

MEDIA GUIDE / HANDBOOK

29th NATIONAL CHAMPIONSHIPS



WOMEN'S HEPTATHLON



**Hayward Field
University of Oregon
Eugene, Oregon
June 27-28, 2009**



Frank Zarnowski
DECA, The Decathlon Association
www.decathlonusa.typepad.com

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SECTION ONE: Basic Info:

- a) Time Schedule
- b) Qualifying procedures
- c) List of Qualifiers
- d) Web sites which will provide results

a... Time Schedule

Saturday	Friday, June 27, 2009	Sunday, June 28, 2009
	11:00 am 100 m Hurdles	11:00 am Long Jump
	12:00 pm High Jump	12:05 pm Javelin
	2:00 Shot Put	2:00 800 meters
	3:00 200 meters	

b)Qualifying Procedure

"A" and "B" Standards A standard is 5500, B standard is 5400. Field limit is 20.

"A" - athletes who attain the "A" standard will automatically be included in the event, provided they enter and declare. *

"B" - athletes who attain the "B" standard will be included in the event only if additional competitors are needed to make the event competitive (i.e., not enough athletes have attained the "A" standard). *

* - subject to the Qualifying Guidelines, entry process, and declaration process. If the "B" standard is used, only the number of athletes needed to make the event competitive will be included. These athletes must declare, and they may be invited for inclusion only after the close of declarations.

The field sizes listed are the desired minimum of participants, and the Games Committee will try to fill the field to the minimum provided there are enough athletes entered and qualified without the quality of competition being affected. The Men's and Women's Track & Field Chairs may alter the field size as necessary.

Qualifying Guidelines

All qualifying performances for running events must be made in competition on a standard outdoor track. .

-USATF- or IAAF-sanctioned events that prescribe to or exceed USATF competition rules, events at collegiate meets that prescribe to or exceed USATF competition rules, high school meets, except duals and triangulars, or meets or events that meet a minimum for competitiveness set by the Chair of the Sport Committee and determined to be valid by the USATF staff member responsible for verification.

-All qualifying marks must be attained between January 1, 2008 and June 11, 2009.

-All qualifying performances are subject to verification.

c)Qualifiers

Qualified Automatically "A" >5500 (Jan 1, 2008 – June 21, 2009)

6667	Fountain, Hyleas	Nike	USOT/USA, Eugene	2008	*
6347	Johnson, Jacqueline	Arizona St	USOT/USA, Eugene	2008	
6257	Pickler, Diana	asics	USOT/USA, Eugene	2008	*
6247	Johnson, Gigi	Nike	USOT/USA, Eugene	2008	*
6063	Day, Sharon	Nike	PanAm Cup, Havana	2009	*
6029	Nelson, Lela	Nike	vs GER, Manhattan	2008	*
5990	Pickler, Julie	asics	Texas R, Austin	2008	*
5892	Roehrig, Liz	Minnesota	NCAA, Fayetteville	2009	*
5876	Wade, Bette	Michigan	NCAA, Fayetteville	2009	*
5824	Ali, Nia-Sifaatihi [10]	USC	NCAA, Fayetteville	2009	*
5797	Hunter, Gayle	Penn State	NCAA, Fayetteville	2009	*
5793	Asigbee, Fiona	unat	Walton, Columbia	2008	
5780	McFadden, Kalindra	Oregon	Pac-10, Eugene	2009	*
5747	Andres, Ashley	unat	USOT/USA, Eugene	2008	*
5741	Poulson, Jackie	unat	USOT/USA, Eugene	2008	
5704	Dupree, RYANNE	Tex-SA	NACAC, S Domingo	2008	
5687	Hill, Kasey	unat/Boston C	USOT/USA, Eugene	2009	*
5668	Quinley, Shevell	Arizona	NCAA, Fayetteville	2009	
5661	Stechschulte, Abbie	unat/Indiana	Texas R, Austin	2008	*
5641	Fortner, Sandy [20]	New Mexico	Mtn W, Ft Worth	2008	
5625	Harris, Marissa	Mississippi St	NCAA, Fayetteville	2009	
5606	Krais, Ryann	UCLA	Pac-10, Eugene	2009	
5605	Pearson, Emily	unat/Colo St	Mtn W, Ft Worth	2008	*
5594	Chaplin, Etienne	Arkansas	SEC, Gainesville	2009	*
5593	McNaney, Danielle	unat	USOT/USA, Eugene	2008	*
5586	Adams, Aisha	Angelo State	D-II, San Angelo	2009	*
5572	Collins, Lauren	UC-Irvine	Mt Sac R, Azusa	2008	
5563	Merkley, Cassie	Idaho St	Spring, Northridge	2008	
5550	Stipe, Dani	Northern Iowa	MVC, Carbondale	2008	
5530	Trimble, Ashley [30]	Kentucky	SEC, Gainesville	2009	*
5509	Hasan, Alyssa	Notre Dame	Cal Invt, Azusa	2008	
Provisional (B) standard 5400					
5490	Woods, Shana	USC	Pac-10, Eugene	2009	*

* filed entries

d)....Website listing results

HYPERLINK "http://www.flashresult.com"

www.flashresult.com

SECTION TWO: RECORDS

U.S. NATIONAL CHAMPIONSHIPS, 1950-2007

USA National Championship Winners:

AAU [*Pentathlon*]

1950	1929	Stella Walsh	Polish Falcons	
1951	1932	Stella Walsh	Polish Falcons	2 nd win
1952	2183	Stella Walsh	Dreyer AC	3 rd win
1953	1984	Stella Walsh	unat	4 th win
1954	1738	Stella Walsh	KnickerbockPC	5 th win

[1954 IAAF Tables]

1955	3559	Barbara Mueller	Chi Comets	
1956	4154	Barbara Mueller	unat	2 nd win
1957	3803	Ann Roniger	Cosmo Club	
1958	3672	Ann Roniger	Cosmo Club	2 nd win
1959	4075	Ann Roniger	Cosmo Club	2 nd win
1960	4249	JoAnn Terry	Tennessee State	
1961	4243	Pat Daniels	San Mateo AA	
1962	3941	Pat Daniels	San Mateo AA	2 nd win
1963	4261	Pat Daniels	San Mateo AA	3 rd win

[1962 Tables]

1964	4644	Pat Daniels	San Mateo AA	4 th win
1965	4399	Pat Daniels	San Mateo AA	5 th win
1966	4496	Pat Daniels	San Mateo AA	6 th win
1967	4824	Pat Daniels	Millbrae Lions	7 th win
1968	4823	Che Cheng	CCTC/TPE	
1969	4544	Jan Glotzer	Phoenix TC	
1970	4735	Pat Daniels	LATC	8 th win
1971	4731	Marilyn King	Millbrae Lions	
1972	4169	Jane Frederick	unat	
1973	4281	Jane Frederick	UCTC	2 nd win
1974	4051	Mitzi McMillan	Gazelles	
1975	4676	Jane Frederick	LATC	3 rd win
1976	4677	Jane Frederick	LATC	4 th win
1977	3919	Linda Cornelius	Texas A&M	
1978	4379	Modupe Oshikoya	unat/Nigeria	
1979	4506	Jane Frederick	Pacific Coast Club	5 th win

TAC

1980	4299	Themis Zambrzycki	BYU/Brazil	
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[*Heptathlon*]

1981	6011w	Jane Frederick	Athletics West	6 th win
1982	6041	Jackie Joyner	UCLA	
1983	6493	Jane Frederick	Athletics West	7 th win
1984	6154	Cindy Greiner	Athletics West	

[1985 IAAF Tables]

1985	6587	Jane Frederick	Athletics West	8 th win
1986	6230	Jane Frederick	Athletics West	9 th win
1987	6979	Jackie Joyner-Kersee	WCAC	2 nd win
1988	5881	Sheila Tarr	Track West	
1989	6006w	Jolanda Jones	Houston TC	
1990	6292w	Cindy Greiner	Nike Coast	
1991	6878w	Jackie Joyner-Kersee	McDonalds	3 rd win
1992	6695	Jackie Joyner-Kersee	McDonalds	4 th win

USATF

1993	6770	Jackie Joyner-Kersee	unat	5 th win
1994	6371	Kym Carter	Club West	

1995	6375	Jackie Joyner-Kersee	Honda	6 th win
1996	6406	Kelly Blair	Nike	
1997	6465	Kelly Blair	Nike	2 nd win
1998	6402	Kelly Blair-LaBounty	Reebok	3 rd win
1999	6101	Shelia Burrell	unat	
2000	6343	Dedee Nathan	Indiana Invaders	
2001	6174w	Dedee Nathan	Indiana Invaders	2 nd win
2002	6299	Shelia Burrell	Nike	2 nd win
2003	6159	Sheila Burrell	Nike	3 rd win
2004	6194	Sheila Burrell	Nike	4 th win
2005	6208	Hyleas Fountain	Nike	
2006	6183	GiGi Johnson	unat	
2007	6090	Hyleas Fountain	Nike	2 nd win
2008	6667	Hyleas Fountain	Nike	3 rd win

Multiple Winners:

9 wins:	Jane Frederick	1972 1973 1975 1976 1979 1981 1983 1985 1986
8 wins:	Pat Winslow	1961 1962 1963 1964 1965 1966 1967 1970
6 wins:	Jackie Joyner Kersee	1982 1987 1991 1992 1993 1995
5 wins:	Stella Walsh	1950 1951 1952 1953 1954
4 wins:	Sheila Burrell	1999 2002 2003 2004
3 wins:	Ann Roniger	1957 1958 1959
	Kelly Blair	1996 1997 1998
	Hyleas Fountain	2005 2007 2008

Most Consecutive Wins:

7 in a row:	Pat Winslow	1961-1967
5 in a row:	Stella Walsh	1950-1954
3 in a row:	Ann Roniger	1957-1959
	Jackie Joyner-Kersee	1991-1993
	Kelly Blair	1996-1998
	Sheila Burrell	2002-2004

Individual Event Records

World Records

100H	12.62	Eunice Barber/FRA (+2.9)	Arles 6889	2005
HJ	1.97m/6-5 ½	Tia Hellebut/BEL	Gotzis 6201	2006
SP	20.79m/68-2½	Eva Wilms/GER	pent	
	17.29m/56-8 ¾	Natalia Dobrynska/UKR	hept	Beijing 6733
200m	22.30	J. Joyner-Kersee/USA	Indy 7215	1988
LJ	7.27m/23-10 ¼	J. Joyner-Kersee/USA	Seoul 7291	1988
Jav	64.64m/212-1	Tessa Sanderson/GBR	Brussels 6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence 6227	1987
1st day	4367	J Joyner-Kersee/USA	Indy 7215	1988
2nd day	3027	J Joyner-Kersee/USA	Seoul 7291	1988
Score	7291	J Joyner-Kersee/USA	Seoul	1988

American Records

100H	12.65	Hyleas Fountain/Nike (+2.8)	Seoul 7291	1988
HJ	1.93m/6-4	J Joyner-Kersee/WCAC	Indy 7215	1988
		Sharon Day/Nike	Havana, 6063	2009
SP	16.30m/53-5 ¾	Jane Frederick/Naturite	Rome 6502	1987
200m	22.30	J Joyner-Kersee/WCAC	Indy 7215	1988
LJ	7.27/23-10 ¼	J Joyner-Kersee/WCAC	Seoul 7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston 5599	1983
800m	2:04.70	Marla Runyan/	Atlanta-OT 5708	1996

1st day	4367	J Joyner-Kersee/WCAC	Indy 7215	1988
2nd day	3027	J Joyner-Kersee/WCAC	Seoul 7291	1988
Score	7291	J Joyner-Kersee/WCAC	Seoul	1988

Collegiate Records

100H	13.02	Tiffany Lott/BYU	Austin 6042	1997
HJ	1.93m/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons 5867	1985
SP	16.72m/54-10 ½	Austra Skujyte/Kan St-LIT	Munich	2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento	1995
LJ	6.92m/22-8 ½	Diane Guthrie/GMU	Knoxville 6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston 5599	1983
800m	2:08.4	Lana Zimmerman/LSU	Houston	1983
1st day	3942	Jackie Joyner/UCLA	Baton Rouge 6718	1985
2nd day	2799	Diane Guthrie/GMU-JAM	Knoxville 6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF	1985

USATF Meet Records

100H	12.65	Hyleas Fountain/Nike	Eugene 6667	2008
HJ	1.89m/6-2¼	Jackie Joyner-Kersee	NYC 6878	1991
SP	16.07m/52-8¾	Kym Carter/	Knoxville 6371	1994
200m	23.02 (+0.4)	Jackie Joyner-Kersee	San Jose 6979	1987
LJ	7.25m/23-9½	Jackie Joyner-Kersee	San Jose 6979	1987
Jav	51.60m/169-3	Kelly Blair	Indianapolis 6465	1997
800m	2:04.70	Marla Runyan/	Atlanta-OT 5708	1996
1st day	4191	Jackie Joyner-Kersee	NYC 6878	1991
2nd day	2793	Kelly Blair	Indianapolis 6465	1997
Score	6979	Jackie Joyner-Kersee	San Jose	1987

[12.90 185 15.17 23.02 725 4024 2:13.07]

RECENT MEET RESULTS

2009 USA National Indoor Pentathlon Championships

3/08/09 USA National Pentathlon, Chapel Hill, NC

4391	Pickler, Diana/Asics	8.24	179	1159	614	2:20.05
4320	Day, Sharon/Asics	8.79	185	1225	575	2:16.38
4292	Pickler, Julie/Asics	8.48	170	1271	593	2:15.89
4252	Nelson, Lela/unat	8.58	173	1185	631	2:24.47
4228	Johnson, Jaqueline/Nike	8.47	176	1214	581	2:20.70
4051	Hill, Kasey/unat	8.69	170	1274	550	2:21.02
3905	Twigg, Amanda/unat	8.71	161	1091	580	2:21.08
3877	Andres,(Wilhelm) Ashley/Nike	8.81	170	1148	553	2:26.63
3824	Pearson, Emily/unat	8.66	164	1164	542	2:25.88
3234	Blackley, Kirby/unat	8.55	nh	1115	587	2:20.78
3167	Ingram, Bridgette/Lemans TC	9.28	158	1163	504	2:56.75



2008 USA National Championships

6/27-28, 2008 U of Oregon, Eugene, OR

6667	Fountain, Hyleas/Nike	12.65+2.8	181	1367	23.31+1.3	3989	688+1.6	4815	2:27.69
6347	Johnson, Jacqueline/Arizona St	13.12+2.8	178	1294	24.48+1.3	3717	646+2.3	4771	2:20.07
6257	Pickler, Diana/asics	13.13+2.8	184	1177	24.11+1.3	3750	624+2.0	4240	2:16.59
6247	Johnson, Gigi/Nike	12.83+2.8	166	1220	23.38+1.3	3671	642+2.9	4246	2:15.88
5819	Roehrig, Liz/Minnesota	14.12+3.5	178	1316	24.36+0.8	3598	602+2.2	3726	2:25.51
5789	Asigbee, Fiona/unat	13.80+1.1	178	1316	24.95+0.8	3589	599+1.8	3674	2:25.64
5747	Wilhelm, Ashley/unat	13.85+3.5	172	1225	25.25+2.7	3421	603+1.3	3691	2:17.42
5741	Poulson, Jackie/unat	14.03+3.5	169	1313	25.34+2.7	3408	549+0.6	4611	2:17.97
5723	Wade, Bette/Michigan	13.85+1.1	181	1303	24.72+2.7	3633	560+2.3	3479	2:22.24
5697	DuPree, Ryanne/Texas-SA	13.36+2.8	175	1134	24.64+0.8	3525	579+0.8	3621	2:22.40
5687	Hill, Kasey/Boston College	13.73+3.5	166	1178	24.70+0.8	3385	589+1.5	3589	2:16.07
5593	McNaney, Danielle/unat	13.80+3.5	169	1183	25.35+2.7	3354	543+2.7	3965	2:14.65
5352	Bamigboye, Buky/Georgetown	13.98+3.5	166	1204	25.27+2.7	3313	587+1.0	2748	2:21.73
dnf	Pickler, Julie/Asics	14.09+1.1	169	1182	24.55+0.8	3386	588+2.3	3466	dns
dnf	Quinley, Shevell/Arizona	13.80+1.1	172	1086	25.29+0.8	3332	578+1.0	3836	dns
dnf	Stechschulte, Abbie/Indiana	14.76+1.1	160	1277	25.83+2.7	3134	523+0.7	3662	dns
dnf	Nelson, Lela/Nike	13.46+2.8	166	1185	withdrew				
dnf	Hunter, Gayle/Penn St	13.71+1.1	166	905	withdrew				

2007 USA National Championships

6/20-21, 2007, IUPUI, Indianapolis, IN

6090	Fountain, Hyleas/Nike	13.81-1.0	181	1269	24.69-1.2	643+2.9	4159	2:22.54	
6029	Pickler, Diana/Washington St	13.46-1.0	175	1244	24.07-1.2	604+1.5	4161	2:19.33	
6002	Johnson, Gigi/unat	13.35-1.0	166	1331	23.90-1.2	609+0.9	3983	2:18.40	
5908	Asigbee, Fiona/unat	13.77-0.5	181	1201	24.84-1.9	617+0.8	3651	2:18.82	
5654	Pickler, Julie/Washington St	14.06-0.5	175	1123	25.12-1.9	590+2.3	3829	2:19.65	
5600	Hunter, Gayle/Penn St	13.95-0.5	157	1101	24.19-1.2	625+0.9	3623	2:19.29	
5582	Dupree, Ryanne/Texas-San Antonio	13.61-1.0	172	1166	24.96-1.2	576+1.8	3489	2:22.23	
5555	McNaney, Danielle/unat	14.25-0.9	166	999	25.33	0.0	587+0.1	4149	2:13.48
5536	Nelson, Lela/Nike	14.49-1.0	172	1157	25.01-1.2	615+1.8	3547	2:25.42	
5446	Bamigboye, Buky/unat	14.43-0.5	166	1046	24.95-1.9	587+1.3	3453	2:14.63	
5429	Wade, Bette/Michigan	14.15-0.9	178	1132	24.86	0.0	571+1.8	2916	2:23.22
5362	Wallin, Reidun/ASC-e	14.66-0.9	166	1158	26.15	0.0	544+0.4	4098	2:15.71
5329	Collins, Lauren/Cal-Irvine	14.62-0.9	175	1067	25.85-1.9	547+1.3	3710	2:19.19	
5320	Chaplin, Etienne/Arkansas	14.39-0.5	163	1147	25.39-1.9	583+2.2	3545	2:24.03	
5268	Wilhelm, Ashley/Cincinnati	14.61-0.9	172	1092	25.67	0.0	567+1.4	3822	2:29.74

5180	Poulson, Jackie/unat	14.62-0.5	163	1250	25.61	0.0	509+1.8	4688	2:37.04d
dnf	Selig, Ashley/Nebraska	14.23-0.9	172	1116	24.95	0.0	withdrew		
dnf	Quinley, Shevell/Arizona	15.00-0.9	157	withdrew					
dnf	Sterlin-Bigelow, Heather/unat	14.83-0.5	withdrew						

The PR Page

LIFETIME BESTS

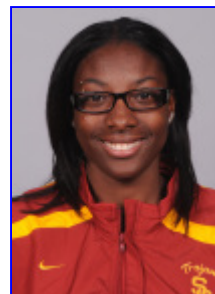
Aisha Adams	5586	13.81+1.7	175	1223	24.62+4.1	621	3747	2:22.09
Nia Ali	5824	13.14+1.8	180	1361	23.90+1.3	595	3924	2:24.55
Ashley Andres	5747	13.85	173	1266	25.02	621	4083	2:17.42
Etienne Chaplin	5594	13.77+0.7	166	1258	24.47+1.4	627+1.1	3792	2:21.47
Sharon Day	6063	14.29	195	1292	24.83	592	4019	2:16.38
Hyleas Fountain	6667	12.65+2.8	189	1338	23.21+0.4	688+1.6	4815	2:15.32
Marrissa Harris	5625	13.18+0.7	172	1203	24.02+1.3	615	3789	2:23.79
Kasey Hill	5687	13.73	172	1317	24.52	589	3932	2:13.64
Gayle Hunter	5797	13.45+0.9	171	1219	23.56+3.7	652	3853	2:13.73
Gigi Johnson	6247	12.83	176	1396	23.38	649	4304	2:13.98
Jacqueline Johnson	6347	13.12+2.8	183	1314	24.01-2.9	650	4850	2:13.52
Kalindra McFadden	5780	13.95+3.1	172	1303	24.62+0.2	576+1.3	4092	2:13.82
Dani McNaney	5673	13.80+3.5	172	1198	25.40+0.5	568	4443	2:14.65
Lela Nelson	6029	13.34	182	1243	23.78	678	4186	2:22.00
Emily Pearson	5605	13.75+0.8	170	1224	24.48+1.9	565	4713	2:21.33
Diana Pickler	6257	13.13+2.8	184	1244	23.69+2.3	624+2.0	4403	2:16.59
Julie Pickler	5990	13.66+0.3	177	1268	24.24+1.7	606+2.1	4086	2:13.54
Shevell Quinley	5668	13.71	175	1221	24.42 +3.9	636	4385	2:18.08
Liz Roehrig	5892	14.00	183	1389	24.12+0.5	621+0.2	4012	2:18.62
Abbie Stechschulte	5661	13.76+0.4	169	1283	25.01+4.7	596	3662	2:17.57
Ashley Trimble	5530	13.40+3.6	166	1200	24.69+0.2	600	3617	2:11.32
Bette Wade	5876	13.73-0.9	182	1385	24.62+1.4	634+2.6	3514	2:20.30
Shana Woods	5533	13.84+0.9	168	1082	23.94+2.9	635	4042	2:20.10



All individual marks made in any competition.

NIA-SIFAATIHII ALI

DOB: October 23, 1988
 POB: Norristown, PA
 Ht: 5-6
 Hometown: Philadelphia
 High School: Pleasantville, NJ
 College: Tennessee
 Southern California '10



2009: 4th at NCAAs with PR 5824 score. Pac-10 bronze medalist with 5681 PR. **2008:** Transferred to USC. **2007:** Won SEC heptathlon crown as frosh with PR 5490 score. **High School:** Nike National indoor Scholastic hurdle champ (8.36). Ran 13.55w outdoors for 4th at USATF Jr champs. Ran for Mallery Challengers Track Club. **Personal:** Nia-Sifaatihii Ali. Parents are Melita Johnson and Aleem Ali. Enrolled in College of Arts and Sciences.

Career:												
Indoor:												
Outdoor:												
				<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
5/11/07	5490	1	SEC, Tuscaloosa	13.25	0.0	169	1047	24.00+0.4	595		2718	2:24.55
5/ /08	dnf	-	Pac-10, Tempe	13.14+1.8		175	1109	23.94	0.0			withdrew
4/10/09	5492	1	Johnson/JJK, Los Angeles	13.66	0.0	168	1361	24.63	0.0	566	0.0	3076 2:28.77
5/10/09	5681	3	Pac-10, Eugene	13.56+0.8		175	1292	25.04+2.0	587+1.8		3924	2:33.01
6/12/09	5824	4	NCAA, Fayetteville	13.17+1.3		172	1251	23.90+1.3	589+0.5		3880	2:29.36
PRs:	5824			13.14+1.8		180	1361	23.90+1.3	595		3924	2:24.55

ASHLEY (WILHELM) ANDRES

DOB: February 17, 1984
 POB:
 Ht: 5-6
 Hometown:
 High School: E Central HS, St. Leon, IN
 College: Cincinnati '07



2009: 2008: 7th at Olympic Trials with PR 5747 score. Sixth at Thorpe Cup vs Germany. Opened season with three straight heptathlon wins, each in a new personal best. 2007: 11th in NCAAs with PR 5592. Won Alabama Relays with PR 5515. 2006: Set PRs at Sea Ray Relays (5268) and Berea Twilight (5317). 2005: School records in both the pentathlon and heptathlon. 2nd at Conference USA, 5223 after winning All-Ohio heptathlon. 4th in pentathlon at C-USA. 2004: 5th at C-USA Indoors and 2nd outdoors. 2003: 3rd in US Juniors (4973), Won All-Ohio title & 3rd at C-USA. Personal: degree in secondary education.

		Career:						
Indoors:		<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>		
2/28/04	3434 5 Conf USA	9.22	159	932	540	2:30.34		
2/25/05	3567 4 Conf USA	9.10	160	1092	538	2:20.48		
1/28/06	3733 Indiana Open, Bloomington	8.85	168	1037	550	2:28.80		
2/18/06	3788 2 Big East	8.74	163	1051	575	2:28.24		
3/06/06	3725 6 USATF, Chapel Hill	8.93	168	1149	563	2:37.22		
2/02/08	3818 2 Gladstein, Bloomington	8.83	167	1053	583	2:30.07		
3/09/08	3913 6 USATF, Chapel Hill	8.90	171	1180	567	2:28.09		
1/24/09	4020 1 Gladstone, Bloomington	8.79	167	1252	580	2:24.51		
3/08/09	3877 8 USA, Chapel Hill	8.81	170	1148	553	2:26.63		
Outdoor:		<i>100 h</i>	<i>hj</i>	<i>sp</i>	<i>200</i>	<i>lj</i>	<i>jav</i>	<i>800m</i>
3/27/03	4433 Florida R							
4/12/03	4927 1 All-Ohio							
5/17/03	4927 3 Conf USA							
6/22/03	4973 3 USA Jr	14.77	167	1069	26.03	567	2964	2:30.02
4/01/04	4714 11 Texas R, Austin	14.04	165	963	25.88	560	2985	2:41.74
5/14/04	4982 2 Conf USA							
3/25/05	4944 2 Ariz Wildcat, Tucson	14.96	156	1068	25.79	551	3535	2:26.51
4/16/05	5137 1 All-Ohio	14.82	162	1100	25.55	572	3781	2:35.65
5/13/05	5223 2 Conf USA	14.60	159	1080	25.33	582	3670	2:24.33
4/13/06	5268 4 Sea Ray R, Knoxville	14.40	166	1162	25.77	578	3398	2:25.42
5/17/06	5317 2 Twilight, Berea							
3/23/07	5515 1 Alabama R, Tuscaloosa	14.79	167	1163	25.33	615	4083	2:25.24
4/21/07	5351 1 All-Ohio	15.11	160			602	3976	
5/06/07	5490 4 Big East	14.19	163	1094	25.49	600	3968	2:26.56
6/08/07	5592 11 NCAA, Sacramento	14.13	172	1128	25.25	597	3761	2:20.55
6/23/07	5268 16 USATF, Indianapolis	14.61	172	1092	25.67	567	3822	2:29.74
3/28/08	5606 1 Alabama R, Tuscaloosa	14.46	169	1266	25.73	596	3780	2:20.46
4/10/08	5697 1 Sea Ray R, Knoxville	14.16	172	1182	25.31	621	3797	2:20.93
5/15/08	5737 1 Deacon, Winston-Salem	14.05	172	1214	25.15	600	3930	2:18.78
6/01/08	5598 4 Pan Am	14.46	173	1193	25.19	616	3797	2:26.24
6/28/08	5747 7 USOT/USA, Eugene	13.85	172	1225	25.25	603	3691	2:17.42
8/03/08	5649 6 vs Germany, Manhattan	14.24	173	1091	25.02	603	3926	2:19.72
5/13/09	5131 5 Deacon, Winston-Salem	14.41	164	1090	26.16	582	3317	2:27.62 [+1.6,+1.0,+1.8]
5/30/09	5153 6 Pan Am CE Cup, Havana	14.84	172	1006	25.89	561	3734	2:27.59
PRs: 5747 / 4020		13.85 173 1266 25.02 621 4083 2:17.42						
Indoor: 60H: 8.74								

ETIENNE CHAPLIN

DOB: July 28, 1986
 POB:
 Ht: 5-10
 Hometown: Chicago, IL
 High School: Morgan Park HS, Chicago '04
 College: Michigan State U
 U of Arkansas '08



2009: SEC heptathlon champion with 5594 PR. Placed 12th at NCAAs. **2008:** Won SEC indoor pentathlon with PR 4096. **2007:** 12th at NCAA I with huge PR 5587 getting 6 lifetime bests. Opened outdoor season with 7th place finish at Texas Relays with PR 5329. **2006:** 6th at both Big 10 indoor pentathlon and outdoor heptathlon while at Michigan State, **2005:** 10th Big Ten indoor pentathlon. **2005: outdoor** Redshirt. **High School:** 2x city champ in both 100m and 300m hurdles. **Personal:** Etienne Danelle Chaplin. Daughter of Stephen and Karla Chaplin

				Career:										
Indoor:				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>						
2/25/05	3540	10	Big Ten, Ann Arbor	8.88	154	1069	555	2:33.53						
2/25/06	3659	6	Big Ten, Madison	8.85	157	1133	564	2:32.74						
1/19/07	3695	2	Razorback, Fayetteville	8.94	159	1072	576	2:29.84						
1/28/08	3986	1	Razorback, Fayetteville	8.66	166	1187	599	2:29.53						
2/29/08	4095	1	SEC, Fayetteville	8.57	166	1186	619	2:27.29						
Outdoor:				<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>1st day</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
5/13/06	4697	6	Big Ten, E Lansing	14.84	+0.9	153	1075	25.84	nwi	2908	558	+1.1	3157	2:41.13
4/05/07	5329	7	Texas R, Austin	13.78	+1.5	160	1109	24.79	+3.1	3253	576	+2.5	3231	2:23.32
5/11/07	4452	8	SEC, Tuscaloosa	dnf		163	1172	24.71	+1.7	2328	572	+0.2	3523	2:23.03
6/08/07	5587	12	NCAA I, Sacramento	14.27	+1.8	163	1258	24.47	+1.4	3348	594	+3.8	3667	2:21.47
4/02/09	5400	3	Texas R, Austin	14.32	+1.4	163	1141	24.55	+3.4		582	+2.8	3625	2:25.30
5/15/09	5594	1	SEC, Gainesville	13.77	+0.7	166	1101	24.55	0.0	3442	592	+0.3	3792	2:21.76
6/12/09	5486	12	NCAA, Fayetteville	13.95	+1.0	166	1099	24.58	-1.2	3311	627	+1.1	3075	2:25.76
PRs: 5594 / 4095				13.77+0.7 166 1258 24.47+1.4 627+1.1 3792 2:21.47										
Indoor : 60mH: 8.57.														

SHARON DAY

DOB: June 9, 1985
 POB: Brooklyn, NY
 Ht: 5-8
 Hometown: Costa Mesa, CA
 High School: Costa Mesa HS
 College: Cal Poly-SLO '08
 Club: Asics



2009: Won Pan-American CE Cup heptathlon with PR 6063 score. Runner-up at USA indoor pentathlon champs with PR 4320. **2008:** Made USA Olympic team with 1.91m clearance at US Trials. Did not qualify for finals in Beijing. NCAA high jump runner-up. Won Big West Conference crown with 5642 score. **2007:** 2007 — Second at U.S. Outdoor Championships with a leap of 6-2 ¼. Took 4th at the NCAA Championships with a jump of 6-feet. Tied for 6th at the Pan-American Games in Rio de Janeiro (5-11¼). **2006:** Redshirted. **2005:** Won NCAA title at 1.95m/6-4¾. **2004:** NCAA runner-up at 6-2¾ and was USA Jr champ. **High School:** Pan Am Jr champ in high jump. PR was 6-2. **Personal:** Daughter of Eugene Day and Yolanda Gibson-Day. Majored in kinesiology.

Indoor:		Career:	
1/30/09	4276 1 UW Husky Invt, Seattle	<u>60h</u>	<u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>
3/08/09	4320 2 USA, Chapel Hill	8.82	187 1246 565 2:19.92
Outdoor:		8.79	185 1225 575 2:16.38
5/ /07	5244 2 Big West	<u>100h</u>	<u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>
5/10/08	5642 1 Big West, Northridge	15.39	24.83 2:18.17
5/30/09	6063 1 Pan Am CE Cup, Havana	14.57+0.2	183 1143 25.07+0.5 573+1.9 3733 2:18.77
PRs:	6063 / 4320	14.29	195 1292 24.83 592 4019 2:16.38
Indoor:	60H: 8.79		

HYLEAS FOUNTAIN

DOB: January 14, 1981
 POB: Columbus, OH
 Ht: 1.70m
 Hometown: Harrisburg, PA
 High School: Central Dauphin HS
 College: Barton County CC '02
 Georgia '04



2008: Had signature season with win (PR 6667) at US Olympic Trials, Olympic silver medal in Beijing and victory at France's DecaStar. Won IAAF CE Challenge. PR's in all 7 events during season. **2007:** Won USA national outdoor title with 6090 score. **2006:** Runner-up at USATF and NACAC. 8th at IAAF WC indoors. **2005:** Won USA indoor pentathlon, then PR'd with 3rd place at Götzis, 6502. Won USA national outdoor heptathlon and placed 12 at IAAF worlds. **2004:** Won NCAA indoor pentathlon with 4412, and was 2nd at NCAA outdoors. Finished 4th at US Olympic Trials. Won NCAA indoor and outdoor long jump. **2003:** Was NCAA heptathlon winner, a single digit shy of 6K. **2002:** National Junior College champ.

			Career:		
Indoor:					
2/27/04	4417	1	SEC, Lexington	8.23	181 1171 632 2:24.94
3/13/04	4412	1	NCAA, Fayetteville	8.15	180 1146 645 2:27.61
3/06/05	4417	1	USATF, Chapel Hill	8.23	184 1137 620 2:23.23
3/10/06	4205	8	IAAF WC, Moscow	8.47	172 1276 631 2:33.85
Outdoor:					
5/17/02	5673	1	NJCAA, Odessa	13.78+2.3	183 1030 23.64+2.1 615+5.2 3390 2:34.74
6/20/02	5136	9	USATF, Berkeley	13.66	0.0 170 953 25.17-2.3 565nwi 3310 2 37.27
4/10/03	5282	2	Sea Ray R, Knoxville	13.63-0.4	176 1002 24.79+1.0 599+0.9 2825 2 38.03
5/16/03	5626	1	SEC, Knoxville	13.46-0.8	182 1015 24.30+0.2 606+0.7 3486 2 34.42
6/14/03	5999	1	NCAA I, Sacramento	13.82+0.2	183 1154 23.53 0.0 616+2.1 4012 2:25.87
4/18/04	6033	1	Invt, Oxford, MS	13.43+2.2	182 1228 23.71-0.5 625+3.6 3483 2:22.80
6/10/04	5785	2	NCAA I, Austin	13.40+3.0	168 1020 24.41+0.2 634+2.7 3977 2:22.82
7/10/04	6035	4	USOT-USA, Sacramento	13.47-1.1	181 1163 24.05-0.9 618 0.0 3817 2:18.85
5/29/05	6502	3	Hypo-Bank, Götzis	13.09+1.1	188 1213 23.87+0.7 667-0.9 4690 2:22.81
6/26/05	6208	1	USATF, Carson	13.28-0.1	181 1122 24.35+2.2 625 0.0 4605 2:16.88
8/07/05	6055	12	IAAF WC, Helsinki	13.60-0.4	179 1195 24.60-2.5 650+1.2 4070 2:22.98
5/28/06	6019	12	Hypo-Bank, Götzis	13.37-0.1	176 1237 24.27-2.1 634+0.5 3760 2:21.41
6/24/06	6148	2	USATF, Indianapolis	13.58+1.1	175 1239 23.83-0.9 656+1.5 3723 2:16.79
8/28/06	5956	2	NACAC, San Juan	13.47+3.4	179 1154 24.37+1.7 643+1.2 3900 2:27.39
9/17/06	5644	13	DecaStar, Talence	13.54-0.2	172 1092 24.7?+2.5 639-0.7 3685 2:32.67
6/23/07	6090	1	USA, Indianapolis	13.81-1.0	181 1269 24.69-1.2 643+2.9 4159 2:22.54
7/25/07	-----	dnf	Pan-Am G, Rio de Janiero	14.05-0.6	168 withdrew
8/26/07	-----	dnf	IAAF WC, Osaka	13.68+0.9	177 1229 24.13-0.1 nm
3/ /07	-----	dnf	Bulldog, Athens	13.31+0.7	178 1247 24.13+0.7
6/28/08	6667	1	USOT/USA, Eugene	12.65+2.8	181 1336 23.31+1.3 688+1.6 4815 2:27.69
8/16/08	6619	2	Olympic G, Beijing	12.78+0.4	189 1336 23.21+0.4 638+0.3 4193 2:15.45
9/14/08	6473	1	Decastar, Talence	12.90+1.2	185 1210 23.55+3.5 652+0.7 4162 2:15.32
4/11/09	[3774]	dnf	Bulldog, Athens	13.22+0.4	178 1338 24.46+0.2 withdrew
PRs: 6667 / 4417				12.65+2.8 189 1338 23.21+0.4 688+1.6 4815 2:15.32	
Indoor: 60H: 8.15					
Summary: 23 meets, 19 finishes, 8 wins, 5 national titles (3 USATF outdoor, 1 NCAA outdoor, 1 NCAA indoor), 11x > 6000, PR score: 6502, Top Ten Ave: 6283.0					

MARRISSA HARRIS

DOB: March 12, 1987
 POB: Memphis, TN
 Ht: 5-7
 Hometown: Memphis, TN
 High School: Central HS, TN
 College: Mississippi St '09



2009: 10th at NCAAs with PR 5625. SEC heptathlon runner-up with 5589 score. **2008:** 14th at NCAAs heptathlon. Won SEC outdoor title with 5600 PR score. 2nd at SEC indoor pentathlon with PR 4044 score, then placed 10th at NCAAs (4059). **2007:** 4th at SEC outdoor heptathlon, **2006:** 12th SEC indoor pentathlon. **High School:** 6x state champs in hurdles. **Personal:** Born MARRISSA Maria Harris. Daughter of Mary J. and Morris Harris, Sr. Majoring in physical education.

Indoor:		Career:	
2/ /06	3450 12 SEC,	<u>60h</u>	<u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>
2/29/08	4044 2 SEC, Fayetteville	8.74	988 558 2:42.13
3/15/08	4059 10 NCAA, Fayetteville	8.37	172 1134 605 2:34.61
Outdoor:		8.32	169 1203 612 2:36.80
5/12/06	5112 4 SEC, Fayetteville	<u>100h</u>	<u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>
5/11/07	5242 4 SEC, Tuscaloosa	13.52+3.2	157 1088 24.80+0.2 558+0.3 3088 2:32.98
3/28/08	4486 8 Alabama R, Tuscaloosa	13.81 0.0	163 1146 24.45+1.7 598-1.7 2718 2:34.54
5/16/08	5600 1 SEC, Auburn	13.81-0.4	157 nm 24.53+2.2 581+0.1 2585 2:32.67
6/14/08	5429 14 NCAA, Des Moines	13.20+3.6	166 1146 24.04+1.5 612+1.4 3483 2:34.06
3/27/09	5397 1 Alabama R, Tuscaloosa	13.52+0.7	166 1200 24.13-0.4 596+2.9 2901 2:33.33
5/15/09	5579 2 SEC, Gainesville	13.68	160 1153 24.39 572 3629 2:29.25
6/12/09	5625 10 NCAA, Fayetteville [3483]	13.18+0.7	166 1076 24.58 0.0 574+2.1 3789 2:23.79
PRs:	5625 / 4059	13.18+0.7	172 1203 24.02+1.3 615 3789 2:23.79
Indoor:	60H: 8.32		

KASEY HILL

DOB: Oct. 10, 1985
 POB:
 Ht: 5-5
 Hometown: , Vermont
 High School: N County Union HS
 College: Boston College '08



2009: 6th at USA indoor pentathlon and runner-up at Demon deacon heptathlon. **2008:** Atlantic Coast Conference and ECAC outdoor heptathlon champ, PR at NCAAs for 7th then was 11th at US Olympic Trials. **2007:** Redshirted outdoor season. First BC field athlete to win All-American honors with 8th place at NCAA indoors with PR 4,073 points. 3rd at ECAC indoor pentathlon with 4,016 points. **2006:** 7th at Texas Relays with PR 5,256 effort followed by yet another PR (5423) while placing 2nd at ACC Champs. **2005:** Broke New England champion in heptathlon with 4,958 points. Finished 3rd at ECAC indoor pentathlon (3644) following her 4th at Big East pentathlon. **2004:** 7th place finish and 4,684 points in the heptathlon at Big East Championships. High School (North Country Union HS) Vermont state record holder in 55-meter dash, 55-meter hurdles and long jump. Won the state heptathlon in 2002 and 2003.

		Career:	
		<u>60h hj sp lj 800m</u>	
Indoor:			
2/21/04	3290 8 Big East		
2/19/05	3514 4 Big East	8.88	158 1092 516 2:31.11
3/06/05	3644 3 ECAC		
2/22/07	3875 4 ACC	8.66	162 1148 532 2:17.42
3/03/07	4016 2 ECAC	8.72	164 1311 521 2:13.64
3/10/07	4073 8 NCAA, Fayetteville	8.60	166 1224 551 2:15.06
3/01/08	3895 1 ACC	8.00	165 1267 525 2:26.78 [55H]
1/24/09	4009 1 Crimson CE, Cambridge	8.47	167 1275 553 2:25.75
3/08/08	4051 6 USA, Chapel Hill	8.69	170 1274 550 2:21.02
Outdoor		<u>100h hj sp 200 lj jav 800m</u>	
??/04	4683 1 Holy Cross R Worcester		
5/02/04	4684 7 Big East		
5/14/04	4811 5 ECAC	14.33	148 1073 25.69 525 3296 2:28.01
5/14/05	4958 New Englands		
4/06/06	5256 7 Texas Relays, Austin	14.21	154 1174 24.88 540 3664 2:19.88
4/22/06	5423 2 ACC	13.97	157 1214 25.03 581 3506 2:20.23
6/08/06	5077 21 NCAA	14.81	157 1151 25.89 537 3562 2:19.73
4/03/08	5437 4 Texas Relays, Austin	14.28	163 1249 24.98 545 3677 2:17.84
4/18/08	5521 1 ACC	14.17	169 1175 24.52 529 3890 2:17.11
5/17/08	5558 1 ECAC	14.43	172 1241 25.06 556 3743 2:17.59
6/14/08	5666 7 NCAA, Des Moines	14.31	169 1317 25.06 568 3932 2:17.18
6/28/08	5687 11 Olympic Trials, Eugene	13.73w166	1178 24.70 589 3689 2:16.07
8/03/08	5488 7 vs Germany, Manhattan	14.10	170 1188 24.72 556 3407 2:19.65
5/13/09	5624 2 Deacon, Winston-Salem	14.01	167 1299 24.76 575 3451 2:17.58 [+1.6,+1.0,+0.3]
6/08/09	5619 1 Texas GA, Dallas	13.99	165 1282 24.69 567 3741 2:18.36 [+1.9,+1.7,+1.8]
PRs:	5687 / 4073	13.73 172 1317 24.52 589 3932 2:13.64	
Indoor:	60 H 8.47		

JACQUELYN JOHNSON

DOB: September 8, 1984
 POB: San Jose, CA
 Ht: 5-8
 Hometown: Yuma, AZ
 High School: Yuma HS, AZ
 College: Arizona State U '08
 Club: Nike



2009: Won Drake Relays with 6026 score. **2008:** Signature season for Johnson who won a 3rd NCAA indoor pentathlon crown (with a meet record), a 4th NCAA outdoor heptathlon title (a record) and made US Olympic team with PR 6347 score in Eugene. Dnf'd in Beijing. Opened outdoor season with major improvement, 6143 at Tucson before winning a 3rd Pac-10 crown with PR 6307 score. **2007:** Won 3rd NCAA heptathlon crown in Sacramento missing PR by 3 digits. Won NCAA indoor heptathlon (in final event) and opened outdoor season with win at Mount SAC Relays. 3rd at PAC-10 hept with 5706 score. **2006.** Now coached by Dan O'Brien, 1996 Olympic decathlon gold medalist who volunteers at ASU, Johnson won the NCAA indoor pentathlon with a 4387 score and the outdoor NCAA heptathlon with 5939 points. She won a pair of outdoor heptathlons in 2006: the Jim Click affair at Tucson (5797) and the PAC-10 crown in Eugene with an eye-opening 5987. She had NCAA regional qualifying marks in four (!) events: 13.31 hurdles; 1.81m/5-11¼ high jump, 6.02m/19-9 long jump and 43.62m/143-1 javelin. **2005 Track:** Red-shirted. **2004 Outdoor:** Won NCAA heptathlon (5807) and won the Pac-10 Champs heptathlon one week before winning the conference high jump crown. At 2004 US Olympic Team trials, placed 12th. **2004 Indoor:** Took runner-up honors NCAA pentathlon with 4263 points. **High School:** Winner of 14 state titles in track and field.- won gold four times in the high jump and long jump while winning state titles in the 100m hurdles and triple jump three times.. 3 sport standout, she lettered four times in track and field, basketball and volleyball. **Personal:** Parents are Earl Johnson and Beth Knapp. Full name is Jacquelyn Kate Johnson.

		Career:												
Indoor:				60h	hj	sp	lj	800m						
1/14/04	4044	1	Holiday, Boise	no marks available										
3/13/04	4263	2	NCAA I, Indoor, Fayetteville	8.53	171	1198	609	2:18.17						
3/11/06	4287	1	NCAA I, Indoor, Fayetteville	8.37	176	1181	588	2:17.99						
1/25/07	3855	2	UNM Cox, Albuquerque	8.67	161	1187	563	2:26.55						
2/23/07	4159	1	Mountain Pacific Conf, Seattle	8.56	169	1218	579	2:17.64						
3/10/07	4393	1	NCAA I, Fayetteville	8.30	175	1283	579	2:13.52						
2/02/08	4312	1	Boise Heritage, Nampa	8.42	181	1213	594	2:22.89						
3/14/08	4496	1	NCAA, Fayetteville	8.23	178	1186	616	2:13.45						
3/08/09	4228	5	USA. Chapel Hill	8.47	176	1214	581	2:20.70						
Outdoor:				100h	w	hj	sp	200m	w	1 st day	lj	w	jav	800m
5/08/04	5603	1	PAC-10, Tucson	13.65+1.2	170	1209	25.17+1.7	3421	574+4.0	3642	2:20.88			
6/10/04	5807	1	NCAA, Sacramento	13.52+1.3	171	1168	25.08+0.2	3433	596+2.4	4212	2:19.60			
7/10/04	5548	12	USOT-USA, Sacramento	13.74-2.0	172	1092	25.06 0.0	3365	578+1.3	3975	2:26.43			
-Did not compete 2005 season-														
3/24/06	5797	1	U Arizona, Tucson	13.65	0.0	177	1220	24.66 0.0	3561	579+2.5	4180	2:25.70		
5/07/06	5987	1	PAC-10, Eugene	13.49+0.5	178	1240	24.62-1.1	3615	590 0.0	4362	2:20.55			
6/08/06	5939	1	NCAA I, Sacramento	13.34-0.1	178	1046	24.44 0.0	3626	609+1.6	4328	2:17.99			
3/13/07	5681	1	Mt SAC R, Azusa	13.88+1.9	172	1165	24.82+2.9	3415	585nwi	4094	2:23.48			
5/06/07	5706	3	PAC-10, Palo Alto	13.62+0.8	172	1267	24.80+1.8	3523	557+1.9	4277	2:26.18			
6/08/07	5984	1	NCAA I, Sacramento	13.35+0.9	178	1109	24.52+1.3	3557	591-0.5	4558	2:19.54			
6/23/07	5826	5	USA, Indianapolis	13.63-1.0	175	1185	24.89-1.9	3495	575+1.6	4510	2:22.31			
3/04/08	6143	1	Click, Tucson	13.41-0.4	175	1193	24.01-2.9	3615	593-0.7	4645	2:17.11			
5/10/08	6307	1	PAC-10, Tempe	13.21+1.8	181	1193	24.22 0.0	3730	630+1.6	4850	2:19.33			
6/12/08	6053	1	NCAA, Des Moines	13.42+0.7	178	1233	24.77-0.4	3606	612+1.7	4620	2:23.75			
6/28/08	6347	2	USOT/USA, Eugene	13.12+2.8	178	1294	24.48+1.3	3717	645+2.3	4771	2:20.07			
8/16/08	dnf	-	Olympic G, Beijing	13.22+0.4	177	1182	24.74+0.4	3582	588+0.6	withdrew				
4/ /09	6020	1	Drake R, Des Moines	13.41+4.2	178	1314	25.38-0.5	3605	579-0.8	4413	2:15.75			

PRs: 6347 / 4496 13.12+2.8 183 1314 24.01-2.9 3730 650 4850 2:13.52
Indoor: 60H: 8.23
Summary: 16 meets, 15 finishes, 10 wins, PR score: 6347.

VIRGINIA 'GIGI' (Miller) JOHNSON

DOB: January 12, 1979
POB: Huntsville, AL
Ht: 1.65m
Hometown: Woodbridge, VA
High School: Gar-field HS, VA, '97
College: Odessa CC '99
 Arkansas '01
Club: Nike



2008: 4th at US Olympic Trials (missing team spot by 10 points). **2007:** Third at USA champs and 5th at Pan American games. Dnf'd at IAAF Worlds in Osaka. **2006:** Won USA nationals in 7th try, then won NACAC title in San Juan. **2005:** Second at USA Champs and 16th at IAAF Worlds. **2004:** Sixth at US Olympic Trials. **2003:** Placed sixth at USATC champs. **2002:** 4th at USATF champs and won Dutch nationals meet. **2001:** Southeastern Conference champ, 3rd at USATF champs and 9th at World University Games in Beijing. **2000:** Runner-up at NCAA and 8th at Olympic Trials. **1999:** 6th at Texas R **1998:** National JUCO champ.

Career:

Indoor:									
1/23/04	4328	1	Fayetteville	8.33	176	1191	612	2:21.52	
6/03/05	4262	4	USA, Chapel Hill	8.13	169	1308	587	2:23.48	
Outdoor:									
4/08/98	5148	1	ASU R, San Angelo						
5/15/98	5004	1	NJCAA, Edwardsville						
8/02/98	5103	6	NC of Canada, Ottawa	14.18	174	881	24.94	534	2916
4/01/99	5242	6	Texas R, Austin	14.31	174	1064	24.33	535	3112
3/17/00	5504	2	TexA&M, College Station	13.75	170	1010	24.06	569	3770
6/01/00	5777	2	NCAA, Durham	13.58	169	1200	24.15	581	3492
7/14/00	5607	8	USOT, Sacramento	13.48	167	1107	23.78	607	2840
4/05/01	5349	7	Texas R, Austin	14.13	161	1228	24.33	574	3072
5/11/01	5704	1	SEC, Columbia	13.37	165	1167	23.75	591	3130
6/02/01	5437	7	NCAA I, Eugene	13.69	161	1167	24.91	592	3266
6/22/01	5925	3	USATF, Eugene	13.11	174	1249	23.65	598	3055
8/29/01	5565	9	WUG, Beijing	13.61	176	1178	24.02	558	3483
3/15/02	5596	2	TexA&M, College Station	13.66	165	1224	24.09	593	3242
6/20/02	5821	4	USATF, Berkeley	13.56	173	1189	24.14	608	3408
8/10/02	5461	1	San Antonio	13.96	171	1190	24.79	548	3591
8/25/02	5382	1	NDE NC, Bergen op Zoom	14.06	164	1180	24.39	584	2895
5/10/03	5747	2	Athena, Berkeley	13.36	164	1201	23.9h	585	3413
6/12/03	5662	6	USATF, Palo Alto	13.97	166	1178	24.41	605	3557
7/13/03	5715	1	Open, Walnut	13.23	168	1199	24.05	596	3181
8/24/03	5655	1	vs HOL, Emmeloord	13.38	162	1193	24.05	597	3288
5/09/04	6063	3	MultiStars, DeSanzano	13.14	167	1248	23.89	616	3946
7/10/04	5938	6	USOT-USA, Sacramento	13.30	169	1289	24.30	609	3643
5/08/05	-----	dnf	MultiStars, Salo	13.86	164	1265	25.80	535	3620
6/26/05	6192	2	USATF, Carson	13.03	169	1305	23.68	613	4304
8/07/05	5911	16	IAAF WC, Helsinki	13.45	170	1251	24.19	592	3814
9/18/05	6178	5	DecaStar, Talence-	13.12	172	1265	23.75	645	4046
5/28/06	5042	22	Hypo-Bank, Götzis	13.12	170	1396	24.18	567	3528
6/24/06	6183	1	USA, Indianapolis	13.04	172	1362	23.81	620	4053
8/26/06	5991	1	NACAC, San Juan	13.16	167	1283	23.91	610	3856
9/17/06	5906	8	DecaStar, Talence	13.26	166	1260	23.8?	610	3978

6/23/07	6002	3	USA, Indianapolis	13,35	166	1331	23.90	609	3983	2:18.40	[-1.0,-1.2,+0.9]
8/02/07	5619	5	PanAm G, Rio de Janeiro	13.53	159	1319	24.15	611	3538	2:30.95	[-0.4,-0.5,-0.6]
8/26/07	-----	dnf	IAAF WC, Osaka	13.27	159	1336	23.77	621		withdrew	[+0.1,+0.1,+0.3]
6/28/08	6247	4	USOT/USA, Eugene	12.83	166	1220	23.38	642	4246	2:15.88	[+2.8,+1.3,+2.9]
9/14/08	-----	dnf	DecaStar, Talence	12.98	164	1236	23.63	598		withdrew	[+1.2,+3.5,+0.8]
PRs:			6247 / 4328	12.83 176 1396 23.38 649 4304 2:13.98							
Indoor:			60mH: 8.33								
Summary: 34 meets, 31 finishes, PR score: 6247, 6x>6000, Top Ten Ave = 6062.5											

KALINDRA McFADDEN

DOB: December 6, 1986
 POB:
 Ht: 5-10
 Hometown: Bozeman, MT
 High School: Bozeman HS '04
 Belgrade HS, MT
 College: Oregon '09



2009: 6th at NCAAs. Opened season with runner-up at Big Green in *Desert*, PR'd while winning Oregon Relays (5582), then placed 2nd at Pac-10 with yet another PR, 5780. Mountain Pacific SF champion indoors with PR 4044 then raised PR to 4088 with 9th place effort at NCAAs. **2008:** 17th at NCAAs. 5th at Mt Sac Relays (5420) and 8th at PAC-10. **2007: 2006:** Placed 3rd at Mt SAC Relays in Azusa with PR 5428 score. Hurdle mishap prevented higher placing at PAC-10 meet where she was 6th with 5036 points. **2004-05: Redshirted.** Did not compete. **Prep:** As a senior at Belgrade HS in Bozeman, Montana, in 2004, placed in the state 100 (fourth, 13.00), 200 (second, 26.45), high jump (second, 5-2) and triple jump (second, 35-10), and captured her ninth and final individual state title in the 100 hurdles (15.07). **Personal:** Sports Marketing major.

Indoor:				Career:										
				60h	hj	sp	lj	800m						
1/26/06	3850	2	U Washington, Seattle						nma					
2/24/06	3929	3	Mountain Pacific, Seattle	8.88			167							
2/02/07	3652	5	U Washington, Seattle						nma					
1/30/09	3771	4	U Washington, Seattle	9.11	166	1158	527	2:20.91						
2/27/09	4044	1	Mountain Pacific, Seattle	8.93	167	1301	555	2:17.45						
3/13/09	4088	9	NCAA, College Station	8.83	169	1260	568	2:18.37						
Outdoor:				100h	w	hj	sp	200m	w	1 st day	lj	w	jav	800m
4/13/06	5428	3	Mt SAC R, Azusa	14.64	0.0	159	1237	25.01+1.7	3186	550				3916 2:15.12
5/07/06	5036	6	PAC-10, Eugene	16.66+1.3	169	1183	25.14+1.9	3001	556+0.8	2671				2:14.22
6/10/06	4670	25	NCAA, Sacramento	14.69-0.5	154	1170	25.66-0.8	3017	566+2.4	3f				2:14.06
5/06/07	5115	6	PAC-10, Stanford	14.81+0.8	160	1166	25.77+2.0	3059	553+1.1	3508				2:23.71
4/17/08	5420	5	Mt SAC R, Azusa	14.37+0.6	159	1166	25.13+2.4	3165	568+1.1	3701				2:15.08
5/10/08	5022	8	PAC-10, Tempe	14.67+1.8	163	1100	25.83	0.0	3034	517-1.9				3525 2:21.43
6/12/08	5369	17	NCAA, Des Moines	14.45+1.1	172	1163	25.64-0.2	3261	538+1.1	3511				2:16.68
3/25/09	5343	2	Big Green <i>Desert</i> , Mesa	14.87+0.4	164	1237	25.2h+1.3		547+1.2	3726				2:17.17
4/24/09	5582	1	Oregon R, Eugene	14.38+1.5	169	1198	25.38-0.4		576+1.3	3860				2:15.47
5/10/09	5780	2	Pac 10, Eugene	13.95+3.1	166	1275	24.62+4.0	3424	571+1.7	4092				2:13.82
6/12/09	5683	6	NCAA, Fayetteville	14.05+1.1	166	1303	24.62+0.2	3428	561+1.5	3810				2:15.07
PRs:			5780 / 4088	13.95+3.1 172 1303 24.62+0.2				576+1.3 4092 2:13.82						
Indoor:			60h: 8.83											

DANIELLE McNANEY

DOB: May 1, 1983
 POB:
 Ht: 5-5
 Hometown: Gardner, KS
 High School:
 College: Liberty U '05



2009: 5576 score at Texas GA. **2008:** Kansas Relays runner-up and 12th at Olympic Trials. **2007:** Was runner-up at Jim Click Tucson meet. **2006:** Placed 3rd at USATF indoors and 6th outdoors. Was 2nd vs Germany in Manhattan, now her home. **2005 (Senior):** Won 4 straight. Won Penn Relays title with PR 5504 score in April. Won ECAC heptathlon exactly 100 points less in May. Won Liberty Invitational heptathlon in early April with 5338 effort. Team co-captain, **2003 (So.):** Three ankle sprains hampered her seasons, but she still managed to lead the Lady Flames to their 10th consecutive Big South championship with her 46 points in that meet on the strength of victories in the heptathlon, long jump, and both hurdles ... second in the ECAC pentathlon and fifth in the heptathlon. **2002 (Fr.):** fourth in ECAC indoor pentathlon, second in ECAC outdoor heptathlon ... fourth in junior national championship heptathlon. **Prep:2001** state champion 300m hurdles her senior year. 2000 Missouri Valley Female Athlete of the Year (heptathlon), valedictorian. **Personal:** Daughter of Tom and Grace McNaney. Majored in secondary math education.

		Career:								
Indoor:				60H	hj	sp	lj	800m		
3/05/06	3886	3	USATF, Chapel Hill	8.87	162	1182	551	2:18.92		
1/25/07	3841	3	UNM Cox, Albuquerque	8.54	167	1115	512	2:20.37		
?/??/07	3952									
3//4/07	3821	6	USATF, Chapel Hill	8.76	162	1051	543	2:17.51		
2/01/08	3829	3	Sevigne Husker, Lincoln	8.88	164	1060	543	2:17.19		
Outdoor:				100H w hj sp 200m w lj w jav 800m						
?/??/02	5274	1								
?/??/02	5281	1								
6/12/04	5038	20	NCAA I, Austin	14.47+2.7	162	1029	26.28+0.5	504	3946	2:30.37
3/17/05	5095	1	FSU R, Tallahassee	14.66-0.6	161	1033	26.48nwi	556+0.4	4068	2:25.00
4/02/05	5338	1	Liberty, Lynchburg							
4/27/05	5504	1	Penn R, Philadelphia	14.20+0.9	170	1152	25.81+0.8	549+1.2	4237	2:17.48
5/14/05	5404	1	ECAC, Princeton	14.37nwi	163	1194	26.01nwi	568+0.5	3887	2:17.74
6/11/05	5419	11	NCAA, Sacramento	14.14+0.1	166	1139	25.89 0.0	539-1.1	4096	2:16.49
6/26/05	5333	11	USATF, Carson	14.48	163	1198	25.91	541	3784	2:15.57
4/??/06	5422	1	Drake R, Des Moines	14.32-1.6	166	1109	25.86	561	3932	2:15.48
6/??/06	5673	6	USATF, Indy	14.39+0.6	172	1166	25.40+0.5	567+1.3	4443	2:15.96
8/06/06	5475	2	vs Germany, Manhattan	14.00+2.4	170	1112	25.47+2.6	541+0.7	4131	2:19.58
3/23/07	5453	2	Click, Tucson	13.91+2.3	164	1128	25.62+0.4	543-1.3	4022	2:15.73
4/17/08	5306	2	Kansas R, Lawrence	14.54+3.8	162	1124	25.40+3.5	542+3.9	3838	2
6/28/08	5593	12	USOT/USA, Eugene [3354]	13.80+3.5	169	1183	25.35+2.7	543+2.7	3965	2:14.65
8/03/08	5020	10	vs GER, Manhattan	14.37+1.4	164	1005	25.93+1.9	517+2.7	3688	2:24.79
6/07/09	5576	2	Texas GA, Dallas	14.04+1.9	168	1175	25.68+1.7	565+0.8	4220	2:18.11
PRs: 5673 / 3952				13.80+3.5	172	1198	25.40+0.5	568	4443	2:14.65
Indoor: 60H: 8.54										

LELA NELSON

DOB: May 19, 1983
 POB:
 Ht: 5-8
 Hometown: Detroit, MI
 High School: Mumford HS, Detroit, MI
 College: Eastern Michigan '05
 Nike



2009: Won Deacon Hept and placed 3rd at Pan Am CE Cup in Havana. **2008:** Posted a season best 5,944 in winning the Pan American CE in Santo Domingo. **2007:** 3rd at USA indoors and 3rd at the NACAC. Back-to-back PRs at Dutch Woerden (5925) and USA vs Germany (6022). **2006:** 4th with PR 5903 at the USA prior. Won USA indoor pentathlon with PR 4,123. Opened outdoor season with 5,618-point, 2nd place at Sea Ray Relays. **2005:** Surprise winner of the NCAA with a PR 5878. 5th at the USA. Won the Mid-America Conference 100m hurdles and long jump, then finished third at the NCAA in the long jump with a leap of 21-3½/6.49m. At Drake Relays won long jump and open 100m hurdles before anchoring Eastern Michigan's winning shuttle hurdle relay and running second leg of second place 4x200 relay. Also anchored EMU's fourth place 4x400 and fifth place 4x100 relays. 2004: **Personal:** English and Technical Writing major. Coached by Scott Hall. Volunteer assistant coach at Wake Forest University

				Career:								
Indoor:				60h	hj	sp	lj	800m				
3/05/06	4123 1	USA, Chapel Hill		8.47	164	1174	635	2:29.37				
1/26/07	3993	Clemson										
3/04/07	3976 3	USA, Chapel Hill		8.70	165	1115	610	2:27.71				
1/23/09	4065 1	Liberty Open, Lynchburg		8.80	174	1158	618	2:31.70				
3/08/09	4252 4	USA, Chapel Hill		8.58	173	1185	631	2:24.47				
Outdoor:				100h	hj	sp	200	lj	jav	800m	wind	
4/08/04	5290 3	Sea Ray R, Knoxville		14.04	157	1140	24.45	619	2747	2:27.75	[-0.5,+1.5,+1.5]	
6/12/04	5246 12	NCAA, Austin		13.72	153	1040	24.76	523	2905	2:27.20	[+3.5,+0.2,+2.9]	
3/26/05	5360 1	Aggie R, Greensboro										
6/11/05	5878 1	NCAA, Sacramento		13.49	166	1215	23.78	645	3487	2:22.71	[+1.0,+0.6,-1.1]	
6/26/05	5726 5	USATF, Carson		13.59	163	1216	24.04	632	3445	2:24.83	[+2.3,+1.7,+2.1]	
8/28/05	5339 10	Woerden, NED		13.82	166	1102	24.01	611	2184	2:25.73	[0.0,+1.0,+2.2]	
4/13/06	5618 2	Sea Ray R, Knoxville		13.63	157	1135	24.09	640	3450	2:24.80	[+1.3,+2.9,+2.4]	
5/14/06	5577 9	MultiStars, Desanzano		13.53	170	1139	24.08	602	2775	2:22.35	[+0.1,+0.8,+1.3]	
6/04/06	dnf -	Texas GA, Dallas		13.60	169	1169	24.05	nm	2859	dns	[+0.9,-0.1]	
6/24/06	5903 4	USATF, Indianapolis		13.45	166	1243	23.90	661w	3398	2:24.49	[+1.1,-0.9,+3.7]	
8/06/06	4796 6	vs Germany, Manhattan		13.58	173	1174	24.10	nm	3384	2:29.36		
5/27/07	5760 3	NACAC, Santo Domingo		13.81	182	1105	24.59	623	3431	2:25.54	[+1.6,-1.1,+0.9]	
6/23/07	5536 10	USATF, Indianapolis		14.49	172	1157	25.01	615	3547	2:25.42	[-1.0,-1.2,+0.8]	
8/19/07	6022 1	vs Germany, Filderstadt		13.74	182	1156	24.36	678	3527	2:25.49	[+0.5, 0.0, 0.0]	
8/26/07	5925 3	Woerden, NED		13.84	182	1189	24.35	638	3689	2:26.03	[+0.8,+0.9,+1.9]	
5/15/08	dnf -	Deacon, Winston-Salem		13.87	178	1172	24.70	649	nm	dnf		
/01/08	5944 1	NACAC, St Domingo		13.65	176	1222	24.47	645	3658	2:23.02	[+2.5,+1.1,+0.5]	
6/28/08	dnf -	USOT/USA, Eugene		13.46	166	1185	dns				[+2.8]	
8/03/08	6029 1	vs Germany, Manhattan		13.46	170	1171	24.16	665	4186	2:25.41	[+1.5,+2.2,+2.8]	
5/13/09	5898 1	Deacon, Winston-Salem		13.61	179	1179	24.16	600	3854	2:22.00	[+1.6,+1.0,+1.6]	
5/30/09	5817 3	PanAm CE Cup, Havana		13.90	175	1186	24.49	627	3914	2:26.55	[+1.2, 0.0,+0.2]	
Hept PRs: 6029 / 4252				13.34	182	1243	23.78	678	4186	2:22.00		
Indoor: 60H: 8.47												

DIANA PICKLER

DOB: December 9, 1983
 POB: Shreveport, LA
 Ht: 5-11
 Hometown: Sachse, Texas
 High School: Rowlett HS, TX '02
 College: Washington State U '07
 Club: Asics



2009: Defended USA national indoor crown with PR 4391 score. **2008:** Won national indoor pentathlon, then qualified for Olympic team with PR 3rd place at Trials (6257) using 4 individual PRs. Dnf in Beijing. **Senior (2006-07):** 25th at IAAF World champs and runner-up at USA nationals. A lane violation in 200m at NCAAs may have cost her title. Runner-up at NCAA indoor heptathlon (PR 4339), then opened outdoors with Olympic A qualifying standard 6205 win at Texas Relays. Followed with PAC-10 title and 6018 score. **Junior (2005-06):** ..injured ankle during pentathlon at Cougar Indoor and did not compete rest of season.. Outdoor -5,579 for 3rd at Texas Relays. Re-injured ankle and did not compete in Pac-10 Championships. 3rd in heptathlon at NCAA Champs with PR 5757 points. 5th place finish at the USATF. **Redshirt Sophomore (2004-05):** Indoor-started season with 3928 point score. At the MPSF Championships won the pentathlon with 4086 points. At NCAA Indoor Champ was 10th place (4000). Outdoor - Won the Texas Relays heptathlon with 5492 points. Finished 6th at NCAAs with PR 5595. **Sophomore (2003-04):** Indoor - At the MPSF Champ. 2nd in the pentathlon with 3913 points. Sprained her ankle prior to NCAA Indoor Championships and scored 3,786 points in the pentathlon for 12th place. Outdoor -Redshirt after missing most of season due to foot injury. **Freshman (2002-03):** Outdoor - At the Pac-10 Championships reached fourth place in heptathlon with 5254. **High School Career:** 2001 Junior Olympic National Heptathlon Champion with 5365 points. High School Indoor Pentathlon champion. **Personal.** Majored in general studies at WSU. Coached by Cliff Rovelto at Kansas State U.

		Career:												
				<i>60H</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>						
Indoor:														
3/??/02		1	National Scholastic											
2/26/04	3913	2	Mountain Pacific, Seattle							no marks available				
3/13/04	3786	12	NCAA I, Fayetteville	8.72	165	1099	563	2:30.24						
1/28/05	3928	1	Cougar, Pullman	8.60	173	1084	569	2:29.33						
2/25/05	4086	1	Mountain Pacific, Seattle	8.41	176	1121	590	2:29.96						
3/12/05	4000	10	NCAA I, Fayetteville	8.49	176	1116	566	2:29.41						
1/26/07	4260	1	Cougar Invt, Pullman	8.35	178	1157	591	2:21.56						
3/10/07	4339	2	NCAA I, Fayetteville	8.35	181	1180	593	2:20.09						
3/09/08	4378	1	USA, Chapel Hill	8.16	180	1198	598	2:21.41						
3/08/09	4391	1	USA, Chapel Hill	8.24	179	1159	614	2:20.05						
Outdoor:				<i>100H</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>1st day</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
7/25/01	5365	1	USA Jr, Sacramento	14.23-1.3	170	1102	25.24	0.0	3262	563nwi	3612	2:23.82		
6/19/02	5281	2	USA Jr, Berkeley	13.88+1.4	164	1132	25.35+1.2	3249	567nwi	3327	2:26.03			
7/20/02	4539	15	IAAF Jr, Kingston	13.97+1.2	165	1142	25.31+0.2	3260	554+0.5	3474	dsq			
3/27/03	5120	3	Cal Multis, Davis	14.06-1.7	168	1130	25.15-0.5	3288	563nwi	3707	2:48.14			
5/11/03	5254	2	PAC-10. Los Angel	13.98+2.8	168	1073	25.20+0.6	3270	562+0.4	3781	2:35.65			
4/07/05	5492	1	Texas R, Austin	13.74+1.2	169	1068	24.61+0.8		577-0/1	3982	2:29.88			
5/08/05	5563	2	PAC 10, Westwood	13.79	0.0	175	1041	24.72-1.4		572	0.0	3850	2:24.31	
6/11/05	5595	6	NCAA, Sacramento	13.69+0.4	175	1137	24.58	0.0	3485	573-0.8	3874	2:29.53		
4/06/06	5579	2	Texas R, Austin	14.16+2.5	169	1134	24.97+3.2	3306	581+3.5	3908	2:19.42			
6/08/06	5757	3	NCAA I, Sacramento	14.46-0.1	178	1158	24.31	0.0	3451	588+0.4	4027	2:20.15		
6/24/06	5855	5	USATF, Indy	13.64+0.6	175	1124	24.57-0.9			608+1.8	4125	2:21.28		
4/05/07	6205	1	Texas R, Austin	13.28+1.5	184	1175	23.69+2.3	3768	615+0.7	4197	2:19.08			
5/06/07	6018	1	Pac-10, Palo Alto	13.45-0.7	178	1158	24.41+1.8	3586	620+2.0	4403	2:23.62			
6/08/07	4926	24	NCAA, Sacramento	13.25+0.9	181	1175	dsq(23.78)		596+0.4	3926	2:28.38			
6/23/07	6029	2	USA, Indianapolis	13.46-1.0	175	1244	24.07-1.2		604+1.5	4161	2:19.33			
8/26/07	5838	25	IAAF WC, Osaka	13.34+0.1	174	1122	24.61+0.3		601+0.3	3962	2:20.63			

6/28/08	6257	3	USOT/USA, Eugene	13.13+2.8	184	1177	24.11+1.3	3750	624+2.0	4240	2:16.59
8/16/08	dnf	-	Olympic G, Beijing	14.28+0.4	withdrew						

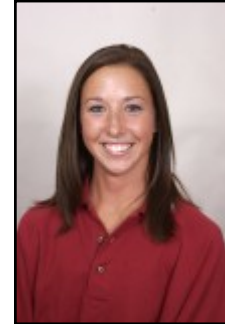
PRs: 6257 / 4391 13.13+2.8 184 1244 23.69+2.3 3768 624+2.0 4403 2:16.59

Indoors: 60H: 8.16

Summary: 18 meets, 17 finished, 4 wins, PR 6257, 4x> 6000, Top Ten Ave: 5869.6.

JULIE PICKLER

DOB: December 9, 1983
POB: Shreveport, LA
Ht: 5-11
Hometown: Sachse, TX
High School: Rowlett HS, TX '02
College: Washington St '07



2009: 3rd at USA indoor pentathlon, then won LSU CE meet. **2008:** After a runner-up place at USA indoors (PR 4296) she won Texas Relays with a 200 point lifetime best, 5990. Dnf at Olympic Trials, **2007:** 2nd at NCAA meet with PR 5831 score. Runner-up at PAC-10 to sister Diana with PR 5790 points. 9th at NCAA indoors and equaled PR at opening outdoor meet, 5734 at Texas Relays. **2006:** Was NCAA indoor pentathlon and outdoor PAC-10 heptathlon runner-up to Jacqueline Johnson. Won Texas Relays with PR 5734 effort. **2004-05..**at the indoor NCAA Championships, fouled all three attempts at pentathlon long jump. Outdoor - Runner-up to sister Diana in heptathlon at Texas Relays with PR 5414 points. Won the Pac-10 heptathlon title with PR of 5569.. 5th at NCAA Championships with PR 5650. **2004:** Red-shirt. Indoors. Outdoor - Finished 6th at Pac-10 Champs (4938). Reached 5135 points for 8th at Mt. SAC heptathlon .**2003..**finished 4th at the UC Multi (5024). Plantar fasciitis in right foot stopped competition and forced a red-shirt season. **High School Career.** Won the US Junior Championship heptathlon title with a 5338. 2001 Junior Olympic National Heptathlon 3rd place with 5147: **Personal:** Born Julie Ann Pickler. Father Bill, stepmother Jill; mother Chris, stepfather Ron Root. Majored in human development. Coached by Cliff Rovelto at Kansas State.

Career:

Indoor:				<u>60h hj sp lj 800m</u>								
2/05/05	3759	2	Husker Invt, Lincoln	8.84	169	1061	535	2:25.72				
2/25/05	3999	2	Mountain Pacific, Seattle	8.61	173	1046	569	2:21.84				
3/12/05	dnf	-	NCAA Champs, Fayetteville	8.66	176	1116	3f	dns				
3/11/06	4267	2	NCAA Champs, Fayetteville	8.58	176	1183	594	2:17.48				
1/27/07	4003	2	Cougar Invt, Pullman			172		2:21.62				
3/10/07	4046	9	NCAA I, Fayetteville	8.72	172	1101	572	2:19.03				
3/09/08	4296	2	USA, Chapel Hill	8.43	177	1133	602	2:18.07				
1/30/09	4172	1	Wildcat, Manhattan	8.60	170	1229	568	2:15.24				
3/08/09	4292	3	USA, Chapel Hill	8.48	170	1271	593	2:15.89				
Outdoor:				<u>100h w hj sp 200m w 1st day lj w jav 800m</u>								
6/19/02	5338	1	USA Jr, Berkeley	14.18+1.4	167	1123	25.07+2.2	3261	567	nwi	3268	2:21.71
7/20/02	5097	12	IAAF Jr, Kingston	14.11+0.8	162	1107	25.02+0.9	3207	550	0.0	3073	2:29.43
3/27/03	5024	4	UC Multis, Davis	14.48-1.7	168	1082	25.37-0.5	3178	559	nwi	3622	2:44.25
4/15/04	5135	8	Mt SAC R, Azusa									
5/08/04	4938	6	PAC-10, Tucson	14.31+1.2	167	1043	25.05+1.7	3193	545+2.2	3645	2:50.36	
4/07/05	5414	2	Texas R, Austin	14.48-1.1	172	1065	24.98-2.5		569+0.1	3920	2:25.24	
5/08/05	5569	1	Pac-10, Westwood	14.11-0.2	163	1106	24.38-0.2		587+1.9	3933	2:19.73	
6/11/05	5650	5	NCAA, Sacramento	14.07+0.1	172	1195	24.46-0.9	3442	586+0.9	3811	2:23.98	
4/06/06	5734	1	Texas R, Austin	13.92+3.7	169	1167	24.46+3.9	3408	606+2.1	3845	2:20.28	
5/07/06	5560	2	PAC-10, Eugene	13.78+1.8	169	1191	24.77-1.1	3415	574+0.9	3614	2:23.15	
6/08/06	5604	5	NCAA, Sacramento	14.20-0.1	172	1268	24.68 0.0	3451	573+0.6	3745	2:24.23	
4/05/07	5734	3	Texas R, Austin	14.01+2.5	172	1163	24.51+4.7	3425	586+3.6	3772	2:16.05	
5/06/07	5790	2	PAC-10, Palo Alto	14.17-0.3	175	1238	24.67+2.0	3473	590+2.7	3982	2:19.24	
6/08/07	5831	2	NCAA I, Sacramento	13.96+1.8	175	1184	24.70+1.3	3466	595+3.2	3974	2:16.66	
6/23/07	5654	6	USA, Indianapolis	14.06-0.5	175	1123	25.12-1.9	3372	590+2.3	3829	2:19.65	
9/18/07	5718	2	vs Ger, Bernhausen	13.93-0.5	173	1125	24.80 0.0	3396	577 0.0	4086	2:17.49	

4/03/08	5990	1	Texas R, Austin	13.66+0.3	175	1258	24.38+0.6	3578	597+3.7	3956	2:13.54
7/28/08	-----	dnf	USOT/USA, Eugene	14.09+1.1	169	1182	24.55+0.8	3386	588+2.3	3466	withdrew
4/17/09	5555	1	LSU, Baton Rouge	13.87-0.4	162	1218	24.51-0.2	575	3684	2:20.79	
<hr/>											
PRs:	5990 / 4296			13.66+0.3	177	1268	24.24+1.7	3578	606+2.1	4086	2:13.54
60m H	8.43										

SHEVEL QUINLEY

DOB: June 26, 1987
 POB: Stanford, CA
 Ht: 5-7
 Hometown: Tracy, CA
 High School: Merrill F West HS, Stanford, CA
 College: Arizona '09



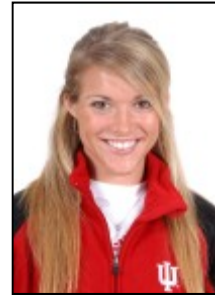
SF
NCAA

2009: Eighth at NCAA heptathlon with PR 5668 effort. Placed 3rd at Mountain Pacific pentathlon (4005). 13th at NCAA indoors and 7th at Pac-10 heptathlon. **2008:** 12th at heptathlon in Des Moines. 3rd at NCAA indoor pentathlon (with PR 4256). 6th at PAC-10 heptathlon. **2007:** 10th at recent NCAA I meet with near PR 5633. Won LSU Heptathlon opener with PR 5532, then placed 4th at PAC-10 with PR 5657. **2006:** Went from "51" (5141 at U of A Multis) to "52" (5260 at Mt SAC Relays) to "53" (5304) for 4th at PAC 10), all in her freshman season. **High School:** Personal best in the long jump is 6.36m (20-10½) and her best score in the heptathlon was 5266. Won the 2005 Junior National Championships in the heptathlon and added a second place finish at 2005 Junior Pan-Am Champs. **Personal:** Shevellynne Quinley. Daughter of Alfred and LaTricia Lynch.

Career:														
Indoor:				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>						
1/25/07	3781	4	UNM Cox, Albuquerque	8.98	167	1121	586	2:34.85						
2/20/07	3913	4	Mountain Pacific, Seattle	8.72	160	1155	585	2:23.80						
2/01/08	4125	1	Sevigne Husker, Lincoln	8.79	167	1209	612	2:21.78						
3/15/08	4256	3	NCAA, Fayetteville	8.58	175	1168	617	2:21.87						
1/30/08	3864	2	UNA Mtn T, Flagstaff	8.93	174	1148	576	2:34.93						
2/27/09	4005	3	Mountain Pacific, Seattle	8.73	173	1133	566	2:23.05						
3/13/09	3934	13	NCAA, College Station	8.82	169	1169	575	2:27.17						
Outdoor:				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>1st day</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
7/31/05	5266	2	CAC Jr, Winnepeg	14.71+2.5	156	1180	25.38	0.0	3069	570+1.5	3503	2:26.21		
3/24/06	5141	3	U Arizona, Tucson	15.01	0.0	162	1143	25.04+1.9	3105	588	3696	2:26.85		
4/13/06	5260	7	Mt SAC R, Azusa	14.52+1.3	163	1166	24.66-1.1	3234	568+1.1	2947	2:18.08			
5/11/06	5304	4	PAC-10, Eugene	14.26+1.4	154	1061	24.85+0.9	3078	613+1.9	4011	2:22.60			
6/27/06	5426*	2	USA Jr, Indy	14.21+2.5	170	1152	25.02+0.3	3318	622+3.9	3389	2:25.81			
3/30/07	5532	1	LSU, Baton Rouge	14.35+0.8	169	1141	24.55+2.0	3322	611+0.7	3877	2:21.13			
5/06/07	5647	4	PAC-10, Palo Alto	14.00+2.2	166	1150	24.42+3.9	3353	597+0.6	4053	2:24.51			
6/23/07	dnf	--	USA, Indianapolis	15.00-0.9	157	withdrew								
3/04/08	5635	2	Click, Tucson	14.23-0.4	169	1140	24.54-2.9		593-0.7	3946	2:20.88			
5/10/08	5161	6	PAC-10, Tempe	14.00+1.8	172	1140	25.15	0.0	3351	572	0.0	3501	2:49.13	
6/12/08	5527	12	NCAA, Des Moines	13.78+0.8	166	1130	25.16+0.9	3303	587+1.7	4370	2:31.37			
4/03/09	4678	8	Click, Tucson	14.19	166	1137	25.52		597	3756	dnf			
5/10/09	5401	7	Pac-10, Eugene	14.40+1.3	160	1210	25.68+2.0		595+2.8	4111	2:27.38			
6/12/09	5668	8	NCAA, Fayetteville	14.06+0.9	172	1221	25.39	+1.3	3375	588+1.2	4385	2:26.40		
<hr/>														
PRs:	5668 / 4256			13.71		175	1221	24.42+3.9	3375	636	4385	2:18.08		
Indoor:	60H:			8.72										
*- Junior Implements														

ABBIE STECHSCHULTE

DOB: April 28, 198
 POB:
 Ht: 5-8
 Hometown: Columbus Grove, OH
 High School: Columbus Grove HS, OH
 College: West Virginia '07
 Indiana



2008: Runner-up at Texas Relays with PR (5661) competing for Indiana after 4th place at USA indoors (4088). **2007:** 6th place PR at NCAA indoor heptathlon (4085). Opened with PR outdoors 5609 for 4th at Texas Relays, then placed 3rd at Big East. **2006:** took a red-shirt during spring season as a junior (2006). Placed 16th in the pentathlon at the NCAA championship (3874). Won Big East pentathlon indoors (3972). **2005:** Placed 2nd at the Big East indoor pentathlon as a sophomore (2005) and was fourth at ECAC pentathlon. Registered 4,870 for 2nd at Big East heptathlon. Finished 3rd at ECAC outdoor heptathlon. **2004:** 4th in heptathlon (4888) at Big East outdoors as a freshman. 5th in pentathlon at ECAC indoors (3464) and 4th in heptathlon at 'Bama Relays (4664). **High School:** State champion in 100m hurdles (state record 14.48). **Personal:** daughter of Dan and Gwyn Stechschulte. Majored in speech pathology at WVU, currently enrolled in IU Kinesiology master's program.

		Career:									
				<u>60h hj sp lj 800m</u>							
Indoor:											
2/07/04	3470	1	State Farm Games	8.62	156	1160	535	2:37.81	(55mH)		
2/21/04	3426	?	Big East	9.11	155	1129	515	2:33.79			
1/??/04	3496	3	VPI, Blacksburg	no marks available							
3/06/04	3464	5	ECAC, Boston	no marks available							
1/14/05	3412	1	Black Squirrel, Kent	9.02	155	1063	525	2:35.22			
2/04/05	3739	1	State Farm Games	8.67			560				
2/25/05	3653	2	Big East, Syracuse	8.88	152	1195	558	2:31.41			
3/??/05	3598	4	ECAC, Princeton	no marks available							
1/27/06	3747	2	Penn State Open, U Park	no marks available							
2/18/06	3972	1	Big East, Akron	8.70	168	1241	574	2:38.74			
3/11/06	3874	16	NCAA, Fayetteville	8.77	161	1221	554	2:23.19			
1/19/07	3907	1	Razorback, Fayetteville	8.87	168	1077	577	2:23.24			
2/17/07	4016	1	Big East, Akron	8.69	159	1247	592	2:21.80			
3/10/07	4085	6	NCAA I, Fayetteville	8.68	163	1283	592	2:22.11			
2/02/08	4009	1	Gladstein, Bloomington	8.68	162	1235	577	2:21.17			
3/09/08	4088	4	USA, Chapel Hill	8.52	165	1261	577	2:21.90			
Outdoor:				<u>100h w hj sp 200m w lj w jav 800m</u>							
3/19/04	4664	4	Alabama R, Tuscaloosa	14.75+0.9	155	1103	26.32+3.6	499	3278	2:32.72	
5/01/04	4888	5	Big East, Rutgers	14.57+3.9	155	1154	26.66+1.1	549+3.0	3372	2:29.06	
4/06/05	5047		Texas R, Austin	14.38		157	1173	25.74	560	3406	2:23.58
5/??/05	4870	2	Big East	no marks available							
5/14/05	4952	3	ECAC, Princeton	14.75nwi	163	1008	26.18nwi	546+0.2	3501	2:2?.??	
4/05/07	5609	4	Texas R, Austin	14.00+2.5	169	1237	25.01+4.7	577+2.6	3602	2:18.37	
5/06/07	5525	3	Big East, Storrs	13.85+4.6	166	1272	25.19+1.9	591+1.5	3553	2:26.53	
6/09/07	5436	17	NCAA I, Sacramento	13.89+0.9	169	1241	25.18+1.4	546+1.5	3349	2:20.91	
4/03/08	5661	2	Texas R, Austin	13.76+0.4	166	1244	25.12+4.7	596+3.9	3552	2:17.57	
6/28/08	dnf	-	USOT/USA, Eugene	14.76+1.1	160	1277	25.83+2.7	523+0.7	3662	dns	
PRs:	5661/ 4088			13.76+0.4	169	1283	25.01+4.7	596	3662	2:17.57	
Indoor:	60mH: 8.52										

ASHLEY TRIMBLE

DOB: November 15, 1986
 POB:
 Ht: 5-8
 Hometown: Columbus, OH
 High School: Hamilton Township
 College: Kentucky '09



2009: 14th at NCAA heptathlon. SEC heptathlon bronze medalist with PR 5530 at NAAs indoors. Won Southeastern Conference pentathlon with PR 3991 score. at Sea Ray Relays and 3rd at SEC outdoor heptathlon (5295). **2007 Indoor** -800m season-best time of 2:14.05 at the SEC Indoor Champs. **2006** Placed fifth at the SEC Championships in the 400 hurdles . **High School:** A three-time state champion in the 100 high hurdles and the 300 indoor hurdles. **Personal:** Ashley Denise Trimble. Parents are David Ellis and Celeste Trimble. Major is art studio.

score. 11th
2008: 4th
 with

		Career:										
Indoor:		<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>						
3/ /08	3858 4 SEC, Fayetteville	8.55	157	1200	553	2:23.16						
1/30/09	3989 2 Penn St Open, U Park	8.64	155	1175	600	2:19.62						
2/27/09	3991 1 SEC, Lexington	8.45	158	1054	580	2:14.72						
3/13/09	3997 11 NCAA, College Station	8.48	163	1137	561	2:17.81						
Outdoor:		<i>100h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>1st day</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/12/08	5086 4 Sea Ray R, Knoxville	14.10	-0.2	148	1127	25.61	+1.0		552	+4.9	3362	2:19.77
5/16/08	5295 3 SEC, Auburn	13.40	+3.6	148	1154	25.00	+1.6	3182	585	+0.9	2641	2:14.87
4/09/09	5438 1 Sea Ray R, Knoxville	13.83		160	1158	24.85			572		3225	2:15.81
5/14/09	5530 3 SEC, Gainesville	13.48	+0.7	166	1162	24.92	0.0		566	+1.5	2905	2:12.02
6/28/09	5459 14 NCAA, Fayetteville	13.67	+1.3	154	1158	24.69	+0.2	3240	543	+1.3	3617	2:11.32
PRs:		5530 /3997			13.40	+3.6	166	1200	24.69	+0.2	600i	3617 2:11.32
Indoors:		60H:	8.45									

BETTE WADE

DOB: September 11, 1986
 POB:
 Ht: 5-10
 Hometown: Northville, MI
 High School: Farmington HS, Northville, MI
 College: Michigan '09



2009: 3rd at NCAAs with PR 5876 effort. Runner-up at Big 10 (with PRs in final 3 events) scoring PR 5834. Opened season with Texas Relays victory. Won Big Ten indoor title with 4216 score. 5th at NCAA indoor heptathlon/ **2008:** Big Ten runner-up outdoors and indoors was Big Ten and NCAA indoor pentathlon runner-up (4366). 9th at U.S. Olympic Trials. **2007:** 7th at t NCAA with 2 point PR, 5724. Won Big Ten outdoor title with PR 5722. 2nd at Big Ten indoors with PR 4158. Won Jim Click in Tucson with PR 5500. **2006:** took first place in the heptathlon with a NCAA provisional standard point total of 5147 at the California Invitational. Claimed fourth place in the heptathlon with a personal-best point total of 5,301, Drake Relays Was second at Big Ten champs with 5354 total.. **Indoor.** Second at Big Ten Pentathlon.. Finished 14th in the pentathlon (3917) at the NCAA Indoor Championships. Personal: Enrolled at College of Literature, Science and Arts.

Career:

Indoor:				<i>60h</i>	<i>hj</i>	<i>sp</i>	<i>lj</i>	<i>800m</i>						
1/20/06	4047	1	Simmons, Ann Arbor	8.49	174	1114	603	2:24.06[55H]						
2/26/06	3977	2	Big 10, Madison	9.10	175	1143	584	2:25.65						
3/11/06	3917	14	NCAA Indoor Champs, Fayetteville	8.94	170	1129	582	2:26.96						
1/20/07	3911	1	Simmons, Ann Arbor	8.88	168	1325	542	2:27.45						
2/25/07	4158	2	Big Ten, Champaign	8.63	170	1214	594	2:20.77						
3/10/07	4131	5	NCAA I, Fayetteville	8.56	169	1232	591	2:23.19						
2/01/08	3868	1	Michigan Intercollegiates, Ann Arbor	8.04	169	1137	563	2:26.78 [55H]						
3/01/08	4089	2	Big Ten, Minneapolis	8.66	174	1257	561	2:23.76						
3/15/08	4366	2	NCAA, Fayetteville	8.67	181	1320	622	2:26.61						
1/30/09	4195	1	Eastern Michigan, Ypsilanti	8.62	173	1316	589	2:24.81						
2/28/09	4216	1	Big Ten, Bloomington	8.50	169	1320	586	2:21.08						
3/13/09	4252	5	NCAA, College Station	8.58	172	1326	606	2:24.76						
Outdoor:				<i>100H</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m</i>	<i>w</i>	<i>1st day</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>
4/13/06	5147	1	Cal Invt, Azusa	14.38	0.0	168	1097	25.57+0.8	3183	576nwi	2864	2:26.64		
4/20/06	5301	4	Drake R, Des Moines	14.04+0.6	169	1066	25.47nwi	3232	595nwi	2891	2:23.35			
5/13/06	5354	2	Big Ten, E Lansing	14.26nwi	168	1096	25.32nwi	3222	604nwi	3455	2:28.85			
6/08/06	5122	20	NCAA I, Sacramento	16.21-0.7	175	1206	25.42-0.8	3119	573+0.9	3015	2:25.09			
3/23/07	5500	1	Click, Tucson	14.07	0.0	173	1268	25.01+0.4	3451	578-1.3	3009	2:22.63		
5/12/07	5722	1	Big Ten, U Park	13.88+0.6	181	1283	25.14-1.7	3576	603-1.0	3363	2:26.19			
6/08/07	5724	7	NCAA I, Sacramento	14.00+0.9	178	1281	24.62+1.4	3568	598+4.3	3125	2:20.76			
6/23/07	5429	12	USA, Indianapolis	14.15-0.9	178	1132	24.86	0.0	3426	571+1.8	2916	2:23.22		
4/03/08	5395	1	Cal Multis, Berkeley	14.15+0.9	172	1273	24.77	0.0	3453	559+0.7	2970	2:25.95		
5/17/08	5658	2	Big Ten, Champaign	14.19	0.0	175	1385	24.85+0.5	3553	612+1.2	3184	2:28.99		
6/12/08	5738	3	NCAA, Des Moines	13.73-0.9	175	1314	24.62+1.4	3560	602-0.1	3229	2:20.76			
6/28/08	5723	9	USOT/USA, Eugene	13.85+1.1	181	1303	24.72+2.7	3633	560+2.3	3479	2:22.24			
4/02/09	5635	1	Texas R, Austin	13.86+1.4	181	1272	25.11+3.4		592+3.8	3252	2:28.53			
5/16/09	5834	2	Big 10, Columbus	14.10-1.6	175	1294	25.05+1.4		634+2.6	3514	2:20.30			
6/28/09	5876	3	NCAA, Fayetteville	13.84+1.0	178	1357	25.05+0.2	3601	633+0.4	3249	2:21.90			

PRs: 5876 / 4366 13.73-0.9 182 1385 24.62+1.4 3601 634+2.6 3514 2:20.30

Indoor: 60H: 8.50

Summary: 15 meets, 15 finishes, 5 wins, PR score: 5876.

SHANA WOODS

DOB: July 7, 1988
 POB:
 Ht: 5-8
 Hometown: Long Beach, CA
 High School: Long Beach Poly
 College: USC '10



2009: 13th at NCAA heptathlon. Placed 5th at Pac-10 heptathlon. **2008:** 3rd place finish at PAC-10 and 16th at NAAs. **2007:** Opened outdoor season with 5393 score at Mount SAC Relays, then placed 5th at PAC-10 (5459). **2006:** Won Junior National title in Indy with 5593 score while senior at Long Beach Poly HS, the first high school student over 5500. 12th at IAAF World Juniors. Ran 53+ 440 relay leg.
Personal: Social Science and History major.

				Career:									
Indoor:													
Outdoor:				<i>100H w hj sp 200m w 1st day lj w jav 800m</i>									
6/22/06	5533	1	USA Jr, Indianapolis	14.03+2.0	166	959	24.40+0.9	3226	587+2.2	4042	2:20.10		
8/18/06	5311	12	IAAF World Jr, Beijing	14.14+1.6	168	893	24.33+0.2	3198	590-0.4	3451	2:36.95		
4/13/07	5393	5	Mt SAC R, Azusa	14.11+1.9	163	986	23.94+2.9	3240	611nwi	3111	2:23.88		
5/06/07	5459	5	PAC-10, Palo Alto	14.06-0.7	166	1082	24.40+1.8	3302	621+1.7	3016	2:24.64		
6/07/07	5507	13	NCAA, Sacramento	13.93+1.0	166	931	24.12+1.3	3247	606+1.1	3977	2:27.14		
6/21/07	5521	1	USA Jr, Indianapolis	13.73+1.2	166	1017	24.35+1.4	3311	583+3.1	3922	2:24.76		
4/03/08	dnf	-	Texas R, Austin	14.22+1.1	160	981	24.63-0.9	3121	573+1.2	3437	dns		
5/10/08	5474	3	PAC-10, Tempe	13.90+1.8	166	1036	24.21 0.0	3313	570 0.0	3760	2:23.13		
6.14.09	5370	16	NCAA, Des Moines	14.39+0.8	166	1033	24.28-0.4		585+2.3	4126	2:34.33		
4/10/09	5315	2	Johnson/JJK, Los Angeles	13.97 0.0	159	977	24.25 0.0		574+0.4	3979	2:29.23		
5/10/09	5490	5	Pac-10, Eugene	13.84+0.9	163	1026	23.96+4.9		575+2.1	3988	2:26.41		
6/28/09	5475	13	NCAA, Fayetteville	13.98+0.7	166	1077	24.28+3.1	3321	604+0.9	3627	2:29.78		
PRs:	5533 /			13.84+0.9	168	1082	23.94+2.9	3321	635	4042	2:20.10		