

# DECATHLON HANDBOOK & MEDIA GUIDE



## 18<sup>th</sup> THORPE CUP USA vs GERMANY TEAM DECATHLON

US Olympic Training Center  
Chula Vista, CA  
August 13-14, 2011



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## ROSTERS

### U S A

<u>Name</u>	<u>club</u>	<u>age</u>	<u>hometown</u>	<u>Lifetime</u>	<u>2011</u>
Adcock, Nick	unat/ Missouri '10	24	Kansas City, MO	7704 (10)	7569
Clark, Mat	unat (Northern Iowa '09)	24	Ames, IA	7785(09)	7500
Detmer, Joe	unat (Wisconsin '07)	26	Lodi, WI	8009(10)	-----
Jellison, Mark	unat (U Connecticut '03)	31	Reading, MA	7781(10)	7576
Johnson, Matt	Sam Houston St '12		Port Neches, TX	7686(11)	7686
Kinsey, Dan	unat (U of Akron '10)	25	E Liverpool, OH	7563(09)	7105
Moss, Miller	Clemson U '11	23	Sumter, SC	7996(11)	7996

**Coaches:** Dan Lefever, University of Missouri; Matt Chisam, Harvard U

### GERMANY

<u>Name</u>	<u>club</u>	<u>age</u>	<u>hometown</u>	<u>Lifetime</u>	<u>2011</u>
Albert, Lars	LAC Elm	29	Elm	7933 (08)	7712
Fricke, Steffen	VfB Germania Halberstadt	23		7610 (10)	7610
Gilde, Maximilan	LG Hannover	21	Hannover	7717 (11)	7717
Hechler, Simon	Leichtathletik T- Saarland	22	Saarland	7903 (11)	7903
Margis, Thorsten	Hallesche LA-Freunde	22		7707 (11)	7707
Prey, Mattias	Ahrensburger TV S	23	Hamburg	7923 (11)	7923
Spinner, Patrick	LG Ortenau Nord	25		7818 (11)	7818
<b>Alternate</b>					
Heineke, Lars Niklas	LAV Bayer Uerdingen	25	Ierdingen	7580 (11)	7580

**Coaches:** Claus Marek, Rainer Pottel

### Meet Schedule:

**Introduction of teams at 11:45 am**

**Saturday- Aug 13, 2011**

**100 meters Noon**  
**Long Jump 1:00 pm**  
**Shot Put 2:45**  
**High Jump 4:15**  
**400 meters 6:30**

**Sunday- Aug 14, 2011**

**110m Hurdles Noon**  
**Discus 12:45 pm**  
**Pole Vault 2:30**  
**Javelin 4:45**  
**1500 meters 6:00**



### Outlook for 2011 Meeting

Team USA selected itself from the recent 92<sup>th</sup> USA national championships in Eugene. Spots were offered to athletes who placed 4<sup>th</sup> to 8<sup>th</sup>. Coaches added two discretionary selections. Team USA has five returnees from last year's lineup in Marburg and one rookie facing his first international.

Last year's winner, Joe Detmer, is a discretionary pick as is Northern Iowa grad Mat Clark. Team USA will be led by Miller Moss, the NCAA indoor heptathlon champion, who placed 3<sup>rd</sup> at both the NCAA and USA nationals. USA indoor champion Nick Adcock, the 2010 Big 12 winner from Missouri both have plenty of

international experience. Berkeley assistant coach Mark Jellison, Sam Houston State's Mark Johnson and Dan Kinsey, a former All-American from Akron who replaced Chris Randolph, round out Team USA which will be led by Dan Lefever and Matt Chisam, assistants at Missouri and Harvard respectively. Siphoned from the American roster was Ryan Harlan, the USA national runner-up, who received an invite to the IAAF world champs as the fourth American, since reigning world champion Trey Hardee received a bye to Daegu.

Harlan, Hardee, USA national champion Ashton Eaton and current Olympic champ Bryan Clay will all be on hand in Chula Vista to participate in individual events as a Korean tune-up.

Germany's Team Zehnkampf, will send its top three to the World Championships in Daegu. Their remaining team is youthful and talented, led by Jan Felix Knobel, the 2008 IAAF world junior champion and 23

**There is no way to forecast the outcome of this meet.**

There are five reasons why the visiting German team will be favored:

- youth (the German team, sans Albert, averages under 23 years of age-young legs);
- they have a timing advantage since it is now the height of the German CE season and late for the Americans who peaked 4-6 weeks ago.
- Team Zehnkampf will be hungry to repeat last year's upset in Marburg where they won by the narrowest of margins. They are on a streak.
- Team Zehnkampf returns virtually the entire 2010 winning lineup.
- they are coming off a high scoring qualifier in Ratingen which produced a plethora of PR scores.

There are five reasons why team USA will be favored:

- experience in the names of Detmer, Adcock and Moss, all of who have been on Thorpe Cups teams in the past
- Using career best scores Team USA, on paper, appears to have a slight edge.
- History: Team USA has won 13 of the 17 previous meetings including the last eight.
- American teams have performed well in hot/humid weather, and it has been HOT.
- Joe Detmer is rested--- if the meet is close and it comes down to the 1500m.

Nothing is ever taken for granted at the Thorpe Cup and it is always hotly contested. In 1999 the meet was decided by a miniscule, microscopic, tiny, infinitesimal, atomic... (you get the picture!) five points. One German coach described the margin as "a puff of wind." It was the closest team match anywhere in decathlon history. Last year Team Zehnkampf won by two puffs of wind, just 13 points out of a total score of over 77,000. The 2006 winning USA margin in Manhattan was a mere 57 points. Team USA has also lost by the biggest margin in series' history, 2614 points in 2001. USA teams have won 13 of the first 17 meets in the current series which dates to the 1993 "Shellacken in Aachen." The American team had a 7 meet win streak snapped in 2010 in Marburg.



## Thorpe Cup History

Now the world's most important nation vs. nation team decathlon, this meet has been variously called the VISA CUP Meet or the JEEP Challenge. And in 2007 officially took the name of **The Thorpe Cup** in honor of 1912 Olympic Decathlon Champion Jim Thorpe, Carlisle, PA



The concept of an annual team match was initially conceived by VISA-USA team coach Harry Marra and Team Zehnkampf coach Claus Marek in 1993. This is the 17<sup>th</sup> of a series of annual international team decathlons between the USA and Germany. In the current series, the first meeting was arranged in Aachen, Germany in 1993 where Stefan Schmid of Germany and the VISA USA team were victorious. The American team won 6 of the initial 7 team battles, One, the 1999 affair, also in Aachen was decided by a mere 5 points. Team USA got back on the winning side in 2002 with a major win in Walnut, CA ,led by Tom Pappas and repeated in 2003 in Bernhausen. The 2004 meet, scheduled for Kansas State U, was cancelled by the German federation in June, 2004.

Last year's champion, Tom Pappas, will not defend . His brave 8100+ score at the USA nationals (w/o any running training) will be missed in Marburg.

In 1996, with the meet in Edwardsville, IL, the USA squad set a world 5 man team record averaging 8121.4 points per man.

Only Kip Janvrin, Mike Maczey and Pappas have won the individual title more than once. See below.

In the years before the current series, USA and German decathlon teams met twice. Team USA won both, with Bruce Jenner getting a world leading score in 1974 in Tallinn, Estonia (tri meet: USA/USSR/ Germany). Team USA won again in 1983 in Baton Rouge, LA. So, counting the two earlier team meetings, the Americans hold a historical 15-4 national team advantage.

### History of Team Series:

<i>Year</i>	<i>Site</i>	<i>team scores</i>	<i>won/loss differential</i>
1993	Aachen, Germany	USA 39,353 GER 38,292	W + 1061
1994	San Luis Obispo, Ca	USA 37,997 GER 37,580	W + 471
1995	Ratingen, Germany	USA 39,725 GER 39,831	L – 106
1996	Edwardsville, IL	USA 40,607 GER 39,605	W + 1065
1997	Kreutzal, Germnay	USA 39,299 GER 39,141	W + 158
1998	Lubbock, Texas	USA 39,016 GER 38,667	W + 349
1999	Aachen, Germany	USA 38,980 GER 38,975	W + 5
2000	Uniondale, NY	USA 38,360 GER 38,832	L – 472
2001	Bernhausen, Germany	USA 36,991 GER 39,605	L – 2,614
2002	Walnut, CA	USA 39,908 GER 37,817	W +2,091
2003	Bernhausen, Germany	USA 37,447 GER 34,962	W +2,475
2004	Manhattan, KS	cancelled	
2005	Bernhausen, Germany	USA 38,548 GER 37,144	W +1,404
2006	Manhattan, KS	USA 37,792 GER 37,735	W + 57
2007	Bernhausen, Germany	USA 38,084 GER 36,976	W +1,108
2008	Manhattan, KS	USA 40,093 GER 38,496	W +1,597
2009	Marburg, Germany	USA 39,462 GER 35,927	W +3,535
2010	Marburg, Germany	USA 38,255 GER 38,268	L -13



**USA leads series 13-4.**

### History of Individual medal Winners:

	<i>Gold</i>	<i>Silver</i>	<i>Bronze</i>
1993	Schmid/GER 8061	Janvrin/USA 8052	Blockburger/USA 7888
1994	Long/USA 7996	Barker/USA 7871	Gunter/GER 7741
1995	Barker/USA 8175	Muller/GER 8122	Janvrin/USA 8044
1996	Janvrin/USA 8462	Kohnle/GER 8191	Maczey/GER 8154

1997	Sategna/USA 8107	Rodgers/USA 7986	Otte/GER 7983
1998	Rodgers/USA 8128	Janvrin/USA 8053	Smith/USA 8019
1999	Maczay/GER 8264	Moore/USA 8037	Janvrin/USA 8017
2000	Janvrin/USA 8029	Isekenmeier/GER7912	Schonbeck/GER 7827
2001	Maczey/GER 8139	Goedicke/GER 8036	Mewes/GER 7820
2002	Pappas/USA 8431	Smith/USA 7880	Moore/USA 7878
2003	Lemen/USA 7748	Geisler/USA 7617	Geophert/USA 7575
2005	Harlan/USA 7919	Behrenbruch/GER7842	Kilmartin/USA 7794
2006	Abele/GER 7834	Albert/GER 7824	Boyles/USA 7672
2007	Abdur-Rahim/USA 7760	Harlan/USA 7736	Detmer/USA 7616
2008	Müller/GER 8199	Arnold/USA 8191	Abdur-Rahim/USA 8175
2009	Pappas/USA 8569	Detmer/USA 7892	Knoebel/GER 7758
2010	Detmer/USA 8090	Helwick/USA 7799	Freimuth/GER 7789

### Individual Event Meet Records:

100m	10.44	Trafton Rodgers/USA	Lubbock (+3.3)	08/09/98
LJ	7.71m (25-3 ½)	Tom Gorz/GER	Ratingen	07/29/95
	windy 7.73m(25-4 ½)	Chad Smith/USA	Lubbock (+4.8)	08/09/98
SP	17.19m(56-4 ¾)	Norbert Demmel/GER	Ratingen	07/29/95
HJ	2.15m (7- ¾)	Tom Pappas/USA	Walnut	07/28/02
400m	47.08	Stefan Drewes/GER	Bernhausen	07/22/01
110mH	13.92	Darwin Vande Hoef/USA	Edwardsville(+2.9)	7/17/96
Disc	54.78m (179-9)	Norbert Demmel/GER	Ratingen	07/30/95
PV	5.30m (17-4½)	Mario Sategna/USA	Kreutzal	07/27/97
		David Lemen/USA	Bernhausen	08/03/03
Jav	69.98m (229-7)	Stefan Schmid/GER	Aachen	08/08/93
1500m	4:09.07	Kip Janvrin/USA	Aachen	08/08/99
1 <sup>st</sup> day	4472	Tom Pappas/USA	Marburg	08/08/09
2 <sup>nd</sup> day	4166	Kip Janvrin/USA	Aachen	08/08/93
	4183w	Kip Janvrin/USA	Edwardsville	07/18/96
Total	8569	Tom Pappas/USA	Marburg	08/08-09/09

### Team Score Record:

USA **40,607 pts** 07/17-18/96 a five man team **World Record**, averaging **8121.4** points per man. (Edwardsville, IL)  
 Kip Janvrin 8462 pts  
 Drew Fucci 8146  
 Darwin Vande Hoef 8123  
 Brad Swanson 8066  
 Chris Wilcox 7873

### Individual Appearances, by Nation:

#### USA

8 Kip Janvrin (93,95,96,97,98,99,00,02)  
 5 Stephen Moore (99,00,01,02,05)  
 Joe Detmer (07,08,09,10,11)  
 4 Ricky Barker (94,95,96,97)  
 Chris Boyles (05,06,07,08)  
 Joe Cebulski (01,02,06,08)

#### Germany

7 Jorge Goedicke(96,97,98,99,00,01,02)  
 6 Lars Albert (02,06,07,08,09,11)  
 5 Mike Maczey (95,96,97,99,01)  
 4 Dirk-Achim Pajonik (93,95,97,98)

**Olympians who have appeared in the Dual Meet:**

**USA**

Kip Janvrin 2000  
 Aric Long 1992  
 Chris Huffins 1996, 2000  
 Rob Muzzio 1992  
 Steve Fritz 1996  
 Tom Pappas 2000, 2004,2008  
 Bryan Clay 2004, 2008  
 Paul Terek 2004

**Germany**

Stefan Schmid 2000  
 Dirk-Achim Pajonik 1996  
 Frank Muller 1992  
 Mike Maczey 2000  
 Arthur Abele 2008  
 Andrei Nicklaus 2004

**Recent Results.....**

**2007 Results:**

**8/18-19 14<sup>th</sup> Thorpe Cup, USA vs Germany, Bernhausen, GER**



7760	Abdur-Rahim, Mustafa/USA	10.85-0.6	700+0.5	1419	188	48.51	14.41+0.5	4431	410	5430	4:27.88
7736	Harlan, Ryan/USA	11.24-0.6	688 0.0	1613	209	50.48	14.24+0.5	4354	490	5394	5:30.65
7616	Detmer, Joe/USA	11.17-0.6	703+0.8	1249	191	47.48	15.21+0.7	3802	450	5410	4:18.43
7555	Fricke, Steffen/GER	11.28-0.1	702-0.3	1410	203	48.94	15.35+0.8	4190	430	4829	4:31.72
7502	Randolph, Chris/USA	11.63-0.1	675 0.0	1331	206	49.68	15.64+0.8	4203	460	5663	4:38.24
7488	Spinner, Patrick/GER	11.20-0.6	745+1.3	1317	188	49.74	15.24+0.7	3636	420	6276	4:39.40
7470	Boyles, Chris/USA	11.33-0.1	673 0.0	1486	203	51.44	15.02+0.7	4501	470	5316	5:10.35
7438	Albert, Lars/GER	11.36-0.6	713+0.1	1535	188	53.54	15.06+0.8	4658	450	5984	5:09.04
7405	Olkowski, Ryan/USA	10.86-0.6	723+1.0	1300	206	49.59	15.04+0.8	3691	450	5251	5:19.76
7354	Helwick, Chris/USA	11.54-0.1	686 0.0	1397	182	50.54	15.31+0.8	4116	460	5866	4:43.27
7248	Buchele, Uwe/GER	11.45-0.1	679+1.7	1316	194	51.63	15.71+0.8	4067	430	5653	4:33.49
7247	Schwuchow, Johannes/GER	11.62-0.1	686+0.2	1302	197	50.57	15.12+0.8	3895	440	4858	4:32.52
7169	Cleve, Moritz/GER	11.35-0.1	641 0.0	1317	188	49.43	14.67+0.5	3631	450	4947	4:41.27
6777	Ade, Julian/GER	11.26-0.6	684+0.4	1459	188	52.61	17.39+0.7	4118	420	4681	5:01.73

**1<sup>st</sup>/2<sup>nd</sup> day scores:** Abdu 4029/3731, Harl 4132/3604, Detm 3937/3679, Fric 4046/3509, Rand 3854/3648, Spin 3940/3548, Boyl 3900/3570, Albe 3793/3645, Olko 4121/3284, Helw 3686/3668, Buch 3594/3554, Schw 3742/3505, Mori 3676/3493, Ade 3739/3036.

<b>Team Scores:</b>	1	2	3	4	5	6	7	8	9	10
USA	4206	8245	11,928	15,954	20,119	24,501	27,984	31,848	35,094	38,084
GER	3986	8090	11,755	15,423	19,260	23,393	26,719	30,345	33,600	36,976
Differential+/-	+222	+155	+173	+531	+859	+1,108	+1,265	+1,503	+1,494	+1,108

**2008 Results**

**7/2-3 USA vs Germany Thorpe Cup, KSU, Manhattan, KS**



8199	Müller, Norman/GER	11.06+0.6	757+2.8	1444	185	48.35	14.68+1.1	4313	515	6022	4:26.50
8191	Arnold, Jake/USA	11.03+0.6	722+1.8	1517	200	49.49	14.26+1.1	4571	495	5804	4:36.11
8175	Abdur-Rahim, Mustafa/USA	10.74+0.6	744+3.2	1401	188	47.77	14.15+1.1	4723	455	5476	4:23.33
8143	Helwick, Chris/USA	11.16+0.6	709+3.5	1368	203	49.94	15.06+1.1	4512	495	6672	4:24.51
7861	Detmer, Joe/USA	10.91+0.6	735+2.3	1190	191	47.34	14.54+2.7	3958	465	5344	4:19.96
7723	Boyles, Chris/USA	11.06+2.9	715+2.9	1411	203	52.29	14.88+2.7	4715	465	5816	5:00.06
7666	Albert, Lars/GER	10.96+2.9	728+2.3	1551	191	51.58	14.80+2.7	4466	485	5779	5:25.15
7581	Büker, Nils/GER	10.80+0.6	738+1.5	1399	200	51.07	15.30+1.1	3830	455	5723	5:00.46
7577	Peselmann, Nicolai/GER	11.04+2.9	705+1.6	1488	194	51.75	14.88+2.7	4100	455	6090	5:00.53
7473	Minah, Jacob/GER	10.79+0.6	743+5.2	1244	188	48.49	14.63+1.1	3893	445	5215	5:05.63

7127 Leyckes, Dennis/GER 10.98+2.9 3f 1444 197 49.54 14.94+1.1 4694 505 5934 4:56.98  
 6401 Cebulski, Joe/USA 11.42+2.9 670+2.1 1339 194 51.52 15.13+2.7 4460 nh 5510 5:20.72  
 6063 Fricke, Steffen/GER nm 2fs 742+3.9 1388 209 50.68 15.49+2.7 4233 425 4841 dnf  
 dnf Edmonds, Lysias/USA 10.73+2.9 705+2.6 1275 191 94.91 19.72+1.1 3781 inj, withdrew

**1<sup>st</sup>/2<sup>nd</sup> day scores:** Müll 4116/4075, Arno 4161/4030, Ab-Ra 4184/3991, Helw 4017/4126, Detm 4043/3818, Boyl 3975/3748, Albe 4038/3628, Büke 4108/3473, Pese 3945/3632, Mina 4041/3432, Leyc 3232/3895, Cebu 3698/2703, Fric 3307/2756, Edmo 3123

**Team Scores:** After 1 After 2 After 3 After 4 After 5 After 6 After 7 After 8 After 9 After 10

USA 4423 8783 12,299 16,173 20,380 24,888 28,718 32,891 36,447 40,093

Germany 4401 8865 12,584 16,225 20,248 24,584 28,030 32,148 35,662 38,496

USA differential +22 -82 -285 -52 +132 +304 +688 +743 +785 +1,597

**Weather:** Day 1- 105 degrees F, humid. Day 2- 114 degrees F, humid, winds from SSW to 3 mps.

## 2009 Results



### 8/8-9 16<sup>th</sup> Annual Thorpe Cup, USA vs Germany Team Match, Marburg, GER

8569 Pappas, Tom/USA 10.84+1.6 763+1.7 1682 207 49.49 14.19+0.3 5157 505 6170 5:00.77  
 7892 Detmer, Joe/USA 11.01+0.8 725+1.0 1200 198 47.91 14.90+0.6 3792 485 5380 4:12.67  
 7758 Knoebel, Jan-Felix/GER 11.35+1.6 708+1.5 1429 189 50.16 15.29+0.3 4259 485 6878 4:50.63  
 7729 Terek, Paul/USA 11.09+1.6 680+2.8 1362 195 49.90 15.66+0.6 4489 525 5367 4:41.53  
 7646 Adcock, Nick/USA 11.21+0.8 707+1.9 1294 192 49.03 14.45+0.3 3883 455 5935 4:39.15  
 7626 Edmonds, Lysias/USA 10.87+0.8 699+1.9 1245 201 48.37 14.51+0.3 3729 485 4697 4:43.55  
 7503 Marsh, Mike/USA 10.99+0.8 686+1.6 1293 195 50.94 14.78+0.6 4071 445 5692 4:41.13  
 7476 Hechler, Simon/GER 10.95+0.8 759+1.3 1217 192 50.21 14.91+0.3 3986 425 5573 4:51.51  
 7434 Randolph, Chris/USA 11.35+1.6 665+1.9 1290 192 48.94 15.10+0.6 3628 495 5456 4:39.27  
 7221 Tächl, Lukas/GER 11/56+1.6 680+2.4 1308 192 52.42 16.10+0.6 4158 465 5665 4:37.83  
 7089 Bender, Ralf/GER 11.43+1.6 674+1.4 1184 189 50.82 15.76+0.6 3362 515 4856 4:41.67  
 6383 Margis, Thorsten/GER 11.27+1.6 707+1.9 1307 189 50.25 16.30+0.6 4214 nh 5767 5:17.79  
 dnf Büker, Nils/GER 10.81+0.8 676+1.0 1246 withdrew

**1<sup>st</sup>/2<sup>nd</sup> day Scores:** Papp 4472/4097, Detm 4036/3858, Knoe 3875/3883, Tere 3890/3839, Adco 3899/3747, Edmo 4039/3587, Mars 3837/3666, Hech 3982/3594, Rand 3772/3662. Täch 3616/3605, Bend 3599/3490, Marg 3811/2572.

#### Team Scores:

Team USA 39,462 ave=7892+ [Papp 8569, Detm 7892, Tere 7729, Adco 7646, Edmo 7626]

Team Zehnkampf 35,927 ave=7185+ [Knoe 7758, Hech 7476, Täch 7221, Bend 7089, Marg 6383]

#### Scores by Event:

	after: 1	2	3	4	5	6	7	8	9	10
USA	4339	8585	12,060	16,041	20,338	24,848	28,288	32,707	36,030	39,462
Germany	4127	8254	11,586	14,982	18,833	22,839	26,054	29,373	32,876	35,927
Differential	+212	+331	+474	+1059	+1505	+2009	+2234	+3334	+3154	+3535

## 2010 Results



### 8/7-8 17<sup>th</sup> Thorpe Cup, Marburg, GER

8090 Detmer, Joe/USA 10.91+1.7 739+1.5 1208 200 47.24 14.92-1.8 3928 491 5688 4:13.26  
 7799 Helwick, Chris/USA 11.43-0.7 721+0.1 1258 200 50.85 15.40-1.8 4318 491 6347 4:30.17  
 7789 Freimuth, Rico/GER 10.89+1.7 741+0.3 1208 194 48.68 14.43-1.2 4587 451 4941 4:35.77  
 7784 Prey, Mattias/GER 11.27-0.7 745+0.4 1461 182 50.15 14.95-1.2 4818 412 6206 4:35.31  
 7624 Hechler, Simon/GER 10.89+1.7 707-3.1 1256 191 50.19 14.95-1.2 4058 451 5986 4:35.44  
 7606 Moss, Miller/USA 10.97+1.7 715+1.6 1303 194 47.52 14.79-1.2 3745 441 4828 4:32.17  
 7589 Spinner, Patrick/GER 11.21-0.7 752+0.7 1329 191 49.51 15.40-1.8 3930 411 6413 4:38.79  
 7482 Heinke, Lars N/GER 11.20-0.7 675-1.7 1257 185 49.33 15.22-1.8 4249 471 5823 4:36.64  
 7405 Büker, Niles/GER 10.91+1.7 743-2.0 1318 188 48.50 15.22-1.8 3952 411 5152 4:51.44  
 7390 Otto, Trinity/USA 10.89+1.7 717-1.0 1345 191 48.73 15.51-1.2 3800 451 4976 4:54.28  
 7370 Clark, Mat/USA 11.19+1.7 724-1.3 1274 191 50.07 16.28-1.8 4019 411 5823 4:26.78  
 7327 Adcock, Nick/USA 11.45-0.7 685+0.2 1317 197 48.81 15.13-1.2 3725 441 5148 4:41.08  
 7065 Margis, Thorsten/GER 11.19-0.7 701+0.8 1332 188 49.57 16.36-1.8 3712 411 5366 4:49.51  
 dnf Jellison, Mark/USA 12.51-0.7 555+1.6 1230 170 62.57 withdrew

#### Team Scores:

USA 38,255 (ave 7651.0) - 13

GER 38,268 (ave 7653.6)



## Decathlon Individual Event Records

### World Records (7000 point minimum)

100m	10.22	Chris Huffins/USA	Atlanta(OT/USA)(8546)+0.9)	06/22/96
LJ	8.22 (26-11.75)	Erki Nool/EST	Tallinn, EST (8362)(+3.0)	06/15/96
SP	19.17(62-10 3/4)	Edy Hubacher/Switzerland	Berne (7405h)	10/04/69
HJ	2.27 (7-5 1/2)	Rolf Bielschmidt/GDR	Jena (7245h)	09/30/77
		Christian Schenk/GDR	Seoul (OG) (8488)	09/28/88
400m	45.68	Bill Toomey/USA	Mexico City (OG) (8193)	10/18/68
110mH	13.47	Frank Busemann/GER	Atlanta (8706)	08/01/96
DT	55.87 (180-5)	Bryan Clay/USA	Carson (8506)	06/24/05
PV	5.76 (18-10½)	Tim Lobinger/GER	Leverkuesen (7346)	09/16/99
JT (old)	81.76 (268-3)	Lennart Hedmark/Sweden	Spala, Pol (EC) (7522)	06/25/78
(new)	79.80 (261-10)	Peter Blank/GER	Emmelhausen, GER(7425)	07/19/92
1500m	3:58.7	Robert Baker/USA	Austin, Texas (7583)	04/03/80
1st day	4738	Dan O'Brien/USA	Knoxville, TN (8707)	06/15/94
	4747 nwi	Dan O'Brien/USA	New York (TAC) (8844)	06/12/91
2nd day	4455	Dave Johnson/USA	New Orleans(OT) (8649)	06/27/92
Total	9026	Roman Sebrle/CZE	Gotzis, AUT 2001	



### American Records (7000 point minimum)

100m	10.22	Chris Huffins/Mizuno (+0.9)	Atlanta (OT/USA) (8546)	1996
LJ	8.08m (26-4 ¼)	Dan O'Brien/Talence (+0.81)	Talence, FRA (8891)	1992
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG	1966
HJ	2.21 (7-3)	Tom Pappas/adidas	Sydney, AUS (OG ) (8425)	2000
400m	45.68	Bill Toomey/SC Striders	Mexico City (OG) (8193)	1968
110mH	13.52	Ashton Eaton/OreTC(+1.6)	Eugene, (USA) (8729)	2011
DT	55.87 (183-3)	Bryan Clay/Nike	Carson (8506)	2005
PV	5.70 (18-8 ¼)	Tim Bright/Athletics West	Seoul (OG) (8216)	1988
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman (7756)	1984
(new)	74.58 (244-8)	Dave Johnson/ReebokRT	New Orleans (8649)	1992
1500m	3:58.7	Robert Baker/Hi Plains TC	Austin (TexR) (7583)	1980
1st day	4738	Dan O'Brien/Footlocker AC	Knoxville (8707)	1994
	4747 nwi	Dan O'Brien/Reebok RT	New York(TAC) (8844)	1991
2nd day	4455	Dave Johnson/ReebokRT	New Orleans (OT) (8649)	1992
Total	8891	Dan O'Brien/Reebok RT	Talence (8891)	1992



### American Collegiate Records

100m	10.34 (+2.6)	Mantas Silkauskas/Kansas St	Lubbock (Big 12)	2009
LJ	8.01m(26-3½)	Chris Huffins/California	Tucson, Arizona (VISA)	1993
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG (vs W Ger)	1966
HJ	2.22 (7-3¼)	Attila Zsivoczky/Kansas St	Tallinn, EST (EC)	1998
400m	46.28	Ashton Eaton/Oregon	NCAA, Eugene	2010
110mH	13.70	Jangy Addy/Tennessee	Auburn, AL (SEC)	2008
DT	53.84m(176-8)	Brian Brophy/Tenn	Talence, FRA	1992
PV	5.50m(18-0½)	Lawrence Johnson/Tenn	Dogwood & SEC Knoxville	1993
		Dominic Johnson/Arizona	Pac 10, Palo Alto	1998
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman, Wash. (PAC-10)	1984
(new)	75.50 (247-8)	Mikail Olander/LSU	Baton Rouge, La. (NCAA)	1988
1500m	3:59.13	Curtis Beach/Duke	Des Moines, (NCAA)	2011
1st day	4500	Ashton Eaton/Oregon	Eugene, (NCAA)	2010
2nd day	4145	Jake Arnold/Arizona	NCAA, Sacramento	2007
Total	8465	Trey Hardee/Texas	Austin (Tex R)	2006



### Germany National Records

100m	10.43	Hans-Ulrich Riecke/GDR 7910	Potsdam	07-21-85
	10.53 (+1.9)	Paul Meier/GER 8460	Götzis	05-30-93
LJ	8.07m(26-5¾)	Frank Buseman/GER 8706	Atlanta	07-31-96



SP	17.40m(57-1)	Joachim Kirst/GDR 8181	Scheilettien	05-30-68
	17.19m(56-4¾)	Norbert Demmel/GER 8011	Ratingen	07-29-95
HJ	2.27m(7-5¼)	Rolf Bielschmidt/GDR 7088	Jena	10-01-77
	2.27m(7-5¼)	Christian Schenk/GDR 8488	Seoul	09-28-88
	2.23m(7-3¾)	Christian Schenk/GER 8481	Götzis	06-17-90
400m	46.79	Andreas Rizzi/GER 8155	Lage	08-08-81
110mH	13.47 (+0.3)	Frank Buseman/GER 8706	Atlanta	08-01-96
Disc	54.78m(179-9)	Norbert Demmel/GER 8011	Ratingen	07-30-95
PV	5.76 (18-10½)	Tim Lobinger/GER 7346	Leverkusen	09-16-99
Jav	79.80m(261-10)	Peter Blank/GER 7425	Emmelshausen	07-19-92
1500m	4:00.51	Herbert Peter/GER 7127	Bernhausen	07-30-78
1 <sup>st</sup> day	4626	Paul Meier/GER	Götzis	05-29-93
2 <sup>nd</sup> day	4349	Uwe Freimuth/GDR	Potsdam	07-21-84
	4308	Siggi Wentz/GER	Bernhausen	06-05-83
Score	8832	Jürgen Hingsen/GER	Mannheim	06-08/09-84
	(10.70/+2.9 7.76m 16.42m 2.07m 48.05m 4581 14.07/+0.2 49.36, 4.90m 59.86m 4:19.75 4251			

Nb: GDR records also listed where better than GER records.

### Thorpe Cup Meet Records:

100m	10.44	Trafton Rodgers/USA	Lubbock (+3.3)	08/09/98
LJ	7.71m (25-3½)	Tom Gorz/GER	Ratingen	07/29/95
windy	7.73m(25-4½)	Chad Smith/USA	Lubbock (+4.8)	08/09/98
SP	17.19m(56-4 ¾)	Norbert Demmel/GER	Ratingen	07/29/95
HJ	2.15m (7- ¾)	Tom Pappas/USA	Walnut	07/28/02
400m	47.08	Stefan Drews/GER	Bernhausen	07/22/01
110mH	13.92	Darwin Vande Hoef/USA	Edwardsville(+2.9)	7/17/96
Disc	54.78m (179-9)	Norbert Demmel/GER	Ratingen	07/30/95
PV	5.30m (17-4 ½)	Mario Sategna/USA	Kreutzal	07/27/97
		David Lemen/USA	Bernhausen	08/03/03
Jav	69.98m (229-7)	Stefan Schmid/GER	Aachen	08/08/93
1500m	4:09.07	Kip Janvrin/USA	Aachen	08/08/99
1 <sup>st</sup> day	4418	Tom Pappas/USA	Walnut	07/27/02
2 <sup>nd</sup> day	4166	Kip Janvrin/USA	Aachen	08/08/93
	4183w	Kip Janvrin/USA	Edwardsville	07/18/96
Total	8569	Tom Pappas	Marburg	08/08-08/09



## 2010 Thorpe Cup – German Decathlon Delegation



### Head Coach: Claus Marek

Claus Marek (left) is in his 19<sup>th</sup> season as the German National Decathlon coach. At age 57(born 1954) he is the longest serving national decathlon coach in Germany's history, exceeding the careers of Friedel Schirmer and Wolfgang Bergman.

He is co-founder (with American coach Harry Marra) of the annual USA vs Germany dual match which was formerly known as the VISA Cup and Jeep Challenge. He is also co-founder of Team Zehnkampf, a national decathlon program for his nation. During his tenure as national coach (1993-2011) Germany has had 31 decathletes score over 8000 points 126 times. Marek was a 1976 Olympic team member who placed 10<sup>th</sup> in the Montreal Olympic decathlon (won by Bruce Jenner). PR 8010h, 1976.



### Assistant Coach: Rainer Pottel

1980 Olympian (then for GDR), Pottel was born in Berlin in 1953, (58 years old). Pottel had a ten year decathlon career (1972 thru 1981), was 3x East German national champions, recorded the world's top score in 1981 (8311) and posted nine 8000+ scores. PR 8334 on current tables. His career bests included: 10.80 778 1505 202 47.5 14.42 4234 510 6746 4:21.07.



## Lars Albert

DOB: February 9, 1982 (27)  
Ht/Wt: 1.96m/96kg  
Hometown: Elm  
Club: LAC Elm  
PR score: 7933



**Internet homepage:** www.lars-albert.de

### 2009 meets:

5/10/09 7903 4 MultiStars, Desanzano 11.29+0.9 717+1.8 1576 183 51.47 14.87+1.6 5104 495 5857 4:45.38  
7/09/09 7538 5 WUG, Belgrade 11.31-2.2 705-1.2 1553 186 52.03 15.09-0.7 4607 490 5488 5:06.03

### 2011 meet:

6/26/11 7712 Hannover 11.44 0.0 699-0.6 1559 188 51.79 15.14 0.0 4640 480 5941 4:41.17

### PR meet:

6/22/08 7933 8 IAAF CE, Ratingen 11.08+0.9 708 0.0 1525 190 50.67 14.84+0.8 4579 510 5847 4:45.44

**PRs:** 7933

**10.96+2.9 753+2.9 1644i 197 50.41 14.74+0.8 5000 510 6533 4:37.18**

Making 6<sup>th</sup> Thorpe Cup appearance. Competed in 34 career decathlons. Runner-up at European Junior Champs (2001), 2006 German National champion. Has 12 scores b/w 7800-7933. Was runner-up in 2006 in Manhattan with 7824 score. 4086 PR 1<sup>st</sup> day score. In 2009 was 4<sup>th</sup> at MultiStars with near PR (7903), then 5<sup>th</sup> at '09 World University Games in Belgrade.

## Steffen Fricke

3/25/83



**PR Meet: 7610 Ratingen, 2011**

[11.18+3.4 730+0.6 1354 203 49.22 14.99-0.7 3606 430 5694 4:33.77]

PRs: 11.18+3.4 730+0.6 1392 204 48.89 14.97+1.6 4293 430 5771 4:24.93

13<sup>th</sup> at '11 Ratingen (PR 7610), 24 '05 Euro Cup Super League

## Maximilian Gilde

1/5/90



Team: LG Hannover,21, Hannover

**PR meet: 7717 Bernhausen, 2011**

[11.20+0.5 750+1.0 1293 198 49.58 15.07-0.3 4136 440 5985 4:39.51

PRs: 11.16+0.3 750+1.0 1293 198 49.58 14.76 0.0 4136 440 6523 4:39.51

10<sup>th</sup> at Euro u23 champs ('11) with 7618.

## Simon Hechler

6/15/88



Team: Leichtathletik Team Saar

**PR Meet: 7903w Ratingen, 2011**

[10.68+3.4 777+3.2 1323 191 51.29 14.54-0.5 4518 460 5462 4:39.36]

PRs: 10.68+3.4 777+3.2 1323 191 49.50 14.54-0.5 4518 460 5986 4:34.15

Fifth at 2007 Euro Junior Champs, 7<sup>th</sup> at '11 Ratingen with 7903 PR

**Lars Niklas Heineke**

11/7/89



PR Meet: **7580 Ratingen 2011**

[10.87+3.8 721+2.7 1281 182 49.40 15.32-0.7 4240 480 5639 4:48.36]

PRs: 11.19+0.2 693-0.2 1281 185 49.33 15.22-1.8 4249 480 5823 4:36.64

8<sup>th</sup> last year in Marburg, 14<sup>th</sup> in Ratingen with PR 7580

**Thorsten Margis**

8/14/89



PR Meet: **7707 Ratingen, 2011**

[10.75+3.8 732+2.4 1475 188 49.51 16.12-0.7 4412 450 5706 4:41.70]

PRs: 10.75+3.8 732+2.4 1475 200 49.51 15.30+0.9 4412 450 6142 4:36.42

4<sup>th</sup>, 2008 IAAF World Junior champs, 11<sup>th</sup> '11 Ratingen with PR



**Mattias Prey**

8/9/88

Team: Hamburg



PR Meet: 7923w Ratingen 2011

11.10+3.8 752+2.8 1549 188 50.70 14.79-0.5 4778 450 5658 4:36.83

PRs: 11.03+1.8 765+0.1 1549 188 50.15 14.79-0.5 4818 450 6228 4:31.45

2007 European Junior champion (7908), 10<sup>th</sup> 2006 World Jr champs, 6<sup>th</sup> '11 Ratingen 7923w



**Patrick Spinner**

11/28/85

PR Meet: 7818 Bernhausen, 2011

[10.98+0.3 747+0.3 1437 192 49.69 15.32-0.1 3886 450 6393 4:35.96]

PRs: 10.98+0.3 753+0.7 1437 192 49.51 15.09+0.4 3994 450 6531 4:35.96

7<sup>th</sup> last year in Marburg



## **TEAM USA DELEGATION:**

### **Head Coach: Dan Lefever, U of Missouri**

Dan Lefever has completed nine years as a University of Missouri Tiger assistant coach and is responsible for Mizzou's jumpers and combined-event athletes. During his nine seasons, Lefever has played a paramount role in sustaining the success of the Tigers' combined events program and 2010 and 2011 were two of the best examples of his dedication to the combined events

Both Lars Rise and Nick Adcock earned All-America honors in both the 2010 indoor heptathlon and the outdoor decathlon. He also guided Adcock and Rise to a 1-2 finish on their home track at the 2010 Big 12 Outdoor Championships. He also led Adcock to an indoor heptathlon title at the 2010 Indoor Big 12 Championships as he helped him reset the meet and school record in the event. Rise finished on the podium for the Tigers at the Indoor Championships as well. Not only that, but Adcock and Rise were ranked in the national top three in both events all season long, proving that Lefever has indeed established himself as one of the nation's best coaches in the combined events.

In 2011 Adcock won the USA indoor national heptathlon crown, and Rise became the Big 12 outdoor decathlon champion, then place 4<sup>th</sup> at the NAAs with a PR 7942 score.

Not only did Lefever's athletes excel in the combined events, but he coached pole vaulter Brian Hancock to All-America status during both the indoor and outdoor seasons in 2009. Senior Steven Shimkus just missed being named All-Big 12 in the pole vault in 2010 as well.

He also guided Daniel Hunter to a third-place finish at the Big 12 Outdoor Championships as he finished with a personal-best leap of 2.15m (7-0 1/2), just one height shy of claiming the Big 12 title.

Lefever comes to Missouri from Boston College where he established the pole vault as a strong event in the Eagles' women's program in addition to coaching the horizontal jumps, with three of his athletes earning All-BIG EAST honors. While at Boston College, Dan earned his master's degree in Counseling Psychology. As an undergraduate, Lefever was an outstanding pole vaulter and team captain at Nebraska Wesleyan University. He was the 1999 NCAA Division III and NAIA runner-up in the pole vault, and finished his collegiate career having won five conference titles and placing second in the remaining conference meets. He was honored as the Nebraska Wesleyan University's Outstanding Male Athlete in 1999. Lefever is currently a resident of Columbia, Mo.



### **Assistant Coach: Matt Chisam, Harvard University**

Chisam has finished a fifth season with the Harvard Track and Field program in 2010-11. He works primarily with the sprinters and serves as the primary hurdles, pole vault and decathlon coach.

Chisam came to Harvard from the San Francisco Bay Area where for the last year he was training as a full-time decathlete and had served as an assistant coach with the Alhambra High School track and field team.

While a student-athlete at the University of California, Davis, Chisam won multiple California Collegiate Athletic Association conference championships in both the 110m high hurdles and the decathlon. In 2003, Chisam was the NCAA Division-II runner-up in the decathlon earning All-America status. Chisam resides on the top-10 lists at UC Davis in four events including on the top of the chart in the heptathlon. He won conference championships in both the hurdles and multis. After UC Davis began its transition to Division-I in 2004, Chisam, a team captain, won the high hurdles and scored a total of 34 points in UCD's inaugural entry at the Independent National Championships.

Other coaching experience includes two years running the Saint Francis High School Strength and Conditioning camp in Mt. View, Calif. and a years worth of experience as a coach at the New England Pole Vault Summer Camp. Chisam comes from a legacy of collegiate track coaches through parents Scott and Roberta who, as coaches, lead the UCLA women's track team to both 1982 and 1983 outdoor track and field championships. Chisam graduated from the University of California, Davis, with a B.S. in optical science and engineering



## TEAM USA Members:

### NICK ADCOCK

DOB: April 2, 1988  
POB: Kansas City, MO  
Ht/Wt: 6-2, 180  
Hometown: Kansas City, MO  
High School: Oak Park HS  
College: Missouri '10



**2011:** 8<sup>th</sup> at USA outdoor nationals. Placed 2<sup>nd</sup> at Iowa State hept indoors, then won national USA indoor heptathlon. **2010:** Place 5<sup>th</sup> at NCAAs and 6<sup>th</sup> at USAs. Big 12 champ with PR 7704 effort in the rain. Scored PR for 2<sup>nd</sup> at Mt Sac Relays in mid-April. 4<sup>th</sup> at NCAAs indoors. Won a pair of heptathlons including Iowa State affair (5758) and Big 12 (PR 5938). **2009:** Placed 7<sup>th</sup> at USA senior champs. A pair of vault no-heights marred early outdoor season. 5<sup>th</sup> at Thorpe Cup (vs Germany). Placed 4<sup>th</sup> at NCAA indoor heptathlon. Won initial heptathlon at Texas A&M new facility in January (5508), then was silver medalist at Big 12 affair (5747). **2008:** Opened outdoor campaign with PR 7329 win at Kansas Relays then was runner-up at Big 12 with PR 7657. Placed 4<sup>th</sup> at NCAA decathlon with 7612 score. 4<sup>th</sup> at NCAA indoor (5776) after winning Big 12 Heptathlon with 5795 score. **2007:** Was USA national junior champ after 8<sup>th</sup> at Big 12 champs with PR 7078 score after a 6<sup>th</sup> place at Walton Multis at home where he posted a 6694 total. Runner-up at Arizona's Click decathlon (6977). Indoors was 10<sup>th</sup> at Big 12 heptathlon with 5129. **High School:** a 6 time all-state performer with PRs 14.09 hurdles and 6-7 high jump. Coach: Mike Maus. **Personal:** Son of Gary and Sue Adcock. Business major.

#### Career:

##### Indoor:

2/10/07	4993	7	Iowa State	Ames	7.32 634 1131 204
2/24/07	5129	10	Big 12	Ames	7.24 654 1266 199 8.47 352 2:44.21
2/15/08	5644	3	Cyclone	Ames	6.72 695 1339 205 7.66 425 2:41.29 [55m,55H]
3/01/08	5795	1	Big 12	Lincoln	7.09 685 1378 212 8.12 455 2:45.91
3/15/08	5776	4	NCAA	Fayetteville	7.14 680 1382_208 8.10 445 2:39.56
1/31/08	5508	1	Texas A&M	College Station	7.18 681 1374 202 8.33 440 2:50.87
2/28/09	5747	2	Big 12	College Station	7.14 679 1315 206 8.12 465 2:41.26
3/14/09	5714	4	NCAA	College Station	7.17 688 1461 202 8.24 460 2:45.74
1/29/10	5758	1	ISU Bergan	Ames	7.19 697 1370 199 7.99 465 2:42.73
<b>2/27/10</b>	<b>5939</b>	<b>1</b>	<b>Big 12</b>	<b>Lincoln</b>	<b>7.12 709 1411 204 7.98 490 2:44.80</b>
3/13/10	5763	4	NCAA	Fayetteville	7.12 705 1419 190 7.94 470 2:44.23
2/11/11	5669	2	Iowa State	Ames	7.17 674 1358 204 8.14 480 2:51.09
3/06/11	5711	1	USA	Bloomington	7.17 692 1375 197 8.15 470 2:42.90

##### Outdoor:

3/23/07	6612	2	Click	Tucson	11.17+1.5 634 0.0 1275 189 49.38 14.98+0.7 2820 375 4518 4:56.55
4/13/07	6694	6	Walton	Columbia	11.23+3.0 627+1.3 1256 195 50.18 14.88 0.0 2760 345 5280 4:44.26
5/12/07	7078	8	Big 12	Lincoln	11.22+0.7 639+0.4 1305 201 48.88 14.99-0.7 2724 405 5638 4:42.05
6/21/07	7293*	1	USA Jr	Indianapolis	11.20+0.7 634+0.8 1395 202 49.36 14.43+2.0 3541 410 5526 4:49.77
7/07/07	7074*	2	Pan-Am Jr	Ibirapuera	11.37+0.2 628+0.9 1430 195 48.57 14.26 0.0 2676 390 5284 4:37.49
4/18/08	7329w	1	Kansas R	Lawrence	10.99+4.1 685+4.4 1313 193 49.25 14.44+2.7 3256 437 4834 4:36.17
5/17/08	7657	2	Big 12	Boulder	10.94+0.7 731+1.8 1323 201 48.03 14.36+0.7 3549 435 5626 4:49.85
6/12/08	7612	4	NCAA	Des Moines	11.18-1.0 687-2.0 1350 199 48.88 14.59-1.4 3742 460 5335 4:35.53
7/20/08	7364	2	NACAC u23	Toluca	11.10-1.4 714nwi 1329 212 49.41 14.63-0.1 3285 430 5529 5:21.49
4/16/09	dnf	-	Mt Sac R,	Azusa	11.10+3.9 693+2.9 1375 197 50.29 14.71-1.6 3176 nh withdrew
5/16/09	7059	8	Big 12	Lubbock	10.86+2.6 708+3.1 1402 201 48.21 14.22+1.0 3408 nh 5454 4:29.94
6/26/09	7588	7	USA Sr	Eugene	11.18+1.9 689+1.4 1392 187 49.46 14.16+3.3 3675 450 6022 4:40.81
8/09/09	7646	5	vsGermany	Marburg	11.21+0.8 707+1.9 1294 192 49.03 14.45+0.3 3883 455 5935 4:39.15
4/15/10	7672	2	Mt Sac R	Azusa	10.99+2.0 688+0.6 1408 193 48.55 14.19+2.5 3728 470 4920 4:34.80
<b>5/15/10</b>	<b>7704</b>	<b>1</b>	<b>Big 12</b>	<b>Columbia</b>	<b>11.10+1.6 691 0.0 1348 201 48.64 14.26-0.9 3902 470 5089 4:40.20</b>
6/11/10	7569	5	NCAA	Eugene	11.20+0.5 702-1.5 1315 193 49.01 14.36+1.6 3757 450 5407 4:36.30
6/26/10	7579	6	USA	Des Moines	11.13+3.3 688+1.7 1333 196 49.01 14.20+4.4 3776 460 5256 4:42.86

8/08/10	7327	12	Thorpe Cup	Marburg	11.45-0.7	685+0.2	1317	197	48.81	15.13-1.2	3725	441	5148	4:41.08
4/14/11	dnf	-	Mt Sac R	Azusa	11.32+1.2	689+3.8	1291	203	49.30	14.76+1.1	3f	430	4966	dnr
5/20/11	6788	2	Walton	Columbia	11.23+0.9	713+2.1	1318	197	49.22	14.39+1.5	3940	nh	5012	4:43.15
6/23-24	7569	8	USA	Eugene	11.40+0.2	702+0.9	1390	196	49.31	14.59+1.6	4203	435	5360	4:40.60

**PRs:** 7704 / 5939 10.86+2.6 731+1.8 1461 212 48.03 14.16+3.3 4203 490 6022 4:29.94

**Indoor:** 60m: 7.09; 60H: 7.94; 1000m: 2:39.56

Summary: 21 meets, 19 finishes, 3 wins, PR score: 7704. Top Ten Ave=7596.0

## MAT CLARK

DOB: May 31, 1987  
 POB:  
 Ht/Wt: 5-11. 171  
 Hometown: Ames, IA  
 High School: Ames HS, IA  
 College: Northern Iowa '09



**2011:** Captured Drake Relays crown with 7500 score. **2010:** Placed 10<sup>th</sup> at USA nationals. **2009:** 9<sup>th</sup> at NCAAs with 7608 effort. Captured Missouri Valley title with PR 7785 score (an identical score with that of the PR of coach Travis Geopfert). Drake Relays winner with 7663 score. A vault no-height at Missouri Valley Conf meet ruined indoor season. Opened outdoors with 7202 5<sup>th</sup> place at Texas Relays. **2008:** Placed 10<sup>th</sup> at NCAAs and 18<sup>th</sup> at Olympic Trials. Scored huge PR 7691 for 2<sup>nd</sup> at Drake Relays, then placed 2<sup>nd</sup> at Missouri Valley conference. 11<sup>th</sup> at NCAA indoors getting 3 consecutive PR scores. **2007:** Runner-up at Missouri Valley Conf. indoors and out. 4<sup>th</sup> at Drake Relays. **2006:** Runner-up at Missouri valley Conf. indoors and out. 2<sup>nd</sup> at USA Junior nationals but dnf'd IAAF World Jr champs in Beijing. **Personal:** Son of James and Karen Clark. Major in biology.

### Career:

#### Indoor:

1/28/06	4991	2	N Iowa Invt, Cedar Falls	7.30	685	1064	189	9.37	415	2:39.40
2/25/06	5173	2	Missouri Valley, Cedar Falls	7.30	693	1092	200	9.15	415	2:39.28
1/27/07	5237	2	Northern Iowa, Cedar Falls	7.24	703	1183	195	9.23	430	2:40.79
2/24/07	5184	2	Missouri Valley, Carbondale	7.36	676	1141	198	9.22	440	2:39.18
2/02/08	5560	2	UNI, Cedar Falls	7.15	717	1290	202	8.89	450	2:40.93
3/02/08	5608	2	Missouri Valley, Cedar Falls	7.11	717	1269	199	8.70	464	2:37.96
<b>3/15/08</b>	<b>5613</b>	<b>11</b>	<b>NCAA, Fayetteville</b>	<b>7.14</b>	<b>721</b>	<b>1297</b>	<b>193</b>	<b>8.72</b>	<b>455</b>	<b>2:35.26</b>
1/31/09	5488	1	UNI Invt, Cedar Falls	7.14	716	1262	194	8.89	460	2:42.09
3/01/09	4798	6	Missouri Valley, Cedar Falls	7.12	729	1223	197	8.61	nh	2:42.58

#### Outdoor:

3/17/06	6005	3	Spring Break, San Angelo							
4/14/06	6733	4	Emporia St U, Emporia							
5/13/06	6891	2	Missouri Valley, Wichita	11.31+0.8	657-0.4	1135	186	51.00	16.32+2.1	3451 425 5298 4:22.06
6/22/06	7243*	2	USA Jr, Indianapolis	11.08+1.7	680+1.1	1190	195	50.73	15.27+1.8	3579 440 5163 4:28.71
8/17/06	dnf *	-	IAAF Jr WC, Beijing	11.19+1.3	691-0.5	1177				
4/05/07	6989	6	Texar R, Austin	11.11+3.8	677+4.9	1167	190	50.38	16.73+1.8	3421 430 4849 4:17.76
4/26/07	6838	4	Drake R, Des Moines	11.20+2.4	667+3.3	1140	193	50.72	16.51+2.3	3270 400 5070 4:20.55
5/12/07	7072	2	Missouri V, Des Moines	11.08+2.8	702+2.0	1128	188	49.85	17.17-3.6	3281 425 5693 4:18.31
4/18/08	dnf	-	McDonnell, Fayetteville	11.11+0.7	704+1.4	1244	187	49.91	15.82+1.2	3f nh withdrew
4/24/08	7691	4	Drake R, Des Moines	10.8h+2.5	713+0.4	1247	202	49.60	15.4h+2.8	3904 430 5971 4:14.38
5/17/08	7420	2	Missouri V, Carbondale	10.75+0.7	725+2.9	1246	198	48.77	15.58+1.2	3775 435 4577 4:37.57
6/12/08	7430	10	NCAA, Des Moines	11.13-1.1	696-1.0	1237	202	49.51	15.73-1.4	3711 440 4914 4:17.31
6/30/08	7279	17	USOT/USA, Eugene	11.21+0.1	683-0.6	1252	193	48.71	15.62+1.7	3399 440 4561 4:12.60
4/02/09	7202	5	Texas R, Austin	11.04+1.8	716+1.0	1207	193	50.20	16.18+4.1	3406 425 5154 4:23.89
4/23/09	7663	1	Drake R, Des Moines	11.15-0.2	717+0.5	1221	202	49.03	15.76+0.3	3659 460 5759 4:16.89
<b>5/16/09</b>	<b>7785</b>	<b>1</b>	<b>Missouri V, Terre Haute</b>	<b>11.03+2.2</b>	<b>717+2.0</b>	<b>1255</b>	<b>204</b>	<b>49.11</b>	<b>15.87-0.1</b>	<b>4064 495 5519 4:28.47</b>
6/11/09	7608w9		NCAA, Fayetteville	10.80+4.1	731+3.4	1217	196	49.35	16.14+1.3	3897 440 5486 4:16.96
6/26/09	5669	13	USA, Eugene	11.08+3.6	699+1.7	1247	190	50.76	18.41+1.6	3897 nh nm 4:28.26
4/23/10	dnf	-	Drake R, Des Moines	10.95+2.5	686+1.1	1240	193	49.54	16.09+1.3	3794 nh withdrew

6/26/10	7355	10	USA, Des Moines	11.04+3.3	721+5.0	1270	199	49.20	16.16+3.0	4300	410	5374	4:50.75
4/28/11	7500	1	Drake R, Des Moines	11.14-0.5	688+1.1	1277	198	50.42	16.21+2.8	3870	455	6119	4:25.58
5/20/11	7268	1	Walton, Columbia	11.19+0.9	687+2.2	1259	194	50.84	16.32+1.5	4199	455	5442	4:42.02

**PRs:** 7785 / 5613 10.75+0.7 731+3.4 1297 204 48.71 15.58+1.2 4300 495 6119 4:12.60

**Indoors:** 60m 7.11; 60mH 8.61 1000m 2:35.26

**Summary:** 22 meets, 19 finishes, 3 wins, PR score: 7785; Top Ten Ave: 7499.5 \*- Junior implements

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## JOE DETMER

DOB: September 3, 1983  
 POB:  
 Ht/wt: 5-11, 160  
 Hometown: Lodi, WI  
 High School  
 College: Wisconsin '07



**2011:** Dnf'd NACAC in Jamaica. **2010:** Won Thorpe Cup in Marburg, Germany with PR 8090 after 3<sup>rd</sup> at USA champs (8009). Then set world double decathlon record in Lynchburg getting a 7731 imbedded dec score in process. **2009:** Runner-up at Thorpe Cup in Germany. 3<sup>rd</sup> at USA indoor heptathlon then opened season with 7760 win at Wake's Deacon meet. **2008:** Drake Relays victory and 4<sup>th</sup> at MultiStars in Desanzano, Italy to open outdoor season, after 4<sup>th</sup> place at USA indoor heptathlon. Placed 11<sup>th</sup> at US Olympic Trials and 5<sup>th</sup> vs Germany. **2007:** Joe's 4:04.11 CR at NCAAs gave him a runner-up and PR score of 7963. Won Big Ten outdoor title (7276). 3<sup>rd</sup> at USA vs Germany Thorpe Cup in Bernhausen. PR'd (5651) at Wisconsin Elite and set American hept 100m record to boot. Won Big 10 indoor title then recorded 3 PRs including WR 1000m (2:29.42) to place 5<sup>th</sup> at NCAA indoor. Opened outdoor season with 7296 win at Auburn. **2006:** Placed surprising 4<sup>th</sup> at NCAAs with dramatic 4:11.71 1500m., and PR'd in long jump, 400 (meet record 47.28), and javelin. Was runner-up at Big Ten Champs. **2005:** finished third in the 600 meters at the Big Ten indoor meet in 1:18.35. Earned All-America honors as a member of the third-place DMR at the NCAA indoor meet in 9:34.80. Did not compete the remainder of the outdoor season due to medical hardship. **2004:** Finished 14th in the decathlon at the NCAA outdoor championships with 7,290 points. Won the Big Ten indoor title at 600 meters in a personal best of 1:17.55. **2003:** Finished second in the Big Ten Indoor 600 meters in 1:19.16 **High School:** Finished second in the 400 meters at the state Division 2 championships as a senior. **Notable:** 2004 and 2005 All-American as a member of the distance medley relay. **Personal:** parents are Maureen and Kenneth Detmer. Majored in computer engineering.

### Career:

#### Indoor:

1/31/04	5299	5	UNI Invitational, Cedar Falls	7.16	698	1122	195	8.96	410	2:33.50
1/15/05	5119	1	Badger Classic, Madison	7.30	661	1133	188	8.83	450	2:45.73
1/29/05	dnf	-	Health Alliance, Champaign							
1/13/06	3760	1	Badger Classic, Madison	7.14	686	1242	189	8.61	nh	dnf
1/27/07	5651	3	Wisconsin Elite, Madison	7.14	705	1197	192	8.44	465	2:30.86 AR
2/25/07	5360	1	Big 10, Bloomington	7.16	689	1204	191	8.68	470	2:48.87
3/10/07	5761	5	NCAA I, Fayetteville	7.16	697	1206	204	8.61	480	2:29.42 WR
1/26/08	dnf	-	Wisconsin Elite, Madison	7.21	652	1318	182	8.44	440	dnr
3/09/08	5603	4	USA, Chapel Hill	7.08	694	1270	183	8.34	460	2:32.35
3/08/09	5505	3	USA, Chapel Hill	7.18	686	1279	188	8.46	435	2:31.54

#### Outdoor:

3/18/05	6910	3	Spring Break, Northridge	10.94+4.0	662+0.5	1069	189	48.41	16.21nwi	2738	410	5073	4:18.24		
5/15/04	7292	4	Big Ten, E Lafayette	10.89	nwi	704+2.8	1138	193	47.84	16.12+2.3	3404	425	4908	4:17.09	
6/12/04	7290	14	NCAA I, Austin	10.84+2.7	678+3.8	1158	191	47.34	15.35+3.1	3395	390	4940	4:12.40		
3/25/05	6827	6	Wildcat, Tucson	11.14	0.0	688	0.0	1073	185	48.02	15.78	2930	380	4604	4:21.27
3/18/06	7036	1	Hurricane Invt, Miami	11.29-1.9	621+3.4	1152	180	48.17	15.49-0.1	3348	455	4760	4:14.44		
4/02/06	7319	2	Liberty Invt, Lynchburg	11.04+2.8	688+1.9	1158	178	48.23	15.62+3.4	3595	460	4909	4:11.76		
5/13/06	7195	2	Big 10, E Lansing	11.07+1.8	696+0.6	1164	177	48.11	???.? ? ?	465			4:33.83		
6/08/06	7536	4	NCAA I, Sacramento	11.24-1.3	706+2.4	1219	192	47.28	15.53-1.3	3390	460	5203	4:11.71		



6/24/06	6453	7	USA, Indy	11.15-0.4	660-0.2	1176	181	47.03	15.27-0.9	3343	nh	5278	4:30.46
4/07/07	7296	1	Tiger Classic, Auburn, AL	11.08+4.3	678+0.4	1143	190	48.03	15.22+2.0	3371	455	4826	4:21.95
5/12/07	7278	1	Big Ten, U. Park	11.12+0.3	691-0.8	1207	198	47.69	15.85+1.1	3719	425	4876	4:34.37
6/07/07	7963	2	NCAA I, Sacramento	10.97+1.2	724+2.2	1176	193	47.77	14.62+2.2	4043	480	5292	<b>4:04.11</b>
6/23/07	dnf	-	USATF, Indianapolis	11.29-2.0	676+2.5	1193	nh	47.09	15.21+1.4	3560			withdrew
8/19/07	7616	3	vs GER, Bernhausen	11.17-0.6	703+0.8	1249	191	47.48	15.21+0.7	3802	450	5410	4:18.43
4/24/08	7712	1	Drake R, Wisconsin	10.7h+2.5	709-0.4	1197	194	48.59	14.3h+2.8	3680	480	5410	4:14.13
5/11/08	7615	4	MultiStars, Desanzano	11.11+0.2	684+0.2	1261	192	48.61	15.15+0.3	3591	465	5189	4:05.31
6/30/08	7653	11	USOT/USA, Eugene	11.09+0.1	677-0.6	1275	190	48.12	15.08+0.8	3545	460	5631	4:07.63
7/03/08	7861	5	vs GER, Manhattan	10.91+0.6	735+2.3	1190	191	47.34	14.54+2.7	3958	465	5344	4:19.96
5/13/09	7760	1	Deacon, Winston-Salem	10.97+1.3	706+0.3	1240	189	47.50	14.69+3.5	3817	452	5349	4:10.66
6/26/09	6809	12	USA Sr, Eugene	10.94+1.9	723+2.1	1227	196	47.96	15.13+0.9	3288	nh	5136	4:21.48
8/09/09	7892	2	vs GER, Marburg	11.01+0.8	725+1.0	1200	198	47.91	14.90+0.6	3792	485	5380	4:12.67
5/12/10	6612	4	Deacon, Winston-Salem	11.12	684	1141	195	48.84	14.83+2.7	3574	432	5395	dnf
6/26/10	8009w3		USA, Des Moines	10.80+3.3	733+1.1	1237	199	47.78	14.88+4.4	3841	470	5394	4:06.63
<b>8/08/10</b>	<b>8090</b>	<b>1</b>	<b>Thorpe Cup, Marburg</b>	<b>10.91+1.7</b>	<b>739+1.5</b>	<b>1208</b>	<b>200</b>	<b>47.24</b>	<b>14.92-1.8</b>	<b>3828</b>	<b>491</b>	<b>5688</b>	<b>4:13.26</b>
9/25/10	7741	1	Double Dec, Lynchburg	10.93+2.5	730+1.3	1227	198	50.43	15.01+1.5	4073	485	5195	4:26.66
6/28/11	dnf	-	NACAC, Kingston	dnf	withdrew								

**PRs:** 8090 / 5761

**10.80+3.3 739+1.5 1318 204 47.03 14.3h+2.8 4073 491 5688 4:04.11**

**Indoor:** 60m: 7.08; 60H: 8.34; 1000m: 2:29.42.

**Career Summary:** 26 meets; 24 finishes, 7 wins, PR score: 8090, Top Ten Ave: 7829.7, 2<sup>nd</sup> Ten ave: 7349.3

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## MARK JELLISON

DOB: April 25, 1980  
 POB:  
 Ht/Wt: 6-2, 185  
 Hometown: Reading, MA  
 High School:  
 College: Connecticut '03  
 Club: Golden Bear TC



**2011:** Placed 6<sup>th</sup> at USA outdoor champs afyer runner-up at Claremont Classic. **2020:** 7<sup>th</sup> at USA nationals after PR effort at Claremont Classic (7781). Runner-up at U Wash indoor heptathlon with PR 5599. **College:** '03 Connecticut grad where he was '01 Big East indoor winner and '03 Sea Ray Relays winner.

### Career:

<b>Indoor:</b>		<u>60m lj sp hj 60mH pv 1000m</u>												
2/17/01	3830	1	Big East, Syracuse	8.12	681	1162	197	2:51.54						
3/02/01	3971	2	IC4A, Boston	8.10	725	1153	194	2:45.54						
1/11/02	3977	1	Yale Invt, New Haven	7.56	712	1281	200	2:51.02 (55mH)						
2/10/02	3812	2	Big East											
3/02/02	5527	7	USATF, Chapel Hill	7.26	705	1233	195	8.28	463	2:45.52				
1/24/03	4200	1	UConn, Stors	7.92	743	1250	207	2:50.2						
3/09/03	5551	6	USATF, Chapel Hill	7.23	724	1196	200	8.11	450	2:50.81				
1/06/06	dnf	-	UConn Invt, Stors	7.0h	704	1329	198	withdrew						
2/02/08	5532	2	Heritage, Boise	7.25	700	1351	197	8.29	475	2:56.01				
<b>1/30/10</b>	<b>5599</b>	<b>2</b>	<b>U of Washington, Seattle</b>	<b>7.23</b>	<b>723</b>	<b>1417</b>	<b>201</b>	<b>8.35</b>	<b>445</b>	<b>2:53.04</b>				
<b>Outdoor:</b>		<u>100m w lj w sp hj 400m 110H w disc pv jav 1500m</u>												
4/11/02	6705	7	Sea Ray R, Knoxville	11.17+2.7	741+0.8	1261	203	51.63	14.60-0.5	nm	410	4863	4:46.17	
5/04/02	6437	4	Big East, Stors	11.29+2.3	711+1.5	1125	198	54.56						
4/11/03	7198	1	Sea Ray R, Knoxville	11.36	709	1187	192	52.05	14.70		3575	476	4656	4:38.79
5/03/03	7225	2	Big East, Stors	11.27+1.5	712	1255	201	51.98	14.69+2.1	3719	470	4885	5:07.51	
4/22/05	7302	1	UConn Invt, Stors	10.8h	765	1245	207	53.2h	14.6h		3575	430	4835	4:54.2h
6/04/06	dnf	-	Texas GA, Dallas	11.48+1.3	675	0.0	1225	184	dnf	dnf	3891	nh	4878	
3/29/07	6971	3	Cal Multis, Berkeley	11.58+1.4	708+3.6	1258	197	53.78	15.05-0.7	3635	440	4759	4:50.20	



**2011:** Placed 5<sup>th</sup> at USA indoor nationals. Won Ohio Wesleyan pentathlon with PR 3902 score. **2010:** Had 3931 2<sup>nd</sup> day, with 3 PRs, at NCAAs to move from 22<sup>nd</sup> to ultimately 6<sup>th</sup>. 11<sup>th</sup> at USA outdoor nationals. Won MAC title with big 2<sup>nd</sup> day. **2009:** Placed 10<sup>th</sup> at NCAAs with 7563 PR effort. Won Mid-American indoor heptathlon (5490) and outdoor decathlon (7445) crowns. Runner-up at Texas Relays decathlon with then PR 7385. **2007:** played one year of football at Indiana U. **High School:** 2005 Nike indoor pentathlon champion. Set state records for the decathlon (7,248), pentathlon (3,736), javelin (201-10) and discus record (168-0). **Personal:**

**Indoor:**

2/25/07 dnf - Big Ten, Bloomington  
 3/01/08 5076 1t MAC, Ypsilanti  
 1/31/09 5163 2 Penn State Open, U Park  
**2/28/09 5490 1 MAC, Kent**  
 2/13/10 5353 2 Akron Open, Akron  
 2/27/10 5114 2 MAC, E Lansing, MI  
 1/11/11 3547 6 Gladstein, Bloomington  
 2/12/11 5327 2 Akron Open, Akron  
 2/19/11 3902 1 OWU, Delaware  
 3/06/11 5320 5 USA, Bloomington

**Career:**

60m lj sp hj 60h pv 1000m

7.48 660 1328 190 8.85 440 2:53.54  
 7.45 654 1474 192 8.89 450 2:57.23  
**7.40 661 1507 199 8.54 470 2:50.17**  
 7.42 682 1416 190 8.64 470 2:51.94  
 7.50 670 1507 197 8.67 480 3:27.68  
**7.53 644 1272 nh 8.77 nh 2:55.14**  
 7.46 675 1420 190 8.64 470 2:52.00  
 8.01 683 1508 192 2:49.62 [55mH]  
 7.47 680 1488 194 8.87 480 2:58.91



**Outdoor:**

5/16/08 6112 5 MAC, Bowling Green  
 4/02/09 7385 2 Texas R, Austin  
 4/15/09 7445 1 Mid-American, Akron  
**6/11/09 7563 10 NCAA, Fayetteville**  
 6/26/09 7178 11 USA, Eugene  
 4/15/10 7206 9 Mt Sac R, Azusa  
 5/14/10 7313 1 Mid-American, Buffalo  
 6/11/10 7524 6 NCAA, Eugene  
 6/26/10 6137 11 USA, Des Moines  
 7/23/11 7105 1 U Akron Summer, Akron

100m w lj w sp hj 400m 110h w disc pv jav 1500m  
 nh

11.59+1.8 668+3.0 1428 196 53.33 15.70-1.8 4682 455 6048 4:46.30  
 11.70+0.9 661+0.5 1525 196 53.05 15.33+1.9 4645 465 5951 4:49.38  
**11.44+2.8 683+2.0 1501 196 53.23 15.72-1.3 4596 470 5996 4:38.95**  
 11.87+0.9 660+1.7 1448 198 54.70 15.57+1.6 4875 460 5743 4:55.95  
 11.83+2.0 691+3.0 1474 199 55.03 15.89+1.5 4300 460 5654 4:50.45  
 11.82+1.5 654+1.5 1446 186 53.87 15.44+1.4 4867 465 6174 4:48.08  
 11.78+1.0 676+2.5 1388 193 53.04 15.36+2.1 4889 470 6203 4:38.41  
 11.65+1.5 704+3.1 1502 nh dnf 15.25+3.0 4995 490 5795 5:05.88  
 11.91+0.5 678+1.4 1449 191 55.55 16.02+0.6 4411 455 6005 4:49.2h

**PRs:** 7563 / 5490

**11.44+2.8 704+3.1 1525 199 53.05 15.25+3.0 4995 490 6203 4:38.41**

**Indoor:** 60m: 7.40; 60h:8.54; 1000m: 2:49.62

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**MILLER MOSS**

DOB: March 14, 1988  
 POB: Lafayette, LA  
 Ht/wt: 6-4, 190  
 Hometown: Sumter, SC  
 High School: Wilson Hall HS, SC '06  
 College: Clemson '11



**2011:** 3<sup>rd</sup> place at NCAAs with PR just 4 points shy of 8000 and place 3<sup>rd</sup> at USA nationals in Eugene. Was ACC outdoor runner-up with 7706 effort. Captured NCAA indoor heptathlon with 5986 effort. Opened indoor season with breakthrough 5903 heptathlon win at Clemson, then won ACC title with 5881 score. **2010:** 4<sup>th</sup> at USA nationals and 6<sup>th</sup> vs Germany in initial international. 20<sup>th</sup> (nm discus) at NCAAs. Atlantic Coast Conf runner-up with PR 7628 score. Won JRF heptathlon at Clemson with PR (5653), then raised it with a 2<sup>nd</sup> place showing at the ACC champs (5699). **2009:** 5<sup>th</sup> ACC indoor champs decathlon. Runner-up at Wake Forest Deacon decathlon with 7323 PR. **2008:** 5<sup>th</sup> at ACC indoor champs heptathlon. ACC decathlon runner-up with 6991 PR. **2007:** as red-shirt freshman placed 7<sup>th</sup> at USA Jr champs. **High School:** 2x state meet MVP

