

32nd and 2013
WOMEN'S HEPTATHLON
NATIONAL CHAMPIONSHIPS



Jim Duncan Track
Drake University
Des Moines, Iowa
June 19-20, 2013

Frank Zarnowski
DECA, The Decathlon Association
www.decathlonusa.typepad.com

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The Field



*Top Row: Lindsay Schwartz, Sharon Day, Bette Wade, Lindsay Lettow, Heather Miller, Kiani Profit;
2nd Row: Brianna Leslie, Sami Spenner, Erica Bougard, Tanya Friesen, Keia Pinnick, Allison Reaser;
Third Row: Lindsay Vollmer, Tatum Souza, Chantae McMillan, Vanessa Jules, Chelsea Carrier-Eades, Ryan Kraiss.*

SECTION ONE: Basic Info:

- a) Time Schedule
- b) Qualifying procedures
- c) List of Qualifiers
- d) Web sites which will provide results

a... Time Schedule

Thursday, June 20, 2013

2:35 pm 100 m Hurdles
4:00 High Jump
6:15 Shot Put
7:35 200 meters

Friday, June 21, 2012

2:00 pm Long Jump
4:00 Javelin
6:15 800 meters

b)Qualifying Procedure

"A" and "B" Standards A standard is 5900, B standard is 5600. Field limit is 18. Qualifying window: Jan. 2, 2012 thru June 16, 2013,

"A" - athletes who attain the "A" standard will automatically be included in the event, provided they enter and declare. *

"B" - athletes who attain the "B" standard will be included in the event only if additional competitors are needed to make the event competitive (i.e., not enough athletes have attained the "A" standard). *

* - subject to the Qualifying Guidelines, entry process, and declaration process. If the "B"

standard is used, only the number of athletes needed to make the event competitive will be included. These athletes must declare, and they may be invited for inclusion only after the close of declarations.

The field sizes listed are the desired minimum of participants, and the Games Committee will try to fill the field to the minimum provided there are enough athletes entered and qualified without the quality of competition being affected. The Men's and Women's Track & Field Chairs may alter the field size as necessary.

Qualifying Guidelines

Qualifying marks must be made and verifiable in one of the following:

- USATF- or IAAF-sanctioned events that prescribe to or exceed USATF competition rules, events at collegiate meets that prescribe to or exceed USATF competition rules, high school meets, except duals and triangulars, or meets or events that meet a minimum for competitiveness set by the Chair of the Sport Committee and determined to be valid by the USATF staff member responsible for verification.

- Fully automatic timing (F.A.T.) is the only method of timing acceptable for qualifying marks for events equal to or shorter than 400 meters. A manual time may only be used for qualifying for events of 800 meters and longer only if no F.A.T. time is available. No timing allowance for qualifying will be made for hand times.

- Wind-assisted performances will not be accepted. Wind readings of +2.0 or higher will not be accepted for all relevant events except the combined events, which is wind aided if one or more marks is greater than 4.0 *and* the mean is greater than 2.0

There is no adjustment for altitude.

- All qualifying performances are subject to verification.

-Special Qualifying Regulations for US Olympic Trials,,,,next 2016

Automatic Qualification [USATF Rules 10.3(b)i and 10.3(b)ii]

A Track & Field athlete is eligible for automatic qualification into the Olympic Trials in the same event if that athlete has:

- Earned an individual medal in an Olympic Games or in an IAAF World Indoor or Outdoor Championships during the year 2008, or during the four previous calendar years (2008, 2009, 2010, 2011)

- Won an individual 2011 USA Outdoor Track & Field Championship event

All athletes who are allowed entry into the Olympic Trials by the special qualifying regulations must submit an entry and follow the same declaration procedures as all other Olympic Trials qualifiers.

Athletes entering as "automatic qualifiers" should list any qualifying performance details on their official entry form.

Athletes whose entry into the Olympic Trials is based solely on the

"automatic qualification" provision are not eligible to receive funding based on the automatic qualification alone.



c)Qualifiers

6343	Sharon Day		Asics
6188	Chantae McMillan		unat
6143	Bette Wade		Nike
6068	Lindsay Vollmer		Kansas
5984	Keia Pinnick		Arizona St
5976	Erica Bougard		Mississippi St
5909	Kiani Profit		unat
5899	Tanya Friesen		Wichita St
5865	Vanessa Jules		Marshall U
5927	Chelsea Carrier-Eades		unat
5817	Ryann Kraiss	6030 PR	unat
5813	Allison Reaser		San Diego St
5807	Lindsay Lettow		unat
5806	Sami Spenner		Nebraska-Omaha
5799	Heather Miller		CPTC-New Balance
5761	Breanna Leslie		Azusa Pacific
5691	Tatum Souza		UCLA
5645	Lindsay Schwartz		unat

-nb-all qualifying scores are PRs except for Kraiss.--

d)....Website listing results

HYPERLINK "http://www.flashresult.com" www.flashresults.com

SECTION TWO: RECORDS

U.S. NATIONAL CHAMPIONSHIPS, 1950-2011

USA National Championship Winners:

AAU [Pentathlon]		
1950	1929	Stella Walsh
1951	1932	Stella Walsh
1952	2183	Stella Walsh
1953	1984	Stella Walsh
1954	1738	Stella Walsh
<i>[1954 IAAF Tables]</i>		
1955	3559	Barbara Mueller
1956	4154	Barbara Mueller
1957	3803	Ann Roniger
1958	3672	Ann Roniger
1959	4075	Ann Roniger
1960	4249	JoAnn Terry
1961	4243	Pat Daniels
1962	3941	Pat Daniels
1963	4261	Pat Daniels
<i>[1962 IAAF Tables]</i>		
1964	4644	Pat Daniels
1965	4399	Pat Daniels

Polish Falcons
 Polish Falcons
 Dreyer AC
 unat
 KnickerbockPC



Chi Comets
 unat
 Cosmo Club
 Cosmo Club
 Cosmo Club
 Tennessee State
 San Mateo AA
 San Mateo AA
 San Mateo AA

 San Mateo AA
 San Mateo AA

1966	4496	Pat Daniels	San Mateo AA
1967	4824	Pat Daniels	Millbrae Lions
1968	4823	Che Cheng	CCTC/TPE
1969	4544	Jan Glotzer	Phoenix TC
1970	4735	Pat Daniels	LATC
1971	4731	Marilyn King	Millbrae Lions
1972	4169	Jane Frederick	unat
1973	4281	Jane Frederick	UCTC
1974	4051	Mitzi McMillan	Gazelles
1975	4676	Jane Frederick	LATC
1976	4677	Jane Frederick	LATC
1977	3919	Linda Cornelius	Texas A&M
1978	4379	Modupe Oshikoya	unat/Nigeria
1979	4506	Jane Frederick	Pacific Coast Club

TAC
 1980 4299 Themis Zambrzycki BYU/Brazil

<i>[Heptathlon]</i>			
1981	6011w	Jane Frederick	Athletics West
1982	6041	Jackie Joyner	UCLA
1983	6493	Jane Frederick	Athletics West
1984	6154	Cindy Greiner	Athletics West

[1985 IAAF Tables]



1985	6587	Jane Frederick	Athletics West
1986	6230	Jane Frederick	Athletics West
1987	6979	Jackie Joyner-Kersey	WCAC
1988	5881	Sheila Tarr	Track West
1989	6006w	Jolanda Jones	Houston TC
1990	6292w	Cindy Greiner	Nike Coast
1991	6878w	Jackie Joyner-Kersey	McDonalds
1992	6695	Jackie Joyner-Kersey	McDonalds



USATF

1993	6770	Jackie Joyner-Kersey	unat	
1994	6371	Kym Carter	Club West	
1995	6375	Jackie Joyner-Kersey	Honda	
1996	6406	Kelly Blair	Nike	
1997	6465	Kelly Blair	Nike	
1998	6402	Kelly Blair-LaBounty	Reebok	
1999	6101	Shelia Burrell	unat	
2000	6343	Dedee Nathan	Indiana Invaders	
2001	6174w	Dedee Nathan	Indiana Invaders	
	2002	6299	Shelia Burrell	Nike
	2003	6159	Sheila Burrell	Nike
	2004	6194	Sheila Burrell	Nike
	2005	6208	Hyleas Fountain	Nike
	2006	6183	GiGi Johnson	unat
	2007	6090	Hyleas Fountain	Nike
	2008	6667	Hyleas Fountain	Nike
	2009	6290	Diana Pickler	Asics
	2010	6735	Hyleas Fountain	Nike
	2011	6028	Sharon Day	Asics
	2012	6343	Sharon Day	Asics



Multiple Winners:

9 wins:	Jane Frederick	1972	1973	1975	1976	1979	1981	1983	1985	1986
8 wins:	Pat Winslow	1961	1962	1963	1964	1965	1966	1967	1970	
6 wins:	Jackie Joyner Kersee			1982	1987	1991	1992	1993	1995	
5 wins:	Stella Walsh				1950	1951	1952	1953	1954	
4 wins:	Sheila Burrell					1999	2002	2003	2004	
	Hyleas Fountain					2005	2007	2008	2010	

Most Consecutive Wins:

7 in a row:	Pat Winslow	1961-1967
5 in a row:	Stella Walsh	1950-1954
3 in a row:	Ann Roniger	1957-1959
	Jackie Joyner-Kersee	1991-1993
	Kelly Blair	1996-1998
	Sheila Burrell	2002-2004

Heptathlon Individual Event Records

World Records

100H	12.62 (+2.9)	Eunice Barber/FRA	Arles	6889	2005
HJ	1.98/6-6	Tia Hellebut/BEL	Gotzis	6201	2006
SP	20.79m/68-2½	Eva Wilms/GER [pent]			
	17.29m/	Natalia Dobrynska/UKR [hept]	Beijing	6733	2008
200m	22.30 (0.0)	Jackie Joyner-Kersee/USA	Indy	7215	1988
LJ	7.27m/23-10 ¼	Jackie Joyner-Kersee/USA (+0.7)	Seoul	7291	1988
Jav	64.64m/212-1	Tessa Sanderson/GBR	Brussels	6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence	6227	1987
1 st day	4367	J Joyner-Kersee/USA	Indy	7215	1988
2 nd day	3027	J Joyner-Kersee/USA	Seoul	7291	1988
Score	7291	J Joyner-Kersee/USA	Seoul		1988

[12.60 0.5 186 1580 22.561.6 7270.7 4566 2:08.51]



American Records

100H	12.65	Hyleas Fountain/Nike (+2.8)	Eugene	6667	2008
HJ	1.93/6-4	Jackie Joyner-Kersee/WCAC	Indy	7215	1988
		Sharon Day/unat	Havana	6036	2009
SP	16.30m/53-5 ¾	Jane Frederick/Naturite	Rome	6502	1987
200m	22.30 (0.0)	Jackie Joyner-Kersee/WCAC	Indy	7215	1988
LJ	7.27/23-10 ¼	Jackie Joyner-Kersee/WCAC (+0.7)	Seoul	7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:04.70	Marla Runyan/ unat	Atlanta-OT	5708	1996
1 st day	4367	Jackie Joyner-Kersee/WCAC	Indy	7215	1988
2 nd day	3027	Jackie Joyner-Kersee/WCAC	Seoul	7291	1988
Score	7291	Jackie Joyner-Kersee/WCAC	Seoul		1988

[12.60 0.5 186 1580 22.561.6 7270.7 4566 2:08.51]



Collegiate Records

100H	13.02	Tiffany Lott/BYU	Austin	6042	1997
HJ	1.93/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons	5867	1985
SP	16.72m/54-10 ½	Austra Skujyte/Kan St-LIT	Munich		2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento		1995
LJ	6.92m/22-8 ½	Diane Guthrie/GMU (+2.5)	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4h	Lana Zimmerman/LSU	Houston		1983
	2:08.58	Erica Moore/Indiana St	Normal	5553	2010
1 st day	3942	Jackie Joyner/UCLA	Baton Rouge	6718	1985
2 nd day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF		1985

[13.32nwi 182 1472 23.59-2.2 669-1.3 4504 2:11.46]



USA National Championship Meet Records

100H	12.65 (+2.8)	Hyleas Fountain/Nike	Eugene	6667	2008
HJ	1.90m/6-2¾	Sharon Day/Asics	Eugene	6177	2009
		Hyleas Fountain/Nike	Des Moines	6735	2010
SP	16.07m/52-8¾	Kym Carter/	Knoxville	6371	1994
200m	23.02 (+0.4)	Jackie Joyner-Kersey	San Jose	6979	1987
LJ	7.25m/23-9½	Jackie Joyner-Kersey	San Jose	6979	1987
Jav	51.60m/169-3	Kelly Blair	Indianapolis	6465	1997
800m	2:04.70	Marla Runyan/	Atlanta-OT	5708	1996
1st day	4191	Jackie Joyner-Kersey	NYC	6878	1991
2nd day	2793	Kelly Blair	Indianapolis	6465	1997
Score	6979	Jackie Joyner-Kersey	San Jose		1987

[12.90 185 15.17 23.02 725 4024 2:13.07]



RECENT MEET RESULTS

2013 USA National Indoor Champs

March 2, 2013, Convention Center, Albuquerque, NM

4478	Day, Sharon/Asics	8.57	182	1507	582	2:20.86
4333	Wade, Bette/Nike	8.73	176	1431	599	2:23.45
4301	Lettow, Lindsay/unat	8.42	273	1214	587	2:14.83
4271	Spenner, Sami/Nebraska-Omaha	8.74	170	1155	623	2:14.53
4162	Profit, Kiani/unat	8.85	170	1196	573	2:11.69
4105	Miller, Heather/C Park TC	8.84	170	1189	603	2:22.24
4059	Beemer, Briane/Colorado	8.85	173	1084	561	2:13.79
4053	Leslie, Breanna/Azusa Pacific	8.47	170	1114	534	2:13.34
3949	Outman, Madeleine/unat	8.50	158	1094	555	2:13.48
3892	Schwartz, Lindsay/unat	8.77	164	1177	561	2:23.87
3795	Mayden, Genny/Colorado	9.07	164	1189	558	2:26.26
3773	Parker, Tiffany/unat	8.65	167	1253	537	2:34.68
3662	Lewis, Brittany/Colorado	9.04	161	954	565	2:24.01
3489	Klinger, Rachael/S Florida	8.95	161	967	549	2:36.21
3110	Torres, Abrianna/Colorado	9.01	158	1260	580	dnf
dnf	Adams, Aisha/unat	8.48	173	1074	572	dns

2012 USA National Champs

June 21-22, 2012, U of Oregon, Eugene, OR

6419	Fountain, Hyleas/Nike	12.86+0.9	187	1317	23.84+1.0	630+1.3	4043	2:17.90
6343	Day, Sharon/Asics	13.71+1.6	187	1340	24.26+1.0	611+1.3	4503	2:14.55
6188	McMillan, Chantae/unat	13.36+0.7	172	1502	24.32+3.0	552+1.6	5024	2:17.71
6018	Wade, Bette/Nike	13.72+1.6	181	1362	24.84+2.2	621+1.1	3579	2:19.06
5986	Nwaba, Barbara/UCSB	13.68+1.3	187	1253	24.33+2.2	563+1.2	3788	2:15.55
5855	Stechschulte, Abbie/unat	13.76+0.7	172	1345	24.88+3.0	602+1.3	3566	2:16.78

5817	Krais, Ryann/Kansas St	13.84+1.6	175	1200	24.91+2.8	561+1.5	4050	2:12.03
5807	Lettow, Lindsay/C Missouri	13.96+1.3	175	1213	24.51+3.0	585+1.3	3683	2:14.91
5779	Miller, Heather/Central Park TC	14.18+0.5	169	1168	24.22+2.8	599+1.8	3929	2:15.59
5778	Adams, Aisha/unat	14.41+0.7	175	1134	24.38+2.8	581+0.9	4226	2:16.28
5772	Carrier-Eades, Chelsea/W Virginia	12.96+0.9	169	1186	23.80+1.0	564+0.8	3232	2:15.48
5763	Flax, Jessica/Wisconsin	13.70+1.3	172	1182	24.75+3.0	539+1.4	4579	2:17.58
5752	Pinnick, Shakeia/Arizona St	13.60+0.9	169	1102	24.43+1.0	602+1.2	3367	2:11.98
5614	Schwartz, Lindsay/S Alabama	13.94+0.5	169	1089	24.39+2.2	580+0.2	3675	2:17.42
5612	Reaser, Allison/San Diego St	13.55+1.6	163	1190	24.12+2.8	549+0.9	3685	2:16.84
5564	Profit, Kiani/Maryland	14.61+0.5	163	1231	24.54+2.2	556+0.4	3935	2:13.35
5563	Latham, Deanna/Wisconsin	14.00+1.3	160	1266	25.13+3.0	564+1.2	4213	2:20.27
5537	Hill, Kasey/unat	14.30+0.5	160	1239	23.96+2.8	575+0.9	3547	2:18.94
5252	Pearson, Emily/unat	14.03+0.7	169	1176	24.53+2.2	538+0.6	2139	2:15.80
5140	Lewis, Yvette/unat	12.84+0.9	175	861	23.70+1.0	604+1.3	2423	2:56.73 20s,20f.

2011 USA National Champs,

June 23-24, 2011, U of Oregon, Eugene, OR

6058	Day, Sharon/Asics	13.85+1.2	181	1351	24.74+1.7	592+1.5	4167	2:16.53
6030	Krais, Ryann/Kansas St	13.70+1.6	175	1221	24.69+1.7	599+1.9	4053	2:08.96
6003	McMillan, Chantae/Nebraska	13.93+1.2	166	1475	25.25+1.6	618-1.7	4758	2:22.99
5949	Wade, Bette/Nike	13.68+1.2	178	1356	24.91+1.7	616+1.7	3494	2:18.63
5927	Stechschulze, Abbie/unat	14.25+1.6	175	1382	24.94+1.6	609+1.7	4054	2:18.85
5861	Fountain, Hyleas/Nike	13.17+1.6	172	1297	23.77+1.7	596 0.0	3746	2:29.49
5787	Pearson, Emily/unat	13.77+1.6	169	1156	24.46+1.7	584+2.6	4490	2:21.59
5733	Nwaba, Barbara/unat	14.28+1.2	178	1261	24.69+1.7	566+1.8	4125	2:22.79
5547	Lettow, Lindsay/C Missouri	14.10+1.6	169	1122	25.12+1.6	589+0.6	3523	2:17.09
5507	Hill, Kasey/unat	14.33+1.6	160	1274	24.44+1.6	549+0.9	3750	2:16.37
5497	Roehrig, Liz/unat	14.24+1.2	172	1338	25.15+1.6	581+0.5	3599	2:32.35
5302	Carlson, Whitney/N Dakota St	13.91+1.6	154	975	24.54+1.7	624+0.8	2741	2:18.00
dnf	Ingram, Bridgett/Lemans TC	15.00+1.2	160	1250	withdrew			

13s,12f.

2010 USA National Championships

6/25-26 Duncan Stadium, Drake U, Des Moines, IA

6735	Fountain, Hyleas/Nike	12.93+2.6	190	1373	23.28+3.3	679+2.7	4226	2:17.80
6006	Day, Sharon/Asics	14.12+2.6	178	1322	24.40+3.3	587+3.4	4320	2:16.77
5966	Wade, Bette/Nike	13.78+2.6	181	1232	24.64+3.3	621+3.8	3663	2:18.44
5804	Hill, Kasey/unat	13.72+1.7	163	1367	24.61+3.3	587+4.3	3852	2:16.57
5726	Pearson, Emily/unat	13.72+1.7	166	1199	24.63+0.4	552+5.4	4779	2:21.90
5708	Adams, Aisha/Angelo St	13.58+2.6	169	1171	24.37+3.3	609+1.7	3160	2:17.61
5693	Krais, Ryann/UCLA	14.09+2.6	175	979	25.25+3.3	614+2.5	3742	2:13.07
5640	Stechschulze, Abbie/unat	13.80+1.7	166	1317	25.15+0.4	566+4.3	3693	2:17.36
5535	Akinniyi, Dorcas/Wisconsin	13.98+1.7	178	1155	25.46+0.4	599+2.6	3154	2:23.79
5527	Bradford, Adreona/IA C CC	13.82+2.6	181	1012	24.45+0.4	560+2.9	2991	2:17.88
5490	Taylor, Chelsea/Alabama	13.92+2.6	175	1112	24.00+3.3	565+1.2	2981	2:23.03
5485	Nwaba, Barbara/UCSB	14.56+1.7	166	1285	24.79+0.4	566+4.3	3779	2:22.99
5357	Zander, Heather/NDSU	14.17+1.7	160	1112	24.38+3.3	570+4.7	3318	2:20.02
5332	Ruiz, Chrystal/Angelo St	14.14+2.6	160	1009	25.22+0.4	576+2.5	3384	2:13.91
5222	Ingram, Bridgett/Lemans	14.31+1.7	166	1080	25.81+0.4	566+2.7	3496	2:23.55

The PR Page

Seeding/PR information:

Score to left: the qualifying score made within the qualifying period (Jan 1, 2012-June 10,2013)

In italics this is the career lifetime best (PR) for each event.

<i>Q score</i>			<i>100m w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj w</i>	<i>jav</i>	<i>800m</i>
6343	Sharon Day		<i>13.57+0.0</i>	<i>195 1440</i>	<i>24.09+1.9</i>	<i>611+1.3</i>	<i>4503</i>	<i>2:11.31</i>	
6188	Chantae McMillan		<i>13.36+0.71</i>	<i>175 1502</i>	<i>24.32+3.0</i>	<i>633i</i>	<i>5024</i>	<i>2:17.71</i>	
6143	Bette Wade		<i>13.42 0.0</i>	<i>185 1402</i>	<i>24.41+2.2</i>	<i>641+3.7</i>	<i>4044</i>	<i>2:16.85</i>	
6068	Lindsay Vollmer		<i>13.58+1.0</i>	<i>175 1237</i>	<i>24.27+1.3</i>	<i>616+3.3</i>	<i>4618</i>	<i>2:19.36</i>	
5984	Keia Pinnick		<i>13.13+1.2</i>	<i>172 1137</i>	<i>23.60+2.3</i>	<i>623i</i>	<i>3873</i>	<i>2:09.29</i>	
5976	Erica Bougard		<i>13.37+1.2</i>	<i>181 1107</i>	<i>23.84+2.3</i>	<i>643i</i>	<i>3428</i>	<i>2:10.80</i>	
5909	Kiani Profit		<i>13.78+0.4</i>	<i>175 1231</i>	<i>24.08+1.9</i>	<i>610</i>	<i>4086</i>	<i>2:08.79</i>	
5899	Tanya Friesen		<i>13.83+2.2</i>	<i>179 1117</i>	<i>24.45+2.8</i>	<i>616</i>	<i>4180</i>	<i>2:17.89</i>	
5865	Vanessa Jules		<i>13.39+1.0</i>	<i>182 1147</i>	<i>24.37+0.5</i>	<i>626+4.0</i>	<i>3631</i>	<i>2:19.63</i>	
5927	Chelsea Carrier-Eades		<i>12.78</i>	<i>175 1176</i>	<i>23.64+4.0</i>	<i>642</i>	<i>3308</i>	<i>2:16.92</i>	
5817	Ryann Kraiss	<i>6030 PR</i>	<i>13.56+2.1</i>	<i>178 1281</i>	<i>24.31</i>	<i>643</i>	<i>4091</i>	<i>2:08.96</i>	
5813	Allison Reaser		<i>13.30+1.2</i>	<i>164 1205</i>	<i>23.88+2.3</i>	<i>608+3.5</i>	<i>4025</i>	<i>2:12.08</i>	
5807	Lindsay Lettow		<i>13.69+1.4</i>	<i>179i 1213</i>	<i>24.51+4.0</i>	<i>591+1.8</i>	<i>3729</i>	<i>2:14.91</i>	
5806	Sami Spenner		<i>14.23</i>	<i>172 1299</i>	<i>23.97+2.5</i>	<i>634+2.3</i>	<i>3718</i>	<i>2:14.53</i>	
5799	Heather Miller		<i>14.07</i>	<i>170 1189</i>	<i>24.22+2.8</i>	<i>639+2.8</i>	<i>3973</i>	<i>2:15.59</i>	
5761	Breanna Leslie		<i>13.88+1.3</i>	<i>171 1249</i>	<i>24.27+2.4</i>	<i>588+2.0</i>	<i>3769</i>	<i>2:13.34</i>	
5691	Tatum Souza		<i>13.86+2.7</i>	<i>169 1303</i>	<i>25.03+0.5</i>	<i>580+2.5</i>	<i>3985</i>	<i>2:16.87</i>	
5645	Lindsay Schwartz		<i>13.95+2.2</i>	<i>170 1171</i>	<i>24.33+2.5</i>	<i>594i</i>	<i>3809</i>	<i>2:14.64</i>	

Athlete's Bios:



ERICA BOUGARD

DOB: July 26, 1993
 POB: Memphis, TN
 Ht: 5-6
 Hometown: Byhalia, MS
 High School: Byhalia HS
 College: Mississippi St '15



2013: 4th at NCAAs with PR 5976 score. SEC winner with yet another PR, 5786 points. Texas Relays winner with PR 5649 score. Was surprise NCAA indoor heptathlon winner (4399) using 4 second 800m PR. After cruising to 4190 PR win at Air Force Academy, has major PR score going but failed to finish SEC meet. **2012:** Won USA Junior title, then placed 13th at IAAF world junior champs. 5th at Texas Relays and 4th at SEC (5532) in initial career heptathlons. 10th at NCAAs indoors. Runner-up at SEC indoor meet with PR 4109 score. Won pentathlon at UAB in Birmingham (3840) in initial college meet. **High School:** Long jumped 20-2½ to win Miss State meet . **Personal:** Erica Marsha Bourgard. Daughter of Toya Norman and Eric Bougard.

Career:

Indoor:

1/26/12	3840	1	UAB Multis, Birmingham	8.85	164	974	570	2:18.43
2/24/12	4109	2	SEC, Lexington	8.57	167	1002	604	2:14.80
3/09/11	3985	10	NCAA I, Nampa	8.59	166	1037	576	2:18.00
1/24/13	4190	1	Air Force Pent, USAFA	8.40	170	1037	633	2:22.58
2/22/13	3582	?	SEC, Fayetteville	8.35	178	1099	643	dnf
3/09/13	4399	1	NCAA I, Fayetteville	8.34	175	1100	611	2:10.80

Outdoor:

3/29/12	5382	5	Texas R, Austin	14.01+0.1	166	939	24.50-0.7	589+1.9	3079	2:16.78
5/11/12	5532	4	SEC, Baton Rouge	13.94-1.1	170	989	24.19-0.7	611+0.3	2711	2:14.16
6/ /12	5547	1	USA Jr, Bloomington	13.79-1.6	175	946	24.61-0.6	603-0.3	2837	2:14.39
7/13/12	5410	13	IAAF World Jr, Barcelona	13.73-1.0	172	1022	24.64-1.5	582+2.5	2430	2:15.36
3/28/13	5649	1	Texas R, Austin	13.39+1.3	181	1033	24.20+1.1	587+2.8	2641	2:17.34
5/10/13	5786	2	SEC, Columbia	13.40+1.1	176	1070	23.93+0.6	601-0.3	3253	2:17.82
6/07/13	5976	4	NCAA I, Eugene	13.37+1.2	175	1107	23.84+2.3	625+0.4	3428	2:13.75

PRs: 5976 / 4399 13.37+1.2 181 1107 23.84+2.3 643i 3428 2:10.80
Indoor: 60mH: 8.34

#####

CHELSEA CARRIER-EADES

DOB: August 21, 1989
 POB:
 Ht: 5-6
 Hometown: Buckhannon, WVa.
 High School: Buckhannon HS, WVa '07
 College: West Virginia '11



2012: 11th at US Olympic Trials and then 3rd at Thorpe Cup in Marburg. 3rd at NCAAs with best non-windy score (5839).. No indoor season. Opened outdoor campaign by defending Texas relays crown with 5821 score. Big east 100m H champ at 12.93 seconds (wind +2.4mps). **2011:** Was 3rd at NCAA heptathlon in Des Moines. Opened outdoor with huge hept PR (5927w) to win Texas Relays. Won 3 events at Big East outdoor meet (100H, 400H, lj). Defended Big East crown indoors with PR 4170 score and followed with a 5th at NCAA pentathlon. Big East indoor 60m hurdle champ with PR 8.15 clocking. **2010:** Won Penn State meet with breakthrough PR 4126, then won Big East title. **2009:** co Big East outdoor hurdle champ, **2008:** Won Big East outdoor 100mH title and ECAC indoor 60m hurdles title. **High School:** Won 11 WVa high school state titles. '07 USATF Jr runner-up. **Personal:** daughter of Rick and Andrea Carrier. Majored in pre-elementary education.

Career:

Indoor:				<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>				
1/25/08	3601		Penn St, U Park	8.07	157	979	529	2:27.10	[55mH]			
2/23/08	3665		Big East, Armory, NYC	8.72	161	1019	542	2:27.05				
2/06/09	3967	1	Sykes-Sabock, Penn St	8.58	171	1001	573	2:21.59				
2/21/09	3786		Big East, Armory, NYC	8.69	158	1059	573	2:24.61				
3/13/09	3923	15	NCAA, College Station	8.36	157	1009	576	2:24.62				
2/06/10	4136	1	Sykes-Sabock, Penn St	8.45	171	1099	592	2:20.08				
2/20/10	3994	1	Big East, NYC Armory	8.48	168	1061	592	2:25.61				
3/13/10	4133	4	NCAA, Fayetteville	8.29	171	1040	589	2:19.49				
2/18/11	4170	1	Big East, Akron	8.26	175	1113	586	2:23.26				
3/11/11	4128	5	NCAA, College Station	8.29	166	1130	596	2:21.32				
Outdoor:				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
4/09/08	5023		Sea Ray R, Knoxville									
5/02/08	5073		Big East, Villanova	14.19		164	974	24.77		560	2877	2:26.64
5/16/08	5188	3	ECAC	13.66		163	976	25.15-0.2		557	3070	2:22.29
4/07/11	5927w	1	Texas R, Austin	13.04+5.4		173	1175	23.64+4.0		622+1.8	3124	2:18.88
6/10/11	5761	3	NCAA I, Des Moines	13.31-2.1		169	1176	23.95-0.1		594+0.5	3308	2:18.50
3/29/12	5821	1	Texas R, Austin	13.40-0.1		172	1149	24.16+0.3		622+2.0	3236	2:18.39
6/08/12	5839	3	NCAA I, Des Moines	13.15-0.4		169	1146	23.73+1.1		605-0.4	3293	2:16.92
6/30/12	5772	11	OT/USA, Eugene	12.96+0.9		169	1186	23.80+1.0		564+0.8	3232	2:15.48
7/22/13	5783	3	Thorpe Cup, Marburg	13.11+1.6		165	1036	23.84+2.5		610+3.1	3331	2:13.66

PRs 5927 / 4170 12.78 175 1176 23.64+4.0 642 3308 2:16.92
Indoor: 60H: 8.08

SHARON DAY

DOB: June 9, 1985
 POB: Brooklyn, NY
 Ht: 5-8
 Hometown: Costa Mesa, CA
 High School: Costa Mesa HS
 College: Cal Poly-SLO '08
 Club: Asics



2013: Won USA indoors with 4478 effort. **2012:** 16th at London Olympic Games heptathlon after winning US Olympic Trials with PR 6343 score. Opened season with pentathlon (4430) win in Seattle and then won USA indoor national pentathlon with PR 4567 score. Opened outdoor season with PR 6337 effort at Westmont's Sam Adams meet in Santa Barbara, that included 3 event PRs. Placed 16th at Götzis. **2011:** Won USA nationals in Eugene, then placed 18th at IAAF world champs in Daegu. **2010:** Runner-up at USA nationals with 4th consecutive 6k score. **2009:** Runner-up at USA outdoor champs and 10th at IAAF World Champs in Berlin, Won Pan-American CE Cup heptathlon with PR 6063 score. Runner-up at USA indoor pentathlon champs with PR 4320. **2008:** Made USA Olympic team with 1.91m clearance at US Trials. Did not qualify for finals in Beijing. NCAA high jump runner-up. Won Big West Conference crown with 5642 score. **2007:** 2007 — Second at U.S. Outdoor Championships with a leap of 6-2¼. Placed 4th at the NCAA Championships with a jump of 6-feet. Tied for 6th at the Pan-American Games in Rio de Janeiro (5-11¼). **2006:** Redshirted. **2005:** Won NCAA title at 1.95m/6-4¾. **2004:** NCAA runner-up at 6-2¾ and was USA Jr champ. **High School:** Pan Am Jr champ in high jump. PR was 6-2. **Personal:** Daughter of Eugene Day and Yolanda Gibson-Day. Majored in kinesiology.

Indoor:

1/30/09 4276 1 UW Husky Invt, Seattle
 3/08/09 4320 2 USA, Chapel Hill
 3/07/10 4467 3 USA, Bloomington
 1/26/12 4430 1 UW Husky Invt, Seattle
3/04/12 4567 1 USA, Bloomington
 1/25/13 4462 1 UW Husky Invt, Seattle
 3/01/13 4478 1 USA, Albuquerque

Career:

60h hj sp lj 800m

8.82 187 1246 565 2:19.92
 8.79 185 1225 575 2:16.38
 8.67 182 1310 590 2:14.63
 8.49 181 1275 595 2:16.27
8.46 185 1329 589 2:11.89
 8.51 181 1379 580 2:15.43
 8.57 182 1507 582 2:20.86

Outdoor:

100h w hj sp 200m w lj w jav 800m
 5/ /07 5244 2 Big West 15.39 24.83 2:18.17
 5/10/08 5642 1 Big West, Northridge 14.57+0.2 183 1143 25.07+0.5 573+1.9 3733 2:18.77
 4/16/09 5823 1 Mt Sac R, Azusa 14.34+3.1 181 1275 24.97+3.2 594+1.8 3894 2:20.08
 5/30/09 6063 1 Pan Am CE Cup, Havana 14.29 193 1292 24.87 592 4019 2:17.16
 6/28/09 6177 2 USA, Eugene 13.82+1.1 190 1275 24.66+3.1 599+3.0 4062 2:13.64
 8/16/09 6126 10 IAAF WC, Berlin 13.90-0.3 189 1342 25.15-0.3 569-0.8 4414 2:13.84
 6/26/10 6006 2 USA, Des Moines 14.12+2.6 178 1322 24.40+3.3 587+3.4 4320 2:16.77
 4/14/11 5828 2 Mt Sac R, Azusa 13.95+1.6 176 1330 25.01+2.3 594+3.3 3678 2:18.46
 5/28/11 dnf - NACAC, Kingston 14.21-1.2 172 1379 25.34-3.6 555-3.4 3609 dnr
 6/26/11 6028 1 USA, Eugene 13.85+1.2 181 1351 24.74+1.7 592+1.5 4167 2:16.53
 8/30/11 6043 18 IAAF WC, Daegu 13.69+1.6 180 1428 25.01-1.1 587+0.4 3914 2:15.74
 4/03/12 6337 1 Sam Adams, Santa Barbara 13.57 0.0 184 1440 24.27+0.3 606nwi 4160 2:12.63
 5/27/12 6156 16 Hypo-Bank, Götzis 13.68-0.3 179 1406 24.09+1.9 597+1.2 3723 2:11.54
6/30/12 6343 1 USOT/USA, Eugene 13.71+1.6 187 1340 24.26+1.0 611+1.3 4503 2:14.55
 8/04/12 6232 16 Olympic G, London 13.57+2.0 177 1428 24.36+0.6 585-0.4 4390 2:11.31
 4/05/13 dnf - Sam Adams, Santa Barbara 13.93-1.3 185 1433 24.29+0.4 withdrew
 5/26/13 dnf - Hypo Bank, Götzis 13.54+1.1 nh 1420 withdrew

PRs: 6343 / 4567

13.57 0.0 195 1440 24.09+1.9 611+1.3 4503 2:11.31

Indoor: 60H: 8.46

Updated 6/6/13

4/18/13 Mt Sac R, selected events: 13.69+1.3 1398 595+0.8 4145

TANYA FREISEN

DOB: January 23, 1991
 POB:
 Ht: 5-7
 Hometown: Buhler, KS
 High School: Buhler HS
 College: Wichita State U '13



2013: 5th at NCAAs with PR 5899 effort. Repeated as Missouri Valley Conf. champ. Windy 5757 PR at McDonnell. 14th at NCAAs indoors. Won Varsity Apts pentathlon with career best score of 4043, and then repeated as MVC champ. **2012:** 21st at NCAAs. Missouri Valley Conf heptathlon champ with PR 5472. **2011:** Scored 5343 at Woodman Classic, then 4822 at MVC meet for 2nd. 4th at Missouri Valley Conf (MVC) indoor pentathlon with PR 3493. **2010:** Rice U heptathlon winner at 4746, and then placed 3rd in MVC. 4th MVC indoor pentathlon, **High School:** 2x State long jump champ. Letters in basketball, t&f, volleyball. **Personal:** Daughter of Wendell and Kris Friesen.

Career:

Indoor:				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>					
1/29/10	3348	4	Husker, Lincoln	9.27	163	761	522	2:27.99					
2/27/10	3433	3	MVC, Cedar Falls	8.90	164	884	521	2:33.60					
2/04/11	3465	3	WSU Quad, Wichita	8.83	161	966	515	2:32.32					
2/26/11	3493	4	MVC, Cedar Falls	8.75	160	905	528	2:30.24					
2/03/12	3574	1	Varsity Apts, Wichita	8.84	162	975	554	2:33.76					
2/25/12	3726	3	MVC, Cedar Falls	8.74	166	1021	555	2:29.65					
2/01/13	4043	1	Varsity Apts, Wichita	8.67	172	1103	579	2:21.65					
2/23/13	3872	1	MVC, Cedar Falls	8.64	175	1117	594	2:43.63					
3/09/13	3742	14	NCAA I, Fayetteville	8.87	172	1039	548	2:31.31					
Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
3/18/10	4746	1	Rice U, Houston	15.10	+0.5	166	883	26.15	+0.5	568	+0.1	2832	2:31.27
5/15/10	4533	3	MVC, Normal	15.03	-1.2	165	900	26.01	-0.5	536	0.0	3262	2:49.28
3/25/11	5112	3	ASU Spring, San Angelo	14.57	+1.9	167	964	25.04	+6.2	556	+3.5	3712	2:38.24
4/14/11	5343	1	Woodman Classic, Wichita	14.02	+2.8	170	990	24.60	+5.2	584	+2.8	3594	2:31/54
5/14/11	4822	2	MVC, Cedar Falls	14.07	+2.2	163	949	25.06	+1.2	535	+1.2	3455	2:47.90
6/09/11	dnf	-	NCAA I, Des Moines	14.56	+0.5	160	999	26.26	-0.8	withdrew			
3/23/12	5139	3	Trinity U, San Antonio	14.34	nwi	164	933	25.03	nwi	592	nwi	3016	2:25.46
4/14/12	5299	1	Woodman Classic, Wichita	14.16	-1.0	170	980	25.18	-0.3	578	+1.6	3409	2:24.38
5/12/12	5472	1	MVC, Wichita	14.04	+0.1	166	1031	25.13	+1.1	587	+1.4	3790	2:19.70
6/07/12	5080	21	NCAA I, Des Moines	14.35		166	899	25.29		579		3367	2:30.27
4/08/13	5757w	2	McDonnell, Fayetteville	13.93	+6.9	179	1074	24.74	+3.8	609	+3.4	4003	2:24.09
5/11/13	5653	1	MVC, Des Moines	14.12	w	175	1076	24.66	w	610	w	4175	2:29.58
6/07/13	5899	5	NCAA I, Eugene	13.83	+2.2	178	1100	24.45	+2.8	602	+1.6	4180	2:17.89

PRs: 5899/4043
 Indoor: 60mH: 8.64

13.83+2.2 179 1117 24.45+2.8 616 4180 2:17.89

VANESSA JULES

DOB:
 POB:
 Ht: 5-11
 Hometown: Silver Spring, MD
 High School: Paint Branch HS
 College: Marshall U. '13



2013: Placed 6th at NCAAs with career best 5865 score. Conf USA champions outdoors with significant improvement (5807). Indoor Conf USA runner-up. **2012:** 3rd outdoors (in initial career hept-5216) and 2nd indoors at Conf USA affairs. **2011:** 2x Maryland state high school HJ champ. **High School: Personal:** Daughter of Marie Guerda Jules and Ossemaitre Jule. Majoring in physical therapy and minoring in Criminal Justice.

Career:

Indoor:				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>				
2/25/12	3791	2	Conf USA, Birmingham	8.57	172	930	568	2:31.58				
12/7/12	3563	1	Oiler Open, Findlay	8.92	169	961	542	2:36.58				
2/01/13	3827	1	Akron U Open, Akron	8.56	166	1033	567	2:28.16				
2/23/13	3822	2	Conf USA, Birmingham	8.59	172	915	579	2:30.51				
Outdoor:				<u>100 h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/12/12	5216	3	Conf USA, New Orleans	14.02		164	1009	25.00	579w	3071		2:24.83
5/10/13	5807	1	Conf USA, Houston	13.82+0.7		181	1098	24.37+0.5	610+0.2	3631		2:22.06
6/07/13	5865	6	NCAA I, Eugene	13.39+1.0		175	1121	24.47+2.3	626+4.0	3541		2:19.63
PRs:				5865 / 3826								
Indoor:				60mH: 8.56								
				13.39+1.0 182 1147 24.37+0.5 626+4.0 3631 2:19.63								

RYANN KRAIS

DOB: March 21, 1990
 POB: Philadelphia, PA
 Ht: 5-9
 Hometown: Eagleville, PA
 High School: Methacton HS
 College: UCLA
 Kansas St '12



2013: No indoor season. Opened outdoors with 5781 score at Click in Tucson. **2012:** 7th at US Olympic Trials. 14th at NAAs after winning Big 12 heptathlon with 5661 score. Began outdoor season with 4th place 5694 effort at Arizona's Click Multis. Big 12 indoor pentathlon winner with 4079 effort, then placed 5th at NCAA with PR 4142 score. **2011:** Was runner-up at USA nationals with PR 6030 effort just two weeks after she became NCAA champion with PR 5961 in rainy Des Moines. Finished 3rd at Thorpe Cup. 6th at NCAA indoor pentathlon, then opened outdoor season with PR 5848 2nd place effort at Texas Relays. Transferred to Kansas St, scored 4021 in first indoor meet. Big 12 400H champ and NCAA qualifier (PR 56.06). **2010:** Scored huge PR for 2nd at USA vs Germany Thorpe Cup in Marburg, 5779. 16th at NAAs. Pac-10 runner-up. Won Mountain Pacific SF title with 4041 PR total. 10th at NCAA indoors. **2009:** Opened season with 3rd place in Johnson/JJK heptathlon, then placed 4th at Pac-10 with PR 5606 score. **High School:** 9th at IAAF World Junior heptathlon (5457). Competed in 2008 Olympic Trials in 400m hurdles, 9x PA state champion. National class records for heptathlon for soph and junior years. Won GreatSouthwest heptathlon with 5522w (#2 all-time hs, all conditions). **Personal:** Daughter of John and Janelle Kraiss. Pre-psychology major.

Career:

Indoor:

			60h	hj	sp	lj	800m
							3823
2/27/09	3896	Mountain Pacific, Seattle	8.69	164	1159	538	2:18.94
2/12/10	3980	Boise State, Nampa	8.91	170	1085	569	2:17.71
2/26/10	4041	1 Mountain Pacific, Seattle	8.84	177	1066	553	2:16.34
3/13/10	3959	10 NCAA, Fayetteville	8.97	171	1056	564	2:17.44
1/29/11	4021	1 SEC/Big 12, College Station	8.80	170	1072	553	2:12.55
3/11/11	4115	6 NCAA, College Station	8.71	172	1136	643	2:09.93
2/24/12	4079	1 Big 12, College Station	8.74	171	1159	552	2:14.01
3/10/12	4142	5 NCAA I, Nampa	8.60	172	1204	567	2:17.74

Outdoor:

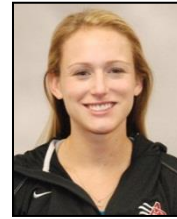
			100h	w	hj	sp	200m	w	lj	w	jav	800m
6/21/07	5377	2 USA Jr, Indianapolis	13.82+0.2	166	991	24.47+2.0	555+3.0	3266	2:16.96			
6/??/08	5522w1	Great Southwest,	13.93+4.4	173	1030	24.31+4.3	575+1.2	3199	2:17.71			
6/22/08	5217	1 USA Jr, Columbus	14.03-3.4	165	948	25.28-1.6	571+2.3	3242	2:21.19			
7/12/08	5457	9 IAAF WC Jr, Bydgoszcz	13.73-0.2	172	1056	25.04-2.5	572+1.6	3188	2:19.15			
4/10/09	5220	3 Johnson/JJK, Los Angeles	14.07	0.0	165	1162	25.33	0.0	531	0.0	3150	2:20.69
5/10/09	5606	4 Pac-10, Eugene	13.81+3.1	166	1208	24.75+4.9	565+2.8	3553	2:14.96			
6/12/09	5549	11 NCAA, Fayetteville	13.80+0.7	169	1091	24.91+0.2	556+1.6	3680	2:14.96			
6/28/09	5344	1 USA Junior, Eugene	13.97+1.1	169	938	25.25+1.1	577+3.5	3293	2:17.75			
5/09/10	5426	2 Pac-10, Berkeley	14.06+0.3	170	983	25.77+1.7	565-1.3	3705	2:13.73			
6/10/10	5236	16 NCAA, Eugene	14.13+1.9	163	903	26.18+1.8	549-0.7	3929	2:12.65			
6/26/10	5693	7 USA, Des Moines	14.09+2.6	175	979	25.25+3.3	614+2.5	3742	2:13.07			
8/08/10	5779	2 Thorpe Cup, Marburg	13.85+2.2	177	1061	25.49-0.9	592+0.9	4075	2:13.05			
4/06/11	5848w2	Texas R, Austin	13.67+4.0	170	1214	24.85+4.0	579+1.8	3881	2:09.90			
6/10/11	5961	1 NCAA I, Des Moines	13.56+2.1	178	1181	24.41-0.1	589+1.5	3827	2:12.62	3585/2376		
6/26/11	6030	2 USA, Eugene	13.70+1.6	175	1221	24.69+1.7	599+1.9	4053	2:08.96			
8/14/11	5831	3 Thorpe Cup, Chula Vista	13.61+1.9	172	1152	24.92+1.9	573+1.5	3904	2:09.10			
3/30/12	5694	4 UA Click, Tucson	13.91	0.0	169	1243	24.95+2.2	553-1.1	3986	2:14.09		
5/12/12	5661	1 Big 12, Manhattan	13.78+1.1	166	1144	25.11+0.4	569+2.8	4091	2:14.28			
6/08/12	5516	14 NCAA I, Des Moines	13.87-0.3	163	1176	25.34+1.0	537-0.5	4021	2:13.55			
6/30/12	5817	7 OT/USA, Eugene	13.84+1.6	175	1200	24.91+2.8	561+1.5	4050	2:12.03			
4/05/13	5781	3 UA Click, Tucson	14.12+1.1	170	1281	25.15-0.1	568-0.9	4050	2:11.18			

PRs: 6030 / 4142
Indoor: 60H: 8.54

13.56+2.1 178 1281 24.31 643 4091 2:08.96

BREANNA LESLIE

DOB: August 11, 1991
POB: Phoenix, AZ
Ht: 5-9
Hometown: Mesa, AZ
High School: Valley Christian HS
College: Azusa Pacific '13



2013: Place 5th in first international, the Pan American CE Cup. 3rd at Mt Sac Relays with PR 5761. 8th at USA indoors. National Christian College (NCCAA) champ indoors. **2012:** NAIA national champ in both pentathlon and heptathlon. **2011** NAIA outdoor runner-up and 3rd indoors. 2010: NAOA outdoor runner-up, and 6th indoors.

Career:

Indoor:				<u>60mH</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>			
2/10/10	3324		APU Pent, Azusa				
3/04/10	3451	6	NAIA, Johnson City	9.06	156	1004	495 2:22.75
2/11/11	3539	1	APU Pent, Azusa	8.97	156	1015	517 2:22.53
3/03/11	3626	3	NAIA, Geneva	8.85	160	895	541 2:20.73
1/27/12	3762	2	UNA Mtn T, Flagstaff	8.58	160	1097	522 2:19.48
2/10/12	3864	1	APU Pent, Azusa	8.56	159	1184	530 2:18.66
3/01/12	3861	1	NAIA, Geneva	8.56	162	1097	526 2:16.21
2/08/13	3872	1	Big Meet, Allendale	8.65	169	1094	522 2:19.13
2/15/13	4109	1	NCCAA, Marion	8.53	170	1249	573 2:18.61
3/01/13	4053	8	USA, Albuquerque	8.47	170	1114	534 2:13.34

Outdoor:				<u>100h</u> <u>h</u> <u>sp</u> <u>200m</u> <u>lj</u> <u>jav</u> <u>800mj</u>						
4/15/10	4781	3	Cal Invt, Azusa	14.93	155	1013	25.55	507	3266	2:23.85
5/28/10	5110	2	NAIA, Marian	14.27	157	1003	25.39	557	3386	2:20.53
4/14/11	5158	3	Cal Invt, Azusa	14.08	155	982	24.49	532	3245	2:15.23
5/27/11	4992	2	NAIA, Marian	14.40	150	971	24.44	533	3474	2:23.17
4/19/12	5369	7	Mt Sac R, Azusa	13.88	158	1143	24.52	556	3018	2:13.74
5/25/12	5308	1	NAIA, Marion	14.69	164	1194	24.70	544	3081	2:14.82
4/18/13	5761	3	Mt Sac R, Azusa	13.88+1.3	171	1142	24.27+2.4	588+2.0	3666	2:14.16
6/02/13	5552	5	Pan Am Cup, Ottawa	14.10+1.0	171	1122	24.45+1.2	520+3.2	3971	2:14.72

PRs: 5761 / 4109
Indoor: 60mH: 8.42

13.88+1.3 171 1249 24.27+2.4 588+2.0 3769 2:13.34

LINDSAY LETTOW

DOB: June 6, 1990
 POB:
 Ht: 5-9
 Hometown: Urbandale, IA
 High School: Des Moines Christian
 College: Central Missouri



2013: Started outdoor campaign with win at Drake Relays. 3rd at USAs indoors. **2012:** 8th at US Olympic Trials and then placed 7th at Thorpe Cup vs Germany in Marburg. Repeated as NCAA II indoor pent and outdoor hep champ, the latter with PR 5748. **2011:** Swept the NCAA II boards by winning both indoor pentathlon (4064) and outdoor heptathlon (5514). Opened outdoor season with career best 5610 at Angelo State Spring Multis. MIAA student athlete of year. 9th at USA nationals. **2010:** MIAA champion in heptathlon and 4th at NCAA II meet. **High School:** Iowa State long and pentathlon champion and 100m hurdle record holder. **Personal:** Undeclared major. Daughter of Kurt and Peggy Lettow.

Career:

Indoor:			<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
12/10/10	3775	1	Doane Holiday, Crete	7.9h	161	1035	557 2:22.11
2/25/11	3961	1	MIAA, Warrensburg	8.53	168	1118	568 2:24.70
3/11/11	4064	1	NCAA II, Albuquerque	8.62	170	1065	579 2:17.47
3/09/12	4193	1	NCAA II, Mankato	8.51	179	1125	583 2:21.58
2/07/13	4286	1	Iowa State Classic, Iowa City	8.55	177	1201	597 2:19.01
3/01/13	4301	3	USA, Albuquerque	8.42	173	1214	587 2:14.83

Outdoor:			<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
5/ /09	5216	4	NCAA II, San Angelo	14.34+3.0	164	1087	25.46-0.1	553+1.6	3328	2:23.80		
5/02/10	5167	1	MIAA, Joplin	14.20+0.6	170	1077	25.36-0.4	563+0.8	3375	2:17.28		
5/28/10	5386	4	NCAA II, Charlotte	13.98+1.4	173	1118	25.43+1.5	583+2.7	3700	2:16.23		
3/25/11	5610	1	ASU Spring, San Angelo	13.90+4.6	165	1040	25.42+2.5	562+0.4	3688	2:30.28		
5/08/11	5225	1	MIAA, Emporia	13.76+2.3	174	1153	25.21+2.4	555+2.1	3575	2:21.79		
5/27/11	5514	1	NCAA II, Turlock	14.10+1.6	169	1122	25.12+1.6	589+0.6	3523	2:17.09		
8/14/12	4404	11	Thorpe Cup, Chula Vista	14.27+1.8	166	1050	26.18+1.5	568+3.2	3442	dnf		
3/23/12	5703	1	Trinity U, San Antonio	14.02	176	1187	24.47	583	3388	2:17.22		
5/25/12	5748	1	NCAA II, Pueblo	13.69-1.4	172	1194	24.80+1.4	591+1.8	3723	2:18.20		
6/30/12	5807	8	OT/USA, Eugene	13.96+1.3	175	1213	24.51+3.0	585+1.3	3683	2:14.91		
7/22/12	5530	7	Thorpe Cup, Marburg	14.04+1.7	174	1127	25.15+1.5	562+0.8	3567	2:18.13		
4/25/13	5470	1	Drake R, Des Moines	14.34-3.9	172	1138	24.91+0.6	557-3.9	3473	2:17.39		

PRs: 5807 / 4286

13.69+1.4 179i 1213 24.51+4.0 591+1.8 3729 2:14.91

Indoor: 60H: 8.51

CHANTAE McMILLAN

DOB: May 1, 1988
 POB:
 Ht: 5-7
 Hometown: Rolla, MO
 High School: Rolla HS
 College: Nebraska '10



2013: 2012: Made US Olympic team with PR 6188 effort, then 29th at London Games.
2011: Opened indoor season with significant 4378 PR in Lincoln pentathlon, and then tied for 2nd at NCAAs. Opened outdoor season with PR 5822 3rd place effort at Mt Sac Relays and subsequently captured a 2nd Big 12 outdoor heptathlon crown with PR 5951 score. Place 3rd at USA nationals with initial 6k effort. **2010:** 4th at NCAAs. Big 12 indoor and outdoor champ. **2009:** Runner-up at both Husker Invt and Big 12 affairs, the latter with a 4061 PR score. **2008:** 22nd at NCAA heptathlon. 3rd at Kansas Relays and Big 12 runner-up with PR 5444. 3rd at Big 12 indoor pentathlon. **2007:** Redshirt indoors. NCAA long qualifier outdoors (placed 23rd) with best of 20-6¼. **High School:** 3rd at Nike outdoor prep nationals in long jump. **Personal:** Interior design major. Parents are Badger and Peggy McMillan.

Career:

Indoor:			60h	hj	sp	lj	800m
2/29/08	3827	3	Big 12, Lincoln	9.11	163	1225	584 2:30.21
2/07/09	3996	2	Sevigne Husker, Lincoln	8.83	170	1233	588 2:29.48
2/27/09	4061	2	Big 12, College Station	8.91	170	1317	590 2:27.90
3/14/09	4096	8	NCAA, College Station	8.77	166	1230	614 2:24.97
1/30/10	dnf	-	Husker, Lincoln	dnf	163	1264	withdrew
2/27/10	4151	1	Big 12, Lincoln	8.86	164	1445	602 2:25.58
3/13/10	dnf	-	NCAA, Fayetteville	8.91	165	1325	withdrew
2/04/11	4378	1	Lincoln	8.63	170	1444	629 2:23.91
3/01/11	4396	2t	NCAA, College Station	8.69	166	1457	633 2:18.61

Outdoor:			100h	w	hj	sp	200m	w	1 st day	lj	w	jav	800m
4/17/08	5226	3	Kansas R, Lawrence	14.60+2.5	162	1181	23.38+3.5	3155	576+5.4	3690	2:30.53		
5/17/08	5444	2	Big 12, Boulder	14.46-1.4	160	1166	24.90 0.0	3185	599-0.3	4160	2:28.27		
6/12/08	5261	22	NCAA, Des Moines	14.18+1.9	160	1093	25.31+0.6	3139	609+0.8	3333	2:29.04		
5/15/10	5349	1	Big 12, Columbia	14.41+1.4	175	1370	26.23+0.5	3388	559+0.8	4162	2:43.14		
6/10/10	5583	4	NCAA, Eugene	14.43+1.0	166	1425	25.90+1.8	3341	571-0.9	4195	2:23.65		
4/14/11	5822	3	Mt Sac R, Azusa	13.87+1.8	161	1361	25.48+2.2	3355	630+1.9	4553	2:25.55		
5/14/11	5951	1	Big 12, Norman	13.81+3.1	164	1418	24.92 0.0	3488	620+2.6	4339	2:20.32		
6/09/11	dnf	-	NCAA I, Des Moines	13.91+2.1	nh		withdrew						
6/26/11	6003	3	USA, Eugene	13.93+1.2	166	1475	25.25+1.6	3502	618-1.7	4758	2:22.99		
8/14/11	dnf	-	Thorpe Cup, Chula Vista	13.89+1.8	169		withdrew						
6/30/12	6188	3	USOT/USA, Eugene	13.36+0.7	172	1502	24.32+3.0	3762	552+0.6	5024	2:17.71		
8/04/12	5688	29	Olympic G, London	13.49+0.9	168	1492	25.25+0.3		537-1.2	4978	2:40.55		
4/25/13	3735	17	Drake R, Des Moines	14.42-3.9	157	nm	dnf		1621	518+1.4	4440	2:25.32	

PRs: 6188 / 4396 13.36+0.7i 175 1502 24.32+3.0 3762 633i 5024 2:17.71

Indoor: 60h: 8.52

HEATHER MILLER

DOB: March 30, 1987
 POB:
 Ht: 5-10
 Hometown: New York, NY
 High School:
 College: St. Cloud St. '10
 Club: Central Park TC/New Balance



2013: 6th at USA indoors with PR 4105 score. **2012:** 5th at Thorpe Cup. 9th at US Olympic Trials (with 5779 PR) after winning Texas GA heptathlon. Was Most valuable female athlete of '12 National Club champs. **2011:2010:** NCAA II runner-up. NCAA II indoor pentathlon champ. A 10-time All-American, Miller won NSIC titles during her college career in the indoor 60 meter hurdles (2009 and 2010), indoor triple jump (2009 and 2010), indoor pentathlon (2010), outdoor triple jump (2009 and 2010), outdoor long jump (2010) and outdoor heptathlon (2010). She also set Northern Sun IC records as a college athlete in the indoor pentathlon and outdoor heptathlon. **High School: Personal:** She works as a registered nurse in the New York area

Career:

Indoor:

3/12/10	3993	1	NCAA II, Albuquerque	8.70	164	1067	591	2:18.74
?/?/12	3795							
1/26/13	3776	1	Bucknell, Lewisburg	9.04	160	1089	574	2:23.30
3/01/13	4105	6	USA, Albuquerque	8.84	170	1189	603	2:22.24

Outdoor:

4/09/10	5221		D II Challenge, Emporia	14.21	160	1015	25.18	582	3345	2:22.48
5/07/10	5063	1	Northern Sun Conf	14.07	162	960	25.42	570	3037	2:26.19
5/28/10	5239	7	NCAA II, Charlotte	14.21-0.1	155	1109	24.66-0.4	566+1.7	3245	2:20.07
6/12/12	5628	1	Texas GA, Dallas	14.22	159	1157	24.25	613	3765	2:17.72
6/30/12	5779	9	OT/USA, Eugene	14.18+0.5	169	1168	24.22+2.8	599+1.8	3929	2:15.59
7/22/12	5729	5	Thorpe Cup, Marburg	14.12+1.0	165	1089	24.85+1.4	639+2.8	3911	2 17.22
4/21/13	5440	1	CNU Captain, Newport-News	14.58+1.5	162	1122	25.05+1.2	577+1.7	3973	2:18.16

PRs: 5779 / 4105
Indoor: 60mH: 8.70

14.07 170 1189 24.22+2.8 639+2.8 3973 2:15.59

KEIA PINNICK

DOB: January 23, 1991
 POB: Detroit, MI
 Ht: 5-5
 Hometown: Aurora, IL
 High School: Waubonsie Valley HS '09
 College: Arizona St U, '13



2013: NCAA 3rd place finisher with PR 5984 effort. Pac-12 winner with 5801 score. NCAA runner-up indoors then opened outdoor campaign with PR hept score in Tucson of 5791. 2012: NCAA indoor pentathlon runner-up. PR'd (5761 score) for 5th at NCAAs. Outdoors was Pac-12 runner-up with PR 5703 score using 2:10 800m. 5th at Jim Click heptathlon with then PR 5622. Posted near identical scores indoors, winning Mountain Pacific SF meet with 3975, 6 pts lower than she scored at Texas A&M Challenge. **2011:** 2ist at NCAA heptathlon. Runner-up at both Jim Click Classic and Pac-10 heptathlons. 2nd at Mountain Pacific indoor pentathlon. **2010:** Made semi finals at NCAA 400m hurdles. 3rd at Pac-10 heptathlon. **High School:** Won 7 Illinois state titles including 100m and 300m hurdles in '09. **Personal:** Majoring in elementary education. Parents are Roderick and Deidre Pinnick.

Career:

Indoor:			<u>60m</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>							
2/20/10	3753	3	MPSF, Seattle	8.82	159	968	549	2:16.28		
2/04/11	3908	1	UNM, Albuquerque	8.80	161	1003	585	2:16.34		
2/25/11	3821	2	MPSF, Seattle	8.87	155	996	591	2:17.59		
1/27/12	3981	2	A&M Ch, College Station	8.70	158	1092	591	2:15.68		
2/24/12	3975	1	Mountain Pacific, Seattle	8.59	154	1028	589	2:19.45		
1/25/13	4208	1	A&M Challenge, C Station	8.35	172	1087	574	2:12.99		
3/09/13	4327	2	NCAA I, Fayetteville	8.22	163	1123	623	2:11.31		
Outdoor:			<u>100mH</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>lj</u> <u>jav</u> <u>800m</u>							
4/02/10	5017	5	Click, Tucson	14.67+0.9	160	972	25.42-0.6	533-1.1	3221	2:17.01
5/16/10	5219	3	Pac-10, Berkeley	14.22+1.1	158	1014	24.95+1.3	570-1.5	2932	2:13.99
4/01/11	5455	2	Click, Tucson	14.07-0.1	160	981	24.27+0.8	600+1.3	3050	2:11.48
5/07/11	5385	2	Pac-10, Tucson	13.87+1.0	163	948	24.07 0.0	584 0.0	2826	2:14.15
6/09/11	5063	21	NCAA I, Des Moines	14.16+2.1	157	1011	24.60-0.1	563+1.3	2894	2:25.49
3/30/12	5622	5	UA Click, Tucson	13.87+0.7	160	1057	24.03+2.2	602+0.9	3310	2:10.78
5/06/12	5703	2	Pac-12, Eugene	13.73+0.9	165	1132	24.07+1.9	602+0.6	3305	2:13.78
6/08/12	5761	5	NCAA I, Des Moines	13.48-0.4	163	1137	24.00+1.1	591-0.5	3333	2:09.29
4/04/13	5791	2	UA Click, Tucson	13.71+1.1	170	1059	23.90-0.1	596 0.0	3468	2:10.64
5/05/13	5801	1	Pac-12, Los Angeles	13.27-1.3	169	1081	24.51+0.3	592-0.5	3873	2:15.06
6/07/13	5984	3	NCAA I, Eugene	13.13+1.2	166	1107	23.60+2.3	607+3.1	3813	2:10.89

PRs: 5984 / 4327
Indoor: 60mH: 8.22

13.13+1.2 172 1137 23.60+2.3 623i 3873 2:09.29

KIANI PROFIT

DOB: February 18, 1990
 POB:
 Ht: 5-4
 Hometown: Pasadena, CA
 High School: Muir HS
 College: Maryland '11
 Club: USOC Training Center



2013: Won Sam Adams meet with PR 5909 score. 5th at USA indoors. Runner-up at Husky pentathlon. **2012:** 9th at NCAAs was followed by a 16th place at US Olympic Trials and a victory at NACAC under 23 champs. ACC outdoor champion with marginal PR as 5th year senior. **2011:** Tied for 2nd (NCAA does not break CE ties) at NCAAs with career best 4396. Won ACC title with PR score, 4250. **2010:** Runner-up at NCAAs and ACC outdoor heptathlon with PR 5686 score. NCAA and Atlantic Coast Conf. runner-up indoors. **2009:** Atlantic Coast Conference runner-up with PR 5276 score. Dnf'd at NCAAs outdoors. **2008:** ECAC 400m hurdle runner-up. **High School:** 3rd Cal state 300m hurdles and scored 4747 in heptathlon. **Personal:** Kinesiology major. Parents are Youvet and George Profit.

Career:

Indoor:

					<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>
2/27/09	3779	6	ACC, Blacksburg		8.94	159	1072	563	2:20.44
3/07/09	3607	4t	ECAC, Boston		8.99	155	1085	528	2:22.08
2/25/09	4125	2	ACC, Blacksburg		8.50	167	1133	576	2:14.74
3/13/10	4242	2	NCAA, Fayetteville		8.40	171	1075	590	2:11.86
2/24/11	4250	1	ACC, Blacksburg		8.54	168	1214	580	2:10.81
3/11/11	4396	2t	NCAA, College Station		8.41	175	1200	588	2:09.67
1/25/13	4119	2	UW Husky, Seattle		8.67	166	1218	568	2:13.96
3/01/13	4162	5	USA, Albuquerque		8.85	170	1196	573	2:11.69

Outdoor:

					<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
??/07	4747													
4/18/08	dnf	-	ACC, Atlanta		15.37+1.0	157	1003	24.89+0.1	499+1.0	2689			dns	
4/17/09	5276	2	ACC, Miami		14.47+1.7	163	1186	25.08-1.1	533+1.5	3313			2:16.37	
5/16/09	5096	2	ECAC, Princeton		14.84		157	1069	24.87	537			3434	2:19/08
6/12/09	dnf	-	NCAA, Fayetteville		14.74-0.1									withdrew
4/17/10	5686	2	ACC, Clemson		13.81+1.0	165	1075	24.73-1.2	580nwi	3336			2:11.91	
6/10/10	5682	2	NCAA, Eugene		13.78+0.4	166	1155	24.47+2.6	565-1.7	3790			2:12.50	
7/10/10	5576	1	NACAC u 23, Miramar		14.21-1.6	169	1211	24.32+2.3	560-1.7	3662			2:19.19	
4/20/12	5695	1	ACC, Charlottesville		14.13+1.2	167	1209	24.50+2.3	564+1.0	3780			2:10.92	
6/08/12	5625	8	NCAA I, Des Moines		14.04-1.0	163	1201	24.38+1.0	562-0.8	3570			2:10.71	
6/30/12	5564	16	USOT/USA, Eugene		14.61+0.5	163	1231	24.54+2.2	556+1.3	3935			2:13.35	
7/07/12	5653	1	NACAC u23, Irapuato		13.93+3.2	158	1193	24.08+1.9	572 nwi	4086			2:16.26	
4/05/13	5909	1	Sam Adams, Santa Barbara		13.93-1.3	170	1181	24.12+0.4	592+0.8	3865			2:08.79	

PRs: 5909 / 4396

13.78+0.4 175 1231 24.08+1.9 610 4086 2:08.79

Indoor: 60H: 8.40

ALLISON REASER

DOB: September 3, 1992
 POB:
 Ht: 5-7½
 Hometown: El Segundo, CA
 High School: El Segundo HS
 College: San Diego State U '14



2013: Placed 8th at NCAA with career best 5813 score in Eugene. Won a 3rd consecutive outdoor Mountain West heptathlon. 2nd at season opening Aztec and then 6th at Mt Sac Relays. **2012:** Scored a 100 point PR to place 6th at NCAAs. Won outdoor Mountain West heptathlon with PR 5653 score. Repeated as Mountain West Conf. Indoor pentathlon winner. **2011:** 18th at NCAAs. Mountain West Conference champion indoors and out with PR scores (3916 and 5408). Won UCLAs JJK heptathlon with 5361 score. **High School:** 2010 National JO hept champ. Regional CIF 300m hurdle champ. Letters in t&f, tennis, cross-country and soccer. **Personal:** parents are Rick and Adrienne Reaser, Major is Kinesiology.

Career:

Indoor:

2/24/11	3916	1	Mountain West, Albuquerque	8.49 164 1169 586 2:32.14
2/23/12	3863	1	Mountain West, Albuquerque	8.39 159 1189 578 2:29.66

Outdoor:

??/10	5019			
4/01/11	5361	1	JJK, Los Angeles	13.83-0.5 159 1166 24.49+2.0 582+0.9 3293 2:26.78
5/12/11	5408	1	Mountain West, Ft Collins	13.87+2.5 156 1082 24.54+2.4 604+2.9 3786 2:27.69
6/09/11	5156	18 th	NCAA I, Des Moines	14.31+2.1 154 1089 24.67-0.1 555-0.1 3584 2:25.79
3/16/12	5475	1	SDSU Aztec, San Diego	13.80+1.3 155 1163 24.35-0.2 570+0.9 3761 2:19.92
4/19/12	5510	4	Mt Sac R, Azusa	13.77+0.6 155 1129 24.27+1.9 581+0.1 3797 2:19.37
5/10/12	5653	1	Mtn West, Colo Springs	13.56+0.5 155 1205 24.09+3.3 608+3.5 3997 2:24.96
6/08/12	5753	6	NCAA I, Des Moines	13.77-0.8 163 1171 24.20+1.1 596-0.5 4025 2:17.45
3/15/13	5392	2	SDSU Aztec, San Diego	13.86+0.8 161 1160 24.58+0.9 551+0.8 3304 2:18.15
4/18/13	5527	6	Mt Sac R, Azusa	13.56+1.3 156 1182 24.28+2.4 574+0.7 3505 2:18.06
5/09/13	5612	1	Mountain West, Las Vegas	13.65 158 1191 23.96w 589w 3553 2:19.23
6/07/13	5813	8	NCAA I, Eugene	13.30+1.2 160 1198 23.88+2.3 579+0.6 3781 2:12.08

PRs: 5813 / 3916
Indoor: 60mH: 8.39.

13.30+1.2 164 1205 23.88+2.3 608+3.5 4025 2:12.08

LINDSAY SCHWARTZ

DOB: April 23, 1990
 POB: Watertown, WI
 Ht: 5-10
 Hometown: Watertown, WI
 High School: Watertown HS
 College: South Alabama '12



2013: 3rd at Pan Am Cup in Ottawa with PR 5645 effort. 5th at Mt Sac Relays. 3rd at Sam Adams meet. 10th at USA indoors. **2012:** 10th at NCAAs outdoors with PR 5606 score. Won Sun Belt hept and 100 hurdles after a PR 4th place at Texas Relays (5468). Indoor pentathlon Sun Belt Con champ for 2nd consecutive year. **2011:** 13th at NCAA heptathlon in Des Moines. Sun Belt Conf heptathlon champion and record holder (5318). SBC indoor pentathlon champ. 3rd in high jump outdoors. **2010:** Runner-up at Sun Belt indoor pentathlon and winner of outdoor heptathlon. **High School:** 3x Wisconsin state hurdles (2x 100m, 1x 300m) champion. **Personal:** Major is Leisure Studies-Sports Management

Career:

Indoor:

2/27/10	3426	2	Sun Belt, Mufreesboro	8.77	156	1112	522	2:30.05	[55mH]
1/29/11	3492	2	Carnes, Gainesville	8.65	165	1005	515	2:30.27	[55mH]
3/27/11	3585	1	Sun Belt, Mufreesboro	8.37	163	951	534	2:25.32	[55mH]
2/25/12	3996	1	Sun Belt, Mufreesboro	8.16	165	1119	594	2:21.32	[55mH]
3/09/12	3951	13	NCAA I, Nampa	8.59	166	1020	585	2:21.70	
3/01/13	3892	10	USA, Albuquerque	8.77	164	1177	561	2:23.87	

Outdoor:

5/08/10	4966	1	Sun Belt, Mufreesboro	14.65	-3	166	1050	25.10	+3.7	535	+1.4	2978	2:29.22
3/24/11	4778	2	FSU R, Tallahassee	15.06	+1.8	164	953	25.48	+2.6	516	+1.6	2721	2:22.37
5/14/11	5318	1	Sun Belt, Mufreesboro	14.70	+1.0	170	962	25.23	-2.0	591	+1.3	3319	2:18.19
6/09/11	5274	13	NCAA I, Des Moines	14.33	+0.9	166	1015	25.25	-0.8	564	+1.2	3555	2:21.03
3/29/12	5468	4	Texas R, Austin	14.27	+0.9	169	1085	24.93	+0.2	574	+1.1	3649	2:19.07
5/12/12	5264	1	Sun Belt, Lafayette	14.20	+0.6	164	1067	24.50	+1.6	561	-1.5	3576	2:28.91
6/??/12	5606	10t	NCAA I, Des Moines	14.00	-0.3	166	1062	24.43	+1.1	590	-0.5	3699	2:15.66
4/06/13	5591	3	Sam Adams, S Barbara	14.13	-1.3	164	1171	24.65	+0.4	570	-0.1	3805	2:14.64
4/18/13	5565	5	Mt Sac R, Azusa	14.16	+1.3	168	1084	24.33	+2.5	565	+1.5	3809	2:16.65
6/02/13	5645	3	Pan Am CE Cup, Ottawa	13.94	+1.0	171	1188	24.64	+1.2	542	+1.5	4060	2:17.17

PRs: 5645 / 3996 **13.95+2.2 170 1171 24.33+2.5 594i 3809 2:14.64**
Indoor: 60mH: 8.59; 55mH 8.16

TATUM SOUZA

DOB: April 20, 1992
 POB: Concord, CA
 Ht: 5-6
 Hometown: Napa, CA
 High School: Napa HS
 College: UCLA '14



2013: 9th place at NCAAs with career best 5691 score. Runner-up at Pac-12 with PR, 5624. 4th at Mt Sac Relays with PR 5587. 7th at Texas Relays. Scored 4023 at Mountain Pacific meet in Seattle. **2012:** Won Cal Invt at Azusa outdoors in PR 5350 score and then placed 5th at Pac-12 meet. **2011:** 6th at Pac-12 outdoors. **High School:** Napa County Volleyball Player of the Year. **Personal:** Daughter of Ronald and Jodi Souza. Undeclared major.

Career:

Indoor:

1/27/12	3640	1	WSU Cougar, Pullman	9.11	153	1177	536	2:22.82
2/25/12	3695	5	Mtn Pacific, Seattle	9.03	155	1160	536	2:20.19
1/25/13	3884	4	UWash Invt, Seattle	8.83	166	1279	526	2:22.37
2/22/13	4023	?	Mtn Pacific, Seattle	8.48	163	1221	558	2:19.30

Outdoor:

5/07/11	4906	6	Pac-12, Tucson	14.47	154	1243	26.48	532w	3580	2:33.83
4/19/12	5350	1	California Invt, Azusa	14.26	163	1183	25.51	561	3490	2:18.50
5/13/12	5334	5	Pac 12, Eugene	14.09	159	1203	25.42w	533w	3383	2:17.35
3/28/13	5288	7	Texas R, Austin	14.12	157	1264	25.41+4.4	533+1.7	3691	2:20.52
4/18/13	5587	4	Mt Sac R, Azusa	14.08+1.3	156	1303	25.03+0.5	580+2.5	3985	2:16.99
5/05/13	5624	2	Pac-12, Los Angeles	13.95+2.7	169	1242	25.20+0.3	556-0.9	3937	2:16.87
6/07/13	5691	9	NCAA I, Eugene	13.86+2.7	169	1276	25.26+2.8	574+1.2	3930	2:17.91

PRs: 5691 / 4023
Indoor: 60mH: 8.48

13.86+2.7 169 1303 25.03+0.5 580+2.5 3985 2:16.87

LINDSAY VOLLMER

DOB:
 POB:
 Ht: 5-6;
 Hometown: Hamilton, MO;
 High School: Penney HS
 College: Kansas '15



2013: Registered 442 point career best with 6 individual event PRs for NCAA I title in Eugene, 6086 score. Big 12 champ and Texas Relays runner-up. 9th at NCAAs indoors. PR'd at first two heptathlons, at 4073 and Big 12 win at 4123. **2012:** 18th at NCAA nationals. 3rd at outdoor Big 12 meet with PR 5516 score. 4th at Big 12 indoor pentathlon (3905). Placed 7th at Texas relays with PR 6323 score. **High School:** 2x GSW Heptathlon winner. **Personal:** Daughter of Mark and Melissa Vollmer.

Career:

Indoor:			<u>60h hj sp lj 800m</u>										
1/27/12	3841	1	Jayhawk, Lawrence	8.93	171	1172	565	2:32.45					
2/25/12	3905	4	Big 12, C Station	8.89	165	1194	570	2:24.68					
1/11/13	4073	1	Jayhawk, Lawrence	8.53	172	1166	585	2:26.24					
2/22/13	4123	1	Big 12, Ames	8.51	172	1188	582	2:23.16					
3/09/13	4105	9	NCAA I, Fayetteville	8.54	172	1210	587	2:26.26					
Outdoor:			<u>100 h w hj sp 200m w lj w jav 800m</u>										
6/??/08	4736	6	USA Jr, Columbus	15.41		159	942	26.44		542		3628	2:29.41
6/04/10	5133	1	GSW, Albuquerque	14.05-0.1		162	1092	25.23+1.0		560	0.0	3793	2:38.51
6/24/10	5134	4	USA Jr, Des Moines	14.59-1.7		166	1054	25.16+1.6		546	0.0	3719	2:29.96
4/??/11	5185	1	GSW, Albuquerque										
3/29/12	5323	7	Texas R, Austin	14.54+0.9		166	1161	25.98+0.3		575+1.6		4175	2:29.01
5/12/12	5517	3	Big 12, Manhattan	14.34+0.8		172	1217	25.47-0.4		569+2.2		4169	2:28.68
6/07/12	5336	18	NCAA I, Des Moines	14.23		169	1137	25.08		554		4071	2:32.89
3/28/13	5578	2	Texas R, Austin	13.93+1.9		166	1194	24.80+4.4		588+1.1		3855	2:23.97
5/04/13	5644	1	Big 12, Waco	13.65w		175	1226	25.21		601w		4226	2:38.55
6/07/13	6086	1	NCAA I, Eugene	13.58+1.0		175	1197	24.27+1.3		616+3.3		4618	2:19.36

PRs: 6086 / 4123

13.58+1.0 175 1237 24.27+1.3 616+3.3 4618 2:19.36

Indoor: 60mH: 8.51

BETTE WADE

DOB: September 11, 1986
 POB:
 Ht: 5-10
 Hometown: Northville, MI
 High School: Farmington HS, Northville, MI
 College: Michigan '09



at US
PR 8143

2013: Won Arizona Click meet with 5867 score. 2nd at USA indoors. **2012:** 4th Olympic Trials. 3rd at Nationals indoors (4371) and began outdoor season with score at Uof A Click meet. **2011:** Captured Thorpe Cup in Chula Vista with career best 6052 score. 4th at USA nationals. 17th at Götzis. Won indoor national pentathlon with 4439 score. **2010:** Opened season with PR 4376 at Iowa State, then placed 2nd with PR 4469 at USA indoor champs. Won Click heptathlon in Arizona with PR 5937 to open outdoor campaign then PR'd with 6000 (exactly!) effort for 9th at Götzis. Won Thorpe Cup in Marburg (USA vs Germany) and was 7th at DecaStar. **2009:** 3rd at NCAAs with PR 5876 effort and 3rd also at USA champs with another PR, 5908. Runner-up at Big 10 (with PRs in final 3 events) scoring PR 5834. Opened season with Texas Relays victory. Won Big Ten indoor title with 4216 score. 5th at NCAA indoor heptathlon/ **2008:** Big Ten runner-up outdoors and indoors was Big Ten and NCAA indoor pentathlon runner-up (4366). 9th at U.S. Olympic Trials. **2007:** 7th at t NCAA with 2 point PR, 5724. Won Big Ten outdoor title with PR 5722. 2nd at Big Ten indoors with PR 4158. Won Jim Click in Tucson with PR 5500. **2006:** took first place in the heptathlon with a NCAA provisional standard point total of 5147 at the California Invitational. Claimed fourth place in the heptathlon with a personal-best point total of 5,301, Drake Relays Was second at Big Ten champs with 5354 total.. **Indoor.** Second at Big Ten Pentathlon.. Finished 14th in the pentathlon (3917) at the NCAA Indoor Championships. Personal: Enrolled at College of Literature, Science and Arts.

Career:

Indoor:

				60h	hj	sp	lj	800m
1/20/06	4047	1	Simmons, Ann Arbor	8.49	174	1114	603	2:24.06[55H]
2/26/06	3977	2	Big 10, Madison	9.10	175	1143	584	2:25.65
3/11/06	3917	14	NCAA Indoor Champs, Fayetteville	8.94	170	1129	582	2:26.96
1/20/07	3911	1	Simmons, Ann Arbor	8.88	168	1325	542	2:27.45
2/25/07	4158	2	Big Ten, Champaign	8.63	170	1214	594	2:20.77
3/10/07	4131	5	NCAA I, Fayetteville	8.56	169	1232	591	2:23.19
2/01/08	3868	1	Michigan Intercollegiates, Ann Arbor	8.04	169	1137	563	2:26.78 [55H]
3/01/08	4089	2	Big Ten, Minneapolis	8.66	174	1257	561	2:23.76
3/15/08	4366	2	NCAA, Fayetteville	8.67	181	1320	622	2:26.61
1/30/09	4195	1	Eastern Michigan, Ypsilanti	8.62	173	1316	589	2:24.81
2/28/09	4216	1	Big Ten, Bloomington	8.50	169	1320	586	2:21.08
3/13/09	4252	5	NCAA, College Station	8.58	172	1326	606	2:24.76
1/29/10	4376	2	Iowa State Bergan, Ames	8.46	179	1287	608	2:22.43
3/07/10	4469	2	USA, Bloomington	8.69	185	1367	593	2:17.94
3/06/11	4439	1	USA, Bloomington	8.49	182	1350	617	2:25.25
3/04/12	4371	3	USA, Bloomington	8.39	182	1280	595	2:23.29
1/25/13	4170	1	Iowa State Bergan, Ames	8.68	178	1334	582	2:29.93
3/01/13	4333	2	USA, Bloomington	8.73	176	1431	599	2:23.45

Outdoor:

				100H	w	hj	sp	200m	w	1 st day	lj	w	jav	800m
4/13/06	5147	1	Cal Invt, Azusa	14.38	0.0	168	1097	25.57+0.8	3183	576nwi	2864	2:26.64		
4/20/06	5301	4	Drake R, Des Moines	14.04+0.6	169	1066	25.47nwi	3232	595nwi	2891	2:23.35			
5/13/06	5354	2	Big Ten, E Lansing	14.26nwi	168	1096	25.32nwi	3222	604nwi	3455	2:28.85			
6/08/06	5122	20	NCAA I, Sacramento	16.21-0.7	175	1206	25.42-0.8	3119	573+0.9	3015	2:25.09			
3/23/07	5500	1	Click, Tucson	14.07	0.0	173	1268	25.01+0.4	3451	578-1.3	3009	2:22.63		
5/12/07	5722	1	Big Ten, U Park	13.88+0.6	181	1283	25.14-1.7	3576	603-1.0	3363	2:26.19			
6/08/07	5724	7	NCAA I, Sacramento	14.00+0.9	178	1281	24.62+1.4	3568	598+4.3	3125	2:20.76			
6/23/07	5429	12	USA, Indianapolis	14.15-0.9	178	1132	24.86	0.0	3426	571+1.8	2916	2:23.22		
4/03/08	5395	1	Cal Multis, Berkeley	14.15+0.9	172	1273	24.77	0.0	3453	559+0.7	2970	2:25.95		
5/17/08	5658	2	Big Ten, Champaign	14.19	0.0	175	1385	24.85+0.5	3553	612+1.2	3184	2:28.99		
6/12/08	5738	3	NCAA, Des Moines	13.73-0.9	175	1314	24.62+1.4	3560	602-0.1	3229	2:20.76			

6/28/08	5723	9	USOT/USA, Eugene	13.85+1.1	181	1303	24.72+2.7	3633	560+2.3	3479	2:22.24
4/02/09	5635	1	Texas R, Austin	13.86+1.4	181	1272	25.11+3.4		592+3.8	3252	2:28.53
5/16/09	5834	2	Big 10, Columbus	14.10-1.6	175	1294	25.05+1.4		634+2.6	3514	2:20.30
6/12/09	5876	3	NCAA, Fayetteville	13.84+1.0	178	1357	25.05+0.2	3601	633+0.4	3249	2:21.90
6/28/09	5908	3	USA, Eugene	14.05-0.1	172	1398	24.76+3.1	3552	641+3.7	3364	2:19.37
8/16/09	5134	24	IAAF WC, Berlin	13.79-0.3	180	nm	24.98-0.3	2802	618+0.8	3670	2:25.50
4/02/10	5937	1	UofA Click, Tucson	13.97+0.9	178	1402	24.93-0.6		590-0.1	4044	2:20.43
5/30/10	6000	9	Hypo-Bank, Götzis	14.00-1.3	182	1362	25.07+1.7	3630	629-0.7	3782	2:21.17
6/26/10	5966	3	USA, Des Moines	13.78+2.6	181	1232	24.64+3.3		621+3.8	3663	2:18.44
8/08/10	5984	1	Thorpe Cup, Marburg	13.91+2.2	183	1307	25.33-0.9		624+1.6	3709	2:17.89
9/19/10	5982	7	DecaStar, Talence	14.00+0.2	182	1264	24.79+1.4		622+0.3	3824	2:18.83
5/27/11	5788	17	Hypo-Bank, Götzis	13.87+0.3	176	1294	24.86+1.9		591-0.1	3597	2:19.69
6/26/11	5949	4	USA, Eugene	13.68+1.2	178	1356	24.91+1.7	3637	616+1.7	3494	2:18.63
8/14/11	6052	1	Thorpe Cup, Ch Vista	13.77+1.9	184	1374	25.08+1.5		618+3.0	3551	2:16.85
9/18/11	5628	10	DecaStar, Talence	13.82-0.5	179	1274	25.18 0.0		594+0.2	3280	2:28.08
3/30/12	6143	1	UA Click, Tucson	13.42 0.0	181	1320	24.41+2.2		622-1.9	3940	2:19.29
6/30/12	6018	4	OT/USA, Eugene	13.72+1.6	181	1362	24.84+2.2		621+1.1	3579	2:19.06
7/22/12	5795	2	Thorpe Cup, Marburg	13.98+1.6	174	1300	25.44+2.5		620+1.2	3549	2:18.47
4/05/13	5867	1	UA Click, Tucson	13.81+1.1	182	1349	24.64-0.1	3688	598 0.0	3615	2:26.17

PRs: 6143 / 4469 13.42 0.0 185 1402 24.41+2.2 641+3.7 4044 2:16.85

Indoor: 60H: 8.37

Summary: 30 meets, 30 finishes, 10 wins, PR score: 6143, Top Ten Ave: 5983.9