

2014 PAN AMERICAN COMBINED EVENTS CUP



**Terry Fox Athletic Facility
Ottawa, Ontario, Canada
July 17-18, 2014**



*Frank Zarnowski
DECA, The Decathlon Association
www.decathlonusa.typepad.com*

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The American Decathlon Entry:



Top Row: Kurtis Brondyke, Devin Dick, Dan Gooris (alt), Derek Masterson, Steele Wasik(junior), coach Steve Rainbolt.

The American Heptathlon Entry:



Bottom Row: Josh Priester, Deanna Latham, Lindsay Lettow, Lindsay Schwartz, coach Richie Mercado

Time Schedule –Senior Decathlon

Thursday, July 17, 2014

10:00 am 100 meters
Long Jump
Shot Put
High Jump
400 meters

Friday, July 18, 2014

10:00 am 110 m Hurdles
Discus
Pole Vault
Javelin
1500 meters

Rolling schedule---

Note: Junior Decathlon scheduled for July 16-17.

Time Schedule -Heptathlon

Thursday, July 17, 2014

10:00 am 100 m Hurdles
High Jump
Shot Put
200 meters

Friday, July 18, 2014

10:00 am Long Jump
Javelin
800 meters

Rolling schedule---

Preview

Battle of champions expected at Pan American Combined Events Cup

Ottawa. – Defending Canadian champion Damian Warner and 2013 title holder Yordani Garcia of Cuba will battle at the 3rd Pan American Combined Events Cup, which will crown a new women's champion in Ottawa July 16-18. The Cup is part of the 2014 IAAF Combined Events Challenge, a 15-stop Series featuring the world's top decathletes and heptathletes.

As the event will also serve as the Canadian Championships, 2013 World Championships bronze medallist Warner will defend his title from Moncton in 2013. Ottawa will be his first decathlon of the year, after competing at the World Indoor Championships in Sopot. The 24-year old should encounter strong opposition from defending champion, two-time Olympian Garcia, who has shown impressive form this year.

Former World Youth champion and record holder Garcia opened his season with a world leading 8337 in Havana and confirmed his fine shape with 8299 for fourth place in Gotzis, considered to be the unofficial annual world championships for combined eventers. Garcia, 25, won the continental cup in Ottawa last year with a score of 8141, a record that could be well be broken this time around.

His countryman and 2012 Pan American Cup champion Jose Mendieta is also expected to be a top medal contender, as well as Devin Dick, Derek Masterson and Kyle Brondyke of the USA, Cuba's Manuel Gonzalez and Brazil's Felipe Vinicius Dos Santos.

Second at the 2013 National Championships and eighth at the 2013 World University Games, Patrick Arbour will be the second Canadian representative.

In the women's field, there will be will a new champion as two-time winner Yorgelis Rodriguez of Cuba opted out to defend her world junior crown a few days later in Eugene.

Her compatriot Yosleidys Mendieta is the only woman registered who have broken the 6,000-point barrier, which she has twice, in 2013 and earlier this year. The 2011 World Youth and 2013 Pan American junior champion is looking for redemption in Ottawa after fading to fourth last year at the event following a poor 800 run.

The other two medalists from last year are back. Paraguay's Ana Pirelli broke her national record to clinch silver in 2013 and has continued to improve following her gold medal performance at the South American Games in Chile.

Bronze medallist Lindsay Schwartz of the USA set a season's best of 5942 earlier this year and will try to improve from her 9th placing at the National Championships. Other top medal contenders are Cuba's Yilian Durruthy, fifth in 2012, Canada's Rachael McIntosh, eighth at the 2013 World University Game and Natasha Jackson, USA's Lindsay Lettow, Deanna Latham and Brazil's Tamara de Sousa.

The Cup is also open to junior and youth athletes, who will compete July 16-17. Elite athletes will contest the Heptathlon and Decathlon July 17-18. In total, close to 100 athletes from eight countries will compete at the Terry Fox Athletic Facility in Ottawa.

"As an organizer, it has been really gratifying to have the growth we have seen in the Pan Am Cup over the past three years with participation nearly doubling from 46 athletes in 2012 to 90 entries already this year. However, it's not just the sheer number of athletes competing, even if it is the largest combined events competition ever in Canada, but depth of field is outstanding," said meet director Andy McInnis.

The Pan American Cup is an annual fixture of the Association of Pan-American Athletics (APA) calendar is hosted by the Ottawa Lions, Canada's largest athletics club. For more information on the Cup, please go to <http://ottawalions.com/panamerican-combined-events-cup-open-championshi>

Website listing results

1. <http://ottawalions.com/panamerican-combined-events-cup-open-championshi>
2. www.decathlonusa.typepad.com

(I'll try to post results and story as soon after the meet each day as possible)

SECTION TWO: RECORDS

Disclaimer: Record section for decathlon only. I apologize, but I have very little in the way of heptathlon records....FZ

Former Winners:

<i>Year</i>	<i>score</i>	<i>winner</i>	<i>nation</i>	<i>host site</i>
2005	8232	Maurice Smith	JAM	San Juan, PUR
2006	7966	Ryan Harlan	USA	San Juan, PUR
2007	7901	Ryan Harlan	USA	Santo Domingo, DOM
2008	7820	Chris Helwick	USA	Santo Domingo, DOM
2009	8496	Yordani Garcia	CUB	Havana, CUB
2010				
2011	8078	Maurice Smith	JAM	Kingston, JAM
2012	7792	Mendieta Velazquez, Jose	CUB	Ottawa, CAN
2013	8141	Yordani Garcia	CUB	Ottawa, CAN
2014	???			

Decathlon Individual Event Records

World Records (7000 point minimum)

100m	10.21	Ashton Eaton	Eugene,OT, 9039 (+0.4)	06/23/12
LJ	8.23m(27-0)	Ashton Eaton	Eugene,OT, 9039 (+0.4)	06/23/12
SP	19.17(62-10 3/4)	Edy Hubacher/Switzerland	Berne (7405h)	10/04/69
HJ	2.27 (7-5 1/2)	Rolf Bielschmidt/GDR	Jena (7245h)	09/30/77
		Christian Schenk/GDR	Seoul (OG) (8488)	09/28/88
400m	45.68	Bill Toomey/USA	Mexico City (OG) (8193)	10/18/68
110mH	13.47	Frank Busemann/GER	Atlanta (8706)	08/01/96
DT	55.87 (180-5)	Bryan Clay/USA	Carson (8506)	06/24/05
PV	5.76 (18-10½)	Tim Lobinger/GER	Leverkuesen (7346)	09/16/99
JT (old)	81.76 (268-3)	Lennart Hedmark/Sweden	Spala, Pol (EC) (7522)	06/25/78
(new)	79.80 (261-10)	Peter Blank/GER	Emmelhausen, GER(7425)	07/19/92
1500m	3:58.7	Robert Baker/USA	Austin, Texas (7583)	04/03/80
1st day	4738	Dan O'Brien/USA	Knoxville, TN (8707)	06/15/94
	4747 nwi	Dan O'Brien/USA	New York (TAC) (8844)	06/12/91
2nd day	4455	Dave Johnson/USA	New Orleans(OT) (8649)	06/27/92
Total	9039	Ashton Eaton	Eugene,OT, 9039 (+0.4)	06/22-23/12



[10.21+0.4 823+0.8 1420 205 46.70 13.70-0.8 4281 530 5887 4:14.48]

American Records (7000 point minimum)

100m	10.21	Ashton Eaton	Eugene,OT, 9039 (+0.4)	06/23/12
LJ	8.23m(27-0)	Ashton Eaton	Eugene,OT, 9039 (+0.4)	06/23/12
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG	1966
HJ	2.21 (7-3)	Tom Pappas/adidas	Sydney, AUS (OG) (8425)	2000
400m	45.68	Bill Toomey/SC Striders	Mexico City (OG) (8193)	1968
110mH	13.52 (+1.6)	Ashton Eaton/Oregon	USATF	6/24/11
DT	55.87 (183-3)	Bryan Clay/Nike	Carson (8506)	2005
PV	5.70 (18-8 ¼)	Tim Bright/Athletics West	Seoul (OG) (8216)	1988
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman (7756)	1984
(new)	74.58 (244-8)	Dave Johnson/ReebokRT	New Orleans (8649)	1992
1500m	3:58.7	Robert Baker/Hi Plains TC	Austin (TexR) (7583)	1980
1st day	4738	Dan O'Brien/Footlocker AC	Knoxville (8707)	1994
	4747 nwi	Dan O'Brien/Reebok RT	New York(TAC) (8844)	1991
2nd day	4455	Dave Johnson/ReebokRT	New Orleans (OT) (8649)	1992
Total	9039	Ashton Eaton	Eugene,OT, 9039 (+0.4)	06/22-23/12



[10.21+0.4 823+0.8 1420 205 46.70 13.70-0.8 4281 530 5887 4:14.48]

American Collegiate Records

100m	10.34 (+2.6)	Mantas Silkauskas/Kansas St	Lubbock (Big 12)	2009
LJ	8.01m(26-3½)	Chris Huffins/California	Tucson, Arizona (VISA)	1993
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG (vs W Ger)	1966
HJ	2.22 (7-3¼)	Attila Zsivoczky/Kansas St	Tallinn, EST (EC)	1998
400m	46.28	Ashton Eaton/Oregon	NCAA, Eugene	2010
110mH	13.68	Ashton Eaton/Oregon	NCAA, Eugene	2010
DT	53.84m(176-8)	Brian Brophy/Tenn	Talence, FRA	1992
PV	5.50m(18-0½)	Lawrence Johnson/Tenn	Dogwood & SEC Knoxville	1993
		Dominic Johnson/Arizona	Pac 10, Palo Alto	1998
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman, Wash. (PAC-10)	1984
(new)	75.50 (247-8)	Mikail Olander/LSU	Baton Rouge, La. (NCAA)	1988
1500m	3:59.13	Curtis Beach/Duke	Des Moines, (NCAA)	2011
1st day	4500	Ashton Eaton/Oregon	Eugene, (NCAA)	2010
2nd day	4145	Jake Arnold/Arizona	NCAA, Sacramento	2007
Total	8465	Trey Hardee/Texas	Austin (Tex R)	2006

[10.35+2.5 770+3.0 1445 199 49.11 13.83+3.1 4824 520 6000 5:06.73]



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Pan Am Cup (formerly NACAC) Meet Records

100m	10.66 (+1.9)	Luiz Alberto/BRA	Santo Domingo, DOM	2008
LJ	7.75m(25-5 ¼)	Yunior Diaz/CUB (+0.3)	Havana, CUB	2009
SP	16.88m(55-4 ¾)	Maurice Smith/JAM	Kingston, JAM	2011
HJ	2.11m(6-11)	Eric Broadbent/USA	Ottawa, CAN	2012
400m	47.34	Yunior Diaz/CUB	Havana, CUB	2009
110mH	13.89 (+0.5)	Damian Warner/CAN	Kingston, JAM	2011
DT	50.62m(166-1)	Maurice Smith/JAM	San Juan, PUR	2005
PV	5.30m(17-4½)	Paul Terek/USA	San Juan, PUR	2005
JT	68.10m(223-5)	Yordani Garcia/CUB	Havana, CUB	2009
1500m	4:22.60	Chris Helwick/USA	Santo Domingo, DOM	2008
1st day	4438	Yordani Garcia/CUB	Havana, CUB	2009
2nd day				
Total	8496	Yordani Garcia/CUB	Havana, CUB	2009

(10.88+0.1 736+0.2 1650 210 48.77 14.07-0.5 4397 480 6810 4:46.80)

American Bests:

100m	10.76 (+2.4)	Eric Broadbent/USA	Ottawa, CAN	2012
dnf	10.75 (+2.4)	Matt Johnson/USA	Ottawa, CAN	2012
LJ	7.40m(24-3½)	Eric Broadbent/USA (+0.5)	Ottawa, CAN	2012
SP	16.38m(53-9)	Ryan Harlan/USA	Santo Domingo, DOM	2007
HJ	2.11m(6-11)	Eric Broadbent/USA	Ottawa, CAN	2012
400m	48.23	Eric Broadbent/USA	Ottawa, CAN	2012
110mH	13.93 (nwi))	Ryan Harlan/USA	San Juan, PUR	2005
DT	46.79m(153-6)	Paul Terek/USA	Santo Domingo, DOM	2007
PV	5.30m(17-4½)	Paul Terek/USA	San Juan, PUR	2005
JT	60.84m(199-7)	Chris Boyles/USA	San Juan, PUR	2006
1500m	4:22.60	Chris Helwick/USA	Santo Domingo, DOM	2008
1st day	4322	Eric Broadbent/USA	Ottawa, CAN	2012
2nd day				
Total	7997	Ryan Harlan	San Juan, PUR	2005

(11.05+2.5 697+3.5 1579 207 49.65 13.93nwi 4280 460 5775 4:52.56)

Recent Pan American Cup (formerly NACAC) Results

2005-2013

2013

6/1-2 Pan-American Combined Events Champs, Ottawa, ONT, CAN ☐☐

8141	Garcia, Yordani/CUB	10.77	728	1454	203	49.47	14.21+0.6	4178	480	5847	4:38.67
7766	Mendieta, Jose/Cuba	10.98	727	1495	188	49.75	14.41+0.6	4084	440	6022	4:46.86
7581	Horn, Gray/unat-USA	10.93	735	1343	203	50.11	14.16+0.6	3844	450	4476	4:50.55
7457	Gonzalez, Manuel/CUB	11.30	725	1343	194	51.84	14.85+0.5	3490	460	5709	4:36.89
7201	Wunderlich, Tim/unat-USA	11.63	676	1408	185	53.14	15.47+0.5	4291	470	5841	4:54.68
7200	Duer, Corbin/unat-USA	11.53	671	1256	200	51.07	15.33+0.5	4015	470	4992	4:50.58
7183	Arbour, Patrick/CAN	11.51	685	1461	188	53.60	15.22+0.5	4642	440	5737	5:12.69
6939	Louis, Josue/Haiti	11.14	684	1245	206	50.84	14.59+0.6	3551	410	5312	5:49.20
6887	Waruch, Jake/UConn,	11.24	656	1336	194	50.90	15.76+0.5	3720	380	5288	4:54.03
6818	Turpen, Ethan/Arkansas St	11.32	681	1182	188	51.15	14.92+0.6	3546	400	4326	4:42.26
6615	DeLa Cruz, Juan Carlos/Dom Rep	11.32	653	1222	188	52.38	15.80+0.8	3276	410	4770	4:49.76
6607	Silva, Kerinde/Brazil	10.99	679	1236	194	50.24	15.54+0.5	3305	360	3805	4:58.98
6576	Dallaserra, Matias/Chile	11.31	648	1280	185	51.97	15.96+0.7	3353	390	4178	4:35.30
6450	Waruch, Ben/UConn	11.23	615	1327	188	53.95	15.64+0.6	3298	440	4494	5:18.64
6077	Drennan, Jesse/Bluenose NS-CAN	11.51	677	1371	185	51.80	16.25+0.8	3596	nh	4690	4:49.69
6009	Golow, Dylan/CAN	12.05	631	1146	179	54.91	16.53+0.7	3380	380	4516	4:48.91
5868	Smith, Sam/UConn	11.80	598	1200	191	56.04	16.40+0.8	3384	340	4955	5:21.87
5399	Robertson, Chris/CAN	11.83	651	1080	176	53.56	16.68+0.8	3822	nh	4587	5:26.84
5387	Nsaka, Peter/U Laval-CAN	12.09	592	995	191	54.53	19.24+0.5	3474	270	3773	4:37.46
4922	Johnson, Matt/Ottawa Lions-CAN	12.08	628	970	179	55.90	17.72+0.7	2442	nh	4079	4:48.52
4897	Nault, Kevinb/Ottawa Lions-CAN	11.37	556	996	173	56.99	16.76+0.8	2838	270	3292	5:42.55
3076	Mbongo, Alex	11.98	627	1061	179	54.14	17.10+0.7	nm	350	4494	5:16.05
dnf	Jauniaux, Zach/River-Sud-CAN	11.82	580	881	176	53.71	19.61+0.7	2129	nh	nm	dns
dnf	Sharp, Keegan/Saskatoon-CAN	11.69	656	1252	173	51.27	16.02+0.8	3342	390	4397	dns
dnf	Sanchez Valle, Marcos/Puerto Rico	11.23	688	1305	200	50.85	16.77+0.5	4050	nh	withdrew	
dnf	Chenery, Mark/Ottawa Lions-CAN	11.32	nm	1194	nh	50.22	15.63+0.7	3460	nh	3543	withdrew
Dnf	Wilhelm, Brandon/Windsor-CAN	17.99	withdrew								
Dnf	Lanctot-Reeves, Vincent/CAN	14.17	withdrew								

28s,22f, dns Felix, Kurt/Grenada, 8 nations



2012

5/26-27 Pan-American CE Cup, Ottawa, ONT, CAN

7792	Mendieta Velazquez, Jose/CUB	10.90+2.4	734+0.5	1455	196	49.14	14.78+1.4	4086	420	6032	4:44.01
7498	Broadbent, Eric/USA-HPC-e	10.76+2.4	740+0.5	1342	211	48.23	14.68+1.4	3259	410	4448	4:49.87
7149	Garibay, Roman/Mexico	11.21+2.4	644+0.9	1305	184	50.12	15.44+1.4	3973	390	6490	4:44.43
7123	Chenery, Mark/CAN	11.15+1.5	718+1.0	1211	190	49.91	15.08+1.4	3867	390	4868	4:45.28
7002	Arbour, Patrick/Canada	11.61+1.5	657+2.1	1478	181	53.49	15.44+1.4	4647	410	5788	5:02.70
6760	Rivera, Jorge/Mexico	11.45+1.5	662-0.6	1234	199	51.36	16.16+1.4	3865	420	4364	4:56.78
dnf:	Johnson, Matt/USA-unat	[10.75+2.4	736+2.9	1246	184	49.50	14.49+1.4	4360	nh	5853	dns],Arnold, Jake/USA-asics
		[11.02+2.4	651+2.6	1425	190	48.68	14.34+1.4	4511	nh	5521	dns], Adjetney-Nelson, Jamie/Windsor-L/CAN[10.80+2.4
		704+0.7	1463	withdrew], Crossley, Chris/CAN	[11.29+1.5	606+1.8	1301	175	withdrew]		

2011

5/27-28 NACAC Champs, U of West Indies, Kingston, JAM

8078	Smith, Maurice/JAM	10.94-1.8	716+2.2	1688	191	49.80	14.01+0.5	4761	460	5650	4:48.13
7760	Warner, Damian/Canada	10.68-1.8	743+1.9	1283	194	49.77	13.89+0.5	4525	440	5368	5:02.98
7609	Helwick, Chris/USA	11.49-2.0	708+1.4	1352	197	50.26	15.45+0.5	4067	470	5771	4:29.69
7358	Randolph, Chris/USA	11.64-2.0	704+2.5	1354	194	50.52	15.17+0.5	4342	420	5568	4:42.69
6647	Merrero, Steven/PUR	11.92-1.8	671+0.5	1334	176	51.72	17.59+0.5	4488	430	5575	5:08.??
6547	Arbour, Patrick/CAN	12.02-2.0	604+0.1	1348	179	53.82	15.63+0.5	4710	370	5883	5:10.??
6540	Sagoan Gonzales, Rodrigo Arm/MEX	11.27-2.0	596+1.1	1172	170	49.42	15.92+0.5	4149	400	4832	4:58.??
6539	Colon, Darvin/HON	11.21-1.8	652+0.8	1237	179	51.29	15.03+0.5	4120	370	3822	5:04.??
6367	Rivera Morales, Jorge Eduard/MEX	11.95-2.0	652+1.0	1179	203	52.08	15.89+0.5	3475	370	4472	5:09.??
4723	Ayala Hernandez, Rolando/El Savador	11.89-2.0	633+1.8	930	nh	51.25	18.75+0.5	2344	340	3560	4:59.??
dnf:	Bernard, Claston/JAM	[11.22-1.8	679+0.4	1330	200	51.55	14.56+0.5	4067	nh	withdrew], Sanchez, Marcos/PUR	
		[11.53-1.8	599+0.9	1339	withdrew], Detmer, Joe/USA	[dnf, withdrew],13s,10f.					



[full details of 1500m not available on official result sheet??]

2010 ?????

2009

5/29-30 Pan American Combined Events Cup (NACAC), Havana, CUB

8496	Garcia, Yordani/CUB	10.88+0.1	736+0.2	1650	210	48.77	14.07-0.5	4397	480	6810	4:46.80	
7920	Diaz, Yuniior/CUB	10.80+0.2	775+0.3	1459	198	47.34	15.01-0.3	4081	420	5566	4:44.70	
7808	Chivas, Alexei/CUB	11.10+0.2	746+0.1	1554	198	52.68	14.55-0.1	4550	460	5306	4:47.20	
7430	Terek, Paul/USA-asics	11.67+0.1	653+0.1	1460	192	49.64	15.89-0.3	4328	490	5510	4:43.10	
7361	Azcuy, Yosley/CUB-B	11.26+0.1	699	0.0	1375	180	49.96	14.46-0.5	4284	460	5260	5:04.30
7192	Mendieta, Jose Angel/CUB-B	11.22+0.2	723+1.2	1285	192	49.81	14.72-0.3	3742	360	5410	4:45.60	
7131	Boyles, Chris/USC-CBO-e	11.61+0.2	650+0.2	1425	198	52.64	15.37-0.1	4352	470	5276	5:12.80	
Sanchez, MNarcos/PUR, 6952 Marrero, Steven/PUR, 6951 Valor, William/VEN, 6832 Lopez, Leandro/DOM, 6718 Koskenoja, Tyler/CAN-ex Dartmouth [11.76+0.2 638+0.3 1190 180 52.07 15.86-0.3 3493 400 5576 4:34.20], 6587 Cunningham, Marcus/CAN, 6315 Irandio, Francisco/BRA, 6239 Adjetey-Nelson, Jamie/CAN-Windsor (nh pv), 6225 Alcazar, Juan/CUB-B, 5732 Semeis, Gamalier/DOM, 17s,17f.												

2008

5/31-6/1 Panamerican CE Champs, (formerly NACAC), Santa Domingo, DOM

7820	Helwick, Chris/USA	11.21+2.1	720+3.0	1349	197	50.35	15.12+0.5	4326	480	5498	4:22.60
7783	Scoffaro, Ivan/BRA	11.15+1.9	721+1.8	1345	197	50.43	14.81+1.4	4045	470	5825	4:29.45
7747	Randolph, Chris/USA-CNW	11.26+1.9	707+0.3	1400	197	49.44	15.48+1.7	4254	460	5883	4:28.88
7733	Alberto, Luiz/BRA	10.66+1.9	738+2.0	1349	188	49.54	14.30+1.4	4181	420	5223	4:32.38
7728	Adjetey-Nelson, James/CAN	10.70+1.9	765+2.0	1412	191	50.09	14.97+0.5	4117	440	5687	4:53.91
7650	Boyles, Chris/USA-CBO-e	11.26+1.9	733+1.6	1481	194	51.02	14.87+1.4	4363	440	5921	4:58.67
7568	Odirlei, Carlos/BRA	10.83+1.9	661+0.9	1446	194	49.85	15.06+1.4	4576	440	5724	4:58.92
7340	Andres, Horacio/COL	11.01+1.9	685+0.1	1322	200	52.50	14.75+1.4	4221	430	5217	4:52.44
7261	Caines, Cliff/CAN	11.42+2.1	691+1.4	1426	197	51.56	15.80+0.5	3875	400	5408	4:25.30
7148	Marrero, Steven/PUR	11.29+1.2	709+0.4	1382	182	50.60	16.65+1.3	4456	430	5241	4:49.26
7083	Sanchez-Valle, Marcos/PUR	10.94+2.1	675+1.3	1367	185	49.87	15.66+1.3	4240	420	4986	5:08.89
6946 Felix, Kurt/GRN , 6887 Gillespie, Octavius/GUA.											

2007

5/25-26 NACAC Champs, Santo Domingo, Dominican Republic

7901	Harlan, Ryan/USA	11.18-2.5	717	1638	206	49.97	14.36-0.2	4337	480	5731	5:17.00
7843	Suárez, Leonel/CUB	11.38-2.5	723	1197	212	49.38	14.90-0.2	3970	440	6501	4:36.22
7816	Diaz , Yuniior/CUB	10.92-2.5	773	1461	191	47.64	15.04-1.3	4038	400	5429	4:30.16
7791	Boyles, Chris/USA	11.40-2.0	726	1429	206	50.94	14.73-0.2	4444	470	5776	4:52.52
7609	Terek, Paul/USA	11.35-2.5	708	1416	191	51.09	15.60-0.2	4679	510	5273	4:50.42
7416	Chinin, Carlos/Brazil	10.99-2.5	732	1261	203	48.70	14.67-0.2	3720	400	4797	4:46.71
7295	Slaunwhite, Craig/CAN	11.76-2.0	696	1606	197	53.45	15.90-1.3	4643	430	5676	4:58.76
6763 Mantilla, Horacio/COL, 6660 Juantorena, Alberto/CUB, 6342 Marrereo, Stephen/PUR, dnf Caines, Clifford/CAN 16s,12f.											

2006

8/25-26 2nd NACAC Champs, Estadion Sixto Escobar, San Juan, PUR

7966	Harlan, Ryan/USA	10.94+2.9	672+2.9	1602	210	50.54	14.17+1.1	4274	480	5964	5:01.37
7884	Terek, Paul/USA	11.01+2.9	698+3.1	1481	198	49.18	15.39+1.1	4630	490	5367	4:39.95
7703	Boyles, Chris/USA	11.28+2.9	687+3.2	1457	207	51.26	14.89+1.1	4406	460	6084	4:56.18
7147	Bertocchi, Massimo/CAN	11.06+2.9	692+3.6	1225	192	51.00	14.62+1.1	3805	460	4531	5:01.26
6891	Mantilla, Andres/COL	11.32+2.9	621+3.3	1257	192	51.91	14.91+1.1	4180	380	5001	4:44.09
6807	Holder, James/CAN	11.34+2.9	659+3.4	1223	183	51.14	15.06+1.1	3677	400	4652	4:41.29
6s.6f.											

2005

5/28-29 North America-Central America & Caribbean (NACAC) Champs, San Juan, PUR

8232	Smith, Maurice/JAM	10.71+2.5	722+3.2	1580	198	48.54	14.17nwi	5062	430	5676	4:36.00
7997	Harlan, Ryan/USA	11.05+2.5	697+3.5	1579	207	49.65	13.93nwi	4280	460	5775	4:52.56
7923	Terek, Paul/USA	11.02+2.5	719+3.1	1464	198	48.70	15.19nwi	4039	530	4710	4:32.28
7679	Boyles, Chris/USA	11.11+3.2	717+2.4	1475	201	50.74	14.75nwi	4110	470	5395	4:55.01
7255	Gillespie, Octavius/GUA	11.43+2.5	715+2.6	1322	201	52.54	15.17nwi	3936	430	6065	5:08.50

7240 Marreno, Stephen/PUR 11.26+3.2 678+2.1 1295 180 49.22 16.08nwi 4120 450 5192 4:30.47
 6973 Mantilla, Andres/COL 11.18+3.2 655+2.5 1220 195 51.86 15.14nwi 4046 400 4963 4:48.40
 6593 Santarosa, Juan-Pedro/MEX, 6578 Sanchez-Valle, Marcos/PUR, 6396 Diaz, Freddy/VEN, dnf: Atcheson,
 Jay/CAN, Adjetey-Nelson, Jamie/CAN, Holder, James/CAN
 1st/2nd day: Smit 4299/3933, Harl 4154/3843, Tere 4144/3779, Boyl 4057/3622, Gill 3812/3443, Marr 3708/3532, Mant
 3638/3335. 13s,10f

SECTION THREE: USA Athletes Bio's- Men- KURTIS BRONDYKE

DOB: January 24, 1989
 POB:
 Ht/wt: 6-2/ 185
 Hometown: Clinton, IA
 High School: Clinton HS
 College: Central College(IA) '11



2014: Drake Relays winner and 10th at USAs. **2013:** 5th at Drake Relays. **2012:** 5th at Drake Relays. **2011:** NCAA III indoor champ and outdoor runner-up as senior at Central (IA) College where he was 5x D-III All-American. **2010:** 5th at NCAA III outdoors. **2009:** 6th indoors and 5th outdoors at NCAA III. **High School: Personal:** Graduate assistant coach at Central Missouri. Working on masters degree in kinesiology at CMU. Coached by Guy Mosher at Central.

Career:

Indoor:			<u>60m lj sp hj 60h pv 1000m</u>					
3/06/09	3590	1 Last Chance, Pella	8.76	664	1162	198	2:57.10	
3/14/09	3544	6 NCAA III, Terre Haute	8.12	656	1130	196	2:56.61	
2/03/10	3801	1 Fighting Scot, Monmouth	7.94	682	1216	200	2:50.50 [55mH]	
2/27/10	3628	2 Iowa Interc'es, Buena Vista	8.08	681	1280	197	2:58.82 [55mH]	
3/12/10	dnf	- NCAA III, Greencastle	7.94	593	withdrew			
2/11/11	3759	2 Darren Young, Grinnell	8.09	685	1286	198	2:53.78 [55mH]	
2/26/11	3475	2 Iowa Intercollegiates, Pella						
3/11/11	3827	1 NCAA III, Columbus	7.91	682	1300	200	2:53.35 [55mH]	
2/10/12	dnf	- Iowa State Classic, Ames	7.51	621	1300	194	8.88 380 dnr	
3/02/12	dnf	- N Central q, Naperville	7.43	670	1212	withdrew		
12/8/12	5141	3 Doane College, Crete	6.82	666	1305	199	8.02 403 2:54.31 [55m, 55mH]	
2/08/13	5259	3 Iowa State Classic, Ames	7.37	658	1361	200	8.61 420 2:49.17	
12/7/13	5263	1 CMU Holiday, Warrensburg	7.35	671	1402	200	8.46 400 2:52.83	
2/01/14	4489	15 Missouri Sn, Joplin	7.31	662	1331	195	8.45 420 dnf	

Outdoor:			<u>100m w lj w sp hj 400m 110h w disc pv jav 1500m</u>												
4/04/09	6088	1 Central College, Pella	11.4h	0.0	664nwi	1127	192	51.2h	16.05	0.0	2999	325	4197	5:09.07	
5/02/09	6491	1 Iowa Intercollegiates, Pella													
5/22/09	6809	5 NCAA III, Marietta	11.29	+0.6	695	+1.8	1187	197	50.39	15.47	-1.2	3689	355	4712	4:53.15
4/16/10	4056	4 Dick Young, Grinnell	12.49	0.0	nm		1242	175	55.94	22.16	+2.3	3414	324	4724	dnf
5/08/10	6455W2	2 Iowa Intercollegiates, Pella	11.31	+4.3	653	+3.1	1202	195	53.14	16.22	+2.4	3532	355	5352	5:10.40
5/28/10	6962	5 NCAA III, Berea	11.29	+0.7	696	+0.1	1283	200	51.99	15.38	+2.4	3708	375	5437	4:59.21
4/03/11	6785	2 Washington U, St Louis	11.38	+1.9	665	+2.3	1237	197	51.81	15.37	+2.0	3823	375	4797	4:53.90
4/28/11	6898	7 Drake R, Des Moines	11.35	-0.5	635	+1.4	1170	195	50.70	15.28	+4.4	3733	385	5639	4:47.53
5/27/11	7109	2 NCAA III, Delaware	11.20	+1.6	688	0.0	1282	196	50.55	15.10	-0.1	3931	370	5325	4:48.16
3/31/12	6948	1 Washington U, St Louis	11.52	+0.9			1264	205	51.55	15.78	+0.9	3906	400	4846	4:56.16
4/26/12	6984	5 Drake R, Des Moines	11.38	+1.4	690	+1.3	1280	196	51.62	15.67	+4.1	3823	390	5231	4:46.40
3/29/13	6944	2 Bobcat Open, San Marcos	11.35	+2.3	641	+1.6	1368	197	51.76	15.26	-0.1	3917	420	4423	4:49.80

4/12/13 dnf - Emporia Multis, Emporia 11.59+1.5 640-0.1 1254 withdrew

4/25/13	6869	5	Drake R, Des Moines	11.46+0.2	659+2.4	1239	187	51.10	15.27+0.7	3531	400	5249	4:40.77
6/02/13	7049	5	Texas GA, Dallas	11.53+3.2	686+1.8	1297	190	52.03	15.10+2.7	3946	395	5701	4:47.62
3/21/14	6689	5	ASU Spring, San Angelo	11.11+3.2	717+2.4	1387	194	51.35	14.86+1.9	4002	nh	5606	4:58.91
4/24/14	7283W1		Drake R, Des Moines	11.16+4.2	670+1.7	1318	184	51.83	14.93+0.8	4201	440	5819	4:46.78
6/14/14	7613	1	Worthington, Columbus	10.9h nwi	698nwi	1368	195	51.7h	14.7hnwi	4427	450	6065	4:45.2h
6/27/14	7416	10	USA, Sacramento	11.16+1.9	686-0.7	1351	196	50.58	15.16+1.7	4180	410	5809	4:41.30

PRs: 7613 / 5263 / 3827 11.11+3.2 717+2.4 1402 205 50.39 14.79+3.0 4427 450 6065 4:40.77
Indoor: 60m: 7.31; 60h: 8.45; 55mH: 7.91; 1000m: 2:49.17.
Summary: 19meets, 18 finishes, PR= 7613, Top Ten Ave: 7120.6

DEVIN DICK

DOB: January 12, 1990
POB:
Ht/wt: 6-4, 195
Hometown: Hutchinson, KS
High School: Hutchinson HS '09
College: Wichita St (2010-11)
 Kansas St '14



2014: 8th at USAs. Used 4 event PRs to win Big 12 Conf. meet which netted breakthrough 7792 PR score. Mt Sac Relays opened netted 7138 score. Bergan and Big 12 heptathlon winner, the latter with 5678 PR score. Placed 11th at NCAAs. **2013:** 14th at NCAAs indoors. Runner-up at Big 12 indoor heptathlon with 5603 score. **2012:** Finished 3rd at Big-12 decathlon with career best 7425 score. **2011:** Transferred from Wichita State to Kansas State U. **2010:** 8th indoors and 4th outdoors at Missouri Valley Conf. meets. **High School:** 2x State qualifier. **Personal:** Son of Daryl and Kathy Dick.

Career:

Indoor:

1/30/10	4498	8	Husker, Lincoln	7.52	628	1101	187	8.97	420	3:19.49	
2/28/10	4803	8	MVC, Cedar Falls	7.57	658	1108	187	8.68	406	2:57.66	
12/9/11	3754	2	Robinson, Manhattan	8.62	710	1192	195	2:54.06			
1/28/12	5440	2	ISU Bergan, Ames	7.34	693	1314	197	8.53	465	2:49.67	
2/25/12	4586	12	Big 12, College Station	7.35	657	1297	201	8.60	nh	2:46.99	
12/7/12	3861	1	Robinson, Manhattan	8.57	701	1235	206	2:54.92			
1/25/13	5465	2	ISU Bergan, Ames	7.32	691	1361	200	8.58	470	2:53.04	
2/24/13	5603	2	Big 12, Ames	7.26	736	1351	193	8.29	452	2:47.01	3130/2573
3/09/13	5386	14	NCAA I, Fayetteville	7.35	708	1314	193	8.35	440	2:51.68	3011/2375
12/13/13	dnf	1	Robinson, Manhattan	8.37	688	1396	191	dnr			
1/31/14	5505	1	ISU Bergan, Ames	7.27	701	1372	198	8.39	460	2:53.65	
3/01/14	5678	1	Big 12, Ames	7.20	720	1461	191	8.26	475	2:50.24	
3/15/15	5557	11	NCAA I, Albuquerque	7.14	714	1387	191	8.34	485	2:59.32	

Outdoor:

3/18/10	5750	9	Rice, Houston	12.02+2.3	669+3.1	1119	190	53.79	16.10+1.8	nm	410	5386	5:23.94	
5/14/10	6487	4	MVC, Normal	11.64+0.9	696+0.1	1181	194	52.85	15.71+0.2	3709	425	4604	5:42.95	
5/12/12	7425	3	Big 12, Manhattan	11.45-0.5	672nwi	1280	205	50.75	14.82+2.9	3909	476	5016	4:39.38	
4/05/13	dnf	-	UA Click, Tucson	11.50-0.2	715	0.0	1302	190	withdrew					
5/04/13	6843	7	Big 12, Waco	11.31+1.6	699+2.9	1317	191	52.17	15.10+1.4	2781	459	4867	5:09.52	
4/17/14	7138	4	Mt Sac R, Azusa	11.07+3.1	715+1.2	1435	202	50.65	15.14+0.8	2651	470	3778	4:48.48 4052	
5/17/14	7792	1	Big 12, Lubbock	11.29	0.0	721-0.1	1467	205	49.41	14.75+0.5	3596	479	5277	4:32.07
6/12/14	6700	21	NCAA I, Eugene	11.10+2.2	733+2.2	1444	193	50.74	15.22-0.3	3773	450	4341	dnf	
6/27/14	7434	8	USA, Sacramento	11.22+1.9	732+1.7	1530	193	49.85	14.86+1.7	3114	450	5036	4:44.33	

PRs: 7792 / 5678 11.07+3.1 745+1.6 1530 206 49.41 14.75+0.5 3909 490 5277 4:32.07
Indoor: 60m: 7.14; 60mH: 8.26; 1000m: 2:46.99

DAN GOORIS (alternate)

DOB: Sept. 28, 1989
POB: Albuquerque, NM
Ht/wt: 6-2, 185
Hometown: Albuquerque, NM
High School: Cibola HS, Albuquerque
College: Northern Iowa, '12



2014: 3rd at USA indoor champs. **2013:** 4th at Thorpe Cup with PR 7804 score. 8th at USA nationals in Des Moines. 12th at NCAAs with 7748 effort. Captured the Drake Relays crown and a 4th consecutive Missouri Valley title with a 7780 PR. 5th at USAs indoors. Won UNI's Jennett heptathlon for 3rd time. **2012:** Won both Drake (PR 7624) and Missouri Valley Conf (7608) titles then placed 10th at NCAA champs with 7629 career best. Jennett and MVC (with PR 5679) hept champion **2011:** MVC decathlon winner (7346). Scored PR 5517 at UNI Jennet indoor heptathlon. Vaulted 5.25m/17-2½. **2010:** 3rd at MVC indoor heptathlon and scored 7228 outdoors. **2009:** Won MVC indoor heptathlon. Did not compete outdoors. **2008: High School:** 7067 decathlon with prep implements. 16-9 pv. **Personal:** Son of Paul and Mary Gooris. Majored in movement and exercise science.

Career:

Indoor:		<u>60m lj sp hj 60h pv 1000m</u>										
1/31/09	5400 2	UNI Jennett, Cedar Falls	7.50	664	1233	191	8.66	510	2:42.67			
3/01/09	5482 1	Missouri Valley, Cedar Falls	7.44	705	1280	194	8.59	500	2:49.47			
1/30/10	5427 1	UNI Jennett, Cedar Falls	7.60	642	1385	201	8.79	510	2:46.67			
2/28/10	5485 3	Missouri Valley, Cedar Falls	7.45	656	1382	199	8.71	506	2:47.33			
1/22/11	5344 2	UM Johnson, Minneapolis	7.48	641	1362	196	8.63	488	2:49.31			
1/29/11	5517 2	UNI Jennett, Cedar Falls	7.45	641	1359	196	8.53	515	2:43.85			
2/11/11	5421 4	ISU Classic, Ames	7.43	633	1319	192	8.66	520	2:44.78			
2/27/11	4266 10	Missouri Valley, Cedar Falls	7.81	571	1279	172	9.52	465	dnf			
1/28/12	5549 1	UNI Jennett, Cedar Falls	7.42	669	1350	199	8.70	510	2:44.59			
2/26/12	5679 1	Missouri Valley, Cedar Falls	7.41	683	1408	199	8.51	510	2:43.30			
3/10/12	5662 9	NCAA I, Nampa	7.31	661	1436	193	8.45	530	2:46.88			
1/26/13	5252 1	UNI Jennett, Cedar Falls	7.52	648	1346	190	8.73	500	2:53.64			
3/02/13	5466 5	USA, Albuquerque	7.43	662	1356	190	8.51	540	2:56.68			
2/01/14	5596 1	UNI Jennett, Cedar Falls	7.41	669	1319	202	8.69	530	2:47.49			
2/22/14	5613 3	USA, Albuquerque	7.41	688	1332	195	8.55	530	2:47.81			
Outdoor:		<u>100m w lj w sp hj 400m 11 0h w disc pv jav 1500m</u>										
4/01/10	7015 8	Texas R, Austin	11.70+5.9	620+5.8	1298	190	55.08	15.42+5.6	3993	510	5011	4:36.18
4/22/10	7229 4	Drake R, Des Moines	11.69+2.5	645+0.2	1274	190	51.89	15.53+1.3	3892	510	5158	4:28.86
5/15/10	7228 1	Missouri Valley, Normal	11.66+0.8	656+4.8	1322	191	52.49	15.39+0.2	4061	505	5095	4:39.41
4/06/11	6879 14	Texas R, Austin	11.68nwi	617nwi	1288	181	52.98	16.12+2.1	3949	510	5097	4:45.02
4/28/11	7132 5	Drake R, Des Moines	11.61+2.8	626+1.7	1299	189	52.02	15.33+4.4	3681	505	5117	4:33.81
5/14/11	7346w 1	Missouri Valley, Cedar Falls	11.53+1.1	658+2.8	1342	187	51.64	15.20+2.4	3851	510	5327	4:32.86
4/26/12	7624 1	Drake R, Des Moines	11.48+1.9	670+0.6	1297	193	50.68	14.95+5.0	4104	520	5648	4:31.39
5/12/12	7608 1	Missouri Valley, Wichita	11.48+1.7	668-0.2	1347	196	50.16	15.25+2.7	4117	520	5445	4:35.47
6/07/12	7629 10	NCAA I, Des Moines	11.31+3.2	636-2.5	1376	193	50.27	15.11-0.6	4265	520	5269	4:27.81
4/12/13	6783 1	WIU Calhoun, Macomb	12.15+2.1	646-1.1	1300	171	52.11	15.74-0.3	4210	515	4807	4:56.49
4/25/13	7395 1	Drake R, Des Moines	11.67+0.2	641+0.9	1309	196	51.17	15.48+0.7	4119	510	5216	4:28.06
5/11/13	7780 1	Missouri Valley, Des Moines	11.33+3.5	692nwi	1336	196	51.38	14.79+4.2	4211	520	5752	4:31.87
6/06/13	7748 12	NCAA I, Eugene	11.31+2.2	694+2.7	1326	196	50.90	14.89+1.8	4112	520	5305	4:25.19
6/22/13	7553 8	USA, Des Moines	11.45+1.0	654+1.8	1329	193	50.57	15.18-1.7	4254	490	5309	4:20.08
7/28/13	7804 4	Thorpe Cup, Chula Vista	11.30+2.5	688+1.6	1390	195	51.09	14.86+2.4	4126	525	5277	4:21.11
4/11/14	6267 1	W Ill Calhoun, McComb	11.59+1.4	662+3.1	1252	197	53.59	16.53-0.5	3903	485	4760	dnf
4/24/14	7087 3	Drake R, Des Moines	11.69+2.7	638+1.1	1227	190	53.03	15.63+1.7	4175	510	4803	4:35.05
6/27/14	6486 13	USA, Sacramento	11.70+1.9	655+1.0	1331	196	51.76	15.32+1.7	4228	nh	5057	4:27.97

PRs: 7804 / 5679 11.30+2.5 705i 1436i 201 50.16 14.79+4.2 4265 540i 5752 4:20.08

Indoor: 60m: 7.31; 60h: 8.45; 1000m: 2:42.67.

Summary: 18 meet, 18 finishes, 8 wins, PR score: 7804, Top Ten Average: 7571.6

DEREK MASTERSON

DOB: January 30, 1990
 POB:
 Ht/Wt: 6-2, 190
 Hometown: Placerville, CA
 High School: Ponderosa HS, CA
 College: UCSB '13



2014: 9th at USA nationals. Won Cal Invt as season opener and then won Texas GA meet. **2013:** Scored PR 7631 in post collegiate meet after 2nd Big West Conf. crown. **2012:** Injured late in season and did not start NCAAAs. Opened outdoor season with breakthrough PR 7558 at Sam Adams meet in Santa Barbara and then captured the Big West Conference crown. **2011:** Big West decathlon runner-up. **2009:** 9th at Big West Conference meet. **High School:** School record holder at pole vault (16-2). **Personal:** Physical therapy major.

Career:

Indoor:

Outdoor:

				<u>100m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>sp</u>	<u>hj</u>	<u>400m</u>	<u>110H</u>	<u>w</u>	<u>disc</u>	<u>pv</u>	<u>jav</u>	<u>1500m</u>
3/14/09	6463	1	Sam Adams, S Barbara	11.60		647		1179	177	51.43	17.36		4027	450	4595	5:02.65
5/09/09	5980	9	Big West, Irvine	11.48+3.2		610+0.6		1304	159	53.01	17.22+1.5		3462	440	4700	5:35.25
5/31/09	dnf		SB Spring, Goleta	11.78+1.7		627nwi		1197	171	53.20						withdrew
3/26/11	7159	1	Westmont Classic, SB	11.35nwi		686nwi		1350	197	52.47	16.12nwi		3464	495	5812	5:04.22
5/07/11	7295	2	Big West, Irvine	11.35+1.0		676-1.1		1389	186	51.75	15.61+1.3		4528	468	5317	4:50.17
4/03/12	7558	3	S Adams, S Barbara	11.27		690		1328	190	49.93	15.16		4281	470	5768	4:40.53
5/05/12	7355	1	Big West, Irvine	11.32+0.4		723 0.0		1421	190	51.26	15.13+1.3		3828	454	5433	4:54.17
4/06/13	dnf		Sam Adams, S Barbara	11.31+1.2		675-0.8		1467	189	51.21	15.39+0.5		4430	455		withdrew
5/04/13	7376	1	Big West, Northridge	11.54+2.2		689+1.0		1478	188	51.39	15.35+1.6		4268	460	5413	4:44.34
6/02/13	7631	2	TGA, Dallas	11.34+3.2		702+2.4		1418	193	51.22	15.06+2.4		4461	455	6281	4:47.67
4/17/14	7281	1	Cal Invt, Azusa	11.44+0.6		682+1.3		1394	196	52.38	15.36-1.4		4246	470	5251	4:56.88
5/25/14	7394	1	TGA, Dallas	11.43+1.8		628+2.6		1325	195	51.47	15.50+1.6		4390	487	6408	4:55.29
6/27/14	7423	9	USA, Sacramento	11.55+1.9		666+1.6		1383	187	50.86	15.33+1.7		4424	470	5930	4:43.31

PRs: 7631 / 11.01 723 0.0 1421 197 49.93 15.06+2.4 4528 495 6408 4:40.53

STEELE WASIK

DOB:
 POB:
 Ht/wt: 6-5, 190
 Hometown: Lakewood, OH
 High School: St Edwards HS, OH '14
 College: UCLA '18



2014: 4th at USA Junior Nationals with PR 7286 score. 3rd at New Balance indoor national pentathlon with 3882 PR score. **2013:** National AAU Junior Olympic champ with 7037 effort. **High School: Personal:** UCLA signee.

Career:

Indoor:

				<u>60m</u>	<u>lj</u>	<u>sp</u>	<u>hj</u>	<u>60h</u>	<u>pv</u>	<u>1000m</u>
3/08/13	3693	5	Nat Scholastic, NYC Armory	8.13	612	1253	201	2:58.48		
3/14/14	3882	3	New Balance Nationals, NYC Armory	8.02	674	1398	194	2:58.84		

Outdoor:

				<u>100m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>sp</u>	<u>hj</u>	<u>400m</u>	<u>110h</u>	<u>w</u>	<u>disc</u>	<u>pv</u>	<u>jav</u>	<u>1500m</u>
6/ /12	5710	1	Reg 11AAU JO, Springfield	11.57nwi		632nwi		1222	184	54.21	15.33nwi		2156	333	3850	5:22.96
7/29/12	5906	3	Nat AAU, Humble, TX													
6/28/13	6747	1	Reg 5 AAU JO, Canton	11.31+1.1		620nwi		1277	202	52.26	14.32-0.2		3684	335	3988	5:02.23
7/28/13	7037	1	AAU JO, Ypsilanti	11.32-1.2		653nwi		1297	201	49.02	14.25-0.6		4124	333	4392	4:47.44
6/26/14	7286	4	USA Jr, Sacramento	10.88+2.7		712+2.1		1331	190	49.33	14.09+0.5		3569	370	5204	4:50.59

PRs: 7286 / 3882 10.88+2.7712+2.1 1331 202 49.02 13.88 (*39)+2.2 4124 370 5204 4:47.44

Indoor: 60m::; 60h: 7.95; 1000m: 2:58.48; hs sp(12lb) 13.98m;

Coach: Steve Rainbolt

Wichita State U



Steve Rainbolt, Wichita State Director of Track & Field and Cross Country, is in his 14th season as leader of the Wichita State men and women's track and field teams.

Since Rainbolt's arrival at Wichita State, he has been named the Missouri Valley Conference's men's and women's Indoor and/or Outdoor Coach of the Year 15 times. Entering the 2014 season, his program has produced 26 All-Americans, 73 NCAA national qualifiers and 180 individual MVC champions during his time at Wichita State.

Rainbolt has put his value statement to work at WSU, implementing it in every aspect of his coaching. His value statement is: "Being a member of the WSU Track and Field program is an honor. Young men and women can make a dream come true by carrying out their athletic endeavors in a uniform with 'Wichita State University' on their chest. For me it is extremely meaningful life work to serve as the coach of this wonderful program."

Rainbolt and his wife Kelly, reside in Wichita, Kan. Kelly and Steve have four children: Christopher, Anna and Alyssa (twins) and Kyle; a daughter-in-law, Reagan, and two grandchildren, Channing and Cullen.

Rainbolt's Coaching Highlights

15 MVC Championship Teams
26 NCAA All-Americans
73 NCAA National Qualifiers
MVC Indoor Coach of the Year 5 Times
MVC Outdoor Coach of the Year 10 Times
2002, '04 & '11, '12 Mondo/USTCA/USTFCCCA
Midwest Region Outdoor Men's Coach of the Year
2011 USTFCCCA Midwest Women's Coach of the Year
180 Individual MVC Champions
100 New School Records

Coaching Experience

Wichita State — Head Coach 2000-Present
Kent State — Head Coach 1995-2000
Nebraska — Assistant Coach 1983-84, 1989-95

Rainbolt's Coaching Honors

2012 USTFCCA Midwest Men's Coach of the Year
2011 USTFCCA Midwest Women's Coach of the Year
2011 MVC Indoor & Outdoor Women's Coach of the Year

2010 MVC Indoor & Outdoor Men's Coach of the Year
2010 MVC Indoor Women's Coach of the Year
2007 MVC Indoor & Outdoor Women's Coach of the Year
2006 MVC Indoor & Outdoor Women's Coach of the Year
2005 MVC Outdoor Women's Coach of the Year
2004 MVC Outdoor Women's Coach of the Year
2004 MVC Outdoor Men's Coach of the Year
2004 Mondo/USTCA Midwest Region Coach of the Year
2003 MVC Outdoor Men's Coach of the Year
2002 MVC Outdoor Men's Coach of the Year
2002 Mondo/USTCA Midwest Region Coach of the Year
2000 MAC Outdoor Men's Coach of the Year
2000 Great Lakes Region Men's Outdoor Coach of the Year

Rainbolt's Decathlon Career at U of Nebraska/Athletes in Action

-1980 Kansas Relays Champion
-PR score: 7719 (1980), 9x>7000
-10th, 1980 NCAA I Champs
-17th, 1980 US Olympic Trials
-in 19 career meets, he never 'dnf'd'
-HJ PR: 2.18m/7-1¾

Women-

DEANNA LATHAM

DOB: February 23, 1992
 POB:
 Ht: 5-6
 Hometown: Newbury, MA
 High School: Triton Regional
 College: Wisconsin '15



2014: 11th at USA Nationals. Redshirt outdoors and scored PR 5745 as unattached athlete. 5th at NCAAs indoors with PR 4253 effort. Won Bill Bergan pentathlon with PR 4117 score. And followed with yet another PR, 4176, to annex Big Ten title. **2013:** 12th at NCAAs. Big 10 100m hurdle runner-up with 13.15 clocking. 7th at Mt Sac Relays. 11th at NCAAs indoors. Opened season with win and career best pentathlon score at Sevigne meet in Lincoln, then placed 3rd at Big 10 affair. **2012:** 10th at NCAAs with PR 5606 effort. Place 3rd at outdoor Big Ten meet after a 6th place finish at Mount Sac Relays, both with PR scores. 3rd at Big Ten indoor pentathlon (3978). **2011:** Earned bronze medal and led U.S. in heptathlon at 2011 Pan Am Junior Championships with personal-best score of 5,277 points Took second at 2011 USA Junior Championships in the heptathlon with score of 5,200 points. Redshirt indoors. **High School:** Won 12 (6 indoors, 6 outdoors) state titles. Massachusetts high school record of 13.93. Named 2010 *Boston Globe* Indoor Athlete of the Year and 2010 *Boston Globe* Outdoor Athlete of the Year. High school coach: Joseph Colbert. **Personal:** Parents are K.C. and Helen Latham. Both parents competed in track and field at the University of Maine.

Career:

Indoor:

2/03/12	3768	5	Sevigne, Lincoln	8.75	155	1256	565	2:30.58
2/24/12	3978	3	Big Ten, Lincoln	8.64	167	1229	565	2:21.81
2/01/13	4024	1	Sevigne, Lincoln	8.49	170	1127	573	2:24.11
2/22/13	4003	3	Big Ten, Geneva	8.43	159	1164	592	2:22.88
3/09/13	4066	11	NCAA I, Fayetteville	8.34	163	1138	596	2:22.77
1/31/14	4117	1	ISU Bergan, Ames	8.41	168	1092	592	2:19.13
2/28/14	4176	1	Big Ten, Geneva	8.37	170	1155	584	2:18.54
3/15/14	4253	5	NCAA I, Albuquerque	8.34	170	1199	598	2:18.55

Outdoor:

3/19/11	4869	2	Aztec Invt, San Diego	14.76	159	1147	26.00	511	3532	2:30.97
4/14/11	5200	2	Cal Invt, Azusa	14.18	161	1158	25.55	585	3100	2:25.52
6/24/11	5200jr	2	USA Jr, Eugene	14.10+1.1	154	1104	25.03+1.3	568+1.6	3517	2:24.38
7/ /11	5277jr	3	Pan Am Jr, Miramar	14.14+0.1	161	1171	25.05+4.2	585+2.5	3419	2:30.64
4/19/12	5451	6	Mt Sac R, Azusa	14.46+0.7	167	1210	25.31+2.0	571+2.4	3748	2:20.92
5/12/12	5553	3	Big 10, Madison	13.66+2.0	158	1240	24.82+0.3	570+1.3	3940	2:21.17
6/07/12	5606	10	NCAA I, Des Moines	13.75-0.3	157	1297	24.84+1.0	574+0.6	4119	2:21.52
4/18/13	5493	7	Mt Sac R, Azusa	13.62+1.2	159	1221	24.84+2.5	574+1.0	3678	2:23.09
6/07/13	5574	12	NCAA I, Eugene	13.37+1.2	154	1143	24.31+2.8	578+2.1	3976	2:20.32
4/11/14	5745	2	Bulldog, Athens	13.73+1.0	162	1239	24.57-0.5	581+0.5	4159	2:17.01
6/28/14	5680	11	USA, Sacramento	13.46+0.9	160	1109	24.69+0.6	598+2.4	4142	2:19.20

PRs: 5745 / 4253
 Indoor: 60mH: 8.33

13.15+3.1 170 1297 24.31+2.8 601 4306 2:17.01

LINDSAY LETTOW

DOB: June 6, 1990
 POB:
 Ht: 5-9
 Hometown: Urbandale, IA
 High School: Des Moines Christian
 College: Central Missouri



2014: 10th at USA Nationals with 3 event PRs. Sam Adams runner-up and then won Drake Relays for 2nd consecutive year. 2nd at Texas GA with PR 5859 effort. Missouri Southern indoor victor. **2013:** 11th at USA nationals and 7th at Thorpe Cup. Started outdoor campaign with win at Drake Relays. 3rd at USAs indoors. **2012:** 8th at US Olympic Trials and then placed 7th at Thorpe Cup vs Germany in Marburg. Repeated as NCAA II indoor pent and outdoor hep champ, the latter with PR 5748. **2011:** Swept the NCAA II boards by winning both indoor pentathlon (4064) and outdoor heptathlon (5514). Opened outdoor season with career best 5610 at Angelo State Spring Multis. MIAA student athlete of year. 9th at USA nationals. **2010:** MIAA champion in heptathlon and 4th at NCAA II meet. **High School:** Iowa State long and pentathlon champion and 100m hurdle record holder. **Personal:** Undeclared major. Daughter of Kurt and Peggy Lettow.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>	
12/10/10	3775	1	Doane Holiday, Crete	7.9h	161	1035	557	2:22.11
2/25/11	3961	1	MIAA, Warrensburg	8.53	168	1118	568	2:24.70
3/11/11	4064	1	NCAA II, Albuquerque	8.62	170	1065	579	2:17.47
3/09/12	4193	1	NCAA II, Mankato	8.51	179	1125	583	2:21.58
2/07/13	4286	1	Iowa State Classic, Iowa City	8.55	177	1201	597	2:19.01
3/01/13	4301	3	USA, Albuquerque	8.42	173	1214	587	2:14.83
2/01/14	4282	1	Missouri Southern, Joplin	8.51	176	1245	591	2:19.84

Outdoor:

			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/ /09	5216	4	NCAA II, San Angelo									
5/02/10	5167	1	MIAA, Joplin	14.34+3.0	164	1087	25.46-0.1	553+1.6	3328	2:23.80		
5/28/10	5386	4	NCAA II, Charlotte	14.20+0.6	170	1077	25.36-0.4	563+0.8	3375	2:17.28		
3/25/11	5610	1	ASU Spring, San Angelo	13.98+1.4	173	1118	25.43+1.5	583+2.7	3700	2:16.23		
5/08/11	5225	1	MIAA, Emporia	13.90+4.6	165	1040	25.42+2.5	562+0.4	3688	2:30.28		
5/27/11	5514	1	NCAA II, Turlock	13.76+2.3	174	1153	25.21+2.4	555+2.1	3575	2:21.79		
6/26/11	5547	9	USA, Eugene	14.10+1.6	169	1122	25.12+1.6	589+0.6	3523	2:17.09		
8/14/12	4404	11	Thorpe Cup, Chula Vista	14.27+1.8	166	1050	26.18+1.5	568+3.2	3442	dnf		
3/23/12	5703	1	Trinity U, San Antonio	14.02	176	1187	24.47	583	3388	2:17.22		
5/25/12	5748	1	NCAA II, Pueblo	13.69-1.4	172	1194	24.80+1.4	591+1.8	3723	2:18.20		
6/30/12	5807	8	OT/USA, Eugene	13.96+1.3	175	1213	24.51+3.0	585+1.3	3683	2:14.91		
7/22/12	5530	7	Thorpe Cup, Marburg	14.04+1.7	174	1127	25.15+1.5	562+0.8	3567	2:18.13		
4/25/13	5470	1	Drake R, Des Moines	14.34-3.9	172	1138	24.91+0.6	557-3.9	3473	2:17.39		
6/20/13	5729	11	USA, Des Moines	13.92+1.7	172	1195	24.70+0.1	574+1.7	3775	2:15.08		
7/28/13	5663	7	Thorpe Cup, Chula Vista	13.80+0.7	172	1193	25.07+1.8	570+1.9	3623	2:15.40		
4/05/14	5674	2	Sam Adams, S Barbara	13.99+0.2	172	1211	24.75+1.7	584 0.0	3770	2:20.81		
4/24/14	5619	1	Drake R, Des Moines	14.14+1.5	169	1168	24.67+0.1	584+0.8	3704	2:18.11		
5/25/14	5859	2	Texas GA, Dallas	13.85+0.1	174	1243	24.64+3.2	586+0.3	3840	2:14.38		
6/28/14	5738	10	USA, Sacramento	13.96+1.8	169	1245	24.89+0.6	582+2.3	3817	2:14.73		

PRs: 5859 / 4301

13.69+1.4 179i 1245 24.51+4.0 591+1.8 3840 2:14.73

Indoor: 60H: 8.42

LINDSAY SCHWARTZ

DOB: April 23, 1990
 POB: Watertown, WI
 Ht: 5-10
 Hometown: Watertown, WI
 High School: Watertown HS
 College: South Alabama '12



2014: 9th at USA Nationals. Won Sam Adams meet to open season. **2013:** 8th at USA nationals and 3rd at Thorpe Cup with breakthrough scores. 3rd at Pan Am Cup in Ottawa with PR 5645 effort. 5th at Mt Sac Relays. 3rd at Sam Adams meet. 10th at USA indoors. **2012:** 10th at NCAAs outdoors with PR 5606 score. Won Sun Belt hept and 100 hurdles after a PR 4th place at Texas Relays (5468). Indoor pentathlon Sun Belt Con champ for 2nd consecutive year. **2011:** 13th at NCAA heptathlon in Des Moines. Sun Belt Conf heptathlon champion and record holder (5318). SBC indoor pentathlon champ. 3rd in high jump outdoors. **2010:** Runner-up at Sun Belt indoor pentathlon and winner of outdoor heptathlon. **High School:** 3x Wisconsin state hurdles (2x 100m, 1x 300m) champion. **Personal:** Major is Leisure Studies-Sports Management

Career:

Indoor:

2/27/10	3426	2	Sun Belt, Mufreesboro	8.77 156 1112 522 2:30.05 [55mH]
1/29/11	3492	2	Carnes, Gainesville	8.65 165 1005 515 2:30.27 [55mH]
3/27/11	3585	1	Sun Belt, Mufreesboro	8.37 163 951 534 2:25.32 [55mH]
2/25/12	3996	1	Sun Belt, Mufreesboro	8.16 165 1119 594 2:21.32 [55mH]
3/09/12	3951	13	NCAA I, Nampa	8.59 166 1020 585 2:21.70
3/01/13	3892	10	USA, Albuquerque	8.77 164 1177 561 2:23.87

Outdoor:

5/08/10	4966	1	Sun Belt, Mufreesboro	14.651-.3 166 1050 25.10+3.7 535+1.4 2978 2:29.22
3/24/11	4778	2	FSU R, Tallahassee	15.06+1.8 164 953 25.48+2.6 516+1.6 2721 2:22.37
5/14/11	5318	1	Sun Belt, Mufreesboro	14.70+1.0 170 962 25.23-2.0 591+1.3 3319 2:18.19
6/09/11	5274	13	NCAA I, Des Moines	14.33+0.9 166 1015 25.25-0.8 564+1.2 3555 2:21.03
3/29/12	5468	4	Texas R, Austin	14.27+0.9 169 1085 24.93+0.2 574+1.1 3649 2:19.07
5/12/12	5264	1	Sun Belt, Lafayette	14.20+0.6 164 1067 24.50+1.6 561-1.5 3576 2:28.91
6/??/12	5606	10t	NCAA I, Des Moines	14.00-0.3 166 1062 24.43+1.1 590-0.5 3699 2:15.66
4/06/13	5591	3	Sam Adams, S Barbara	14.13-1.3 164 1171 24.65+0.4 570-0.1 3805 2:14.64
4/18/13	5565	5	Mt Sac R, Azusa	14.16+1.3 168 1084 24.33+2.5 565+1.5 3809 2:16.65
6/02/13	5645	3	Pan Am CE Cup, Ottawa	13.94+1.0 171 1188 24.64+1.2 542+1.5 4060 2:17.17
6/20/13	5910W	8	USA, Des Moines	13.61+4.9 172 1161 24.18+0.4 585+4.0 3992 2:12.48
7/28/13	5982	3	Thorpe Cup, Chula Vista	13.78+1.2 166 1194 24.06+1.8 615+1.5 4247 2:12.85
3/05/14	5942	1	Sam Adams, S Barbara	13.90+0.3 175 1267 24.20+1.9 595 0.0 3975 2:16.71
6/28/14	5816	9	USA, Sacramento	13.99+1.8 172 1231 24.07+0.6 585+0.1 3643 2:14.64

PRs: 5982 / 3996

13.61+4.9 175 1267 24.06+1.8 615+1.5 4247 2:12.48

Indoor: 60mH: 8.59; 55mH 8.16

Head Coach: Josh Priester, Westmont College



Josh Priester is the director of the Women's Athletic Performance Foundation (WAPF), which has made its home at Westmont. He also serves on the Westmont Track and Field coaching staff in recruiting and coaching student-athletes.

WAPF is the only organization in the United States devoted to training elite level female heptathletes to compete on the world stage. More information regarding WAPF can be found at <http://www.wapf.us>. Priester served as the Associate Director of Track & Field at the University of California, Santa Barbara until the summer of 2012. During Priester's tenure at UCSB, he helped the program reach new heights in track & field, which culminated in a 2012 Big West Conference Championship.

While at UCSB, Priester coached the women's and men's sprints, hurdles, horizontal jumps and combined events. In four years with the UCSB Program, Priester coached four NCAA Division I All-American performances, 16 NCAA qualifiers, 11 all-time UCSB records, three USA National Championship qualifiers in the heptathlon, and one USA National Team member. In 2012, Priester was nominated as a West-Region Assistant Coach of the Year. Prior to UCSB, Priester coached at his alma-mater, George Fox University, where he worked with the combined-events, sprints and hurdles. During his time at GFU, the sprints and hurdles group had great success in the Northwest Conference. In 2008, GFU athletes won conference crowns in both the men's and women's 400 meters, 400m hurdles, 4x100 meter relay and the men's decathlon. At the national level, GFU qualified seven sprinters and hurdlers for the 2008 NCAA Div. III Championships.

Priester has been a speaker and clinician at many track camps and clinics for athletes of all ages. In 2012, he worked to establish the Sam Adams Combined Events Invitational held at Westmont. The meet is named after long time UCSB and Westmont track coach Sam Adams who was an integral part of decathlon development in the United States.

Priester holds a Bachelor of Science in health and human performance from George Fox University and a Masters of sports management from the United States Sports Academy. Priester is a native of Walla Walla, Washington. (Source: Westmont website)

Section Four:

PR PAGE

<i>Men: Pan-Am Cup</i>	<i>PR score</i>	<i>100m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>110mH</i>	<i>w</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>
Kurtis Brondyke	7613 '14	11.11+3.2		717+2.4		1402	205	50.39	14.79+3.0		4427	450	6065	4:40.77
Devin Dick	7792 '14	11.07+3.1		745+1.6		1530	206	49.41	14.75+0.5		3909	490	5277	4:32.07
Derek Masterson	7631 '13	11.01		723 0.0		1421	197	49.93	15.06+2.4		4528	495	6408	4:40.53
Dan Gooris(alt)	7804 '13	11.30+2.5		705i		1436i	201	50.16	14.79+4.2		4265	540i	5752	4:20.08
<i>Junior</i>														
Steele Wasik	7286 '14	10.88+2.7		712+2.1		1331	202	49.02	13.88+2.2		4124	370	5204	4:47.44
														(‘39’)

<i>Women:</i>		<i>100mH</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
Deanna Latham	5745 '14	13.15+3.1		170	1297	24.31+2.8		601		4306	2:17.01
Lindsay Lettow	5859 '14	13.69+1.4		179i	1245	24.51+4.0		591+1.8		3840	2:14.73
Lindsay Schwartz	5982 '13	13.61+4.9		175	1267	24.06+1.8		615+1.5		4247	2:12.48

USA entries for men's open competition:

Ethan Turpen senior Arkansas State
PR score: 7292 Sun Belt Conf. Champs, 1st 5/9-10/14 San Marcos, Texas
 11.26+1.0 689nwi 1318 196 5132 15.01+2.1 3747 464 4738 4:39.01

Mike Rabbitt junior Cornell U
PR Score: 7264 Heptagonals Champs, 3rd 5/10-11/14 Yale, New Haven, CT
 10.86+2.7 726+1.3 1133 193 49.34 15.18+2.0 2993 435 5212 4:33.71