96+0.3</b>	<b>170</b>	<b>1141</b>	<b>24.91+1.6</b>	<b>577+0.2</b>	<b>4475</b>	<b>2:13.94</b>			
14.27+1.2	166	1152	24.63+2.2	534+1.8	4139	2:12.60			
14.13+0.7	169	1196	24.96+1.4	560+2.4	4068	2:17.58			
14.06+0.6	169	1165	24.83+1.8	566+4.1	4222	2:19.57			
14.24-0.5	163	1165	24.89-0.9	585+1.4	4421	2:17.70			

**PRs:** 5803 / 4190

**13.96+0.3 176 1245 24.83+1.8 585+1.4 4475 2:12.60**

**Indoor: 60mH: 8.50**

Updated: 2/27/18

## SHANICE CANNIGAN

DOB: September 20, 1994  
POB:  
Ht: 5-9  
Hometown: Lucea, Jamaica  
High School: Rusea's HS  
College: South Dakota '18



**2018:** Summit League pent champ with 4106 PR score. **2017:** Summit League indoor and outdoor hurdle winner. Won Jack Johnson pentathlon. **2016:** Indoor League MVP winning pentathlon and hurdles. Scored 27 ¾ points at Summit League outdoor meet. **2015:** Summit League "Newcomer of Year" indoors and out. **High School:** Holds a personal best of 4,521 points in the heptathlon...won the heptathlon at the girl's championships in Jamaica. **Personal:** Daughter of Winsome Kerr-Cannigan and Joshua Cannigan. Criminal justice major with a minor in psychology.

### Career:

#### Indoor

<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
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1/30/15	3407	6	Johnson, Minneapolis	9.17	156	808	532	2:22.48
2/27/15	3573	2	Summit League, Fargo	8.95	161	885	534	2:20.02
1/29/16	3817	2	Johnson, Minneapolis	8.87	175	896	555	2:22.72
2/26/16	3890	1	Summit League, Ft Wayne	8.64	170	1000	560	2:21.35
1/27/17	3832	1	Johnson, Minneapolis	8.76	169	932	582	2:25.58
2/25/17	3968	2	Summit, Brookings	8.58	166	1071	581	2:20.43
12/1/17	3781	1	SDSU Holiday, Brookings	8.68	166	963	565	2:25.68
1/26/18	3899	1	Johnson, Minneapolis	8.51	164	987	575	2:21.29
2/23/18	4106	1	Summit League, Fargo	8.47	173	1083	576	2:20.84

**Outdoor:** 100 h w hj sp 200m w lj w jav 800m  
**3/31/16 5035 19 Texas R, Austin 14.43+3.0 163 935 24.71+3.9 572+2.2 2602 2:23.32**

**PRs: 5035 / 4106 13.54+1.4 175 1083 24.71+3.9 588 2602 2:20.02**

**Indoor: 8.41**

**Updated: 21/28/18**

## STACEY DESTIN

**DOB:** November 7, 1996  
**POB:**  
**Ht:** 5-7  
**Hometown:** Boynton Beach, FL  
**High School:** Boynton Beach HS '15  
**College:** Alabama '19



**2017:** 1st season at Combined Events. Placed 6th at SECs indoors (4166). Also qualified for indoor high jump (3rd-SEC).: **High School:** Florida 4A Track Athlete of the Year in 2014. In 2014 was state 4A 100m, long jump and high jump winner. **Personal:** Daughter of Claire Dameus.

### Career:

**Indoor:** 60h hj sp lj 800  
1/27/17 4144 1 Pollock, Clemson 8.62 184 1135 580 2:28.10  
2/24/17 4166 6 SEC, Nashville 8.57 181 1088 577 2:21.32  
**3/10/17 4186 6 NCAA I, Col Station 8.63 190 1171 578 2:32.15**  
2/24/18 4144 4 SEC, College Station 8.63 179 1132 582 2:23.43

**Outdoor:** 100 h w hj sp 200m w lj w jav 800m

**PRs: ---- / 4166 14.18+0.7 190 1171 598 2:21.32**

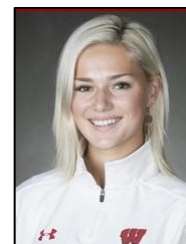
**Indoor: 60mH: 8.57**

**Updated: 2/28/18**



# GEORGIA ELLENWOOD

DOB: August 5, 1995  
 POB:  
 Ht: 5-7  
 Hometown: Langley, BC, Canada  
 High School: Langley Secondary School  
 College: Wisconsin '17



**2018:** Defended Big 10 indoor title after 4259 effort at Husker in Lincoln. **2017:** Big Ten champ (4122) indoors and then placed 7<sup>th</sup> at NCAAs. **2016:** Career best (5935) while earning 5th at NCAAs. Outdoors scored an early PR (5914) and then placed 2nd at Big Ten affair. Used 4 event PRs for career best 4392 runner-up score at Big Ten and followed with a 4th place at NCAAs and 10th at IAAF world indoor champs. **2015:** 3rd at Big 10 with career best 5714 score. Opened outdoor season with 5575 PR 6th place finish at Sam Adams meet. Big 10 indoor runner-up with 4223 PR and then placed 8th at NCAAs indoors.. **2014:** 12th at NCAAs. As freshman at Wisconsin she was 4th at Bulldog and 6th at Big 10 outdoors. **2013:** 3rd at Pan-Am Junior champs with 5493 PR effort. BC and Canada Jr champion. **2012:** 18th at IAAF World juniors (5262). BC Provincial winner. Canada Youth LJ champ. **2011:** 12th at World Youth champs. BC HS champ. 2010: Named BC Summer Games outstanding athlete. **Personal:** Sociology major. Has competed in 7 major internationals for Canada.

## Career:

Indoor:			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
2/27/15	4223	2	Big Ten, Geneva	8.75	177	1203	588 2:18.55
3/14/15	4184	8	NCAA I, Fayetteville	8.83	174	1158	602 2:18.33
1/30/16	4295	1	UNI Jennett, Cedar Falls	8.77	179	1204	603 2:18.26
<b>2/27/16</b>	<b>4392</b>	<b>2</b>	<b>Big 10, Geneva</b>	<b>8.61</b>	<b>182</b>	<b>1250</b>	<b>590 2:15.70</b>
3/12/16	4390	4	NCAA I, Birmingham	8.56	180	1276	608 2:20.05
3/ /16	4324	10	IAAF WC, Portland	8.64	179	1254	601 2:20.18
1/27/17	4104	1	Black & Gold, Iowa City	8.80	172	1254	571 2:20.67
2/24/17	4122	1	Big Ten, Geneva	8.68	174	1210	547 2:15.75
3/10/17	4162	7	NCAA I, College Station	8.64	172	1212	577 2:18.29
2/03.18	4259	1	Husker, Lincoln	8.62	176	1198	581 2:15.35
2/23/18	4264	1	Big 10, Geneva	8.59	175	1238	573 2:14.70

Outdoor:			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
6/26/09	4348	1	Pacific Invt, Langley	??	??	169	754 26.55	514	2754	2:24.64		
5/07/11	4616	1	Valley Royals HS, Burnaby	15.93	-2.0	162	905 26.02-1.1	533+1.2	3158	2:28.42		
5/28/11	4847	1	BC HS Champs, Burnaby	15.19	+1.6	168	913 25.58-1.3	531 0.0	2998	2:23.82		
7/09/11	4592	12	World Youth, Lille	14.46	-2.0	163	867 25.71-0.4	540-1.2	3407	2:23.56		
7/17/11	4673	1	BC Jamboree, Coquitlam	14.99	-0.3	158	850 26.47+0.4	522+0.4	3273	2:23.09		
8/07/11	5043	1	Legion Youth, Ottawa	14.52	+0.4	167	814 25.58+0.2	553+0.8	3415	2:25.67		
5/16/12	5198	1	qualifier, Whitworth	15.18		165	1035 25.37	560	3793	2:20.07		
5/26/12	4995	1	BC Provincial, Burnaby	14.92		162	974 25.62	530	3730	2:26.14		
7/13/12	5262	18	IAAF WJrC, Barcelona	14.76	-1.1	166	999 25.18-2.3	573+3.2	3602	2:19.98		
4/18/13	5288	4	Mt Sac R, Azusa	14.93	-1.5	173	1108 25.47-1.1	575+2.5	3334	2:22.65		
5/11/13	5248	2	Spring, Calgary	15.10	-1.3	166	1094 25.05-0.4	561+2.8	3774	2:22.84		
6/01/13	5296	1	BC HS Champs, Langley	15.11	-2.7	174	1085 25.53-1.0	567 0.0	3482	2:19.94		
7/14/13	5461	1	Canada Jr, Ste Therese	14.40	+1.2	176	1076 25.24-0.1	547-0.3	3789	2:18.20		
8/25/13	5493	3	Pan Am Jr, Medellin	14.43	nwi	174	1044 24.87+0.6	581+0.6	3561	2:18.80		
4/11/14	5400	6	Bulldog, Athens	14.60	+1.0	168	1108 25.33+2.3	569 0.0	3722	2:18.24		
5/17/14	5383	4	Big 10, W Lafayette	14.31	-0.3	173	1061 26.04+0.2	574+0.7	3605	2:19.43		
6/13/14	5480	12	NCAA I, Eugene	14.19	+0.3	178	1065 25.14+1.3	563-3.3	3325	2:17.82		
4/04/15	5575	6	Sam Adams, S Barbara	14.38	0.0	175	1129 24.99+0.3	568+0.3	3832	2:18.52		
5/20/15	5714	3	Big Ten, E Lansing	14.02	+1.7	176	1192 24.88-0.3	586+1.0	3670	2:18.46		
6/11/15	5786	10	NCAA I, Eugene	14.11	+0.1	175	1140 24.45+2.2	608+1.8	4004	2:21.31		
4/07/16	5914	3	Bulldog, Athens	14.02	+3.2	178	1267 25.13-0.1	609+3.0	4202	2:20.16		
5/14/16	5677	2	Big 10, Lincoln	13.97	+2.8	171	1226 24.90+2.6	576+1.9	3990	2:20.89		
<b>6/11/16</b>	<b>5935</b>	<b>5</b>	<b>NCAA I, Eugene</b>	<b>13.81</b>	<b>+3.2</b>	<b>175</b>	<b>1236 24.60+2.0</b>	<b>611+0.4</b>	<b>3967</b>	<b>2:17.29</b>		
6/18/16	5814	4	Pan Am Cup, Ottawa	14.85	0.0	179	1191 24.58 0.0	598+1.2	4196	2:17.55		



PRs: 5935 / 4392  
Indoor: 60mH: 8.52  
Updated: 2/27/18

13.81+3.2 182 1295 24.45+2.2 619+1.9 4242 2:14.70

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## AMANDA FROEYNES

DOB: September 13, 1998  
POB:  
Ht: 5-10  
Hometown: Tonesberg, Norway  
High School:  
College: Florida '21



**2018:** 3<sup>rd</sup> at SEC indoors after winning Clemson Invt with PR 4199 score. **2017:** 16<sup>th</sup> at Euro Jr champs (5387).  
**2016:** 11<sup>th</sup> at IAAF World Junior Champs. **2015:** Had 5183 PR junior heptathlon score. **2014: High School: Personal:**

### Career:

#### Indoor

1/11/15 3445 Sandnes, NOR  
1/19/18 **4199 1 Invt, Clemson**  
2/24/18 4175 3 SEC, College Station

60h hj sp lj 800

**8.94 179 1073 604 2:16.45**  
8.82 173 1147 586 2:14.31

#### Outdoor:

5/24/15 5183 Nittedal, NOR 15.10+1.4 169 1078 553+1.3  
7/22/16 **5493 11 IAAF World Jr, Bydgoszcz 14.92+1.0 171 1034 25.86+1.2 578+0.7 4435 2:15.97**  
7/21/17 5387 16 Euro Jr, Grosseto, ITA 15.10+1.2 172 1113 25.53-1.2 553+1.0 4085 2:18.48

PRs: 5493 / 4199

14.92+1.0 179 1170 25.23-0.1 604 4435 2:14.31

Indoor: 60mH: 8.82

Updated: 2/28/18

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## TYRA GITTENS

DOB:  
POB:  
Ht:  
Hometown: Nashville, TN  
High School: Ensworth School  
College: Texas A&M '21



**2018:** 5<sup>th</sup> at SEC indoors (PR 4121) after 3<sup>rd</sup> place at Razorback pentathlon. **High School: Personal:**

### Career:

#### Indoor

1/26/18 4009 3 Razorback, Fayetteville  
2/24/18 **4121 5 SEC, College Station**

60h hj sp lj 800

8.57 175 1232 589 2:38.29  
**8.54 176 1233 619 2:38.18**

#### Outdoor:

100h w hj sp 200m w lj w jav 800m

PRs: / 4121

180 1233 25.09i 619i 2:38.18

Indoor: 8.51

Updated: 2/28/18

## LOUISA GRAUVOGEL

DOB: September 28, 1996  
POB:  
Ht: 5-8  
Hometown: Saarbrucken, GER  
High School: Gymnasium am Rothenbuhl  
College: Georgia'20



**2018:** SEC indoor runner-up with 4312 effort. **2017:** 5th at SEC indoors (4187) and outdoors (5616). **2016: High School:** 2015 Euro Jr Bronze medalist in heptathlon. 5th at World junior hept in Eugene. **Personal:** Coach is Marlen Buder. Daughter of Gerd and Katja Grauvogel. Major in Biochemistry.

<b>Indoor:</b>		<b>Career:</b>				
		<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/26/13	3646^					
2/02/14	3860^	Frankfurt (Kalbach)	8.70	166	1164	570 2:30.72
1/27/17	3956	4 Razorback, Fayetteville	8.67	164	1236	568 2:25.16
2/24/17	4187	5 SEC, Nashville	8.41	163	1271	598 2:19.69
3/10/17	4008	14 NCAA I, C Station	8.47	160	1237	581 2:23.99
1/26/18	4253	2 Razorback, Fayetteville	8.30	172	1255	579 2:19.56
<b>2/24/18</b>	<b>4312</b>	<b>2 SEC, College Station</b>	<b>8.35</b>	<b>173</b>	<b>1316</b>	<b>583 2:20.84</b>

<b>Outdoor:</b>		<i>100 h w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj w</i>	<i>jav</i>	<i>800m</i>
6/09/13	5692^	Bernhausen	13.88+1.5	164	1305	24.65+1.0	568 0.0	4465 2:24.06
7/13/13	5581^	3 IAAF W Youth, Donetsk						
7/22/14	5621^	5 IAAF World Jr, Eugene	14.02+1.1	167	1212	24.85-0.5	570-0.6	4049 2:20.18
<b>6/07/15</b>	<b>5747</b>	<b>1 NC u20, Bernhausen</b>	<b>14.03 0.0</b>	<b>169</b>	<b>1238</b>	<b>24.68-1.0</b>	<b>579 0.0</b>	<b>4089 2:17.42</b>
5/22/16	5682	3 Marburg	14.05-1.3	168	1259	24.80-0.9	584+1.2	4009 2:21.30
4/08/17	5616	2 Towns, Athens	13.63+1.1	164	1274	24.34	565-1.1	3900 2:25.34
5/12/17	5595	5 SEC, Columbia	13.55+1.7	155	1229	24.11+2.0	552+2.9	4104 2:22.90
6/10/17	dnf	- NCAA I, Eugene	13.53-0.5	nh	1180	withdrew		

**PRs:** 5747 / 4312      13.55+1.7   174 1316   24.11+2.0   598   4356 2:17.42

**Indoor: 60mH:** 8.25

Updated: 6/2/17 ^-international junior implements/hurdles.

## JORDAN GRAY

DOB: December 28, 1995  
POB:  
Ht: 5-7  
Hometown: Ball Ground, GA  
High School: Homeschool  
College: Kennesaw St'19



**2018:** Opened season with breakthrough 4198 win at Kansas St. **2017:** 7th at NCAAs with 5621 effort. Atlantic Sun indoor champ with 3997 PR effort and outdoor champ with 5641 career best. **2016:** Atlantic Sun indoor & outdoor champ. **2015:** Atlantic Sun indoor champ. **2014: High School:** 2014 Junior Olympics heptathlon. **Personal:** undecided major.

<b>Indoor</b>		<b>Career:</b>					
		<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>	
1/30/15	3522	4	UM Johnson, Minneapolis	9.13	162	1125	549 2:40.13
2/28/15	3704	1	A Sun, Winston-Salem	8.89	164	1139	557 2:29.09
1/22/16	3497	2	Gladstein, Bloomington	9.13	165	1141	541 2:44.42

2/26/16 3613 1 A Sun, Winston-Salem 8.81 165 1205 573 2:52.67  
 2/23/17 3997 1 A Sun, Winston-Salem 8.73 165 1357 574 2:29.49  
**12/8/17 4198 1 KSU Robinson, Manhattan 8.78 169 1324 607 2:22.80**

**Outdoor:**

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/23/16	5240	3	UVa Ch, Charlottesville	14.51+0.2	172	1210	25.72+2.3	587-2.1	2991	2:31.09			
5/13/16	4988	1	A Sun, Jacksonville	14.65+0.1	155	1159	26.03+1.8	573+3.3	3221	2:28.96			
3/25/17	5377	1	Ole Miss Walker, Oxford	14.54+0.9	171	1255	25.28+2.6	554+0.8	3704	2:27.31			
4/22/17	5391	2	UVa Ch, Charlottesville	14.26+4.3	170	1155	24.82+2.6	605+4.2	3223	2:31.39			
<b>5/13/17</b>	<b>5641</b>	<b>1</b>	<b>A Sun, Jacksonville</b>	<b>14.34-1.7</b>	<b>169</b>	<b>1294</b>	<b>25.05+1.0</b>	<b>612+2.1</b>	<b>3902</b>	<b>2:27.28</b>			
6/10/17	5621	7	NCAA I, Eugene	14.29-0.5	172	1248	25.37-0.9	604+2.7	3997	2:27.17			
6/26/17	5460	13	USA, Sacramento	14.51-0.8	168	1288	25.43+0.8	576+2.6	3852	2:26.27	3304		

**PRs:** 5641 / 4198 14.26+4.3 173 1357 25.05+1.0 612+2.1 3997 2:22.79

**Indoor:** 60mH: 8.73

Updated: 2/27/18

## HOLLY HANKENSON

DOB: June 4, 1995

POB:

Ht: 5-9

Hometown: Decatur, IN

High School: Bellmont HS '14

College: Arkansas/Louisville '19



**2018:** Won ACC crown with PR 4175 effort. **2017:** 18<sup>th</sup> at NCAAs outdoors. Opened outdoor season with career best 5556 score at Texas Relays. ACC runner-up with 4151 PR effort and then 13<sup>th</sup> at NCAAs. **2016:** 5<sup>th</sup> indoors and 4<sup>th</sup> outdoors at ACC champs. PR is 5333. Transferred from Arkansas where she played volleyball in 2014. **2015: High School:** All-state and all-NHC selection in four different track events...holds four school records (100m hurdles, 300m hurdles, long jump, and 4x4 relay) at Bellmont High School...placed in state ten different times. **Personal:** Daughter of Steve and Bridget Hankenson. Major is undecided.

### Career:

**Indoor:**

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
2/05/16	3903	2	Akron Invt, Akron	8.62	156	1136	568	2:17.99
2/25/16	4009	5	ACC, Roxbury	8.55	159	1148	566	2:14.01
1/12/17	3980	1	Indiana U R, Bloomington	8.69	158	1160	564	2:13.38
2/23/17	4151	2	ACC, South Bend	8.50	164	1154	586	2:13.56
3/10/17	4017	13	NCAA I, College Station	8.52	157	1165	574	2:14.88
2/02/18	3206	8	Mich Power 5, Ann Arbor	8.73	163	1084	nm	2:15.67
<b>2/23/18</b>	<b>4175</b>	<b>1</b>	<b>ACC, Clemson</b>	<b>8.58</b>	<b>166</b>	<b>1194</b>	<b>588</b>	<b>2:14.56</b>

**Outdoor:**

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/22/16	5333	1	Lyles-Wood, Louisville	14.26+1.5	155	1175	25.00+0.8	597+1.7	2857	2:15.10			
5/14/16	5222	4	ACC, Tallahassee	14.35+0.8	158	1139	25.19-0.3	556 0.0	2993	2:14.57			
<b>3/30/17</b>	<b>5556</b>	<b>9</b>	<b>Texas R, Austin</b>	<b>14.02+1.3</b>	<b>161</b>	<b>1183</b>	<b>24.67-0.3</b>	<b>592+0.4</b>	<b>2985</b>	<b>2:09.83</b>			
5/13/17	5339	4	ACC, Atlanta	14.10+1.0	156	1223	24.48+1.8	542+1.1	3035	2:13.36			
6/10/17	5133	18	NCAA I, Eugene	14.26+0.3	151	1119	25.55-2.7	568+1.5	2838	2:13.46			

**PRs:** 5556 / 4175 14.02+1.3 166 1274 24.48+1.8 605+0.1 3035 2:09.83

**Indoor:** 60mH: 8.50

Updated: 2/27/18

# MADELINE HOLMBERG

DOB: October 26, 1996  
POB:  
Ht: 5-7  
Hometown: Greensburg, PA  
High School: Hempfield Area HS'14  
College: Penn State'19



**2018:** Made major improvements indoors with 4133 and 4268 scores. **2017:** Virginia Challenge winner with career best 5636 score. No indoor season. **2016:** 6th and 7th at Big ten indoors and out. **High School:** Placed at state PIAA champs nine tiems. **Personal:** Daughter of Rob and Deidre Holmberg. Kinesiology major.

			<b>Career:</b>				
<b>Indoor</b>			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
1/29/16	3580	5 Penn St Nat, U Park	8.76	149	1134	550	2:30.12
2/05/16	3711	2 Sykes &S, U Park	8.77	150	1133	574	2:26.03
2/26/16	3747	6 Big Ten, Geneva	8.71	149	1179	565	2:23.59
1/26/18	4133	1 Penn St, U Park	8.56	158	1402	598	2:23.34
<b>2/23/18</b>	<b>4168</b>	<b>2 Big Ten, Geneva</b>	<b>8.49</b>	<b>160</b>	<b>1403</b>	<b>582</b>	<b>2:20.13</b>

			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>	
4/27/16	5053	2 Penn R, Philadelphia	14.32	-0.4	155	1225	24.52	+1.3	560	+0.4	2529	2:28.26
5/14/16	5118W	7 Big Ten, Lincoln	14.39	+5.2	153	1145	24.98	+2.6	568	+4.2	3561	2:30.32
<b>4/22/17</b>	<b>5636</b>	<b>1 UVA Ch, Charlottesville</b>	<b>14.01</b>	<b>+1.7</b>	<b>164</b>	<b>1280</b>	<b>23.94</b>	<b>+2.6</b>	<b>611</b>	<b>+1.6</b>	<b>3201</b>	<b>2:23.39</b>
6/10/17	dnf	- NCAA I, Eugene	dnf									dnf, withdrew

**PRs:** 5636 / 4168 14.01+1.7 164 1403 23.94+2.6 620-0.3 3561 2:20.13

**Indoor:** 60mH: 8.49

Updated: 6/14/17

# AARON HOWELL

DOB: October 3, 1995  
POB:  
Ht: 5-7  
Hometown: Farmington Hills, MI  
High School: Farmington HS, MI '13  
College: Michigan '17



**2018:** 3<sup>rd</sup> at Big 10 indoors. **2017:** Big 10 outdoor hept champ and 4<sup>th</sup> indoors. **2016:** 3<sup>rd</sup> Big ten outdoors. **2015:** Did not compete outdoors, injury. Won Spire pentathlon with PR 4115 effort. **2014:** 16th at NCAAs outdoors. Won Cal Invt with 5416 PR effort, and then placed 6th at Big 10. **2013:** 5th at USA Junior champs. **2012:** New Balance national heptathlon prep champ. **High School:** Was scholar athlete in basketball, softball and cross-country as well as track and field. **Personal:** Majoring in International Studies with a sub plan in Securities and Norms

			<b>Career:</b>				
<b>Indoor:</b>			<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
2/14/14	3887	7 Spire D-I, Geneva	8.79	171	1112	564	2:27.69
2/28/14	3908	5 Big 10, Geneva	8.97	167	1193	561	2:22.76
2/13/15	4115	1 Spire D-I, Geneva	8.82	176	1228	597	2:27.92
2/24/17	3873	4 Big 10, Geneva	8.78	171	1249	527	2:27.66
2/03/18	4033	2 Power 5, Ann Arbor	8.70	166	1275	563	2:21.43
<b>2/23/18</b>	<b>4133</b>	<b>3 Big 10, Geneva</b>	<b>8.67</b>	<b>172</b>	<b>1335</b>	<b>561</b>	<b>2:22.39</b>

**Outdoor:**

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
6/15/12	5071	1	NB Nationals, Greensboro	15.13	+1.2	168	1132	25.79	nwi	537	+1.7	3617	2:27.31
6/21/13	5071	5	USA Jr, Des Moines	14.54	+1.8	163	1077	26.09	+0.6	542	-1.1	3720	2:26.54
4/17/14	5416	1	Cal Invt, Azusa	14.64	+0.3	175	1269	26.19	+0.7	533	+0.3	3952	2:20.79
5/17/14	5056	6	Big 10, W Lafayette	14.59	+2.8	161	1244	27.59	+0.9	550	+0.2	3710	2:25.84
6/13/14	5294	16	NCAA I, Eugene	14.48	0.0	160	1222	26.59	-1.9	574	-0.1	3933	2:21.83
4/14/16	5493	6	Mt Sac R, Azusa	14.23		172	1266	25.79	+1.3	574	+0.3	3498	2:21.37
<b>5/14/16</b>	<b>5538w</b>	<b>3</b>	<b>Big 10, Lincoln</b>	<b>13.70</b>	<b>+2.8</b>	<b>165</b>	<b>1260</b>	<b>25.70</b>	<b>+2.3</b>	<b>572</b>	<b>+3.2</b>	<b>4080</b>	<b>2:25.64</b>
5/13/17	5359	1	Big 10, U Park	14.03	+1.6	167	1290	26.63	+1.0	533	+0.7	3955	2:22.29

**PRs:** 5538 / 4133

13.70+2.8 176 1335 25.70+2.3 597i 4150 2:20.79

**Indoor:** 60mH: 8.61

Updated: 2/28/18

**SELENA POPP**

DOB: May 30, 1997

POB:

Ht: 5-9

Hometown: Hixon, TN

High School: The Baylor School

College: Samford'19



**2018:** Defended Southern Conf indoor pentathlon. **2017:** SoCon Outstanding indoor performer. Won Conf outdoor heptathlon. **2016:** 3<sup>rd</sup> indoors and 2<sup>nd</sup> outdoors at SoCon. **High School:** Holds the Baylor School's Pentathlon record. Named Chattanooga's Best of Preps Track & Field Athlete of the Year in 2013 & 2014. **Personal:** Full name is Selena Carmen Popp. Parents are Tom and Starr Popp.

**Career:**

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
1/20/16	3125	7	Samford, Birmingham	9.83	157	978	515	2:40.81
2/26/16	3377	3	Southern, Birmingham	9.32	164	1031	525	2:35.03
1/18/17	3608	7	Samford, Birmingham	9.54	168	1033	549	2:27.05
2/25/17	3779	1	Southern,	9.37	175	1113	577	2:33.85
1/18/18	3912	1	Samford, Birmingham	9.08	173	1067	572	2:22.51
2/06/18	3769	1	Queens U, Winston-Salem	9.20	170	1139	554	2:28.47
<b>2/24/18</b>	<b>4118</b>	<b>1</b>	<b>Southern, Lexington</b>	<b>8.93</b>	<b>170</b>	<b>1150</b>	<b>604</b>	<b>2:23.30</b>

**Outdoor:**

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
4/15/16	4533	5	S Alabama, Mobile	16.13	+0.8	160	1080	27.09	+0.4	510	+2.1	3350	2:32.80
5/13/16	4595	2	Southern, Cullowhee	15.81	+1.0	160	1066	26.53	+1.0	543	+2.3	3359	2:40.06
4/15/17	4928	2	S Alabama, Mobile	15.42	+1.5	169	1159	25.71	+1.3	539	-0.5	3360	2:28.43
<b>5/12/17</b>	<b>5129</b>	<b>1</b>	<b>Southern, Birmingham</b>	<b>15.11</b>	<b>+1.7</b>	<b>174</b>	<b>1117</b>	<b>25.55</b>	<b>+3.8</b>	<b>576</b>	<b>+1.5</b>	<b>3808</b>	<b>2:26.60</b>

**PRs:** 5129 / 4118

15.11+1.7 176 1158 25.71+.3 604 3985 2:22.51

**Indoor:** 8.93

Updated: 2/28/18

# NINA SCHULTZ

DOB: November 12, 1998  
POB:  
Ht: 5-10  
Hometown: New Westminster, CAN  
High School: New West Secondary School '16  
College: Kansas St '20  
Club: New West Spartans



**2018:** Big 12 indoor high jump champ(1.85). Won Texas Tech pentathlon with 4502 PR. **2017:** NCAA outdoor runner-up. Won Big 12 high jump (PR 1.82m/5-11½). Won Arizona Click season opener hept with career best 6021 score for national u20 record. As freshman indoors won Husker Invt in Lincoln with 4271 PR effort and then placed 3rd at NCAAs indoors with PR 4340 score. **2016:** 6th at IAAF World junior champs (5639). **2015: 2014: High School:** 13x Provincial High School, champion and Canadian nation high school record holder in heptathlon. **Personal:** Daughter of Debra Duan. Majoring in Animal Sciences. Grandfather was China's national high jump champ and Grandmother (Zheng Fengrong, back in China) was world high jump record holder (1.77m) in 1957.

## Career:

Indoor				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>
12/9/16	3874	1	Robinson, Manhattan	8.67	170	1196	550	2:30.94
1/20/17	4042	1	Dodds, Manhattan	8.60	178	1111	565	2:25.70
2/03/17	4271	1	Husker, Lincoln	8.44	174	1211	599	2:19.95
3/10/17	4340	3	NCAA I, C Station	8.41	181	1214	618	2:26.55
12/8/17	4083	2	Robinson, Manhattan	8.58	175	1179	592	2:29.87
2/02/18	-----	-	Dodds, Manhattan	8.24	180	1170	nm	dns
<b>2/09/18</b>	<b>4502</b>	<b>1</b>	<b>Texas Tech, Lubbock</b>	<b>8.28</b>	<b>182</b>	<b>1161</b>	<b>639</b>	<b>2:19.79</b>

Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
5/31/14	4655 <sup>^</sup>	1	BC HS Champs	14.92		159	951	26.55		572		2576	2:31.81
6/15/14	5105 <sup>^</sup>		Langley, BC	14.73+1.9		178	1180	26.42-1.0		536-1.0		3166	2:29.70
3/28/15	4954 <sup>^</sup>	1	UBC Open, Vancouver	14.73+0.7		166	1213	26.83+0.2		560 0.0		3080	2:33.19
5/23/15	5046	11	Abbotsford, BC	14.82		174	1030	26.35		538		3637	2:29.61
6/21/15	5233 <sup>^</sup>		Langley, BC			177	1207			553nwi			2:26.57
7/18/15	5406	11	IAAF World Youth, Cali	14.13-1.2		179	1157	25.64 0.0		538+0.1		3905	2:29.14
5/27/16	5501	1	BC HS Multis	13.98+0.6		180	1154	25.26 +0.1		561+2.0		3717	2:29.18
7/22/16	5639	6	IAAF World Jr Bydgoszcz	14.13+1.7		177	1153	24.79+2.6		557-0.4		4284	2:24.74
<b>4/08/17</b>	<b>6021</b>	<b>1</b>	<b>UA Click, Tucson</b>	<b>13.83+0.5</b>		<b>175</b>	<b>1219</b>	<b>24.43+1.8</b>		<b>604 0.0</b>		<b>4609</b>	<b>2:18.75</b>
6/10/17	5959	2	NCAA I, Eugene	13.70+0.2		172	1274	25.12-2.7		610+3.6		4670	2:21.97

**PRs:** **6021 / 4502** **13.60+1.6 185 1274 24.43+1.8 641+3.3 4767 2:18.75**

**Indoor: 60mH: 8.24** legend: ^= girls heptathlon [3kg sp, 300g jav, 76.2cm hurdles]

Updated: 2/28/18

# JACLYN SIEFRING

DOB: September 30, 1995

POB:

Ht: 5-6

Hometown: Covington, OH

High School: Covington HS'14

College: Akron '18



**2018:** Scoed career best 4308 in early season and then three-peated as MAC indoor champ. **2017:** 5th at NCAAs. And 10th at USA nationals. Opened season outdoors with career best 5750 effort at Mt Sac Relays and then repeated as MAC champ. Repeated as Mid-American champ indoors and then placed 12th at NCAAs. **2016:** Placed 12th at NCAAs. Mid-American indoor & outdoor CE champ, 4215 & 5412. PR at Texas Relays (5627). 10th at NCAA indoors. **2015:** Mid-American runner-up indoors (3796) and out (5377). **High School: Personal:**

### Career:

Indoor:				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800</i>
2/16/15	3726	2	Akron Invt, Akron	8.91	160	1036	547	2:18.99
2/27/15	3796	2	Mid-American , Lansing	8.91	157	1152	565	2:22.30
2/06/16	4089	1	Akron Invt, Akron	8.69	159	1204	594	2:14.92
2/27/16	4215	1	Mid-American, Akron	8.67	166	1274	605	2:17.79
3/12/16	4162	10	NCAA I, Birmingham	8.76	165	1225	584	2:12.60
2/03/17	4204	1	Akron Invt, Akron	8.58	165	1215	605	2:16.43
2/24/17	4041	1	Mid-America, Ypsilanti	8.66	164	1287	579	2:23.92
3/10/17	4084	12	NCAA I, College Station	8.76	163	1213	588	2:16.72
<b>2/02/18</b>	<b>4308</b>	<b>1</b>	<b>U Akron, Akron</b>	<b>8.55</b>	<b>167</b>	<b>1232</b>	<b>618</b>	<b>2:14.70</b>
2/23/18	4124	1	Mid-American, Bowling Green	8.63	170	1182	602	2:23.64

Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj w</i>	<i>jav</i>	<i>800m</i>
4/16/15	5269	6	Cal Invt, Azusa	14.56	0.0	156	1090	24.98+3.5	576+1.3	3334	2:15.60
5/15/15	5377	2	Mid-American, Muncie	14.25	+0.4	160	1116	24.63+2.5	565+1.3	3601	2:19.06
3/31/16	5627	8	Texas R, Austin	14.19	+3.1	160	1176	24.84+3.1	597+2.4	3959	2:14.96
5/12/16	5412	1	Mid-American, Toledo	14.06	+0.3	167	1161	24.62+1.3	581-0.5	3452	2:28.37
6/11/16	5626	12	NCAA I, Eugene	13.91	+0.4	163	1135	24.97+2.0	598+0.2	3721	2:14.57
<b>4/12/17</b>	<b>5750</b>	<b>3</b>	<b>Mt Sac R, Azusa</b>	<b>14.01+0.7</b>	<b>162</b>	<b>1246</b>	<b>24.65+1.4</b>	<b>593+2.2</b>	<b>3987</b>	<b>2:14.62</b>	
5/12/17	5613	1	Mid-American, Kalamazoo	14.00	+0.9	169	1212	24.81+2.7	589+1.2	3872	2:24.67
6/10/17	5663	5	NCAA I, Eugene	13.98	+0.3	166	1216	24.39-2.7	610+3.0	3678	2:16.83
6/26/17	5652	10	USA, Sacramento	14.11	-0.8	165	1236	25.08+0.8	593+1.5	3600	2:13.73 3322

**PRs:** 5750 / 4308 **13.91+0.4 170 1287 24.39-2.7 623+2.7 3987 2:12.60**

**Indoor: 60mH: 8.55**

Updated: 2/28/18