

# 41<sup>st</sup> Annual National Junior DECATHLON Championships



**Wednesday-Thursday  
June 19-20, 2013  
Drake University  
Des Moines, Iowa**



*Frank Zarnowski  
Deca, The Decathlon Association  
[www.decathlonusa.typepad.com](http://www.decathlonusa.typepad.com)*



## 2011 USA Junior Decathlon

June 23-24, 2011

### Time Schedule:

#### Thursday, June 19, 2013

10:00 am 100 meters  
10:45 Long Jump  
11:50 Shot Put  
1:10 pm High Jump  
3:10 400 meters

#### Friday, June 20, 2013

9:00 am 110m Hurdles  
9:45 Discus  
11:15 Pole Vault  
1:50 pm Javelin  
3:15 1500 meters



## THE FIELD

### 2011 USA Junior Decathlon Field

Qualifying standards: 6200 (jr international), 6250 (high school), 6000 (sr international)

6414	int	Phillip Bailey	Riverside City Col	Cal CC, San Mateo	5/18/13
6823	int	Steve Bastien	Samford U	Samford, Birmingham	3/19/13
6216	int	Vinny Biunno	Franklin Pierce	NE 10, Springfield	5/04/13
6337	int	Quentin Cieslinski	Akron	OWU, Delaware	5/14/13
6721	int	Josh Cogdill	Colorado St	Mtn West, Las Vegas	5/09/13
6183	int	Taylor Cudequest	CSU-Northridge	Big West, Northridge	5/04/13
6582	hs	Tim Duckworth	Arcadia HS, AZ	AZ State, Queen Creek	5/18/13
6727	hs	Scott Filip	DuPage TC	USA JO, Baltimore	7/24/12
6041	int	Deon Fox	Cornerstone U	Gina R, Hillsdale	4/26/13
6735	int	Paul Haley	North Carolina	ACC, Raleigh	4/19/13
6047	int	Simon Hayes	Landshark TC	Western St, Gunnison	4/19/13
6676	hs	Liam Henshaw	Willamette Striders	Arcadia Prep, Arcadia	4/05/13
6735	int	Kris Horn	unat/UConn	UConn, Storrs	4/05/13
6272	hs	Nathan Jeffers	Boiles HS	Jax q, Jacksonville	5/12/13
6300	int	Stephen Keller	Indiana U	Texas R, Austin	3/28/13
6065	int	Alex Krall	Claremont-M-S	Mt Sac, Walnut	5/25/13
6439	hs	Payton Lewis	YMCA Idaho	Great SW, Albuquerque	6/06/13
6242	int	Aaron Martin	Cerritos JC	Mt Sac M, Walnut	5/25/13
6341	hs	Mitch Modin	Mtn View HS, OR	Reg JO, Bend	7/07/12
6291	hs	Ben Honea	Marana (AZ) HS	Arcadia Prep, Arcadia	4/05/13
7420	hs	Wolf Mahler	Belton HS, TX	Great SW, Albuquerque	6/06/13
6809	int	Payson Maydew	Emporia St	NCAA II, Pueblo	5/24/13
6082	int	John Nicholas	unat/Wichita St	Cowley, Arkansas City	4/11/13
6405	hs	George Wayda	Illinois	USATF JO, Baltimore	7/24/12
6916	int	Devon Williams	Georgia	Drake R, Des Moines	4/25/13

## PR Page

	<u>Qualifying score</u>	<u>100m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>sp</u>	<u>hj</u>	<u>400m</u>	<u>110H</u>	<u>w</u>	<u>disc</u>	<u>pv</u>	<u>jav</u>	<u>1500m</u>
[alphabetical order]														
<b>Phillip Bailey</b>	6414 int sr	11.11+1.9	692	1067	188	50.44	15.88-1.1	2977	390	4599	5:03.38			
<b>Steve Bastien</b>	6823 int sr	10.85	734	1071	188	50.18	15.26+3.8	3411	459	4324	4:50.22			
<b>Vinny Biunno</b>	6216 int sr	11.54	658	931	197	49.96	15.43	2346	350	4069	4:36.92			
<b>Quentin Cieslinski</b>	6337 int sr	11.69	631	1149	197	54.95	15.22	3190	425	4714	4:54.29			
<b>Josh Cogdill</b>	6721 int sr	11.38	670	1181	201	52.31	15.14w	3892	370	5159	5:07.76			
<b>Taylor Cudequest</b>	6183 int sr	11.44	632	1153	178	51.40	16.49w	3443	360	4392	4:45.04			
<b>Tim Duckworth</b>	6582 hs	11.27	668	1188	198	55.66	15.10	3712	472	4742	5:18.03			
<b>Scott Filip</b>	6727hs	10.90	722nwi	1362	206	51.27	14.63	3661	365	4621	5:16.14			
<b>Deon Fox</b>	6041 int sr	11.79	645	974	190	54.23	15.27+2.2	3115	450	4163	5:11.18			
<b>Paul Haley</b>	6735 int sr	11.28	714	1185	190	49.72	14.87+5.0	3043	340	4767	4:50.69			
<b>Simon Hayes</b>	6047 int sr	10.80w	708	1188	196	54.93	15.63	3080	280	4136	5:18.51			
<b>Liam Henshaw</b>	6676 hs	11.63+1.3	703	1274	196	53.50	14.94	3814	472	4538	4:56.83			
<b>Ben Honea</b>	6291 hs	11.41	654	1253	172	52.97	15.50	4100	378	5051	4:53.56			
<b>Kris Horn</b>	6735 int sr	10.82	705+3.8	1220	210	49.60	17.26+0.2	3490	415	5106	4:58.79			
<b>Nathan Jeffers</b>	6272 hs	11.5h+1.2	675	1188	188	53.9h	14.5h+2.8	3220	427	3680	4:58.1h			
<b>Alex Krall</b>	6065 int sr	11.35	616	1136	169	52.43	15.82	3099	440	4807	4:55.97			
<b>Payton Lewis</b>	6439 hs	11.08	625+1.1	1303	172	54.91	14.46	4394	492	3771	5:35.19			
<b>Wolf Mahler</b>	7420 hs	10.83 +0.3	670	1409	188	47.65	14.05	4502	490	5228	4:32.02			
<b>Aaron Martin</b>	6242 int sr	11.87	660	1028	182	52.53	15.82	3622	389	4979	4:45.95			
<b>Payson Maydew</b>	6809 int sr	11.43	636	1280	190	50.37	15.21	3823	430	4489	4:33.74			
<b>Mitch Modin</b>	6341 hs	10.95	689	1392	198	49.40	14.80	3574	350	5146	4:43.96			
<b>John Nicholas</b>	6082 int sr	11.72+0.9	628	1154	182	54.05	15.32+1.7	3720	355	3924	4:59.69			
<b>George Wayda</b>	6405 hs	11.87	607	1402	181	52.65	14.58w	3984	410	4568	4:55.34			
<b>Stephen Keller</b>	6300 int sr	11.45+2.5	694+3.1	1083	206	51.71	15.91+1.9	3060	420	4132	4:29.57			
<b>Devon Williams</b>	6916 int sr	10.88+1.6	684+0.5	1221	189	49.65	14.30	3535	445	4797	4:43.62			

## Previous National Junior Winners

### U.S. JUNIOR CHAMPIONS 1973-2008

Year	Winner	Affiliation	score	Meet site
1973	Craig Brigham	U of Oregon	7357h	Porterville, CA
1974	Russell Fritts	U of Tennessee	6677h	Richmond, VA
1975	Tony Hale	Fisk U	6856h	Hayward, CA
1976	Joe Schneider	St. John's U	7004h	Westwood, CA
1977	Vince Reilly	St. Joe's HS, NJ	7057h	Richmond, VA
1978	Gary Bastien	Eastern Michigan	7139	Bloomington
1979	John Irvine	Unat, Phoenix, AZ	6807	Walnut, CA
1980	Steve Erickson	Washington HS	7188	Knoxville
1981	Greg Loisel	Azusa Pacific	6745	Westwood, CA
1982	Robert Muzzio	DC Striders	7097	Los Angeles, CA
1983	Kevin McGorty	Westfield, NJ	7133	University Park, PA
1984	Steve Klassen	Boulder TC	7093	Los Angeles, CA
1985	Derek Huff	Western Illinois	6941	Elmhurst, IL
1986	Gerald Swann	Campbell U	7013	Towson, MD
1987	Jeff Mooney	Auburn	6713	Tucson, AZ
1988	Matt Farmer	UC Irvine	7015	Tallahassee, FL
1989	Aric Long	Tennessee	6908	Columbus, OH
1990	Wayne Clements	Fla HS	7095	
1991	Mario Sategna	Bloomfield HS, NM	7302w	Blaine, MN
1992	Billy Schuffenhauer	Weber State	7304w	Columbus, OH
1993	Ryan Theriault	Greyhound TC	6894	Spokane, WA
1994	Ross Bomben	unat	6833	Tallahassee
1995	Tom Pappas	Lane CC	7154	Walnut, CA
1996	Gabe Garrett	Tennessee	6677	Delaware, OH
1997	Dan Ryland	Deville, LA	6611	Edwardsville, IL
1998	Dan Ryland	Arkansas St	7031	Edwardsville, IL
1999	Bryan Clay	Azusa Pacific	7312	Denton, TX



2000	Ryan Harlan	Rice	6835	Denton, TX
2001	Darion Powell	Lakeland, WA	6678	Richmond, VA
	[beginning use of international 'junior' implements]			
2002	Donovan Kilmartin	Team Idaho	7440	Berkeley, CA
2003	Donovan Kilmartin	YMCA Idaho	7431	Palo Alto, CA
2004	Chris Helwick	Tennessee	7358	College Station, TX
2005	Mike Bingham	Wake Forest	7042	Carson, CA
2006	Shawn Schmidt	Texas HS	7264	Indianapolis, IN
2007	Nick Adcock	U of Missouri	7293	Indianapolis
2008	Chase Dalton	Brigham Young	7202	Columbus
2009	Curtis Beach	Albuquerque Academy	7599	Eugene
2010	Neaman Wise	U of South Florida	7300	Des Moines
2011	Kevin Lazas	Arkansas	8016	Eugene, OR
2012	Gunnar Nixon	Arkansas	7760	Columbus, OH

## Decathlon Individual Event Records

### Decathlon Individual Event Records

#### World Records (7000 point minimum)

100m	10.21	Ashton Eaton	Eugene, OT, 9039 (+0.4)	06/23/12
LJ	8.23m(27-0)	Ashton Eaton	Eugene, OT, 9039 (+0.4)	06/23/12
SP	19.17(62-10 ¾)	Edy Hubacher/Switzerland	Berne (7405h)	10/04/69
HJ	2.27 (7-5 ½)	Rolf Bielschmidt/GDR	Jena (7245h)	09/30/77
		Christian Schenk/GDR	Seoul (OG) (8488)	09/28/88
400m	45.68	Bill Toomey/USA	Mexico City (OG) (8193)	10/18/68
110mH	13.47	Frank Busemann/GER	Atlanta (8706)	08/01/96
DT	55.87 (180-5)	Bryan Clay/USA	Carson (8506)	06/24/05
PV	5.76 (18-10½)	Tim Lobinger/GER	Leverkuesen (7346)	09/16/99
JT (old)	81.76 (268-3)	Lennart Hedmark/Sweden	Spala, Pol (EC) (7522)	06/25/78
(new)	79.80 (261-10)	Peter Blank/GER	Emmelhausen, GER(7425)	07/19/92
1500m	3:58.7	Robert Baker/USA	Austin, Texas (7583)	04/03/80
1 <sup>st</sup> day	4738	Dan O'Brien/USA	Knoxville, TN (8707)	06/15/94
	4747 nwi	Dan O'Brien/USA	New York (TAC) (8844)	06/12/91
2 <sup>nd</sup> day	4455	Dave Johnson/USA	New Orleans(OT) (8649)	06/27/92
Total	9039	Ashton Eaton	Eugene, OT, 9039 (+0.4)	06/22-23/12
			[10.21+0.4 823+0.8 1420 205 46.70 13.70-0.8 4281 530 5887 4:14.48 ]	



#### American Records (7000 point minimum)

100m	10.21	Ashton Eaton	Eugene, OT, 9039 (+0.4)	06/23/12
LJ	8.23m(27-0)	Ashton Eaton	Eugene, OT, 9039 (+0.4)	06/23/12
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG	1966
HJ	2.21 (7-3)	Tom Pappas/adidas	Sydney, AUS (OG ) (8425)	2000
400m	45.68	Bill Toomey/SC Striders	Mexico City (OG) (8193)	1968
110mH	13.52 (+1.6)	Ashton Eaton/Oregon	USATF	6/24/11
DT	55.87 (183-3)	Bryan Clay/Nike	Carson (8506)	2005
PV	5.70 (18-8 ¼)	Tim Bright/Athletics West	Seoul (OG) (8216)	1988
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman (7756)	1984
(new)	74.58 (244-8)	Dave Johnson/ReebokRT	New Orleans (8649)	1992
1500m	3:58.7	Robert Baker/Hi Plains TC	Austin (TexR) (7583)	1980
1 <sup>st</sup> day	4738	Dan O'Brien/Footlocker AC	Knoxville (8707)	1994
	4747 nwi	Dan O'Brien/Reebok RT	New York(TAC) (8844)	1991
2 <sup>nd</sup> day	4455	Dave Johnson/ReebokRT	New Orleans (OT) (8649)	1992
Total	9039	Ashton Eaton	Eugene, OT, 9039 (+0.4)	06/22-23/12
			[10.21+0.4 823+0.8 1420 205 46.70 13.70-0.8 4281 530 5887 4:14.48 ]	



### American Collegiate Records

100m	10.34 (+2.6)	Mantas Silkauskas/Kansas St	Lubbock (Big 12)	2009
LJ	8.01m(26-3½)	Chris Huffins/California	Tucson, Arizona (VISA)	1993
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG (vs W Ger)	1966
HJ	2.22 (7-3¼)	Attila Zsivoczky/Kansas St	Tallinn, EST (EC)	1998
400m	46.28	Ashton Eaton/Oregon	NCAA, Eugene	2010
110mH	13.68	Ashton Eaton/Oregon	NCAA, Eugene	2010
DT	53.84m(176-8)	Brian Brophy/Tenn	Talence, FRA	1992
PV	5.50m(18-0½)	Lawrence Johnson/Tenn	Dogwood & SEC Knoxville	1993
		Dominic Johnson/Arizona	Pac 10, Palo Alto	1998
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman, Wash. (PAC-10)	1984
(new)	75.50 (247-8)	Mikhail Olander/LSU	Baton Rouge, La. (NCAA)	1988
1500m	3:59.13	Curtis Beach/Duke	Des Moines, (NCAA)	2011
1 <sup>st</sup> day	4500	Ashton Eaton/Oregon	Eugene, (NCAA)	2010
2 <sup>nd</sup> day	4145	Jake Arnold/Arizona	NCAA, Sacramento	2007
Total	8465	Trey Hardee/Texas	Austin (Tex R)	2006

[10.35+2.5 770+3.0 1445 199 49.11 13.83+3.1 4824 520 6000 5:06.73]



### World Junior Records (international implements & min 7000 pts)

100m	10.58	Bryan Clay	USA Jr	Denton, TX	1997
	10.58	Ashton Eaton/Oregon	USA Jr	Indianapolis	2007
LJ	7.72(25-4)	Daley Thompson/GBR	Hypo Bank	Gotzis (7921)	1977
SP	15.83(51-11¼)	Rob Muzzio/USA	Penn R	Phila (7664)	1983
HJ	2.16 (7-1)	William Motti/FRA	vs UK Jr,	LaBaule (7371)	1983
		Christian Schenk/GDR		Potsdam (8030)	1984
400m	46.92	Eugene Gilkes/GBR	Hypo Bank	Gotzis (7414)	1981
110mH	13.88 (ˆ42)	Eric Kaiser/GER	Hypo Bank	Gotzis (7585)	1990
DT	49.88(163-6)	Walter Kulvet/URS-EST	Hypo Bank	Gotzis (8060)	1983
PV	5.50m(18-½)	Lawrence Johnson/USA	SEC	Knoxville (7567)	1993
JT (old)	76.52(251-0)	Alexander Apaitchev/URS		Potsdam (7577)	1980
(new)	65.36(214-5)	S. Haigis/FRG	vs FRA	Antony (7641)	1986
1500m	4:07:85	Curtis Beach/USA	USA Jr	Eugene	2009
1 <sup>st</sup> day	4421	Thorsten Voss/GDR	Nat Chmps	Erfut (8397)	1982
2 <sup>nd</sup> day					
Total	8397	Thorsten Voss/GDR	Nat Chmps	Erfut	1982
Jr SP	16.95m (55-7 ½)	Pascal Behrenbuch/GER	u20	Filderstadt	2005
Jr Disc	54.75m (179-7)	Alex Sysoyev/RUS	u20	Krasnador (7631)	2005

nb: A "junior competitor" may not turn 20 in the year of the performance.

### American Junior Records [Minimum of 6000 score necessary]

100m	10.57	Richard Beattie/Clemson	TAC Jr	Tucson (6680)	1987
	10.3h	Barry Stebbins/Mt St Marys	E Champs	Emmitsburg (6466)	1974
LJ	7.62(25-0)	Aaron Fox/U of Texas	SWC	Austin (7255)	1995
SP	15.83(51-11¼)	Rob Muzzio/George Mason	Penn R	Phila (7664)	1983
HJ	2.18 (7-1¾)	Tim Bell/Tennessee	Sea Ray R	Knoxville(6386)	1998
400	47.87	Gabe Garrett/Olympia, WA	USA Jr	Walnut, CA(6356)	1996
110mH	14.30 (ˆ42)	Marcell Almond/SC Cheetahs	USA Jr	Denton	1999
	14.23 (ˆ39)	Weston Leutz/NDSU	IAAF WC	Bydgoszcz, POL	2008
DT	46.10 (151-3)	Craig Brigham/Ore HS		Eugene, OR (7359)	1972
PV	5.50 (18-½)	Lawrence Johnson/Tenn	SEC	Knoxville (7567)	1993
JT (old)	68.26 (223-11)	Mark Gubrud/Wash HS	St Champs	Lacey, WA ( )	1976
(new)	60.66 (198-11)	Steve Henson/Kansas State	TAC Jr	Tucson (6585)	1987
1500m	4:07:85	Curtis Beach/USA	USA Jr	Eugene	2009
1 <sup>st</sup> day sr	4140	Aaron Fox/U of Texas	SWC	Austin (7255)	1995
2 <sup>nd</sup> daysr	3734	Keith Robinson/BYU	NCAA I	Houston (7638)	1983
Total sr	7892	Gunnar Nixon/Arkansas	NCAA	Des Moines	2012
				[10.93+3.0 725-1.4 1373 205 48.92 14.51+1.0 3648 460 5612 4:30.41]	
jr	8018	Gunnar Nixon/Arkansas	IAAF Junior	Barcelona	2012
				[11.23-0.1 712-0.2 1454 210 49.13 14.54-0.7 4223 450 5625 4:22.36 ]	

NB: AmJr 100m record betters WJR by two Americans since a score of 7000 necessary for WJR, but not AJR

**U.S. High School Records** [minimum 6000 score]-international implements/hurdles *need to update via 2011 2012*

100m	10.65	Daniel Ryland/Buckeye HS,LA	Natchitoches, LA	1997	
	10.48	Devon Allne/Bishop Brophy HS,AZ	Queen Creek, AZ(St Chmp)	2013	
LJ	7.45 (23-11 ¼)	Gunnar Nixon/Edmond, OK HS	GSW, Albuquerque.	2011	
SP sr	15.41 (50-6 ¾)	Lance Neubauer/Bellingham, Wa	Lacey, Wash. (Wash St Ch)	1976	
hs	16.95m(55-7½)	Lee McCown/Robt Lee,TX	Klamath Falls, OR (O'Brien)	1995	
HJ	2.15 (7-½)	Gunnar Nixon/Edmond, OK HS	GSW, Albuquerque	2011	
		Bobby Williams/Great Bend, Ks	Klamath Falls, Or (O'Brien)	1994	
400m	47.64	Gabe Garrett/Olympia, Wash	Klamath Falls, OR (O'Brien)	1995	
110mH sr	14.3h '42	Milt Campbell/Plainfield, NJ	Plainfield, N.J. (AAU)	1953	
hs	14.16 '39	Gunnar Nixon/Edmond, OK	GSW, Albuquerque	2011	
DT sr	46.10 (151-3)	Craig Brigham/S Eugene HS	Eugene, Ore (AC)	1972	
hs	48.22 (158-2)	James Cook/Kennebunk, ME	Klamath Falls, Or (O'Brien)	1994	
PV	4.91 (16-1½)	Clark Humphries/Brentwood Ac	Franklin Roads, TN(Tenn St Ch)	1994	
JT (old)	68.26 (223-11)	Mark Gubrud/Mt Vernon, Wa	Lacey, Wash. (Wash St Ch)	1976	
(new)	59.40 (194-10)	Colin Kinsey/Wellsville,OH	Klamath Falls, Or (O'Brien)	1994	
1500m	4:07:85	Curtis Beach/Albq Axademy	USA Jr, Eugene	2009	
1 <sup>st</sup> day sr	4022	Gunnar Nixon/Edmond, OK HS	Arcadia, CA	2011	2011
hs	4384	Gunnar Nixon/Edmond, OK HS	GSW, Albuquerque	2011	
2 <sup>nd</sup> day sr	3594h	Craig Brigham/S Eugene HS	Eugene, Ore	1972	
hs	3766	Curtis Beach/Academy	Arcadia, CA	2009	
Total sr	7524 & 7577w	Gunnar Nixon/Edmond, OK	Arcadia, CA	2011	
		[11.06+0.6 736+4.4 1214 202 48.37 14.60+2.0 3538 440 5200 4:39.64] +lj of 714+1.4			
hs	8035	Gunnar Nixon	GSW, Albuquerque	2011	
		[10.89+1.9 745+2.3 1521 215 49.66 14.16+0.3 4330 450 5348 5:01.74]			
jr int	7599	Curtis Beach/Albuquerque Academy	Eugene (USA)	2009	
		[11.10+2.3 699+1,3 1195 205 48.76 14.64+2.4 3785 459 3896 4:07.85]			

**Meet Records** (AAU/TAC/USATF)

100m:	10.57	Richard Beattie/Clemson	TAC Jr	Tucson	1987
LJ	7.35m(24-1 ½)	Kevin Lazas/Arkansas	USA Jr	Eugene	2011
SP sr	15.03m(49-3¾)	Rob Muzzio/GMU	TAC Jr	Bloomington	1983
jr	15.34m(50-4)	Jangy Addy/Tennessee	USA Jr	College Station	2004
HJ	2.17m(7-1½)	Gunnar Nixon/Arkansas	USA Jr	Bloomington	2012
400m	47.87	Gabe Garrett/Olympia, WA	USA Jr	Walnut	1996
110mH	14.30 ('42)	Marcell Almond/SC Cheetahs	USA Jr	Denton	1999
	14.25 ('39)	Wes Leutz/Team Nodak	USA Jr	Indianapolis	2006
Disc sr	43.56m(139-7)	Jamie Cook/Penn St	USA Jr	Walnut	1995
jr	49.64m(162-10)	Nathan Donnellon./Siena Hts	USA Jr	Bloomington	2012
PV	5.05m(16-6¾)	Kevin Lazas/Arkansas	USA Jr	Eugene	2011
Jav	60.66m(198-11)	Steve Henson/Kansas St	TAC Jr	Tucson	1987
1500m	4:07:85	Curtis Beach/USA	USA Jr	Eugene	2009
1 <sup>st</sup> day					
2 <sup>nd</sup> day					
Total sr	7312	Bryan Clay/Azusa Pac	USA Jr	Denton	1999
Jr	8016	Kevin Lazas/Arkansas	USA Jr	Eugene	2011

**Facility (Jim Duncan Track) Decathlon Records** *need to update via 2011 2012*

100m	10.3	Steve Alexander/Hurricane TC	Drake R	1977
	10.57	Richard Beattie/Alabama	Drake R	1989
	10.57 (+2.8)	Isaac Murphy/Texas	NCAA	2011
LJ	7.71m(25-3½)	Jeff Bennett/US Army	Drake R	1970
SP	16.87m(55-4¼)	Tom Pappas/unat	USATF	2010
HJ	2.20 (7-2½)	Derek Gearman/unat	Drake R	2008
400m	46.90	Curtis Beach/Duke	NCAA	2011
110mH	14.04 (+1.2)	Gonzalo Barrolihet/Florida St(+1.2)	NCAA I	2012
DT	49.12m	Jake Arnold/Asics	USATF	2010
PV	5.30m(17-4½)	Gonzalo Barrolihet/Florida St	NCAA I	2012
JT [new]	69.36m(227-7)	Kurt Felix/Boise St	NCAA I	2012



[old]	69.49m(228-0)	Bruce Jenner/Graceland	Drake R	1972
1500 m	3:59.13	Curtis Beach/Duke	NCAA	2011
1 <sup>st</sup> day	4234	Tom Pappas/unat	USATF	2010
2 <sup>nd</sup> day	4159	Jake Arnold/Asics	USATF	2010
Total	8198	Kip Janvrin/VISA	Drake R	1996
		[10.96 720 1372 198 48.57 14.70 4316 495 5802 4:11.63]		
	8215w	Jake Arnold	USATF	2010
		[11.08+1.5 689+2.6 1439 202 49.22 14.06+4.4 4914 500 6085 4:40.21]		

## RECENT MEET RESULTS



### 2012

#### 6/16-17 USA Junior Nationals, Uof Indiana, Bloomington, IN

[International implements... 6kg shot, 100cm hurdles, 1.75kg discus, 800g javelin]

7760	Nixon, Gunnar/Arkansas	11.39-0.4 696+1.0 1412 217 50.69 14.34+0.9 4176 440 5931 4:51.58	4062
7534	Scantling, Garrett/Georgia	11.47-1.0 673+1.3 1430 208 52.08 14.98+0.9 4224 470 5796 5:12.31	3855
7275	Neilsen, Kevin/BYU	11.55-0.4 703+2.8 1241 199 49.82 15.21-0.3 3652 440 4876 4:27.81	
7006	DiMambro, Michael/Rh Island	11.17-0.4 698+2.2 1274 193 51.41 15.23+0.9 3595 400 5348 4:58.16	
6976	K'Vonte, Scott/E Tennessee St	11.48-0.4 680+1.4 1199 196 49.61 14.95+1.4 3667 400 4602 4:45.43	
6849	Lane, Austrell/unat	11.55-0.5 647+0.3 1315 187 51.32 15.30+1.4 3679 430 4651 4:45.72	
6721	Chester, Sam/Miami (OH)	11.28-1.0 665-0.3 1291 181 50.23 14.31-0.1 3235 370 4325 4:50.17	
6589	Kincade, Jack/unat	11.44-0.4 641+0.3 1260 184 50.27 15.50+0.9 3381 400 4737 4:52.54	
6501	Jones, Rusty/Utah Valley St	11.68-0.5 648+0.8 1144 193 51.42 15.12+0.9 3607 440 4152 5:26.68	
6465	Dahlstrand, John/Akron	12.03-1.0 656+0.6 1202 196 53.81 16.20+0.9 4108 360 5031 4:55.18	
6462	Donnellon, Nathan/Siena Hts	11.82-0.5 639+0.4 1376 169 51.72 18.64-0.1 4964 410 4741 4:54.35	
6367	Sanders, Chris/Rice	11.82-1.0 667+1.6 1347 193 55.50 15.63-0.3 3651 340 4892 5:05.21	
6332	Magnusson, Mikel/S Alabama	11.83-1.0 626+1.4 1224 178 53.58 16.88-0.1 3561 430 4855 4:47.57	
6287	Garcia, Ulises/unat	11.63-1.0 615+1.3 1127 169 51.94 15.69+0.9 3883 380 4190 4:40.50	
6242	Williams, Jemal/USC	12.10-1.0 597+0.9 1289 172 52.93 15.25+1.1 3586 380 4107 4:36.26	
6241	Kerr, Charles/unat	11.43-0.5 548-1.2 1189 178 52.08 16.67-0.3 3748 340 5827 5:28.30	
6094	Smith, Kyle/unat	11.83-0.4 611+1.3 1144 181 51.08 14.38-0.1 3168 300 4054 4:53.98	
6069	Neal, Caleb/Oklahoma Baptist	11.50-1.0 637+0.8 1258 178 55.25 14.93+1.1 3395 390 4495 5:51.04	
6042	Athanasopoulos, Nick/Cornell	11.71-0.5 675+2.5 1160 178 51.74 14.87+1.1 3582 390 4540 4:33.56	
5999	Williams, Devon/Heat TC	11.42-1.0 638+2.2 1233 178 51.63 14.79-0.1 3258 300 4164 5:36.09	
5958	Dunyvant, Anthony/Franklin, TN	11.97-1.0 606+1.5 1205 175 52.22 15.86+1.1 3084 380 3963 4:59.51	
	dnf Fellows, Alex/Oregon	[11.47-1.0 638-1.6 1147 181 52.88], Hoff, Eric/unat	[11.74-1.0 589-1.2 1241 181 51.76],
	Rhodes, Peter/Brown	[11.99-1.0 681+2.0 1180 190 56.64], Williamson, Powhattan/Montana St	[11.39-1.0 668+2.2 1228
	nh 52.06 15.51-0.3 3299 nh 3831], McCune, Alex/Akron	[11.57-0.5 633-0.4 1350 nh dnf dnf 3924 nh 4740] 26s,21f	

### 2011

#### 6/23-24 USA Junior Champs, Hayward Field, U of Oregon, Eugene, OR

8016	Lazas, Kevin/Arkansas	11.11+0.4 735+1.1 1524 199 50.95 14.80+0.3 4508 505 5938 4:50.52	
7748	Nixon, Gunnar/Edmond, OK	11.03+0.4 730+0.3 1309 214 49.35 14.39+0.3 4175 415 5181 4:43.68	
6887	Nielsen, Kevin/Rev Express	11.28+0.4 664+1.7 1170 202 50.11 14.91+0.3 3501 355 4377 4:33.87	
6802	Fellows, Alec/Edmond, WA	11.21+0.4 695+1.7 1113 193 50.39 14.94 0.0 3434 415 4005 4:55.46	
6560	Robson, Jamey/Akron	11.72+0.4 644+1.7 1248 178 52.70 16.83 0.0 3968 445 5132 4:57.38	
6455	Coles, Idare/Cal redshirt	11.36+0.4 631+1.7 1000 199 53.45 16.03 0.0 3315 415 4447 4:39.52	
6399	DiMambro, Michael/Essex Jct, VT	11.07+0.4 646+0.6 1219 178 51.64 15.50+0.3 3098 385 4356 5:05.22	
6399	Catera, Matt/SUNY-Albany	11.32+0.4 618+0.6 1147 169 50.50 14.96+0.3 3706 395 3742 4:50.94	
6398	Gilman, Tim/Missouri	11.74+0.6 594+1.2 1254 175 52.44 15.93 0.0 3153 425 5157 4:53.98	
6348	Houston, Sam/Fordham	11.65+0.4 622_0.9 1266 193 50.67 16.64 0.0 3662 345 3521 4:50.95	
6247	Fox, Dillon/Long Beach St	11.49+0.4 615+1.1 1125 169 52.33 16.67+0.3 3172 435 3744 4:44.52	
6122	Ijah, Solomon/Murrieta Valley, CA	11.52+0.4 613+1.6 1250 184 52.53 15.02 0.0 3002 325 3934 4:55.39	
6071	Basterrechea, Austin/C of Idaho	11.68+0.4 604+0.8 1150 178 50.92 16.31+0.3 2984 355 4093 4:38.38	

13s,13f. nb. Lazas score is highest ever by American Junior with international junior implements

## 2010

### 6/23-24 USA Junior Champs, Drake U, Des Moines, IA

7300	Wise, Neaman/South Florida	10.85-0.8	705-1.6	1274	196	51.96	14.50-1.9	4116	390	5150	4:48.67
7291	Lazas, Kevin/Kinder Sport, TN	11.34-1.4	691-3.0	1373	190	50.38	15.31-0.2	3640	450	5578	4:44.69
7137	Nixon, Gunnar/E'side SteppersTC	11.08+1.8	663-1.7	1190	208	50.18	14.63+2.1	3206	410	5123	4:48.01
7133	Bahner, Austin/Wichita St	10.98+1.8	710-1.5	1173	184	49.76	15.85+1.9	4263	400	4949	4:39.01
6844	Schmidt, Taylor /Concordia(OR)	11.39+1.8	651-1.7	1311	181	53.51	14.82-0.2	3725	450	5413	5:09.12
6515	Weinstock, Evan/Nev HS	11.00+1.8	614-1.4	1275	184	50.79	15.14+1.9	3394	350	4444	4:56.48
6454	Glasnow, Ted/Notre Dame	11.73+1.8	641-3.0	1258	199	53.01	16.28+1.9	4026	370	3847	4:48.42
6235	Lindaman, Benton/Iowa United	11.68-0.8	613-0.5	1354	172	53.65	15.36+2.1	3642	300	5454	4:56.66
6190	Mohl, Jeff/Montana St	11.36-0.8	610-2.9	1132	184	52.23	15.67+2.1	3352	400	4107	5:14.39
6189	Critser, Justin/Idaho St U	11.80-1.4	617-4.7	1076	193	51.97	15.87+2.1	3133	370	3859	4:39.76
6180	Keys, Dakotah/Sweet Home TRC	11.43-1.4	679-1.3	1276	190	dsq	14.70-0.2	3789	450	4627	5:14.41
6123	Franks, Nathanael/Barlow(OR) HS	11.39-1.4	627-2.0	1329	199	dsq	16.03-0.2	3510	380	5207	4:29.86
6116	Odegard, Dean/Notre Dame	11.88-0.8	577-2.1	1101	175	51.64	16.92+1.9	3525	430	3630	4:30.80
5730	Boese, Tobias/Wichita St	11.66-0.8	590-1.4	nm	169	51.50	15.54+2.1	3718	420	4342	4:52.10
5645	Walashek, Dylan/Arizona Puma	12.29-1.4	583-0.7	1258	184	56.77	16.41+1.9	3744	360	4147	5:30.80
5513	Rieske, Chandler/Utah Valley St U	11.85+1.8	559-3.2	1029	190	52.51	15.18+2.1	3463	nh	3955	4:54.49
dnf	Tibbs, Michael/USAFA	11.71-0.8	635-1.5	1312	184	53.75	15.39-0.2	4024	nh, inj,		withdrew 17s,16f.

## 2009

### 6/25-26 37<sup>th</sup> USA Junior Championships, Hayward Field, U of Oregon, Eugene, OR

7599	Beach, Curtis/Albuquerque Academy	11.10+2.3	699+1.3	1195	205	48.76	14.64+2.4	3785	459	3896	4:07.85
7114	Horn, Gray/Florida	11.26+2.3	724+1.3	1297	196	52.05	14.56+1.7	4238	399	4311	4:58.76
6854	Wise, Neaman/Lake Brantley HS, FL	10.92+1.1	700+2.0	1248	172	50.68	14.38+1.8	3771	359	4581	4:52.23
6790	Godfrey, Kevin/Lane CC	11.48+2.3	641+1.7	1123	187	52.13	15.30+1.8	3053	459	4998	4:32.80
6738	Schmidt, Taylor/Battleground, WA	11.52+2.3	622+0.9	1252	190	53.34	14.81+2.4	3489	429	5324	4:58.83
6708	York, Richard/St Clair, MO	11.48+1.1	624+1.3	1078	184	51.05	14.84+1.7	3013	399	5572	4:32.66
6671	Uzoh, Anya/Penn St	11.34+1.1	657+1.1	1177	190	50.51	15.17+1.4	2977	409	4658	4:52.13
6575	Perez, Trent/UCLA	11.60+1.1	645+2.4	877	184	50.20	16.33+1.4	3282	459	4510	4:27.72
6491	Masterson, Derek/UCSB	11.67+2.3	624+1.9	1344	178	54.53	16.14+1.8	4322	459	4748	5:24.23
6309	DeMirjian, Garrett/Moorpark College	11.60+1.1	625+1.1	1188	190	52.48	14.97+1.4	3219	349	3916	4:45.14
6196	Hickey, Justin/Wichita St	11.48+2.3	616+0.9	1093	166	51.15	16.52+1.7	3219	409	4100	4:33.71
	5114 Paquin, Ryan/Bishop Moore HS, Orlando	[11.57+1.1	593+2.2	1043	160	52.80	15.69+2.4	2838	nh	3818	5:06.63] 12s,12f.

## 2008

### 6/20-21 USA Junior Champs, Ohio State U, Columbus, OH [International Junior implements/Hurdles]

7202	Dalton, Chase/BYU	11.39-0.6	664-0.9	1394	191	51.27	15.44-1.8	4501	405	6031	5:00.95
7123	Leutz, Weston/NDSU	11.48-1.2	657+1.4	1236	194	50.31	14.62-3.9	4133	435	4456	4:42.82
7026	Beach, Curtis/AlbuquerqueTC	11.34-1.2	669+2.0	1191	203	48.61	15.27-3.9	2835	405	4026	4:12.84
6835	Fitzsimons, Tom/MSMary	11.44-0.6	676+1.0	1156	167	49.04	15.22-1.4	3618	425	4423	4:28.95
6767	Keys, Dakotah/OR HS	11.69-0.6	685+0.7	1207	185	52.73	16.16-1.4	3754	425	5701	4:54.72
6700	Gooris, Dan/AlbuquerqueTC	11.98-0.3	641+0.6	1320	185	51.21	16.32-3.9	3515	465	4309	4:36.33
6614	Staven, Asa/Montana St	11.61-0.6	673+1.2	1190	194	51.01	15.80-1.4	3533	435	4131	5:08.14
6513	McCarty, Michael/MiamiOH	11.57-1.2	683+1.9	1234	191	50.12	14.78-1.4	2923	335	3908	4:45.89
6509	York, Richard/T Missouri	11.91-1.2	641+1.8	1081	182	51.11	15.75-3.9	3192	385	5540	4:34.92
6411	Cisick, Josh/unat	11.98-1.2	633+2.1	1268	176	52.37	16.36-1.8	3517	445	4286	4:43.78
6363	Wise, Neamen/C Fla Glid	10.94-0.3	664+2.0	1183	176	51.72	15.25-1.8	3371	335	4034	4:55.72
6315	Horist, Mark/Mt SAC JC	11.91-0.6	657+2.3	1091	179	53.62	16.66-1.4	3986	405	4908	4:54.69
6297	Holcombe, Alex/Cornell	11.88-0.3	605-0.6	1387	179	54.15	16.50-3.9	4115	375	4426	4:47.36
	5898 Fulfer, Talor/unat, 5562 Calderwood, Jordan/BYU, dnf: Johnson, Hanif/unat, Salzman, Adam/Colo, Davies, Benjamin/Kinder Sport	[11.43-0.3	613+1.2	1451	nh	dnf	dnf	3901	nh	5887	dns], 18s,15f



# ATHLETE'S BIOS [arranged alphabetically]

## PHILLIP BAILEY

DOB:  
 POB:  
 Ht/wt: 6-0, 160  
 Hometown: Yucaipa, CA  
 High School: Yucaipa HS  
 College: Riverside City College '17



**2013:** 3<sup>rd</sup> at Cal Community College Champs with PR 6414 score. **2012**

### Career:

Indoor:			60m lj sp hj 60H pv 1000m										
Outdoor:			100m w lj w sp hj 400m 100H w disc pv jav 1500m										
3/14/13	5959	3	Orange Empire, Santa Ana	11.32	692	963	179	50.50	16.12	2653	344	4142	5:19.53
4/09/13	6020	3	Sn Cal CC, Cerritos	11.48	674	1039	177	50.50	16.33	2977	329	4455	5:08.12
5/18/13	6414	3	Cal CC, San Mateo	11.11+1.9	654	1067	188	50.44	15.88-1.1	2926	390	4599	5:03.38

**PRs:** 6414 **11.11+1.9 692 1067 188 50.44 15.88-1.1 2977 390 4599 5:03.38**  
**Indoor:**

## STEVE BASTIEN

DOB: March 4, 1994  
 POB:  
 Ht/wt:  
 Hometown: Saline, MI  
 High School: Saline, HS  
 College: Samford U. '16



**2013:** Southern Conference indoor champ. PR at Samford Multis in March.

**2012:** Named Mr Michigan T&F for 2012. 4.57m pv & 7.32m lj. **2010:** regional JO decathlon winner. **Personal:** Majoring in exercise science. Son of Gary and Kathy Bastien. Father was 1978 national USA Jr decathlon champ; 1980 Drake Relays winner; 3<sup>rd</sup> at 1983 Sr champs; Pr 7877/7847' 85 tables.

### Career:

Indoor:			60m lj sp hj 60H pv 1000m										
1/24/13	4312	5	UAB, Birmingham										nh 2:47.06
2/24/13	4916	1	Southern Con, Winston-Salem	7.08	698	1022	187	8.81	414	3:04.27			
Outdoor:			100m w lj w sp hj 400m 100H w disc pv jav 1500m										
3/16/13	6823	2	Samford Multis, Birmingham	10.85+2.1	734+3.8	1071	185	50.18	15.26+3.8	2911	420	4204	4:50.22

**PRs:** 6823 / 4916 **10.85+2.1 734+3.8 1071 188 50.18 15.26+3.8 3411 459 4324 4:50.22**  
**Indoor:** 60m: 7.08j 60mH 8:57; 1000m: 2:47.06

## VINCENT BIUNNO

DOB:  
POB:  
Ht/wt:  
Hometown: Montgomery, NY  
High School: Valley Central HS  
College: Franklin Pierce U '16



**2013:** Northeast 10 Conference champ (D-II). 6<sup>th</sup> at New Englands indoor heptathlon. **2012:** 2828 outdoor pentathlon.

### Career:

<b>Indoor:</b>			<i>60m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>60H</i>	<i>pv</i>	<i>1000m</i>				
1/19/13	4357	5	Harvard, Cambridge	7.36	592	864	196	8.90	270	2:46.36			
2/01/13	4505	2	Tufts Stampede, Medford	7.29	608	892	194	8.67	320	2:54.08			
2/23/13	4656	6	New Englands, Boston	7.36	632	882	193	8.68	340	2:46.80			
<b>Outdoor:</b>			<i>100m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>100H</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>	
4/14/13	5891	1	Tufts, Medford	11.54	638	931	190	50.11	15.47	2079	320	3746	4:50.91
5/04/13	6216	1	Northeast 10, Springfield	11.59	658	898	197	50.25	15.50	2346	350	4069	4:36.92
<b>PRs:</b>			<i>6216 / 4656</i>	<i>11.54 658 931 197 49.96 15.43 2346 350 4069 4:36.92</i>									
<b>Indoor:</b>			<i>60m: 7.29; 550H: 7.88; 60mH: 8.50; 1000m: 2:45.80</i>										

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## QUENTIN CIESLINSKI

DOB:  
POB:  
Ht/wt: 6-0, 170  
Hometown: Madison, OH  
High School: Madison HS  
College: Akron '16



**2013:** Redshirt outdoor season and won OWU decathlon. **High School:** Runner-up at 2012 New Balance Nationals. **Personal:** Parents are Michael and Anna Cieslinski. Major is Fire Protection Technology.

### Career:

<b>Indoor:</b>			<i>60m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>60H</i>	<i>pv</i>	<i>1000m</i>						
2/02/13	4823	10	Akron Invt, Akron	7.35	625	1012	194	8.69	425	2:55.49					
<b>Outdoor:</b>			<i>100m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>100H</i>	<i>w</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>
6/25/11	5586	2	New Balance, Greensboro	12.02		602		1093	192	55.85	15.34	2886	404	3556	5:10.30
7/10/11	5760	1	USATF Reg 5 JO, Geneva	12.04nwi		575nwi		1128	180	57.07	15.38nwi	3311	395	3712	5:03.02
7/27/11	5586	10	USATF JO, Wichita	11.97+1.6		581+1.4		1124	180	56.99	15.71+5.2	3014	425	3325	5:28.01
6/15/12	6077	2	New Balance, Greensboro	11.69+2.9		631+1.1		1290	192	56.04	15.51+2.0	3106	374	4002	5:12.75
5/14/13	6337	1	OWU, Delaware	11.77+1.2		622nwi		1149	192	54.95	15.22	3190	406	4714	4:54.29
<b>PRs:</b>			<i>6337</i>	<i>11.69 631 1149 197 54.95 15.22 3190 425 4714 4:54.29</i>											
<b>Indoor:</b>			<i>60m: 7.35; 60mH 8.50; 1000: 2:55.49.</i>												



# TIM DUCKWORTH

DOB:  
 POB:  
 Ht/wt:  
 Hometown: Scottsdale, AZ  
 High School: Arcadia HS '14  
 Club: Phoenix Bobcats



**2013:** Won Arizona State Prep Decathlon (6582). 4<sup>th</sup> AZ Meet of Champs PV (15-6). **2011:** 12<sup>th</sup> in Arizona State prep decathlon as freshman.

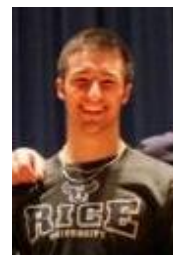
### Career:

<b>Indoor:</b>		<u>60m lj sp hj 60H pv 1000m</u>											
<b>Outdoor:</b>		<u>100m w lj w sp hj 400m 100H w disc pv jav 1500m</u>											
5/20/11	4651hs 12	Ariz State, Queen Creek	12.71	550		833	175	61.27	16.8h	2582	350	3691	5:31.43
5/18/13	6582hs 1	Ariz State, Queens Creek	11.27	653		1188	192	55.66	15.44	3712	450	4742	5:18.03
<b>PRs:</b>		<b>6582hs</b>	<b>11.27</b>	<b>668</b>		<b>1188</b>	<b>198</b>	<b>55.66</b>	<b>15.10</b>	<b>3712</b>	<b>472</b>	<b>4742</b>	<b>5:18.03</b>

*Indoor:*

# SCOTT FILIP

DOB: 1995  
 POB:  
 Ht/wt: 6-0, 175  
 Hometown: Roselle, IL  
 High School: Lake Park HS, IL '13  
 College: Rice U '17-bound  
 Club: Dupage TC



**2013:** **2012:** USATF JO runner-up with 6727 score.

### Career:

<b>Indoor:</b>		<u>60m lj sp hj 60H pv 1000m</u>											
<b>Outdoor:</b>		<u>100m w lj w sp hj 400m 100H w disc pv jav 1500m</u>											
7/27/11	6236 2	USA JO, Wichita	11.08+2.1	659	0.0	1250	195	52.20	15.42+2.7	3208	365	4172	5:48.72
7/24/12	6727 2	USATF JO, Baltimore	11.16-0.1	700-1.2	1362	195	51.27	15.87+0.8	3661	365	4621	5:16.14	
<b>PRs:</b>		<b>6727hs</b>	<b>10.90</b>	<b>722nwi</b>	<b>1362</b>	<b>206</b>	<b>51.27</b>	<b>14.63</b>		<b>3661</b>	<b>365</b>	<b>4621</b>	<b>5:16.14</b>

*Indoor: 55m: 6.54; 55m H 7.90.*

# DEON FOX

DOB:

POB:

Ht/wt:

Hometown: Muskegon, MI

High School: Western Michigan Christian HS '12

College: Cornerstone U '16



**2013:** 12<sup>th</sup> NAIA after runner-up at Gina Relays. **2012:** Michigan State IV 110m H runner-up.

## Career:

### Indoor:

				<i>60m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>60H</i>	<i>pv</i>	<i>1000m</i>
1/27/13	4302	3	Findlay Open, Findlay	7.65	590	919	183	8.86	400	3:07.96

### Outdoor:

				<i>100m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>100H</i>	<i>w</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>
4/26/13	6041	2	Gina R, Hillsdale	11.52w	645			897	182	54.23	15.33		3115	435	3701	5:11.18
5/24/13	6018	12	NAIA, Marion	11.79+0.7	630-1.4			974	185	54.85	15.27+2.2		3068	450	4163	5:28.55

**PRs:** 6041 11.79 645 974 190 54.23 15.27+2.2 3115 450 4163 5:11.18

**Indoor:** 60m: 7.59; 60mH: 8.70; 1000m: 3:07.96

# PAUL HALEY, Jr

DOB: August 4, 1994

POB:

Ht/wt: 6-2, 177

Hometown: Ellicot City, MD

High School: Mount Hebron HS '12

College: North Carolina '16



**2013:** 3<sup>rd</sup> at Atlantic Coast Conf champs. Redshirted indoor season. Haley. Enrolled in the general college.

**2012: Personal:** Son of Suzanne and Paul

## Career:

### Indoor:

				<i>60m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>60H</i>	<i>pv</i>	<i>1000m</i>
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### Outdoor:

				<i>100m</i>	<i>w</i>	<i>lj</i>	<i>w</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>100H</i>	<i>w</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>
4/19/13	6735	3	ACC, Raleigh	11.28+2.0	714+1.2	1162	190	49.72	14.87+5.0	3043	340	4767	4:50.69			
5/11/13	4784	8	Uva Challenge, Charlottesville	11.29	651			1149	176	51.28	dnf		2853	nh	3836	5:08.99

**PRs:** 6735 11.28 714 1185 190 49.72 14.87+5.0 3043 340 4767 4:50.69

**Indoor:**

## SIMON HAYES, Jr

DOB:  
POB:  
Ht/wt: 6-3, 175  
Hometown: Colorado Springs, CO  
High School: Pine Creek HS, '12  
College: Western State College '16  
Club: Landsharks Running Club



**2013:** Runner-up at Western State Invt. **High School.** 7<sup>th</sup>, Colo State hj '12. **Personal:**

### Career:

#### Indoor:

60m lj sp hj 60H pv 1000m

#### Outdoor:

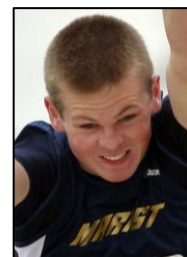
100m w lj w sp hj 400m 100H w disc pv jav 1500m  
4/19/13 6047 2 Western St, Gunnison 10.80w 708w 1064 190 54.93 15.92 3080 280 4136 5:18.51

---

**PRs:** 6047 **10.80w 708 1188 196 54.93 15.63 3080 280 4136 5:18.51**  
**Indoor:** 60mH: 8.46.

## LIAM HENSHAW

DOB: June 4, 1996  
POB:  
Ht/wt: 6-1, 172  
Hometown: Eugene, OR  
High School: Marist HS '14  
Club: Willamette Striders



**2013:** 3<sup>rd</sup> at Arcadia Prep with PR 6676 score. Oregon state pv & lj champ. **Personal**

### Career:

#### Indoor:

60m lj sp hj 60H pv 1000m

#### Outdoor:

100m w lj w sp hj 400m 100H w disc pv jav 1500m  
6/19/12 6128 1 Oregon JO, Salem 11.85 643 1121 183 54.49 16.42 3475 390 4538 4:56.83  
7/11/12 6244 Regional JO, Bend 11.67nwi 648nwi 1111 190 53.70 15.83nwi 3501 410 4199 5:13.78  
7/24/12 6038 3 USATF JO, (Im), Baltimore 11.70-0.2 593-0.7 1197 190 54.90 16.07+2.8 3674 360 3961 4:59.14  
4/05/13 6676 3 Arcadia Prep, Arcadia 11.63+1.3 656 0.0 1274 192 53.50 15.68-0.8 3814 453 4378 5:02.96

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**PRs:** 6676 **11.63+1.3 703 1274 196 53.50 14.94 3814 472 4538 4:56.83**  
**Indoor:**

## BEN HONEA

DOB: 1995  
 POB:  
 Ht/wt: 6-0, 170  
 Hometown: Tucson, AZ  
 High School: Marana HS, AZ '14



**2013:** 5<sup>th</sup> at Arcadia and 3<sup>rd</sup> at Arizona State decathlons. **2012:** 11 at USATF JO nationals. **Personal:** Father Marty was a 7226 ('83) decathlon performer at Pt Loma University.

### Career:

Indoor:			<i>60m lj sp hj 60H pv 1000m</i>										
Outdoor:			<i>100m w lj w sp hj 400m 100H w disc pv jav 1500m</i>										
3/23/12	5511	8	Spring Break, Marana	11.84	544	1152	163	54.09	17.65	3710	310	4640	4:57.01
5/20/12	5590	3	Ariz State, Queen Creek	11.79	613	1213	162	54.49	16.90	3818	270	4178	5:01.31
7/04/12	5741	1	RegionalJO, El Paso	12.04	654	1240	165	54.41	16.58	3690	265	5051	5:12.59
7/24/12	5722	11	USATF JO, Baltimore	11.92-0.1	636+1.3	1183	150	54.03	16.52+1.1	3662	335	4448	5:02.79
4/05/13	6291	5	Arcadia Prep, Arcadia	11.58+1.3	616+0.9	1253	172	52.97	16.64-0.8	4091	378	4761	4:53.56
5/18/13	5962	3	Ariz State, Queen Creek	11.41	630	1209	162	53.66	16.72	3715	335	4804	5:04.65
<b>PRs: 6291</b>				<b>11.41</b>	<b>654</b>	<b>1253</b>	<b>172</b>	<b>52.97</b>	<b>15.50</b>	<b>4100</b>	<b>378</b>	<b>5051</b>	<b>4:53.56</b>
<b>Indoor:</b>													

## KRIS HORN

DOB: April 25, 1994  
 POB:  
 Ht/wt: 6-1, 180  
 Hometown: Pembroke, MA  
 High School: Pembroke HS '12  
 College: U Connecticut '16



**2013:** Redshirt outdoors. 5<sup>th</sup> IC4A & Big East indoors. **2012:** Mass state 100m champ (10.82). New Balance outdoor prep decathlon winner. 5<sup>th</sup> indoors at national prep pentathlon. **Personal:** Engineering major.

### Career:

Indoor:			<i>60m lj sp hj 60H pv 1000m</i>										
3/10/12	3483	5	New Balance Prep, NYC	8.74	667	1306	184	3:05.56					
1/16/13	3316	11	Rhode Island, Kingston	7.28	638	1212	nh	9.22	375	dnf			
2/17/13	4965	5	Big East, Geneva	7.19	675	1147	196	8.94	405	3:00.11			
3/02/13	5122	5	IC4A, Boston	7.21	699	1169	202	8.73	415	2:56.04			
Outdoor:			<i>100m w lj w sp hj 400m 100H w disc pv jav 1500m</i>										
6/07/11	6299hs	1	South, Attleboro	11.27	635	1298	182	51.67	17.20	3020	1337tj	5106	4:58.79
6/15/12	6720hs	1	New Balance HS, Greensboro	10.91+4.0	671+1.9	1270	189	50.65	15.62+1.7	3854	344	4797	5:07.49
4/05/13	6735	4	UConn, Storrs	11.19+1.3	705+3.8	1220	210	50.88	17.26+0.2	3490	367	4864	5:02.24
<b>PRs: 6735 / 5122</b>				<b>10.82</b>	<b>705+3.8</b>	<b>1220</b>	<b>210</b>	<b>49.60</b>	<b>17.26+0.2</b>	<b>3490</b>	<b>415</b>	<b>5106</b>	<b>4:58.79</b>
<b>Indoor: 60m: 7.19; 60mH: 8.73; 1000m: 2:56.04.</b>													

## NATHAN JEFFERS

DOB:  
POB:  
Ht/wt:  
Hometown: Jacksonville, FL  
High School: The Boiles HS  
College: UNC-Charlotte '17 bound  
Club: Jacksonville AC



**2013:** Won Jacksonville qualifier with 6272 points.

### Career:

<b>Indoor:</b>		<i>60m lj sp hj 60H pv 1000m</i>																				
<b>Outdoor:</b>		<i>100m w lj w sp hj 400m 100H w disc pv jav 1500m</i>																				
7/12/10	????	National AAU Club, Orlando	12.94-0.5	479nwi	870	152	58.77															
7/31/11	4868	20 Nat AAU JO, New Orleans	12.44-0.2	582+1.0	972	170	56.65	17.02-2.1	2682	350	2664	5:20.37										
6/01/12	5188	1 AAU q, UNF, Jacksonville	12.16+1.1	624nwi	946	176	56.38	15.63+2.1	2488	387	2506	5:38.79										
7/29/12	5458	9 AAU JO, Humble																				
5/12/13	6272	1 JAC Qualifier, Jacksonville	11.5h+1.2	668+2.4	1134	176	53.9h	14.5h+2.8	3220	400	3680	4:48.1h										

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**PRs:** 6272      **11.5h+1.2 675      1188 188 53.9h 14.5h+2.8 3220 427 3680 4:58.1h**  
**Indoor:**

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## STEPHEN KELLER

DOB: March 4, 1994  
POB:  
Ht/wt:  
Hometown: Kouts, IN  
High School: Kouts HS  
College: Indiana '16



**2013: High School:** 4<sup>th</sup> in IN state hj. Sectional titles in 300m hurdles and pole vault. Outstanding athlete in both basketball and volleyball. **Personal:** Son of Daryle and Susan Keller. Exercise science/physical therapy major.

### Career:

<b>Indoor:</b>		<i>60m lj sp hj 60H pv 1000m</i>																				
<b>Outdoor:</b>		<i>100m w lj w sp hj 400m 100H w disc pv jav 1500m</i>																				
12/7/12	3355	4 Hoosier Open, Bloomington	9.37	617	940	203	2:48.25	pentathlon														
1/19/13	4824	4 Gladstein, Bloomington	7.44	635	1020	203	8.98	370	2:45.46													
2/23/13	5060	12 Big Ten, Geneva	7.42	666	1048	206	8.85	385	2:41.39													
7/31/11	5607	10 Nat AAU JO, New Orleans	12.33-0.4	602	0.0	982	200	53.35	17.44-1.3	2830	350	3044	4:39.02									
7/29/12	5317	14 Nat AAU JO, Humble	12.07	0.0	563nwi	1040	187	51.82	16.47-0.6	2679	nh	4132	4:37.14									
3/28/13	6300	19 Texas R, Austin	11.53+2.8	608+2.5	1015	202	51.82	16.23+1.3	2869	390	3930	4:31.86										
5/11/13	5831	14 Big Ten, Columbus	11.45+2.5	694+3.1	1083	nh	51.71	15.91+1.9	3060	420	3466	4:29.57										

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**PRs:** 6300      **11.45+2.5 694+3.1 1083 206 51.71 15.91+1.9 3060 420 4132 4:29.57**  
**Indoor:** 60m: 7.42; 60mH: 8.85; 1000m: 2:41.39

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## WOLF MAHLER

DOB: September 26, 1994  
POB:  
Ht/wt: 5-11, 170  
Hometown: Belton, TX  
High School: Belton HS, TX  
College: U Texas '17- bound



**2013:** : 4<sup>th</sup> at Texas state meet in both 400m and vault. Won 4 events at District HS meet.  
**2012:** National AAU JO champ with 7274 career best. **2011:** National AAU JO champ with 6930 career best. **High School.** 5884 as 14 year old. Coach Mike Morgan. **Personal:** Accomplished musician. Named 'Wolf' by father Michael.

### Career:

		<u>60m lj sp hj 60H pv 1000m</u>											
		<u>100m w lj w sp hj 400m 100H w disc pv jav 1500m</u>											
7/29/09	5884	1	AAU JO (IB), Greensboro	11.76+3.5	618nwi	1140	180	52.57	16.69-2.3	2854	395	3546	4:55.01
7/05/11	6616	1	Regional JO, Arlington	11.47+0.1	623nwi	1273	182	51.23	15.37-1.0	3793	410	4525	4:57.52
7/27/11	6930	1	AAU JO Nationals, Wichita	11.35-0.1	605+3.4	1228	180	50.00	15.23+1.9	3982	425	5039	4:33.97
7/29/12	7274	1	AAU JO National, Humble	11.13+0.3	613nwi	1409	177	49.76	15.30-1.1	4502	440	5228	4:32.02
6/07/13	7420	1	Great SW, Albuquerque	10.83+0.8	644+1.7	1344	177	48.36	14.47+0.2	4045	477	4726	4:41.35

**PRs:** 7420 10.83 +0.3 670 1409 188 47.65 14.05 4502 490 5228 4:32.02  
**Indoor:** 60m: 7.00.

## AARON MARTIN

DOB: May 22, 1994  
POB:  
Ht/wt: 5-9, 154  
Hometown: Carson, CA  
High School: Carson, CA  
College: Cerritos JC '14



**2013:** 6242 score. **High School:** Single year of T&F (league hj winner), 4 years of baseball. **Personal:** Son of Eric and Melissa Martin. Undecided major.

### Career:

		<u>60m lj sp hj 60H pv 1000m</u>											
		<u>100m w lj w sp hj 400m 100H w disc pv jav 1500m</u>											
2/22/13	5598	3	Mt Sac CE, Walnut	12.29	584	946	176	53.99	16.48	3469	355	4203	5:00.03
4/10/13	5919	6	S Cal CC, Norwalk	12.32	603	1028	180	54.40	16.17	3234	389	4834	4:51.55
5/18/13	5444	11	Cal CC, San Mateo	11.88+1.6	639nwi	937	176	52.53	15.85 nm	330	4932	4:52.39	
5/25/13	6242	3	Mt Sac Multis, Walnut	11.87	660	875	182	52.95	16.04	3622	380	4979	4:45.95

**PRs:** 6242 11.87 660 1028 182 52.53 15.82 3622 389 4979 4:45.95  
**Indoor:**

# PAYSON MAYDEW

DOB:  
 POB:  
 Ht/wt: 6-4, 180  
 Hometown: Pratt, KS  
 High School: Pratt HS  
 College: Emporia St '16



**2013:** 10<sup>th</sup> indoors and 6<sup>th</sup> outdoors (6809) at NCAA II championship meets. **High School:** Outstanding basketball career. 14.89 110m, state qualifier. **Personal:** 4.0 gpa freshman year.

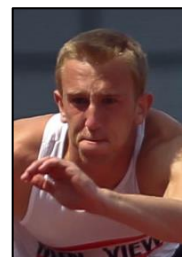
### Career:

Indoor:			<u>60m lj sp hj 60H pv 1000m</u>																	
12/7/12	3330	5	Robinson, Manhattan	8.76	590	1194	179	2:52.17												
2/02/13	4622	2	Mule R, Warrensburg	7.51	561	1253	183	8.71	360	2:47.14										
2/23/13	5108	4	MIAA, Warrensburg	7.40	618	1258	197	8.51	400	2:42.65										
3/01/13	5066	10	NCAA II, Birmingham	7.31	630	1244	187	8.51	400	2:42.66	(wins on 2 <sup>nd</sup> tie breaker)									
Outdoor:			<u>100m w lj w sp hj 400m 100H w disc pv jav 1500m</u>																	
4/12/13	6607	2	Emporia Multis, Emporia	11.48w	636	1243	187	51.30	15.75	3295	405	4489	4:39.72							
5/04/13	6616	3	MIAA, Fort Hays	11.34w	623	1260	186	51.63	15.53w	3538	390	4131	4:33.74							
5/10/13	6719	1	Okla Baptist, Shawnee	11.39w	634	1280	188	50.73	15.36w	3537	405	4064	4:38.46							
5/24/13	6809	6	NCAA II, Pueblo	11.43+1.9	615+1.2	1169	180	50.37	15.29+1.8	3823	430	4354	4:35.08							

**PRs:** 6809 11.43 636 1280 190 50.37 15.21 3823 430 4489 4:33.74  
**Indoor:** 60m: 7.31, 60mH: 8.51; 1000m: 2:42.65

# MITCH MODIN

DOB: 1995  
 POB:  
 Ht/wt: 6-3, 185  
 Hometown: Bend, OR  
 High School: Mountain View HS  
 College: Oregon '17 bound  
 Club: Central Oregon RC



**2013:** Won 2 Oregon state titles including 110m hurdles. **2012:** 3<sup>rd</sup> in YM USATF JO nationals with 6294 score.

### Career:

Indoor:			<u>60m lj sp hj 60H pv 1000m</u>																	
6/19/12	5332	4	Regional JO, Salem	11.51	459	1028	186	51.61	17.23	2370	300	4110	4:53.71							
7/07/12	6341	1	Regional JO, Bend	11.44	635	1263	195	52.28	16.99	3190	350	4616	4:43.96							
7/24/12	6294	3	USATF JO, Baltimore	11.44-0.1	633+0.3	1199	190	50.65	16.32+0.8	3285	320	4305	4:44.11							

**PRs:** 6341 10.95 689 1392 198 49.40 14.80 3574 350 5146 4:43.96  
**Indoor:**

# JOHN NICHOLAS

DOB:  
 POB:  
 Ht/wt:  
 Hometown: Towanda, KS  
 High School: Towanda Circle HS '12  
 College: Wichita St '16



**2013:** Redshirt freshman year. **High School:** Placed 5<sup>th</sup> in the 4A State Meet in the 110m Hurdles. Played baseball and football . 3.4 GPA. **Personal:** Son of Tom and Dana Nicholas

### Career:

Indoor:			<u>60m</u> <u>lj</u> <u>sp</u> <u>hj</u> <u>60H</u> <u>pv</u> <u>1000m</u>													
2/02/13	4189	11	Varsity Apts, Wichita	7.45	596	1097	169	8.85	355	3:14.74						
Outdoor:			<u>100m</u> <u>w</u> <u>lj</u> <u>w</u> <u>sp</u> <u>hj</u> <u>400m</u> <u>100H</u> <u>w</u> <u>disc</u> <u>pv</u> <u>jav</u> <u>1500m</u>													
3/20/13	5853	4	Rice, Houston [B Div]	11.88	0.0	631	0.0	1134	181	54.24	15.55	-1.2	3720	285	3924	5:03.93
4/11/13	6082	2	Cowley, Arkansas City	11.72	+0.9	628	nwi	1154	182	54.05	15.32	+1.7	3692	350	3768	4:59.69
<b>PRs:</b>				<b>6082</b>	<b>11.72+0.9 628</b>			<b>1154 182 54.05 15.32+1.7 3720 355 3924 4:59.69</b>								
<b>Indoor:</b>				<b>60m: 7.45; 60mH: 8.85; 1000m: 3:14.74</b>												

# GEORGE WAYDA

DOB: July 9, 1994  
 POB:  
 Ht/wt: 6-5, 185  
 Hometown: Pleasant Plains, IL  
 High School: Pleasant Plains HS '12  
 College: Illinois '16



**2013:**  
**High School:** 2011 World Youth Trials octathlon champion. 2010 Youth National decathlon champion. 2012 USATF Junior Olympics decathlon runner up.  
**Personal:** George James Wayda. Son of Brian Wayda and Yvonne Cosentino. Majoring in political science.

### Career:

Indoor:			<u>60m</u> <u>lj</u> <u>sp</u> <u>hj</u> <u>60H</u> <u>pv</u> <u>1000m</u>													
6/30/10	5247	1	USATF Youth IB, Lisle	12.58	-2.0	585	nwi	1188	180	56.70	17.67	+0.7	2647	370	4118	5:20.18
6/ /11	5532	2	USATF Youth, Myrtle Beach	11.87		588		1308	180	52.65	15.72		3968	380	4497	4:55.34
6/01/12	6321	1	Ill Prep Top Times, Joliet	11.91	+0.1	607	+1.9	1402	170	52.94	15.65	+0.4	3984	410	4568	4:57.92
7/24/12	6405	2	USATF JO, Baltimore													
<b>PRs:</b>				<b>6405</b>	<b>11.87 607</b>			<b>1402 181 52.65 14.58w 3984 410 4568 4:55.34</b>								
<b>Indoor:</b>																

# DEVON WILLIAMS

DOB: January 17, 1994  
POB:  
Ht/wt: 6-3, 177  
Hometown: Marietta, GA  
High School: Kell HS  
College: Georgia '16  
Club: The Heat TC



**2013:** 4<sup>th</sup> indoors and 6<sup>th</sup> outdoors at SEC meets. 3<sup>rd</sup> at Drake Relays. **High School:** Great South West winner and AAU Junior Olympics runner-up(YM). Won both hurdles at Georgia state meet. **Personal:** Son of Blane Williams and Terri Williams. Major in Business and Marketing.

## Career:

### Indoor:

1/26/13 5376 4 Razorback, Fayetteville  
2/23/13 5494 4 SEC, Fayetteville

60m lj sp hj 60H pv 1000m  
7.14 700 1179 189 8.04 431 2:51.22  
7.08 725 1198 189 8.06 430 2:47.98

### Outdoor:

6/02/12 6374 1 Great SW, Albuquerque  
6/17/12 5999 20 USA Jr, Bloomington  
7/29/12 6175 2 Nat AAU JO, Humble  
4/12/13 dnf - Bulldog, Athens  
4/25/13 6916 3 Drake R, Des Moines  
5/10/13 6765 6 SEC, Columbia

100m w lj w sp hj 400m 100H w disc pv jav 1500m  
11.42-1.0 638+2.2 1233 178 51.63 14.79-0.1 3258 300 4164 5:36.09  
11.49 0.0 649nwi 1315 177 52.56 14.68-1.1 3156 305 4508 5:14.65  
10.80+1.8 734-2.3 1221 187 49.65 dnf 3638  
11.16+0.2 680+0.9 1202 181 49.86 14.38+0.4 3263 400 4685 4:43.62  
10.88+1.6 684+0.5 1113 185 49.73 15.03+1.0 3535 395 4797 5:16.09

**PRs:** 6916

**10.88+1.6 684+0.5 1221 189 49.65 14.30 3535 445 4797 4:43.62**

**Indoor: 60m: 7.08; 60mH: 8.00; 1000m: 2:47.98**