

# MEDIA GUIDE / HANDBOOK



## 90<sup>th</sup> NATIONAL DECATHLON CHAMPIONSHIPS



**Hayward Field  
University of Oregon  
Eugene, Oregon  
June 25-26, 2009**



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[www.decathlonusa.typepad.com](http://www.decathlonusa.typepad.com)*

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## SECTION ONE: Basic Info:

- a) Time Schedule
- b) Qualifying procedures
- c) List of Qualifiers
- d) Web sites which will provide results



### a... Time Schedule

#### Thursday, June 25, 2009

11:00 am 100 meters  
11:45 Long Jump  
12:45 pm Shot Put  
1:50 High Jump  
3:40 400 meters

#### Friday, June 26, 2009

11:00 am 110 m Hurdles  
11:45 Discus  
2:45 pm Pole Vault  
4:30-5:30 Javelin (a & b)  
6:25 1500 meters

### b .....Qualifying Procedure

#### Standard (men)

Male athletes who attain the Standard will automatically be included in the event.

#### Qualifying Guidelines for Championships in Non-Olympic Years

1. All qualifying performances for running events must be made on an indoor or outdoor track for the outdoor championships. No allowances are provided for altitude, nor for indoor facilities of differing size, banking or other configuration.
2. Qualifying marks must be made in accordance with USATF Rule 149 and verifiable in one of the following:
  - a. USATF or IAAF sanctioned events which prescribe to or exceed USATF competition rules
  - b. Events at collegiate meets which prescribe to or exceed USATF competition rules
  - c. High school meets, but not dual or triangular meets.
  - d. Meets or events which meet a minimum for competitiveness set by the Chair of the Sport Committee and determined to be valid by the USATF National Office staff member responsible for verification.
3. This is an annual Championship which requires qualification within a specific period of time. Qualifying marks from outdoor competitions must be attained on or after the first day of competition of the National Championship, or Olympic qualifying meet, during the previous calendar year through the Sunday in the current calendar year just prior to the Championship. Qualifying marks for the 10,000-meters, Race Walk, and **Combined Events** must be attained on or after the first Saturday in January of the calendar year prior to the Championship through the Sunday in the current calendar year just prior to the Championship.
4. \* F.A.T. is the only method of timing acceptable for qualifying marks for events listed with an asterisk. Times submitted in hundredths of a second, must be fully automatic times.
5. \*\* A manual time may be used for qualifying in events with a double asterisk only if no fully automatic qualifying time exists for the individual in that event during the qualifying period. A manual time may not supersede any fully automatic qualifying time for an event. Qualifying manual times, for eligible events, not already listed, are always the FAT qualifying time without the last zero. Manual times will be converted for seeding purposes using USATF Rule 76.
6. \*\*Hand times will be accepted in events with a double asterisk.

### c) .....Qualifiers

#### *Qualified Automatically >7550 [Jan 5, 2008 - June 21, 2009]*

8832	Clay, Bryan/Nike	Olympic Trials, Eugene	6/30/08
8534	Hardee, Trey/Nike	Olympic Trials, Eugene	6/30/08
8511	Pappas, Tom/Nike	Olympic Trials, Eugene	6/30/08
8241	Eaton, Ashton/Oregon	NCAA, Fayetteville	6/11/09
8191	Arnold, Jake/asics	vs Germany, Manhattan	8/3/08
8175	Abdur-Rahim, Mustafa/ASCe	vs Germany, Manhattan	8/3/08
8143	Helwick, Chris/unat	vs Germany, Manhattan	8/3/08
8025	Addy, Jangy/Tennessee*	Olympic Trials, Eugene	6/30/08
8066	Randolph, Chris/CNW	George Fox, Newberg	6/13/08
7907	Cebulski, Joe/unat	TGA, Dallas	6/8/08

7877	Olkowski, Ryan/unat	Deacon, Winston-Salem	5/15/08
7861	Detmer, Joe/unat	vs Germany, Manhattan	8/3/08
7803	Morrison, Mike/Florida	Mt Sac R, Azusa	4/17/08
7800	Hoskins, Brandon/Liberty	Texas R, Austin	4/3/08
7794	Ayers, Michael/Tennessee	NCAA, Fayetteville	6/11/09
7787	Moody, Ricky/Wash St	Texas R, Austin	4/3/08
7785	Clark, Mat/N Iowa	MVC, Terre Haute	5/16/09
7765	Edmonds, Lysias/unat	Olympic Trials, Eugene	6/30/08
7723	Boyles, Chris/CBO	vs Germany, Manhattan	8/3/08
7694	Chisam, Matt/unat	TGA, Austin	6/8/08
	[20]		
7687	Cepeda, Raven/N Iowa	Drake R, Des Moines	4/24/08
7675	Kilmartin, Donovan/Texas	Big 12, Boulder	5/17/08
7657	Adcock, Nick/Missouri	Big 12, Boulder	5/17/08
7655	Otto, Trinity/Texas A&M	Big 12, Lubbock	5/16/08
7645	Burt, Desi/VS Athletics	Classic, Claremont	5/2/09
7631	Keller, Dan/North Carolina	NCAA, Fayetteville	6/11/09
7626	McGinnis, RJ/Minnesota	Drake R, Des Moines	4/23/09
7623	Marsh, Mike/unat	Classic, Claremont	5/2/09
7594	Richardson II, Chris/LBSt	NCAA, Des Moines	6/12/08
	[30]		
7587	Harlan, Ryan/unat	Olympic Trials, Eugene	6/30/08
7586	Gearman, Derek/unat	Drake R, Des Moines	4/24/08
7563	Kinsey, Dan/Akron	NCAA, Fayetteville	6/11/09

\*-competed for Liberia in Beijing

#### d)....Website listing results

1. [www.flashresult.com](http://www.flashresult.com)

2. [www.decathlon2000.ee](http://www.decathlon2000.ee)

*(both will post real time results)*

3. [www.decathlonusa.typepad.com](http://www.decathlonusa.typepad.com)

*(I'll try to post results and story as soon after the meet each day as possible)*

## SECTION TWO: RECORDS

### Decathlon Individual Event Records

World Records (7000 point minimum)

100m	10.22	Chris Huffins/USA	Atlanta(OT/USA)(8546)+0.9	06/22/96
LJ	8.22 (26-11.75)	Erki Nool/EST	Tallinn, EST (8362)(+3.0)	06/15/96
SP	19.17(62-10 3/4)	Edy Hubacher/Switzerland	Berne (7405h)	10/04/69
HJ	2.27 (7-5 1/2)	Rolf Bielschmidt/GDR	Jena (7245h)	09/30/77
		Christian Schenk/GDR	Seoul (OG) (8488)	09/28/88
400m	45.68	Bill Toomey/USA	Mexico City (OG) (8193)	10/18/68
110mH	13.47	Frank Busemann/GER	Atlanta (8706)	08/01/96
DT	55.87 (180-5)	Bryan Clay/USA	Carson (8506)	06/24/05
PV	5.76 (18-10½)	Tim Lobinger/GER	Leverkuesen (7346)	09/16/99
JT (old)	81.76 (268-3)	Lennart Hedmark/Sweden	Spala, Pol (EC) (7522)	06/25/78
(new)	79.80 (261-10)	Peter Blank/GER	Emmelhausen, GER(7425)	07/19/92
1500m	3:58.7	Robert Baker/USA	Austin, Texas (7583)	04/03/80
1st day	4738	Dan O'Brien/USA	Knoxville, TN (8707)	06/15/94
	4747 nwi	Dan O'Brien/USA	New York (TAC) (8844)	06/12/91
2nd day	4455	Dave Johnson/USA	New Orleans(OT) (8649)	06/27/92

Total	9026	Roman Sebrle/CZE	Gotzis, AUT 2001	
<b>American Records (7000 point minimum)</b>				
100m	10.22	Chris Huffins/Mizuno (+0.9)	Atlanta (OT/USA) (8546)	1996
LJ	8.08m (26-4 ¼)	Dan O'Brien/Talence (+0.81)	Talence, FRA (8891)	1992
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG	1966
HJ	2.21 (7-3)	Tom Pappas/adidas	Sydney, AUS (OG ) (8425)	2000
400m	45.68	Bill Toomey/SC Striders	Mexico City (OG) (8193)	1968
110mH	13.67	Dan O'Brien/unat (+0.4)	Uniondale (Goodwill) (8755)	1998
DT	55.87 (183-3)	Bryan Clay/Nike	Carson (8506)	2005
PV	5.70 (18-8 ¼)	Tim Bright/Athletics West	Seoul (OG) (8216)	1988
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman (7756)	1984
(new)	74.58 (244-8)	Dave Johnson/ReebokRT	New Orleans (8649)	1992
1500m	3:58.7	Robert Baker/Hi Plains TC	Austin (TexR) (7583)	1980
1st day	4738	Dan O'Brien/Footlocker AC	Knoxville (8707)	1994
	4747 nwi	Dan O'Brien/Reebok RT	New York(TAC) (8844)	1991
2nd day	4455	Dave Johnson/ReebokRT	New Orleans (OT) (8649)	1992
Total	8891	Dan O'Brien/Reebok RT	Talence (8891)	1992
<b>American Collegiate Records</b>				
100m	10.34 (+2.6)	Mantas Silkauskas/Kansas St	Lubbock (Big 12)	2009
LJ	8.01m(26-3½)	Chris Huffins/California	Tucson, Arizona (VISA)	1993
SP	17.76(58-3 ¼)	Russ Hodge/Foothill JC	Hamburg, FRG (vs W Ger)	1966
HJ	2.22 (7-3¼)	Attila Zsivoczky/Kansas St	Tallinn, EST (EC)	1998
400m	46.85	Ashton Eaton/Oregon	NCAA, Fayetteville	2009
110mH	13.70	Jangy Addy/Tennessee	Auburn, AL (SEC)	2008
DT	53.84m(176-8)	Brian Brophy/Tenn	Talence, FRA	1992
PV	5.50m(18-0½)	Lawrence Johnson/Tenn	Dogwood & SEC Knoxville	1993
		Dominic Johnson/Arizona	Pac 10, Palo Alto	1998
JT (old)	78.18 (256-6)	Jim Connolly/UCLA	Pullman, Wash. (PAC-10)	1984
(new)	75.50 (247-8)	Mikail Olander/LSU	Baton Rouge, La. (NCAA)	1988
1500m	4:04.11	Joe Detmer/Wisconsin	Sacramento, (NCAA)	2004
1st day	4458	William Motti/Mt St Mary's	Athins-Mons, FRA (NC)	1985
2nd day	4145	Jake Arnold/Arizona	NCAA, Sacramento	2007
Total	8465	Trey Hardee/Texas	Austin (Tex R)	2006
<b>U.S. Senior Championships (AAU – TAC – USATF)</b>				
100m	10.22	Chris Huffins\Mizuno	Atlanta	06/21/96
LJ	8.04 (26-4½)	Dan O'Brien\Moscow-USA	Norwalk, Cal	06/12/90
SP	17.47 (57-4)	Russ Hodge\So.Cal. Striders	S. Lake Tahoe	06/24/70
HJ	2.18 (7-1¾)	Chris Huffins\Mizuno	New Orleans	06/19/98
		Darwin VandeHoef\Beach TC	New Orleans	06/19/98
400m	46.4h	Jeff Bennett\U.S. Army	Los Angeles	06/04/72
110mH	13.74	Steve Fritz\Accusplit	Indianapolis	06/12/97
DT	55.89 (183-4)	Bryan Clay/USA	Carson (8506)	06/24/05
PV	5.60 (18-4½)	Tim Bright\Athletics West	Indianapolis	07/21/88
JT	74.58 (244-8)	Dave Johnson\ReebokRT	New Orleans	06/27/92
1500m	4:08.4	Wally Wilson\Los Angeles AC	Santa Barbara	07/04/54
1st day	4747w	Dan O'Brien\Reebok RT	New York	06/12/91
	4738	Dan O'Brien\Footlocker AC	Knoxville	06/14/93
2nd day	4455	Dave Johnson\Reebok RT	New Orleans	06/27/92
Total	8832	Bryan Clay/Nike	Eugene	06/30/08
	8844 nwg	Dan O'Brien\Reebok RT	New York	6/12-13/91
<b>Facility (Hayward Field) Decathlon Records</b>				
100m	10.39 (-0.4)	Bryan Clay/Nike	USOT/USA	6/29/08
LJ	8.00m(26-3)	Mike Herman/NYPC	USOT/AAU	7/08/60
SP	17.26m(56-7½)	Tom Pappas/Nike	USOT/USA	6/29/08
HJ	2.18m/7-1¾	Aric Long/Tennessee	NCAA	6/01/91
	dnf 2.19m(7-2¼)	Tom Pappas/adidas	USATF	6/21/01
400m	46.7	Jeff Bennett/US Army	USOT	7/03/72
110mH	13.71 (+1.9)	Trey Hardee/Nike	USOT/USA	6/30/08
DT	52.74m (	Bryan Clay/Nike	USOT/USA	6/30/08
PV	5.40m(17-8 ½)	Marcus Nichols /USAFA	NCAA	6/01/96
		Paul Terek/Michigan St	NCAA	5/31/01
JT	70.62m(231-8)	Mikail Olander/LSU	NCAA	6/04/88

1500 m	4:02.70	Robert Baker/Hi Plains TC	USOT/TAC	6/22/80
1st day	4523 pts	Chris Huffins/Oakley	USATF	6/24/99
2nd day	4352	Bryan Clay	USOT/USA	6/30/08
Total	8832	Bryan Clay/Nike	USOT/USA	6/29-30/08

## Recent USA National Championships

### 2005

#### 6/23-24 86th USA National Championships, Home Depot Center, Carson, CA

8506	Clay, Bryan/Nike	10.70-1.8 744+0.3	1488 206 49.62 14.06-1.4	<b>5587</b> 500 6002 4:57.11
7976	Terek, Paul/unat	11.17-0.6 705+0.1	1497 200 49.05 15.21 0.0	4422 520 5405 4:39.92
7795	McMullen, Phil/Nike	11.63-0.6 664-0.6	1444 185 49.97 14.91-1.4	4839 500 5591 4:19.16
7769	Harris, Stephen/unat	11.25-1.8 721 0.0	1220 209 48.83 14.57 0.0	4020 450 5506 4:32.37
7655	Moore, Stephen/unat	11.22-1.8 682-0.5	1287 200 48.21 14.96-1.4	4209 470 5568 4:43.58
7619	Abdur-Rahim, Mustafa/Dart	11.01-0.6 678-0.2	1316 194 49.20 14.31 0.0	4332 420 5265 4:28.82
7567	Boyles, Chris/unat	11.58-0.6 684+0.1	1443 212 51.17 15.25-1.4	4035 460 6077 4:54.32
7473	Geopfert, Travis/unat	11.36-0.6 671-0.5	1415 185 48.84 15.66 0.0	4499 450 4955 4:23.62
7444	Janvrin, Kip/K&K TC	11.58-0.6 634-0.6	1363 182 49.29 15.50-1.4	4258 470 5886 4:21.45
7134	Levin, Andrew/Montana	11.33-1.8 648+0.1	1367 197 50.51 15.40 0.0	3894 450 4945 4:54.52
6736	Kilmartin, Donovan/Texas	11.39-0.6 713-0.2	1371 209 50.87 14.90-1.4	3994 nh 5159 4:52.25
dnf	Harlan, Ryan/unat	11.26-1.8 680+0.4	1610 212 49.23 14.16 0.0	4238 nh withdrew
dnf	Cook, Jamie/unat	11.84-1.8 643+0.1	1317 188 53.02 16.12 0.0	4345 nh withdrew

1st/2nd day: Clay 4322/3984, Tere 4099/3877, McMu 3695/4100, Harr 4045/3724, Moor 3944/3711, Ab-Ra 3898/3720, Boyl 3943/3624, Geop 3805/3668, Janv 3595/3849, Levi 3757/3377, Kilm 3994/2742, Harl 4193, Cook 3420. Records: **Discus**: Clay's marks is WR (breaks old WER of 55.00/180-5 by Jaroslav Jankov, Sofia, 1980); AR (breaks AR of 53.84/176-8 by Brian Brophy/Tenn, Talence, 1992), MR (breaks 53.22m/174-7 by Chris Huffins/Mizuno, in New Orleans, 1998). Weather: hot both days, low 80s, breezy. 13s, 11f

### 2006

#### 6/23-24 87th USA National Champs, Michael A Carroll Stadium, IUPUI, Indianapolis, IN

8319	Pappas, Tom/Nike	10.88+0.5 747+0.3	1653 196 48.68 14.32-1.0	4978 510 5568 4:59.50
7872	Harlan, Ryan/unat	11.13+0.5 652-1.3	1634 205 50.26 14.08-1.0	4294 460 6313 5:01.90
7827	Arnold, Jake/Arizona	11.23+0.5 683-0.1	1427 199 49.48 14.67-0.9	3878 490 5861 4:31.04
7780	Boyles, Chris/unat	11.42-0.4 722-0.1	1441 211 50.91 15.04-0.9	4274 470 5902 4:52.13
7714	Terek, Paul/Asics	11.11+0.5 683-0.3	1439 187 49.39 15.35-0.9	4455 510 5644 4:48.04
7205	Geopfert, Travis/unat	11.33-0.4 685+0.2	1415 184 49.44 16.00-1.0	4195 420 4909 4:34.90
6453	Detmer, Joe/Wisconsin	11.15-0.4 660-0.2	1176 181 47.03 15.27-0.9	3343 nh 5278 4:30.46
Dnf	Clay, Bryan/Nike	10.49-0.4 722 0.0	1560 202 48.15 13.34-1.0	5106 nh
Dnf	Hardee, Trey/Texas	10.62-0.4 735+0.2	1399 187 48.15 14.10-0.9	4187 nh
Dnf	Cebulski, Joe/unat	11.59-0.4 639+0.6	1440 202 51.83	withdrew
Dnf	Randolph, Chris/Seattle Pacific	11.40-0.4 674-0.7	1306	nh withdrew

Declared but did not start: Ryan Olkowski/unat, Allen Bulick/unat. 11s, 7f

1st/2nd day scores: Papp 4342/3977, Harl 4059/3813, Arno 3962/3755, Boyl 4067/3713, Tere 3892/3822, Geop 3807/3398, Detm 3732/2721, Clay 4394, hard 4162, Cebu 3714. Weather: Day one: showers, hot, muggy, Day Two: Hot, muggy.

### 2007

#### 6/22-23 88th USA National Championships, IUPUI, Indianapolis, IN

8352	Pappas, Tom/Nike	11.00-0.5 750+0.3	1643 205 48.81 14.12+1.9	4634 500 5970 4:59.69
8064	Terek, Paul/Asics	11.03-0.5 726+1.4	1527 202 48.70 14.92+1.4	4260 510 5295 4:39.98
7921	Arnold, Jake/Arizona	11.23+0.3 689+2.9	1493 199 48.70 14.36+1.9	3971 500 5523 4:36.21
7883	Harlan, Ryan/unat	11.35-2.0 677+1.5	1658 208 51.01 14.16+1.9	4295 460 6218 4:59.17
7804	Boyles, Chris/CBO-E	11.35+0.3 718+2.3	1533 208 51.09 14.90+1.4	4133 500 5370 4:52.79
7723	Randolph, Chris/CNW	11.59+0.3 679+1.2	1369 202 49.40 15.05+1.4	4259 470 5526 4:20.88
7714	Helwick, Chris/Tenn	11.43+0.3 668+1.5	1343 199 50.54 15.09+1.4	4099 490 6280 4:29.59
7640	Abdur-Rahim, Mustafa	10.84-0.5 693 0.0	1385 181 48.32 14.14+1.4	4306 410 4980 4:24.40
7542	Richardson, Chris/Vs Athletics	11.28-2.0 704+2.6	1472 190 50.39 14.76+1.4	4229 420 6289 4:54.23
7503	Olkowski, Ryan/unat	10.73-0.5 706+1.9	1272 196 48.22 14.82+1.4	3630 470 5119 5:01.50
7424	Marsh, Mike/Champ Nutrition	11.11-0.5 691+2.0	1389 190 51.06 14.56+1.4	3825 450 5263 4:41.05

7194	Cepeda, Raven/N Iowa	11.40+0.3	545+1.8	1437	187	52.22	14.65+1.4	3935	490	4858	4:54.81
6478	Cebulski, Joe/TigerBar	11.80-2.0	671+1.0	1321	199	50.44	15.27+1.4	4127	nh	5482	4:52.03
dnf	Detmer, Joe/Wisconsin	11.29-2.0	676+2.5	1193	nh	47.09	15.21+1.4	3560	withdrew		
dnf	Clay, Bryan/Nike	10.58-0.5	718+1.6	1574	193	withdrew					
dnf	Hoskins, Brandon/Liberty	11.42-2.0	641	0.0	1292	nh withdrew					

16s, 13f. **Weather:** Day 1: rainy and cool in morning, light rain and headwinds during 100m. Weather steadily improved during day, mostly cloudy, and 75.8 degrees by 4 pm (400m). Day 2: rainy during both hurdles and discus. Downpour delayed pole vault. High of 73. **Records:** Pappas win is his 5th, tying meet record for most wins with Bill Toomey (1965-69) and Dan O'Brien (1991-1996).

## 2008

### 6/29-30 US Olympic Trials & 89th USA National Championships, U of Oregon, Eugene, OR

8832	Clay, Bryan/Nike	10.39-0.4	739-1.6	1517	208	48.41	13.75+1.9	5274	500	7055	4:50.97	
8534	Hardee, Trey/Nike	10.43-0.4	775-1.1	1407	202	47.99	13.71+1.9	4241	500	6369	4:44.79	
8511	Pappas, Tom/Nike	10.90-0.4	777+0.4	1726	196	49.80	14.17+1.9	4944	520	5934	4:54.08	
8130	Arnold, Jake/una	11.11-0.4	704+1.3	1454	196	48.66	14.12+0.8	4602	500	5785	4:31.61	
8122	Eaton, Ashton/Oregon	10.61-0.4	749	0.0	1228	196	47.07	14.26+1.9	3969	510	4728	4:20.56
8025	Addy, Jangy/Tennessee	10.77-0.4	720-1.2	1563	196	48.61	13.73+1.9	4241	440	5710	5:05.07	
8010	Helwick, Chris/unat	11.34-0.4	698-0.3	1380	199	50.20	15.26+1.7	4425	490	6735	4:21.44	
7765	Edmonds, Lysias/ArizPu	10.92+0.1	688+1.4	1243	199	47.80	14.30+0.8	3852	490	5160	4:37.92	
7757	Abdur-Rahim, M/ASC-e	10.90-0.4	688-0.9	1400	187	47.64	14.38+1.9	4749	420	4586	4:21.34	
7660	Randolph, Chris/CNW	11.38-0.4	663-0.8	1372	202	49.08	14.81+0.8	4217	450	5826	4:35.28	
7653	Detmer, Joe/unat	11.09+0.1	677-0.6	1275	190	48.12	15.08+0.8	3545	460	5631	4:07.63	
7633	Olkowski, Ryan/unat	10.85-0.4	704+1.3	1257	208	49.46	14.75+0.8	3759	480	5303	4:56.80	
7587	Harlan, Ryan/unat	11.18+0.1	648-1.3	1523	205	50.96	14.68+1.9	4290	460	5959	5:08.30	
7512	Moody, Rickey/Wash St	11.09+0.1	741+0.8	1528	205	52.58	14.74+0.8	4354	400	5495	5:09.89	
7429	Chisam, Matt/unat	11.45-0.4	625+0.1	1376	193	52.10	14.88+1.7	4377	510	5508	4:46.56	
7312	Richardson II, Chris/VS	11.41-0.4	744-0.8	1370	187	51.70	15.14+1.7	4450	440	5573	5:12.35	
7279	Clark, Mat/N Iowa	11.21+0.1	683-0.6	1252	193	48.71	15.62+1.7	3399	440	4561	4:12.60	
6629	Cebulski, Joe/Tri Valley	11.68-0.4	657+1.2	1346	199	50.93	14.99+1.7	4610	nh	5607	4:49.78	
6443	Cepeda, Chris/N Iowa	11.22+0.1	654+0.3	1434	190	53.47	14.70+0.8	4093	nh	4875	4:43.26	
dnf	Boyles, Chris/unat	11.30-0.4	nm	1457	208	withdrew						

20s, 19f

1st/2nd day: Clay 4476/4356, Hard 4454/4080, Papp 4405/4106, Arno 4003/4127, Eato 4226/3896, Addy 4249/3776, Helw 3910/4100, Edmo 4009/3756, Ab-Ra 4010/3747, Rand 3896/3764, Detm/3870/3783, Olko 4076/3557, Harl 3939/3648, Mood 4111/3501, Chis 3585/3851, Rich 3826/3486, Clar 3841/3438, Cebu 3689/2940, Cepe 3644/2799.

## 2009 Indoors

### 3/7-8 24th USA National Combined Events Champs, U North Carolina, Chapel Hill, NC

5748	Arnold, Jake/Asics	7.20	681	1494	197	8.15	495	2:50.03
5514	Johnson, Justin/unat	7.27	717	1199	203	8.22	445	2:50.46
5505	Detmer, Joe/unat	7.18	686	1279	188	8.46	435	2:31.54
5443	Chisam, Matt/unat	7.33	654	1433	197	8.37	465	2:51.80
5393	Broadbent, Eric/unat	7.04	706	1269	194	8.26	415	2:54.01
5265	Woods, Patrick/unat	7.26	652	1289	203	8.44	435	2:57.52
4865	Abdur-Rahim, Mustafa/ASC-e	7.10	679	1426	185	8.07	nh 2:39.74	
3847	Creekmur, Ceith/unat	7.22	688	1266	188	8.28	nh dnf	

8s, 8f. nb: 2<sup>nd</sup> consecutive win for Arnold.

# U.S. NATIONAL CHAMPIONSHIPS

Meet winners (AAU – TAC – USATF)

# U.S. CHAMPIONS (1915-2008) AAU – TAC - USATF

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			<i>1912 tables</i>	<i>1985 tables</i>
1915	Alma Richards	Intermountain Assn	6858.81	5719
			<i>1920 tables</i>	
1920	Brutus Hamilton	U of Missouri	7022.9815 MR	5937
1921	Dan Shea	Pastime AC-ex Dartmouth	5849.338	5181
1922	Samuel Thompson	Princeton	6890.23	5869
1923	Harold Osborn	Illinois AC-ex Illinois	7351.89 MR	6247
1924	Anthony Plansky	Pere Marquette KofC	5901.45	4544
1925	Harold Osborn (2nd win)	Illinois AC	7706.36 MR	6375
1926	Harold Osborn (3rd win)	Illinois AC	7187.832	6021
1927#	Fait Elkins	U of Nebraska	7574.42	6291
1928##	Ken Doherty	Cadillac AC-ex Wayne St	7600.52	6345
1929	Ken Doherty (2nd win)	Cadillac AC	7784.68R MR	6393
1930	Wilson Charles	Haskell Institute	7313.343	6118
1931	Jess Mortensen	Los Angeles AC-ex USC	8166.66 MR	6757
1932	James Bausch	Kansas City AC-ex Kansas	8103.25	6431
1933	Barney Berlinger	Penn AC-ex Pennsylvania	7597.19	6158
1934	Bob Clark	S.F. Olympic Club-ex Cal	7966.30	6861
1935	Bob Clark (2nd win)	S.F. Olympic Club	7929.22	6697
			<i>1934 tables</i>	
1936	Glenn Morris	unat, Silma, -ex Colo State	7880 WR	7213
1937	--no meet held--			
1938	Joseph Scott	Western Reserve U	6486	6087
1939	Joseph Scott (2nd win)	Western Reserve U	6671	6218
1940	William Watson	unat, Ann Arbor, ex Michigan	7523	6904
1941	John Borican	Asbury Park AC	5666	5596
1942	Bill Terwilliger	unat, DeKalb, IL, ex N Illinois	6802	6403
1943	William Watson (2nd win)	Detroit Police AA	5994	5449
1944	Irv Mondschein	Brooklyn Army Base	5748	5510
1945	Charles Beaudry	Marquette U	5886	5910
1946	Irv Mondschein (2nd win)	New York U	6466	6089
1947	Irv Mondschein (3rd win)	N Y Pioneer Club	6715	6300
1948	Bob Mathias	unat, Tulare, CA	7227	6713
1949	Bob Mathias (2nd win)	unat, Tulare, CA	7556	6944
1950	Bob Mathias (3rd win)	unat, Tulare, CA /Stanford	8042 WR	7287
1951	Bob Richards	Illinois AC-ex Illinois	7834	6552
			<i>1950 tables</i>	
1952	Bob Mathias (4th win)	Stanford U	7825 WR	7543
1953	Milt Campbell	Plainfield NJ HS	7235	7040
1954	Bob Richards (2nd win)	Los Angeles AC	6501	7125
1955	Bob Richards (3rd win)	Los Angeles AC	6862	6864
1956	Rafer Johnson	UCLA	7754	7420
1957	Charles Pratt	U.S. Army	7164	6993
1958	Rafer Johnson (2nd win)	UCLA	7549	7432
1959	C.K. Yang	UCLA	7549	7246
1960	Rafer Johnson (3rd win)	S.S. Striders	8683 WR	7981
1961	Paul Herman	U.S. Army, ex Westmont	7142	7160
1962	C.K. Yang (2nd win)	UCLA	8249	7694
1963	Steve Pauly	Oregon State U	7852	7541
1964	C.K. Yang (3rd win)	Pasadena AA	8641	7732
			<i>1962 tables</i>	
1965	Bill Toomey	Pasadena AA-ex Colorado	7764	7594
1966	Bill Toomey (2nd win)	S.C. Striders	8234 WR	8096
1967	Bill Toomey (3rd win)	S.C. Striders	7880	7761
1968	Bill Toomey (4th win)	S.C. Striders	8037	7900
1969	Bill Toomey (5th win)	S.S. Striders	7818	7664
1970	John Warkentin	Fresno State U	8026	7908
1971	Rick Wanamaker	Drake U	7989	7879
1972	Jeff Bennett	U.S. Army ex Okla Christian	7910	7765
1973	Jeff Bennett	U.S. Army	8121	8006





1974	Bruce Jenner	unat, San Jose, ex Graceland	8245 WR	8202
1975	Fred Samara	New York AC-ex Penn	8061	7912
1976	Bruce Jenner (2nd win)	San Jose Stars	8542 WR(8444a)	8459
1977	Fred Dixon	Tobias Striders, ex CSU-LA	8037	8007
1978	Mike Hill	Colorado TC, ex Colorado	8004	7971
1979	Bob Coffman	Hurricane TC, ex USC	8154	8166
1980	Bob Coffman (2nd win)	Houston AC	8184	8166
1981	John Crist	Athletics West, ex Alabama	8005	7976
1982	John Crist (2nd win)	Athletics West	8129	8121
1983	Mark Anderson	Wilt's AC, ex UCLA	8152	8142
1984	John Crist (3rd win)	Athletics West	8102	8126
1985	John Sayre	U of Chicago TC, ex Sn ILL		8391w
1986	Bob Johnson	Puma, ex Azusa Pacific		8203w
1987	Tim Bright	Athletics West, ex Abilene Christian		8340
1988	Gary Kinder	unat, Albuquerque,, ex New Mexico		8293
1989	Dave Johnson (2nd win)	New York AC		8549 =AR
1990	Dave Johnson	Nike		8600w
1991	Dan O'Brien	Reebok RT, ex Idaho		8844w
1992	Dave Johnson	Reebok RT		8649
1993	Dan O'Brien	Reebok RT		8331
1994	Dan O'Brien	Footlocker AC		8707
1995	Dan O'Brien	Footlocker AC		8682
1996	Dan O'Brien	Footlocker AC		8726
1997	Steve Fritz	VISA/Accusplit, ex Kansas St		8604
1998	Chris Huffins	Oakley, ex California		8694
1999	Chris Huffins	Oakley		8350
2000	Tom Pappas	adidas, ex Tennessee		8467
2001	Kip Janvrin	K&K TC, ex Simpson		8241
2002	Tom Pappas	Nike		8398
2003	Tom Pappas	Nike/WGA		8784
2004	Bryan Clay	Nike, ex Azusa Pacific		8660
2005	Bryan Clay	Nike		8506
2006	Tom Pappas	Nike		8316
2007	Tom Pappas	Nike		8352
2008	Bryan Clay	Nike		8832



# - meet held in one day ## - meet held in three days

### Multiple U.S. Champions

\*\*\*\*\*

<b>5 wins:</b>	Bill Toomey	1965 1966 1967 1968 1969
	Dan O'Brien	1991 1993 1994 1995 1996
	Tom Pappas	2000 2002 2003 2006 2007
<b>4 wins:</b>	Bob Mathias	1948 1949 1950 1952
	Dave Johnson	1986 1989 1990 1992
<b>3 wins:</b>	Harold Osborn	1923 1925 1926
	Irv Mondschein	1944 1946 1947
	Bob Richards	1951 1954 1955
	Rafer Johnson	1956 1958 1960
	C.K. Yang	1959 1962 1964
	John Crist	1981 1982 1984
	Bryan Clay	2004 2005 2008

### Most Consecutive U.S. Titles

\*\*\*\*\*

<b>5 in a row:</b>	Bill Toomey	1965-69
<b>4 in a row:</b>	Dan O'Brien	1993-96
<b>3 in a row:</b>	Bob Mathias	1948-50

### Most Meets:

\*\*\*\*\*

17	Kip Janvrin	1989-2005
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13	John Warkentin	1967-1979
12	Dave Johnson	1984-1996

**Most Top 3 places (most medals)**

\*\*\*\*\*

8	Tom Pappas	1999-2008 [5 wins, 2 2nds, 1 3rd]
6	Dave Johnson	1986-1992 [4 wins, 1 2 <sup>nd</sup> , 1 3 <sup>rd</sup> .]
6	Dan O'Brien	1989-1996 [5 wins, 1 2 <sup>nd</sup> ]

**Most Top 8 places**

\*\*\*\*\*

13	Kip Janvrin	1989-2003 [1 win, 2 3rds, 5 4ths, 2 5ths, 1 6 <sup>th</sup> , 1 7 <sup>th</sup> , 1 8 <sup>th</sup> ]
11	John Warkentin	1967-1979 [1 win, 2 2nds, 1 3 <sup>rd</sup> , 3 4ths, 1 5 <sup>th</sup> , 1 6 <sup>th</sup> , 1 7 <sup>th</sup> , 1 8 <sup>th</sup> ]
8	Jeff Bennett	1968-1976 [2 wins, 1 2 <sup>nd</sup> , 2 3rds, 1 4th, 1 7 <sup>th</sup> ]

**Youngest Winner:**

\*\*\*\*\*

17 yrs, 222 days Bob Mathias, 1948

**Oldest Winner:**

\*\*\*\*\*

35 yrs, 349 days Kip Janvrin, 2001

**Youngest Competitor:**

\*\*\*\*\*

17 yrs, 222 days Bob Mathias 1948

**Oldest Competitor:**

\*\*\*\*\*

39 years, 351 days Kip Janvrin 2005

**Number of Competitors/Finishers, by Year:**

\*\*\*\*\*

1992	25 - 22	1997	20 - 16	2002	17 - 12	2007	16 - 13
1993	20 - 15	1998	17 - 12	2003	18 - 17	2008	20 - 19
1994	22 - 17	1999	16 - 13	2004	24 - 19	2009	
1995	26 - 19	2000	16 - 11	2005	13 - 11		
1996	24 - 16	2001	15 - 11	2006	11 - 7		

**Sites of U.S. Championships**

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CALIFORNIA 33 times in 14 cities (San Francisco 15, 25; San Diego 35; Tulare 49, 50, 52, 62; Santa Barbara 51, 68, 75, 81; Kingsburg 57, 59; Walnut 64, 79; Bakersfield 65, 69; Los Angeles 67, 72, 84; South Lake Tahoe 70; Porterville 71, 73, San Jose 87; Norwalk 90; Sacramento 95, 00, 04, 06, 07; Berkeley 02, Palo Alto 03; Carson 05). NEW JERSEY 13 times in 9 cities (Jersey City 21; Newark 22; West Orange 24; Bridgeton 41; Elizabeth 43, 44; Bloomfield 45, 46, 47, 48; Plainfield 53; Atlantic City 54, Palmyra 58). OREGON 9 times in 2 cities (Eugene 60, 76, 86, 93; 99, 01, 08, 09; Corvallis 63). INDIANA 8 times in 3 cities (Crawfordsville 55, 56; Bloomington 77, Indianapolis 85, 88, 97, 06, 07). ILLINOIS 4 times in 2 cities (Chicago 23, 33, 42; Evanston 32). PENNSYLVANIA 3 times in 2 cities (Philadelphia 26,28; Pittsburgh 30). LOUISIANA 3 times (Baton Rouge 82, New Orleans 92, 98), NEW YORK 3 times (New York City 20, 38, 91). NEBRASKA 2 times (Lincoln 27,31). VIRGINIA 2 times (Richmond 74, 78). COLORADO 1 time (Denver 29). WISCONSIN 1 time (Milwaukee 36). NEW MEXICO 1 time (Albuquerque 61). KANSAS 1 time (Salina 66). TEXAS 1 time (Houston 89). TENNESSEE 1 time (Knoxville 94). GEORGIA 1 time (Atlanta 96).

# ATHLETE'S BIOS

[alphabetical order]

## MUSTAFA ABDUR-RAHIM

### Progression

2002f	Dartmouth	7171 (x,x, )	Mustafa Abdur-Rahim
2003so	Dartmouth	7466 (x,x,23)	DOB: Sept. 29, 1982
2004j	Dartmouth	7937 (x,8,9)	POB: Brookline, MA
2005S	Dartmouth	7739 (x,8,10)	Ht: 5-9, Wt: 192
2006	unat	dnc	Brookline (MS) HS
2007	ASC-elite	7760 (x,7,12)	Dartmouth '05
2008	ASC-elite	8106 (x,6,5)	ASC-elite
2009	ASC-elite		



**2009:** 7<sup>th</sup> at USA indoor heptathlon. **2008:** After 2 indoor wins Mustafa opened outdoor season with PR 8106 at McKinley meet in Alamosa becoming 60th American over 8000. Placed 9th at US Olympic Trials in Eugene, then PR's with 3<sup>rd</sup> place 8175 vs Germany. **2007:** Won Big Green in *Desert* and McKinley early season meetis. **2006:** Injured, did not compete. **2005:** Was top collegiate finisher for 2nd consecutive year with 6th place at USA nationals, Was runner-up at NCAAs in Sacramento in early June with 7739 effort. Won 3rd consecutive Big Green in *Desert* affair in March, 2005. **2004:** Posted near identical scores in two 2004 meets 5th place 6th at US Olympic Trials to rank 8th nationally for season. Made breakthrough with 7936 win at Big Green in *Desert*, and then added one point to PR with 3rd at NCAAs (7937) where he recorded lifetime bests in 5 events. Placed 3rd at NCAA indoor heptathlon (5744) while winning the first (60m) and last (1000m) events. Won Heptagonals (5645) and Dartmouth Relays (5563) indoor heptathlons. Runner-up at Heptagonals 110m hurdles, recording PR 14.38 in trials. **2003** named MVP of Indoor Heptagonals (Ivy League) champs, then won Big Green in the Desert with PR 7348 score. Placed 6th at NCAA decathlon with PR 7466. President of Junior class at Dartmouth. **2002** Was 3rd at Heptagonals indoor pentathlon, then won IC4A decathlon with PR 7171 score. **Personal:** Masters degree in Engineering. Coached by Carl Wallin at Dartmouth and John Wallin at Adams State, Alamosa, CO

### Career:

#### Indoor :

				60h	lj	sp	hj	1000m
2/23/02	3883	3	Heptagonal Champs, Ithaca	8.28	676	1204	190	2:43.02
1/10/03	3672	1	Dartmouth Relays, Hanover, NH	7.84	654	1361	185	2:52.30
3/01/03	3974	1	Heptagonals, Hanover, NH	8.18	662	1364	192	2:38.89
1/10/04	5563	1	Dartmouth Relays, Hanover, NH	6.90	703	1305	195	8.14 385 2:40.02
2/29/04	5645	1	Heptagonals Cornell U, Ithaca, NY	6.92	692	1342	193	8.15 435 2:42.50
3/13/04	5744	3	NCAA I Champs, Fayetteville, AK	6.96	700	1436	193	7.96 410 2:37.08
1/08 /05	5798	1	Dartmouth Relays, Hanover, NH	6.95	687	1387	199	8.11 420 2:39.93
1/06/06	5043	1	Dartmouth Relays, Hanover, NH	6.91	696	1430	187	8.04 nh 2:36.02
12/10/07	4154	1	ASU Kickoff, Alamosa	8.03	730	1397	194	2:45.03
1/12/08	5883	1	Dartmouth Relays, Hanover	6.94	720	1443	190	7.92 440 2:36.30
3/08/09	4865	7	USA, Chapel Hill	7.10	679	1426	185	8.07 nh 2:39.74

#### Outdoor:

				100m	w	lj	w	sp	hj	400	110H	w	disc	pv	jav	1500m
3/22/02	6317	2	BigGreen-Desert, Scottsdale	11.22+1.6	706+1.9	1360	185	51.46	15.38-0.9	4149	nh	4670	4:50.57			
5/17/02	7171	1	IC4A, Princeton	11.02+0.7	677	1270	187	49.50	15.01-0.3	3459	365	5584	4:24.48			
3/20/03	7348	1	BigGreen-Desert Scottsdale	11.16-0.1	691+1.1	1395	191	50.24	14.5h+2.9	4267	390	4826	4:30.75			
6/12/03	7466	6	NCAA, Sacramento	11.09-0.4	656+2.2	1386	187	49.30	14.59+1.1	4052	420	5635	4:32.34			
3/25/04	7936	1	BigGreen-Desert, Scottsdale	10.6h+0.4	714+1.2	1426	187	48.62	14.4h+0.1	4425	445	5852	4:23.49			
6/12/04	7937	3	NCAA, Austin	10.74+2.7	719+3.9	1461	191	49.68	14.19+3.5	3915	410	6217	4:24.51			
7/17/04	7844	6	USOT/USA, Sacramento	10.88-1.0	705-0.5	1499	192	48.88	14.70-1.5	4245	4305466	4:24.35				
3/24/05	7719	1	BigGreen-Desert, Scottsdale	10.7h+1.4	711+2.1	1429	189	49.32	14.1h+2.1	4331	415	5289	4:28.36			
6/09/05	7739	2	NCAA, Sacramento	10.96-1.5	692+1.8	1372	182	49.01	14.35+0.5	4551	420	5761	4:25.30			
6/24/05	7619	6	USATF, Carson	11.01-0.6	678-0.2	1316	194	49.20	14.31	0.0	4332	420	5265	4:28.8		
7/24/05	7453	8	vs Germany, Bernhausen	10.95	0.0	712+1.1	1333	179	49.60	14.51-0.1	4348	410	4768	4:28.37		
3/22/07	7648	1	BigGreen-Desert, Scottsdale	10.5h+0.2	700+0.1	1429	192	49.43	14.2h+3.0	4112	395	5163	4:25.24			
4/20/07	7510	1	McKinley, Alamosa	10.80+1.9	747-0.4	1406	195	48.56	14.2h+0.3	4052	405	3891	4:44.04			
6/23/07	7640	8	USATF, Indianapolis	10.84-0.5	693	0.0	1385	181	48.32	14.14+1.4	4306	410	4980	4:24.40		
8/19/07	7760	1	vs Germany, Bernhausen	10.85-0.6	700+0.5	1419	188	48.51	14.41+0.5	4431	410	5430	4:27.88			
4/19/08	8106	1	McKinley, Alamosa	10.72	0.0	722+0.5	1429	194	48.22	14.21+2.8	5145	440	5472	4:39.6h		
6/30/08	7757	9	USOT/USA, Eugene	10.90-0.4	688-0.9	1400	187	47.64	14.38+1.9	4749	420	4586	4:21.34			
8/03/08	8175	3	vs Germany, Manhattan	10.74+0.6	744+3.2	1401188	47.77	14.15+1.1	4723	455	5476	4:23.33				

4/16/09 dnf - Mt SAC R, Azusa 10.96+3.4 705+6.8 1336 182 49.29 14.40+1.2 4574 withdrew

**PRs:** 8175 / 5883 **10.72 0.0 747-0.4 1499 199 47.64 14.14+1.4 5145 455 6217 4:21.34**  
**Indoor:** 55m Hurdles: 7.49, 60m Hurdles: 7.92, 60m 6.90  
**Summary:** 19 career meets, 18 finishes, 8 wins, PR score: 8175; Top Ten Ave = 7862.1

## NICK ADCOCK

**DOB:** April 2, 1988  
**POB:** Kansas City, MO  
**Ht/Wt:** 6-2, 180  
**Hometown:** Kansas City, MO  
**High School:** Oak Park HS  
**College:** Missouri '10



**2009:** A pair of vault no-heights marred early outdoor season. Placed 4<sup>th</sup> at NCAA indoor heptathlon. Won initial heptathlon at Texas A&M new facility in January (5508), then was silver medalist at Big 12 affair (5747). **2008:** Opened outdoor campaign with PR 7329 win at Kansas Relays then was runner-up at Big 12 with PR 7657. Placed 4<sup>th</sup> at NCAA decathlon with 7612 score. 4<sup>th</sup> at NCAA indoor (5776) after winning Big 12 Heptathlon with 5795 score. **2007:** Was USA national junior champ after 8<sup>th</sup> at Big 12 champs with PR 7078 score after a 6<sup>th</sup> place at Walton Multis at home where he posted a 6694 total. Runner-up at Arizona's Click decathlon (6977). Indoors was 10<sup>th</sup> at Big 12 heptathlon with 5129. **High School:** a 6 time all-state performer with PRs 14.09 hurdles and 6-7 high jump. Coach: Mike Maus. **Personal:** Son of Gary and Sue Adcock. Business major.

				<b>Career:</b>												
<b>Indoor:</b>				60m	lj	sp	hj	60H	pv	1000m						
2/10/07	4993	7	Iowa State Ames	7.32	634	1131	204									
2/24/07	5129	10	Big 12 Ames	7.24	654	1266	199	8.47	352	2:44.21						
2/15/08	5644	3	Cyclone Ames	6.72	695	1339	205	7.66	425	2:41.29	[55m,55H]					
3/01/08	5795	1	Big 12 Lincoln	7.09	685	1378	212	8.12	455	2:45.91						
<b>3/15/08</b>	<b>5776</b>	<b>4</b>	<b>NCAA Fayetteville</b>	<b>7.14</b>	<b>680</b>	<b>1382</b>	<b>208</b>	<b>8.10</b>	<b>445</b>	<b>2:39.56</b>						
1/31/08	5508	1	Texas A&M College Station	7.18	681	1374	202	8.33	440	2:50.87						
2/28/09	5747	2	Big 12 College Station	7.14	679	1315	206	8.12	465	2:41.26						
3/14/09	5714	4	NCAA College Station	7.17	688	1461	202	8.24	460	2:45.74						
<b>Outdoor:</b>				100m	w	lj	w	sp	hj	400m	110H	w	disc	pv	jav	1500m
3/23/07	6612	2	Click Tucson	11.17	+1.5	634	0.0	1275	189	49.38	14.98	+0.7	2820	375	4518	4:56.55
4/13/07	6694	6	Walton Columbia	11.23	+3.0	627	+1.3	1256	195	50.18	14.88	0.0	2760	345	5280	4:44.26
5/12/07	7078	8	Big 12 Lincoln	11.22	+0.7	639	+0.4	1305	201	48.88	14.99	-0.7	2724	405	5638	4:42.05
6/21/07	7293*	1	USA Jr Indianapolis	11.20	+0.7	634	+0.8	1395	202	49.36	14.43	+2.0	3541	410	5526	4:49.77
7/07/07	7074*	2	Pan-Am Jr Ibirapuera	11.37	+0.2	628	+0.9	1430	195	48.57	14.26	0.0	2676	390	5284	4:37.49
4/18/08	7329w	1	Kansas R Lawrence	10.99	+4.1	685	+4.4	1313	193	49.25	14.44	+2.7	3256	437	4834	4:36.17
<b>5/17/08</b>	<b>7657</b>	<b>2</b>	<b>Big 12 Boulder</b>	<b>10.94</b>	<b>+0.7</b>	<b>731</b>	<b>+1.8</b>	<b>1323</b>	<b>201</b>	<b>48.03</b>	<b>14.36</b>	<b>+0.7</b>	<b>3549</b>	<b>435</b>	<b>5626</b>	<b>4:49.85</b>
6/12/08	7612	4	NCAA Des Moines	11.18	-1.0	687	-2.0	1350	199	48.88	14.59	-1.4	3742	460	5335	4:35.53
7/20/08	7364	2	NACAC u23 Toluca	11.10	-1.4	714	nwi	1329	212	49.41	14.63	-0.1	3285	430	5529	5:21.49
4/16/09	dnf	-	Mt Sac R, Azusa	11.10	+3.9	693	+2.9	1375	197	50.29	14.71	-1.6	3176	nh		withdrew
5/16/09	7059	8	Big 12 Lubbock	10.86	+2.6	708	+3.1	1402	201	48.21	14.22	+1.0	3408	nh	5454	4:29.94

**PRs:** 7657 / 5795 **10.86+2.6 731+1.8 1461 212 48.03 14.22+1.0 3742 465 56384:35.53**  
**Indoor:** 60m: 7.09; 60H: 8.10; 1000m: 2:39.56  
**Summary:** 11 meets, 10 finishes, 2 wins, PR score: 7657.

# ROBERT 'Jake' ARNOLD

DOB: January 3, 1984  
 POB: Santa Rosa, CA  
 Ht/Wt: 6-3, 188  
 Hometown: Santa Rosa, CA  
 High School: Maria Carrillo HS, CA  
 College: U of Arizona '07  
 Asics



**2009:** After winning MultiStars meet in Desanzano, Jake placed 10<sup>th</sup> (8069) in Götzis. Won 2<sup>nd</sup> USA indoor heptathlon crown. **2008:** A 4<sup>th</sup> place at US Olympic Trials was followed by a runner-up 8191 score vs Germany. 8<sup>th</sup> at MultiStars in Italy after a win at USA indoor heptathlon. **2007:** Eye-opening 8215 win at NCAAs made him first to repeat since 1985 and #29 American all-time. Pr'd at LSU with 7946 opener in March, then defended PAC 10 crown with 7755. Runner-up in Albuquerque and winner of Mountain Pacific hepts before placing 2<sup>nd</sup> at NCAA indoor. Opened **2006:** Surprise winner of NCAA outdoors and then placed 3<sup>rd</sup> at USAs. Placed 5<sup>th</sup> at NCAA's with PR 5640. Outdoors was 3<sup>rd</sup> at Jim Click decathlon on home track with PR 7470, then won PAC-10 champs with significant 7691 PR improvement. Lifetime bests in 7 deca events in 2006 season. **2005:** During indoor season, established a new MPSF Championship heptathlon mark and Arizona school record of 5518 points. In the outdoor season, had a season best score in the decathlon of 7,259 points. **2004:** Did not compete, using a red-shirt season. **2003:** Placed seventh at the Pac-10 championships in the decathlon. Also finished 3rd at the 2003 Junior Nationals. **High School-** Four year letter winner and also lettered in basketball, soccer, and football. **Personal:** Son of Mike and Catherine Arnold. Majored in Retail and Consumer Sciences.

## Career :

Indoor:		60m lj sp hj 60h pv 1000m																
1/29/05	5331 1	Athletes.com, Boise																
2/26/05	5518 1	Mtn Pacific Conf, Seattle	7.27	677	1258	199	8.47	485	2:46.68									
3/12/05	4575 12	NCAA Champs, Fayetteville	7.33	653	1253	198	8.32	nh	2:49.11									
2/04/06	5607 1	Mountain T, Flagstaff	7.27	682	1319	202	8.38	507	2:53.84									
2/25/06	5562 2	Mountain Pacific, Seattle	7.24	666	1398	185	8.33	496	2:43.55									
3/11/06	5640 5	NCAA I, Fayetteville	7.32	664	1364	194	8.14	510	2:47.16									
1/26/07	5687 2	Cox, UNM, Albuquerque	7.20	662	1409	199	8.13	500	2:50.34									
2/24/07	5673 1	Mountain Pacific Conf, Seattle	7.20	691	1410	201												
<b>3/10/07</b>	<b>5909 2</b>	<b>NCAA I, Fayetteville</b>	<b>7.24</b>	<b>670</b>	<b>1483</b>	<b>198</b>	<b>8.11</b>	<b>530</b>	<b>2:42.62</b>									
2/02/08	5659 2	Husker, Lincoln	7.17	680	1440	196	8.28	494	2:52.09									
3/09/08	5851 1	USA, Chapel Hill	7.11	705	1460	198	8.09	490	2:47.49									
3/08/09	5748 1	USA, Chapel Hill	7.20	681	1494	197	8.15	495	2:50.03									
Outdoor:		100m w lj w sp hj 400m 110H w disc pv jav 1500m																
4/17/03	6489 7	Cal Invt, Azusa																
5/11/03	6834 7	Pac-10, Los Angeles	11.64+0.5	630		1135	192	52.00	15.42+0.2	3597	465	4856	4:39.54					
6/20/03	6772* 3	USATF Jr, Palo Alto	11.85-0.4	606		1291	187	52.55	15.80+0.8	3938	440	5507	4:46.67					
4/14/05	7259 7	Mount Sac R, Azusa	11.41+0.6	659		1203	186	50.39	15.00+2.2	3871	490	5294	4:39.14					
5/08/05	6617 6	PAC-10, Los Angeles	11.38	0.0	667+1.1	1275	195	50.72	15.05+1.2	3f	495	4542	4:48.13					
6/09/05	[5140]dnf	NCAA I, Sacramento	11.56-1.5	670+1.9		1233	191	49.75	14.74+0.5	3685	nh	withdrew						
3/24/06	7470 3	Click, Tucson	11.16+2.3	633	0.0	1343	192	49.52	14.51+2.2	3993	490	5519	4:52.17					
5/07/06	7691 1	Pac-10, Eugene	11.20+1.4	680+0.7		1351	198	50.04	14.65-1.7	4038	495	5782	4:45.41					
6/08/06	7870 1	NCAA I, Sacramento	11.34-1.0	694+0.3		1443	195	48.72	14.59-0.8	3908	500	5959	4:35.50					
6/24/06	7827 3	USATF, Indianapolis	11.23+0.5	683-0.1		1427	199	49.48	14.67-0.9	3878	490	5861	4:31.04					
3/30/07	7946 1	LSU, Baton Rouge	11.26+0.3	697nwi		1439	201	49.26	14.46+0.5	4343	510	5428	4:40.60					
5/06/07	7555 1	PAC-10, Palo Alto	11.24+1.0	669+1.4		1501	207	49.72	14.55+1.6	3686	515	6009	5:07.40					
<b>6/07/07</b>	<b>8215 1</b>	<b>NCAA I, Sacramento</b>	<b>11.12+2.0</b>	<b>688+2.2</b>		<b>1415</b>	<b>202</b>	<b>48.38</b>	<b>14.20+1.8</b>	<b>4442</b>	<b>530</b>	<b>5880</b>	<b>4:34.22</b>					
6/23/07	7921 3	USATF, Indianapolis	11.23+0.3	689+2.9		1493	199	48.70	14.36+1.9	3971	500	5523	4:36.21					
9/01/07	8004 13	IAAF WC, Osaka	11.14+0.2	686+0.4		1473	203	49.02	14.72-0.2	4370	510	5601	4:43.68					
5/11/08	7520 8	MultiStars, Desanzano	11.08+1.1	639+1.3		1408	195	49.85	14.39+0.4	3906	475	5312	4:44.52					

6/30/08	8130	4	USOT/USA, Eugene	11.11-0.4	704+1.3	1454	196	48.66	14.12+0.8	4602	500	5785	4:31.61	8/03/08
	8191	2	vs Germany, Manhattan	11.03+0.6	722+1.8	1517	200	49.49	14.26+1.1	4571	495	5804	4:36.11	
5/10/09	7994	1	MultiStars, Desanzano	11.17+0.9	683+1.4	1431	204	49.53	14.28	0.0	4419	505	5557	4:38.71
5/31/09	8069	10	Hypo Bank, Götzis, AUT	11.06+0.4	692-0.7	1420	200	49.17	14.27-0.8		4576	490	5684	4:31.13

**PRs:** 8215 / 5909 11.03+0.6 722+1.8 1517 207 48.38 14.12+0.8 4602 530 6009 4:31.04

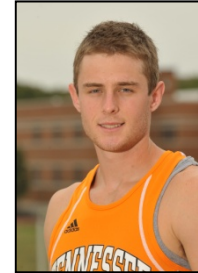
**Indoors:** 60m: 7.11, 60H: 8.09; 1000m: 2:42.62

\*- Junior implements/hurdles

Summary: 19 career meets, 18 finishes, 6 wins, PR 8215, 5x>8000, Top Ten Average: 8016.7.

## MICHAEL AYERS

DOB: November 7, 1988  
 POB: Nashville, TN  
 Ht/Wt: 6-0, 179  
 Hometown: Nashville, TN  
 High School: Ravenwood Academy '07  
 College: Tennessee '11



**2009:** 4<sup>th</sup> at NCAAs with breakthrough PR 7794. Captured Sea Ray Relays with PR 7480 score. 10<sup>th</sup> at NCAA indoor heptathlon. Won Clemson Multis (5590) and SEC heptathlon (5717), both with significant PRs. **2008:** Placed 12<sup>th</sup> in first try at NCAAs (7288) after a PR 3<sup>rd</sup> at SEC. Scored in SEC vault with PR 5.05m/16-6¾. 3<sup>rd</sup> at Sea Ray Relays with PR 7227 score. **2007:** Set Tennessee state decathlon (which has a triple jump instead of javelin) record of 7377 points for 3<sup>rd</sup> consecutive title. **2006:** Was National Junior Olympic runner-up in 2006 (young men's division). Club coach was Gary Kinder. **Personal:** Full name is Michael Patrick Ayers II. Parents are Mike and Patty Wrenne Ayers. Major is Arts and Science.

### Career:

#### Indoor:

3/ /07	5	Nike HS Nationals												
1/26/08	5087	4	Penn St Open, U Park	7.22	671	1237	188	9.33	455	2:50.56				
3/01/08	5286	3	SEC, Fayetteville	7.13	644	1121	196	8.99	494	2:46.81				
1/31/09	5590	1	JRF, Clemson	7.11	699	1301	189	8.63	510	2:47.46				
<b>2/28/09</b>	<b>5717</b>	<b>1</b>	<b>SEC, Lexington</b>	<b>7.04</b>	<b>677</b>	<b>1349</b>	<b>200</b>	<b>8.61</b>	<b>515</b>	<b>2:46.96</b>				
3/14/09	5454	10	NCAA, College Station	7.13	699	1303	193	8.70	470	2:50.10				

#### Outdoor:

5/??/05	6637	?	Tenn StateAAA,	11.54	630	1170	???	53.00	16.57	1297tj	3568	442	4:35.75	
6/23/05	5286	15	USA Jr, Carson											
7/??/05	6495	4	Nat Jr Oly,	11.46+3.6	646+1.6	1307	180	51.67	17.13+0.6	3375	440	4305	4:46.39	
6/22/06	6398	9	USA Jr, Indianapolis	11.24+3.4	608-0.7	1298	180	50.28	19.97+1.8	3377	460	4959	4:48.55	
7/??/06	6865	2	Nat Jr Oly, Baltimore(YM)			1453	180	51.33	16.47	3493	450	4766	4:46.68	
5/01/07	7377	1	Tenn St AAA, Murfreesboro	11.34	668	1443	193	49.92	15.99	1420tj	3512	472	4:39.54	
7/ /07	7079	1	Junior AAU											
4/10/08	7227	3	Sea Ray R, Knoxville	10.94+0.3	688	0.0	1278	196	49.74	16.31+1.8	3675	475	5069	4:54.81
5/16/08	7360	3	SEC, Auburn	10.87+3.8	699+3.1	1254	192	49.69	15.98+2.8	3794	465	5249	4:41.36	
6/12/08	7288	12	NCAA, Des Moines	11.17-1.1	665-1.5	1256	187	49.87	15.91-1.4	3790	500	5330	4:41.40	
4/09/09	7480	1	Sea Ray R, Knoxville	10.86+3.1	677+3.2	1273	192	50.09	15.66+3.0	4107	495	5394	4:47.10	
5/14/09	7366	2	SEC, Gainesville	10.98+1.1	671	0.0	1237	186	49.60	16.36+0.7	3821	495	5963	4:42.32
<b>6/11/09</b>	<b>7794</b>	<b>4</b>	<b>NCAA, Fayetteville</b>	<b>10.73+4.1</b>	<b>736+1.9</b>	<b>1282</b>	<b>199</b>	<b>49.12</b>	<b>15.71+0.1</b>	<b>3836</b>	<b>500</b>	<b>5778</b>	<b>4:44.07</b>	

**PRs:** 7794 / 5717 10.73+4.1 736+1.9 1349 200 49.12 15.66+3.0 4107 515 5963 4:35.75

**Indoor:** 60m: 7.04; 60H: 8.61; 1000m: 2:46.81.

# CHRIS BOYLES

## Progression:

2001j	Messiah	6780	(x,x, )	Christopher Boyles
2002s	Messiah	7115	(x,x, )	DOB: May 2, 1980
2003			injured	POB:
2004	WGA	7827	(x,x,12)	Ht: 6-3, Wt 205
2005	unat	7679	(x,7,11)	Messiah (PA) College '02
2006	CBO-Elite	7855	(x,5,8)	WGA, CBO-Elite
2007	CBO-Elite	7791	(x, ,10)	
2008	CBO-Elite	7723	( )	



**2009:** 7<sup>th</sup> at Pan Am Cup in Havana. **2008:** Opened 2008 indoor season with PR 5842 score at Wisconsin Elite, then placed 3<sup>rd</sup> at USA heptathlon. 6<sup>th</sup> at Pan American champs(NACAC). Placed 6<sup>th</sup> in Thorpe Cup(vs Germany **2007:** 5769 score at Wisconsin Elite, placed 2<sup>nd</sup> at USA indoor nationals and 4<sup>th</sup> at NACAC in Santo Domingo (7791). 5<sup>th</sup> at USA nationals outdoors. **2006:** First major international victory, 7855 at MultiStars in Desanzano, after a 3<sup>rd</sup> place finish at USA indoor champs. Chris then placed 4<sup>th</sup> at the USA nationals, was top American vs. Germany and was bronze medalist at NACAC in San Juan. **2005:** 4<sup>th</sup> at USATF indoor meet in Chapel Hill and 7<sup>th</sup> at the outdoor meet in Carson. He was 4<sup>th</sup> at North American, Central America and Caribbean meet in San Juan in late June with 7678 score including a 2.18m/7-1 ¾ high jump. He was 7<sup>th</sup> at USDA nationals and 7<sup>th</sup> in Bernhausen vs Germany. **2004:** Had a promising 2004 season curtailed when he broke a vertebrae in his back during the USATF indoor meeting in Chapel Hill. After 3 months of therapy he finally got back on track and added 700+ points to his PR with a 7827 score. Placed 10<sup>th</sup> at Olympic Trials. **2002:** Penn Relays and NCAA III champ while at tiny Messiah College, Grantham, PA, where he was primarily a high jumper.

## Career:

### Indoor:

2/13/04	5674	2	Holiday Inn, Boise	7.34	690	1290	211	8.0h	496	2:53.24
3/07/04	dnf	-	USATF, Chapel Hill	7.26	694	1357	210	8.37	451	dns
3/06/05	5694	4	USATF, Chapel Hill	7.24	707	1409	210	8.29	460	2:52.93
1/28/06	5600	1	Liberty, Lynchburg	7.15	679	1377	211	8.36	465	2:57.46
3/05/06	5751	3	USATF, Chapel Hill	7.25	682	1482	208	8.35	482	2:49.09
1/27/07	5769	2	Wisconsin-Elite, Madison	7.21	720	1500	207	8.30	465	2:53.67
3/04/07	5702	2	USATF, Chapel Hill	7.23	687	1425	214	8.39	462	2:50.84
1/26/08	5842	1	Wisconsin Elite, Madison	7.23	683	1495	206	8.24	500	2:47.86
3/09/08	5688	3	USA, Chapel Hill	7.25	665	1411	207	8.24	490	2:50.99

### Outdoor:

4/25/01	6759	2	Penn R, Phila	11.52+1.4	643-1.2	1125	208	52.86	15.29+2.0	3444	400	4818	4:43.85		
5/25/01	6780	4	NCAAIII, Decatur	11.20+1.1	667+0.5	1174	213	51.65	15.28-2.0	3100	410	4006	4:55.93		
4/24/02	6946	1	Penn R, Phila	11.50+0.7	632+2.0	1193	209	51.89	15.38+1.1	3646	440	5090	4:55.36		
5/20/02	7115	1	NCAAIII, St Paul	11.59+0.3	690+1.8	1241	205	50.19	15.32-1.1	3701	445	4775	4:55.18		
6/16/04	7827	1	C-BO, Atascadero	11.30+1.7	746	1386	202	52.55	14.73+4.1	4344	495	5942	4:49.35		
7/17/04	7536	10	OlyTrials, Sacram	11.44-1.0	694-0.2	1363	210	51.57	15.67	0.0	4392	480	6220	5:12.24	
3/24/05	[5341]dnf		Fla R, Gainesville	11.23+1.0	687+0.2	1271	209	dnf	14.99	0.0	4261	nh	5960	dns	
5/08/05	dnf	-	MultiStars, Salo	11.38+1.1	723-0.4	1326	218	50.68	15.45-1.7	3912	nh	withdrew			
5/28/05	7679	4	NACAC, San Juan	11.11+3.2	717+2.4	1475	201	50.74	14.75nwi	4110	470	5395	4:55.01		
6/24/05	7567	7	USATF, Carson	11.58-0.6	684+0.1	1443	212	51.17	15.25-1.4	4035	460	6077	4:54.32		
7/24/05	7595	5	vsGer,Bernhausen	11.21	0.0	723	0.0	1378	212	50.40	15.08-0.6	4198	430	5383	4:54.14
5/14/06	7855	1	M-Stars,Desanzano	11.39-0.5	723+0.9	1490	209	50.48	15.18-1.3	4197	490	5825	4:49.56		
6/24/06	7780	4	USATF, Indy	11.42-0.4	722-0.1	1441	211	50.91	15.04-0.9	4274	470	5902	4:52.13		
8/06/06	7672	3	vs Ger,Manhattan	11.23+1.5	742+2.1	1424	203	51.27	14.85+1.0	4446	445	5593	4:58.45		
8/26/06	7703	3	NACAC, San Juan	11.28+2.9	687+3.2	1457	207	51.26	14.89+1.1	4406	460	6084	4:56.18		
9/17/07	[5020]dnf		DecaStar,Talence	11.48+1.8	687	0.0	1288	204	53.08	15.91-0.7	3476	nh	withdrew		
3/23/07	[ ]dnf		Deacon, W-Salem	11.33+1.7	688+1.3	1418									
5/08/07	[ ]dnf		Clemson Invnt	11.32+3.3	700+1.8	1420	nh	dnf	14.90+1.7	4503	470	5738	dnc		
5/26/07	7791	4	NACAC, SDomingo	11.40-2.0	726	1429	206	50.94	14.73-0.2	4444	470	5776	4:52.52		
6/23/07	7804	5	USATF, Indianapolis	11.35+0.3	717+2.3	1533	208	51.09	14.90+1.4	4133	500	5370	4:52.79		

7/24/07	7666	6	Pan-Am,Riod'Janierio	11.29-0.8	707+0.6	1497	206	51.36	14.98-0.3	4267	460	5552	4:52.00	
8/19/07	7470	7	vs GER, Bernhausen	11.33-0.1	673	0.0	1486	203	51.44	15.02+0.7	4501	470	5316	5:10.35
8/25/07	[ ]	dnf	Woerden, NET	11.43	695		1473	208	51.35	15.02	4094		withdrew	
5/15/08	[ ]	dnf	Deacon, W-Salem	11.19+2.6	nm		1548	nh	51.46	15.17+0.6	nm	462	5834	dnf
6/01/08	7650	6	PanAm, S Domingo	11.26+1.9	733+1.6	1481	194	51.02	14.87+1.4	4363	440	5921	4:53.67	
6/30/08	[ ]	dnf	USOT/USA, Eugene	11.30-0.4	nm		1457	208					withdrew	
8/03/09	7723	6	vs GER, Manhattan	11.06+2.9	715+2.9	1411	203	52.29	14.88+2.7	4715	465	5816	5:00.06	
5/30/09	7131	7	Pan AM CE, Havana	11.61+0.2	650+0.2	1425	198	52.64	15.37-0.1	4352	470	5276	5:12.80	

**Decathlon PRs:** 7855 / 5769 11.06+2.9 746 1533 218 50.0h 14.4h 4501 500 6220 4:43.85

Indoors: 60m: 7.15; 60H: 8.24; 1000m: 2:47.86.

**Summary:** 28 career meets, 20 finishes, 4 wins, PR score: 7855; Top Ten Ave= 7750.0, 2<sup>nd</sup> Ten= 7254.9

## DESI BURT

DOB: 2005 Cal St-LA  
 POB: 2006 Cal St-LA  
 Ht/Wt: 6-4, 190 2007 Cal St-LA  
 Hometown: San Diego, CA 2008 Cal St-LA  
 High School: Serra HS 2009 VS Athletics  
 College: Cal State-LA '08  
 Club: VS Athletics



**2009:** Places 3<sup>rd</sup> at Mt Sac Relays then PR'd with 7645 win at Claremont. **2008:** 3<sup>rd</sup> at NCAA II. Mount Sac Relays runner-up. CCAA Athlete of the year. Won 4<sup>th</sup> conference high jump title. **2007:** NCAA II Regional Athlete of Year. **2006:** CCAA decathlon winner. **2005:** 3<sup>rd</sup> at CCAA decathlon. **High School:** 2x San Diego section hj champ. **Personal:** Son of Eunita Burt. Majored in Rehab Services.

### Career:

**Indoor:**

**Outdoor:**

5/ /05	3	CCAA													
5/ /06	1	CCAA													
3/16/07	7157	1	Spring, Northridge	11.46	0.0	697+0.2	1246	216	49.44	15.44	0.0	3555	380	5422	4:57.24
5/25/07	dnf	-	NCAA II, Charlotte	11.35+1.2	688-1.9		1161	213	49.78	15.19	0.0	3617	nh		withdrew
3/21/08	dnf	-	CSU-N R, Northridge	11.16+1.4	700+1.1		1347	210	50.13						withdrew
4/11/08	dnf	-	Rafer/JJK, Los Angeles	11.41-0.5	3f		1301								withdrew
4/17/08	7528	2	Mt Sac R, Azusa	11.25-1.3	721+2.7	1316	209	49.40	14.88+1.8	3778	425	5667	4:54.49		
5/23/08	7171	3	NCAA II, Walnut	11.25+0.4	710+1.3	1307	213	49.97	14.71+2.0	3631	340	5827	5:16.27		
4/16/09	7484	3	Mt Sac R, Azusa	11.30+3.4	710+3.3	1276	210	49.75	14.50+1.2	3867	430	5196	4:50.39		
5/02/09	7645	1	Classic, Claremont	11.04+2.5	701+1.6	1336	213	49.53	14.45+0.9	4308	430	5472	5:06.63		

**PRs:** 7645 11.04+2.5 721+2.7 1347 216 49.40 14.45+0.9 4308 430 5827 4:50.39



# MATT CHISAM

DOB:  
 POB:  
 Ht/Wt: 6-4, 210  
 Hometown: San Jose, CA  
 High School: St Francis HS '00  
 College: UC-Davis '05



**2009:** 14<sup>th</sup> at MultiStars in Italy. **2008:** 15<sup>th</sup> at US Olympic Trials. **Pre-2008:** was 2003 NCAA Div II runner-up. B.S. in optical science and engineering. Current coaching assistant, Harvard.

## Career:

### Indoor:

1/29/05	4815	4	Athletes.com, Boise	
2/26/05	5074	6	Mtn Pacific Conf, Seattle	7.52 639 1214 184 8.52 465 2:50.53
1/28/06	4395	16	U Wash Invt, Seattle	
1/12/08	4531	3	Dartmouth R, Hanover	7.48 646 nm 202 8.81 460 2:54.01
1/24/09	5322	1	Crimson, Cambridge	7.47 649 1400 199 8.40 455 2:54.11
<b>3/08/09</b>	<b>5443</b>	<b>4</b>	<b>USA, Chapel Hill</b>	<b>7.33 654 1433 197 8.37 465 2:51.80</b>

### Outdoor:

3/28/02	6569	7	Cal Multis, Berkeley	
4/17/02	6673	3	Cal/Nevada, Sacramento	
2/28/03	6676	2	Chico Multis, Chico	11.83 642 1222 188 53.02 15.14 3725 455 4784 5:03.20
4/17/03	6971	1	Sac St Dec, Sacramento	
5/23/03	7189	2	NCAA II, Edwardsville	11.30+3.1 662+3.0 1268 192 51.70 14.91+3.1 3540 485 5402 4:51.91
4/14/05	6996	8	Mt Sac R, Azusa	
4/13/06	6853	9	Mt Sac R, Azusa	11.59 0.0 636nwi 1193 195 53.18
6/04/06	7403	2	Texas GA Dallas	11.43+0.8 652-1.3 1332 199 52.10 14.89+1.0 4209 485 5795 4:54.70
4/12/07	6409	7	Sea Ray R. Knoxville	11.57 0.0 646+0.3 1235 195 52.00 14.72+3.0 4581 nh 4936 4:48.87
6/03/07	7251	4	Texas GA, Dallas	11.49 0.0 640+1.2 1324 189 51.38 15.01-1.2 4147 480 5311 4:43.89
7/15/07	7605	1	St. Marks, Dallas	11.31+2.7 661+0.3 1381 193 51.78 14.77+1.6 4334 485 6087 4:41.83
3/27/08	dnf	-	Rice U, Houston	11.60-0.3 3f 1406 withdrew
4/11/08	7522w	2	LSU, Baton Rouge	11.32+3.0 694+4.3 1431 200 51.47 14.69+2.5 4237 465 5150 4:49.97
<b>6/08/08</b>	<b>7696w</b>	<b>2</b>	<b>Texas GA, Dallas</b>	<b>11.16+4.3 667+1.5 1421 194 51.76 14.93+0.4 4392 510 5625 4:39.78</b>
6/30/08	7429	15	USOT/USA, Eugene	11.45-0.4 625+0.1 1376 193 52.10 14.88+1.7 4377 510 5508 4:46.56
5/10/09	7287	14	MultiStars, Desenzano	11.38+0.1 623-0.1 1452 189 51.80 14.83+1.6 4276 465 5323 4:46.33]
6/07/09	5886	5	Texas GA, Dallas	11.28+3.5 611nwi 1480 188 52.34 dnf 4371 495 5473 dnf

**PRs:** 7696w / 5322 11.28+3.5 694+4.3 1480 202 51.38 14.69+2.5 4581 510 6087 4:39.78  
**Indoor:** 60m: 7.48; 60h: 8.40; 1000m: 2:50.53.

# MAT CLARK

DOB: May 31, 1987  
 POB:  
 Ht/Wt: 5-11. 171  
 Hometown: Ames, IA  
 High School: Ames HS, IA  
 College: Northern Iowa '10



**2009:** 9<sup>th</sup> at NCAAs with 7608 effort. Captured Missouri valley title with PR 7785 score (an identical score with that of the PR of coach Travis Geopfert). Drake Relays winner with 7663 score. A vault no-height at Missouri Valley Conf meet ruined indoor season. Opened outdoors with 7202 5<sup>th</sup> place at Texas Relays. **2008:** Placed 10<sup>th</sup> at NCAAs and 18<sup>th</sup> at Olympic Trials. Scored huge PR 7691 for 2<sup>nd</sup> at Drake Relays, then placed 2<sup>nd</sup> at Missouri Valley conference. 11<sup>th</sup> at NCAA indoors getting 3 consecutive PR scores. **2007:** Runner-up at Missouri Valley Conf. indoors and out. 4<sup>th</sup> at Drake Relays. **2006:** Runner-up at Missouri valley Conf. indoors and out. 2<sup>nd</sup> at USA Junior nationals but dnf'd IAAF World Jr champs in Beijing. **Personal:** Son of James and Karen Clark. Major in biology.

## Career:

### Indoor:

1/28/06	4991	2	N Iowa Invt, Cedar Falls	7.30	685	1064	189	9.37	415	2:39.40
2/25/06	5173	2	Missouri Valley, Cedar Falls	7.30	693	1092	200	9.15	415	2:39.28
1/27/07	5237	2	Northern Iowa, Cedar Falls	7.24	703	1183	195	9.23	430	2:40.79
2/24/07	5184	2	Missouri Valley, Carbondale	7.36	676	1141	198	9.22	440	2:39.18
2/02/08	5560	2	UNI, Cedar Falls	7.15	717	1290	202	8.89	450	2:40.93
3/02/08	5608	2	Missouri Valley, Cedar Falls	7.11	717	1269	199	8.70	464	2:37.96
<b>3/15/08</b>	<b>5613</b>	<b>11</b>	<b>NCAA, Fayetteville</b>	<b>7.14</b>	<b>721</b>	<b>1297</b>	<b>193</b>	<b>8.72</b>	<b>455</b>	<b>2:35.26</b>
1/31/09	5488	1	UNI Invt, Cedar Falls	7.14	716	1262	194	8.89	460	2:42.09
3/01/09	4798	6	Missouri Valley, Cedar Falls	7.12	729	1223	197	8.61	nh	2:42.58

### Outdoor:

3/17/06	6005	3	Spring Break, San Angelo							
4/14/06	6733	4	Emporia St U, Emporia							
5/13/06	6891	2	Missouri Valley, Wichita	11.31+0.8	657-0.4	1135	186	51.00	16.32+2.1	3451 425 5298 4:22.06
6/22/06	7243*	2	USA Jr, Indianapolis	11.08+1.7	680+1.1	1190	195	50.73	15.27+1.8	3579 440 5163 4:28.71
8/17/06	dnf *	-	IAAF Jr WC, Beijing	11.19+1.3	691-0.5	1177				
4/05/07	6989	6	Texar R, Austin	11.11+3.8	677+4.9	1167	190	50.38	16.73+1.8	3421 430 4849 4:17.76
4/26/07	6838	4	Drake R, Des Moines	11.20+2.4	667+3.3	1140	193	50.72	16.51+2.3	3270 400 5070 4:20.55
5/12/07	7072	2	Missouri V, Des Moines	11.08+2.8	702+2.0	1128	188	49.85	17.17-3.6	3281 425 5693 4:18.31
4/18/08	dnf	-	McDonnell, Fayetteville	11.11+0.7	704+1.4	1244	187	49.91	15.82+1.2	3f nh withdrew
4/24/08	7691	4	Drake R, Des Moines	10.8h+2.5	713+0.4	1247	202	49.60	15.4h+2.8	3904 430 5971 4:14.38
5/17/08	7420	2	Missouri V, Carbondale	10.75+0.7	725+2.9	1246	198	48.77	15.58+1.2	3775 435 4577 4:37.57
6/12/08	7430	10	NCAA, Des Moines	11.13-1.1	696-1.0	1237	202	49.51	15.73-1.4	3711 440 4914 4:17.31
6/30/08	7279	17	USOT/USA, Eugene	11.21+0.1	683-0.6	1252	193	48.71	15.62+1.7	3399 440 4561 4:12.60
4/02/09	7202	5	Texas R, Austin	11.04+1.8	716+1.0	1207	193	50.20	16.18+4.1	3406 425 5154 4:23.89
4/23/09	7663	1	Drake R, Des Moines	11.15-0.2	717+0.5	1221	202	49.03	15.76+0.3	3659 460 5759 4:16.89
<b>5/16/09</b>	<b>7785</b>	<b>1</b>	<b>Missouri V, Terre Haute</b>	<b>11.03+2.2</b>	<b>717+2.0</b>	<b>1255</b>	<b>204</b>	<b>49.11</b>	<b>15.87-0.1</b>	<b>4064 495 5519 4:28.47</b>
6/11/09	7608w9		NCAA, Fayetteville	10.80+4.1	731+3.4	1217	196	49.35	16.14-1.3	3897 440 5486 4:16.96

PRs: 7785 / 5613

10.75+0.7 731+3.4 1297 204 48.71 15.58+1.2 4064 495 5971 4:12.60

Indoors: 60m 7.11; 60mH 8.61 1000m 2:35.26

Summary: 17 meets, 15 finishes, 2 wins, PR score:: 7785 Top Ten Ave: 7413.9

\*- Junior implements

# BRYAN CLAY

## Progression:

1999	Azusa Pacific	7312	(x,x,38)	Bryan Ezra Clay
2000	Azusa Pacific	7373	(x,x,35)	DOB: Jan. 3, 1980
2001	Azusa Pacific	8169	(x,4,4)	POB:
2002	Azusa Pacific	8230	(x,2,2)	Ht: 5-11, Wt: 186
2003	unat	8482	(5,2,2)	Castle HS , Honolulu, HI
2004	unat	8820	(2,1,1)	
2005	Nike	8732	(1,1,1)	Azusa Pacific U, '02
2006	Nike	8677	(1,1,1)	Nike
2007	Nike	8493	( )	
2008	Nike	8832	(1,1,1)	



In **2008**: Captured IAAF World Indoor heptathlon (6371) in Valencia, won US Olympic Trials with PR 8832 score, then became 11<sup>th</sup> American to win the Olympic decathlon gold medal (in Beijing). In **2007** dnf'd at USA champs after placing third at Götzis with 8493 in spite of discus snafu. Bryan opened **2006** outdoor season with a victory at Götzis (8677), the first American victory there ever. He had been runner-up at the IAAF world indoor heptathlon. 'Dnf'd at USATF in Indianapolis due to dehydration.

Bryan's **2004** year was a dream. Not only did he capture the US Olympic Trials with a PR score of 8660, but he then won the silver medal at the Olympic Games in Athens behind Roman Sebrle with an 8820 score, becoming America's 23<sup>rd</sup> Olympic decathlon medalist. Of Americans, only Dan O'Brien has ever scored more. Bryan then was 2<sup>nd</sup> (again to Sebrle) at France's DecaStar to capture 2<sup>nd</sup> in the IAAF Grand Prix Combined Events Challenge. And only at 25!

**2005** was even better as Bryan won a 2<sup>nd</sup> USA championship (using a world best 55.87m discus sling in the process) followed by the IAAF world title in Helsinki (8732 pts), all of which notched him a #1 world ranking for the season. He opened the **2006** campaign with a silver medal at the IAAF indoor championships in Moscow.

Bryan was 1999 National USATF Junior champion and Pan-American Jr Champion as freshman at Azusa Pacific where he is coached by Kevin Reid. As a sophomore (2000) he was both NAIA indoor pentathlon and outdoor decathlon champion. Made dramatic breakthrough in April, 2001 with 7980 PR win at Mount SAC Relays, then placed an eye-opening 3<sup>rd</sup> at the USATF nationals. Injured he dnf'd the IAAF Worlds in Edmonton and was 13 a World University Games in Beijing, China. In 2002, after knee surgery in April, he recovered quickly and was 2<sup>nd</sup> at USATF nationals with PR 8230, the nation's leading collegiate score.

He opened the 2003 campaign with a world leading 8225 effort at Atlas then made the USATF champs a 'breakthrough' affair getting 8482 points behind Tom Pappas. It earned him a world ranking. A leg injury curtailed his IAAF world champs meet.

Bryan opened the 2004 indoor meet with a 3<sup>rd</sup> at Estonia's Reval Cup and then was runner-up at the IAAF world champs in Budapest with an eye-opening 6365 score. He notably upped his long jump PR to 8.05m/26-5 in June, 2004. Has won 10 of 26 career meets.

## Career:

Indoor:						<u>55/60H lj sp hj 1000m</u>														
2/ /99	3817	4	NAIA	Lincoln		7.68	697	1226	195	2:52.52										
2/ /00	3960	1	NAIA	Lincoln		7.62	710	1274	199	2:49.59										
2/ /01	3958	1	APU	Azusa		8.12	705	1307	193	2:49.78										
3/ /01	3942	1	NAIA	Johnson City		7.53	735	1369	199	3:05.0										
2/ /02	4056	1	APU	Azusa		7.35	712	1374	192	2:47.46										
3/ /02	3857	1	NAIA	Johnson City		7.57	722	1362	191	3:02.17										
						<u>60m lj sp hj 60H pv 1000m</u>														
2/08/04	6014	3	Reval Cup	Tallinn		6.81	746	1508	201	7.85	455	2:52.97								
3/07/04	6365	2	IAAF WC	Budapest		6.65	778	1484	208	7.77	490	2:49.41								
3/12/06	6187	2	IAAF WC	Moscow		6.67	774	1389	210	7.83	460	2:50.92								
2/15/08	6192	1	Cyclone	Ames		6.77	756	1591	202	7.74	515	3:06.39								
3/09/08	6371	1	IAAF WC	Valencia		6.71	775	1621	209	7.86	500	2:55.64								
Outdoor:						<u>100m w lj w sp hj 400m 110H w disc pv jav 1500m</u>														
3/19/99	6666	2	Point Loma	San Diego		11.03		668		1151	188	52.18	16.31		3490	396	5416	4:58.84		
4/16/99	7020	11	Mt SAC R	Azusa		10.76	+1.6	560	+2.1	1188	198	49.97	15.04	+3.2	3938	410	5266	4:47.56		
5/25/99	6898	3	NAIA	W Palm Beach		10.78	+1.1	700	+1.0	1170	197	51.79	15.24	-0.7	2692	405	5626	5:03.73		
6/20/99	7312	1	USATF Jr	Denton		10.58	+1.8	687	+1.8	1168	200	51.77	14.60	+1.7	4074	415	5288	4:56.71		
7/10/99	7207	1	Pan-Am Jr	Tampa		10.89	-1.7	673	+1.7	1235	191	51.22	14.99	-0.4	4229	395	5663	4:51.36		
3/17/00	7094	1	Point Loma	San Diego		10.98		672		1166	185	50.19	15.46		4032	435	5628	5:00.83		

5/26/00	7373	1	NAIA	Abbotsford,BC	10.91-0.8	716+0.7	1248	203	51.19	14.78+0.3	3664	450	5294	5:02.31	
3/23/01	7099	2	Point Loma	San Diego	11.21	699	1335	183	50.56	15.02	4260	460	4872	5:26.29	
4/20/01	7980	1	Mt SAC R	Azusa	10.63+2.2	742+3.0	1312	200	49.72	13.99+2.3	4144	470	5396	4:40.37	
6/22/01	8169	3	USATF	Eugene	10.50+1.1	754+1.6	1328	198	48.81	14.16+1.2	4672	450	5796	4:38.93	
8/07/01	[5725]	dnf	IAAF World	Edmonton	10.73+1.5	720-0.7	1279	194	49.64	14.53-0.4	4663	nh	withdrew		
8/31/01	6791	13	WUG	Beijing, CHN	10.63	743	1338	186	51.71	14.77	4685	nh	5391	5:12.12	
6/20/02	8230	2	USATF	Berkeley	10.73-0.9	739+0.5	1415	204	49.65	13.96+2.1	5016	450	5842	4:42.74	
7/28/02	6781	13	vs Germany	Walnut	10.62+0.8	714+1.8	1337	200	50.32	14.29+0.7	4665	nh	3070	4:45.39	
5/11/03	8225	1	Atlas	Berkeley	10.46+2.5	733+0.3	1402	199	49.48	14.26+2.1	4933	480	5845	4:49.64	
6/22/03	8482	2	USATF	Palo Alto	10.43+1.7	771-1.3	1401	202	47.85	14.12+1.7	4351	470	6777	4:42.19	
8/27/03	[3529]	dnf	IAAF WC	Paris	10.50-0.5	770-0.4	1505	197	dnf, injured, withdrew						
7/17/04	8660	1	USOT/USA	Sacramento	10.48-1.0	759-0.4	1528	201	47.90	14.23-0.6	5210	510	6836	5:06.18	
8/24/04	8820	2	Olympic G	Athens	10.44+2.2	796+0.2	1523	206	49.19	14.13+1.5	5011	490	6971	4:41.65	
9/26/04	8122	2	DecaStar	Talence	10.76+1.6	740+2.7	1426	186	49.37	14.05	0.0	5072	492	6015	5:01.54
5/29/05	7961	9	Hypo-Bank	Gotzis	10.51+0.4	554+0.7	1520	200	48.52	13.94-1.2	4988	490	6702	5:22.82	
6/24/05	8506	1	USA TF	Carson	10.70-1.8	744+0.3	1488	206	49.62	14.06-1.4	<b>5587</b>	500	6002	4:57.11	
8/10/05	8732	1	IAAF WC	Helsinki	10.43+3.2	754+0.6	1625	200	47.78	14.43-2.6	5368	490	7200	5:03.77	
5/28/06	8677	1	Hypo-Bank	Götzis	10.42-0.4	767-1.0	1556	206	48.87	13.74+1.3	5221	500	6647	5:13.47	
6/24/06	dnf	-	USATF	Indianapolis	10.49-0.4	722	0.0	1560	202	48.15	14.34-1.0	5106	nh		
5/26/07	8493	3	Hypo-Bank	Götzis	10.40-0.5	780+2.0	1530	209	48.41	13.97-0.1	3618	480	6909	4:51.32	
6/23/07	dnf	-	USATF	Indianapolis	10.58-0.5	718+1.6	1574	193	withdrew						
6/30/08	8832	1	USOT/USA	Eugene	10.39-0.4	739-1.6	1517	208	48.41	13.75+1.9	5274	500	7055	4:50.97	
8/21/08	8791	1	Olympic G	Beijing	10.44+0.3	778	0.0	1627	199	48.92	13.93-0.5	5379	500	7097	5:06.59

**Decathlon PRs:** 8832 / 6371 10.34 8.05+4.5 1627 210 47.78 13.74+1.3 5587 510 7200 4:38.93

**Indoor PRs:** 6.22 55m, 6.65 60m, 7.31 55mH, 7.74 60mH, 1000m: 2:47.46

**Summary:** 29 career meets, 25 finishes, 12 wins, 10 international teams, 13 scores >8000, PR score: 8832, Top Ten Ave= 8622.3, 2<sup>nd</sup> Ten Ave: 7744.2.

# JOE DETMER

DOB: September 3, 1983  
 POB:  
 Ht/wt: 5-11, 160  
 Hometown: Lodi, WI  
 High School  
 College: Wisconsin '07



Deacon open

**2009:** 3<sup>rd</sup> at USA indoor heptathlon then opened season with 7760 win at Wake's meet. **2008:** Drake Relays victory and 4<sup>th</sup> at MultiStars in Desanzano, Italy to outdoor season, after 4<sup>th</sup> place at USA indoor heptathlon. Placed 11<sup>th</sup> at US Olympic Trials and 5<sup>th</sup> vs Germany. **2007:** Joe's 4:04.11 CR at NCAAs gave him a runner-up and PR score of 7963. Won Big Ten outdoor title (7276). 3<sup>rd</sup> at USA vs Germany Thorpe Cup in Bernhausen. PR'd (5651) at Wisconsin Elite and set American hept 100m record to boot. Won Big 10 indoor title then recorded 3 PRs including WR 1000m (2:29.42) to place 5<sup>th</sup> at NCAA indoor. Opened outdoor season with 7296 win at Auburn. **2006:** Placed surprising 4<sup>th</sup> at NCAAs with dramatic 4:11.71 1500m., and PR'd in long jump, 400 (meet record 47.28), and javelin. Was runner-up at Big Ten Champs. **2005:** finished third in the 600 meters at the Big Ten indoor meet in 1:18.35. Earned All-America honors as a member of the third-place DMR at the NCAA indoor meet in 9:34.80. Did not compete the remainder of the outdoor season due to medical hardship. **2004:** Finished 14th in the decathlon at the NCAA outdoor championships with 7,290 points. Won the Big Ten indoor title at 600 meters in a personal best of 1:17.55. **2003:** Finished second in the Big Ten Indoor 600 meters in 1:19.16 **High School:** Finished second in the 400 meters at the state Division 2 championships as a senior. **Notable:** 2004 and 2005 All-American as a member of the distance medley relay. **Personal:** parents are Maureen and Kenneth Detmer ... majored in computer engineering.

## Career:

### Indoor:

1/31/04	5299	5	UNI Invitational, Cedar Falls	7.16	698	1122	195	8.96	410	2:33.50
1/15/05	5119	1	Badger Classic, Madison	7.30	661	1133	188	8.83	450	2:45.73
1/29/05	dnf	-	Health Alliance, Champaign							
1/13/06	3760	1	Badger Classic, Madison	7.14	686	1242	189	8.61	nh	dnf
1/27/07	5651	3	Wisconsin Elite, Madison	7.14	705	1197	192	8.44	465	<b>2:30.86 AR</b>
2/25/07	5360	1	Big 10, Bloomington	7.16	689	1204	191	8.68	470	2:48.87
<b>3/10/07</b>	<b>5761</b>	<b>5</b>	<b>NCAA I, Fayetteville</b>	<b>7.16</b>	<b>697</b>	<b>1206</b>	<b>204</b>	<b>8.61</b>	<b>480</b>	<b>2:29.42 WR</b>
1/26/08	dnf	-	Wisconsin Elite, Madison	7.21	652	1318	182	8.44	440	dnr
3/09/08	5603	4	USA, Chapel Hill	7.08	694	1270	183	8.34	460	2:32.35
3/08/09	5505	3	USA, Chapel Hill	7.18	686	1279	188	8.46	435	2:31.54

### Outdoor:

3/18/05	6910	3	Spring Break, Northridge	10.94+4.0	662+0.5	1069	189	48.41	16.21	nwi	2738	410	5073	4:18.24	
5/15/04	7292	4	Big Ten, E Lafayette	10.89	nwi	704+2.8	1138	193	47.84	16.12+2.3	3404	425	4908	4:17.09	
6/12/04	7290	14	NCAA I, Austin	10.84+2.7	678+3.8	1158	191	47.34	15.35+3.1		3395	390	4940	4:12.40	
3/25/05	6827	6	Wildcat, Tucson	11.14	0.0	688	0.0	1073	185	48.02	15.78	2930	380	4604	4:21.27
3/18/06	7036	1	Hurricane Invt, Miami	11.29-1.9	621+3.4	1152	180	48.17	15.49-0.1		3348	455	4760	4:14.44	
4/02/06	7319	2	Liberty Invt, Lynchburg	11.04+2.8	688+1.9	1158	178	48.23	15.62+3.4		3595	460	4909	4:11.76	
5/13/06	7195	2	Big 10, E Lansing	11.07+1.8	696+0.6	1164	177	48.11	??.??	??	????	465		4:33.83	
6/08/06	7536	4	NCAA I, Sacramento	11.24-1.3	706+2.4	1219	192	47.28	15.53-1.3		3390	460	5203	4:11.71	
6/24/06	6453	7	USA, Indy	11.15-0.4	660-0.2	1176	181	47.03	15.27-0.9		3343	nh	5278	4:30.46	
4/07/07	7296	1	Tiger Classic, Auburn, AL	11.08+4.3	678+0.4	1143	190	48.03	15.22+2.0		3371	455	4826	4:21.95	
5/12/07	7278	1	Big Ten, U. Park	11.12+0.3	691-0.8	1207	198	47.69	15.85+1.1		3719	425	4876	4:34.37	
6/07/07	7963	2	NCAA I, Sacramento	10.97+1.2	724+2.2	1176	193	47.77	14.62+2.2		4043	480	5292	<b>4:04.11 CR</b>	
6/23/07	dnf	-	USATF, Indianapolis	11.29-2.0	676+2.5	1193	nh	47.09	15.21+1.4		3560			withdrew	
8/19/07	7616	3	vs GER, Bernhausen	11.17-0.6	703+0.8	1249	191	47.48	15.21+0.7		3802	450	5410	4:18.43	
4/24/08	7712	1	Drake R, Wisconsin	10.7h+2.5	709-0.4	1197	194	48.59	14.3h+2.8		3680	480	5410	4:14.13	
5/11/08	7615	4	MultiStars, Desanzano	11.11+0.2	684+0.2	1261	192	48.61	15.15+0.3		3591	465	5189	4:05.31	
6/30/08	7653	11	USOT/USA, Eugene	11.09+0.1	677-0.6	1275	190	48.12	15.08+0.8		3545	460	5631	4:07.63	
7/03/08	7861	5	vs GER, Manhattan	10.91+0.6	735+2.3	1190	191	47.34	14.54+2.7		3958	465	5344	4:19.96	
5/13/09	7760	1	Deacon, Winston-Salem	10.97+1.3	706+0.3	1240	189	47.50	14.69+3.5		3817	452	5349	4:10.66	

**PRs:** 7963 / 5761 10.84+2.7 724+2.2 1275 204 47.03 14.3h+2.8 4073 480 5631 4:04.11  
**Indoor:** 60m: 7.08; 60H: 8.34; 1000m: 2:29.42.  
**Career Summary:** 19 meets; 18 finishes, 5 wins, PR score: 7963, Top Ten Ave: 7598.7

## EATON, ASHTON

**DOB:** January 21, 1988  
**POB:**  
**Ht/Wt:** 6-1, 190  
**Hometown:** Bend, Oregon  
**High School:** Mountain View HS  
**College:** Oregon '10



**2009:** Repeated as NCAA champion with PR 8241 effort. Won both Oregon Relays and a 2<sup>nd</sup> Pac-10 title, both with 8000+ scores. Opened indoor campaign with 2<sup>nd</sup> highest collegiate score ever, 6174, in winning U of Washington meet in Seattle then won NCAA indoor crown in College Station. **2008:** Was 4<sup>th</sup> at US Olympic Trials with breakthrough 8122 score. Won NCAA title with eye-opening 8055 in Des Moines. Opened season with eye-opening 5859 heptathlon win in Seattle then placed 6<sup>th</sup> at NCAA indoor. Won Nike Elite in Sacramento with 600+ PR, 7792 and was PAC-10 deca champ with 7604 score. **2007:** Was runner-up at Husky Relays in January and 10<sup>th</sup> at Mountain Pacific champs in February. Outdoors won initial career decathlon at Jim Click meet in Tucson in March, then was PAC-10 runner-up with PR 7123 score. 3<sup>rd</sup> at USA Junior nationals (7155) and earned trip to Pan Am Jr Champs in Brazil in long jump. 2006 (Prep) Oregon state 4A 400 champ (48.69). **Personal:** Undeclared major.

### Career:

#### Indoor:

1/27/07	5370	2	Husky R, Seattle	6.93 739 1228 189 8.51 385 2:47.35
2/23/07	4061	10	Mountain Pacific, Seattle	6.94 721 1195 198
2/02/08	5859	1	U Washington, Seattle	6.83 722 1203 205 7.97 450 2:44.23
3/15/08	5676	6	NCAA, Fayetteville	6.93 728 1087 184 7.96 475 2:40.90
<b>1/30/09</b>	<b>6174</b>	<b>1</b>	<b>U Washington, Seattle</b>	<b>6.84 759 1206 209 7.91 497 2:39.92</b>
3/14/09	5899	1	NCAA, College Station	6.86 739 1168 202 7.90 510 2:47.68

#### Outdoor:

3/23/07	6977	1	Arizona Click, Tucson	10.66+1.5 719+0.2 1197 192 48.55 14.92+0.9 3793 375 3365 4:56.62
5/06/07	7123	2	PAC-10, Palo Alto	10.81-0.2 723+0.1 1188 192 49.19 14.66+1.0 3657 395 3692 4:39.72
6//21/07	7155 *	3	USA Jr, Indianapolis	10.58+3.7 667+0.8 1280 187 48.48 14.47+2.0 4063 430 3513 4:58.35
3/28/08	7792	1	Nike Elite, Sacramento	10.82+3.4 764+5.0 1221 196 47.00 14.21+1.4 3516 450 4526 4:24.15
5/10/08	7604	1	Pac-10, Tempe	10.57-0.9 685+1.0 1225 198 47.68 13.9h-0.6 3462 485 4429 4:44.48
6/12/08	8055	1	NCAA, Des Moines	10.64-1.1 768-2.6 1279 196 47.25 14.27+1.8 3996 460 5393 4:33.05
<b>6/30/08</b>	<b>8122</b>	<b>5</b>	<b>USOT/USA, Eugene</b>	<b>10.61-0.4 749 0.0 1228 196 47.07 14.26+1.9 3969 510 4728 4:20.56</b>
4/24/09	8023	1	Oregon Relays, Eugene	10.66+1.2 758+3.9 1161 205 47.54 14.08+1.4 3828 455 5370 4:28.93
5/10/09	8091	1	Pac-10, Eugene	10.49+2.6 745+2.0 1263 201 47.12 14.01+1.2 3980 485 4969 4:36.87
6/11/09	8241w	1	NCAA, Fayetteville	10.35+4.1 758+3.5 1257 199 46.85 13.85-1.3 4179 440 5362 4:20.75

**PRs:** 8241 / 6174 10.35+4.1 779+1.9 1279 209 46.34 13.85-1.3 4179 510 5393 4:20.56  
**60m** 6.83; **60mH** 7.90; **1000m** 2:39.92

\*- Junior Implements

## LYSIAS EDMONDS

DOB: December 4, 1982  
 POB:  
 Ht/Wt: 6-1, 170  
 Hometown: Phoenix, AZ  
 High School: Moon Valley HS (AZ)  
 College: Northern Arizona '05  
 Club: Arizona Puma



**2009:** Won Northern Arizona heptathlon. **2008:** In only 3<sup>rd</sup> meet placed 8<sup>th</sup> at US Olympic Trials with 7765 score. **Pre 2008:** Known primarily as a vaulter (PR 5.20m/17-3/4) and punt receiver at Northern Arizona. Was all Big Sky performer at NAU in 4 events for 3 seasons. **High School:** Arizona 4A 110m Hurdles champ. Named student-athlete of year and Moon Valley High School. **Personal:** Son of Winston and Sheryl Edmonds. Majored in micro-biology

### Career:

Indoor:			60m	lj	sp	hj	60h	pv	1000m						
1/31/09	5269	1 N Ariz Mtn T, Flagstaff	7.15	654	1192	198	8.28	485	3:10.25						
Outdoor:			100m	w	lj	w	sp	hj	400m	110h	w	disc	pv	jav	1500m
6/08/08	3550	11 Texas GA, Dallas	10.74+3.9	3f			1138	185	dnf	dnf		nm	490	4477	dnf
6/12/08	7722	2 George Fox, Newberg	10.86+2.3	713+0.1	1123	201	48.55	14.18+2.2	3405	520	4773	4:36.03			
<b>6/30/08</b>	<b>7765</b>	<b>8 USOT/USA, Eugene</b>	<b>10.92+0.1</b>	<b>688+1.4</b>	<b>1243</b>	<b>199</b>	<b>47.80</b>	<b>14.30+0.8</b>	<b>3852</b>	<b>490</b>	<b>5160</b>	<b>4:37.92</b>			
8/03/08	dnf	- vs Germany, Manhattan	10.73+2.9	705+2.6	1275	191	94.91	19.72+1.1	3781	inj		withdrew			

**PRs:** 7765 / 5269 10.73+2.9 713+0.1 1275 201 47.80 14.18+2.2 3852 520 5160 4:36.03

**Indoors:** 60m: 7.15; 60h: 8.28; 1000m: 3:10.25

**Summary:** 4 career meets, 3 finishes, PR score: 7765.

## TREY HARDEE

DOB: February 7, 1984  
 POB: Birmingham, AL  
 Ht/Wt: 6-5, 210  
 Hometown: Birmingham, AL  
 High School:  
 College: Mississippi St  
 Texas '07  
 Club: Nike



**2009:** Opened at Götzis with near PR 8516 runner-up effort. **2008:** Opened season with eye-opening 8371 win at Texas Relays, then placed second at Olympic Trials with PR 8534 score. Dnf'd at Games in Beijing after vault no-height. **2007:** Injured wrist in weightlifting accident in January and missed most of indoor season. **Senior (2006):** Set collegiate record 6208 heptathlon while winning New Mexico Zia affair in Albuquerque. Suffered freakish ankle injury immediately following 60mH race at NCAA indoor champs, forcing him to withdraw when he has a huge point lead on field. His hurdle time was an AR. Opened outdoor season three weeks later, using blazing speed, with new collegiate decathlon best 8465 at Texas Relays, a score that included a 10.35 100 meters and 13.83 110m hurdles. Ran 10.28 100 meters at NCAA Regional qualifying. NH'd at NCAA outdoor champs, ultimately placing 9<sup>th</sup> (7263). **Junior (2005):** Outdoor Posted score of 7,881 points, with the aid of four personal bests, to win the decathlon at the NCAA Championships. Won Texas Relays at 7839. Indoor: Finished second at the Big 12 with 5723 points. Took 3<sup>rd</sup> at NCAAs with 5859 points. **Sophomore at Mississippi State (2004):** Outdoor: Scored 8041 points while finishing second at the NCAAs. Won SEC decathlon (7480). **Freshman at Mississippi St (2003):**

Finished fifth at the NCAAs (7468 pts.) **High School:** Named MVP of the field events at the Alabama state indoor championship. Won indoor state pole vault, setting a new record of 15-2. Personal bests of 39.26 (300m hurdles) and 10.83 (100m). Coached by Brett Huber. Also played football, soccer and basketball. **Personal:** Studied kinesiology.

		<b>Career:</b>									
<b>Indoor</b>											
<b>--at Mississippi State--</b>											
3/1/03	3602	12	SEC, Gainesville (55mH)	7.78	635	1245	189	2:53.09			
<b>--at Texas--</b>											
1/29/05	5633	2	Houston Invt	6.90	681	1362	196	8.09	460	2:53.88	
2/26/05	5723	2	Big 12, Lincoln	6.89	693	1269	202	8.09	460	2:48.16	
3/12/05	5859	3	NCAA, Fayetteville	6.92	717	1314	204	[3281]	8.06	490	2:53.29
1/27/06	6208	1	New Mexico Zia, Albuquerque	6.73	773	1431	195	7.87	530	2:55.16	CR
3/11/06	dnf		NCAA I, Fayetteville	6.71	764	1475	200	7.76			inj
<b>Outdoor:</b>											
<b>--at Mississippi State--</b>											
4/3/03	7156	8	Texas R, Austin	10.63+4.5	667+4.4	1214	192	50.16	14.99+4.4	2946	500 4603 4:57.05
5/16/03	7544	3	SEC, Knoxville	10.68+1.0	669	0.0	1157	192	49.26	14.59+2.4	4038 500 4994 4:46.57
6/12/03	7468	5	NCAA I, Sacramento	10.96-0.4	683+1.5	1208	190	48.94	14.45-0.1	3697	500 4740 :44.07
4/1/04	7746	2	Texas R, Austin	10.58 +1.8	691-1.1	1249	195	49.39	14.42+2.9	4214	500 4795 4:42.61
5/15/04	7480	1	SEC, Oxford	10.68+1.2	688	0.0	1235	196	48.59	14.78	0.0 4195 415 5126 4:46.50
(rain delay, 3 day meet)											
6/12/04	8041	2	NCAA I, Austin	10.48+2.2	715+3.5	1368	197	48.54	14.15+2.6	4475	490 5093 4:45.86
7/17/04	[6164]	dnf	USOT, Sacramento	10.55+0.4	683+0.5	1230	192	48.96	14.32-0.6	4271	nh 4762 dnr
7/31/04	7218	1	under 23 NA, Sherbrooke	10.94-1.3	672+0.1	1256	196	49.12	14.41-0.2	4163	430 46395:15.00
<b>--at Texas--</b>											
4/07/05	7839	1	Texas R, Austin	10.61+1.4	708+2.5	1315	201	49.11	14.41+3.1	4306	475 5326 4:54.50
5/14/05	dnf		Big 12, Manhattan	10.62+0.3	700-0.6	1257	192	48.81	28.59+0.2	2382	withdrew
6/09/05	7881	1	NCAA I, Sacramento	10.86-1.6	701+2.2	1314	185	48.33	14.09+0.3	4833	480 5628 4:52.46
4/05/06	8465	1	Texas R, Austin	10.35+2.5	770+3.0	1445	199	49.11	13.83+3.1	4824	520 6000 5:06.73
6/08/06	7263	9	NCAA I, Sacramento	10.70-1.3	748+2.5	1409	198	47.51	14.16-0.8	4060	nh 5444 4:42.23
6/24/06	dnf	-	USA, Indianapolis	10.62-0.4	735+0.2	1399	187	48.15	14.10-0.9	4187	nh
<b>Post Collegian-</b>											
4/03/08	8371	1	Texas R, Austin	10.40+1.8	723+1.2	1326	193	47.76	13.99+3.3	5268	525 5896 5:02.18
6/30/08	8534	2	USOT/USA, Eugene	10.43-0.4	775-1.1	1407	202	47.99	13.71+1.9	4241	500 6369 4:44.79
8/22/08	dnf	-	Olympic G, Beijing	10.52+0.3	772-0.2	1349	205	47.75	14.20-0.5	4355	nh withdrew
5/31/09	8516	2	Hype-Bank, Götzis	10.48+0.8	774+0.8	1393	200	48.42	14.11-0.8	4511	510 6389 4:43.79
<hr/>											
<b>PRs:</b>	<b>8534/6205</b>			<b>10.28</b>	<b>773i</b>	<b>1475</b>	<b>204</b>	<b>47.76</b>	<b>13.71+1.9</b>	<b>5268</b>	<b>530 6000 4:42.61</b>
<b>Indoor: 60m: 6.71, 60H: 7:76; 1000m: 2:48.16</b>											
<b>Summary:</b> 18 meets, 14 finishes, 6 wins, 5x > 8000, PR score: 8534, CR, Top ten Average: 8041.7											



## KELLER, DAN

DOB: August 30, 1986  
POB: High Point, NC  
Ht/wt: 6-3½, 188  
Hometown: High Point, NC  
High School: Southwest Guilford HS  
College: North Carolina '09



**2009:** 8<sup>th</sup> at NCAAs with breakthrough career best 7631 score. Runner-up at ACC outdoor title meet with PR 7523. 7<sup>th</sup> at NCAA indoor heptathlon. Placed first and second at Carolina Fast Times and ACC champs respectively, both with PR scores, 5605 and 5712. **2008:** 3<sup>rd</sup> ACC indoor heptathlon. Red-shirted outdoor season. **2007:** 6<sup>th</sup> ACC indoor heptathlon. **2006:** 6<sup>th</sup> ACC decathlon. **High School:** 4 year MVP in track and earned letters in 5 sports. Personal: Major in management and sociology. Son of Kelly and Lyn Keller. Full name is Daniel Farabee Keller.

### Career:

#### Indoor:

1/27/07	4974	2	Fast Times, Chapel Hill	nm
2/23/07	5023	6	ACC, Clemson	nm
2/02/08	5329	2	Texas Roadhouse, Chapel Hill	7.42 643 1327 192 8.67 490 2:47.43
2/29/08	5357	3	ACC, Chapel Hill	6.91 647 1371 185 7.97 487 2:45.73 [55m,55h]
1/31/09	5605	1	Carolina Fast Times, Chapel Hill	7.38 680 1355 203 8.60 500 2:45.06
<b>2/27/09</b>	<b>5712</b>	<b>2</b>	<b>ACC, Blacksburg</b>	<b>7.35 679 1351 206 8.40 515 2:47.84</b>
3/14/09	5589	7	NCAA, College Station	7.42 690 1344 199 8.51 510 2:49.26

#### Outdoor:

3/23/07	6866	3	Wake Forest Open, Winston-Salem	11.82+0.5 641+1.11290 185 52.01 15.60-0.7 3703 490 4985 4:53.34
<b>4/20/07</b>	<b>7015</b>	<b>3</b>	<b>ACC, College Park, MD</b>	<b>11.72-0.8 669+1.3 1276 192 51.00 15.60+1.4 3222 495 4591 4:36.15</b>
5/11/07	6194	1	Elite, Chapel Hill	nm
5/15/08	6921	4	Deacon, Winston-Salem	11.45+2.6 677+2.9 1327 189 51.81 15.90+0.6 3491 472 5066 5:02.18
4/17/09	7523	2	ACC, Miami	11.48+1.3 706+1.3 1387 204 50.52 15.10+2.7 3799 485 5133 4:44.38
5/13/09	5311	7	Deacon, Winston-Salem	11.65+1.3 686 0.0 1370 198 dnf 15.35+3.5 3541 262 5518 dnf
<b>6/11/09</b>	<b>7631</b>	<b>8</b>	<b>NCAA, Fayetteville</b>	<b>11.29+2.8 712+3.3 1399 202 50.40 15.13+0.1 3127 500 56214:31.98</b>

PRs: 7631 /5712

11.29+2.8 712+3.3 1399 206 50.40 15.10+2.7 3799 515 56214:31.98

Indoor: 60m: 7.35; 60h: 8.40; 1000m: 2:45.06

## DAN KINSEY

DOB:   
 POB:   
 Ht/wt: 6-2, 195   
 Hometown: E Liverpool, OH   
 High School: Beaver Local HS   
 College: Indiana,   
 Akron '10



**2009:** Placed 10<sup>th</sup> at NCAAs with 7563 PR effort. Won Mid-American indoor heptathlon (5490) and outdoor decathlon (7445) crowns. Runner-up at Texas Relays decathlon with then PR 7385. **2007:** played one year of football at Indiana U. **High School:** 2005 Nike indoor pentathlon champion. Set state records for the decathlon (7,248), pentathlon (3,736), javelin (201-10) and discus record (168-0). **Personal:**

<b>Indoor:</b>		<b>Career:</b>	
2/25/07	dnf - Big Ten, Bloomington	<u>60m</u>	<u>lj sp hj 60h pv 1000m</u>
3/01/08	5076 1t MAC, Ypsilanti	7.48	660 1328 190 8.85 440 2:53.54
1/31/09	5163 2 Penn State Open, U Park	7.45	654 1474 192 8.89 450 2:57.23
<b>2/28/09</b>	<b>5490 1 MAC, Kent</b>	<b>7.40 661 1507 199 8.54 470 2:50.17</b>	
<b>Outdoor:</b>		<u>100m w lj w sp hj 400m 110h w disc pv jav 1500m nh</u>	
5/16/08	6112 5 MAC, Bowling Green	11.59+1.8	668+3.0 1428 196 53.33 15.70-1.8 4682 455 6048 4:46.30
4/02/09	7385 2 Texas R, Austin	11.70+0.9	661+0.5 1525 196 53.05 15.33+1.9 4645 465 5951 4:49.38
4/15/09	7445 1 Mid-American, Akron	11.44+2.8	683+2.0 1501 196 53.23 15.72-1.3 4596 470 5996 4:38.95
6/11/09	7563 10 NCAA, Fayetteville		
<b>PRs: 7563 / 5490</b>		<b>11.44+2.8 683+2.0 1525 199 53.05 15.33-1.9 4688 470 6066 4:38.95</b>	
<b>Indoor: 60m: 7.40; 60h: 8.54; 1000m: 2:50.17</b>			

## MICHAEL MARSH

DOB: March 20, 1980      2001J Cedarville      6207 (x,x,x)   
 POB:                      2002S Cedarville      6492 (x,x,x)   
 Ht/Wt: 6-2, 190            2003 unat              6683 (x,x,x)   
 Hometown:                2004 unat              7370 (x,x,37)   
 High School:              2005 Champion Nutrition 7587 (x,x,15)   
 College: Cedarville '02    2006 Champion Nutrition 7431 (x,x,21)   
 Club: Champion Nutrition   2007 Champion Nutrition 7578   
     2008 Champion Nutrition 7521   
     2009 Champion Nutrition 7623



**2009:** PR's (7623) with runner-up mark at Claremont Classic. **2008:** 3<sup>rd</sup> at TGA in Dallas with 7521. **2007:** Opened 2007 season with heptathlon win at Mountain T meet in Flagstaff, then placed second at Dallas Texas GA meet with near PR score of 7578. Won **2006** Texas GA meet with 7431 effort, after placing 5<sup>th</sup> at USATF indoor heptathlon. In **2005** got PR 7587 at Claremont Invt. 4<sup>th</sup> and 11<sup>th</sup> at 2001 and 2002 NAIA meets while at Cedarville College, Ohio. **2001** NCCAA champ. 3xNAIA All-American. Has degree in Business.

<b>Indoor:</b>		<b>Career:</b>	
3/2/01	3480 3 NAIA, Johnson City	8.42	664 1164 193 2:54.50 [55mH]
2/28/02	3470 6 NAIA, Johnson City	8.24	667 1166 194 3:01.60 [55mH]
2/6/03	3680 1 APU Pentathlon # 1, Azusa	8.58	653 1147 198 2:48.96
3/5/06	5421 7 USATF, Chapel Hill	7.16	690 1307 187 8.31 462 2:51.98
2/3/07	5244 1 UNA Mtn T, Flagstaff	7.15	683 1313 190 8.39 446 3:04.91
2/2/08	5407 5 Heritage, Boise	7.17	689 1423 194 8.53 435 2:52.82

**Outdoor:**

4/07/01	6207	1	NW Classic, Bowling Green	11.53+1.0	648nwi	1099	197	52.88	16.46nwi	3514	335	4120	4:51.82	
5/04/01	6551	1	NCCAA, Cedarville	11.56nwi	697nwi	1088	197	51.28	15.98nwi	3660	333	4472	4:44.77	
5/25/01	6477	4	NAIA, Abbotsford, BC	11.77nwi	673nwi	1137	201	52.05	16.02nwi	3866	340	4342	4:52.74	
3/21/02	6492	3	Florida St R, Tallahassee	11.39+1.4	679nwi	1183	193	51.89	16.29+0.4	3692	345	4414	4:50.89	
5/24/02	5876	11	NAIA, Olathe, KS	12.16+3.7	583nwi	1082	190	56.5h	16.89+2.7	3534	415	4168	4:55.73	
3/21/03	6683	1	Pt Loma , Pt Loma, CA	11.48nwi	633nwi	1153	187	51.00	15.61nwi	3731	420	4829	4:51.50	
4/15/04	7208	2	Cal Invt, Azusa	10.85+2.6	670+1.5	1165	192	50.05	15.04+4.1	4069	440	4766	4:47.46	
5/15/04	7370	1	CMSC Classic, Claremont	10.86+2.4	674+2.8	1215	188	49.98	15.12+0.8	4381	470	4798	4:46.19	
3/24/05	7165	1	Pt Loma, Pt Loma, CA	11.01nwi	682nwi	1315	187	51.82	15.98nwi	3996	454	5062	4:41.42	
4/14/05	7280	5	Mt Sac R, Azusa	11.16+0.6	679nwi	1331	189	50.38	15.03+2.2	3592	460	5171	4:41.52	
5/15/05	7587	1	Claremont Invt, Claremont	10.88+1.4	689nwi	1294	199	50.27	14.73+1.2	4075	485	5006	4:47.24	
3/24/06	7040	1	Pt Loma, Pt Loma, CA	11.31nwi	630nwi	1170	190	51.85	15.32nwi	4318	460	5238	4:51.76	
4/13/06	7267	6	Mt Sac R, Azusa	11.11+0.2	645nwi	1366	195	50.84	14.89-1.1	3877	445	5115	4:45.14	
6/04/06	7431	1	Texas GA, Dallas	10.90+1.3	682-0.3	1376	193	51.08	14.76+1.0	3924	465	5023	4:47.49	
4/12/07	dnf	-	Mt Sac R, Azusa	11.00+2.1	680nwi	1324	186	50.76	withdrew					
6/03/07	7578	2	Texas GA, Dallas	10.92	0.0	681+1.6	1347	192	49.99	14.61-1.4	4175	470	5178	4:43.54
4/11/08	dnf	-	Rafer/JJK, los Angeles	11.16-0.6	605+0.3	withdrew								
5/03/08	dnf	-	Classic, Claremont	12.04	0.0	3f	withdrew							
6/08/08	7521	3	TGA, Dallas	10.96+3.9	689+0.8	1415	192	50.63	14.70+0.4	4000	450	5506	4:47.68	
4/16/09	7379	4	Marsh, Mike/unat	11.02+3.4	706+2.7	1366	185	51.06	14.74+1.2	4000	450	5304	4:51.25	
5/01/09	7623	2	Open, Claremont	10.84+2.5	693+3.8	1413	192	51.06	14.63+0.9	3997	470	5594	4:46.40	

**PRs:** 7623 / 5421

10.84+2.5 706+2.7 1423 201 49.98 14.61-1.4 4381 485 5594 4:41.42

**Indoor:** 60m: 7.15; 60H: 8.31; 1000m 2:48.96

Summary: 21 career meets, 18 finishes, 8 wins, PR score 7623 '09, Top Ten Ave= 7424.4

**RJ McGINNIS**

DOB: April 22, 1987  
 POB:  
 Ht/Wt: 6-4, 210  
 Hometown: Burnsville, MN  
 High School: Burnsville HS '05  
 College: St. Cloud St ['07]  
 Minnesota '10



**2009:** 17<sup>th</sup> at NCAAs. Runner-up at Drake Relays with lifetime best 7626 score. Big 10 decathlon runner-up. Opened indoor season with bug heptathlon PR (5511) by winning Minnesota's Jack Johnson meet. Won Big Ten heptathlon title. **2008:** 16<sup>th</sup> at NCAA decathlon. 3<sup>rd</sup> at Big Ten with PR 7290 total. Transferred from St. Cloud State U. 5<sup>th</sup> at Big Ten indoor heptathlon (5276). Opened outdoor season with runner-up 6985 at Clemson Relays and 4<sup>th</sup> at Kansas Relays with 6879. **2007:** North Central Conference champ and NCAA II runner-up (with PR 6985). **High School:** Conference 110m hurdle champ. **Personal:** Kinesiology major. Parents are Sheryl and Rodney McGinnis.

**Career:****Indoor:**

1/13/07	4371	8	NDSU Alumni, Fargo	7.43	635	1320	177	8.93	244	3:01.45
2/03/07	3486	1	Mankato Pent, Mankato							
2/24/07	3510	2	North Central, Sioux Falls	8.73	663	1307	182	3:00.38		
1/26/08	dnf	-	Johnson, Minneapolis	7.18	708	1461	188	8.69	withdrew	
3/02/08	5276	5	Big Ten, Madison	7.22	695	1471	191	8.52	385	2:52.26
<b>1/24/09</b>	<b>5511</b>	<b>1</b>	<b>Johnson, Minneapolis</b>	<b>7.13</b>	<b>699</b>	<b>1488</b>	<b>192</b>	<b>8.31</b>	<b>420</b>	<b>2:49.40</b>
3/01/09	5431	1	Big Ten, University Park	7.13	700	1520	180	8.34	420	2:48.63

**Outdoor:**

4/02/07	6286	3	Herschel Neil, Maryville	11.56nwi	634+2.0	1371	180	51.6h	16.38	0.0	3005	380	4633	5:00.34
4/14/07	6155	5	ESU Open, Emporia	11.58+1.1	646+1.1	1291	181	51.73	15.99+1.7	2463	366	4689	5:04.6h	
5/01/07	6741	1	North Central, Mankato	11.25+1.5	657nwi	1411	183	51.27	15.44+0.4	3270	387	5229	5:00.24	
5/25/07	6968	2	NCAA II, Charlotte	11.55-1.0	669+2.3	1373	186	50.22	15.18	0.0	3546	395	5434	4:47.70
3/22/08	6985	2	Clemson R, Clemson	11.56+1.2	673nwi	1516	182	52.75	15.01+3.8	3981	380	5651	4:52.24	

4/17/08	6879w	4	Kansas R, Lawrence	11.48+4.1	677+6.8	1425	184	51.24	15.33+2.7	3409	397	4965	4:44.46
5/17/09	7290	3	Big Ten, Champaign	11.27+3.3	687-0.3	1416	195	50.75	15.31+0.9	3488	445	5780	4:52.14
6/12/09	7019	16	NCAA, Des Moines	11.59+0.1	674-4.2	1350	184	51.89	15.25+1.4	3569	420	5944	4:45.96
<b>4/23/09</b>	<b>7626</b>	<b>2</b>	<b>Drake R, Des Moines</b>	<b>11.26-0.2</b>	<b>723+1.2</b>	<b>1431</b>	<b>202</b>	<b>51.03</b>	<b>14.91+0.2</b>	<b>4453</b>	<b>430</b>	<b>5567</b>	<b>4:49.13</b>
5/16/09	7330	2	Big 10, Columbus	11.37+1.4	715+2.0	1452	201	51.15	14.88+2.5	4159	385	4468	4:34.10
6/11/09	7294	17	NCAA, Fayetteville	11.09+3.4	699+3.4	1454	205	52.37	14.77+2.0	4108	430	4073	4:52.84

**PRs:** 7626 / 5511 11.09+3.4 723+1.2 1536 205 50.22 14.77+2.0 4453 445 5944 4:34.10  
**Indoor:** 60m: 7.13; 60H: 8.31; 1000m: 2:48.63  
**Summary:** 11 meets, 11 finishes, 1 win, PR score= 7626, Top Ten Ave: 7041.8

## RICKY MOODY

**DOB:** July 9, 1985  
**POB:** Fort Campbell, KY  
**Ht/Wt:** 6-1, 186  
**Hometown:** Puyallup, WA  
**High School:** Spanaway Lake HS  
**College:** Highline Community College, WA  
Washington State U '08



**2008:** Opened outdoor season with 678 point PR (7787) with 4<sup>th</sup> at Texas Relays. Was PAC-10 runner-up, then placed 8<sup>th</sup> at NCAAs. **2007:** 4<sup>th</sup> at NCAA regionals in lj (7.52m.24-8¼). 3<sup>rd</sup> at Pac-10 decathlon with PR 7109 score. NCAA long jump qualifier. **2006:** competed unattached. **2005:** NW JC champ with PR 6473 score while at Highline CC. High School: 23-2 lj, 46-11 tj and 52-3 (12 lb) sp. **Personal:** Communications major.

### Career:

<b>Indoor:</b>													
1/29/05	4221	9	UWash Invt, Seattle										
2/24/07	5003	5	Mountain Pacific, Seattle							7.15	701	1440	189
1/26/08	5216	1	WSU Cougar, Pullman							7.12	723	1443	186 8.31 3:06.02
3/01/08	dnf	-	Mountain Pacific, Seattle							7.04	718	1421	192 dsq 420
<b>Outdoor:</b>													
3/22/05	5731	3	Linfield Multis, Linfield										
5/03/05	6473	1	NWAACC, Spokane										
3/17/06	5526	5	Spring Break, Northridge										
3/29/07	6926	4	Cal Multis, Berkeley	11.00+1.6	705+1.1	1364	191	51.56	15.20-0.7	4378	370	4276	5:13.97
5/06/07	7109	3	Pac-10, Palo Alto	11.11+1.0	713+2.0	1377	189	51.90	14.69-1.1	4459	365	5208	5:11.74
4/03/08	7787	4	Texas R, Austin	10.81+1.8	754nwi	1384	202	51.05	14.55+3.3	4627	425	6020	5:09.87
5/10/08	7395	2	Pac-10, Tempe	10.87-0.9	729 0.0	1429	198	51.98	14.2h-0.6	4088	385	5638	5:09.80
6/12/08	7477	8	NCAA, Des Moines	10.94-1.1	705-1.2	1461	202	51.21	14.56-1.4	4093	400	5663	5:03.61
6/30/08	7512	14	USOT/USA, Eugene	11.09+0.1	741+0.8	1528	205	52.58	14.74+0.8	4354	400	5495	5:09.89

**PRs:** 7787 / 5216 10.81+1.8 754nwi 1552 205 51.05 14.41 4627 425 6020 5:03.61  
**Indoors:** 60m: 7.01; 60H: 8.31; 1000m: 3:06.02  
**Summary:** 9 meets, 9 finishes, 1 win, PR score: 7787.

# TRINITY OTTO

DOB: September 23, 1986  
 POB: Sherman, Texas  
 Ht/wt: 6-2, 200  
 Hometown: Lindsay, TX  
 High School: Lindsay HS '05  
 College: Texas A&M '09



**2009:** 5<sup>th</sup> at Big 12 indoor heptathlon (PR 5499) and opened outdoor season with decathlon PR of 7355 at Texas Relays. 3<sup>rd</sup> at Big 12 decathlon with breakthrough meet of 7655 and scored 3 points less for 7<sup>th</sup> place at NCAAs. **2008:** 10<sup>th</sup> at Big 12 indoor heptathlon and 6<sup>th</sup> in outdoor decathlon (PR 7166)  
**2007:** Injuries limited much of season. **2006:** 7<sup>th</sup> at Texas Relays decathlon. **High School:** 2004 state 1A 200m champ. 2005 state runner-up in 200m and high jump. **Personal:** Parents are Mike and Sandy Otto. University Studies major.

		Career:	
<b>Indoor:</b>			
2/25/06	455414	Big 12, Lincoln	7.13 699 1331 187 8.87 nh 2:50.71
1/26/08	4908	4 Razorback, Fayetteville	7.18 640 1231 190 8.92 395 2:55.57
3/01/08	5245	10 Big 12, Lincoln	7.14 682 1253 191 8.51 425 2:53.19
1/31/09	5373	4 Texas A&M, College Station	7.09 711 1324 196 8.37 420 2:59.54
<b>2/28/09</b>	<b>5499</b>	<b>5 Big 12, College Station</b>	<b>7.10 732 1404 194 8.46 435 2:56.83</b>
<b>Outdoor:</b>			
4/06/06	6988	7 Texas R, Austin	10.58+5.2 686+2.5 1300 187 49.56 15.65+4.3 3900 400 4436 5:06.66
4/03/08	7082	10 Texas R, Austin	10.84+1.7 660+1.1 1264 187 49.53 14.89+3.4 3749 425 4833 4:58.55
5/17/08	7166	6 Big 12, Boulder	10.65+2.4 630+1.2 1286 198 49.12 14.92 0.0 4175 445 4458 5:17.95
4/02/09	7355	4 Texas R, Austin	10.77+1.1 683+2.5 1400 187 50.63 14.85+3.3 3908 415 5510 4:55.71
<b>5/16/09</b>	<b>7655</b>	<b>3 Big 12, Lubbock</b>	<b>10.59+2.6 744+3.6 1371 192 48.78 14.82+3.0 3928 455 5127 4:59.38</b>
6/11/09	7652	7 NCAA, Fayetteville	10.66+4.1 735+1.8 1393 190 48.94 14.71+0.4 4155 440 5510 5:03.76
<hr/>			
<b>PRs:</b>	<b>7655 / 5499</b>	<b>10.58+5.2 746</b>	<b>1404 198 48.78 14.71+0.4 4187 455 5510 4:55.71</b>
<b>Indoor: 60m: 7.09; 60H: 8.37; 1000m: 2:53.29</b>			

# CHRIS RANDOLPH

## Progression:

2003	SPU f	6287	(x,x, )
2004	SPU so	7030	(x,x,65)
2005	SPU j	7309	(x,x,27)
2006	SPU s	7872	(x,x,6)
2007	unat	7798	( )
2008	CNW	8066	( )

Christopher James Randolph

DOB: April 25, 1984

POB: Lompoc, CA

Ht: 6-3; Wt: 197

Lone Tree, CO (Denver

Christian

Seattle Pacific U '06



**2009:** Won Mt Sac Relays with 7636 score. **2008:** 10th at US Olympic Trials. Placed 3<sup>rd</sup> at Panamerican meet in Santo Domingo and came back in two weeks to score 1<sup>st</sup> 8000 at George Fox meet. **2007:** Runner-up at Mt SAC Relays with 7798 score. **2006:** Won 2<sup>nd</sup> NCAA II title with highest score since 1988. (7872) after placing 3<sup>rd</sup> at Mount SAC R (7621) Injured and 'dnf'd' at USATF in Indianapolis. 5<sup>th</sup> at USATF indoor heptathlon with 5452 points. Named NCAA II field athlete of year and GNAC T&F athlete of the year for 3<sup>rd</sup> time. Won conference 400m (48.27) title. **2005:** NCAA II decathlon champ. 2004 3<sup>rd</sup> at NCAA II decathlon after qualifying just weeks before. **2003:** Placed 4<sup>th</sup> at USATF Jr decathlon in Palo Alto.

## Career:

### Indoors:

				60m	lj	sp	hj	60H	pv	1000m							
1/29/05	5141	2	Athletes.com	Boise													
1/28/06	5508	1	UW Invt	Seattle	7.26	698	1279	197	8.39	455	2:45.27						
3/05/06	5452	5	USATF	Chapel Hill	7.23	665	1284	196	8.49	452	2:40.69						
1/31/09	dnf	-	UWashingt	Seattle	7.34	678	1323	197	withdrew								
date	score	pl	meet	site	100	w	lj	w	sp	hj	400	110H	w	disc	pv	jav	1500
2/??/03	5994																
4/25/03	6075	3	GNAC	Monmouth													
5/10/03	6287	1	Ken Foreman	Seattle													
6/20/03	6533*	4	USA Jr	Palo Alto	11.88-0.4		658		1108	196	50.75	16.17+0.6		3274	380	4918	4:41.21
5/??/04	6881	1	Qualifier	Seattle													
5/28/04	7030	3	NCAA II	Walnut	11.45+0.8		661		1106	201	50.85	15.58+0.6		4032	410	5038	4:34.51
3/24/05	6996	2	Cal Multis	Berkeley													
5/27/05	7309	1	NCAA II	Abilene	11.30+4.1		681+3.9		1142	196	49.82	15.53-1.0		4211	435	5268	4:29.88
4/13/06	7621	3	Mt SAC R	Azusa	11.35	0.0	667		1283	198	48.95	14.82+0.8		4192	455	5566	4:25.83
5/26/06	7872	1	NCAA II	Emporia	11.19+2.0		731nwi		1288	204	49.27	15.35-1.2		4600	470	5825	4:38.47
6/24/06	dnf	-	USATF	Indianapolis	11.40-0.4		674-0.7		1306	nh	withdrew						
8/06/06	dnf	-	vs Germany	Manhattan	11.06+1.5		652+1.4		1187	203	50.80	15.70-0.3		4118	inj	withdrew	
4/12/07	7798	2	Mt SAC R	Azusa	11.45+1.4		700nwi		1316	207	49.62	14.79+3.7		4147	486	5474	4:29.47
6/01/08	7747	3	Panamerican,	S Domingo	11.26+1.9		706+0.3		1400	197	49.44	15.48+1.7		4254	460	5883	4:28.88
6/13/08	8066	1	George Fox	Newberg	11.26+2.3		735+0.5		1373	207	48.61	14.36+2.2		4550	490	5640	4:47.44
6/30/08	7660	10	USOT/USA	Eugene	11.38-0.4		663-0.8		1372	202	49.08	14.81+0.8		4217	450	5826	4:35.28
4/16/09	7636	1	Mt SAC R	Azusa	11.47+3.4		690+6.3		1329	200	49.99	15.02+1.2		4323	480	5452	4:36.61

**Decathlon PRs:** 8066 / 5508 11.19+2.0 735+0.5 1400 207 48.27 14.36+2.2 4930 490 5883 4:25.83

**Indoor:** 60m: 7.23; 60H: 8.39; 1000m: 2:40.69

\*- International Junior implements

**Summary:** 17 career meets, 15 finishes, 6 wins, PR score: 8066, Top Ten Ave= 7573.5

# PAUL TEREK

## Progression:

1998	Michigan St	7206	(x,x, )	Paul Terek
1999	Michigan St	7225	(x,x,)	DOB: Oct. 20, 1979
2000	Michigan St	redshirt		POB: Livonia, MI
2001	Michigan St	7695	(x,x,12)	Ht: 6-2; Wt 197
2002	Michigan St	8041	(x,6,4)	Michigan State U '02
2003	WGADC	8275	(x,3,3)	World's Greatest
2004	WGA CDC	8312	(x,3,3)	Athlete DC
2005	unat	7923	(x,3,5)	Asics
2006	Asics	7884	(x,7,6)	
2007	Asics	8134	(x,4,4)	
2008	Asics	injured		
2009	unat	7490		



**2009:** Comeback from knee injury to place 4<sup>th</sup> at PanAmerican Cup in Havana. **2008:** Knee injury curtailed season. **2007:** Won the USA national indoor heptathlon for a record third time, then posted a major international win in Desanzano, Italy at MultiStars with an 8134 effort, best since 2004. He was runner-up at USA Nationals and placed tenth at IAAF World Champs in Osaka. **2006:** Runner-up at USA indoor champs at Chapel Hill, then opened outdoors with a 7822 performance at the Jim Click meeting in Tucson. After a 'dnf' at Götzis Paul placed fifth at USATF in Indianapolis. **2005:** Placed fourth at Multi-Stars in Salo and 3<sup>rd</sup> at the NACAC meet in San Juan with a 7923 effort before garnering a runner-up place at the U.S. nationals (7976). He was subsequently 13<sup>th</sup> at the IAAF World champs and 12<sup>th</sup> at DecaStar. **2004:** 8<sup>th</sup> place at Gotzis (8161) then won the Olympic team's final spot with a dramatic finish in the 1500m (recorded a PR) in the 'Battle of Michigan' over Phil McMullen. Indoors he defended his national heptathlon title. **2003:** Vaulted 5.70m (18-8¼), then placed 8<sup>th</sup> at the USATF indoor nationals in the vault. He then captured the USATF indoor heptathlon crown (5870) and was 3<sup>rd</sup> at MultiStars in Desanzano. At outdoor nationals in Palo Alto he racked up 5 lifetime bests to score 8275 for rd behind Tom Pappas and Bryan Clay, thereby making the USA World Championship team. A hurdle 'dq' cost him 4<sup>th</sup> place at IAAF world champs. **2002:** Was NCAA indoor vault runner-up in '02, then won Mt SAC Relays with PR 7926 and Big Ten crown again with 7829 score. At NAAs in Baton Rouge he became 55<sup>th</sup> American to score over 8000 by placing 2<sup>nd</sup> with 8041 total. He was subsequently 9<sup>th</sup> at the USA nationals. **2001:** Was a double Big Ten champion in 2001 winning both the indoor heptathlon (5685 with 5.40m pv) and outdoor decathlon (7695). He was also the Big 10 indoor vault champ and has a 5.56m (18-2 3/4 PR). He then placed 4<sup>th</sup> at the NAAs with 7645 getting =MR 5.40m vault.

## Career:

### Indoors:

Date	score	pl	meet	site	60m	lj	sp	hj	60H	pv	1000m
2/20/99	5462	3	Big Ten	Madison	7.19	678	1293	188	8.87	510	2:45.86
2/25/01	5685	1	Big Ten	University Park	7.18	689	1398	191	8.74	540	2:47.76
2/03/02	[3137]	-	Big Ten	Bloomington	7.07	677	1498	192			[unfinished]
3/09/03	5870	1	USATF	Chapel Hill	7.10	697	1534	197	8.67	540	2:49.21
2/13/04	5756	1	Holiday	Nampa	7.15	684	1599	199	8.6h	496	2:44.36
3/07/04	6040	1	USATF	Chapel Hill	7.04	708	1531	198	8.48	541	2:42.97
3/06/05	5972	2	USATF	Chapel Hill	7.12	733	1479	201	8.77	520	2:39.43
1/28/06	5698	1	Wis Elite	Madison	7.19	716	1457	195	8.74	501	2:47.49
3/05/06	5883	2	USATF	Chapel Hill	7.12	709	1447	196	8.43	522	2:44.17
1/27/07	5977	1	Wis Elite	Madison	7.09	718	1490	198	8.51	535	2:44.71
3/04/07	5960	1	USATF	Chapel Hill	7.08	715	1510	196	8.51	532	2:44.39
3/09/08	dnf	-	USATF	Chapel Hill	7.25	669	1429	183			injured-withdrew
1/30/09	dnf	-	Wis Elite	Madison	7.35	632	1446				withdrew

### Outdoor:

Date	score	pl	meet	site	100	w	lj	w	sp	hj	400	110H	w	disc	pv	jav	1500
5/23/98	7206	2	Big Ten	Columbus	11.26		645		1252	187	49.79	16.56		3554	525	5134	4:33.04
3/25/99	7156	1	Florida R	Gainesville	11.21	+1.4	655	+3.3	1243	183	50.57	16.32		4132	484	5428	4:43.88
5/22/99	7225	2	Big 10 W	Lafayette	11.31	+1.2	627	+3.6	1307	192	50.32	16.40	+0.9	4302	500	5072	4:43.17
4/20/01	7441	3	Mt SAC R	Azusa	11.13	+2.2	646	+0.7	1400	179	49.61	16.07		4032	540	5291	4:40.30
5/19/01	7695	1	Big Ten	Bloomington	11.15	+0.9	689	+2.2	1395	185	48.91	16.05	-2.3	4420	520	5194	4:28.79
5/31/01	7645	4	NCAA	Eugene	11.14	+3.1	667	+5.1	1361	188	49.34	16.39	+1.7	4090	540	5407	4:24.92
7/22/01	6289	8	Sub Elite	Albuquerque	11.22	-2.9	666	0.0	1470	181	49.20	16.89	-0.6	4376	nh	5156	5:11.58
4/19/02	7926w	1	Mt SAC R	Azusa	10.85	+3.8	682	+3.4	1476	189	48.71	15.47	+4.3	4321	505	5609	4:25.16

5/18/02	7829	1	Big Ten Madison	10.93	691	1471	194	48.83	15.26	3556	535	5332	4:33.83		
6/01/02	8041	2	NCAA Baton Rouge	10.83+1.8	692+2.9	1516	194	48.99	15.26+2.7	4240	505	5764	4:25.18		
6/20/02	7445	9	USATF Berkeley	11.03+1.0	666	0.0	1435	186	48.96	15.86+3.2	3684	510	5418	4:49.26	
4/17/03	[ ]	dnf	Mt Sac R Azusa	11.01+0.4	670+2.6	1537	191	49.73	withdrew						
5/11/03	7881	3	MultiStars Desanzano	10.93	0.0	668-0.5	1526	194	49.65	15.81+1.3	4194	542	5736	4:39.73	
6/22/03	8275	3	USATF Palo Alto	10.90+1.7	738		1551	208	49.26	15.78+1.0	4619	520	5879	4:37.25	
8/27/03	7507	12	IAAF WC Paris	10.99-0.5	714+0.4		1530	203	48.75	dsq	4572	530	6114	4:30.77	
9/21/03	[ ]	dnf	DecaStar Talence	11.24-0.9	nm		1439	194	dnf	16.43-2.0	4358	522	withdrew		
4/15/04	[ ]	dnf	Mt SAC R Azusa	11.04	657		1172	189	50.88	15.77	4332	520	5338	dnr	
5/30/04	8161	8	Hypo-Bank Gotzis	11.04-1.8	729+1.1		1566	194	48.78	15.40-1.6	4437	540	5845	4:41.86	
7/17/04	8312	3	USOT/USA Sacramento	10.98-1.0	727+0.6		1537	201	48.74	15.40-1.1	4924	520	5469	4:24.28	
8/24/04	7893	23	Olympic Gam Athens	10.92+1.5	694-0.4		1515	194	49.56	15.12+1.5	4562	530	5062	4:50.36	
3/26/05	6589	1	MO Southern Joplin	10.91+3.8	743+3.1		1435	190	49.99	15.81+1.5	3766	nh	4540	4:49.98	
5/08/05	7702	5	MultiStars Salo	11.15-1.3	699+0.9		1419	197	49.26	15.66-1.1	4138	520	4834	4:37.25	
5/29/05	7923	3	NACAC San Juan	11.02+2.5	719+3.1		1464	198	48.70	15.19nwi	4039	530	4710	4:32.28	
6/24/06	7976	2	USA Champs Carson	11.17-0.6	705+0.1		1497	200	49.05	15.21	0.0	4422	520	5405	4:39.92
8/10/06	7921	13	IAAF WC Helsinki	10.83+1.2	716-0.5		1431	197	48.85	15.83-1.6	4465	500	5446	4:36.59	
9/18/06	7589	12	DecaStar Talence	11.19+3.4	707+0.2		1415	198	49.62	16.19+1.7	4018	510	4865	4:37.46	
3/24/06	7822	1	Click, Tucson	10.91+2.3	686	0.0	1504	198	49.79	15.60+2.2	4314	500	5545	4:41.37	
5/28/06	[4045]	dnf	Hypo-Bank Götzis	10.98+0.6	703-1.6		1517	194	50.10	dnf,	inj,	withdrew			
6/24/06	7714	5	USATF Indianapolis	11.11+0.5	683-0.3		1439	187	49.39	15.35-0.9	4455	510	5644	4:48.04	
8/06/06	7630	2	vs GER Manhattan	11.16-0.1	680-0.9		1463	200	50.79	15.66-0.3	4439	495	5303	4:47.41	
8/26/06	7884	2	NACAC San Juan	11.01+2.9	698+3.1		1481	198	49.18	15.39+1.1	4630	490	5367	4:39.95	
3/23/07	-----	dnf	Arizona Click Tucson	10.81+1.5	665+2.3		1398	192	49.95	15.92+0.7	4389	withdrew			
5/06/07	8134	1	MultiStars Desanzano	11.08+0.8	729+0.8		1536	200	49.52	15.45-1.4	4562	500	5823	4:27.55	
5/26/07	7609	5	NACAC S Domingo	11.35-2.5	708		1416	191	51.09	15.60-0.2	4679	510	5273	4:50.42	
6/23/07	8064	2	USATF Indianapolis	11.03-0.5	726+1.4		1527	202	48.70	14.92+1.4	4260	510	5295	4:39.98	
9/01/07	8120	10	IAAF WC Osaka	10.95-0.2	726-0.8		1481	200	49.34	15.10+1.4	4481	520	5596	4:37.38	
5/30/09	7430	4	PanAM CECup,Havana	11.67+0.1	653+0.1		1460	192	49.64	15.89-0.3	4328	490	5510	4:43.10	

**Decathlon PRs: 8312 / 6040**

**10.81+15 738+2.3 1599 208 48.70 14.92+1.4 4924 570 6114 4:24.38**

**Indoor: 60m: 7.04, 60H: 8:43; 1000m 2:39.43**

**Summary:** 37 career meets, 32 finishes, 7 wins, PR score: 8312 (\*85); 7x> 8000; Top Ten Ave= 8093.2, 2<sup>nd</sup> Ave: 7798.5; 3<sup>rd</sup> Ave= 7433.8 [missing a Gina Relays]

## PR Page [lifetime bests made in any competition]

	<i>PR score</i>	<i>100m</i>	<i>lj</i>	<i>sp</i>	<i>hj</i>	<i>400m</i>	<i>110H</i>	<i>disc</i>	<i>pv</i>	<i>jav</i>	<i>1500m</i>	
Mustafa Abdur-Rahim	8175	10.72	0.0	747-0.4	1499	199	47.64	14.14+1.4	5145	455	6217	4:21.34
Nick Adcock	7657	10.86+2.6	731+1.8	1461	212	48.03	14.22+1.0	3742	465	5638	4:35.53	
Jake Arnold	8215	11.03+0.6	722+1.8	1517	207	48.38	14.12+0.8	4602	530	6009	4:31.04	
Michael Ayers	7794	10.73+4.1	736+1.9	1349	200	49.12	15.66+3.0	4107	515	5963	4:35.75	
Chris Boyles	7855	11.06+2.9	746	1533	218	50.0h	14.4h	4501	500	6220	4:43.85	
Desi Burt	7645	11.04+2.5	721+2.7	1347	216	49.40	14.45+0.9	4308	430	5827	4:50.39	
Matt Chisam	7696	11.28+3.5	694+4.3	1480	202	51.38	14.69+2.5	4581	510	6087	4:39.78	
Mat Clark	7785	10.75+0.7	731+3.4	1297	204	48.71	15.58+1.2	4064	495	5971	4:12.60	
Bryan Clay	8832	10.34	805+4.5	1627	210	47.78	13.74+1.3	5587	510	7200	4:38.93	
Joe Detmer	7963	10.84+2.7	724+2.2	1275	204	47.03	14.3h+2.8	4073	480	5631	4:04.11	
Ashton Eaton	8241	10.35+4.1	779+1.9	1279	209	46.34	13.85-1.3	4179	510	5393	4:20.56	
Lysias Edmonds	7765	10.73+2.9	713-0.1	1275	201	47.80	14.18+2.2	3852	520	5160	4:36.03	
Trey Hardee	8534	10.28	773	1475	204	47.76	13.71+1.9	5268	530	6000	4:42.61	
Dan Keller	7631	11.29+2.8	712+3.3	1399	206	50.40	15.10+2.7	3799	515	5621	4:31.98	
Dan Kinsey	7563	11.44+2.8	683+2.0	1525	199	53.05	15.33-1.9	4868	470	6066	4:38.95	
Mike Marsh	7623	10.84+2.5	706+2.7	1423	201	49.98	14.61-1.4	4381	485	5594	4:41.42	
RJ McGinnis	7626	11.09+3.4	723+1.2	1536	205	50.22	14.77+2.0	4453	445	5944	4:34.10	
Ricky Moody	7787	10.81+1.8	754	1552	205	51.05	14.41	4627	435	6020	5:03.61	
Trinity Otto	7655	10.58+5.2	746	1404	198	48.78	14.71+0.4	4187	455	5510	4:55.71	
Chris Randolph	8066	11.19+2.0	735+0.5	1400	207	48.27	14.36+2.2	4930	490	5883	4:25.83	
Paul Terek	8312	10.81+1.5	738+2.3	1599	208	48.70	14.92+1.4	4924	570	6114	4:24.38	



