

2015 & 15th USATF Indoor Women's Pentathlon



MEDIA GUIDE



Friday
February 27, 2015
Reggie Lewis Center
Roxbury, MA

Frank Zarnowski
Deca, The Decathlon Association
www.decathlonusa.typepad.com

2015 USATF Indoor Women's Pentathlon Media Guide

Time Schedule

Friday, February 27, 2015

60m Hurdles	9:15 am
High Jump	10:15
Shot Put	12:15 pm
Long Jump	1:15
800 Meters	2:15

Day 1 session ends 2:30



Qualifying Standards: [qualifying window: Jan 3, 2014 to Feb 22, 2015]

Indoor Pentathlon Score	4150
Outdoor Heptathlon Score	5800

Qualifying Guidelines

1. All qualifying performances must be made on standard indoor or outdoor tracks. No allowances are provided for indoor facilities of differing size, bank or other configuration, or altitude.
2. Qualifying marks must be made in accordance with USATF Rule 149 and verifiable in one of the following:
 - a. USATF- or IAAF-sanctioned events that prescribe to or exceed USATF rules of competition
 - b. events at collegiate meets that prescribe to or exceed USATF rules of competition
 - c. meets or events that meet a minimum for competitiveness set by the Chair of the Sport Committee and determined to be valid by the USATF staff member responsible for verification.
3. Indoor qualifying standards must be met during the qualifying window shown above.
4. All performances are subject to verification

Awards

A Gold Medal, emblematic of the Championships of the United States of America, will be given to the winner of each Championship event, a Silver Medal to second place, and Bronze Medals to third and fourth places.

Prize Money

For the 2015 USA Indoor Track & Field/Combined Event Championships, USA Track & Field will pay prize money to the first through fourth place finishers in each Championship event. The prize structure is as follows:

5. 1st - \$5,000, 2nd - \$3,000, 3rd - \$1,250, 4th - \$750

Entrants: [alphabetical list of entrants only, does not imply they have been accepted]

		<u>Qualifying mark</u>	<u>PR</u>	<u>Pentathlon</u> <u>Heptathlon PR</u>
Sharon Day	asics	4805	4805 ^{'14}	6550 ^{'13}
Kaylon Eppinger	World AthC	4069	4081 ^{'12}	5560 ^{'12}
Breanna Leslie	unat	4164	4154 ^{'15}	5761 ^{'13}
Lindsay Lettow	SBTC	4284	4284 ^{'15}	5859 ^{'14}
Carly Loeffel	unat	3890	3890 ^{'15}	5470 ^{'13}
Amber Metoyer	unat	3910	3910 ^{'15}	5377 ^{'14}
Heather Miller	CPTC/NB	6100 ^{hept}	4105 ^{'13}	6100 ^{'14}
Barbara Nwaba	SBTC	4406	4406 ^{'14}	6307 ^{'14}
Tiffany Parker	unat	3918	3918 ^{'14}	5562 ^{'14}
Kiani Profit	Chula Vista-e	6072 ^{hept}	4396 ^{'11}	6135 ^{'13}
Allison Reaser	unat	5917 ^{hept}	4145 ^{'14}	5917 ^{'14}
Lindsay Schwartz	SBTC	5982 ^{hept}	3996 ^{'12}	5982 ^{'13}
Sara Skipper	SBTC	3706	3706 ^{'15}	5066 ^{'14}



Top row: Kaylon Eppinger, Breanna Leslie, Lindsay Lettow, Carly Loeffel, Amber Metoyer,
 2nd row: Heather Miller, Barbara Nwaba, Sarah Skipper,
 3rd row: Kiani Profit, Sharon-Day-Monroe, Tiffany Parker, Lindsay Schwartz, Allison Reaser

PRs of Entrants:

	<u>score</u>	<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
*Sharon Day	4805'14	8.42	195	1559	616	2:08.94
*Kaylon Eppinger	4081'12	8.19	173	1275	578	2:19.45
*Breanna Leslie	4182'14	8.42	174	1249	594	2:10.88
*Lindsay Lettow	4301'13	8.42	179	1245	597	2:14.38
*Carly Loeffel	3890'13	8.82	173	1270	599	2:19.34
*Amber Metoyer	3910'15	8.95	171	1438	582	2:29.90
*Heather Miller	4105'13	8.70	178	1194	639	2:09.65
*Barbara Nwaba	4344'12	8.47	187	1454	602	2:11.42
*Tiffany Parker	3918'14	8.63	173	1378	586	2:28.34
*Kiani Profit	4396'11	8.40	175	1280	611	2:06.25
*Allison Reaser	4145'14	8.30	164	1208	622	2:11.10
*Lindsay Schwartz	3996'12	8.59	175	1267	615	2:12.48
*Sara Skipper	3706'15	9.17	172	1096	574	2:20.96

*completed

FACT SHEET: Recent Championship Results



2014 USATF Indoor Champs, Albuquerque

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4805	Day-Monroe, Sharon/Asics	8.44	188	1559	609	2:13.19	AR, MR
4498	Spenner, Sami/Nebraska-Omaha	8.52	176	1225	634	2:12.87	
4406	Nwaba, Barbara/unat	8.51	185	1355	570	2:19.75	
4284	Lettow, Lindsay/unat	8.44	176	1209	588	2:18.34	
4182	Leslie, Breanna/unat	8.45	170	1208	552	2:12.60	
4161	Schwartz, Lindsay/unat	8.58	176	1185	579	2:22.07	
3941	Outman, Madeline/unat	8.51	161	1027	543	2:10.87	
3657	Parker, Tiffeny/unat	8.66	167	1271	503	2:39.24	
dnf	Woods, Shana/unat	8.37	167	1151	598	dnr	
	9s,8f						

2013 USATF Indoor Champs, Albuquerque

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4478	Day, Sharon/Asics	8.57	182	1507	582	2:20.86	
4333	Wade, Bette/Nike	8.73	176	1431	599	2:23.45	
4301	Lettow, Lindsay/unat	8.42	173	1214	587	2:14.83	
4271	Spenner, sami/Neb-Omaha	8.74	170	1155	623	2:14.53	
4162	Profit, Kiana/unat	8.85	170	1196	573	2:11.69	
4105	Miller, Heather/CPTC NewBal	8.84	170	1189	603	2:22.24	
4059	Beamer, Brianne/Colorado	8.85	173	1084	561	2:13.79	
4053	Leslie, Breanna/Azusa Pacific	8.47	170	1114	534	2:13.34	
3949	Outman, Madeleine/unat	8.50	158	1094	555	2:13.48	
	9s,9f						

2012 USATF Indoor Champs, Bloomington

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4567	Day, Sharon/Asics	8.46	185	1329	589	2:11.89	
4373	Stechschulte, Abbie/unat	8.47	173	1326	596	2:16.22	
4371	Wade, Bette/Nike	8.39	182	1280	595	2:23.29	
4171	Hill, Kasey/unat	8.62	164	1399	564	2:17.11	
3994	Pearson, Emily/unat	8.60	167	1157	544	2:17.00	
3960	Beamer, Brianne/unat	8.96	167	1122	541	2:11.71	
3921	Roehrig, Liz/unat	8.83	170	1340	544	2:30.77	
3560	Parker, Tiffany/unat	8.63	158	1158	514	2:35.32	
3053	Lofton, Sherria/unat	8.65	nh	1043	561	2:23.28	
	9s,9f						

2011 USATF Indoor Champs, Bloomington

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4439	Wade, Bette/Nike	8.49	182	1350	617	2:25.25	
4337	Stechschulte, Abbie/unat	8.44	170	1364	581	2:15.21	
4289	DeLoach, Janay/unat	8.61	173	1267	646	2:29.04	
4241	Hill, Kasey/unat	8.48	170	1341	571	2:18.20	
4118	Roehrig, Liz/unat	8.68	176	1322	573	2:29.24	
4063	Pearson, Emily/unat	8.60	170	1168	557	2:17.87	
3840	Trimble, Ashley/unat	8.82	161	1239	547	2:24.24	
3628	Beemer, Brianne/unat	9.23	164	980	503	2:14.47	
dnf	Fountain, Hyleas/Nike	8.15	182	1317	635	dns	
	9s,8f						

2010 USATF Indoor Champs, Bloomington

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
4544	Pickler, Diana/Asics	8.31	179	1249	628	2:15.33	
4469	Wade, Bette/Nike	8.69	185	1367	593	2:17.94	

4467	Day, Sharon/Asics	8.67	182	1360	590	2:14.63
4130	Stechschulte, Abbie/unat	8.62	167	1274	565	2:16.85
4004	Blackley, Kirby/unat	8.43	164	1137	581	2:23.39
3944	Ingram, Bridgette/unat	8.95	167	1154	586	2:24.14
3893	Roehrig, Liz/unat	8.88	173	1310	554	2:35.90

7s,7f

60H hj sp lj 800m

2009 USATF Indoor Champs, Chapel Hill

4391	Pickler, Diana/Asics	8.24	179	1159	614	2:20.05
4320	Day, Sharon/Asics	8.79	185	1225	575	2:16.38
4292	Pickler, Julie/Asics	8.48	170	1271	593	2:15.89
4252	Nelson, Lela/unat	8.58	173	1185	631	2:24.47
4228	Johnson, Jackie/Nike	8.47	176	1214	581	2:20.70
4051	Hill, Kasey/unat	8.69	170	1274	550	2:21.02
3905	Twigg, Amanda/unat	8.71	161	1091	580	2:21.08
3877	Andres, Ashley/Nike	8.81	170	1148	553	2:26.63
3824	Pearson, Emily/unat	8.66	164	1164	542	2:25.88
3234	Blackley, Kirby/unat	8.55	nh	1115	587	2:20.78
3167	Ingram, Bridgette/LemansTC	9.28	158	1163	504	2:56.75

11s,11f

2008 USATF Indoor Champs, Chapel Hill

4378	Diana Pickler/Asics	8.16	180	1198	598	2:21.41
4296	Julie Pickler/Asics	8.43	177	1133	602	2:18.07
4124	Ryanne DuPree/unat	8.50	171	1172	592	2:23.81
4088	Abbie Stecschulte/unat	8.52	165	1261	577	2:21.90
3993	Jackie Poulson/unat	8.89	168	1225	560	2:20.07
3913	Ashley Wilhelm/unat	8.90	171	1180	567	2:28.09
3874	Cassie Merkle/Idaho St	8.68	171	1201	522	2:25.72
3831	Tracy Partain/unat	8.81	171	1166	533	2:27.53
3747	Sarah Gretzmacher/Team Missouri	9.00	162	1155	558	2:27.02
3665	Amanda Feight/unat	9.41	159	1114	564	2:24.01

10s,10f

2007 USATF Indoor Champs, Chapel Hill

4098	Fiona Asigbee	8.56	168	1204	603	2:26.21
4097	Bridget Ingram	8.67	168	1298	594	2:27.08
3976	Lela Nelson	8.70	165	1115	610	2:27.71
3936	Ashley Wilhelm	8.79	165	1173	575	2:24.03
3919	Ashley Huffman	8.58	159	1053	595	2:21.96
3821	Danielle McNaney	8.76	162	1051	543	2:17.51
dnf	Sara Jane Baker	9.01	174	1165	562	dnr

7s,6f

2006 USATF Indoor Champs, Chapel Hill

4143	Lela Nelson	8.47	165	1174	635	2:29.37
4094	Jackie Poulson	8.64	171	1287	562	2:20.80
3886	Danielle McNaney	8.87	162	1182	551	2:18.92
3873	Jimoh Fummilayo	8.40	171	1022	612	2:41.45
3852	Bridgett Ingram	8.79	168	1212	568	2:33.84
3725	Ashley Wilhelm	8.93	168	1149	563	2:37.22
3321	Tacita Bass	8.56	165	3f	547	2:19.43

7s,7f

2005 USATF Indoor Champs, Chapel Hill

4417	Hyleas Fountain	8.23	184	1137	620	2:23.23
4347	Fiona Asigbee	8.34	181	1278	586	2:22.94
4268	Jackie Poulson	8.61	175	1227	594	2:18.07
4262	Gigi Miller	8.13	169	1308	587	2:23.48

2004 USATF Indoor Results, Chapel Hill

4224	Tiffany Lott-Hogan	7.99 165 1438 584 2:31.28
4093	Michelle Moran	8.82 171 1235 569 2:18.95
4041	Fiona Asigbee	8.60 174 1170 559 2:23.52
4026	Jackie Poulson	8.75 168 1189 570 2:20.27

2003 USATF Indoor Results, Chapel Hill

4317	Tiffany Lott-Hogan	8.01 172 1405 589 2:29.59
4265	Kim Schiemenz	8.62 181 1286 563 2:19.77
4124	Robin Unger	9.00 172 1495 561 2:25.91
4095	Trace Lawyer	8.54 175 1375 542 2:28.11

Previous Winners:

<u>Year</u>	<u>score</u>	<u>winner</u>	<u>site</u>	
1993-94	No meet			
1995	4696	Kym Carter	Moscow, ID	
1996	4151	Marla Runyan	Manhattan, KS	
1997-02	No meet			
2003	4317	Tiffany Lott-Hogan	Chapel Hill, NC	
2004	4224	Tiffany Lott-Hogan	Chapel Hill, NC	
2005	4417	Hyleas Fountain	Chapel Hill, NC	
2006	4143	Lela Nelson	Chapel Hill, NC	
2007	4098	Fiona Asigbee	Chapel Hill, NC	
2008	4378	Diana Pickler	Chapel Hill, NC	
2009	4391	Diana Pickler	Chapel Hill, NC	
2010	4544	Diana Pickler	Bloomington, IN	
2011	4439	Bette Wade	Bloomington, IN	
2012	4567	Sharon Day	Bloomington, IN	
2013	4478	Sharon Day	Albuquerque, NM	
2014	4805	Sharon Day-Monroe	Albuquerque, NM	MR, AR



Most Wins:

3	Diana Pickler	2008, 2009, 2010
	Sharon Day-Monroe	2012, 2013, 2014
2	Tiffany Lott-Hogan	2003, 2004

All-Time USA List

[as of 2/16/15]

4805A	Sharon Day-Monroe	2/21/14	USA, Albuquerque	8.44 188 1559 609 2:13.19 (1)
4753	Dede Nathan	3/5/99	IAAF WC, Maebashi	8.26 186 1510 624 2:18.98 (1)
4753	Hyleas Fountain	3/13/10	IAAF WC, Doha	8.20 187 1406 646 2:21.02 (4)
4731	Fountain	1/30/10	Penn State, U Park	8.04 181 1383 668 2:23.89 (1)
4718	Day-Monroe	3/7/14	IAAF-WC, Sopot	8.43 184 1495 594 2:09.80 (4)
4696	Kym Carter	2/10/95	Russia, Moscow	8.55 182 1557 607 2:13.32 (1)
4635A	Kendall Williams	3/15/14	NCAA I, Albuquerque	8.21 188 1205 632 2:17.31 (1)
4632	Carter	3/10/95	IAAF WC, Barcelona	8.37 179 1482 611 2:15.34 (2)
4627	Carter	3/7/97	IAAF WC, Paris (Bercy)	8.36 183 1548 568 2:13.32 (3)
4609	Williams	1/23/15	McCravey, Lexington	8.23 185 1277 646 2:22.89 (1)

[10 performances]

Incomplete:

4586A	Erica Bougard	3/15/14	NCAA, Albuquerque	8.31 179 1251 629 2:12.63 (2)
4567	Day	3/4/12	USA, Bloomington	8.46 185 1329 589 2:11.89 (1)
4544	Diana Pickler	3/6/10	USA, Bloomington	8.31 179 1249 628 2:15.33 (1)
4498A	Sami Spenner	2/21/14	USA, Albuquerque	8.52 176 1225 634 2:12.87 (2)

4496	Jacquelyn Johnson	3/14/08	NCAA, Fayetteville	8.23 178 1186 616 2:13.45 (1)
4478A	Day	3/1/13	USA, Albuquerque	8.57 182 1507 582 2:20.86 (1)
4469	Bettie Wade	3/6/10	USA, Bloomington	8.69 185 1367 593 2:17.94 (2)
	<i>[10 performers]</i>			
4467	Day	3/6/10	USA, Bloomington	8.67 182 1360 590 2:14.63 (3)
4452	Day	1/25/13	UW Husky, Seattle	8.51 181 1379 580 2:15.43 (1)
4458	Bougard	2/27/14	SEC, College Station	8.37 178 1248 614 2:15.41 (1)
	<i>[20 performances]</i>			
4442	Pickler, D	1/29/10	Iowa St, Ames	8.41 179 1167 624 2:16.18 (1)
4439	Wade	3/6/11	USA, Bloomington	8.49 182 1350 617 2:25.25 (1)
4430	Day	1/26/12	UW Husky, Seattle	8.49 181 1275 595 2:16.27 (1)
4419	Bougard	1/21/15	Samford, Birmingham	8.27 177 1189 631 2:20.97 (1)
4417	Fountain	2/27/04	SEC, Lexington	8.23 181 1171 632 2:24.94 (1)
4417	Fountain	3/6/05	USA, Chapel Hill	8.23 184 1137 620 2:23.23 (1)
4412	Fountain	3/13/04	NCAA, Fayetteville	8.15 180 1146 645 2:27.61 (1)
4406A	Barbara Nwaba	2/21/14	USA, Albuquerque	8.51 185 1355 570 2:19.75 (3)
4399	Bougard	3/9/13	NCAA, Fayetteville	8.34 175 1100 611 2:10.80 (1)
4378	Pickler	3/9/08	USA, Chapel Hill	8.16 180 1198 598 2:21.41 (1)
	<i>[30 performances]</i>			
4376	Wade	1/29/09	NCAA, Fayetteville	8.46 179 1287 608 2:22.43 (2)
4373	Abbie Stechschulte	3/4/12	USA, Bloomington	8.47 173 1326 596 2:16.22 (2)
4371	Wade	3/4/12	USA, Bloomington	8.39 182 1280 595 2:23.29 (3)
4347	Fiona Asigbee	3/6/05	USA, Chapel Hill	8.34 181 1278 586 2:22.94 (2)
4337	Stechschulte	3/6/11	USA, Bloomington	8.44 170 1364 581 2:15.21
4333A	Wade	3/1/13	USA, Albuquerque	8.73 176 1431 599 2:23.45 (2)
4336	Ashley Selig	2/24/05	Big 12, Lincoln	
4320	Day	3/08/09	USA, Chapel Hill	8.79 185 1225 575 2:16.38 (2)
4312	Amy Menlove	3/11/05	NCAA, Fayetteville	8.28 167 1115 667 2:24.69 (2)
4302A	Williams	1/24/13	UNM, Albuquerque	8.40 181 1121 625 2:26.64 (1)
	<i>[40 performances]</i>			
4301A	Lindsay Lettow	3/1/13	USA, Albuquerque	8.42 173 1214 587 2:14.83 (3)
	<i>[16 performers]</i>			

Indoor Women's Pentathlon Records

World Records

60mH	7.91	Jessica Ennis/GBR	Istanbul, IAAF-4965	2012
HJ	1.99m(6-6 1/2)	Tia Hellebut/BEL	Valencia-4867	2008
SP	20.27m(66-6)	Eva Wilms/GER	Berlin-4641	1977
LJ	6.81m(22-3)	Nadine DeBois/FRA	Paris	1986
800m	2:04.42	Ester Goossens/NED	Kalbach	1997
Score	5013	Nataliya Dobrynska/UKR	Istanbul	2012
		<i>[8.38 184 1651 657 2:11.16]</i>		



American Records

60mH	7.99	Tiffany Lott-Hogan/USA	Chapel Hill/USATF-4224	2004
HJ	1.94m(6-4 1/4)	Gwen Wentland/Kansas St	Manhattan -4115	1995
SP	15.59m(51-2)	Sharon Day-Monroe/asics	Albuquerque-USA-4905	2014
LJ	6.68m(21-11)	Hyleas Fountain/Nike	University Park, PA-4731	2010
800m	2:08.36	Erica Moore/Indiana St	Ames-4030	2009
Score	4805A	Sharon Day-Monroe/asics	Albuquerque-USA	2014
		<i>[8.44 188 1559 609 2:13.19]</i>		



Collegiate Records

60mH	8.15	Hyleas Fountain/Georgia	Fayetteville/NCAA-4412	2004
HJ	1.88m(6-2)	Brianne Theisen/Oregon	College Station, TX	2012
		Kendall Williams/Georgia	Fayetteville/NCAA-4635	2014
SP	16.34m(53-7 1/2)	Austra Skyute/Kansas St	Manhattan	2002



LJ	6.67m(21-10¾)	Amy Menlove/BYU	Fayetteville/NCAA-4312	2005
800m	2:08.36	Erica Moore/Indiana St	Ames-4030	2009
Score	4635	Kendall Williams/Georgia	Fayetteville/NCAA	2014

[8.21 188 1205 632 2:17.31]

USATF Meet Records

60mH	7.99	Tiffany Lott-Hogan/USA	Chapel Hill –USA-4224	2004
HJ	1.88(6-2)	Sharon Day-Monroe/asics	Albuquerque-USA-4805	2014
SP	15.59m(51-2)	Sharon Day-Monroe/asics	Albuquerque-USA-4805	2014
LJ	6.46(21-2½)	Janay DeLoach/unat	Bloomington-4289	2011
800m	2:10.87	Madeline Outman/unat	Albuquerque- 3941	2014
Score	4805	Sharon Day-Monroe/asics	Albuquerque-USA	2014

[8.44 188 1559 609 2:13.19]



Athletes's Bios:

SHARON DAY-MONROE

DOB: June 9, 1985
 POB: Brooklyn, NY
 Ht: 5-8
 Hometown: Costa Mesa, CA
 High School: Costa Mesa HS
 College: Cal Poly-SLO '08
 Club: Asics



2014: Set US indoor pentathlon record by winning 3rd consecutive American title, then place a close 4th at IAAF world indoor meet in Sopot, Poland. **2013:** Recorded four career bests in fashioning world's top score (PR 6550) to date while winning 3rd consecutive USA nationals in Des Moines. And then placed 6th at IAAF outdoor world champs in Moscow. Won USA indoors with 4478 effort. **2012:** 16th at London Olympic Games heptathlon after winning US Olympic Trials with PR 6343 score. Opened season with pentathlon (4430) win in Seattle and then won USA indoor national pentathlon with PR 4567 score. Opened outdoor season with PR 6337 effort at Westmont's Sam Adams meet in Santa Barbara, that included 3 event PRs. Placed 16th at Götzis. **2011:** Won USA nationals in Eugene, then placed 18th at IAAF world champs in Daegu. **2010:** Runner-up at USA nationals with 4th consecutive 6k score. **2009:** Runner-up at USA outdoor champs and 10th at IAAF World Champs in Berlin, Won Pan-American CE Cup heptathlon with PR 6063 score. Runner-up at USA indoor pentathlon champs with PR 4320. **2008:** Made USA Olympic team with 1.91m clearance at US Trials. Did not qualify for finals in Beijing. NCAA high jump runner-up. Won Big West Conference crown with 5642 score. **2007:** 2007 — Second at U.S. Outdoor Championships with a leap of 6-2¼. Placed 4th at the NCAA Championships with a jump of 6-feet. Tied for 6th at the Pan-American Games in Rio de Janeiro (5-11¼). **2006:** Redshirted. **2005:** Won NCAA title at 1.95m/6-4¾. **2004:** NCAA runner-up at 6-2¾ and was USA Jr champ. **High School:** Pan Am Jr champ in high jump. PR was 6-2. **Personal:** Daughter of Eugene Day and Yolanda Gibson-Day. Majored in kinesiology.

Career:

Indoor:									
	60h	hj	sp	lj	800m				
1/30/09	4276	1	UW Husky Invt, Seattle	8.82	187	1246	565	2:19.92	
3/08/09	4320	2	USA, Chapel Hill	8.79	185	1225	575	2:16.38	
3/07/10	4467	3	USA, Bloomington	8.67	182	1310	590	2:14.63	
1/26/12	4430	1	UW Husky Invt, Seattle	8.49	181	1275	595	2:16.27	
3/04/12	4567	1	USA, Bloomington	8.46	185	1329	589	2:11.89	
1/25/13	4462	1	UW Husky Invt, Seattle	8.51	181	1379	580	2:15.43	
3/01/13	4478	1	USA, Albuquerque	8.57	182	1507	582	2:20.86	
2/21/14	4805	1	USA, Albuquerque	8.44	188	1559	609	2:13.19	AR
3/07/14	4718	4	IAAF WC, Sopot	8.43	184	1495	594	2:09.80	

Outdoor:

			<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
5/ /07	5244	2	Big West	15.39			24.83					2:18.17
5/10/08	5642	1	Big West, Northridge	14.57+0.2	183	1143	25.07+0.5	573+1.9	3733			2:18.77
4/16/09	5823	1	Mt Sac R, Azusa	14.34+3.1	181	1275	24.97+3.2	594+1.8	3894			2:20.08
5/30/09	6063	1	Pan Am CE Cup, Havana	14.29	193	1292	24.87	592	4019			2:17.16
6/28/09	6177	2	USA, Eugene	13.82+1.1	190	1275	24.66+3.1	599+3.0	4062			2:13.64
8/16/09	6126	10	IAAF WC, Berlin	13.90-0.3	189	1342	25.15-0.3	569-0.8	4414			2:13.84
6/26/10	6006	2	USA, Des Moines	14.12+2.6	178	1322	24.40+3.3	587+3.4	4320			2:16.77
4/14/11	5828	2	Mt Sac R, Azusa	13.95+1.6	176	1330	25.01+2.3	594+3.3	3678			2:18.46
5/28/11	dnf	-	NACAC, Kingston	14.21-1.2	172	1379	25.34-3.6	555-3.4	3609			dnr
6/26/11	6028	1	USA, Eugene	13.85+1.2	181	1351	24.74+1.7	592+1.5	4167			2:16.53
8/30/11	6043	18	IAAF WC, Daegu	13.69+1.6	180	1428	25.01-1.1	587+0.4	3914			2:15.74
4/03/12	6337	1	Sam Adams, Santa Barbara	13.57	0.0	184	1440	24.27+0.3	606nwi	4160		2:12.63
5/27/12	6156	16	Hypo-Bank, Gotzis	13.68-0.3	179	1406	24.09+1.9	597+1.2	3723			2:11.54
6/30/12	6343	1	USOT/USA, Eugene	13.71+1.6	187	1340	24.26+1.0	611+1.3	4503			2:14.55
8/04/12	6232	16	Olympic G, London	13.57+2.0	177	1428	24.36+0.6	585-0.4	4390			2:11.31
4/05/13	dnf	-	Sam Adams, Santa Barbara	13.93-1.3	185	1433	24.29+0.4					withdrew
5/10/13	3568	9	Classic, Claremont	13.68+1.6	nh	1475	24.26+1.7	nm	4340			dnf
5/26/13	dnf	-	Hypo Bank, Götzis	13.54+1.1	nh	1420						withdrew
6/20/13	6550	1	USA, Des Moines	13.54+1.7	190	1377	24.02+1.0	616+2.6	4738			2:12.12
8/13/13	6407	6	IAAF WC, Moscow	13.51-0.2	183	1435	24.28	0.0	579+0.9	4717		2:08.94
9/15/13	dnf	-	DecaStar, Talence	14.01-0.1	nh	1475	25.25-0.8	590+0.7	4447			dnr
4/17/14	dnf		Mt Sac R, Azusa	13.49+1.3	184	1478	24.09+3.7					
5/09/14	dnf		Classic, Claremont	13.51+1.1		1492	24.30+2.9	595+2.9	4429			
6/26/14	6470	1	USA, Sacramento	13.42+0.9	184	1545	24.40+2.6	585+1.8	4684			2:11.54

PRs: 6550 / 4805**13.42+0.9 195 1559 24.02+1.0 616+2.6 4738 2:08.94****Indoor:** 60H: 8.43

KAYLON EPPINGER

DOB: Sept. 17, 1989

POB:

Ht: 5-7

Hometown: Warrensville, OH

High School: Warrensville Heights HS

College: Cincinnati/Alabama '12



2015: Won Mountain T pentathlon. **2012:** 17th at NCAAs. 3rd at SEC outdoors with career best 5560 score. 3rd at SEC indoor pentathlon with PR 4081 score and then placed 9th at NCAAs with 4000 points. **2011:** Placed 20th at NCAA heptathlon in Des Moines. 6th at SEC indoors and runner-up in SEC heptathlon outdoors. **2010:** at Alabama-did not compete. **2009:** 6th Big East pentathlon indoors and 4th at Big East heptathlon outdoors. **2008:** Competed as hurdler at Cincinnati. **High School:** Ohio State 100mH champ and 300mH runner-up. 12 varsity letters. **Personal:** Parents: Timothy and Katie Eppinger. Majoring in Criminal Justice

Career:**Indoor:**

1/23/09	3489	3	IU Gladstein, Bloomington	8.95	161	1026	535	2:36.09
2/21/09	3717	6	Big East, Armory, NYC	8.81	164	1214	545	2:35.30
2/25/11	3835	6	SEC, Fayetteville	8.40	167	1094	550	2:30.48
1/27/12	3834	2	Razorback, Fayetteville	8.67	167	1103	559	2:28.38
2/24/12	4081	3	SEC, Lexington	8.40	173	1248	565	2:28.35
3/09/12	4000	9	NCAA I, Nampa	8.41	169	1215	575	2:31.38
1/30/15	4069	1	NAU Mt T, Flagstaff	8.37	170	1267	593	2:34.83

Outdoor:

3/26/09	4822	6	Alabama R, Tuscaloosa	13.90+0.5	163	1017	25.79+0.7	511nwi	2872	2:32.62
4/18/09	4983		All Ohio							
5/01/09	4708	4	Big East, Villanova	13.94+1.1	158	986	26.19+0.3	511nwi	3129	2:36.11
3/25/11	5499	1	Alabama R, Tuscaloosa	13.93+1.8	170	1162	25.30+5.5	569+1.3	3894	2:24.95

5/12/11	5479	2	SEC, Athens	13.54+1.5	164	1153	25.73-0.1	578	0.0	3765	2:23.38
6/09/11	5140	20	NCAA I, Des Moines	13.86-2.1	160	1275	26.23-1.7	532	-0.1	3600	2:31.08
4/13/12	5345	2	Bulldog, Athens	14.01-0.7	165	1145	25.45	0.0	529+1.0	3897	2:20.67
5/11/12	5560	3	SEC, Baton Rouge	13.52+2.4	170	1244	25.68+0.4	548+1.1	3741	2:19.45	
6/07/12	5389	17	NCAA I, Des Moines	13.64-0.8	163	1196	25.47+1.4	567+0.6	3327	2:24.25	

PRs: 5560 / 4081
Indoor: 60mH: 8.19

13.49+1.9 173i 1275 25.30+5.5 578 0.0 3897 2:19.45

BREANNA LESLIE

DOB: August 11, 1991
POB: Phoenix, AZ
Ht: 5-9
Hometown: Mesa, AZ
High School: Valley Christian HS
College: Azusa Pacific '13



2014: 8th at USA nationals and 7th at Thorpe Cup. 5th at Mt Sac Relays opener with career best 5893 score. Mountain T pentathlon winner. **2013:** 13th at USA nationals. Place 5th in first international, the Pan American CE Cup. 3rd at Mt Sac Relays with PR 5761. 8th at USA indoors. National Christian College (NCCAA) champ indoors. **2012:** NAIA national champ in both pentathlon and heptathlon. **2011** NAIA outdoor runner-up and 3rd indoors. 2010: NAOA outdoor runner-up, and 6th indoors. **Personal:** Graduated in 2013 from Azusa Pacific University with a B.S. Kinesiology. Currently works as a personal trainer. Parents are Lynton and Rae Leslie.

Career:

Indoor:			<i>60mH</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>
2/10/10	3324						
3/04/10	3451	6					
2/11/11	3539	1					
3/03/11	3626	3					
1/27/12	3762	2					
2/10/12	3864	1					
3/01/12	3861	1					
2/08/13	3872	1					
2/15/13	4109	1					
3/01/13	4053	8					
2/07/14	4055	1					
2/21/14	4182	5					

Outdoor:			<i>100h</i>	<i>h</i>	<i>sp</i>	<i>200m</i>	<i>lj</i>	<i>jav</i>	<i>800mj</i>
4/15/10	4781	3							
5/28/10	5110	2							
4/14/11	5158	3							
5/27/11	4992	2							
4/19/12	5369	7							
5/25/12	5308	1							
4/18/13	5761	3							
6/02/13	5552	5							
6/21/13	5503	13							
4/17/14	5893	5							
6/29/14	5838	8							
7/27/14	5779	7							

PRs: 5893 / 4182
Indoor: 60mH: 8.42

13.72+1.8 174 1249 24.03+0.6 594+1.7 4129 2:10.88

LINDSAY LETTOW

DOB: June 6, 1990
 POB:
 Ht: 5-9
 Hometown: Urbandale, IA
 High School: Des Moines Christian
 College: Central Missouri '12
 Club: Santa Barbara TC



2015: Won U Washington Invt pent. **2014:** 10th at USA Nationals with 3 event PRs. Sam Adams runner-up and then won Drake Relays for 2nd consecutive year. 2nd at Texas GA with PR 5859 effort. Missouri Southern indoor victor. **2013:** 11th at USA nationals and 7th at Thorpe Cup. Started outdoor campaign with win at Drake Relays. 3rd at USAs indoors. **2012:** 8th at US Olympic Trials and then placed 7th at Thorpe Cup vs Germany in Marburg. Repeated as NCAA II indoor pent and outdoor hep champ, the latter with PR 5748. **2011:** Swept the NCAA II boards by winning both indoor pentathlon (4064) and outdoor heptathlon (5514). Opened outdoor season with career best 5610 at Angelo State Spring Multis. MIAA student athlete of year. 9th at USA nationals. **2010:** MIAA champion in heptathlon and 4th at NCAA II meet. **High School:** Iowa State long and pentathlon champion and 100m hurdle record holder. **Personal:** Undeclared major. Daughter of Kurt and Peggy Lettow.

Career:

Indoor:			60h	hj	sp	lj	800m	
12/10/10	3775	1	Doane Holiday, Crete	7.9h	161	1035	557	2:22.11
2/25/11	3961	1	MIAA, Warrensburg	8.53	168	1118	568	2:24.70
3/11/11	4064	1	NCAA II, Albuquerque	8.62	170	1065	579	2:17.47
3/09/12	4193	1	NCAA II, Mankato	8.51	179	1125	583	2:21.58
2/07/13	4286	1	Iowa State Classic, Iowa City	8.55	177	1201	597	2:19.01
3/01/13	4301	3	USA, Albuquerque	8.42	173	1214	587	2:14.83
2/01/14	4282	1	Missouri Southern, Joplin	8.51	176	1245	591	2:19.84
2/21/14	4284	4	USA, Albuquerque	8.44	176	1209	588	2:18.34
1/30/15	4064	1	UWash Invt, Seattle	8.68	170	1098	581	2:18.40

Outdoor:			100h	w	hj	sp	200m	w	lj	w	jav	800m
5/ /09	5216	4	NCAA II, San Angelo									
5/02/10	5167	1	MIAA, Joplin	14.34+3.0	164	1087	25.46-0.1	553+1.6	3328	2:23.80		
5/28/10	5386	4	NCAA II, Charlotte	14.20+0.6	170	1077	25.36-0.4	563+0.8	3375	2:17.28		
3/25/11	5610	1	ASU Spring, San Angelo	13.98+1.4	173	1118	25.43+1.5	583+2.7	3700	2:16.23		
5/08/11	5225	1	MIAA, Emporia	13.90+4.6	165	1040	25.42+2.5	562+0.4	3688	2:30.28		
5/27/11	5514	1	NCAA II, Turlock	13.76+2.3	174	1153	25.21+2.4	555+2.1	3575	2:21.79		
6/26/11	5547	9	USA, Eugene	14.10+1.6	169	1122	25.12+1.6	589+0.6	3523	2:17.09		
8/14/12	4404	11	Thorpe Cup, Chula Vista	14.27+1.8	166	1050	26.18+1.5	568+3.2	3442	dnf		
3/23/12	5703	1	Trinity U, San Antonio	14.02	176	1187	24.47	583	3388	2:17.22		
5/25/12	5748	1	NCAA II, Pueblo	13.69-1.4	172	1194	24.80+1.4	591+1.8	3723	2:18.20		
6/30/12	5807	8	OT/USA, Eugene	13.96+1.3	175	1213	24.51+3.0	585+1.3	3683	2:14.91		
7/22/12	5530	7	Thorpe Cup, Marburg	14.04+1.7	174	1127	25.15+1.5	562+0.8	3567	2:18.13		
4/25/13	5470	1	Drake R, Des Moines	14.34-3.9	172	1138	24.91+0.6	557-3.9	3473	2:17.39		
6/20/13	5729	11	USA, Des Moines	13.92+1.7	172	1195	24.70+0.1	574+1.7	3775	2:15.08		
7/28/13	5663	7	Thorpe Cup, Chula Vista	13.80+0.7	172	1193	25.07+1.8	570+1.9	3623	2:15.40		
4/05/14	5674	2	Sam Adams, S Barbara	13.99+0.2	172	1211	24.75+1.7	584 0.0	3770	2:20.81		
4/24/14	5619	1	Drake R, Des Moines	14.14+1.5	169	1168	24.67+0.1	584+0.8	3704	2:18.11		
5/25/14	5859	2	Texas GA, Dallas	13.85+0.1	174	1243	24.64+3.2	586+0.3	3840	2:14.38		
6/28/14	5738	10	USA, Sacramento	13.96+1.8	169	1245	24.89+0.6	582+2.3	3817	2:14.73		
7/18/14	5715	5	Pan Am Cup, Ottawa	13.77+2.5	169	1204	24.97+2.0	588+1.0	3704	2:15.62		

PRs: 5859 / 4301
 Indoor: 60H: 8.42

13.69+1.4 179i 1245 24.51+4.0 597i 3840 2:14.38

BARBARA NWABA

DOB: January 18, 1989
 POB:
 Ht: 5-9
 Hometown: Los Angeles, CA
 High School: University HS
 College: UCSB '12



2014: Runner-up at USA nationals and winner of Thorpe Cup. Mt Sac Relays netted PR win of 6043 points. dnf'd at Sam Adams. Won U of Washington pentathlon and was 3rd indoors at USAs. **2013:** Recovered from injury. **2012:** 5th at US Olympic Trials. Runner-up at Westmont's Sam Adams heptathlon with PR 5986 score. Captured Big West hept with 5709 score and was also Big West outdoor hurdle champ in 13.59. 4th at NCAA indoor heptathlon. Placed 2nd at U Washington indoor pentathlon with PR 4244 score. 2011: Runner-up at Washington indoor Invt with PR 4140 score, then raised heptathlon PR to 5714 with win at Claremont Classic. 8th at USA nationals with career best 5733 score. **2010:** 12th at NCAAs. Big West Conference champion (with PR 5552) followed a 7th at Mt Sac Relays. Runner-up at U of Washington indoor pentathlon (3931). **2009:** 3rd at Big West Conf heptathlon with 5000 points. **2008:** stress fracture. **2006: High School: Personal:** daughter of Theodore and Blessing Nwaba. Biology major.

Career:

Indoor:				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>
1/30/10	3931	2	U Washington, Seattle	8.83	179	1059	542	2:23.66
1/28/11	4140	2	U Washington, Seattle	8.69	177	1307	558	2:24.15
3/11/11	4020	9	NCAA, College Station	8.87	175	1210	550	2:21.84
1/27/12	4344	2	U Washington, Seattle	8.59	184	1283	545	2:20.52
3/09/12	4241	4	NCAA I, Nampa	8.67	175	1350	561	2:17.94
1/31/14	4248	1	U Washington, Seattle	8.47	172	1280	566	2:15.65
2/21/14	4406	3	USA, Albuquerque	8.51	185	1355	570	2:19.75

Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/16/09	5039	1	Cal Invt, Azusa	14.55	+2.6	167	1121	25.17	+2.9	540	+2.1	2658	2:25.10
5/09/09	5000	3	Big West, Irvine	14.21	nwi	175	1049	24.87	+2.3	497	+0.9	2846	2:25.35
4/15/10	5217	7	Mt Sac R, Azusa	14.69	0.0	173	1175	25.35	+1.9	523	0.0	3263	2:22.62
5/08/10	5552	1	Big West, Northridge	14.39	+0.5	176	1229	24.99	+1.9	554	-0.2	3471	2:17.80
6/10/10	5382	12	NCAA, Eugene	14.49	+2.9	172	1271	25.25	+1.9	532	+1.2	3535	2:22.12
6/26/10	5485	12	USA, Des Moines	14.56	+1.7	166	1285	24.79	+0.4	566	+4.3	3779	2:22.99
5/13/11	5714	1	CMS, Claremont	14.02	+3.7	181	1219	24.54	+2.4	547	+3.5	3768	2:19.52
6/26/11	5733	8	USA, Eugene	14.28	+1.2	178	1261	24.69	+1.7	566	+1.8	4125	2:22.79
8/14/11	5545	8	Thorpe Cup, Chula Vista	17.33	+1.8	181	1269	24.83	+1.9	560	+3.2	4660	2:17.20
4/03/12	5986	2	Sam Adams, Santa Barbara	13.98	0.0	184	1349	24.37	+0.3	546	+0.5	4317	2:17.70
5/12/12	5709	1	Big West, Irvine	13.82	+0.3	183	1263	24.59	+0.6	520	0.0	3827	2:20.76
6/08/12	5927	2	NCAA I, Des Moines	14.08	-0.8	184	1212	24.51	+1.1	545	-0.8	4447	2:15.06
6/30/12	5986	5	OT/USA, Eugene	13.68	+1.3	187	1253	24.33	+2.2	563	+1.2	3788	2:15.55
5/10/13	dnf	-	Classic, Claremont	14.23	+1.6	173	1198	24.89	+1.7	390	+2.3	withdrew	
4/05/14	dnf	-	Sam Adams, S Barbara	13.88	+0.3	178	1383	24.10	+1.9	nm	withdrew	3718	1st day
4/17/14	6043	1	Mt Sac R, Azusa	14.65	+1.1	181	1384	23.91	+3.7	579	+1.8	3972	2:11.42
6/26/14	6307	2	USA, Sacramento	13.63	+1.6	178	1454	23.92	+2.6	602	+0.6	4374	2:13.76
7/27/14	6205	1	Thorpe Cup, Marburg	13.67	-0.1	183	1399	23.99	+1.9	562	-1.6	4416	2:14.09

PRs: 6307 / 4344 13.59+0.4 187 1454 23.91+3.7 602+0.6 4660 2:11.42
 Indoors: 60mh: 8.47

TIFFENY PARKER

DOB: June 8, 1988
 POB: Moreno Valley, CA
 Ht: 5-7
 Hometown: Moreno Valley, CA
 High School: Ranchi Verde HS '06



College:

Azusa Pacific U. '11

2015: Northern Arizona Invt indoor runner-up. **2014:** Mt Sac Relays opener netted 5562 PR score. 8th at USA indoors. **2013:** 2nd at Claremont Classic with PR 5430 score. 12th at USA indoors. **2012:** 8th at USA indoor champs. **2011:** 7th NAAIA heptathlon **2010:** 3rd NAAIA heptathlon, **2009:** 4th NAAIA heptathlon . Won NAAIA All-American honors in 5 events. **2008: 2007:** Competed at U of New Mexico. **High School:** CIF finalist at 100m hurdles in 2006. Junior in 2005 qualified for CIF finals in 4 events. **Personal:** Parents are Ronald and Dolores Parker. Majored in Business at APU.

Career:

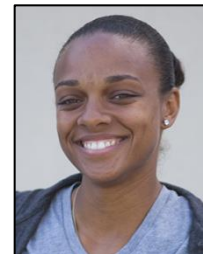
Indoor:				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
/ /09	3418	4	NAIA, Johnson City, TN					
3/04/10	3528	2	NAIA, Geneva, OH	8.94	159	1165	548	2:42.05
3/04/12	3560	8	USATF, Bloomington	8.63	158	1158	514	2:35.32
3/01/13	3773	12	USA, Albuquerque	8.65	167	1253	537	2:36.68
2/08/14	3918	2	Mt T, UNA, Flagstaff	8.68	172	1378	561	2:41.97
2/21/14	3657	8	USA, Albuquerque	8.66	167	1271	503	2:39.24
2/13/15	3854	2	NAU Invt, Flagstaff	8.77	173	1235	565	2:39.72

Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/22/09	4633	4	NAIA, Edwardsville	14.38	+0.1	159	1128	26.24	-1.8	511	+0.3	3181	2:47.15
5/28/10	5028	3	NAIA, Marion, IN	14.27	+1.3	163	1135	25.60	+2.6	531	+0.3	3887	2:39.92
5/27/11	4427	7	NAIA,	15.33	-2.4	159	1082	26.99	+1.0	526	+0.1	3054	2:47.51
6/09/12	5363	2	Chula Vista, CA	14.09	+1.5	164	1187	26.02	+0.8	576	+1.8	4041	2:28.34
4/18/13	dnf	-	Mt Sac R, Azusa	13.96	+0.5	168	1248	25.68	+2.3	nm		3423	dnr
5/10/13	5430	2	Classic, Claremont	13.89	+1.6	167	1192	25.61	+1.7	586	+2.1	3933	2:31.90
6/08/13	5384	2	Imperial, Chula Vista	13.65	+1.9	170	1203	25.63	+2.1	560	nwi	3862	2:34.40
4/05/14	dnf	-	Sam Adams, S Barbara	14.29	+0.2	163	1179	26.00	+1.9	withdrew			
4/17/14	5562	10	Mt Sac R, Azusa	13.91	+1.1	172	1301	25.53	+2.7	585	+1.5	3823	2:30.39

PRs: 5562 / 3918 **13.65+1.9 173 1378 25.53+2.7 586+2.1 4041 2:28.34**
Indoor: 60mH: 8.63

KIANI PROFIT

DOB: February 18, 1990
 POB:
 Ht: 5-4
 Hometown: Pasadena, CA
 High School: Muir HS
 College: Maryland '11
 Club: Chula Vista elite



2015: 5th at USA champs. **2014:** Placed 19th at Götzis using a PR 2:06.25 800m. 4th at Sam Adams. **2013:** 9th at USA nationals and then captured Thorpe Cup with breakthrough 6135 PR effort.. Won Sam Adams meet with PR 5909 score. 5th at USA indoors. Runner-up at Husky pentathlon. **2012:** 9th at NCAAs was followed by a 16th place at US Olympic Trials and a victory at NACAC under 23 champs. ACC outdoor champion with marginal PR as 5th year senior. **2011:** Tied for 2nd (NCAA does not break CE ties) at NCAAs with career best 4396. Won ACC title with PR score, 4250. **2010:** Runner-up at NCAAs and ACC outdoor heptathlon with PR 5686 score. NCAA and Atlantic Coast Conf. runner-up indoors. **2009:** Atlantic Coast Conference runner-up with PR 5276 score. Dnf'd at NCAAs outdoors. **2008:** ECAC 400m hurdle runner-up. **High School:** 3rd Cal state 300m hurdles and scored 4747 in heptathlon. **Personal:** Kinesiology major. Parents are Youvet and George Profit.

Career:

Indoor:				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
2/27/09	3779	6	ACC, Blacksburg	8.94	159	1072	563	2:20.44
3/07/09	3607	4t	ECAC, Boston	8.99	155	1085	528	2:22.08
2/25/09	4125	2	ACC, Blacksburg	8.50	167	1133	576	2:14.74
3/13/10	4242	2	NCAA, Fayetteville	8.40	171	1075	590	2:11.86
2/24/11	4250	1	ACC, Blacksburg	8.54	168	1214	580	2:10.81

3/11/11	4396	2t	NCAA, College Station	8.41	175	1200	588	2:09.67
1/25/13	4119	2	UW Husky, Seattle	8.67	166	1218	568	2:13.96
3/01/13	4162	5	USA, Albuquerque	8.85	170	1196	573	2:11.69
2/13/15	3924	2	Spire D-I, Geneva	8.96	167	1158	549	2:17.58

Outdoor:

				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
??/07	4747												
4/18/08	dnf	-	ACC, Atlanta	15.37+1.0	157	1003	24.89+0.1	499+1.0	2689				dns
4/17/09	5276	2	ACC, Miami	14.47+1.7	163	1186	25.08-1.1	533+1.5	3313	2:16.37			
5/16/09	5096	2	ECAC, Princeton	14.84		157	1069	24.87	537	3434	2:19/08		
6/12/09	dnf	-	NCAA, Fayetteville	14.74-0.1									withdrew
4/17/10	5686	2	ACC, Clemson	13.81+1.0	165	1075	24.73-1.2	580nwi	3336	2:11.91			
6/10/10	5682	2	NCAA, Eugene	13.78+0.4	166	1155	24.47+2.6	565-1.7	3790	2:12.50			
7/10/10	5576	1	NACAC u 23, Miramar	14.21-1.6	169	1211	24.32+2.3	560-1.7	3662	2:19.19			
4/20/12	5695	1	ACC, Charlottesville	14.13+1.2	167	1209	24.50+2.3	564+1.0	3780	2:10.92			
6/08/12	5625	8	NCAA I, Des Moines	14.04-1.0	163	1201	24.38+1.0	562-0.8	3570	2:10.71			
6/30/12	5564	16	USOT/USA, Eugene	14.61+0.5	163	1231	24.54+2.2	556+1.3	3935	213.35			
7/07/12	5653	1	NACAC u23, Irapuato	13.93+3.2	158	1193	24.08+1.9	572 nwi	4086	2:16.26			
4/05/13	5909	1	Sam Adams, Santa Barbara	13.93-1.3	170	1181	24.12+0.4	592+0.8	3865	2:08.79			
5/10/13	5878	1	Classic, Claremont	13.67+1.6	170	1107	24.02+1.7	571+2.1	4097	2:09.60			
6/20/13	5899W9		USA, Des Moines	13.58+1.7	166	1162	24.22+0.4	590+4.6	3979	2:09.22			
7/28/13	6135	1	Thorpe Cup, Chula Vista	13.52+1.2	169	1232	23.98+1.3	611+2.3	4234	2:09.37			
4/05/14	5661	4	Sam Adams, S Barbara	13.86+0.3	169	993	24.56+1.9	587+3.0	3712	2:11.28			
6/01/14	6012	19	Hypo-Bank, Götzis	13.97-1.4	169	1267	24.14+3.1	587+0.6	4089	2:06.25			
6/28/14	6072	5	USA, Sacramento	13.51+0.9	169	1280	24.12+2.6	594+2.2	4092	2:08.85			

PRs: 6135/ 4396

13.51+0.9 175 1280 23.98+1.3 611+2.3 4234 2:06.25

Indoor: 60H: 8.40

ALLISON REASER

DOB: September 3, 1992
 POB: Torrance, CA
 Ht: 5-7½
 Hometown: El Segundo, CA
 High School: El Segundo HS
 College: San Diego State U '14



2014: NCAA runner-up with PR 5836 score and followed with a 7th place PR 5917 at USA nationals and a 9th place at the Thorpe Cup. Mountain West Conf. runner-up. Mt Sac Relays netted 5637 score. 15th at NCAAs indoors. Runner-up at indoor Mountain West getting PR 4145 score. **2013:** Placed 8th at NCAA with career best 5813 score in Eugene. Won a 3rd consecutive outdoor Mountain West heptathlon. 2nd at season opening Aztec and then 6th at Mt Sac Relays. **2012:** 15th at US Olympic Trials while a teenager. Scored a 100 point PR to place 6th at NCAAs. Won outdoor Mountain West heptathlon with PR 5653 score. Repeated as Mountain West Conf. Indoor pentathlon winner. **2011:** USA Junior champs and 4th at Pan Am Juniors. 18th at NCAAs. Mountain West Conference champion indoors and out with PR scores (3916 and 5408). Won UCLAs JJK heptathlon with 5361 score. **High School:** 2010 National JO hept champ. Regional CIF 300m hurdle champ. Letters in t&f, tennis, cross-country and soccer. **Personal:** Received her B.S. in Kinesiology from San Diego State in 2014. Parents are Rick and Adrienne Reaser.

Career:

Indoor:								
2/24/11	3916	1	Mountain West, Albuquerque	8.49	164	1169	586	2:32.14
2/23/12	3863	1	Mountain West, Albuquerque	8.39	159	1189	578	2:29.66
2/27/14	4145	2	Mountain West, USAFA	8.30	164	1151	622	2:25.23
3/15/14	3996	15	NCAA I, Albuquerque	8.32	158	1110	586	2:20.37

Outdoor:

7/28/10	5019	1	USATF JOs, Sacramento	14.52+2.5	155	992	24.65+1.1	538+2.2	3653	2:27.39
4/01/11	5361	1	JJK, Los Angeles	13.83-0.5	159	1166	24.49+2.0	582+0.9	3293	2:26.78
5/12/11	5408	1	Mountain West, Ft Collins	13.87+2.5	156	1082	24.54+2.4	604+2.9	3786	2:27.69
6/09/11	5156	18`	NCAA I, Des Moines	14.31+2.1	154	1089	24.67-0.1	555-0.1	3584	2:25.79
6/25/11	5359	1	USA Juniors, Eugene	13.99+1.1	148	1172	24.30+2.0	600+2.4	3413	2:23.22
7/24/11	5162	4	Pan Am Juniors, Miramar	14.34+0.1	149	1127	24.56+4.2	582+2.5	3354	2:26.46
3/16/12	5475	1	SDSU Aztec, San Diego	13.80+1.3	155	1163	24.35-0.2	570+0.9	3761	2:19.92
4/19/12	5510	4	Mt Sac R, Azusa	13.77+0.6	155	1129	24.27+1.9	581+0.1	3797	2:19.37
5/10/12	5653	1	Mtn West, Colo Springs	13.56+0.5	155	1205	24.09+3.3	608+3.5	3997	2:24.96
6/08/12	5753	6	NCAA I, Des Moines	13.77-0.8	163	1171	24.20+1.1	596-0.5	4025	2:17.45
6/30/12	5612	15	OT/USA, Eugene	13.55+1.6	163	1190	24.12+2.8	549+0.9	3685	2:16.54
3/15/13	5392	2	SDSU Aztec, San Diego	13.86+0.8	161	1160	24.58+0.9	551+0.8	3304	2:18.15
4/18/13	5527	6	Mt Sac R, Azusa	13.56+1.3	156	1182	24.28+2.4	574+0.7	3505	2:18.06
5/09/13	5612	1	Mountain West, Las Vegas	13.65	158	1191	23.96w	589w	3553	2:19.23
6/07/13	5813	8	NCAA I, Eugene	13.30+1.2	160	1198	23.88+2.3	579+0.6	3781	2:12.08
6/20/13	5495	14	USA, Des Moines	13.35+2.7	154	1208	24.34+1.0	561+1.4	3583	2:19.93
4/17/14	5637	9	Mt Sac R, Azusa	13.50+1.3	151	1164	24.03+1.5	609+2.0	3493	2:15.01
5/15/14	5530	2	Mountain West, Laramie	13.41+2.2	158	1111	24.32+0.7	590+0.9	3660	2:23.12
6/14/14	5836	2	NCAA I, Eugene	13.38+1.8	160	1199	24.60-1.2	602+1.2	3952	2:12.08
6/29/14	5917	7	USA, Sacramento	13.49+0.9	160	1194	23.86+2.6	621+1.8	3720	2:11.10
7/27/14	5591	9	Thorpe Cup, Marburg	13.77-0.1	162	1126	24.29+1.9	583+0.7	3405	2:14.19

PRs: 5917 / 4145
Indoor: 60mH: 8.30.

13.30+1.2 164 1208 23.86+2.6 622 4025 2:11.10

LINDSAY SCHWARTZ

DOB: April 23, 1990
POB: Watertown, WI
Ht: 5-10
Hometown: Watertown, WI
High School: Watertown HS
College: South Alabama '12



2014: 9th at USA Nationals. Won Sam Adams meet to open season. **2013:** 8th at USA nationals and 3rd at Thorpe Cup with breakthrough scores. 3rd at Pan Am Cup in Ottawa with PR 5645 effort. 5th at Mt Sac Relays. 3rd at Sam Adams meet. 10th at USA indoors. **2012:** 10th at NCAAs outdoors with PR 5606 score. Won Sun Belt hept and 100 hurdles after a PR 4th place at Texas Relays (5468). Indoor pentathlon Sun Belt Con champ for 2nd consecutive year. **2011:** 13th at NCAA heptathlon in Des Moines. Sun Belt Conf heptathlon champion and record holder (5318). SBC indoor pentathlon champ. 3rd in high jump outdoors. **2010:** Runner-up at Sun Belt indoor pentathlon and winner of outdoor heptathlon. **High School:** 3x Wisconsin state hurdles (2x 100m, 1x 300m) champion. **Personal:** Major is Leisure Studies-Sports Management

Career:

Indoor:

2/27/10	3426	2	Sun Belt, Mufreesboro	8.77	156	1112	522	2:30.05	[55mH]
1/29/11	3492	2	Carnes, Gainesville	8.65	165	1005	515	2:30.27	[55mH]
3/27/11	3585	1	Sun Belt, Mufreesboro	8.37	163	951	534	2:25.32	[55mH]
2/25/12	3996	1	Sun Belt, Mufreesboro	8.16	165	1119	594	2:21.32	[55mH]
3/09/12	3951	13	NCAA I, Nampa	8.59	166	1020	585	2:21.70	
3/01/13	3892	10	USA, Albuquerque	8.77	164	1177	561	2:23.87	
1/30/15	3969	3	U Washington, Seattle	8.81	170	1204	560	2:23.96	

Outdoor:

5/08/10	4966	1	Sun Belt, Mufreesboro	14.651	-3	166	1050	25.10+3.7	535+1.4	2978	2:29.22
3/24/11	4778	2	FSU R, Tallahassee	15.06	+1.8	164	953	25.48+2.6	516+1.6	2721	2:22.37
5/14/11	5318	1	Sun Belt, Mufreesboro	14.70	+1.0	170	962	25.23-2.0	591+1.3	3319	2:18.19
6/09/11	5274	13	NCAA I, Des Moines	14.33	+0.9	166	1015	25.25-0.8	564+1.2	3555	2:21.03
3/29/12	5468	4	Texas R, Austin	14.27	+0.9	169	1085	24.93+0.2	574+1.1	3649	2:19.07

5/12/12	5264	1	Sun Belt, Lafayette	14.20+0.6	164	1067	24.50+1.6	561-1.5	3576	2:28.91
6/??/12	5606	10t	NCAA I, Des Moines	14.00-0.3	166	1062	24.43+1.1	590-0.5	3699	2:15.66
4/06/13	5591	3	Sam Adams, S Barbara	14.13-1.3	164	1171	24.65+0.4	570-0.1	3805	2:14.64
4/18/13	5565	5	Mt Sac R, Azusa	14.16+1.3	168	1084	24.33+2.5	565+1.5	3809	2:16.65
6/02/13	5645	3	Pan Am CE Cup, Ottawa	13.94+1.0	171	1188	24.64+1.2	542+1.5	4060	2:17.17
6/20/13	5910W	8	USA, Des Moines	13.61+4.9	172	1161	24.18+0.4	585+4.0	3992	2:12.48
7/28/13	5982	3	Thorpe Cup, Chula Vista	13.78+1.2	166	1194	24.06+1.8	615+1.5	4247	2:12.85
3/05/14	5942	1	Sam Adams, S Barbara	13.90+0.3	175	1267	24.20+1.9	595 0.0	3975	2:16.71
6/28/14	5816	9	USA, Sacramento	13.99+1.8	172	1231	24.07+0.6	585+0.1	3643	2:14.64
7/18/14	5835	3	Pan Am Cup, Ottawa	13.93+2.5	169	1215	24.28+2.0	590+1.9	4001	2:14.91

PRs: 5982 / 3996

13.61+4.9 175 1267 24.06+1.8 615+1.5 4247 2:12.48

Indoor: 60mH: 8.59; 55mH 8.16

SARAH SKIPPER

DOB:

POB:

Ht: 5-6

Hometown: Lewistown, MT

High School:

College: Jamestown College '11

Club: Santa Barbara TC



2015: Placed 4th at U Washington pent, PR 3706. **2014:** Runner-up at Claremont Clasic hept. **2013:** **2012:** Assistant coach at U of Great Falls, MT. **2011:** Runner-up at NAIA indoors and 6th NAIA outdoors CEs. Dakota AC indoor and outdoor CE champ. **2010:** 9th at both NAIA indoors & outdoors CEs. **2009:** **High School: Personal:**

Career:

Indoor:

				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>	
1/27/08	2905	Northern St, Aberdeen							
2/23/08	3165	Dakota AC,							
2/06/09	3106	3	Bison Open, Fargo	8.77	155	833	482	2:31.52	[55mH]
2/20/09	3347	1	Dakota AC, Spearfish	8.60	155	908	545	2:31.95	[55mH]
1/31/10	3180	1	Northern St, Aberdeen	9.60	161	844	494	2:31.63	
2/19/10	3342	1	Dakota AC, Spearfish	9.47	164	926	515	2:32.53	
3/04/10	3295	9	NAIA, Johnson City	9.41	162	871	508	2:30.70	
2/04/11	2800	1	NDSU Bison, Fargo	9.38	160	949	nm	2:27.69	
2/18/11	3536	1	Dakota AC, Spearfish	9.20	162	976	545	2:30.71	
3/03/11	3644	2	NAIA, Cedarville	9.24	163	958	550	2:20.96	
2/11/14	3510	1	Westmont, Santa Barbara	9.41	5-5 3/4	34-0	16-8	2:26.90	
1/30/15	3706	4	U Washington, Seattle	9.17	167	1033	548	2:24.13	

Outdoor

				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/22/08	3472	Dakota AC,										
4/27/09	4291	1	Dakota AC, Jamestown	15.14		159	800	27.03	492		2656	2:30.56
4/10/10	4488	1	Team Nodak, Fargo	15.49		161	958	26.81	507w		3137	2:33.31
5/07/10	4642	2	Dakota AC, Rapid City	15.37		170	890	26.42	533		3064	2:34.70
5/28/10	4537	9	NAIA, Marion	15.66+0.4	160	1003	26.32+3.4	522+0.8	2920		2:32.35	
5/ /11	4657	1	Dakota AC, Spearfish	14.96		158	952	25.60	532		2897	2:32.47
5/27/11	4633	6	NAIA, Marion	15.37-2.6	159	909	25.89+1.0	537 0.0	2672		2:24.37	
5/09/14	5066	2	Classic, Claremont	14.77+2.3	168	1096	26.01+2.1	548+2.4	3164		2:23.73	

PRs: 5066 / 3706

14.73-0.5 172 1096 25.89+1.0 574+2.3 3164 2:20.96

Indoor: 60mH: 9.16