

WOMEN'S HEPTATHLON HANDBOOK & MEDIA GUIDE



11th THORPE CUP USA vs GERMANY TEAM HEPTATHLON

University of Arkansas
Fayetteville, AR
July 29-30, 2016



by:

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The Decathlon Association

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DECA

The Decathlon Association

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Annett Fleming,		17
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Heptathlon Schedule:

Friday [opening ceremony 4:45pm]

July 29, 2016

100 Hurdles	5:00 pm	
High Jump	5:45	[1 pit]
Shot Put	7:45	[1 ring]
200m	8:45	[2 sections]

Saturday

July 30, 2016

Long Jump	5:00 pm	[1 pit]
Javelin	6:15	[1 flight]
800 m	7:30	[1 section]

Team Rosters:



Team USA:

	<u>dob</u>	<u>hometown</u>	<u>affiliation</u>	<u>PR</u>	<u>'16 best</u>
Alex Gochenour	Feb. 17, 1993	Missouri Valley, IA	Arkansas'16	6027	5962
Chari Hawkins	May 21, 1992	Rexburg, ID	Santa Barbara TC	5956	5956
Annie Kunz	Feb. 16, 1993	Denver, CO	Texas A&M'16	6038	6038
Lindsay Lettow	June 6, 1990	Urbandale, IA	Santa Barbara TC	6023	5960
Chantae McMillan	May 1, 1988	Rolla, MO	unat	6326	6326
Allison Reaser	Sept. 3, 1992	El Segundo, CA	San Diego St '14	5990	5990
Lindsay Schwartz	April 23, 1990	Watertown, WI	Santa Barbara TC	6036	6036
Tatum Souza	April 20, 1992	Napa, CA	unat	5948	5948

Alternate:

Women's Staff: Coach's Lauren Reimer/Wake Forest U and Shiela Burrell/San Diego State U.



Team Germany:

	<u>Club</u>	<u>dob</u>	<u>PR</u>	<u>'16 best</u>
Fleming, Annett	LG Jena	May 4, 1984, 32 ys old	6051	no mark
Hamann, Sophie	TuS Metzingen,	1996. 20 years old	5475	5475
Menzel, Lea	TVS 1861 Neu-lsenburg,	1996, 21 years old,	5360	5360
Obermaier, Anna-Lena	LG Sempt,	1996, 21 years old	5322	5322

Substitute

Coaches

(women's coach), Assistant:

Women's Thorpe Cup History

Individual Winners:

<i>Year</i>	<i>score</i>	<i>winner</i>	<i>affiliation</i>	<i>site</i>	
2006	5799	Julia Machting	GER	Manhattan, KS	MR
2007	6022	Lela Nelson	USA	Bernhausen	MR
2008	6029	Lela Nelson	USA	Manhattan, KS	MR
2009	5990	Liz Roehrig	USA	Marburg	
2010	5984	Bette Wade	USA	Marburg	
2011	6052	Bette Wade	USA	Chula Vista	MR
2012	5878	Kira Biesenbach	GER	Marburg	
2013	6135	Kiani Profit	USA	Chula Vista	MR
2014	6205	Barbara Nwaba	USA	Marburg	MR
2015	6158	Sharon Day-Monroe	USA	Bernhausen	
2016					

Team Winners:

<i>Year</i>	<i>first</i>	<i>cum pts</i>	<i>second</i>	<i>cum pts</i>	<i>differential</i>	<i>site</i>
2006	United States	15,716	Germany	15,619	97	Manhattan, KS
2007	Germany	16,946	United States	16,933	13	Bernhausen
2008	Germany	17,267	United States	17,162	105	Manhattan, KS
2009	Germany	17,590	United States	16,650	940	Marburg
2010	United States	17,518	Germany	14,182	3,336	Marburg
2011	United States	17,611	Germany	17,115	496	Chula Vista
2012	United States	17,332	Germany	17,251	81	Marburg
2013	United States	18,117 MR	Germany	16,364	1753	Chula Vista
2014	United States	17,954	Germany	17,206	748	Marburg
2015	United States	17,813	Germany	16,870	943	Bernhausen
2016						

USA leads series 7-3

Past Meet Results [2006-2015]

2006 Manhattan, KS

5799	Machting, Julia/GER	14.84+2.4	170	1405	24.90+2.6	601+2.1	4306	2:21.07
5475	McNaney, Danielle/USA	14.00+2.4	170	1112	25.47+2.6	541+0.7	4131	2:19.58
5292	Wallin, Reidun/USA	14.27+2.4	161	1133	25.77+2.6	510-1.6	4259	2:16.90
5062	Buder, Marlen/GER	14.76+2.4	164	1353	25.85+2.6	507+1.6	4088	2:40.28
4949	Bass, Tacita/USA	14.15+2.4	158	1171	24.80+2.6	534+1.2	2532	2:30.16
4796	Nelson, Lela/USA	13.58+2.4	173	1174	24.10+2.6	nm	3384	2:29.36
4758	Schrader, Annelie/GER	13.86+2.4	164	1160	25.57+2.6	567+0.2	4468	dnf
4758	Schwerdtner, Maren/GER	14.24+2.4	173	1266	24.84+2.6	546+0.4	3795	dnf

Team Scores: USA: 15,716; Germany: 15,619 (+97)

2007 Bernhausen

8/18-19/07

6022	Nelson, Lela/USA	13.74+0.5	182	1156	24.36	0.0	678	0.0	3527	2:25.49
5718	Pickler, Julie/USA	13.93-0.5	173	1125	24.80	0.0	577	0.0	4086	2:17.49
5680	Hebestreit, Ulrike/GER	13.69-0.5	167	1194	25.29	0.0	599+0.5	3835	2:18.80	
5677	Schrader, Annelie/GER	13.90+0.5	167	1188	25.64	0.0	608	0.0	4710	2:28.98
5589	Hartz, Ulrike/GER	14.92-0.5	173	1216	24.81	0.0	580+0.4	4329	2:25.56	
5193	Johnson, Jackie/USA	13.63-0.5	176	nm	25.16	0.0	607+0.1	4181	2:22.54	
dnf	Menne, Ekatarina	14.60+0.5	167	1144	26.04	0.0	567+0.2		withdrew	
dnf	Asigbee, Fiona	13.89-0.5	173	1141	25.27	0.0	594	0.0	3369	dnr

Guests:

5638	McNaney, Dani/USA	13.82+0.5	170	11.60	25.53	0.0	581+0.2	3716	2:14.47
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5465 DuPree, Ryanne/USA 13.74-0.5 170 10.54 25.36 0.0 596+1.0 3551 2:24.93
dnf Hunter, Gayle/USA 14.32+0.5 155 10.64 25.87 0.0 withdrew

Team Scores

1. GER 16,946 ; 2. USA 16,933.

2008 Manhattan, KS 7/2-3/08

6029 Nelson, Lela/USA 13.46+1.5 170 24.16+2.2 665+2.8 4186 2:25.41
5791 Hartz, Ulrike/GER 14.11+1.4 173 1127 24.65+2.2 604+3.2 4755 2:27.04
5750 Schulz, Christine/GER 13.87+1.5 176 1297 25.58+2.2 603+2.3 3958 2:25.68
5726 Goldkuhle, Maike/GER 13.77+1.5 167 1375 25.06+2.2 588+3.1 3781 2:21.70
5658 Keller, Katja/GER 13.96+1.4 167 1229 25.34+1.9 624+3.7 3818 2:24.44
5649 Wilhelm-Andres, Ashley/USA 14.24+1.5 173 1091 25.02+1.9 603+4.7 3926 2:19.72
5484 Hill, Kasey/USA 14.10+1.5 170 1188 24.72+2.2 556+4.2 3407 2:19.65
5402 Roehrig, Liz/USA 14.45+1.4 176 1268 24.67+2.2 595+2.5 3186 2:38.57
5271 Poulson, Jackie 14.12+1.4 167 1209 25.38+1.9 535+2.3 4304 2:38.53
5020 McNaney, Dani 14.37+1.4 164 1005 25.93+1.9 517+2.7 3688 2:24.79
dnf Gurbig, Romy/GER ?? 187 1079 25.41+1.9 619+4.6

Team Results:

1 Germany 17,267; 2 United States 17,162

2009 Marburg, GER 8/8-9/09

5990 Roehrig, Liz/USA 14.03+1.2 183 1297 24.90 0.0 612+1.0 4193 2:22.67
5974 Schultz, Christine/GER 13.75+1.1 174 1299 25.28 0.0 613+1.0 4176 2:16.03
5941 Rath, Claudia/GER 14.07+1.2 177 1156 24.85 0.0 641-1.0 3960 2:17.45
5675 Svchwertner, Maren/GER 14.17+1.1 168 1342 25.00 0.0 612+1.0 4203 2:27.81
5576 Rudiger, Julia/GER 13.75+1.1 177 1146 24.77 0.0 591 0.0 3654 2:32.25
5469 McNaney, Dani/USA 14.19+1.1 165 1129 25.72 0.0 577+1.0 3878 2:17.23
5413 Schrader, Annelie/GER 14.23+1.2 165 1136 26.14 0.0 560 0.0 4867 2:29.01
5191 Hill, Kasey/USA 14.19+1.2 165 1185 24.79 0.0 521-1.6 3299 2:26.55
5143 McFadden, Kalindra/USA 14.55+1.1 156 1123 25.55 0.0 527-1.0 3707 2:17.35
4919 Nelson, Lela/USA 13.79+1.1 180 1076 25.02 0.0 639+1.1 3105 dnr

Guests:

5616 Adams, Aisha/USA 13.77+1.2 174 1119 24.98 0.0 607+1.0 3331 2:22.11
5568 Pearson, Emily/USA 14.03+1.2 168 1129 25.22 0.0 577+1.0 4744 2:25.39
5549 Pickler, Julie/USA 14.07+1.2 171 1177 24.94 0.0 562+1.0 3923 2:22.65

Team Scores: Germany 17,590; USA 16,650

2010: Marburg 8/7-8/10

5984 Wade, Bette/USA 13.91+2.2 183 1307 25.33-0.9 624+1.6 3709 2:17.89
5779 Kraiss, Ryann/USA 13.85+2.2 177 1061 25.49-0.9 592+0.9 4075 2:13.05
5755 Stechschulte, Abbie/USA 13.77+2.2 168 1274 25.05-0.9 589+1.5 3768 2:15.71
5611 Pearson, Emily/USA 13.99-0.3 168 1187 25.31-1.1 568+0.6 4529 2:24.24
5607 Kiffe, Christina/GER 14.39-0.3 183 1188 26.61-1.1 587 0.0 4637 2:31.92
5514 Hill, Kasey/USA 14.07-0.3 168 1244 25.45-1.1 553 0.0 3704 2:17.31
4711 Maiwald, Anna/GER 14.41-0.3 171 1195 25.89-1.1 nm 4295 2:26.79
3864 Schrader, Annelie/GER dnf 168 1167 26.07-0.9 602+0.8 4420 dnf

Guests:

5465 Adams, Aisha/USA 14.19-0.3 168 997 25.01-1.1 574 +0.5 3981 2:19.19
5198 Bradford, Adreona/USA 14.07+2.2 171 995 25.45-0.9 564+1.2 2910 2:22.49

Team Scores: USA 17,518; Germany 14,182.

2011: Chula Vista 8/13-14/11

6052 Wade, Bette/USA-Nike 13.77+1.9 184 1374 25.05+1.5 618+3.0 3551 2:16.85
5858 Rath, Claudia/GER 14.16+1.9 169 1277 25.28+1.9 624+1.2 3752 2:11.48
5831 Kraiss, Ryann/USA-Kansas St 13.61+1.9 172 1152 24.92+1.9 573+1.5 3904 2:09.10
5728 Pearson, Emily/USA-unat 13.89+1.9 172 1161 24.76+1.9 561+1.3 4286 2:17.56
5646 Scheafer, Carolin/GER 14.11+1.8 172 1176 24.89+1.9 561+3.2 4600 2:25.78
5615 Stechschulte, Abbie/USA-unat 13.92+1.8 163 1316 25.38+1.5 609+1.1 3279 2:17.55
5611 Gambetta, Sara/GER 14.95+1.8 175 1429 25.23+1.9 584+2.6 4348 2:34.85
5545 Nwaba, Barbara/USA-UCSB 17.33+1.8 181 1269 24.83+1.9 560+3.2 4660 2:17.20
5484 Weber, Liane/GER 14.16+1.9 166 1173 25.96+1.5 576+1.0 3930 2:18.29

5462 Saumweber, Styefanie/GER 13.66+1.9 169 1190 25.93+1.5 609+2.2 3539 2:31.01
 4404 Lettow, Lindsay/USA-C Missouri 14.27+1.8 166 1050 26.18+1.5 568+3.2 3442 dnf
Team Scores: United States 17,611; Germany 17,115

2012: Marburg 7/21-22/12

5878 Biesenbach, Kira/GER 13.96+1.7 171 1321 24.18+2.5 598+0.6 3784 2:17.77
 5795 Wade, Bette/USA 13.98+1.6 174 1300 25.44+2.5 620+1.2 3549 2:18.47
 5783 Carrier-Eades, Chelsea/USA 13.11+1.6 165 1036 23.84+2.5 610+3.1 3331 2:13.66
 5754 Nwaba, Barbara/USA 13.80+1.7 180 1265 24.52+2.5 534+0.4 3526 2:14.31
 5696 Maiwald, Anna/GER 13.98+1.6 159 1209 24.28+2.5 561-1.1 4582 2:17.42
 5677 Biesenbach, Alina/GER 14.54+1.7 174 1223 26.05+1.5 614+1.5 4125 2:20.41
 5530 Lettow, Lindsay/USA 14.04+1.7 174 1127 25.15+1.5 562+0.8 3567 2:18.13
 5385 Udelhoven, Tilia/GER 14.15+1.6 156 1205 25.03+1.5 601+1.2 3263 2:20.89
 5225 Mrotzek, Simone/GER 14.60+1.7 165 1068 26.49+1.5 579-0.6 3749 2:21.63
 4967 Kraiss, Ryann/USA 14.11+1.6 177 1137 25.47+1.5 nm 3988 2:12.05
 5729g Miller, Heather/USA 14.12+1.0 165 1089 24.85+1.4 639+2.8 3911 2:17.22
 5316g Adams, Aisha/USA 14.06+1.0 162 1053 24.79+1.4 575+1.6 3317 2:21.30
 Schwarzkopf, Lilli/GER 13.42+1.0 180 24.75+1.4 632-0.9
 Oeser, Jennifer/GER 13.64+1.0 177 1322
 McMillan, Chantae/USA 13.78+1.0 168

Team Scores: USA 17,332; Germany 17,251 diff= 81

2013: Chula Vista, CA 7/27-28/13

6135 Profit, Kiana/USA 13.52+1.2 169 1232 23.98+1.3 611+2.3 4234 2:09.37
 6000 Carrier-Eades, Chelsea/USA 12.90+1.2 166 1162 23.55+1.3 639+2.2 3203 2:14.01
 5982 Schwartz, Lindsay/USA 13.78+1.2 166 1194 24.06+1.8 615+1.5 4247 2:12.85
 5898 Spenner, Sami/USA 14.31+0.7 172 1194 23.67+1.3 616+3.1 3630 2:13.18
 5848 Miller, Heather/USA 13.83+0.7 169 1161 24.26+1.8 616+2.6 3593 2:12.80
 5794 Maiwald, Anna/GER 13.97+1.2 166 1248 24.05+1.3 565 4288 2:16.54
 5663 Lettow, Lindsay/USA 13.80+0.7 172 1193 25.07+1.8 570+1.9 3623 2:15.40
 5621 Kraiss, Ryann/USA 13.79+0.7 166 1241 25.46+1.8 593+2.1 3650 2:18.37
 5384 Mrotzek, Silvia/GER 14.34+0.7 169 1174 26.33+1.8 550 3978 2:19.64
 5186 Biesenbach, Alina/GER 14.94+1.2 172 1292 26.37+1.3 574 3833 2:40.66
 5180 Mrotzek, Simone/GER 14.68+0.7 163 1112 26.52+1.8 575 3608 2:21.35
 5035 Schwerdtner, Maren/GER 13.87+1.2 169 1323 24.58+1.3 606 3963 dnf
 12s,12f.

Team Scores: USA 18,117; Germany 16,364, diff= 1753

2014: Marburg 7/26-27

6205 Nwaba, Barbara/USA 13.67-0.1 183 1399 23.99+1.9 562-1.6 4417 2:14.09
 5876 Spenner, Sami/USA 14.28-0.2 171 1244 23.87+1.9 617+0.3 3628 2:15.25
 5873 Bougard, Erica/USA 13.47-0.1 168 1081 23.96+2.4 630+0.5 3205 2:10.15
 5847 Fleming, Annett/GER 14.28-0.2 174 1364 26.08+0.8 552+0.6 4949 2:15.13
 5804 Maiwald, Anna/GER 14.07-0.1 171 1296 24.05+1.9 566+0.1 3911 2:16.57
 5791 Miller, Heather/USA 13.91-0.1 162 1190 24.47+1.9 593+1.6 3960 2:10.13
 5779 Leslie, Breanna/USA 13.92-0.2 174 1133 24.56+2.4 574+0.1 3806 2:11.67
 5642 Kraiss/Ryann/USA 14.26-0.2 177 1212 25.52+0.8 525-0.7 4195 2:13.27
 5591 Reaser, Allison/USA 13.77-0.1 162 1126 24.29+1.9 583+0.7 3405 2:14.19
 5555 Marieke, Arndt/GER 14.07-0.1 162 1168 24.46+2.4 584+0.1 3820 2:20.45
 5197 Mrotzek, Simone/GER 14.66-0.2 165 1101 26.82+0.8 572+0.2 3851 2:22.61
 5075 Biesenbach, Alina/GER 15.28-0.2 174 1278 27.34+0.8 535-1.0 4136 2:35.93
 4103 Schwerdtner, Maren/GER 13.79-0.1 165 1312 25.02+2.4 nm 4064 dnf
 13s,13f,

Team Scores: USA: 17,954; Germany: 17,206, diff= 748 pts.

2015: Bernhausen 8/8-9

6158 Day-Monroe, Sharon/USA 13.72 0.0 178 1494 24.44+1.9 584-0.5 4661 2:22.12
 5875 Maiwald, Anna/GER 13.83 0.0 169 1302 24.16+1.9 582 0.0 4036 2:16.82
 5852 Schwartz, Lindsay/USA 13.84 0.0 172 1257 24.48+1.9 593-0.9 3922 2:17.46
 5803 Eppinger, Kaylon/USA 13.12 0.0 172 1236 24.67+2.6 584-0.1 3654 2:20.71

5725	Lettow, Lindsay/USA	14.04+1.7	169	1171	24.75+2.6	603-0.6	4005	2:19.45
5527	Biesenbach, Alina/GER	14.79+0.2	175	1404	26.60+1.8	576+0.3	4096	2:26.62
5468	Mrotzek, Silvia/GER	14.67+0.2	166	1202	26.44+1.8	594+0.3	4307	2:21.89
dnf	Hemann, Jena/USA	14.40+0.2	172	1290	25.56+1.8	nm	4675	dns
dnf	Spenner, Sami/GER	14.34+0.2	172	1223	24.43+1.9	withdrew		
dnf	Rahn, Xenia/GER	14.38+1.7	166	1176	dns			

Team Scores: USA: 17,813 ; Germany: 16,870, diff= 943

EVENT RECORDS

Heptathlon Individual Event Records

World Records

100H	12.54 (+1.3)	Jessica Ennis/GBR	London	6955	2012
HJ	1.98/6-6	Tia Hellebut/BEL	Gotzis	6201	2006
SP	20.79m/68-2½	Eva Wilms/GER [pent]			
	17.31m/56-9½	Austra Skujyte/LTU [hept]	London	6599	2008
200m	22.30 (0.0)	Jackie Joyner-Kersey/USA	Indy	7215	1988
LJ	7.27m/23-10 ¼	Jackie Joyner-Kersey/USA (+0.7)	Seoul	7291	1988
Jav-new	60.90m/199-10	Barbara Spotakova/CZE	Talence	5880	2012
old	64.64m/212-1	Tessa Sanderson/GBR	Brussels	6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence	6227	1987
1 st day	4367	J Joyner-Kersey/USA	Indy	7215	1988
2 nd day	3027	J Joyner-Kersey/USA	Seoul	7291	1988
Score	7291	J Joyner-Kersey/USA	Seoul		1988



American Records

100H	12.65	Hyleas Fountain/Nike (+2.8)	Eugene	6667	2008
HJ	1.93/6-4	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
		Sharon Day/unat	Havana	6036	2009
SP	16.30m/53-5 ¾	Jane Frederick/Naturite	Rome	6502	1987
200m	22.30 (0.0)	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
LJ	7.27/23-10 ¼	Jackie Joyner-Kersey/WCAC (+0.7)	Seoul	7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:04.70	Marla Runyan/ unat	Atlanta-OT	5708	1996
1 st day	4367	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
2 nd day	3027	Jackie Joyner-Kersey/WCAC	Seoul	7291	1988
Score	7291	Jackie Joyner-Kersey/WCAC	Seoul		1988



Collegiate Records

100H	12.83	Kendell Williams/Georgia (+1.4)	Eugene	6225	2016
HJ	1.93/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons	5867	1985
SP	16.72m/54-10 ½	Austra Skujyte/Kan St-LIT	Munich		2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento		1995
LJ	6.92m/22-8 ½	Diane Guthrie/GMU (+2.5)	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4h	Lana Zimmerman/LSU	Houston		1983
	2:08.58	Erica Moore/Indiana St	Normal	5553	2010
1 st day	4023	Akela Jones/Kansas St	Eugene	6371	2015
2 nd day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF		1985



Germany Records

100H	12.64 (+0.3)	Sabine John-Paetz/[GDR]	Potsdam		1984
HJ	1.94m/6-4¼	Sabine Braun/GER	Barcelona		1992

SP	20.79m/68-2½	Eva Wilms/GER	pent		
	16.10m/52-10	Kristine Nitsche/GDR		Sofia	1983
200m	22.73 (+4.0)	Anke Behmer/[GDR]		Gotzis	1988
LJ	6.95m /22-9¾	Heike Dreschler/GER	(+1.0)	Talence	1994
Jav	55.25m/181-3	Lilli Schwartzkopf/GER		Ratingen	2009
800m	2:03.76	Anke Behmer/[GDR]		Potsdam	1984
1st day	4118	Sabine Braun/GER		Gotzis	1992
2nd day	2962	Ramona Neubert/[GDR]		Moscow	1983
Score	6985	Sabine Braun/GER		Gotzis	1992



Thorpe Cup Meet Records:

100H	12.90 (+1.2)	Chelsea Carrier-Eades/USA		Chula Vista	2013
HJ	1.84m/6-½	Bette Wade/USA		Chula Vista	2011
SP	14.94m/49-¼	Sharon Day-Monroe		Bernhausen	2015
200m	23.55 (+1.3)	Chelsea Carrier-Eades/USA		Chula Vista	2013
LJ	6.78m/22-3	Lela Nelson/USA		Bernhausen	2007
Jav	49.49/162-4	Annette Fleming/GER		Marburg	2014
800m	2:09.10	Ryann Kraiss/USA		Chula Vista	2011
1st day	3818	Barbara Nwaba/USA		Marburg	2014
2nd day	2569	Kiana Profit/USA		Chula Vista	2013
Score	6205	Barbara Nwaba/USA		Marburg	2014



[13.67-0.1 183 1399 23.99+1.9 562-1.6 4417 2:14.09]

U of Arkansas Facility Records

100H	13.32 (+1.3)	Marrissa Harris/Miss St		NCAA I	2009
HJ	1.88m/6-2	Makiba Alcide/Arkansas		McDonnell CE	2013
SP	13.77m/45-2¼	Annett Wichman/Hawaii		NCAA I	2009
200m	23.90 (+1.3)	Nia Ali/USC		NCAA I	2009
LJ	6.33m/20-9¼	Bette Wade/Michigan		NCAA I	2009
Jav	46.60m/152-11	Annett Wichman/Hawaii		NCAA I	2009
800m	2:10.23	Erica Moore/Indiana St		NCAA I	2009
1 st day	3663	Nia Ali/USC		NCAA I	2009
2 nd day	2512	Briane Thiesen/Oregon		NCAA I	2009
Score	6086	Briane Thiesen/Oregon		NCAA I	2009



[13.72+0.9 175 1212 24.10+1.3 600+1.6 4511 2:14.77]

All Time USA Heptathlon List

[performer list]		
7291 Jackie Joyner-Kersey/WCAC	88	
6803 Jane Frederick/Athletics West	84	
6735 Hyleas Fountain/Nike	10	
6577 Dede Nathan/Nike	99	
6550 Sharon Day-Monroe/Ascis	14	
6500 Barbara Nwaba/SBTC	15	
6472 Shiela Burrell/Nike	01	
6465 Kelly Blair-LaBounty/Reebok	97	
6424 Jodi Anderson/ Puma Energizer	84	
6423 Heather Miller-Koch/CPTC	16	
[10]		
6492 Kendell Williams/GA	16	
6374 Jamie McNair/Reebok	95	
6371 Kym Carter/	94	
6352 Sharon Hanson	96	
6347 Jacqueline Johnson/Arizona St	08	
6326 Chantae McMillan/unat	16	
6323 Gea Johnson	92	
6300 Cindy Greiner	92	

6290 Diana Pickler/Wash St	09
6288 Erica Bougard/unat-Miss St	15

[20]

All-Time U Arkansas Facility List

[performer list]	
6086 Brianne Theissen/Oregon	09
5892 Liz Roehrig/Minnesota	09
5882 Makeba Alcide/Arkansas	13
5876 Bette Wade/Michigan	09
5824 Nia Ali/USC	09
5797 Gale Hunter/Penn St	09
5757 Tanya Friesen/Wichita St	13
5683 Kalindra McFadden/Oregon	09
5675 Annette Wichmann/Hawaii	09
5668 Shevell Quinley/Arizona	09
5636 Megan Wheatley/Nebraska	09
5625 Melissa Harris/Miss St	09
5588 Tacita Bass/S Carolina	02
5549 Ryann Kraiss/UCLA	09

[15]

PRs: 6027w / 4430

12.98+1.7 180 1353 24.08+4.3 627+3.6 3805 2:15.38

Indoor: 60mH: 8.39

Updated: 7/16/16

CHARI HAWKINS

DOB: May 21, 1992

POB:

Ht: 5-7

Hometown: Rexburg, ID

High School: Madison HS

College: Utah State '15



2016: 15th at Olympic Trials. PR 5956 score at Sam Adams for 4th. **2015:** 9th indoors and 14 outdoors (5750 PR) at NCAAs. Was Mountain West champ both indoors (4194 PR) and out. **2014:** 9th at NCAAs. Mountain West runner-up in hurdles and long jump. Seasonal opener at Mt Sac Relays netted 5550 score. 14th at NCAAs indoors. 5 indoor PRs netted Mountain West pentathlon title, 4173 score. 3rd at UNM indoor pentathlon (3965). **2013:** 13th at NCAAs. 5th at WAC despite no mark in javelin. Won Cal Invt with significant PR 5441 effort. **2012:** WAC indoor pentathlon winner. Injured and did not compete outdoors. **2011:** WAC heptathlon champion and 2nd at indoor pentathlon. **High School:** PRs of 14.46, 5-8 and 19-2. **Personal:** daughter of Bill and Peggy Hawkins. Majored in family consumer science education.

Career:

Indoor:

	60h	hj	sp	lj	800m
1/22/11	3460	2	WSU Cougar, Pullman	8.84	164 885 532 2:35.05
2/12/11	3718	2	Boise TeamCh-Nampa	8.85	172 973 542 2:35.37
2/25/11	3719	2	WAC, Nampa	8.76	168 1034 557 2:33.01
1/28/12	3610	2	WSU Cougar, Pullman	8.74	174 926 550 2:41.02
2/29/12	3669	1	WAC, Moscow	8.89	168 1013 573 2:37.68
1/24/14	3965	3	UNM, Albuquerque	8.63	178 1042 576 2:30.27
2/27/14	4173	1	Mtn West, USAFA	8.41	182 1170 580 2:29.19
3/15/14	4025	14	NCAA I, Albuquerque	8.33	179 1148 567 2:35.36
2/06/15	4059	1	New Mexico, Albuquerque	8.39	177 1164 590 2:35.92
2/26/15	4194	1	Mountain W, Albuquerque	8.39	178 1152 602 2:28.25
3/13/15	4164	9	NCAA I, Fayetteville	8.48	177 1152 589 2:24.98
1/29/16	4042	3	U Washington, Seattle	8.41	176 1173 543 2:25.19
2/26/16	4225	3	USA, Crete	8.36	174 1252 578 2:22.08

Outdoor:

	100h	w	hj	sp	200m	w	lj	w	jav	800m
4/11/11	4948	6	UofA Click, Tucson	14.61	172 935 26.02	551	3352	2:33.18		
4/22/11	5159	1	BYU Robison, Provo	14.12w	169 1077 25.68w	540	3825	2:33.72		
5/11/11	5124	1	WAC, Honolulu	14.14	170 995 26.16	533	3809	2:27.90		
3/28/13	5085	15	Texas R, Austin	14.15	172 948 25.46w	539w	3313	2:29.00		
4/18/13	5441	1	Cal Invt, Azusa	14.05	176 1050 25.65	595w	3572	2:26.83		
5/09/13	4990	5	WAC, Arlington	13.82w	181 1134 24.84w	573	nm	2:28.87		
6/07/13	5598	11	NCAA I, Eugene	13.74+2.7	175 1030 25.05+2.8	584+3.4	4103	2:25.70		
4/17/14	5550	12	Mt Sac R, Azusa	13.79+1.1	175 1115 24.69+2.7	577+2.2	3535	2:25.67		
6/13/14	5552	9	NCAA I, Eugene	13.97-0.5	172 1186 25.28-1.9	571+1.3	3892	2:24.13		
4/16/15	5732	7	Mt Sac R, Azusa	13.55+2.4	176 1156 24.63+2.1	607+2.0	3663	2:26.74		
5/14/15	5622	1	Mountain W, San Diego	13.53+2.1	176 1118 24.72+1.2	610+4.5	3693	2:34.26		
6/11/15	5750	14	NCAA I, Eugene	13.44+1.9	169 1148 24.28+2.2	602+3.5	3913	2:24.68		
4/02/16	5956	4	Sam Adams, S Barbara	13.30-0.7	178 1184 24.73-0.5	604+0.3	3674	2:15.01		
6/25/16	5872	1	SBTC LC, Carpenteria	13.56	175 1185 24.92	625	3621	2:18.21		
7/10/17	5720	15	USOT/USA, Eugene	13.71-0.2	175 1280 25.01-0.9	583+0.3	3786	2:24.77		

PRs: 5956 / 4225

13.30-0.7 183 1280 24.28+2.2 625 4103 2:15.01

Indoor: 60mH: 8.24

Updated: 6/26/16

ANNIE KUNZ

DOB: February 16, 1993
POB: Wheat Ridge, CO
Ht: 5-11
Hometown: Denver, CO
High School: Wheat Ridge HS
College: Texas A&M 15



2016: Placed 9th at NCAAs and followed with 8th at Olympic Trials. Runner-up at SEC outdoors with significant 5976 improvement. Breakthrough hept with 4363 home win and then placed 3rd at SEC. Dnf'd at NCAAs. **2015:** 9th at indoor SEC. **2014:** Redshirt season. **2013:** 24th at NCAAs. 8th at SEC. 5th at Texas Relays with PR 5442 score. 5th at SEC indoors. **2012:** 5th and 6th at Big 12 multis indoors and out. **High School:** Ten x Colorado state medalist, 6x gold. **Personal:** Daughter of Terry and Nancy Kunz. Majoring in general Studies. Also competes for A&M soccer team.

Career:

Indoor:

				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>
1/28/12	3508	7	A&M Challenge, C Station	8.77	155	1111	517	2:32.41
2/25/12	3823	5	Big 12, C Station	8.72	165	1165	533	2:24.54
1/25/13	3826	3	A&M Challenge, C Station	8.73	163	1216	551	2:28.37
2/22/13	3994	5	SEC, Fayetteville	8.65	172	1228	551	2:25.68
2/27/15	3961	9	SEC, Lexington	8.75	172	1222	556	2:27.50
2/06/15	3151	8	Aggie, C Station	8.76	166	1276	nm	2:31.60
2/05/16	4363	1	A&M Thomas, C Station	8.51	181	1278	594	2:20.78
2/27/16	4277	3	SEC, Fayetteville	8.51	176	1301	588	2:21.34
3/12/16	dnf	-	NCAA I, Birmingham	8.44	177	1321	nm	dns

Outdoor:

				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
3/29/12	5174	12	Texas R, Austin	14.17	+0.6	169	1208	25.36	+0.3	540	+0.8	2701	2:24.19
5/12/12	5273	6	Big 12, Manhattan	14.05	+0.8	169	1261	25.26	+0.3	551	+2.5	2939	2:27.33
3/28/13	5442	5	Texas R, Austin	13.85	+1.1	172	1217	24.64	+4.4	574	+3.7	2768	2:24.20
5/10/13	5141	8	SEC, Columbia	14.03		170	1107	24.92		555		2238	2:24.00
6/07/13	4880	24	NCAA I, Eugene	14.27	+2.7	166	1267	25.30	+2.3	500	+1.4	2267	2:31.81
3/26/15	4010	18	Texas R, Austin	14.16	+2.0	169	1307	25.26	+2.5	nm		nm	2:36.21
4/14/16	5904	1	Cal Invt, Azusa	13.67	0.0	175	1333	24.19	+2.2	585	0.0	3399	2:14.90
5/13/16	5976	2	SEC, Tuscaloosa	13.54	+0.1	178	1313	24.37	+0.5	572	-2.8	3977	2:16.64
6/11/16	5784	9	NCAA I, Eugene	13.59	+1.1	169	1318	24.55	+0.2	555	-1.1	4117	2:19.41
7/10/16	6038	8	USOT/USA, Eugene	13.56	-0.2	175	1358	24.52	+0.6	602	+1.0	3872	2:15.58

PRs: 6038 / 4363

13.54+0.1 181 1333 24.19+2.2 594i 4117 2:14.90

Indoor: 60mH: 8.44

Updated: 7/17/16

LINDSAY LETTOW

DOB: June 6, 1990
 POB:
 Ht: 5-9
 Hometown: Urbandale, IA
 High School: Des Moines Christian
 College: Central Missouri '12
 Club: Santa Barbara TC



2016: 10th at Olympic Trials. Won season opener in Seattle. **2015:** USAs was breakthrough meet with 1st 6k score (6023 for 5th). 7th at Thorpe Cup. 2nd at Drake Relays. Placed 4th at USAs indoors. **2014:** 10th at USA Nationals with 3 event PRs. Sam Adams runner-up and then won Drake Relays for 2nd consecutive year. 2nd at Texas GA with PR 5859 effort. Missouri Southern indoor victor. **2013:** 11th at USA nationals and 7th at Thorpe Cup. Started outdoor campaign with win at Drake Relays. 3rd at USAs indoors. **2012:** 8th at US Olympic Trials and then placed 7th at Thorpe Cup vs Germany in Marburg. Repeated as NCAA II indoor pent and outdoor hep champ, the latter with PR 5748. **2011:** Swept the NCAA II boards by winning both indoor pentathlon (4064) and outdoor heptathlon (5514). Opened outdoor season with career best 5610 at Angelo State Spring Multis. MIAA student athlete of year. 9th at USA nationals. **2010:** MIAA champion in heptathlon and 4th at NCAA II meet. **High School:** Iowa State long and pentathlon champion and 100m hurdle record holder. **Personal:** Daughter of Kurt and Peggy Lettow.

Career:

Indoor:				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
12/10/10	3775	1	Doane Holiday, Crete	7.9h	161	1035	557	2:22.11
2/25/11	3961	1	MIAA, Warrensburg	8.53	168	1118	568	2:24.70
3/11/11	4064	1	NCAA II, Albuquerque	8.62	170	1065	579	2:17.47
3/09/12	4193	1	NCAA II, Mankato	8.51	179	1125	583	2:21.58
2/07/13	4286	1	Iowa State Classic, Iowa City	8.55	177	1201	597	2:19.01
3/01/13	4301	3	USA, Albuquerque	8.42	173	1214	587	2:14.83
2/01/14	4282	1	Missouri Southern, Joplin	8.51	176	1245	591	2:19.84
2/21/14	4284	4	USA, Albuquerque	8.44	176	1209	588	2:18.34
1/30/15	4064	1	UWash Invt, Seattle	8.68	170	1098	581	2:18.40
2/28/15	4218	4	USA, Roxbury	8.66	171	1243	584	2:16.05
1/29/16	4148	1	U Washington, Seattle	8.55	170	1128	590	2:17.76
2/26/16	4168	6	USA, Crete	8.40	165	1191	598	2:19.08

Outdoor:

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/ /09	5216	4	NCAA II, San Angelo										
5/02/10	5167	1	MIAA, Joplin	14.34+3.0	164	1087	25.46-0.1	553+1.6	3328	2:23.80			
5/28/10	5386	4	NCAA II, Charlotte	14.20+0.6	170	1077	25.36-0.4	563+0.8	3375	2:17.28			
3/25/11	5610	1	ASU Spring, San Angelo	13.98+1.4	173	1118	25.43+1.5	583+2.7	3700	2:16.23			
5/08/11	5225	1	MIAA, Emporia	13.90+4.6	165	1040	25.42+2.5	562+0.4	3688	2:30.28			
5/27/11	5514	1	NCAA II, Turlock	13.76+2.3	174	1153	25.21+2.4	555+2.1	3575	2:21.79			
6/26/11	5547	9	USA, Eugene	14.10+1.6	169	1122	25.12+1.6	589+0.6	3523	2:17.09			
8/14/12	4404	11	Thorpe Cup, Chula Vista	14.27+1.8	166	1050	26.18+1.5	568+3.2	3442	dnf			
3/23/12	5703	1	Trinity U, San Antonio	14.02	176	1187	24.47	583	3388	2:17.22			
5/25/12	5748	1	NCAA II, Pueblo	13.69-1.4	172	1194	24.80+1.4	591+1.8	3723	2:18.20			
6/30/12	5807	8	OT/USA, Eugene	13.96+1.3	175	1213	24.51+3.0	585+1.3	3683	2:14.91			
7/22/12	5530	7	Thorpe Cup, Marburg	14.04+1.7	174	1127	25.15+1.5	562+0.8	3567	2:18.13			
4/25/13	5470	1	Drake R, Des Moines	14.34-3.9	172	1138	24.91+0.6	557-3.9	3473	2:17.39			
6/20/13	5729	11	USA, Des Moines	13.92+1.7	172	1195	24.70+0.1	574+1.7	3775	2:15.08			
7/28/13	5663	7	Thorpe Cup, Chula Vista	13.80+0.7	172	1193	25.07+1.8	570+1.9	3623	2:15.40			
4/05/14	5674	2	Sam Adams, S Barbara	13.99+0.2	172	1211	24.75+1.7	584 0.0	3770	2:20.81			
4/24/14	5619	1	Drake R, Des Moines	14.14+1.5	169	1168	24.67+0.1	584+0.8	3704	2:18.11			
5/25/14	5859	2	Texas GA, Dallas	13.85+0.1	174	1243	24.64+3.2	586+0.3	3840	2:14.38			
6/28/14	5738	10	USA, Sacramento	13.96+1.8	169	1245	24.89+0.6	582+2.3	3817	2:14.73			
7/18/14	5715	5	Pan Am Cup, Ottawa	13.77+2.5	169	1204	24.97+2.0	588+1.0	3704	2:15.62			
4/04/15	5929	4	Sam Adams, S Barbara	13.70 0.0	172	1207	24.84+0.3	597 0.0	4148	2:12.71			
4/23/15	5749	2	Drake R, Des Moines	13.97+2.2	169	1182	24.84+3.3	584-1.1	3898	2:12.80			
6/28/15	6023	5	USA, Eugene	13.56+1.4	176	1187	24.63+1.7	592+0.4	4263	2:11.90			
8/09/15	5725	7	Thorpe Cup, Bernhausen	14.04+1.7	169	1171	24.75+2.6	603-0.6	4005	2:19.45			

4/02/16 5988 2 Sam Adams, S Barbara 13.65-0.5 172 1135 24.79+0.3 615+0.3 4351 2:12.66
 7/10/16 5960 10 USOT/USA, Eugene 13.84-2.9 172 1209 24.86-0.9 618+1.3 4220 2:14.64

PRs: 6023 / 4301

13.56+1.4 179i 1245 24.51+4.0 618+1.3 4351 2:11.90

Indoor: 60H: 8.42

Update: 2/2/16

CHANTAE McMILLAN

DOB: May 1, 1988
 POB:
 Ht: 5-7
 Hometown: Rolla, MO
 High School: Rolla HS
 College: Nebraska '10



2026: 5th at Olympic Trials in season opener. **2015:** 5th place at DecaStar in Talence. **2013:** **2012:** Made US Olympic team with PR 6188 effort, then 29th at London Games. **2011:** Opened indoor season with significant 4378 PR in Lincoln pentathlon, and then tied for 2nd at NCAAs. Opened outdoor season with PR 5822 3rd place effort at Mt Sac Relays and subsequently captured a 2nd Big 12 outdoor heptathlon crown with PR 5951 score. Place 3rd at USA nationals with initial 6k effort. **2010:** 4th at NCAAs. Big 12 indoor and outdoor champ. **2009:** Runner-up at both Husker Invt and Big 12 affairs, the latter with a 4061 PR score. **2008:** 22nd at NCAA heptathlon. 3rd at Kansas Relays and Big 12 runner-up with PR 5444. 3rd at Big 12 indoor pentathlon. **2007:** Redshirt indoors. NCAA long qualifier outdoors (placed 23rd) with best of 20-6¼. **High School:** 3rd at Nike outdoor prep nationals in long jump. **Personal:** Interior design major. Parents are Badger and Peggy McMILLAN.

Career:

Indoor:	60h	hj	sp	lj	800m
2/29/08	3827	3	Big 12, Lincoln	9.11	163 1225 584 2:30.21
2/07/09	3996	2	Sevigne Husker, Lincoln	8.83	170 1233 588 2:29.48
2/27/09	4061	2	Big 12, College Station	8.91	170 1317 590 2:27.90
3/14/09	4096	8	NCAA, College Station	8.77	166 1230 614 2:24.97
1/30/10	dnf	-	Husker, Lincoln	dnf	163 1264 withdrew
2/27/10	4151	1	Big 12, Lincoln	8.86	164 1445 602 2:25.58
3/13/10	dnf	-	NCAA, Fayetteville	8.91	165 1325 withdrew
2/04/11	4378	1	Lincoln	8.63	170 1444 629 2:23.91
3/01/11	4396	2t	NCAA, College Station	8.69	166 1457 633 2:18.61

Outdoor:	100h	w	hj	sp	200m	w	1 st day	lj	w	jav	800m
4/17/08	5226	3	Kansas R, Lawrence	14.60+2.5	162 1181 23.38+3.5	3155	576+5.4	3690	2:30.53		
5/17/08	5444	2	Big 12, Boulder	14.46-1.4	160 1166 24.90 0.0	3185	599-0.3	4160	2:28.27		
6/12/08	5261	22	NCAA, Des Moines	14.18+1.9	160 1093 25.31+0.6	3139	609+0.8	3333	2:29.04		
5/15/10	5349	1	Big 12, Columbia	14.41+1.4	175 1370 26.23+0.5	3388	559+0.8	4162	2:43.14		
6/10/10	5583	4	NCAA, Eugene	14.43+1.0	166 1425 25.90+1.8	3341	571-0.9	4195	2:23.65		
4/14/11	5822	3	Mt Sac R, Azusa	13.87+1.8	161 1361 25.48+2.2	3355	630+1.9	4553	2:25.55		
5/14/11	5951	1	Big 12, Norman	13.81+3.1	164 1418 24.92 0.0	3488	620+2.6	4339	2:20.32		
6/09/11	dnf	-	NCAA I, Des Moines	13.91+2.1	nh	withdrew					
6/26/11	6003	3	USA, Eugene	13.93+1.2	166 1475 25.25+1.6	3502	618-1.7	4758	2:22.99		
8/14/11	dnf	-	Thorpe Cup, Chula Vista	13.89+1.8	169	withdrew					
6/30/12	6188	3	USOT/USA, Eugene	13.36+0.7	172 1502 24.32+3.0	3762	552+0.6	5024	2:17.71		
8/04/12	5688	29	Olympic G, London	13.49+0.9	168 1492 25.25+0.3		537-1.2	4978	2:40.55		
4/25/13	3735	17	Drake R, Des Moines	14.42-3.9	157 nm	dnf		518+1.4	4440 2:25.32		
6/21/13	dnf	-	USA, Des Moines	14.03+2.7	166 1351 25.96+1.0	withdrew					
6/20/15	5601	5	Capital Cup, Ottawa	13.95-0.8	165 1321 25.83-1.5		558-0.8	4592	2:24.45		
9/20/15	6112	5	DecaStar, Talence	13.65+1.4	175 1400 25.00+0.6		574+0.6	4939	2:16.77		
7/10/16	6326	5	USOT/USA, Eugene	13.33-0.2	178 1350 24.77-0.9		610+1.3	4945	2:14.46		

PRs: 6326 / 4396

13.33-0.21 178 1502 24.32+3.0 3762 633i 5024 2:14.46

Indoor: 60h: 8.52

ALLISON REASER

DOB: September 3, 1992
POB: Torrance, CA
Ht: 5-7½
Hometown: El Segundo, CA
High School: El Segundo HS
College: San Diego State U '14



2016: 11th at Olympic Trials. Runner-up at Pan Am Cup with 5988 score, 2 points shy of PR achieved with 3rd place at Mount Sac Relays. **2015:** 14th at Mount Sac Relays. **2014:** NCAA runner-up with PR 5836 score and followed with a 7th place PR 5917 at USA nationals and a 9th place at the Thorpe Cup. Mountain West Conf. runner-up. Mt Sac Relays netted 5637 score. 15th at NCAAs indoors. Runner-up at indoor Mountain West getting PR 4145 score. **2013:** Placed 8th at NCAA with career best 5813 score in Eugene. Won a 3rd consecutive outdoor Mountain West heptathlon. 2nd at season opening Aztec and then 6th at Mt Sac Relays. **2012:** 15th at US Olympic Trials while a teenager. Scored a 100 point PR to place 6th at NCAAs. Won outdoor Mountain West heptathlon with PR 5653 score. Repeated as Mountain West Conf. Indoor pentathlon winner. **2011:** USA Junior champs and 4th at Pan Am Juniors. 18th at NCAAs. Mountain West Conference champion indoors and out with PR scores (3916 and 5408). Won UCLAs JJK heptathlon with 5361 score. **High School:** 2010 National JO hept champ. Regional CIF 300m hurdle champ. Letters in t&f, tennis, cross-country and soccer. **Personal:** Received her B.S. in Kinesiology from San Diego State in 2014. Parents are Rick and Adrienne Reaser.

Career:

Indoor:

2/24/11	3916	1	Mountain West, Albuquerque	8.49	164	1169	586	2:32.14
2/23/12	3863	1	Mountain West, Albuquerque	8.39	159	1189	578	2:29.66
2/27/14	4145	2	Mountain West, USAFA	8.30	164	1151	622	2:25.23
3/15/14	3996	15	NCAA I, Albuquerque	8.32	158	1110	586	2:20.37

Outdoor:

7/28/10	5019	1	USATF JOs, Sacramento	14.52+2.5	155	992	24.65+1.1	538+2.2	3653	2:27.39	
4/01/11	5361	1	JJK, Los Angeles	13.83-0.5	159	1166	24.49+2.0	582+0.9	3293	2:26.78	
5/12/11	5408	1	Mountain West, Ft Collins	13.87+2.5	156	1082	24.54+2.4	604+2.9	3786	2:27.69	
6/09/11	5156	18	NCAA I, Des Moines	14.31+2.1	154	1089	24.67-0.1	555-0.1	3584	2:25.79	
6/25/11	5359	1	USA Juniors, Eugene	13.99+1.1	148	1172	24.30+2.0	600+2.4	3413	2:23.22	
7/24/11	5162	4	Pan Am Juniors, Miramar	14.34+0.1	149	1127	24.56+4.2	582+2.5	3354	2:26.46	
3/16/12	5475	1	SDSU Aztec, San Diego	13.80+1.3	155	1163	24.35-0.2	570+0.9	3761	2:19.92	
4/19/12	5510	4	Mt Sac R, Azusa	13.77+0.6	155	1129	24.27+1.9	581+0.1	3797	2:19.37	
5/10/12	5653	1	Mtn West, Colo Springs	13.56+0.5	155	1205	24.09+3.3	608+3.5	3997	2:24.96	
6/08/12	5753	6	NCAA I, Des Moines	13.77-0.8	163	1171	24.20+1.1	596-0.5	4025	2:17.45	
6/30/12	5612	15	OT/USA, Eugene	13.55+1.6	163	1190	24.12+2.8	549+0.9	3685	2:16.54	
3/15/13	5392	2	SDSU Aztec, San Diego	13.86+0.8	161	1160	24.58+0.9	551+0.8	3304	2:18.15	
4/18/13	5527	6	Mt Sac R, Azusa	13.56+1.3	156	1182	24.28+2.4	574+0.7	3505	2:18.06	
5/09/13	5612	1	Mountain West, Las Vegas	13.65	158	1191	23.96w	589w	3553	2:19.23	
6/07/13	5813	8	NCAA I, Eugene	13.30+1.2	160	1198	23.88+2.3	579+0.6	3781	2:12.08	
6/20/13	5495	14	USA, Des Moines	13.35+2.7	154	1208	24.34+1.0	561+1.4	3583	2:19.93	
4/17/14	5637	9	Mt Sac R, Azusa	13.50+1.3	151	1164	24.03+1.5	609+2.0	3493	2:15.01	
5/15/14	5530	2	Mountain West, Laramie	13.41+2.2	158	1111	24.32+0.7	590+0.9	3660	2:23.12	
6/14/14	5836	2	NCAA I, Eugene	13.38+1.8	160	1199	24.60-1.2	602+1.2	3952	2:12.08	
6/29/14	5917	7	USA, Sacramento	13.49+0.9	160	1194	23.86+2.6	621+1.8	3720	2:11.10	
7/27/14	5591	9	Thorpe Cup, Marburg	13.77-0.1	162	1126	24.29+1.9	583+0.7	3405	2:14.19	
4/16/15	5438	14	Mount Sac R, Azusa	14.13+2.1	161	1130	24.60+3.1	575+2.8	3360	2:16.42	
4/14/16	5990	3	Mount Sac R, Azusa	13.67+1.0	168	1236	24.15+1.5	611	0.0	4084	2:13.31
5/23/16	5664	6	Elite II, Chula Vista	13.54+1.9	159	1151	24.57+2.8	604nwi	3679	2:16.43	
6/18/16	5988	2	Pan Am Cup, Ottawa	13.51+3.1	170	1227	24.07+2.6	598+1.1	3951	2:12.36	
7/10/16	5865	11	USOT/USA, Eugene	13.69-0.2	169	1159	24.38+0.6	604+2.4	3851	2:13.07	

PRs: 5990 / 4145

13.30+1.2 170 1236 23.86+2.6 622 4084 2:11.10

Indoor: 60mH: 8.30.

Updated: 7/16/16

LINDSAY SCHWARTZ

DOB: April 23, 1990
 POB: Watertown, WI
 Ht: 5-10
 Hometown: Watertown, WI
 High School: Watertown HS
 College: South Alabama '12



2016: 9th at Olympic Trials with PR 6036 score. Won Sam Adams meet with 5992 score. PR'd in season opener pent with 4073 score. **2015:** 8th at USAs with 5969 effort and then placed 3rd at Thorpe Cup. **2014:** 9th at USA Nationals. Won Sam Adams meet to open season. 6th at USA indoors with 4161 PR. **2013:** 8th at USA nationals and 3rd at Thorpe Cup with breakthrough scores. 3rd at Pan Am Cup in Ottawa with PR 5645 effort. 5th at Mt Sac Relays. 3rd at Sam Adams meet. 10th at USA indoors. **2012:** 10th at NCAAs outdoors with PR 5606 score. Won Sun Belt hept and 100 hurdles after a PR 4th place at Texas Relays (5468). Indoor pentathlon Sun Belt Con champ for 2nd consecutive year. **2011:** 13th at NCAA heptathlon in Des Moines. Sun Belt Conf heptathlon champion and record holder (5318). SBC indoor pentathlon champ. 3rd in high jump outdoors. **2010:** Runner-up at Sun Belt indoor pentathlon and winner of outdoor heptathlon. **High School:** 3x Wisconsin state hurdles (2x 100m, 1x 300m) champion. **Personal:** Major is Leisure Studies-Sports Management **Career:**

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>						
2/27/10	3426	2	Sun Belt, Mufreesboro	8.77	156	1112	522	2:30.05 [55mH]					
1/29/11	3492	2	Carnes, Gainesville	8.65	165	1005	515	2:30.27 [55mH]					
3/27/11	3585	1	Sun Belt, Mufreesboro	8.37	163	951	534	2:25.32 [55mH]					
2/25/12	3996	1	Sun Belt, Mufreesboro	8.16	165	1119	594	2:21.32 [55mH]					
3/09/12	3951	13	NCAA I, Nampa	8.59	166	1020	585	2:21.70					
3/01/13	3892	10	USA, Albuquerque	8.77	164	1177	561	2:23.87					
2/21/14	4161	6	USA, Albuquerque	8.58	176	1185	579	2:22.07					
1/30/15	3969	3	U Washington, Seattle	8.81	170	1204	560	2:23.96					
1/29/16	4073	2	U Washington, Seattle	8.57	167	1169	581	2:20.26					
2/26/16	4222	4	USA Crete	8.65	174	1300	579	2:20.10					
Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
5/08/10	4966	1	Sun Belt, Mufreesboro	14.65	-3	166	1050	25.10	+3.7	535	+1.4	2978	2:29.22
3/24/11	4778	2	FSU R, Tallahassee	15.06	+1.8	164	953	25.48	+2.6	516	+1.6	2721	2:22.37
5/14/11	5318	1	Sun Belt, Mufreesboro	14.70	+1.0	170	962	25.23	-2.0	591	+1.3	3319	2:18.19
6/09/11	5274	13	NCAA I, Des Moines	14.33	+0.9	166	1015	25.25	-0.8	564	+1.2	3555	2:21.03
3/29/12	5468	4	Texas R, Austin	14.27	+0.9	169	1085	24.93	+0.2	574	+1.1	3649	2:19.07
5/12/12	5264	1	Sun Belt, Lafayette	14.20	+0.6	164	1067	24.50	+1.6	561	-1.5	3576	2:28.91
6/??/12	5606	10t	NCAA I, Des Moines	14.00	-0.3	166	1062	24.43	+1.1	590	-0.5	3699	2:15.66
4/06/13	5591	3	Sam Adams, S Barbara	14.13	-1.3	164	1171	24.65	+0.4	570	-0.1	3805	2:14.64
4/18/13	5565	5	Mt Sac R, Azusa	14.16	+1.3	168	1084	24.33	+2.5	565	+1.5	3809	2:16.65
6/02/13	5645	3	Pan Am CE Cup, Ottawa	13.94	+1.0	171	1188	24.64	+1.2	542	+1.5	4060	2:17.17
6/20/13	5910W	8	USA, Des Moines	13.61	+4.9	172	1161	24.18	+0.4	585	+4.0	3992	2:12.48
7/28/13	5982	3	Thorpe Cup, Chula Vista	13.78	+1.2	166	1194	24.06	+1.8	615	+1.5	4247	2:12.85
3/05/14	5942	1	Sam Adams, S Barbara	13.90	+0.3	175	1267	24.20	+1.9	595	0.0	3975	2:16.71
6/28/14	5816	9	USA, Sacramento	13.99	+1.8	172	1231	24.07	+0.6	585	+0.1	3643	2:14.64
7/18/14	5835	3	Pan Am Cup, Ottawa	13.93	+2.5	169	1215	24.28	+2.0	590	+1.9	4001	2:14.91
4/04/15	5998	3	Sam Adams, S Barbara	13.82	0.0	178	1303	24.27	-0.2	582	+0.2	3912	2:13.62
6/28/15	5969	8	USA, Eugene	13.55	+1.4	167	1324	24.06	+0.7	588	+0.3	4162	2:15.97
8/09/15	5832	3	Thorpe Cup, Bernhausen	13.84	0.0	172	1257	24.48	+1.9	593	-0.9	3922	2:17.46
4/02/16	5991	1	Sam Adams, S Barbara	13.63	-0.7	169	1367	24.32	-0.5	584	0.0	3939	2:11.93
7/10/16	6036	9	USOT/USA, Eugene	13.72	-2.9	166	1352	24.19	+0.6	612	+1.4	4153	2:14.29

PRs: 5998 / 4073 **13.55+1.4 178 1367 24.06+1.8 615+1.5 4247 2:11.93**
Indoor: 60mH: 8.57; 55mH 8.16

TATUM SOUZA

DOB: April 20, 1992
 POB: Concord, CA
 Ht: 5-6
 Hometown: Napa, CA
 High School: Napa HS
 College: UCLA '15



2016: 16th at Olympic Trials. Placed 7th at Pan Am Cup after PR and 4th place 5848 effort at Mt Sac Relays. 2nd at Kansas St with indoor 4124 PR score and followed with PR 4219 effort at USAs. **2015:** Pac-12 runner-up. Placed 5th at Mount Sac R with PR 5771 score. **2013:** 9th place at NCAAs with career best 5691 score and followed with a 15th at USA champs. Runner-up at Pac-12 with PR, 5624. 4th at Mt Sac Relays with PR 5587. 7th at Texas Relays. Scored 4023 at Mountain Pacific meet in Seattle. **2012:** Won Cal Invt at Azusa outdoors in PR 5350 score and then placed 5th at Pac-12 meet. **2011:** 6th at Pac-12 outdoors. **High School:** Napa County Volleyball Player of the Year. **Personal:** Daughter of Ronald and Jodi Souza. Undeclared major.

Career:

Indoor:

1/27/12	3640	1	WSU Cougar, Pullman	9.11	153	1177	536	2:22.82
2/25/12	3695	5	Mtn Pacific, Seattle	9.03	155	1160	536	2:20.19
1/25/13	3884	4	UWash Invt, Seattle	8.83	166	1279	526	2:22.37
2/22/13	4023	?	Mtn Pacific, Seattle	8.48	163	1221	558	2:19.30
2/07/14	3809	3	Texas A&M, C Station	8.59	165	1222	533	2:30.20
1/22/16	4124	2	KSU Skuteyte, Manhattan	8.56	167	1374	557	2:21.36
2/05/16	4013	1	Sevigne Husker, Lincoln	8.52	163	1330	536	2:20.11
2/26/16	4219	5	USA, Crete	8.49	171	1440	545	2:19.83

Outdoor:

5/07/11	4906	6	Pac-12, Tucson	14.47	154	1243	26.48	532w	3580	2:33.83
4/19/12	5350	1	California Invt, Azusa	14.26	163	1183	25.51	561	3490	2:18.50
5/13/12	5334	5	Pac 12, Eugene	14.09	159	1203	25.42w	533w	3383	2:17.35
3/28/13	5288	7	Texas R, Austin	14.12	157	1264	25.41+4.4	533+1.7	3691	2:20.52
4/18/13	5587	4	Mt Sac R, Azusa	14.08+1.3	156	1303	25.03+0.5	580+2.5	3985	2:16.99
5/05/13	5624	2	Pac-12, Los Angeles	13.95+2.7	169	1242	25.20+0.3	556-0.9	3937	2:16.87
6/07/13	5691	9	NCAA I, Eugene	13.86+2.7	169	1276	25.26+2.8	574+1.2	3930	2:17.91
6/21/13	5360	15	USA, Des Moines	13.96+1.7	166	1308	25.73+1.0	516+1.4	3879	2:24.09
4/05/14	dnf	-	Sam Adams, S Barbara	13.85+0.2	169	1223	25.40+1.7	544-1.3	3767	dnr
4/16/15	5771w	5	Mount Sac R, Azusa	13.89+2.4	164	1335	25.36+2.1	574+2.3	4427	2:16.67
5/10/15	5636	2	Pac-12, Los Angeles	14.04+1.4	170	1385	26.03+1.6	560+2.4	3960	2:18.76
6/11/15	5604	17	NCAA I, Eugene	14.20+0.1	169	1394	25.60+2.1	535+3.2	4339	2:21.72
4/02/16	dnf	-	Sam Adams, S Barbara	13.93-0.5	169	1373	25.22+0.3	withdrew		
4/14/16	5948	4	Mt Sac R, Azusa	13.72+0.7	174	1353	24.99+1.5	576+1.7	4142	2:14.23
6/18/16	5570	7	Pan Am Cup, Ottawa	14.21+3.1	170	1332	25.15 0.0	549+2.1	3984	2:23.01
7/10/16	5662	16	USOT/USA, Eugene	14.19-2.9	166	1343	25.42-0.9	588+2.0	3882	2:18.75

PRs: 5948 / 4219

13.72+0.7 174 1442 24.99+1.5 588+2.0 4427 2:14.23

Indoor: 60mH: 8.48

Updated: 7/20/16

COACHES:



Lauren Reimer

Lauren Reimer has completed her third season as an assistant coach for the Wake Forest Track and Field program in 2014-15. She Sprints, Hurdles and Relays in addition to the Combined Events.

During the 2014 outdoor season, Reimer's athletes developed exponentially to perform at their best at the ACC Outdoor Championships. To this day, Reimer holds the seventh-best all-time high school heptathlon score. She was a Nike indoor pentathlon champion, six-time High School All-American for AAU and USATF in the heptathlon, three-time Junior National All-American and competed for the Junior USA combined-events in London, Ontario.

Reimer attended Georgia Tech for three years and earned the school records for the pentathlon and heptathlon and was the 2004 All-ACC runner-up in the pentathlon and the 2004 ACC Champion in the heptathlon. She then transferred to Long Beach State where she completed her eligibility and received a Bachelor of Arts in Interpersonal and Organizational Communications. She continued to assist the track and field program as a Student-Assistant Coach under her mentor, Dave Rodda.

Reimer also earned coaching experience at Immaculate Heart High School in Los Angeles and Mater Dei Catholic in Chula Vista, Calif. She has received several coaching certifications. Her most recent endeavor is the highest level for coaches' education and is internationally recognized as the highest level for a coaching accreditation: IAAF Level 5 / USATF Level 3 Horizontal and Vertical Jumps certification. She is USATF Level 2 certified in the Horizontal and Vertical Jumps, Throws, Combined-Events and the Sprints, Hurdles and Relays.



Shiela Burrell



Shelia Burrell, a two-time Olympian in the heptathlon, enters her eighth season as the head cross country/track and field coach at San Diego State.

Over her seven years, Burrell has coached four NCAA individual champions, 26 All-Americans, 46 Mountain West individual champions, two MW relay champions and 107 all-MW performances. Additionally, 33 school records have been set under her watch.

Burrell has been named, on several occasion, the Mountain West Indoor and Outdoor Track and Field Coach of the Year, the USTFCCCA West Region Indoor Coach of the Year and the Coach of the Meet at the Cal/Nevada Championships.

Burrell brought an impressive pedigree of success as an educator, coach and athlete. USA Track and Field Level One and Level Two certified in the sprints, hurdles and multi-events, Burrell has been an athlete and a coach throughout her competitive career. A student of the sport, Burrell has served as a sprint and hurdle clinician for various clinics and has coached at every level of the sport throughout her career, coaching youth, high school and junior college track and field. Throughout her career, Burrell has had the fortune of working with and coaching alongside some of the top coaches in the sport of track and field.

Of Burrell's hire at San Diego State U, SDSU Director of Athletics Jeff Schemmel said, "Burrell's passion for the students, her knowledge and expertise, and her national presence in track and field made her an obvious choice for San Diego State. She brings world class competitive experience as well as exceptional coaching experience."

Burrell is known as one of our nation's best athletes competing in the heptathlon at the 2000 Olympic Games in Sydney, Australia and the 2004 Olympic Games in Athens, Greece (fourth-place finish). In addition, she was a five-time U.S. National Champion in the heptathlon (1999, 2001, 2002, 2003 and 2004). Burrell also won a bronze medal at the 2001 Edmonton World Championships.

TEAM DEUTCHLAND -GERMANY



Annett Fleming Sophie Hamann



Lea Menzel Anna-Lena Obermaier

Fleming, Annett

LG Jena DOB: May 4, 1984 2001 World Youth champion. 17th, 9th, 6th at '06,'07,'08 NCAAs at Nevada-Reno. 7th at '09 NCAA while at Hawaii. 4th at 2014 Thorpe Cup. In 2nd Thorpe Cup appearance. Now asst coach at UCSB.



				<i>100mH</i>	<i>HJ</i>	<i>SP</i>	<i>200m</i>	<i>LJ</i>	<i>Jav</i>	<i>800m</i>
2014 Thorpe Cup	5847	4	Marburg	14.28-0.2	174	1364	26.08+0.8	552+0.6	4949	2:15.13
2015 Sam Adams	6051	2	Santa Barbara	14.02+0.8	175	1402	25.83+0.6	572 0.0	5158	2:14.80
2015 Mt Sac R	6002	2	Azusa	13.99+2.1	176	1382	25.52+3.1	585+0.7	4730	2:17.3

PRs: 6051 / 4177

13.99+2.1 178 1435 25.33+3.0 619nwi 5158 2:14.00

SBs: nm / 4035

14.84 0.0 168 1400 nm 554i 4941 2:21.66

Hamann, Sophie

TuS Metzingen, DOB 1996. 20 years old, 2015 national Jr champ.



				<i>100Hm</i>	<i>HJ</i>	<i>SP</i>	<i>200m</i>	<i>LJ</i>	<i>Jav</i>	<i>800m</i>
2015 BaWu	5240		Bernhausen	14.79-2.0	168	1000	25.96+1.0	600-0.5	3441	2:21.76
2015 u20 NC	5430	1st	Heidenheim	14.25+1.6	174	983	25.18+0.4	558 0.0	3610	2:15.92
2016 Stadwerke	5475	11th	Ratingen	14.15-1.6	171	953	25.01 0.0	584+1.3	3425	2:14.76

PRs: 5475 / 3927

14.06+0.7 172 1038 25.01 0.0 600-0.5 3610 2:14.76

SBs: 5475

14.15-1.6 171 953 25.01 0.0 584+1.3 3425 2:14.76

Menzel, Lea

TVS 1861 Neu-Isenburg, 1996, 21 years old, 12th with PR at Ratingen



				<i>100Hm</i>	<i>HJ</i>	<i>SP</i>	<i>200m</i>	<i>LJ</i>	<i>Jav</i>	<i>800m</i>
2015 Mehrkampf 5333			Kassel	14.35-1.3	159	1303	25.85+1.8	567+0.7	4228	2:31.01
2016 Stadwerke 5360	12th		Ratingen	14.45-1.6	157	1378	26.07-0.2	578+0.6	3962	2:27.10

PRs: 5360 / 4005

14.30+2.5 166 1378 25.81+0.7 578+0.6 4228 2:27.10

SBs: 5360 / 3958

14.39-0.8 166 1378 26.07+0.6 578+0.6 4058 2:27.10

Obermaier, Anna-Lena

LG Sempt, 2015 national Jr runner-up. DOB, 1996



				<i>100Hm</i>	<i>HJ</i>	<i>SP</i>	<i>200m</i>	<i>LJ</i>	<i>Jav</i>	<i>800m</i>
2015 u20 NC 5383	2nd		Heidenheim	14.27+1.6	174	1127	26.12+0.4	533 0.0	4074	2:21.25
2016 South 5322			Ulm	14.56+0.2	175	1127	26.15 0.0	538	4201	2:26.55
2016 Bayer 5224			Gamisch-Partenkirchen	14.57+1.2	181	1105	26.63-0.5	528	4081	2:31.57

PRs: 5322 / 3797

14.27+1.6 181 1151 25.76+0.7 574 4269 2:21.25

SBs: 5322 / 3797

14.56+0.2 181 1133 26.15 0.0 557 4201 2:26.55

100Hm HJ SP 200m LJ Jav 800m

PRs:

Coaches: