

2016 and 31th USATF Indoor Men's Heptathlon



MEDIA GUIDE



**Friday -Saturday
February 26-27, 2016
Fuhrer Field House
Crete, NE**

**Frank Zarnowski
Deca, The Decathlon Association
www.decathlonusa.typepad.com**

Media Guide

2016 USA Indoor Men's Heptathlon



Time Schedule needs update

Friday, February 26, 2016

60 Meter Dash	2:30 pm
Long Jump	3:15
Shot Put	4:15
High Jump	5:30 pm

[session one ends at 7 pm]

Saturday, February 27, 2016

60m Hurdles	12:30 pm
Pole Vault	1:30
1000 Meters	3:45 pm

Awards

A Gold Medal, emblematic of the Championships of the United States of America, will be given to the winner of each Championship event, a Silver Medal to second place, and Bronze Medals to third and fourth places.

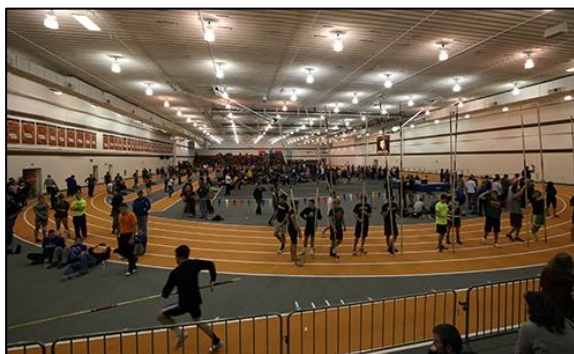
Prize Money

For the 2016 USA Indoor Track & Field/Combined Event Championships, USA Track & Field will pay prize money to the first through fourth place finishers in each Championship event. The prize structure is as follows: 1st - \$5,000, 2nd - \$3,000, 3rd - \$1,250, 4th - \$750

Qualifying Standards: [qualifying window: Jan 1, 2015 to Feb.24, 2016]

Indoor Heptathlon Score	5450 points
Outdoor Decathlon Score	7700 points
Indoor Pentathlon Score	3850 points

Fuhrer Field House was renovated and completed on the Doane campus in January, 2014 with a 200 meter regulation track, remodeled locker rooms, a high performance arena floor, large training facilities, classroom and lounge spaces. It is located on the northeast end of the Doane campus in Crete.



The Field



Top Row: Austin Bahner, Curtis Beach, Wesley Bray, Jay Cato, Thomas FitzSimons, Thomas Hopkins, Justin Green.

Bottom Row: Bryan Jones, Derek Masterson, Mike Morrison, Miller Moss, Dillon Schrodt, Calvin Sullins, Kale Wolken



Entrants: [listed alphabetically, does not imply acceptance]

		<u>PR score</u>	<u>('16)qualifier</u>	<u>Decathlon PR</u>
[2016 Field]				
Austin Bahner	Shocker TC	5666'14	5666'14	7847'13
Curtis Beach	Nike	6190'14	5839'16	8083'11
Wes Bray	unat	5677'12	5334'16	7932'12
Jay Cato	Az T&F Ac	6165'13	5964'16	7616'14
Thomas FitzSimons	SBTC	5549'14	5549'14	7791'15
Justin Green	unat	5600'15	5600'15	7151'15
Bryan Jones	unat	5437'14	5377'15	7371 '14
Thomas Hopkins	SBTC	5513'15	5513'15	7291'15
Derek Masterson	SBTC	5159'16	7554'15 dec	7631'13
Mike Morrison	unat	5872'11	5436'16	8118'11
Miller Moss	unat	5986'11	5680'16	7996'11
Dillon Schrodt	unat	5443'15	5443'15	6959'15
Calvin Sullins	SBTC	5389'14	5387'15	7340'15
Kale Wolken	Doane	5660'15	5660'15	7416'14



PRs for Indoor Heptathlon Events:

	score	60m	lj	sp	hj	60h	pv	1000m
<i>[2016 Field]</i>								
Austin Bahner	5645	6.87	766	1347	195	8.46	490	2:43.25
Curtis Beach	6190	7.03	784	1307	211	8.12	510	2:23.63
Wesley Bray	5677	7.04	751	1407	199	8.32	481	2:47.01
Jay Cato	6165	7.01	785	1349	219	7.83	555	2:45.26
Thomas FitzSimons	5549	7.25	712	1277	201	8.55	470	2:32.36
Justin Green	5600	7.21	707	1226	206	8.18	505	2:45.84
Thomas Hopkins	5513	6.97	771	1295	184	8.22	390	2:30.91
Bryan Jones	5437	7.11	736	1376	196	8.61	482	2:49.98
Derek Masterson	5159	7.40	723	1504	202	8.93	495	2:47.30
Mike Morrison	5872	7.03	752	1322	202	8.23	525	2:41.69
Miller Moss	5986	6.91	734	1457	204	7.94	490	2:39.68
Dillon Schrodt	5443	6.97	735	1305	212	8.07	430	2:49.65
Calvin Sullins	5389	7.23	737	1392	201	8.33	440	2:46.97
Kale Wolken	5660	7.03	756	1373	205	8.33	490	2:49.72



USATF/TAC/AAU National Indoor Combined Events Champions

Pentathlon

				site	
		[hj-60ydH-sp-lj-600yds]			
1978	Jim Wooding	unat, Coatesville, PA.	3605	Bethlehem, PA	
		[55mH-lj-sp-hj-1000m]			
1984	Scott Daniels	Utah	4168	Canyon, TX	
1985	Orville Peterson	Campbell TC	3968	Canyon, TX	
1986	Tony Allen-Cooksey	Unat, Santa Barbara, CA.	4015	Canyon, TX	
		[60mH-lj-sp-hj-1000m]			
1987	Tony Allen-Cooksey	Athlete's Forte	4315	Gainesville, FL	
1988	Gary Kinder	NYAC	4135	Lincoln, NE	
1989	Ed Brown	UCSB Outreach	4050	University Park, PA	
1990	Vernon George	Florida Clippers	4171	Baton Rouge, LA	
1991	Dan O'Brien	Reebok Racing Team	4321	Colorado Springs	
1993-94	no national meet				

Heptathlon

		[60m-lj-sp-hj / 60mH-pv-1000m]			
1995	Sheldon Blockburger	unat, San Luis Obispo	6035	Moscow, ID	
1996	Steve Fritz	Accusplit	6213	Manhattan, KS	
1997	Ricky Barker	VISA/Gallery Furniture	5969	Manhattan, KS	
1998	Ricky Barker	Gallery Furniture	5867	Atlanta, GA	
1999	Trafton Rodgers	Puma	6044	Atlanta, GA	
2000	Tom Pappas	adidas	5933	Atlanta, GA	
2001	Stephen Moore	unat, Lubbock, TX	6068	Atlanta, GA	
2002	Tom Pappas	Nike	6113	Chapel Hill, NC	
2003	Paul Terek	World's Greatest Athletes	DT 5870	Chapel Hill, NC	
2004	Paul Terek	World's Greatest Athletes	DT 6040	Chapel Hill, NC	
2005	Ryan Harlan	unat	6102	Chapel Hill, NC	
2006	Ryan Harlan	unat	5949	Chapel Hill, NC	
2007	Paul Terek	Asics	5960	Chapel Hill, NC	
2008	Jake Arnold	unat	5851	Chapel Hill, NC	
2009	Jake Arnold	Asics	5748	Chapel Hill, NC	
2010	Jake Arnold	Asics	5861	Bloomington, IN	
2011	Nick Adcock	unat, Columbia, MO	5711	Bloomington, IN	
2012	Eric Broadbent	HPC-elite	5908	Bloomington, IN	
2013	Gunnar Nixon	unat	6232	Albuquerque, NM	
2014	Gray Horn	unat	6071	Albuquerque, NM	
2015	Jeremy Taiwo	Chula Vista OTC	6273	Roxbury, MA	
2016					

Records:

Most Wins:

3	Paul Terek	2003 2004 2007
	Jake Arnold	2008 2009 2010
2	Ryan Harlan	2005 2006
	Tom Pappas	2000 2002
	Ricky Barker	1997 1998
	Dan O'Brien	1991 1992
	Tony Allen-Cooksey	1986 1987

Oldest Winner:

30 years, 228 days	<i>pentathlon</i>	Tony Allen Cooksey	1987
28 years, 111 days	<i>heptathlon</i>	Steve Fritz	1996

Youngest Winner:

20 years, 48 days		Gunnar Nixon/unat	2013
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Recent Meet Results

2015 Indoor Champs

2/27-28 40th USA National Champs, Reggie Lewis Center, Roxbury, MA

6273	Taiwo, Jeremy/Chula VistaOTC	7.09	739	1450	216	7.87	480	2:34.26
5526	Bahner, Austin/ShockerTC	7.04	712	1294	186	8.59	480	2:48.15
5513	Hopkins, Thomas/Santa BarbaraTC	7.03	728	1280	183	8.22	390	2:34.57
5484	FitzSimons, Thomas/Santa BarbaraTC	7.31	674	1247	195	8.55	460	2:35.39
5298	Vildosola, Henry/unat	7.23	672	1348	186	8.62	450	2:48.60
5009	Dalton, Chase/unat	7.36	662	1269	192	8.84	450	3:06.15
4777	Moss, Miller/unat	7.10	680	1412	192	8.13	nh	2:51.79
4478	Glasnow, Ted/Santa BarbaraTC	7.33	650	1333	192	dsq	470	2:49.13
4238	Boese, Tobias/ShockerTC	7.19	621	1165	180	8.59	nh	2:52.57 9s,9f.



2014 Indoor Champs

2/21-22 USA Champs, Convention Center, Albuquerque, NM

6071	Horn, Gray/unat	6.96	769	1336	207	8.03	490	2:48.51
5746	Mohl, Jeff/unat	7.07	717	1186	207	8.46	500	2:47.82
5613	Gooris, Dan/unat	7.41	688	1332	195	8.55	530	2:47.81
5549	FitzSimons, Thomas/SBTC	7.27	688	1228	201	8.56	460	2:36.36
5535	McPherson/Michael/Utah Valley' 14	6.91	716	1061	198	8.25	430	2:43.15
5365	Wunderlich, Tim/unat	7.44	675	1442	192	8.58	460	2:50.38
5313	Harlan, Ryan/unat	7.23	635	1589	198	8.29	470	3:18.50
4797	Vogel, Brent/unat	7.28	689	1218	198	8.38	nh	2:34.67 8s,8f.



2013 Indoor Champs

3/1-2 28th USA indoor Natioanal Champs, Convention Center, Albuquerque, NM

6232	Nixon, Gunnar/unat	6.86	742	1427	214	7.93	480	2:41.49	3527/2705	PR, MR, FHR, US Leader
5895	Beach, Curtis/unat	7.13	737	1307	211	8.34	440	2:33.40		
5778	Harlan, Ryan/unat	7.12	650	1682	208	8.10	480	3:00.84		
5730	Arnold, Jake/Asics	7.10	655	1486	196	8.06	500	2:51.58		
5466	Gooris, Dan/unat	7.43	662	1356	190	8.51	540	2:56.68		
5346	Duer, Corbin/unat	7.40	669	1277	205	9.01	480	2:50.18		
5322	Young, Aaron/Shocker TC	7.05	667	1264	181	8.52	470	2:49.94		
dnf	Murphy, Isaac/unat	6.88	740	1286	187	8.25	480	dns		
dnf	Hardee, Trey/Nike	6.77	734	1477	196	dnf	530	dns		
dnf	Moss, Miller/unat	7.15	inj	nm	1434	190	withdrew			
dnf	Prentice, Terry/unat	7.08	714	1341	205	dnf	440	dns		
										11s,7f.



2012 Indoor Champs

3/3-4 27th USA National CE Champs, Indiana U, Bloomington, IN

5908	Broadbent, Eric/HPC-e	7.05	706	1370	218	8.14	430	2:39.17		
5809	Klech, David/Oregon eTC	7.10	735	1110	203	7.93	430	2:30.64		
5796	Adcock, Nick/unat	7.15	700	1353	197	8.02	480	2:42.15		
5788	Dwyer, Kevin/unat	7.03	620	1402	212	8.23	470	2:59.92		
5581	Harlan, Ryan/unat	7.17	662	1555	194	8.13	500	3:06.60		
5473	Randolph, Chris/Sketchers	7.38	679	1325	194	8.52	470	2:41.92		
5429	Duer, Corbin/unat	7.37	644	1263	203	8.52	470	2:43.02		
5365	Goffena, Jordan/Miami(OH)	7.28	678	1258	185	8.21	450	2:45.22		
5290	Salzman, Adam/Colorado	7.19	616	1159	191	8.27	440	2:37.48		
5259	Greaves, Kenny/unat	7.43	639	1188	182	8.64	490	2:37.62		
5020	Hardee, Trey/Nike	6.75	715	1086	200	7.75	nh	2:45.67		
5259	Greaves, Kenny/unat	7.43	639	1188	182	8.64	490	2:37.62		
3564	Edmonds, Lysias/Ariz Puma	7.20	656	1141	194	dsq	nh	2:54.40		
dnf	Moss, Miller/unat	6.97	692	1341	194	8.69	withdrew			
										13s,12f



2011 Indoor Champs

3/5-6 26th USA National CE Indoor Champs, Indiana University Gladstein Fieldhouse, Bloomington, IN

5711	Adcock, Nick/unat	7.17 692 1375 197 8.15 470 2:42.90
5700	Woods, Pat/unat	7.18 679 1450 209 8.20 460 2:51.57
5681	Helwick, Chris/unat	7.30 691 1447 200 8.58 490 2:44.00
5542	Broadbent, Eric/HPC-elite	6.99 717 1248 209 8.21 410 2:55.98
5320	Kinsey, Dan/unat	7.47 680 1488 194 8.87 480 2:58.91
5329	Dickman, Chris/unat	7.10 692 1082 188 8.99 460 2:44.10
4560	Edmonds, Lysias/Arizona Puma	7.16 680 1213 197 8.28 nh 3:00.05
4736	Arnold, Jake/Asics	7.20 647 1456 188 8.11 470 dnf



2010 Indoor Champs

3/6-7 25th USA National Indoor CE Champs, U of Indiana, Bloomington, IN

5861	Arnold, Jake/asics	7.13 690 1516 198 8.05 500 2:49.62
5845	Pappas, Tom/UNAT	7.17 725 1590 198 8.08 480 2:55.72
5487	Reising, Skyler/Tm Neb Brooks	7.35 737 1390 207 8.96 440 2:51.91
5427	Woods, Pat/unat	7.33 664 1362 201 8.42 470 2:55.14
5251	Strang, John/HPC elite	7.00 704 1093 207 8.30 430 3:14.84
4861	Broadbent, Eric/HPC elite	6.97 707 1311 201 8.28 nh 2:52.67

dnf: Randolph, Chris/unat [7.41 653 1342 nh], Edmonds, Lysias/Ariz Puma [dnf 60m inj]
8s,6f, 3rd consecutive win for Arnold



2009 Indoor Champs

3/7-8 24th USA Indoor CE Champs, U of North Carolina, Chapel Hill, NC

5748	Arnold, Jake/Asics	7.20 681 1494 197 8.15 495 2:50.03
5514	Johnson, Justin/unat	7.27 717 1199 203 8.22 445 2:50.46
5505	Detmer, Joe/unat	7.18 686 1279 188 8.46 435 2:31.54
5443	Chisam, Matt/unat	7.33 654 1433 197 8.37 465 2:51.80
5393	Broadbent, Eric/unat	7.04 706 1269 194 8.26 415 2:54.01
5265	Woods, Patrick/unat	7.26 652 1289 203 8.44 435 2:57.52
4865	Abdur-Rahim, Mustafa/ASC-e	7.10 679 1426 185 8.07 nh 2:39.74
3847	Creekmur, Ceith/unat	7.22 688 1266 188 8.28 nh dnf

8s,8f. nb: 2nd consecutive win for Arnold.



2008 Indoor Champs

3/8-9 23rd USATF National Champs, Eddie Smith Fieldhouse, UNC, Chapel Hill, NC

5851	Arnold, Jake/unat	7.11 705 1460 198 8.09 490 2:47.49
5794	Moore, Stephen/unat	7.11 705 1303 204 8.24 480 2:42.71
5688	Boyles, Chris/CBO-e	7.25 665 1411 207 8.24 490 2:50.99
5603	Detmer, Joe/unat	7.08 694 1270 183 8.34 460 2:32.35
5575	Helwick, Chris/2gnc	7.30 683 1235 201 8.57 490 2:41.40
5322	LeMay, Gabe/Team XO	7.34 660 1125 192 8.74 480 2:38.51
5053	Walsh, Brian/USAF	7.21 662 1179 189 8.78 430 2:54.58
4948	Jellison, Mark/unat	7.26 693 1297 192 8.48 400 3:20.13
dnf	Terek, Paul/asics	7.25 669 1429 183 inj withdrew

9s,8f

2007 Indoor Champs

3/3-4 22nd USATF National Champs, Eddie Smith Fieldhouse, UNC, Chapel Hill, NC

5960	Terek, Paul/Asics	7.08 715 1510 196 8.51 532 2:44.39
5702	Boyles, Chris/C-BO Elite	7.23 687 1425 214 8.39 462 2:50.84
5414	Olkowski, Ryan/unat	6.92 687 1297 196 8.78 462 2:56.65
dnf	Harlan, Ryan/unat	7.08 648 1595 193 inj, withdrew

nb: Terek's win is record three (2003, 2004, 2007) at nationals meet.
4s,3f.

2006 Indoor Champs

3/4-5 22nd USATF Combined Events Champs, UNC, Chapel Hill, NC

5949	Harlan, Ryan/unat	7.07	693	1636	208	7.96	472	2:53.86
5883	Terek, Paul/Asics	7.12	709	1447	196	8.43	522	2:44.17
5751	Boyles, Chris/unat	7.25	682	1482	208	8.35	482	2:49.09
5747	Olkowski, Ryan/unat	6.98	736	1284	208	8.33	462	2:53.73
5452	Randolph, Chris/Seattle Pacific	7.23	665	1284	196	8.49	452	2:40.69
5452	Wineberg, Chris/unat	7.25	694	1327	190	8.72	472	2:44.43
5421	Marsh, Mike/unat	7.16	690	1307	187	8.31	462	2:51.98
5040	Creekmur, Cieth/unat	7.26	686	1130	205	8.75	402	3:03.78
dnf	Thomas, Will/unat	7.33	660	1489	1908	8.81		
dnf	Haber, Ben/unat	7.33	650	1247	184			
dnf	Richardson I, Chris/unat	7.46	651	1169				

11s,8f

2005 Indoor Champs

3/5-6 21st USATF Champs, UNC, Chapel Hill, NC

6102	Harlan, Ryan/unat	7.09	685	1609	213	[3411]	7.97	510	2:50.47
5972	Terek, Paul/unat	7.12	733	1479	201	[3323]	8.77	520	2:39.43
5730	Moore, Stephen/unat	8.68	715	1253	201	[3180]	8.31	470	2:43.44
5694	Boyles, Chris/unat	7.24	707	1409	210	[3259]	8.29	460	2:52.93
5521	Schmidt, Nate/unat-Team Nodak	7.14	705	1297	201	[3137]	8.40	420	2:49.63
5503	Wineberg, Chris/unat	7.19	667	1265	198	[2983]	8.82	500	2:44.48
5438	Richardson, Chris/unat	7.29	694	1209	198	[2878]	8.59	450	2:41.15
5286	Haber, Ben/unat	7.24	635	1258	186	[2784]	8.32	480	2:51.49
5260	Aarke, Andrew/unat-NDSU	7.15	666	1168	192	[2882]	8.28	380	2:37.38
5171	Keller, Stevie/unat-Team Nodak	7.44	622	1411	195	[2860]	8.91	410	2:37.64
4391	Bulick, Allen/unat-Texas A&M	7.15	667	1275	186	[2897]	8.72	nh	2:57.85
dnf	Olkowski, Ryan	6.88	720	1297	201	[3265]	8.06	nh	
dnf	Thomas, Will/unat-UConn	7.35	673	1505	201	[3118]	withdrew		
dnf	Baker, Keith/unat-Alabama	7.40	612	1451	nh	withdrew[2128]			

14s,11f

2004 Indoor Champs

3/6-7 USATF National Indoor Champs, UNC, Chapel Hill, NC

6040	Terek, Paul/WGA	7.04	708	1531	198	8.48	541	2:42/97
5989	Harris, Stephen/WGA	7.02	754	1309	216	8.29	451	2:40.28
5898	McMullen, Phil/unat	7.25	685	1462	198	8.19	501	2:35.41
5711	Lemen, David/unat	7.26	744	1325	186	8.25	531	2:55.29
5635	Olkowski, Ryan/WGA	6.87	743	1181	213	8.57	441	2:57.28
5600	Cook, Jamie/unat	7.26	704	1370	195	8.44	471	2:44.78
5557	Anderson, Bryan/unat	7.30	670	1384	204	8.42	441	2:40.94
5520	Geisler, Andy/unat	7.23	696	1407	192	8.63	481	2:49.63
5518	Wineberg, Chris/Bobcat TC	7.23	699	1264	189	8.94	501	2:39.13
5471	Geophert, Travis/unat	7.23	693	1487	180	8.57	441	2:38.89
5430	Bork, Adam/unat	7.14	676	1411	183	8.41	491	2:57.64
5391	Hart, Bevan/US Army	7.32	647	1244	180	8.39	511	2:43.20
5331	Wagner, Peter/unat	7.39	690	1095	198	8.27	431	2:42.69
5292	Tom Pappas/WGA-Nike	6.93	728	1575	210	7.93	nh	2:49.32
4736	Brozik, Paul/unat	7.30	687	1204	207	9.84	341	2:59.86
4612	Sprague, Alex/Indy Invaders	7.22	655	1439	nh	8.27	421	2:59.86
dnf	Boyles, Chris/WGA	7.26	694	1357	210	8.37	451	dns
dnf	Janvrin, Kip/K&KTC	7.40	657	1339	180	8.83	nh	dns

18s,16f

2003 Indoor Champs

3/8-9 USATF Champs, UNC, Chapel Hill, NC

5870	Terek, Paul/World's Greatest Athletes DT	7.10	697	1534	197	8.67	540	2:49.21
5731	Sander, Jeff/Bell Athletics	7.18	694	1396	200	7.99	480	2:51.40
5689	Lemen, David/Willamette Striders	7.24	737	1173	191	8.21	530	2:52.47
5669	Thomas, Will/Connecticut	7.25	692	1463	200	8.50	470	2:44.03
5622	Giesler, Andy/Oakley	7.26	694	1563	191	8.47	480	2:50.11
5551	Jellison, Mark/unat, Stoops, CT	7.23	724	1196	200	8.11	450	2:50.81

5413	Hart, Bevan/US Army	7.25	662	1248	188	8.40	510	2:52.98
5387	Cebulski, Joe/Bell Athletics	7.29	669	1396	206	8.59	450	2:58.36
5141	Longhenry, Eric/Northern St	7.29	655	1360	191	8.47	420	2:58.13
5134	Keller, Stevie/unat, Fargo, ND	7.45	606	1358	191	8.65	430	2:41.91
5052	Esler, Steve/U of Buffalo	7.51	642	1215	203	8.78	420	2:51.69
4634	Janvrin, Kip/WGA DT	7.34	650	nm	182	8.57	470	2:40.69
4627	Williams, Jason/unat-Boise, ID	7.04	652	1393	191	8.33	nh	2:55.45
3697	Pappas, Tom/Nike	6.94	nm	1615	nh	7.84	500	dnf
dnf	Falconer, Brendon/Indy Invaders	7.16	719	1395	194	8.20	nh	dnr
dnf	Sprague, Alex/Indy Invaders	7.08	652	1479	nh	8.21	420	dnr
dnf	McMullen, Phil/Nike	dsq	645	1476	194			withdrew
dnf	Young, Elliot/unat-Warrensburg, MO	7.08	nm	1423				withdrew
	18s,14f							

2002 Indoor Champs

3/1-2 18th USA Men's National Indoor Combined Events Champs, UNC, Chapel Hill, NC

6113	Pappas, Tom/adidas	6.93	745	1547	204	7.94	503	2:55.65
5720	Moser, Aaron/Miami	6.89	680	1356	195	8.15	503	2:55.58
5711	Giesler, Andy/Oakley International	7.20	701	1445	201	8.42	473	2:46.22
5689	Harris, Stephen/Tennessee	6.99	726	1245	201	8.20	433	2:43.27
5610	Thomas, Will/Connecticut	7.37	698	1461	198	8.38	463	2:46.01
5554	Sander, Jeff/unat	7.32	670	1398	198	8.12	473	2:51.81
5527	Jellison, Mark/Connecticut	7.26	705	1233	195	8.28	463	2:45.52
5506	Cook, James/unat	7.29	702	1332	195	8.44	453	2:45.04
5477	Janvrin, Kip/K&K TC	7.33	679	1426	183	8.55	473	2:40.24
5237	Kuretich, JT/Penn St Spiked Shoe	7.17	663	1305	195	8.24	403	2:55.26
5190	Spickler, Brian/unat	7.16	666	1392	186	8.90	403	2:43.56
5180	Cvelbar, Mike/North Carolina	7.40	647	1333	180	8.43	463	2:51.06
4149	Moore, Stephen/unat	7.04	732	1256	204	8.29	nh	dnf
dnf [4090]	Slack, Leo/unat	7.14	716	1503	195	8.52	nh	withdre
dnf [4141]	Spague, Alex/unat	7.06	684	1454	204	8.32		withdrew, inj.

15s,13f. Pappas total was #6 all-time US performer and # 7 all-time US performance.

Best Performances in Indoor Multi-Event Competition...Men

World Bests

Heptathlon	6645	ASHTON EATON (USA)	Istanbul, TUR	3/9-10/12
		(6.79 816 1456 203 7.68 520 2:32.77)		
Pentathlon	4497	DAN O'BRIEN (USA)	Moscow, ID	2/28/92
		(7.88 735 1469 215 2:40.12)		
		<i>[nb: Eaton's 5 pentathlon events in WR above score 4716, but over two days]</i>		
60m	6.61	CHRIS HUFFINS (USA)	Paris	3/09/97
		(Oakley-USA) (6128-4)		
LJ	8.16m(26-9¼)	ASHTON EATON (USA)	Istanbul	3/9/12
		(Oregon e TC) (6645-1)		
SP	17.17m(56-4)	ALEKSEY DROZDOV (RUS)	Doha	3/12/10
		(Russia) (6143-2)		
HJ	2.30m (7-6½)	DEREK DROUIN (CAN)	Geneva	2/22/13
		(Indiana)		
60mH	7.60	ASHTON EATON	Tallinn	2/05/11
		(Nike-USA) (6558-1)		
PV	5.60 (18-4½)	ALEKSANDR AVERBUKH	Valencia	3/01/98
		(Russia) (6144-6)		
		RENAUD LAVILLENIE	Aubièrre	12/21/08
		(France) (5363)		
1000m	2:23.68	CURTIS BEACH	Nampa	3/10/12
		(Duke, 6138-1)		



American Bests

Heptathlon	6645	ASHTON EATON (USA)	Istanbul, TUR	3/9-10/12
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			(6.79 816 1456 203 7.68 520 2:32.77)		
Pentathlon	4497	DAN O'BRIEN (USA)		Moscow. ID	2/28/92
			(7.88 735 1469 215 2:40.12)		
		<i>[nb: Eaton's 5 pentathlon events in WR above score 4716, but over two days]</i>			
60m	6.61	CHRIS HUFFINS		Paris	3/09/97
		(Reebok TC 6476)			
LJ	8.16m(26-9¼)	ASHTON EATON (USA)		Istanbul	3/9/12
		(Oregon e TC) (6645-1)			
SP	16.88(55-4¾)-pent	BRUCE REID		Baton Rouge	2/25/89
		(LSU) (4401-1)			
	16.82(55-2½)-hept	RYAN HARLAN		Albuquerque	3/1/13
		(unat) (5778-3)			
HJ	2.25(7-4½)	JEREMY TAIWO		Nampa	2/08/13
		(Washington) (6156-1)			
60mH	7.60	ASHTON EATON		Tallinn	2/05/11
		(Nike-USA) (6558-1)			
PV	5.45m(17-10½)	ALEX McCUNE		Albuquerque	3/15/14
		(Akron, 5837-6)			
1000m	2:23.68	CURTIS BEACH		Nampa	3/10/12
		(Duke, 6138-1)			



Collegiate Bests

Heptathlon	6499	ASHTON EATON	Fayetteville	3/12-13/2010
		(Oregon) (6.71 773 1312 311 7.77 510 2:32.67)		
Pentathlon	4401*	BRUCE REID	Baton Rouge	2/25/89
		(LSU) (7.95 749 1688 210 2:59.11)		
60m	6.71	ASHTON EATON	Fayetteville	3/12/10
		(Oregon) (6499-1)		
LJ	7.73(25-4½)	TREY HARDEE	Albuquerque	1/27/06
		(Texas) (6208-1)		
		ASHTON EATON	Fayetteville	3/12/10
		(Oregon) (6499-1)		
SP	16.88(55-4¾)-pent	BRUCE REID	Baton Rouge	2/25/89
		(LSU) (4401)		
HJ	2.30m (7-6½)	DEREK DROUIN (CAN)	Geneva	2/22/13
		(Indiana)		
60m H	7.74	JANGY ADDY	Fayetteville	3/1/08
		(Tennessee) (5836)		
PV	5.45m(17-10½)	ALEX McCUNE	Albuquerque	3/15/14
		(Akron, 5837-6)		
1000m	2:23.68	CURTIS BEACH	Nampa	3/10/12
		(Duke, 6138-1)		



Meet Records (AAU/TAC/USATF)

Heptathlon	6232	GUNNAR NIXON	Albuquerque	3/2/13
		(6.86 742 1427 214 7.93 480 2:41.49 3527/2705)		
Pentathlon	4497	DAN O'BRIEN	Moscow	2/28/92
		(7.88 735 1469 215 2:40.12)		
60m	6.78	DARRIN STEELE	Moscow	2/10/95
		(US Army-UCTC)		
		DAN O'BRIEN	Moscow	2/10/95
		(Nike-Footlocker)		
LJ	7.79m (25-6¾)	VERNON GEORGE	Baton Rouge	2/18/90
		(Fla Clippers)		
		TERRY SIMPSON	Moscow	2/10/95
		(Nike-Indiana)		
SP	16.88(55-4 3/4)	BRUCE REID	Baton Rouge	2/25/89
		(LSU) (4401)		
HJ	2.21(7-3)	TOM PAPPAS	Atlanta	3/03/00
		(adidas)		
60m H	7.83	VERNON GEORGE	Baton Rouge	2/18/90



6156 Taiwo 1 Nampa 9 Feb 2013
 7.02 - 7.42 - 14.18 - 2.25 [3570] / 8.08 - 4.25 - 2:34.44

6138 Beach 1 NCAA, Nampa 10 Mar 2012
 7.03 - 7.52 - 12.62 - 1.99 [3250] / 8.15 - 4.90 - 2:23.63

6136 Donovan Kilmartin 11.6.84 1 NCAA Fayetteville 13 Mar 2004
 7.05 - 7.37 - 14.27 - 2.08 [3391] / 8.17 - 5.40 - 2:49.44

6132 Stephen Moore 13.8.75 4 WC, Lisboa 11 Mar 2001
 7.03 - 7.46 - 12.65 - 2.14 [3377] / 8.06 - 5.10 - 2:42.35

6128 Chris Huffins 15.4.70 4 WC, Paris (Bercy) 9 Mar 1997
 6.61 - 7.18 - 15.55 - 2.04 [3547] / 7.80 - 4.70 - 2:53.53

6120 Ricky Barker 14.11.69 4 WC, Barcelona 12 Mar 1995
 7.02 - 7.26 - 14.62 - 2.13 [3442] / 8.05 - 5.10 - 2:49.72

6119 Barker 2 USATF, Manhattan 11 Feb 1996
 6.91 - 7.29 - 14.10 - 2.04 [3372] / 7.96 - 5.21 - 2:48.69

6113 Pappas 1 USATF, Chapel Hill 2 Mar 2002
 6.93 - 7.45 - 15.47 - 2.04 [3488] / 7.94 - 5.03 - 2:55.65

6102 Ryan Harlan 25.4.81 1 USATF, Chapel Hill 6 Mar 2005
 7.09 - 6.85 - 16.09 - 2.13 [3411] / 7.97 - 5.10 - 2:50.47

6090 Cato 1 Big Ten, Geneva 23 Feb 2013
 7.03 - 7.70 - 11.99 - 2.03 [3294] / 7.83 - 5.15 - 2:45.42

6082 Cato 2 NCAA, Nampa 10 Mar 2012
 7.08 - 7.61 - 12.54 - 2.08 [3333] / 7.91 - 5.20 - 2:49.34

6078 Moore 1 USATF, Atlanta 3 Mar 2001
 6.97 - 7.42 - 12.84 - 2.17 [3428] / 8.21 - 4.90 - 2:43.00

6071A Gray Horn 18.2.90 1 USATF Albuquerque 22 Feb 2014
 6.96 - 7.69 - 13.36 - 2.07 [3436] / 8.03 - 4.90 - 2:48.51

6068 Garrett Scantling 19.5.93 2 NCAA I, Fayetteville 14 Mar 2015
 7.11 - 6.88 - 15.39 - 2.13 [3368] / 8.00 - 4.95 - 2:44.57

6048 Kilmartin 1 NCAA, Fayetteville 11 Mar 2006
 7.13 - 7.56 - 13.84 - 2.06 [3365] / 8.09 - 5.30 - 2:54.42

6044 Trafton Rodgers 3.2.72 1 USATF, Atlanta 27 Feb 1999
 6.88 - 7.28 - 13.92 - 2.15 [3473] / 8.05 - 4.90 - 2:54.24

6042 Lazas 1 Fayetteville 26 Jan 2013
 6.94 - 7.44 - 14.79 - 2.01 [3414] / 8.38 - 5.11 - 2:47.10

6040 Paul Terek 20.10.79 1 USATF, Chapel Hill 7 Mar 2004
 7.04 - 7.08 - 15.31 - 1.98 [3295] / 8.48 - 5.41 - 2:42.97

6039 Nixon 1 Birmingham, 8 Feb 2014
 6.93 - 7.50 - 14.42 - 2.12 [3511] / 8.12 - 4.43 - 2:43.44

6024 Cato 1 Lincoln 2 Feb 2013
 7.01 - 7.38 - 12.51 - 2.05 [3271] / 7.94 - 5.25 - 2:49.80

6022 Nixon 1 Fayetteville 28 Jan 2012
 7.10 - 7.53 - 13.97 - 2.15 [3460] / 8.21 - 4.50 - 2:40.15

6020 Scantling 1 Fayetteville 30 Jan 2016
 6.99 - 7.10 - 15.54 - 2.02 [3460] / 7.96 - 5.10 - 2:54.57

6017 Scantling 3 NCAA Fayetteville 9 Mar 2013
 7.07 - 7.04 - 14.12 - 2.11 [3323] / 8.10 - 5.10 - 2:47.07

6014 Clay 3 Tallinn 8 Feb 2004
 6.81 - 7.46 - 15.08 - 2.01 [3484] / 7.85 - 4.55 - 2:52.97

6008 Fritz 6 WC Paris (Bercy) 9 Mar 1997
 7.15 - 7.29 - 14.93 - 2.01 [3311] / 7.97 - 5.00 - 2:46.97

6008 Kilmartin 1 Nampa 2 Feb 2008
 7.08 - 7.52 - 14.39 - 2.06 [3405] / 8.28 - 5.25 - 2:56.15

[20 performers, 46 performances > 6000]

ATHLETE BIOS:

AUSTIN BAHNER

DOB: July 7, 1991
POB:
Ht/wt: 6-2, 178
Hometown: Wichita, KS
High School: Wichita Heights HS
College: Wichita St U '14
Club: Schocker TC



2016: 2015: Runner-up at USA indoors. 2nd at Razorback outdoors with 7579 effort. **2014:** 9th at Thorpe Cup. Won Missouri Valley Champs and followed with 7th at USAs. PR'd at indoor Varsity Apts win (5666) and then placed 15th at NCAAs indoors while injured. **2013:** Posted 3 event PRs for 7th place at Thorpe Cup. 7th at USA nationals and 10th at NCAAs with 7847 score. Missouri Valley Conf runner-up with a 7599 effort. 16th at NCAAs indoors. Won Missouri Valley Conference (MVC) indoor title with PR 5645. **2012:** 6th at MVC indoors. Decathlon PR came at Trinity spring meet at 7188. **2011:** 3rd MVC indoors. **2010:** 2nd at Shocker decathlon with 6692 score. Redshirt both indoor and outdoor season. **High School:** Lettered in basketball, soccer and track. **Personal:** Son of Brent and Lisa Bahner. Majored in accounting.

Career:

Indoor:

	60m	lj	sp	hj	60h	pv	1000m
1/30/10	4592	6	Husker, Lincoln	7.25	644	995	172 9.11 360 2:43.24
2/05/11	5173	2	WSU Quad, Wichita	7.09	713	1157	195 9.12 410 2:49.23
2/27/11	5122	3	MVC, Cedar Falls	7.04	735	1204	187 9.11 405 2:55.69
2/04/12	5326	2	Varsity Apts, Wichita	6.97	707	1189	189 9.10 465 2:49.54
2/26/12	5219	6	MVC, Cedar Falls	7.01	714	1198	187 9.15 420 2:45.34
2/02/13	5473	2	Varsity Apts, Wichita	7.00	712	1321	193 8.73 445 2:48.95
2/24/13	5645	1	MVC, Cedar Falls	7.01	724	1347	193 8.57 460 2:44.36
3/09/13	5333	16	NCAA I, Fayetteville	7.00	709	1291	190 8.71 440 2:56.57
2/01/14	5666	1	Varsity Apts, Wichita	6.91	710	1341	193 8.47 465 2:45.84
3/15/14	2963	15	NCAA I, Albuquerque	7.11	706	1267	182 dnf nh dnf
1/31/15	4604	10	UNI Jennet, Cedar Falls	7.08	711	1263	181 8.46 450 dnf
2/14/15	3899	4	WSU Wilson, Wichita	7.03	nm	1271	190 8.63 475 dnf
2/28/15	5526	2	USA, Roxbury	7.04	712	1294	186 8.59 480 2:48.15
2/13/16	4089	4	WSU Wilson, Wichita	7.11	722	1330	nh 8.70 490 dnf

Outdoor:

	100m	w	lj	w	sp	hj	400m	110h	w	disc	pv	jav	1500m
5/06/10	6692	2	Shocker, Wichita	11.04	+2.1	687	+2.6	1044	189	49.46	16.33	+3.1	3354 395 4881 4:41.17
3/25/11	6957	4	Angelo St Spring	10.87	+3.3	726	+4.2	1094	180	50.42	16.28	+2.3	3808 425 4973 4:48.77
4/08/11	7018	2	Mondo, Sacramento	11.08	nwi	721	+2.2	1183	189	49.62	16.25	nwi	3517 405 5141 4:41.97
3/23/12	7188	2	Trinity U, San Antonio	10.99	+3.2	706	+2.7	1179	186	48.94	16.19	0.0	4093 450 4814 4:45.71
4/26/12	6445	10	Drake R, Des Moines	10.89	0.0	685	+1.3	1243	175	49.05	16.76	+5.0	4300 440 5062 dnf
4/28/13	7449	2	Ark Invt, Fayetteville	10.92	+0.4	702	+0.7	1299	187	49.78	15.57	+1.9	4565 450 5163 4:46.70
5/11/13	7599	2	Missouri Valley, Des Moines	10.63	+3.4	730	nwi	1280	184	49.47	15.35	+3.6	4519 450 5586 4:53.45
6/06/13	7847	10	NCAA I, Eugene	10.75	+2.4	755	+4.2	1312	184	49.61	15.49	+1.8	4896 460 5709 4:38.45
6/22/13	7547	7	USA, Des Moines	10.84	+1.2	717	-1.3	1294	187	49.11	15.78	-1.7	4366 440 5853 4:41.32
7/28/13	7744	7	Thorpe Cup, Chula Vista	10.87	+0.7	766	+2.0	1284	183	49.70	16.02	+2.4	4742 455 5920 4:37.96
4/10/14	7331	W1	Varsity Apts, Wichita	10.81	+5.2	721	+4.3	1337	187	52.08	15.63	+2.4	4248 450 5625 5:04.54
4/24/14	dnf	-	Drake R, Des Moines	10.96	+2.7	700	+2.7	1265					
5/17/14	7131	1	Missouri Valley, Carbondale	11.03	+0.6	710	+1.4	1293	181	50.25	15.79	0.0	4504 440 5156 5:16.33
6/27/14	7512	W7	USA, Sacramento	10.87	+4.2	693	+1.7	1295	187	49.78	15.93	+1.7	4499 470 5502 4:43.41
7/27/14	7382	9	Thorpe Cup, Marburg	11.13	-1.3	729	+1.1	1275	187	50.26	15.53	+0.8	4195 441 5507 4:47.15
4/16/15	7579	2	Razorback, Fayetteville	10.84	+0.6	725	+1.5	1296	184	50.27	15.60	+0.6	4655 470 5312 4:45.00
6/20/15	7358	5	Capital Cup, Ottawa	11.15	-0.9	693	+2.0	1274	189	49.42	15.68	+1.5	4396 450 5183 4:45.45

PRs: 7847 / 5645

10.63+3.4 766+2.0 1347 195 48.94 15.49+1.8 4896 490 5920 4:37.96

Indoor: 60m: 6.87; 60h: 8.46; 1000m: 2:43.24.

Summary: 16 meets, 15 finishes, 2 wins, PR score: 7847, Top Ten Ave: 7476.5 need updates here

CURTIS BEACH

DOB: July 22, 1990
 POB:
 Ht/Wt: 6-1, 172
 Hometown: Albuquerque, NM
 High School: Albuquerque Academy
 College: Duke U, '14



2014: Elbow injury truncated outdoor season. Won a 2nd ACC indoor crown with a 5987 effort and followed with NCAA I title with 6190 PR effort in hometown, making him #5 on '14 world list and #3 collegian ever. **2013:** 7th at NCAAs after 4383 1st day. Opened outdoor season with 2nd career "8," a win at the Texas Relays. Runner-up at USA indoors (5895) while red-shirting indoor season. **2012:** Placed 11th at Olympic Trials. Advanced to NCAA semifinals in 800m (1:47.75). Captured ACC indoor heptathlon with PR 5862 score and then NCAA indoor crown using awesome 2:23.63 1k race. Was ACC decathlon runner-up (7764). **2011:** 7th at USA nationals in Eugene. NCAA runner-up with PR 8084 score with 6 individual event PRs including 3:59.13 1500m. Placed 3rd at ACC champs with PR 7543 score. 2nd at ACC indoor heptathlon with PR 5816 score with improvement in 4 of 7 events. 13th at NCAAs indoors. **2010:** as freshman at Duke was 3rd at ACC indoor heptathlon and 12th at the NCAA championships where he set an indoor CE 1000m world best of 2:27.88. Injured in season's 1st outdoor meet. **2009:** Won National Scholastic indoor pentathlon (4127), then opened outdoor season with high school record 7909 win at Arcadia. Won 3rd consecutive GSW with 7719 and used international implements to also score 6466, a high school record. Was national Junior champion and Pan American Junior champion. **2008:** 3rd at both USA Juniors and USA JO. **2007:** Won GreatSouthwest with 7185 score and placed 4th at World Youth Octathlon in Ostrava, CZE (6170). 2006: 5th at Great Southwest and then won USA Youth decathlon as a prep freshman. **Personal:** Son of Jeana King Beach and David Beach. Psychology major with minor in evolutionary anthropology.

Career:

Indoor:

					60H	lj	sp	hj	1000m
3/15/08	3866hs	1	Nat Scholastics, Armory, NYC		8.47	637	1350	190	2:35.96
3/13/09	4127hs	1	Nat Scholastics, Armory, NYC		8.26	668	1369	198	2:30.98
1/30/10	2882	-	UNC Taylor, Chapel Hill		7.22	716	1142	183	cancelled, weather
2/26/10	5579	3	ACC, Blacksburg		7.21	722	1126	205	8.58 460 2:41.15
3/13/10	5533	12	NCAA, Fayetteville		7.31	704	1150	193	8.56 450 2:27.88WR
2/25/11	5816	2	ACC, Blacksburg		7.07	735	1195	198	8.32 460 2:30.78
3/12/11	5637	13	NCAA, College Station		7.13	723	1082	196	8.42 450 2:29.78
2/24/12	5862	1	ACC, Boston		7.19	709	1229	206	8.25 469 2:29.64
3/10/12	6138	1	NCAA I, Nampa		7.03	752	1262	199	8.15 490 2:23.63WR
3/02/13	5895	2	USA, Albuquerque		7.13	737	1307	211	8.34 440 2:33.40
1/24/14	5403	1	Tobacco Road, Chapel Hill		7.24	719	1235	189	8.56 415 2:36.98
2/28/14	5987	1	ACC, Clemson		7.11	758	1250	196	8.30 500 2:31.83
3/15/14	6190	1	NCAA I, Albuquerque		7.06	767	1211	206	8.12 505 2:28.76
2/06/16	5839	3	New Mexico, Albuquerque		7.09	733	1268	195	8.27 470 2:32.84

Outdoor:

					100m	w	lj	w	sp	h	400m	110H	w	disc	pv	jav	1500mj
6/29/05	4996hs	1	USA Youth, Knoxville		12.31	-0.9	515	-0.8	806	180	52.98	16.19	0.0	2097	305	2191	4:27.92
6/03/06	6125hs	5	GSW, Albuquerque		11.69	nwi	624	nwi	1044	188	51.60	15.47	nwi	2858	370	3195	4:32.03
6/22/06	5989jr	16	USA Jr, Indianapolis		11.59	+2.2	612	+0.4	975	186	53.22	15.75	+1.5	2528	370	3329	4:20.86
6/28/06	6137hs	1	USA Youth, Greensboro		11.90	-0.2	641	+1.5	1115	185	51.50	15.87	+0.1	2632	375	3257	4:22.87
6/01/07	7185hs	1	GSW, Albuquerque		11.01	+2.1	686	nwi	1223	183	48.72	14.86	-1.1	3503	435	4734	4:14.08
7/12/07	6170y	4	World Youth Oct, Ostrava		11.20	+0.4	669	+0.6	1341	48.82	/	14.82	-0.8	198	4201(700g)		2:35.57
7/25/07	dnf	hs	- USA JO, Walnut		11.35	+0.2	632	+1.0	1197	175	50.24						withdrew
6/06/08	7262hs	1	GSW, Albuquerque		10.89	+4.4	664	0.0	1304	193	48.66	14.43	+0.4	3323	424	4000	4:23.80
6/21/08	7026jr	3	USA Jr, Columbus		11.34	-1.2	669	+2.0	1191	203	48.61	15.27	-3.9	2835	405	4026	4:12.84
7/23/08	6376hs	3	USA JO, Omaha		11.57	+0.6	604	+1.5	1123	195	51.50	15.83	+1.1	3184	425	3504	4:42.23
4/10/09	7909hs	1	Invt, Arcadia		10.99	+0.2	697	0.0	1361	207	48.16	14.42	+0.5	4064	440	4748	4:09.48
6/05/09	7466int	1	GSW, Albuquerque		11.05	-0.1	719	0.0	1100	204	47.96	14.77	+2.1	3254	470	4213	4:25.40
	7719hs				11.05	-0.1	719	0.0	1322	204	47.96	14.38	+1.0	3608	470	4213	4:25.40
6/26/09	7599jr	1	USA Jr, Eugene		11.10	+2.3	699	+1.3	1195	205	48.76	14.64	+2.4	3785	459	3896	4:07.85

8/01/09	7377jr	1	Pan-Am Jr, Trinidad-Tob	11.26	0.0	664+1.6	1197	203	48.26	14.67+3.5	3631	440	4342	4:20.54
4/16/10	dnf	-	ACC, Clemson	10.98+1.0	700-1.2	1122	202	dnf-inj						
4/22/11	7543	3	ACC, Durham	10.88+1.0	706+1.0	1182	203	47.72	15.13-1.6	3746	450	3872	4:14.83	
6/09/11	8083	2	NCAA I, Des Moines	10.78+1.6	736-1.1	1208	202	46.90	14.76+0.4	3807	480	4800	3:59.13	
6/24/11	7573	7	USA, Eugene	10.90+0.6	731+0.5	1086	196	48.62	14.83+1.5	3428	455	4822	4:12.54	
3/29/12	4556	20	Texas R, Austin	10.91+1.5	720+1.4	1083	190	47.81	dnf	3906	nm	dnf		
4/20/12	7764	2	ACC, Charlottesville	10.90+0.8	756+2.5	1141	188	46.96	14.59+0.2	3766	460	4788	4:15.81	
6/23/12	7109	11	USOT/USA, Eugene	10.88+0.1	742+1.0	1183	187	47.82	14.79+0.8	3944	440	nm	4:14.96	
3/28/13	8011	1	Texas R, Austin	10.68+2.8	757+3.0	1257	199	48.21	14.76+1.1	3637	510	4701	4:17.94	
						4219/3792								
6/06/13	7989	7	NCAA I, Eugene	10.66+2.4	781+3.4	1289	205	47.74	14.54+2.1	3721	460	3536	4:03.64	
3/27/14	dnf	-	Texas R, Austin	10.88+2.9	726	0.0	1220	181	50.28	withdrew				
4/18/14	6999	3	ACC, Chapel Hill	11.02+1.3	728	0.0	1109	183	49.38	15.51+1.1	3252	445	3248	4:17.32
4/16/15	7687	2	Mt Sac R, Azusa	10.84+2.2	754+1.3	1247	200	47.56	14.54+1.7	3412	480	3222	4:15.36	
5/23/15	8081	1	Elite II, Chula Vista	10.52+1.9	784+1.3	1264	198	47.45	14.51+2.1	3664	505	3597	4:06.18	
6/26/15	6866	11	USA, Eugene	10.72+2.0	771+2.5	1255	197	dsq	14.80+1.4	3509	505	3779	4:27.08	

PRs: 8083 / 6190 10.52+1.9 784+1.3 1307 211 46.90 14.42+0.5 3944 510 4842 3:59.13

Indoors: 60m: 7.03; 60H: 8.12; 1000m 2:23.63 WR

Summary: 28 meets, 25 finishes, 10 wins, 3 x > 8000, PR score: 8083, Top Ten Average: 7730.6; PR 1st day in '15 in Chula Vista: 4356.

WESLEY BRAY

DOB: April 11, 1988
 POB: Houston, TX
 Ht/Wt: 5-11, 176
 Hometown: Cypress, TX
 High School: Cypress-Fairbanks HS '06
 College: Houston '10



2016: 2015: Injured most of year. **2014:** Runner-up at USA nationals with 7807 performance and capped season with win at Thorpe Cup. **2013:** 8th at Thorpe Cup with 3 event PRs. 5th at USA nationals in Des Moines. **2012:** Place 3rd at Texas Relays with significant PR score of 7932. **2011:** Placed 6th at Texas Relays with windy PR 7571. Won Conference USA indoor heptathlon title with PR 5671 score. **2010:** 12th at NCAAs. 4th at Texas Relays with PR 7429 after winning indoor Conference USA heptathlon (5388). **2009:** Did not compete outdoors. **2008:** Won Conference USA crown with 6904 total. Opened season with PR 7251 for 7th at Texas Relays. **2007:** Placed 11th at Texas Relays (with PR 6811) and 3rd at Conference USA decathlons. **High School:** 14th at USATF Junior decathlon (6249 with vault no height). Former Nat JO decathlon champion. Twice named Texas High School football wide receiver of the year. National Honor Society. Great Southwest decathlon champ in 2006. **Personal:** Son of Scott and Suzie Chmielowiec. Majoring in Biology.

Career:

Indoor:			<u>60m</u> <u>lj</u> <u>sp</u> <u>hj</u> <u>60h</u> <u>pv</u> <u>1000m</u>							
2/03/07	4491	7	UH Invt, Houston	7.41	627	1135	171	8.98	380	2:59.24
2/24/07	5000	4	Conf USA, Houston	7.36	660	1224	182	8.62	415	2:50.03
3/01/08	5298	2	Conf USA, Houston	7.20	666	1296	187	8.41	445	2:49.43
1/30/09	dnf	-	UH Invt, Houston	7.20	704	1319	187	withdrew		
2/27/10	5388	1	Conf USA, Houston	7.15	705	1239	190	8.59	465	2:52.00
1/29/11	dnf	-	UH Invt, Houston	7.10	709	1333	186	dsq		
2/26/11	5671	1	Conf USA, Houston	7.06	726	1354	190	8.32	480	2:49.78
3/12/11	dnf	-	NCAA I, College Station	7.17	704	1332	184	withdrew		
1/28/12	5677	1	UH Invt, Houston	7.04	723	1402	190	8.48	475	2:47.01
1/30/16	5334	1	UH Invt, Houston	7.26	666	1346	186	8.60	470	2:48.75

Outdoor:

			<u>100m</u> <u>w</u> <u>lj</u> <u>w</u> <u>sp</u> <u>hj</u> <u>400m</u> <u>110h</u> <u>w</u> <u>disc</u> <u>pv</u> <u>jav</u> <u>1500m</u>										
6/03/06	6987*	1	Great SW, Albuquerque	11.30	698	1290	188	49.25	14.97	3772	370	4883	4:52.07
6/22/06	6249	14	USA Jr, Indy	11.21+2.2	674+1.9	1213	186	50.72	14.97+1.5	2889	nh	5264	4:39.53
7/??/06	6930	1	Nat Jr Oly, Baltimore(YM)						15.65	3810	405	5266	4:34.21
4/05/07	6811	11	Texas R, Austin	11.33+3.2	686+3.1	1206	184	51.06	15.60+1.4	3324	400	5431	4:48.62
5/11/07	6592	3	Conf USA, Houston	11.56-0.3	659-1.0	1177	187	53.11	15.41+0.1	3304	430	5203	5:05.00
4/03/08	7251	7	Texas R, Austin	11.21+1.7	702+0.8	1203	190	50.05	15.17+3.4	3496	445	5600	4:41.88
5/16/08	6904	1	Conf USA, El Paso	11.30+0.6	692 0.0	1247	188	50.85	15.10+2.3	3679	420	5099	5:11.78
6/12/08	dnf	-	NCAA, Des Moines	11.52+0.1	653-0.5	1219	nh	withdrew					
4/01/10	7429w	4	Texas R, Austin	11.15+3.9	727+1.9	1281	193	51.19	15.24+5.6	4077	440	5582	4:43.24
6/11/10	7285	12	NCAA, Eugene	11.22+0.7	689+1.5	1285	187	51.18	15.03+1.2	3935	450	5557	4:44.67
4/06/11	7571w	6	Texas R, Austin	10.98+4.4	741+3.7	1407	187	51.75	14.80+3.1	3708	460	5809	4:43.42
3/29/12	7932	3	Texas R, Austin	10.94+2.2	743+2.2	1399	187	49.90	14.71+1.8	4175	470	6170	4:30.88
6/23/12	dnf	-	USOT/USA Eugene	10.99+0.1	697+0.2	1386	nh	withdrew					
4/08/13	6930	5	McDonnell, Fayette'le	10.94+3.0	717+5.7	1391	188	50.37	14.72+2.2	3892	450	5737	dnf
7/23/13	dnf	-	International, Ulm	11.17+1.7	782+0.8	1350	181	withdrew					
6/22/13	7632	5	USA, Des Moines	11.08+1.0	651-0.5	1357	190	49.62	15.11+0.7	4142	470	5919	4:26.57
7/28/13	7710	8	Thorpe Cup, C Vista	10.99+0.7	751+2.6	1265	195	49.90	15.09+2.4	4036	445	5622	4:28.06
5/25/14	5496	5	Texas GA, Dallas	10.95+1.8	732+0.2	1339	nh	49.47	15.29+1.6	4160	426	nm	dnf
6/27/14	7807	2	USA, Sacramento	11.00+1.9	726+1.4	1367	196	49.73	15.08+1.5	4098	460	5754	4:28.68
7/27/14	7862	1	Thorpe Cup, Marburg	11.05-0.6	737+0.1	1237	193	49.55	14.62+0.8	4026	481	5749	4:23.62
9/21/14	7365	15	DecaStar, Talence	11.10-0.1	728+0.6	1281	187	50.54	15.21+1.5	3803	450	5148	4:37.97
4/16/15	dnf	-	Razorback, Fayetteville	11.12+0.6	704-0.6	1248	199	dnf	14.79+0.6	3851	470	withdrew	

PRs: 7932 / 5677 10.94+2.2 751+2.6 1407 199 49.25 14.62+0.8 4175 481 6170 4:23.62

Indoors: 60m: 7.04; 60H: 8.32; 1000m: 2:47.01 *-hs implements and hurdles

Summary: 22 meets, 18 finishes, 4 wins, PR score: 7932, Top Ten Ave: 7584.4

JAPHETH 'Jay' CATO

DOB: December 25, 1990
POB:
Ht/wt: 6-3, 180
Hometown: Crete, IL
High School: Bloom Trail (IL) HS '09
College: Wisconsin '14
Winged Foot Foundation



2016: Returned with Albuquerque win and 5964 score. **2014:** Injured and dnf'd at NCAAs indoors. Recovered from '13 ruptured achilles injury and won a 4th Big 10 indoor title a week after managing a 5.55m/18-2 1/2 vault best. **2013:** Was NCAA indoor heptathlon runner-up with PR 7165 score. Won a pair of early season heptathlons with 6k scores--Sevigne-Husker in Lincoln and 3rd Big 10 in Geneva, the latter with 6090 PR. **2012:** Was NCAA indoor runner-up, then followed outdoors with significant decathlon PR, 7616 for 5th at Mt Sac Relays. Scored PR 5939 heptathlon at Frank Sevigne meet in Lincoln, and then repeated as Big 10 champ on same track with 5902 score. **2011:** 15th at NCAA indoors. Won Big 10 indoor crown as redshirt freshman with PR 5742 score. Then placed 4th in open long jump. **2010:** Redshirt year.... Won Wisconsin indoor heptathlon (5239). **High School:** football/track star at Bloom Trail (IL) HS. **Personal:**

Career:

Indoor:

				<u>60m</u>	<u>lj</u>	<u>sp</u>	<u>hj</u>	<u>60h</u>	<u>pv</u>	<u>1000m</u>	
1/15/10	3569	3	Badger Classic, Madison	8.61	704	1100	209	3:20.32		pentathlon	
1/30/10	5239	1	U Wisconsin, Madison	7.23	718	1062	199	8.97	480	3:00.21	
1/14/11	3821	2	Badger Classic, Madison	8.37	691	1142	203	2:52.81		pentathlon	
1/29/11	5698	1	Wisconsin Elite, Madison	7.14	731	1071	212	8.39	500	2:52.68	
1/28/11	5742	1	Big 10, Champaign`	7.08	740	1185	202	8.10	500	2:57.23	
3/12/11	5436	15	NCAA I, College Station	7.25	697	1126	193	8.27	520	3:02.03	
1/20/12	4040	1	Badger, Madison	8.00	736	1189	206	2:56.50			
2/04/12	5939	1	Sevigne, Lincoln	7.12	733	1280	206	8.01	514	2:50.58	
2/25/12	5902	1	Big 10, Lincoln	7.05	740	1312	203	8.11	510	2:53.80	
3/10/12	6082	2	NCAA I, Nampa	7.08	761	1254	208	7.91	520	2:49.34	
1/18/13	3878	1	Wisc- Elite, Madison	8.26	741	1169	206	3:06.57			
2/02/13	6024	1	Sevigne-Husker, Lincoln	7.01	738	1251	205	7.94	525	2:49.80	3271/2753
2/23/13	6090	1	Big 10, Geneva	7.03	770	1199	203	7.83	515	2:45.42	3294/2796
3/09/13	6165	2	NCAA I, Fayetteville	7.08	767	1213	211	7.95	530	2:45.26	3351/2814
3/01/14	5837	1	Big 10, Geneva	7.21	734	1349	206	8.08	520	3:02.26	
3/15/14	dnf	-	NCAA I, Albuquerque	7.13	743	1303	nh	withdrew	inj		
1/30/16	3424	6	UNA Mtn T, Flagstaff	10.85	nm	1232	207	8.08	510	dnf	
2/06/16	5964	1	New Mexico, Albuquerque	7.07	751	1301	213	8.20	510	2:56.16	7.07 751 1301 213 8.20 510 2:56.16

Outdoor:

				<u>100m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>sp</u>	<u>hj</u>	<u>400m</u>	<u>110h</u>	<u>w</u>	<u>disc</u>	<u>pv</u>	<u>jav</u>	<u>1500m</u>
5/19/10	6333	1	Gregory Multis, Naperville	11.49	+1.5	703	-1.8	1063	197	51.71	15.36	+1.4	2638	470	3998	5:35.66
4/19/12	7616	5	Mt Sac R, Azusa	10.83	+2.3	757	+2.1	1230	203	49.06	14.08	+0.3	3082	500	4451	4:55.17
6/07/12	7492	14	NCAA I, Des Moines	11.03	+0.4	725	-0.5	1132	190	47.93	14.17	+1.2	3105	520	4381	4:42.67

PRs: 7616 / 6165

10.83+2.3 785 1349 219 47.93 14.03+0.9 3960 555 4496 4:42.67

Indoor: 60m 7.01 ; 60h: 7.83; 1000m: 2:45.26

THOMAS FITZSIMONS

DOB: March 8, 1989
 POB:
 Ht/wt: 6-2, 182
 Hometown: Hamden, CT
 High School: Hamden HS
 College: Mt St Mary's '12
 Club: Santa Barbara TC



2015: Sam Adams winner with 7791 PR effort. After a 4th place at USA champs, placed 9th at Thorpe Cup. **2014:** 3rd at USA nationals. Won Claremont and San Diego Imperial meets. 4th at USA indoor champs. PR runner-up at U of Washington heptathlon. **2013:** 2nd at Sam Adams spring meet. **2012:** 13th at NCAAs. outdoors: 8th a Texas Relays and improved score to 7440 at local meeting. Indoors- 4th at IC4A meet. **2011:** 19th at NCAA decathlon. 3rd at IC4A indoor heptathlon. Opened outdoor season with windy 7607 score for 5th at Texas Relays. **2010:** Won Penn Relays and IC4A decathlons. **2009:** Competed in pair of indoor heptathlons. **2008:** 2nd IC4A decathlon. **High School:** Connecticut state 400m champ. **Personal:** Son of Tom and Mary Sue Fitzsimons. Majored in Criminal Justice.

Career:

Indoor:

	60m	lj	sp	hj	60h	pv	1000m
1/19/08	4479	2	Navy, Annapolis				
1/31/09	4465	8	Penn St Open, U Park	7.19	647	1122	189 8.68 nh 2:39.74
2/12/09	5043	1	Liberty U, Lynchburg	7.32	656	1078	184 8.62 425 2:39.83
1/15/11	5198	1	Navy, Annapolis	7.26	643	1156	183 8.72 455 2:37.04
1/29/11	5142	3	Penn St, U Park	7.39	620	1164	188 8.60 440 2:36.26
3/06/11	5293	3	IC4A, Boston	7.25	655	1155	186 8.58 450 2:35.03
1/14/12	5036	1	Navy, Annapolis	7.35	648	1071	189 8.67 455 2:51.20
1/28/12	5026	4	Penn St Open, U Park	7.29	623	1138	184 8.69 405 2:34.96
3/04/12	5110	4	IC4A, Boston	7.33	644	1088	186 8.55 405 2:32.36
1/12/13	5200	1	Navy Invt, Annapolis	7.45	654	1129	195 8.73 440 2:37.10
1/26/13	5122	1	Penn St Open, U Park	7.49	647	1163	183 8.84 451 2:34.63
2/01/14	5454	2	U Washington, Seattle	7.28	692	1217	193 8.68 455 2:35.50
2/22/14	5549	4	USA, Albuquerque	7.27	688	1228	201 8.56 460 2:36.36
1/31/15	5372	4	UWash, Seattle	7.33	693	1268	192 8.84 440 2:36.26
2/28/15	5484	4	USA, Roxbury	7.31	674	1247	195 8.55 460 2:35.39
1/30/16	5195	7	U Washington, Seattle	7.30	652	1270	191 9.21 440 2:36.66

Outdoor:

	100m	w	lj	w	sp	hj	400m	110h	w	disc	pv	jav	1500m
3/18/08	6277	6	Big Green Desert, Scottsdale										
5/17/08	6763	2	IC4A, Princeton										
6/21/08	6835*	4	USA Jr, Columbus	11.44	-0.6	676	+1.0	1156	167	49.04	15.22	-1.4	3618 425 4423 4:28.95
4/21/10	7036	1	Penn R, Philadelphia	11.51	-0.1	661	-2.1	1117	185	49.40	15.66	-1.0	3590 430 5577 4:26.94
5/15/10	7195	1	IC4A, Princeton	11.41	0.0	697	+1.6	1191	188	49.61	15.51	+0.6	3463 435 5542 4:28.07
4/06/11	7607	w5	Texas R, Austin	10.90	+4.4	682	+2.1	1133	193	49.20	14.70	+2.1	3688 450 5891 4:17.76
6/09/11	7364	19	NCAA I, Des Moines	11.07	+1.8	677	+0.5	1139	181	49.11	15.07	+0.4	3899 460 4968 4:16.04
3/29/12	7390	8	Texas R, Austin	11.14	+2.2	664	+1.4	1159	190	48.98	15.09	+1.8	3673 460 5041 4:13.41
4/21/12	7440	1	MSM, Emmitsburg	11.13	+1.1	694	-0.9	1162	193	48.73	15.44	-1.5	3494 455 5351 4:16.27
6/07/12	7547	13	NCAA I, Des Moines	11.02	+3.0	658	-2.0	1212	187	48.70	15.20	+0.9	3847 460 5577 4:10.81
4/06/13	7237	2	Sam Adams, Santa Barbara	11.44	+1.2	670	+0.6	1204	189	49.79	15.60	+0.5	3598 455 5700 4:27.23
4/19/13	5469	3	MSM, Emmitsburg	11.45	+0.6	nm		1165	194	50.37	16.04	+0.5	3461 430 4994 dnf
5/11/13	7228	3	U Virginia, Charlottesville	11.30	+1.6	670	0.0	1221	194	50.12	15.74	+1.3	3695 420 5463 4:19.01
4/05/14	7240	5	Sam Adams, Santa Barbara	11.25	0.0	710	+4.5	1210	199	49.62	15.51	+3.0	3642 400 5506 4:37.53
5/09/14	7468	1	Classic, Claremont	11.31	+1.7	700	+1.5	1231	191	49.74	15.17	+3.0	3554 450 5876 4:21.31
6/13/14	7642	1	San Diego Imperial, CVista	11.28	+1.3	712	+0.8	1277	190	49.56	15.23	+0.6	3981 455 6066 4:22.73
6/27/14	7645	3	USA, Sacramento	11.19	+1.9	684	+2.1	1198	193	49.02	15.19	+1.5	3947 460 6120 4:19.01
7/27/14	dnf	-	Thorpe Cup, Marburg	11.39	-0.6	683	-0.3	1153	193	49.32	15.34	+1.7	3630 nh withdrew
4/04/15	7791	1	Sam Adams, Santa Barbara	11.26	-0.7	716	+1.1	1267	196	49.11	15.16	0.0	4040 460 5945 4:15.64
5/08/15	dnf	-	Classic, Claremont	11.26	0.0	659	-1.4	1258	197	50.17	15.46	nwi	3988 nh 5425 dnr
5/31/15	7022	4	Est d'Epreuves, Oyonnax, FRA	11.47	-1.3	675	-0.5	1231	191	50.45	15.31	+1.2	3745 427 4914 4:41.35
6/26/15	7685	4	USA, Eugene	11.12	+2.1	707	+2.3	1274	194	50.03	14.95	+1.9	4039 465 5369 4:17.75
8/09/15	7221	9	Thorpe Cup, Bernhausen	11.44	+0.2	668	+0.2	1187	196	50.58	15.43	-0.3	3869 416 5584 5:23.14

PRs: 7791 / 5549 10.90+4.4 712+0.8 1277 201 48.39 14.70+2.1 4040 470 6120 4:10.81

Indoor: 60m: 7.25; 60h: 8.55; 1000m: 2:32.36

Summary: 23 meets, 21 finishes, 6 wins, PR: 7791, Top Ten Ave: 7557.6, 2nd Ten Ave: 6868.8

*- international junior implements.

JUSTIN GREEN

DOB: November 7, 1992
POB: Round Rock, TX
Ht/wt: 6-4, 185
Hometown: Liberty Hill, TX
High School: Liberty Hill HS, TX
College: College State '15



2016: Won Colo Mines Alumni meet. **2015:** 11th at NCAAs indoors. Repeated as Mountain West indoor champ (5600). Mountain West outdoor runner-up. **2014:** Mountain West outdoor runner-up. 13th at NCAAs indoors. Mountain West Conf champ with PR 5575 score. **2013:** Mountain West outdoor runner-up (6772 score). **2012:** 8th at Mountain West. **High School:** 2011 Texas 3A state high jump champ. **Personal:** Son of Rick and Carol Green.

Career:

Indoor:			<u>60m</u>	<u>lj</u>	<u>sp</u>	<u>hj</u>	<u>60h</u>	<u>pv</u>	<u>1000m</u>	
1/28/12	4554	14	AF Challenge, USAFA	7.53	637	1015	190	8.72	395	3:10.81
2/24/12	4810	7	Mountain West, Albuquerque	7.40	628	1031	193	8.56	415	2:59.59
1/26/13	5086	3	AFMultis, USAFA	7.40	668	1064	204	8.58	450	3:02.83
2/22/13	3607	8	Mountain West, Nampa	7.44	670	1030	191	8.31	nh	dnf
1/24/14	5262	3	AF Multis, USAFA	7.34	680	1169	200	8.39	480	3:06.27
2/28/14	5575	1	Mountain West, USAFA	7.26	706	1203	206	8.18	500	3:02.36
3/15/14	5449	13	NCAA I, Albuquerque	7.32	683	1170	200	8.33	505	2:57.81
12/12/14	5342	1	CS-Mines, Golden	7.29	721	1161	197	8.58	465	2:57.05
1/22/15	5108	2	USAFA, Colo Springs	7.41	673	1127	191	8.70	495	3:04.24
2/27/15	5600	1	Mtn West, Albuquerque	7.27	707	1223	206	8.29	475	2:50.72
3/14/15	5348	11	NCAA I, Fayetteville	7.32	647	1226	192	8.38	475	2:45.84
12/11/12	5575	1	Colo Mines Alumni, Golden	7.21	701	1139	206	8.26	505	2:58.49

Outdoor:			<u>100m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>sp</u>	<u>hj</u>	<u>400m</u>	<u>110h</u>	<u>w</u>	<u>disc</u>	<u>pv</u>	<u>jav</u>	<u>1500m</u>
4/07/12	6044	3	Air Force Dec, USAFA	11.56w	656	965	196	54.28	16.06	3132	405	4475	5:34.93		
4/27/12	6234	2	Morris, Fort Collins	11.68	653	1055	196	52.64	15.67	3154	411	4164	5:19.45		
5/10/12	6394	8	Mountain West, USAFA	11.68	658	1021	199	51.87	15.60	2906	445	4133	5:08.87		
4/26/13	6565	2	Morris, Fort Collins	11.58	660	1074	202	52.97	15.34	3360	430	4491	5:08.29		
5/09/13	6772	2	Mountain West, Las Vegas	11.43	693	1107	199	53.19	14.91w	3457	440	4481	5:04.66		
5/15/14	6592	2	Mountain West, Laramie	11.51+1.6	670+2.8	1116	200	54.70	15.62+0.8	3412	460	3981	4:56.84		
5/14/15	7151	2	Mountain West, San Diego	11.37+1.6	678+2.6	1166	203	51.52	14.88+2.6	3862	465	4357	4:45.38		

PRs: 6772 / 5600 11.37 707i 1226 206 51.52 14.88+2.6 3862 505 4556 4:45.38

Indoor: 60m: 7.21; 60h: 8.18; 1000m: 2:45.84

BRYAN JONES

DOB: February 27, 1991
POB:
Ht/wt: 6-0, 185
Hometown: Canal Fulton, OH
High School: Northwest HS
College: Akron '14



2016: Won Golden Flash meet in December. **2014:** 3rd at Mid-American Conf champs outdoors with PR 7371 effort. 3rd at Akron Invt indoors with PR 5437 score. **2013:** 9th indoors and 4th outdoors at MAC champs. **2012:** Mid-American outdoor champ. **High School:** Outstanding long jumper and football quarterback. **Personal:** Parents are Bryan Jones and Christina Wade.

Career:

Indoor:

2/25/12 4615 5 MAC, Akron
2/02/13 5308 5 U Akron, Akron
2/23/13 4323 9 MAC, Ypsilanti
2/08/14 5437 3 U Akron, Akron
3/01/14 5191 7 MAC, Kent
12/12/15 5377 1 Golden Flash, Kent

60m lj sp hj 60h pv 1000m
7.31 644 1173 190 9.92 430 3:07.30
7.20 694 1304 196 8.86 435 2:49.98
7.17 618 1335 187 8.71 nh 2:57.68
7.23 686 1347 196 8.78 482 2:52.43
7.26 681 1222 188 8.83 455 2:50.98
7.11 714 1376 190 8.61 450 3:00.05

Outdoor:

4/16/11 6445 2 All Ohio, Cincinnati
5/13/11 6501 6 MAC, Dekalb
7/23/11 6068 4 U Akron Summer, Akron
3/29/12 6953 10 Texas R, Austin
4/20/12 7061 2 All Ohio, Oxford
5/11/12 7276 1 MAC, Mt Pleasant
3/28/13 7107 8 Texas R, Austin
5/10/13 7078 4 MAC, Akron
4/17/14 7142 3 Mt Sac R, Azusa
5/16/14 7371 3 MAC, Athens
6/12/14 5138 22 NCAA I, Eugene

100m w lj w sp hj 400m 110h w disc pv jav 1500m
11.30+1.0 706+0.2 1200 182 53.20 16.79nwi 3747 365 4844 5:01.40
11.16+3.6 685+1.3 1174 184 53.75 16.53+0.4 3941 340 5970 5:14.29
11.38+1.4 698+1.4 1212 187 52.62 16.10+0.6 3921 440 5410 4:50.47
11.26+2.0 704+0.9 1286 169 52.34 16.01 0.0 3798 445 5344 4:51.13
11.08+4.9 731+2.8 1328 191 52.34 15.86+0.3 4353 440 5062 4:50.91
11.18+2.8 703+2.7 1277 190 52.66 16.36+0.4 4180 460 5053 4:49.46
11.26 0.0 696+0.9 1277 193 54.12 15.65+1.9 4271 435 5090 4:47.95
11.23+0.7 728+0.4 1292 181 51.53 15.79+0.8 4003 450 5600 5:02.05
11.17+0.2 713 0.0 1321 193 51.79 15.81-1.5 4182 450 5744 4:47.50
11.37+2.3 733+2.2 1276 184 DQ 15.79+0.6 4309 nh 5519 dnf

PRs: 7371 / 5437

11.17+0.2 736+1.1 1376 196i 51.33 15.24nwi 4448 482i 6043 4:47.50

Indoor: 60m:7.11; 60h:8.61; 1000m:2:49.98

THOMAS HOPKINS

DOB:
POB:
Ht/wt: 6-2, 188
Hometown: Bryn Mawr, PA
High School: Haverford School '10
College: Princeton '14
Club: Santa Barbara TC



2016: Opened season with 5283 4th place effort in Seattle. **2015:** Scored 5462 PR for 3rd at U Washington Invt indoors and then placed 3rd at USA indoor chaps with 5513 PR score. Outdoors score PR 7291 at SBTC Last Chance meet. **2014:** Heptagonal indoor 500m champ. Qualified for NCAA Regionals for 4th consecutive season in 400m. **2013:** Princeton Track team captain. **2012: High School: Personal:**

Career:

Indoor:		<u>60m lj sp hj 60h pv 1000m</u>						
1/22/11	5086 1 Princeton R, Princeton	6.8h	723	1080	183	8.2h	375	2:52.4h
1/31/15	5462 3 U Washington, Seattle	6.97	717	1290	180	8.27	370	2:30.91
2/28/15	5513 3 USA, Roxbury	7.03	728	1280	183	8.22	390	2:34.57
1/30/16	5283 4 U Washington, Seattle	7.02	714	1295	173	8.38	360	2:34.91

Outdoor:		<u>100m w lj w sp hj 400m 11 0h w disc pv jav 1500m</u>																		
4/18/13	dnf - Ellis, Princeton	11.12	-0.8	730	+1.8	1196	withdrew	[=2324]												
4/04/15	5922 7 Sam Adams, Santa Barbara	10.94	-1.5	748	0.0	1275	184	47.57	14.62	0.0	3210	nh	4216	dnf						
4/16/15	7036w12 Mount St R, Azusa	10.85	+2.9	750	+2.1	1251	176	47.52	14.80	+2.4	2735	380	3760	4:23.41						
5/08/15	dnf - Classic, Claremont	10.87	0.0	721	-1.2	1141	176	withdrew												
6/13/15	7291 3 SBTC Last C, S Barbara	10.88	+0.3	731	0.0	1222	181	47.33	14.51	0.0	3337	390	4479	4:25.59						

PRs: 7291 / 5513 **10.85+2.9 771+1.3 1295 184 46.23 14.51 0.0 3337 390 4479 4:23.41**
Indoor: 60m:6.97 ; 60h: 8.22; 1000m: 2:30.91

DEREK MASTERSON

DOB: January 30, 1990
POB:
Ht/Wt: 6-2, 190
Hometown: Placerville, CA
High School: Ponderosa HS, CA
College: UCSB '13
Lone Wolf TC



2015: Won SBTC last chance meet with 7554 score. Placed 9th at USAs and Pan-American Games. **2014:** 9th at USA nationals. Won Cal Invt as season opener and then won Texas GA meet. **2013:** Scored PR 7631 in post collegiate meet after 2nd Big West Conf. crown. **2012:** Injured late in season and did not start NCAAAs. Opened outdoor season with breakthrough PR 7558 at Sam Adams meet in Santa Barbara and then captured the Big West Conference crown. **2011:** Big West decathlon runner-up. **2009:** 9th at Big West Conference meet. **High School:** School record holder at pole vault (16-2). **Personal:** Physical therapy major.

Career:

Indoor: 60m lj sp hj 60h pv 1000m
1/30/16 5159 8 U Washington, Seattle 7.40 612 1447 185 8.93 470 2:47.30

Outdoor: 100m w lj w sp hj 400m 110H w disc pv jav 1500m
3/14/09 6463 1 Sam Adams, S Barbara 11.60 647 1179 177 51.43 17.36 4027 450 4595 5:02.65
5/09/09 5980 9 Big West, Irvine 11.48+3.2 610+0.6 1304 159 53.01 17.22+1.5 3462 440 4700 5:35.25
5/31/09 dnf - SB Spring, Goleta 11.78+1.7 627nwi 1197 171 53.20 withdrew
3/26/11 7159 1 Westmont Classic, SB 11.35nwi 686nwi 1350 197 52.47 16.12nwi 3464 495 5812 5:04.22
5/07/11 7295 2 Big West, Irvine 11.35+1.0 676-1.1 1389 186 51.75 15.61+1.3 4528 468 5317 4:50.17
4/03/12 7558 3 S Adams, S Barbara 11.27 690 1328 190 49.93 15.16 4281 470 5768 4:40.53
5/05/12 7355 1 Big West, Irvine 11.32+0.4 723 0.0 1421 190 51.26 15.13+1.3 3828 454 5433 4:54.17
4/06/13 dnf - Sam Adams, S Barbara 11.31+1.2 675-0.8 1467 189 51.21 15.39+0.5 4430 455 withdrew
5/04/13 7376 1 Big West, Northridge 11.54+2.2 689+1.0 1478 188 51.39 15.35+1.6 4268 460 5413 4:44.34
6/02/13 7631 2 TGA, Dallas 11.34+3.2 702+2.4 1418 193 51.22 15.06+2.4 4461 455 6281 4:47.67
4/17/14 7281 1 Cal Invt, Azusa 11.44+0.6 682+1.3 1394 196 52.38 15.36-1.4 4246 470 5251 4:56.88
5/25/14 7394 1 TGA, Dallas 11.43+1.8 628+2.6 1325 195 51.47 15.50+1.6 4390 487 6408 4:55.29
6/27/14 7423 9 USA, Sacramento 11.55+1.9 666+1.6 1383 187 50.86 15.33+1.7 4424 470 5930 4:43.31
7/18/14 6954 9 Pan-Am Cup, Ottawa 11.58+3.8 637+2.9 1357 187 52.16 15.82+0.5 3880 460 5667 4:57.83
4/04/15 dnf - Sam Adams, S Barbara 11.70-0.7 648-1.0 1461 190 51.38 15.46 +0.1 4414 dnc 6175 dnr
4/15/15 6612w15 Mt Sac R, Azusa 11.49+2.9 661+1.6 1414 191 51.84 15.51+2.7 4581 nh 6161 4:51.94
5/08/15 5966 2 Classic, Claremont 11.68 0.0 638-2.5 1504 194 52.60 15.48nwi 4502 nh 6294 dnf
6/13/15 7554 1 SBTC LC, S Barbara 11.57+0.3 655 0.0 1485 202 52.20 15.22 0.0 4282 460 6440 4:44.79
6/26/15 7221 9 USA, Sacramento 11.62+2.1 649+2.0 1482 182 52.66 15.29+1.9 4105 485 5809 4:53.94
7/23/15 7436 9 Pan Am G, Toronto 11.43+1.4 649+3.2 1458 188 52.32 15.20+2.4 4750 480 5530 4:45.81

PRs: 7631 / 5159 11.01 723 0.0 1504 202 49.93 15.06+2.4 4750 495 6408 4:40.53

Summary: 20 meets, 17 completed, 7 wins, PR score: 7631, Top Ten Ave: 7430.3.

Indoor: 60m: 7.40; 60mH: 8.93, 1000m: 2:47.30

MIKE MORRISON

DOB: March 18, 1988
POB:
Ht/Wt: 6-0, 170
Hometown: Chesapeake, VA
High School: Great Bridge HS, VA
College: Florida '10
California'



2016: Returned to competition with Tobacco Road indoor win. **2012:** Inactive, injury. **2011:** Became Cal's 4th NCAA winner with PR 8118 victory in Des Moines. Won Texas Relays with windy 7921 effort. Qualified for NCAA indoor Nationals with 5694 win at Mountain Pacific Conf meet in Seattle then PR'd with 5th place score at NCAAs. **2010:** Runner-up at NCAAs with near PR 7801 score. 4th at Pac-10 meet. Opened outdoor campaign with 7557 PR effort at Texas Relays. U of Washington and Mountain Pacific hept winner. Placed 3rd at NCAAs with PR 5826. **2009:** Injured, transferred from Florida to California. **2008:** Won Mt Sac Relays with significant PR of 7803 but elbow surgery truncated season. 3rd at NCAA indoors (5791) after runner-up at SEC heptathlon with PR 5704. **2007:** Vault nd'd at NCAAs. SEC decathlon runner-up with PR 7316 score. Placed 3rd at SEC indoor heptathlon with 5652 pts. **Pre Florida:** Won Nike Outdoor HS nationals in vault at 17-3. Won 2005 USA Jr vault title and had nation's top mark with 17-6½. 3rd at 2005 USA Jr decathlon. Also played high school football and volleyball.

Career:

Indoor:

1/27/07	5478	2	Clemson Multis, Clemson	7.19	714	1117	194	8.37	505	2:57.09
2/24/07	5652	3	SEC, Lexington	7.16	711	1244	194	8.37	515	2:50.94
3/10/07	dnf	-	NCAA I, Fayetteville	7.16	727	1122	183			withdrew
2/02/08	dnf	-	Boise Heritage, Nampa	7.28	717	1153	191			withdrew
3/01/08	5704	2	SEC, Fayetteville	7.19	720	1250	202	8.48	504	2:48.71
3/15/08	5791	3	NCAA, Fayetteville	7.13	731	1210	199	8.39	515	2:45.05
1/30/10	5710	1	U of Washington, Seattle	7.07	732	1221	195	8.38	495	2:46.63
2/27/10	5655	1	Mtn Pacific SF, Seattle	7.05	729	1298	192	8.42	490	2:51.42
3/13/10	5826	3	NCAA, Fayetteville	7.03	735	1277	193	8.23	500	2:44.15
1/29/11	5490	3	U Washington, Seattle	7.11	715	1322	187	8.37	425	2:42.24
2/26/11	5694	1	Mtn Pacific, Seattle	7.04	720	1259	198	8.29	467	2:45.17
3/12/11	5872	5	NCAA I, College Station	7.09	735	1283	196	8.32	510	2:41.69
1/22/16	5436	1	Tobacco Road, Chapel Hill	7.31	696	1289	196	8.59	510	3:01.54
2/06/16	5073	1	ETSU Buccaneer, Johnson City	7.34	679	1322	188	8.62	464	3:14.11

Outdoor:

7/28/04	6308**1		USATF Intermediate	11.62+0.7	627nwi	1052	180	53.87	16.03+0.9	3435	455	4644	5:01.07
6/26/05	6952*	3	USA Jr, Carson	11.14+2.4	695+1.5	990	184	51.60	15.24+0.7	3170	495	5120	4:50.32
7/14/05	58??	* 10	World Youth, Marrakech	11.31	689	1219		51.88	14.44	189		5245	3:00.56
4/11/07	-----	dnf	Mt SAC R, Azusa	11.19+1.4	702nwi	1102		nh	49.64				withdrew
5/11/07	7316	2	SEC, Tuscaloosa	11.17-0.1	718-0.3	1213	194	50.01	15.01+0.2	3540	475	5487	5:02.80
6/07/07	6226	24	NCAA I, Sacramento	11.19+2.0	705+2.2	1025	187	51.93	15.31+0.9	3598	nh	5507	4:52.11
4/17/08	7803	1	Mt Sac R, Azusa	11.14-1.3	740+1.8	1257	200	49.51	14.99+1.8	3985	515	5970	4:56.76
4/01/10	7557	2	Texas R, Austin	10.79+3.4	729+2.7	1245	196	49.25	14.92+4.9	3766	460	5365	4:51.93
5/09/10	7218	4	Pac-10, Berkeley	11.23-0.5	735+1.3	1189	191	49.74	16.49-1.0	3697	455	5623	4:49.49
6/11/10	7801	2	NCAA, Eugene	11.00+0.5	724+0.8	1200	199	48.63	14.93+1.2	3973	490	5887	4:41.39
4/06/11	7921w	1	Texas R, Austin	10.65+4.4	741+2.9	1240	199	49.84	14.72+2.1	3911	510	5936	4:49.38
6/09/11	8118	1	NCAA, Des Moines	10.66+2.8	752+0.8	1300	187	48.06	14.48+1.8	4182	500	6047	4:35.35

PRs: 8118 / 5872 10.65+4.4 752+0.8 1322 202 48.06 14.35+1.6 4182 525 6311 4:35.35

Indoor: 60m: 7.03; 60H: 8.23 1000m: 2:41.69

Summary: 11 meets, 10 finishes, 4 wins, PR score: 8118

*-Junior implements, ** intermediate boys

MILLER MOSS

DOB: March 14, 1988
 POB: Lafayette, LA
 Ht/wt: 6-4, 190
 Hometown: Sumter, SC
 High School: Wilson Hall HS, SC '06
 College: Clemson '11
 Chula Vista OTC



2016: Moved to Olympic Training Center in Chula Vista, CA and opened season with 5680 runner-up hept in Seattle. **2015:** 2nd at New Mexico Classic heptathlon. Was top American at Thorpe Cup in Bernhausen after winning TexasGA meet with 7743 score. **2014:** Injured and did not compete. **2013:** 9th USA champs outdoors. **2012:** 7th at US Olympic Trials, while recovering from injury. **2011:** 3rd place at NCAAs with PR just 4 points shy of 8000 and place 3rd at USA nationals in Eugene. Was ACC outdoor runner-up with 7706 effort. Captured NCAA indoor heptathlon with 5986 effort. Opened indoor season with breakthrough 5903 heptathlon win at Clemson, then won ACC title with 5881 score. **2010:** 4th at USA nationals and 6th vs Germany in initial international. 20th (nm discus) at NCAAs. Atlantic Coast Conf runner-up with PR 7628 score. Won JRF heptathlon at Clemson with PR (5653), then raised it with a 2nd place showing at the ACC champs (5699). **2009:** 5th ACC indoor champs decathlon. Runner-up at Wake Forest Deacon decathlon with 7323 PR. **2008:** 5th at ACC indoor champs heptathlon. ACC decathlon runner-up with 6991 PR. **2007:** as red-shirt freshman placed 7th at USA Jr champs. **High School:** 2x state meet MVP

Career:

Indoor:

1/27/07	3956	12	JRF, Clemson																	
1/26/08	5184	1	JRF, Clemson	7.11	691	1185	188	8.95	430	2:47.14										
3/29/08	5206	5	ACC, Chapel Hill	6.62	651	1230	197	8.26	427	2:48.83	[55m,55H]									
1/31/09	5459	2	JRF, Clemson	6.97	704	1306	189	8.82	450	2:44.76										
2/27/09	5468	5	ACC, Blacksburg	7.06	692	1328	194	8.85	455	2:44.43										
1/30/10	5653	1	JRF, Clemson	6.96	711	1313	196	8.28	460	2:49.48										
2/26/10	5699	2	ACC, Blacksburg	6.97	693	1317	198	8.11	460	2:42.41										
3/13/10	5638	8	NCAA, Fayetteville	7.00	693	1252	193	8.15	450	2:39.68										
1/29/11	5903	1	JRF, Clemson	6.93	731	1332	201	7.99	470	2:46.24										
2/26/11	5881	1	ACC, Blacksburg	7.00	699	1329	204	8.04	480	2:42.87										
3/12/11	5986	1	NCAA, College Station	6.91	716	1358	202	7.94	490	2:45.15										
3/04/12	dnf	-	USA, Bloomington	6.97	692	1341	194	8.69		withdrew										
3/02/13	dnf	-	USA, Albuquerque	7.15		inj	nm	1434	190	withdrew										
2/07/15	5563	2	UNM Classic, Albuquerque	7.08	700	1299	192	8.17	450	2:46.97										
2/28/15	4777	7	USA, Roxbury	7.10	680	1412	192	8.13		nh 2:51.79										
1/30/16	5680	2	U Washington, Seattle	7.09	693	1457	188	8.22	470	2:44.23										

Outdoor:

5/08/07	6476	1	Inv, Clemson																	
6/21/07	6774*7		USA Jr, Indianapolis	11.29	+0.7	636	+1.4	1244	187	49.23	15.89	+2.5	3821	410	4140	4:43.05				
3/22/08	6819	3	Clemson R, Clemson	11.19		662		1237	179	48.91	15.85		3146	430	4647	4:40.25				
4/18/08	6991	2	ACC, Atlanta	11.00	+1.0	647	+0.5	1249	189	48.25	15.68	+0.6	3617	405	4506	4:37.19				
5/13/09	7323	2	Deacon, W-Salem	10.98	+1.3	710	0.0	1278	186	47.78	15.08	+3.5	3525	432	4518	4:31.90				
6/11/09	dnf	-	NCAA, Fayetteville	11.55	+2.7			inj		withdrew										
4/16/10	7628	2	ACC, Clemson	10.70	+1.0	699	-1.1	1300	193	47.15	14.42	+0.8	3573	475	4664	4:40.73				
6/11/10	6936	20	NCAA, Eugene	10.78	+0.5	713	-0.2	1330	196	47.96	14.62	+1.0	nm	450	4674	4:49.80				
6/26/10	7614	4	USA, Des Moines	10.81	+3.3	716	+2.5	1263	199	47.90	14.56	+4.4	3562	440	5170	4:39.66				
8/08/10	7606	6	vs Germany, Marburg	10.97	+1.7	715	+1.6	1303	194	47.52	14.79	-1.2	3745	441	4828	4:32.17				
4/22/11	7706	2	ACC, Durham	10.86	+1.0	692	+1.0	1381	200	47.85	14.38	-1.6	3501	460	4919	4:32.80				
6/09/11	7996	3	NCAA I, Des Moines	10.58	+2.8	724	+1.6	1359	199	47.23	14.10	-0.4	3908	490	4981	4:44.71				
6/24/11	7878	3	USA, Eugene	10.92	+0.6	711	+0.4	1370	199	48.06	14.21	+2.0	3905	485	4945	4:35.04				
8/14/11	7066	11	vs Germany, Chula Vista	10.77	+1.5	718	+2.6	1369	186	48.64	14.34	+1.5	3626	471	nm	4:38.67				
6/23/12	7712	7	USOT/USA, Eugene	10.85	+0.4	691	-1.4	1403	187	49.62	14.91	-0.8	4476	470	5322	4:36.84				
4/27/13	7053	3	Ark Inv, Fayetteville	10.84	+0.4	694	+0.7	1485	193	49.21	14.17	+1.9	4376	500	3584	dnf				

6/22/13	7490	9	USA, Des Moines	10.79+1.2	682-1.3	1407	193	48.09	14.75	0.0	4608	460	3404	4:50.12
3/26/15	dnf	-	Texas R, Austin	10.83+3.8	683		1388	nh	dnf					
5/31/15	7743	1	Texas GA, Dallas	10.87+1.7	718+1.9	1359	193	48.65	14.39+2.7	4198	460	5048	4:45.41	
6/26/15	6729	12	USA, Eugene	10.90+2.0	710+3.3	1369	188	48.66	14.48+1.3	3940	nh	4774	4:52.16	
8/08/15	7573	5	Thorpe Cup, Bernhausen	10.99+0.9	697+0.1	1331	196	48.44	14.28+1.4	4386	466	4487	4:59.90	

PRs: 7996 / 5986 10.58+2.8 734+0.2 1457 204 47.15 13.81 4608 490 5322 4:31.90

Indoor: 60m: 6.91; 60H: 7.94; 1000m: 2:39.68 *-Junior implements

Summary: 21 meets, 19 finishes, 2 wins, PR: 7996 Top Ten Ave: 7694.6, PR 1st day-'11 NCAA 4171.

DILLON SCHRODT

DOB: ?????? ??, 19??
 POB:
 Ht/wt: 6-2, 195
 Hometown: Lincoln, NE
 High School: North Star HS
 College: Nebraska-Kearney'15



2016: Won Colorado Mines hept with 5409 score. **2015:** 3rd at NCAA D-II I hept with 5443 PR. Scored decathlon PR 6959 at Emporia. **2014:** 3rd at D-II indoors, 9th outdoors. 3rd at MIAA decathlon. **2013:** 7th at D-II indoors, 10th outdoors. MIAA runner-up indoors and out. **2012:** Rocky Mountain indoor hept winner. Placed 12th at D-II indoor heptathlon. **High School:** Had 7 top ten finished in 3 years (2008-09-10) in state class A track meet. PRs included 6-10 hj and 14.38 hurdles. **Personal:** Majored in match Education. Played football at UNK for 2 seasons and one season at Nebraska-Lincoln. Son of Steve and Jennifer Schrodt.

Career:

Indoor:				<u>60m lj sp hj 60h pv 1000m</u>							
2/25/12	4966	1	RMAC Champs, Chadron	6.54	690	1105	202	7.63	305	3:02.76	[55m,55mH]
3/10/12	4904	12	NCAA II, Mankato	7.07	658	1135	200	8.28	300	2:57.42	
2/02/13	4884	1	Foster, Kearney	7.03	672	1193	194	8.46	315	3:01.34	
2/23/13	5180	2	MIAA, Warrensburg	7.08	678	1185	198	8.29	370	2:52.80	
3/09/13	5185	7	NCAA II, Birmingham	6.98	661	1213	199	8.28	360	2:52.20	
12/14/13	5256	1	Pre Holiday, Kearney	7.00	678	1116	201	8.36	404	2:54.19	
3/01/14	dnf	-	MIAA, Joplin	6.97	710	1237	202	dns	[3182 1st day]		
3/15/14	5336	3	NCAA II, Winston-Salem	7.06	702	1153	197	8.24	410	2:52.82	
12/13/14	5392	1	U-Nebraska, Kearney	7.08	701	1284	200	8.23	414	2:58.30	
3/14/15	5443	3	NCAA II, Birmingham	7.03	679	1214	206	8.14	400	2:49.65	
12/12/15	4846	2	Foster, Kearney	6.97	735	1255	212	8.31	nh	3:07.29	
1/30/16	5409	1	Colo Mines, Golden	6.97	684	1203	207	8.23	430	3:02.77	

Outdoor:				<u>100m w lj w sp hj 400m 110h w disc pv jav 1500m</u>										
5/04/13	6757	2	MIAA, Fort Hays	10.84+3.1	701+2.8	1118	192	50.10	14.71+7.3	2976	380	4405	5:03.39	
5/24/13	6662	10	NCAA II, Pueblo	10.83+3.0	665+2.9	1111	193	50.16	14.70+0.5	2990	390	4433	5:12.88	
4/17/14	dnf	-	Mt Sac R, Azusa	10.94+0.7	686+2.4	1108	196	50.72	14.47+0.8	nm	380	withdrew		
5/03/14	6932	3	MIAA, Jefferson City	10.90+2.3	671+1.1	1078	196	49.56	14.51-0.2	3144	420	4220	4:50.12	
5/23/14	6912	9	NCAA II, Allendale	10.92+1.7	686+1.9	999	204	49.48	14.46	3154	400	4302	4:57.39	
4/10/15	6959	2	Emporia Multis, Emporia	10.81	684+4.1	1212	191	49.64	14.49	3320	385	4560	4:58.29	
5/02/15	dnf	-	MIAA, St Charles	11.02+1.9	669+3.0	nm	withdrew							
5/22/15	dnf	-	NCAA II, Allendale	10.92+1.8	706+1.0	1182	withdrew							

PRs: 6959 / 5443 10.81 735i 1305 212 48.48 14.31 3346 430 4695 4:50.12

Indoor: 60m: 6.97; 60h: 8.07; 1000m: 2:49.65.

CALVIN SULLINS

DOB: December 2, 1990
POB:
Ht/wt: 6-1, 180
Hometown: Sand Creek, MI
High School: Sand Creek, MI
College: Siena Heights'14
Club: The Other Guys'15
Santa Barbara TC'16



2016: Opened season with 5343 hept effort in Seattle. **2015:** 3rd at Texas GA meet with PR 7340 decathlon score. **2014:** NAIA runner-up indoors with 5389 PR score. 9th at Drake Relays. **2013:** Runner-up at NAIA indoors. **2012:** 12th indoors and 8th outdoors at NAIA nationals. **High School: Personal:**

Career:

Indoor:		<u>60m lj sp hj 60h pv 1000m</u>						
1/14/12	4897 1	GVSU Eubanks, Allendale						
1/28/12	4705 1	Findlay Open, Findlay	7.34	628	1166	190	8.70	385 3:06.44
3/02/12	4777 12	NAIA, Geneva	7.36	659	1175	190	8.63	396 3:11.09
1/12/13	4979 2	GVSU Eubanks, Allendale	7.44	653	1175	191	8.44	425 2:59.69
3/09/13	5258 2	NAIA, Spire, Geneva	7.25	687	1347	195	8.40	420 2:59.58
1/11/14	5189 1	GVSU Eubanks, Allendale	7.45	706	1227	198	8.41	420 2:59.41
1/25/14	4683 1	Findlay Open, Findlay	7.44	667	1212	191	8.46	395 3:29.25
2/08/14	5255 1	Wide Track, Hillsdale	7.39	704	1245	197	8.44	425 2:55.35
3/07/14	5389 2	NAIA, Spire, Geneva	7.28	707	1336	201	8.41	425 2:56.10
2/07/15	5387 2	Mo Southern, Joplin	7.23	700	1392	198	8.33	395 2:51.38
1/30/16	5343 4	U Washington, Seattle	7.25	658	1303	197	8.39	430 2:46.97

Outdoor:		<u>100m w lj w sp hj 400m 110h w disc pv jav 1500m</u>											
4/21/12	5806 2	IWU Challenge, Marion	11.59	649	1171	182	57.37	15.58	2246	395	4092	5:14.33	
4/27/12	6428 3	Gina R, Hillsdale	11.53	654	1145	195	52.73	15.25	3164	380	4032	4:58.50	
5/25/12	6480 8	NAIA, Marian	12.04-4.1	697+4.7	1233	187	52.57	15.21+2.3	3631	395	4087	5:02.49	
5/09/13	6877 1	Classic, Hillsdale	11.35	0.0	704+0.3	1229	192	50.7h	14.74+1.1	3714	400	4141	4:59.34
4/24/14	6360 9	Drake R, Des Moines	11.23+2.2	672+1.7	1139	187	52.54	15.05+0.5	2297	420	4098	5:02.65	
3/19/15	7028 2	Angelo St Spring, San Angelo	11.28+0.1	701-2.0	1285	196	50.70	14.60+3.6	3624	404	4529	4:58.21	
4/23/15	6974 6	Drake R, Des Moines	11.30+3.0	702+3.3	1237	187	50.72	14.88+1.2	3239	420	4419	4:47.99	
5/31/15	7340 3	TexasGA, Dallas	11.08+1.7	737+0.2	1265	199	50.34	14.59+2.7	3529	440	4559	4:47.96	
6/13/15	dnf -	SBTC Last Chance, S Barbara	11.29+0.3	697-0.7	1309	nh	withdrew						

PRs: 7340 / 5389 11.08+1.7 737+0.2 1392 201 50.34 14.52+1.1 3714 440 4559 4:47.96
Indoor: 60m: 7.23; 60h: 8.13; 1000m: 2:46.96

KALE WOLKEN

DOB: September 13, 1993
POB:
Ht/wt: 6-2, 190
Hometown: Tecumseh, NE
High School: Johnson-Brock HS
College: Doane '16



2016: Won indoor Holiday meet with 5660 PR heptathlon score. **2015:** State College male athlete of the year. Indoors (hept) and outdoors (dec) was both GPAC and NAIA champion. **2014:** 3rd at NACAC u 23 meet in Kamloops, BC. Won NAIA decathlon title with PR 7416 effort. Indoors was both GPAC and NAIA champion. **2013:** Placed 4th at NAIA indoors and 3rd outdoors. **High School:** was Nebraska Class C LJ champ (22-4) in 2012. Prep PRs included 1.93m hj and 39.32 300m H. **Personal:** 6x NAIA All-American. Coach is Ed Fye at Doane.

Career:

Indoor:

	<i>60m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>60h</i>	<i>pv</i>	<i>1000m</i>				
12/8/12	4746	4	Doane Multis, Crete	6.73	698	1139	193	8.41	328	2:59.96	[55m, 55mH]
2/16/13	4880	3	GPAC, Crete	6.67	697	1137	200	8.46	390	3:11.04	[55m, 55mH]
3/09/13	4981	4	NAIA, Geneva	7.22	688	1192	198	9.16	420	3:04.64	
12/7/13	4995	4	Holiday, Warrensburg	7.19	701	1170	194	9.47	420	2:55.67	
2/22/14	5135	1	GPAC, Crete	7.03	703	1373	201	8.73	400	3:18.59	
3/07/14	5491	1	NAIA, Geneva	7.06	723	1308	195	8.57	435	2:49.72	
1/31/15	5276	1	Concordia, Seward	7.15	691	1307	193	8.48	440	3:01.85	
2/21/15	5307	1	GPAC, Seward	7.12	706	1296	187	8.43	454	3:02.67	
3/06/15	5330	1	NAIA, Geneva	7.13	718	1269	201	8.52	445	3:09.50	
12/12/15	5660	1	Doane Holiday, Crete	7.19	717	1319	204	8.57	490	2:51.72	

Outdoor:

	<i>100m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>110h</i>	<i>w</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>			
4/20/13	6303	2	Doane Relays, Crete	11.49	+1.9	688	nwi	1146	194	50.77	16.84	+0.3	3114	380	4225	5:19.60
5/04/13	6510	1	GPAC, Seward	11.20	+4.0	712	+4.5	1127	188	53.05	16.22	+5.6	3324	404	5097	5:20.77
5/24/13	6972	3	NAIA, Marian	11.24	+0.6	706	-0.9	1251	188	51.67	16.18	+1.1	3628	440	5592	5:00.92
4/19/14	7204	1	Doane Relays, Crete	11.21	+0.8	714	nwi	1247	193	49.98	15.32	nwi	3595	457	5535	5:08.93
5/23/14	7416	1	NAIA, Gulf Shores	11.08	-1.9	704	0.0	1236	198	49.39	15.54	-2.0	3708	450	5711	4:44.94
8/10/14	3080	3	NACAC u23, Kamloops	11.42	+0.1	697	-0.5	1139	nh	dnf	dnf		3134	nh	4013	dnf
4/18/15	7125	1	Dutcher, Crete	11.10	+0.4	673	nwi	1245	191	50.20	15.76	-0.1	3725	453	5443	4:56.02
5/02/15	6721	1	GPAC, Sioux Center	10.94	nwi	696	nwi	1296	192	50.61	15.68	nwi	3695	460	5733	dnf
5/22/15	7356	1	NAIA, Gulf Shores	11.24	-0.7	716	+1.5	1264	194	50.27	15.91	+1.5	3881	470	5767	4:53.97

PRs: 7416 / 5660

10.94nwi 756+0.9 1373 205 48.92 15.29+0.2 3881 490 6168 4:44.94

Indoor: 55m: 6.65; 60m: 7.03 ; 55mH: 8.41; 60h: 8.36; 1000m: 2:49.72

Updated 1/19/16