

# **MEDIA GUIDE**

**2009  
NCAA Div I  
28th Annual  
Women's  
HEPTATHLON**



**June 12-13, 2009  
University of Arkansas  
Fayetteville, AK**



*Frank Zarnowski  
DECA, The Decathlon Association  
[www.decathlonusa.typepad.com](http://www.decathlonusa.typepad.com)*

# Table of Contents

Time Schedule	page 2
NCAA Champions ----1982-2008	2
Host NCAA cities	3
NCAA Meet records	3
Heptathlon Individual records	
World	3
American	3
Collegiate	4
Meet	4
Recent NCAA I Heptathlon/Pentathlon	
Meet results	4-5-6-7
PR page	8
Athlete Profiles:	8-34
Laquinta Aaron	8
Nia Ali	9
Etienne Chaplin	10
Alex Coppadge	11
Jasmine Cotton	12
Diana Dumitrescu	13
Gabby Gioia	14
Marissa Harris	15
Gayle Hunter	16
Ryann Kraus	17
Sherrina Lofton	18
Kalindra McFadden	19
Amy Menlov	20
Erica Moore	21
Uhunoma Osazuwa	22
Kiana Profit	23
Shevell Quinley	24
Liz Roehrig	25
Kaela Rorvig	26
Danielle Sampley	27
Chealsea Taylor	28
Brienne Theisen	29
Ashley Trimble	30
Bettie Wade	31
Megan Wheatley	32
Annett Wichmann	33
Shana Woods	34



**2008 NCAA Div I  
Track and Field Championships  
University of Arkansas  
Fayetteville, Arkansas**

***Women's Heptathlon Schedule:***

**Thursday, June 11, 2009**

<b>11:15 am</b>	<b>100 m Hurdles</b>	<b>(4/8 sections)*</b>
<b>@12:15 pm</b>	<b>High Jump</b>	<b>(2 sections)*</b>
<b>@2:30</b>	<b>Shot Put</b>	<b>(2 sections)*</b>
<b>@3:45</b>	<b>200 Meters</b>	<b>(4 sections)*</b>

**Saturday, June 12, 2009**

<b>1:45 pm</b>	<b>Long Jump</b>	<b>(2 sections)*</b>
<b>@3:00</b>	<b>Javelin</b>	<b>(2 sections)*</b>
<b>@5:30</b>	<b>800 Meters</b>	<b>(2 sections)*</b>

NB: rolling schedule with approximately 30 minutes between end of one event and start of the next.

\*-likely number of sections

**NCAA DIVISION I CHAMPIONS 1982-2007**

<i>date</i>	<i>winner</i>	<i>affiliation</i>	<i>score</i>	<i>site</i>
1982	Jackie Joyner	UCLA	6099	Provo, UT
1983	Jackie Joyner	UCLA	6365	Houston, TX
1984	Shelia Tarr	Nevada-Las Vegas	5856	Eugene, OR
1985	Lauri Young	NE Louisiana St	5723w	Austin, TX
1986	Jolanda Jones	Houston	5826	Indianapolis, IN
1987	Jolanda Jones	Houston	6068	Baton Rouge, LA
1988	Wendy Brown	USC	5701w	Indianapolis, IN
1989	Jolanda Jones	Houston	6022	Provo, UT
1990	Gea Johnson	Arizona St	6132	Durham, NC
1991	Sharon Jaklofsky	LSU	5732	Eugene, OR
1992	Anu Kaijurand	BYU	6142	Austin, TX
1993	Kelly Blair	Oregon	6038	New Orleans, LA
1994	Diane Guthrie	George Mason	6032	Boise, ID
1995	D. Guthrie-Gresham	George Mason	6527	Knoxville, TN
1996	Corissa Yasen	Purdue	5765	Eugene, OR
1997	Tiffany Lott	BYU	6211	Bloomington, IN
1998	Tiffany Lott	BYU	5982	Buffalo, NY
1999	Tracye Lawyer	Stanford	5855	Boise, ID
2000	Christi Smith	Akron	5797	Durham, NC
2001	Austra Skujyte	Kansas State	5857	Eugene, OR
2002	Austra Skujyte	Kansas State	6061	Baton Rouge, LA
2003	Hyleas Fountain	Georgia	5999	Sacramento, CA
2004	Jacquelyn Johnson	Arizona St	5807	Austin, TX
2005	Lela V. Nelson	Eastern Michigan	5878	Sacramento, CA
2006	Jacquelyn Johnson	Arizona St	5939	Sacramento, CA
2007	Jacquelyn Johnson	Arizona St	5984	Sacramento, CA
2008	Jacquelyn Johnson	Arizona St		Sacramento, CA



### Host Cities (by state):

4 Texas	Austin (85,92,04), Houston (83);
Oregon	Eugene (84,91,96,01);
California	Sacramento (03,05,06,07)
3 Louisiana	Baton Rouge (87,02), New Orleans (93);
Indiana	Indianapolis (86,88), Bloomington (97);
2 Utah	Provo (82,89);
Idaho	Boise (94,99);
North Carolina	Durham (90,00);
1 Tennessee	Knoxville (95);
New York	Buffalo (98)
Iowa	Des Moines (08)
Arkansas	Fayetteville (09)



### Most Wins:

3	Jacqueline Johnson	Arizona St	(2004, 2006, 2007, 2008)
3	Jolanda Jones	Houston	(1986, 1987, 1989)
2	Jackie Joyner	UCLA	(1982, 1983)
2	Diane Guthrie	George Mason	(1994, 1995)
2	Tiffany Lott	BYU	(1997, 1998)
2	Austra Skujyte	Kansas St	(2001, 2002)

### Most Wins by School:

5	Arizona St	(90,04,06,07,08)
3	Brigham Young	(92,97,98)
3	Houston	(86,87,89)

### Most Wins by Conference:

10	PAC 10
----	--------

## Heptathlon Individual Event Records

### World Records

100H	12.62 (+2.9)	Eunice Barber/FRA	Arles	6889	2005
HJ	1.98/6-6	Tia Hellebut/BEL	Gotzis	6201	2006
SP	20.79m/68-2½	Eva Wilms/GER [pent]			
	17.29m/	Natalia Dobrynska/UKR [hept]	Beijing	6733	2008
200m	22.30 ( 0.0 )	Jackie Joyner-Kersey/USA	Indy	7215	1988
LJ	7.27m/23-10 ¼	Jackie Joyner-Kersey/USA (+0.7)	Seoul	7291	1988
Jav	64.64m/212-1	Tessa Sanderson/GBR	Brussels	6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence	6227	1987
1 <sup>st</sup> day	4367	J Joyner-Kersey/USA	Indy	7215	1988
2 <sup>nd</sup> day	3027	J Joyner-Kersey/USA	Seoul	7291	1988
Score	7291	J Joyner-Kersey/USA	Seoul		1988

### American Records

100H	12.65	Hyleas Fountain/Nike (+2.8)	Eugene	6667	2008
HJ	1.93/6-4	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
		Sharon Day/unat	Havana	6036	2009

SP	16.30m/53-5 ¾	Jane Frederick/Naturite	Rome	6502	1987
200m	22.30 (0.0)	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
LJ	7.27/23-10 ¼	Jackie Joyner-Kersey/WCAC (+0.7)	Seoul	7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:04.70	Marla Runyan/ unat	Atlanta-OT	5708	1996
1 <sup>st</sup> day	4367	Jackie Joyner-Kersey/WCAC	Indy	7215	1988
2 <sup>nd</sup> day	3027	Jackie Joyner-Kersey/WCAC	Seoul	7291	1988
Score	7291	Jackie Joyner-Kersey/WCAC	Seoul		1988

### Collegiate Records

100H	13.02	Tiffany Lott/BYU	Austin	6042	1997
HJ	1.93/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons	5867	1985
SP	16.72m/54-10 ½	Austra Skujyte/Kan St-LIT	Munich		2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento		1995
LJ	6.92m/22-8 ½	Diane Guthrie/GMU (+2.5)	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4	Lana Zimmerman/LSU	Houston		1983
1 <sup>st</sup> day	3942	Jackie Joyner/UCLA	Baton Rouge	6718	1985
2 <sup>nd</sup> day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF		1985

### NCAA Meet Records

100H	13.02	Tiffany Lott/BYU	Austin	6042	1997
HJ					
SP	16.07m/52-8¾	Austra Skujyte/Kan St-LIT	Baton Rouge	6061	2002
200m					
LJ	6.92m/22-8 ½	Diane Guthrie/GMU	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4	Lana Zimmerman/LSU	Houston		1983
1 <sup>st</sup> day					
2 <sup>nd</sup> day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6527	Diane Guthrie/GMU-JAM	Knoxville		1995

## RECENT RESULTS

### 2009 Indoor Pentathlon Results March 13, 2009, College Station, TX

4365	Menlove, Amy/BYU	8.26 169 1162 640 2:18.65
4342	Hunter, Gayle/Penn	8.50 163 1220 638 2:13.73
4321	Theisen, Brianne/Oregon-CAN	8.54 181 1116 602 2:17.37
4267	Wheatley, Megan/Nebraska-AUS	8.62 163 1329 617 2:17.62
4252	Wade, Bette/Michigan	8.58 172 1326 606 2:24.76
4235	Weber, Liane/Clemson-GER	8.66 172 1130 601 2:14.04
4118	Wichmann, Annett/Hawaii-GER	9.05 175 1380 558 2:21.86
4096	McMillan, Chantae/Nebraska	8.77 166 1230 614 2:24.97
4088	McFadden, Kalindra/Oregon	8.83 169 1260 568 2:18.37
4063	Liehr, Whitney/Stanford	8.72 178 1010 606 2:26.56
3997	Trimble, Ashley/Kentucky	8.48 163 1137 561 2:17.81
3962	Bamigboye, Buky/Georgetown	8.81 163 1183 558 2:16.73
3934	Quinley, Shevell/Arizona	8.82 169 1169 575 2:27.17
3875	Cotton, Jasmine/Cincinnati	8.70 172 1068 579 2:32.50
3823	Carrier, Chelsea/West Virginia	8.36 157 1009 576 2:24.62
3651	Akinniyi, Dorcas/Wisconsin	9.05 172 1026 518 2:28.08
dnf	Mamona, Patricia/Clemson-POR	8.65 160 1056 565 dns
dnf	Moore, Erica/Indiana St	8.96 160 1045 561 dns
	18s,16f	



## 2008 Heptathlon Results June 13-14, 2008, Des Moines, IA

6053	Johnson, Jacquelyn/Arizona St	13.42+0.7	178	1233	24.77-0.4	612+1.7	4620	2:23.75
5811	Roehrig, Liz/Minnesota	14.32-1.8	178	1356	24.54-0.4	593+1.4	3792	2:23.63
5738	Wade, Bette/Michigan	13.73-0.9	175	1314	24.97+0.9	602-0.1	3229	2:21.60
5710	Theisen, Brianne/Oregon-CAN	14.23+1.1	175	1156	25.40-0.2	596+0.5	4391	2:22.73
5709	Hunter, Gayle/Penn St	13.70+0.7	163	1051	23.76-0.4	641+2.7	3373	2:19.92
5670	Wichmann, Annett/Hawaii-GER	14.51+1.9	178	1246	26.51+2.8	561+2.7	4681	2:19.18
5666	Hill, Kasey/Boston College	14.31+1.4	169	1317	25.06+0.9	568+1.9	3932	2:17.18
5633	Kerr, Tammilee/Iowa	14.84+1.1	166	1186	25.24-0.2	594+2.8	4746	2:21.38
5596	Wheatley, Megan/Nebraska-AUS	14.47-1.8	166	1273	24.90+0.6	616+1.7	3440	2:20.80
5553	Pearson, Emily/Colorado St	13.75+0.8	166	1138	25.17+0.9	534+1.0	4701	2:22.81
5550	Drouin, Jillian/Syracuse	13.72-0.9	175	1185	25.58+0.6	599+0.7	3622	2:30.20
5527	Quinley, Shevell/Arizona	13.78+0.8	166	1130	25.16+0.9	587+1.7	4370	2:31.37
5445	Lloyd, Katherine/Colorado St	14.20+1.4	169	1296	26.44+2.8	582+1.2	4126	2:30.80
5429	Harris, Marrissa/Mississippi St	13.52+0.7	166	1200	24.13-0.4	596+2.9	2901	2:33.33
5374	Hasan, Alyssa/Notre Dame	13.87+0.8	169	1188	25.81+2.8	579+0.7	3169	2:23.80
5370	Woods, Shaba/USC	14.39+0.8	166	1033	24.28-0.4	585+2.3	4126	2:34.33
5369	McFadden, Kalindra/Oregon	14.45+1.1	172	1163	25.64-0.2	538+1.1	3511	2:16.68
5368	Stipe, Dani/Northern Iowa	14.60+1.1	160	1000	25.00+0.9	602+4.0	3993	2:21.81
5333	Riel, Tiana/Boston College	14.29-1.8	166	1071	25.24+0.6	574+1.2	3668	2:23.74
5276	Olafsdottir, Kristin/San Diego St	14.26+1.4	160	1107	25.76+2.8	551+0.8	3631	2:15.91
5266	Sampley, Danielle/Kentucky	13.69+0.7	148	1041	23.86-0.4	599+1.3	2835	2:21.51
5261	McMillan, Chantae/Nebraska	14.18+1.9	160	1093	25.31+0.6	609+0.8	3333	2:29.04
5234	Lambracht, Kaity/Syracuse	14.63+1.9	160	1179	25.53-0.2	577+0.8	3492	2:23.91
4649	Fortner, Sandy/New Mexico	14.34-1.8	166	1289	25.56+2.8	578+2.0	3509	dnf
dnf	Stewart, Lauren/Stanford	14.79+1.4	166	1082	26.15-0.2	withdrew		
dnf	Merkley, Cassie/Idaho St	14.76-0.9	169	1201	29.32+0.9	withdrew		
dnf	Stechschulte, Abbie/Indiana	14.58-0.9	160	1218	dns	withdrew		
	27s,24f							

## 2008 Indoor Pentathlon Results, March 14, 2008, Fayetteville, AK

4496	Johnson, Jacquelyn/Arizona St	8.23	178	1186	616	2:13.45
4366	Wade, Bette/Michigan	8.67	181	1320	622	2:26.61
4256	Quinley, Shevell/Arizona	8.58	175	1168	617	2:21.87
4177	Wichmann, Annett/Hawaii	8.95	175	1411	554	2:19.68
4141	Hunter, Gayle/Penn St	8.53	160	1137	628	2:18.86
4137	Roehrig, Liz/Minnesota	8.79	175	1252	594	2:26.28
4116	Kennedy, Julianne/Texas Tech	8.49	175	1245	561	2:24.95
4103	Abrahamsen, Charlotte/Memphis	8.97	175	1509	550	2:29.15
4069	Hasan, Alyssa/Notre Dame	8.68	175	1204	582	2:28.16
4059	Harris, Marissa/Miss St	8.32	169	1203	612	2:36.80
4017	Riel, Tiana/Boston College	8.65	172	1107	568	2:21.63
3905	Fortner, Sandy/New Mexico	8.75	166	1225	565	2:28.35
3882	Collins, Lauren/UC-Irvine	8.95	175	1018	537	2:18.64
3878	Nowak, Olympia/Northern Iowa	8.78	163	1145	554	2:20.67
3836	Kerr, Tammilee/Iowa	8.88	169	1131	557	2:27.63
3806	Stipe, Dani/Northern Iowa	8.76	166	960	574	2:24.41
	16s,16f.					

## 2007 Heptathlon Results, June 9, 2007, Sacramento, CA

5984	Johnson, Jacqueline/Arizona St	11.35+0.9	178	1109	24.52+1.3	3557	581-0.5	4558	2:19.54
5831	Pickler, Julie/Washington St	13.96+1.8	175	1184	24.70+1.3	3466	595+3.2	3974	2:16.66
5822	Drouin, Jillian/Syracuse	14.14+0.9	187	1199	25.02+3.9	3571	601+3.1	3816	2:24.33
5797	Niare, Gaelle/SMU	14.62+0.5	187	1415	24.57+3.9	3690	592+2.5	3037	2:21.87
5794	Selig, Ashley/Nebraska	13.98+1.0	178	1144	24.50+3.9	595+0.1	3558	2:15.48	

5773	Dupree, Ryanne/Texas-San Antonio	13.25+0.9	169	1175	24.19+3.9	3537	592+0.6	3719	2:21.90
5724w	Wade, Bette/Michigan	14.00+0.9	178	1281	24.62+1.4	3568	598+4.3	3125	2:20.76
5711	Hunter, Gayle/Penn State	13.68+1.8	163	1129	24.08+1.3	3387	613-0.2	3605	2:18.68
5649	Wichmann, Annett/Hawaii-Manoa	14.48+2.2	175	1355	26.03+1.1	3387	540 0.0	4478	2:19.40
5633	Quinley, Shevell/Arizona	14.00+2.2	166	1150	24.42+3.9	3353	597+0.6	4053	2:24.51
5592	Wilhelm, Ashley/Cincinnati	14.13+2.2	172	1128	25.25+1.1		597+3.1	3761	2:20.55
5587	Chaplin, Etienne/Arkansas	14.27+1.8	163	1258	24.47+1.4	3348	594+3.8	3667	2:21.47
5507	Woods, Shana/USC	13.93+1.0	166	931	24.12+1.3	3247	606+1.1	3977	2:27.14
5505	Collins, Lauren/UC-Irvine	14.21+0.9	178	1119	25.29+1.4	3370	552+1.9	3531	2:17.99
5475	Bamigboye, Buky/Georgetown	13.94+1.0	163	1088	25.01+3.9	3231	579+1.0	3402	2:14.13
5444	Meekins, Bonnie/William& Mary	14.72+0.5	172	1128	26.16+1.1	3155	571+2.0	4087	2:18.59
5436	Stechschulte, Abbie/West Virginia	13.89+0.9	169	1241	25.18+1.4	3394	546+1.5	3349	2:20.91
5306	Gretzmacher, Sara/Georgia	14.47+2.2	172	1139	25.78+1.1	3230	547+1.0	3648	2:22.85
5283	Reyer, Ashley/Sn Mississippi	14.71+2.2	169	1124	25.84+1.4	3144	557+1.3	3452	2:17.54
5240	Witte, Cassie/Nebraska	14.82+0.5	175	1030	26.24+1.1	3107	564+1.8	4604	2:36.99
5223	Feight, Amanda/Utah	14.34+1.0	160	1029	25.67+1.4	3041	604+2.0	3375	2:23.88
5204	Kerr, Tammilee/Iowa	14.22+2.2	160	1107	25.59+1.1	3116	535+1.6	4331	2:29.44
4987	Stipe, Dani/Northern Iowa	15.30+0.5	154	910	24.42+3.9	2880	565+1.8	3364	2:20.48
4926	Pickler, Diana/Washington St	13.25+0.9	181	1175	dsq		2723 596+0.4	3926	2:28.38
dnf	Weber, Liane/Wisconsin	14.59+2.2	160	1125	25.66+1.1	3072	497+0.1		withdrew
dnf	Talbot, Melissa/Wisconsin	13.77+1.8	157	1224	withdrew				

## 2006 Heptathlon Results, June 8, 2006, Sacramento, CA

5939	Johnson, Jacquelyn/Arizona St	13.34-0.1	178	1046	24.44 0.0	3526	609+1.6	4328	2:21.30
5827	Partain, Tracy//Missouri State	13.69-0.1	175	1163	24.43 0.0	3516	588+2.5	3831	2:17.11
5757	Pickler, Diana/Washington St	14.46-0.1	178	1158	24.31 0.0	3451	588+0.4	4027	2:20.15
5753	Triesscheijn, Saskia/VA Tech-GER	14.30-0.5	169	1336	26.09-0.9	3318	576+1.4	4434	2:14.01
5604	Pickler, Julie/Washington St	14.20-0.1	172	1268	24.68 0.0	3451	573+0.6	3745	2:24.23
5507	Baker, Sara Jane/Nebraska	14.81+0.9	175	1136	26.05-1.9	3195	573+2.5	3788	2:13.28
5499	Jordan, Lauryn/Oregon	14.25-0.7	169	1208	24.79 0.0	3357	605+2.9	3691	2:31.95
5467	Roehrig, Liz/Minnesota	14.38-0.5	172	1295	24.76-0.8	3437	585+0.6	3117	2:27.32
5434	Jones-Graf, Erin/Montana St	14.15-0.1	169	1183	26.08-1.9	3239	570+0.9	3690	2:19.68
5417	Holloway, Garnetta/Vanderbilt	14.82+0.9	163	1200	24.99-0.8	3186	579+1.7	3883	2:21.76
5348	Akre, Megan/LSU	13.87-0.1	166	1014	24.72 0.0	3255	561+3.1	3112	2:17.15
5338	Lloyd, Katie/Colorado St	14.49-0.7	172	1161	26.56-1.9	3173	584+3.3	3614	2:23.93
5333	Greubel, Jamie/Cornell	14.68+0.9	166	1129	25.45-0.8	3150	560+2.4	3687	2:18.25
5248	Reyer, Ashley/Sn Mississippi	14.78-0.5	166	1011	26.08-2.4	3004	579+2.0	3529	2:15.84
5245	Bamigboye, Buky/Georgetown	14.60-0.5	163	1068	25.39-0.8	3091	555+2.0	3408	2:15.53
5203	Gretzmacher, Sarah/Georgia	14.76+0.9	175	1102	27.14-1.9	3086	558+1.6	3988	2:27.19
5191	Wichmann, Annett/Hawaii-GER	15.24+0.9	169	1394	27.04-1.9	3150	516-0.2	3873	2:22.10
5159	Quinley, Shevell/Arizona	14.93-0.7	154	856	24.48 0.0	2888	606+2.2	3818	2:23.94
5124	Kreb, Gunild/Virginia Tech-GER	14.64+0.9	160	1312	26.37-1.9	3126	528+0.9	3474	2:22.22
5122	Wade, Bette/Michigan	16.21-0.7	175	1206	25.42-0.8	3119	573+0.9	3015	2:25.09
5077	Hill, Kasey/Boston College	14.81-0.1	157	1151	25.89-0.8	3004	537+1.1	3562	2:19.73
5077	Hulbert, Lacey/Utah St	14.79-0.5	172	1186	25.95-2.4	3203	523+0.1	2971	2:23.27
4948	Lynn, Erica/Iowa St	14.59-0.7	163	1056	26.01-2.4	3030	575+3.,3	3381	2:38.06
4923	Drouin, Jillian/Syracuse-CAN	14.61-0.5	178	1085	26.36-2.4	3198	510-0.7	3410	2:39.00
4670	McFadden, Kalindra/Oregon	14.69-0.5	154	1170	25.66-0.8	3017	566+2.4	nm	2:14.06
4400	Chang, Crystal/SF Austin St	14.84+0.9	169	1068	26.29-2.4	3051	nm	3302	2:20.62
4167	McCoy, Jennifer/Ball St	14.41-0.7	154	nm	26.76-2.4	2319	579+1.8	3431	2:46.17
dnf	Easley, Rachel/Houston	14.76-0.7	169	1217	26.37-2.4	3153	547+1.1		withdrew
									28s,27f.

## 2005 Heptathlon Results, June 8-9, 2005, Sacramento, CA

5878	Lela V. Nelson/E Michigan 05	13.49+1.0	166	1215	23.78+0.6	645-1.1	3487	2:22.71
5794	Jessica Stockard/Georgia 06	14.04+1.0	181	1189	24.47 0.0	603+1.3	3260	2:17.70
5775	Ashley Selig/Nebraska 06	13.94+0.4	175	1154	25.01 0.0	591-1.5	3587	2:11.36
5714	Kurrat, Manuela/Idaho 06	14.23+1.0	163	1317	25.53-0.9	553+0.4	4399	2:09.89
5650	Pickler, Julie/Wash St 07	14.07+0.1	172	1195	24.46-0.9	586+0.9	3811	2:23.98
5595	Pickler, Diana/Wash St 07	13.68+0.4	175	1137	24.58 0.0	572-0.8	3874	2:29.53

5577	McBride, LaToya/Mississippi 05	14.27+0.1	175	1196	25.21-1.6	598+0.1	3531	2:23.77
5575	Dupree, RYANNE/Texas-San Antonio06	13.51+1.0	169	1134	24.48-0.9	587-1.1	3150	2:20.54
5486	Menlove, Amy/BYU 07	13.54+0.1	169	1083	24.81+0.6	617-1.3	2518	2:20.00
5428	Meredith, Brooke/Cal 05	14.51+1.0	160	1256	26.14-0.9	567-2.4	4249	2:19.03
5419	McNaney, Danielle/Liberty 05	14.14+0.1	166	1139	25.89 0.0	539-1.1	4096	2:16.49
5413	McGill, Tamara/Pittsburgh 05	13.68+0.4	175	1314	25.90 0.0	537-0.8	2942	2:21.64
5399	Partain, Tracy/SW MO St 06	13.86+1.0	172	1145	25.01-0.9	542-1.0	3827	2:29.40
5367	Jordan, Lauryn/Oregon 06	14.38+0.4	166	1268	25.25-1.6	595+0.6	3401	2:31.15
5328	Baker, Sara Jane/Nebraska 06	14.70+0.4	175	1077	25.45+0.6	643-1.3	3416	2:16.78
5314	Anoliefoh, Angela/Purdue 05	15.23+0.4	166	1180	25.33-0.9	554+1.0	3870	2:18.93
5237	Williams, Amber/Miami 05	13.57+0.1	163	1129	24.60 0.0	571+0.1	2850	2:31.18
5189	Hunter, Gayle/Penn St 08	13.98+1.0	160	972	24.73-1.6	583-1.8	3208	2:26.59
5129	Talbot, Melissa/Wisconsin 06	13.84+1.0	154	1067	24.38-1.6	538+0.8	3109	2:23.09
5115	Hall, Natassia/UCLA 07	14.94+1.0	160	1093	25.43-1.6	563-0.8	3261	2:19.82
5110	Ward, Krystal/Houston 06	14.36+0.4	178	1194	26.27-1.6	533+2.7	3648	2:42.30
5094	Triesschein, Saskia/VPI 06	14.79+0.1	169	1225	27.07 0.0	516-1.8	3911	2:25.94
5074	Johnson, Jennifer/TexasA&M 05	14.08+0.1	163	1145	25.26+0.6	536-0.3	3006	2:28.63
5039	McDowell, Beyonka/Arkan 05	13.89+0.1	157	1358	25.49+0.6	555 ?.	3045	2:43.30
4995	Lane, Deanna/Florida St 06	13.91+0.4	166	1148	25.42-1.6	514-1.6	3051	2:34.44
4771	Edi, Florence/S Alabama 06	15.20+0.1	157	1156	25.87-0.9	510-3.1	2937	2:24.60
dnf	Gourdin, Crissy/Colorado St 06	18.18+0.4	nh	1225	28.12+0.6	388-0.7	3531	dns





# The PR Page

## LIFETIME BESTS

### 2009 NCAA Heptathlon Field

Updated 6/6/09

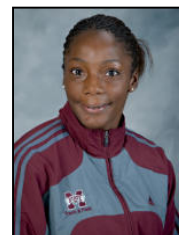
<u>Name</u>	<u>Qualifying score</u>	<u>100H w</u>	<u>hj</u>	<u>sp</u>	<u>200m w</u>	<u>lj w</u>	<u>jav</u>	<u>800m</u>
Aaron, LaQuinta	5351	13.32+0.7	168	1126	23.95 0.0	578i	3317	2:23.58
Ali, Nia	5681	13.14+1.8	180	1361	23.94 0.0	595	3924	2:24.55
Chaplin, Etienne	5594	13.77+0.7	166	1258	24.47+1.4	619i	3792	2:21.47
Coppadge, Alex	5340	14.15+1.0	173	1203	25.00+0.1	556+1.5	3816	2:26.89
Cotten, Jasmine	5321	14.21+1.1	179	1165	24.74nwi	600	2669	2:21.43
Dumitrescu, Diana	5429	14.27 0.0	172	1316	25.46+0.5	604+1.4	3786	2:26.64
Gioia, Gabby	5334	14.34+1.5	167	1063	26.48+1.0	588+1.3	4243	2:18.99
Harris, Marrassa	5579	13.18+0.7	172	1203	24.04+1.5	615	3789	2:23.79
Hunter, Gayle	5730	13.60	171	1219	23.56+3.7	652	3853	2:13.73
Krais, Ryann	5606	13.61	173	1208	24.31	617	3862	2:14.96
Lofton, Sherrina	5420	14.62+2.0	170	1159	23.50	573	3635	2:16.22
McFadden, Kalindra	5780	13.95+3.1	172	1301	24.62+4.0	576+1.3	4092	2:13.82
Menlove, Amy	5325	13.39	173	1183	24.15	667	2993	2:18.65
Moore, Erica	5330	14.41-1.6	169	1169	24.83+1.4	577+3.7	3269	2:05.77
Osazuwa, Uhunoma	5258	13.88+2.4	172	1133	24.59+1.0	587+0.4	2906	2:27.88
Profit, Kiani	5276	14.04	163	1186	24.87	577	3434	2:16.37
Quinley, Shevell	5401	13.71	175	1210	24.42+3.9	636	4370	2:18.08
Roehrig, Liz	5871	14.00	183	1389	24.12+0.5	621+0.2	4012	2:18.62
Rorvig, Kaela	5372	13.79+1.6	160	1101	24.44	599	3180	2:16.97
Taylor, Chealsea	5406	14.09+0.2	185	1132	23.53	642	2908	2:29.61
Theisen, Brianne	5986	13.86+0.6	181	1189	24.02+4.9	602i	4409	2:14.57
Trimble, Ashley	5530	13.40+3.6	166	1200	24.85	600i	3362	2:12.02
Wheatley, Megan	5800	13.76+1.6	172	1349	24.47+1.3	617	3678	2:17.36
Wichmann, Annett	5450	14.48+2.2	178	1435	26.03+1.1	575+1.7	4681	2:17.46
Woods, Shana	5490	13.84+0.9	168	1082	23.94+2.9	635	4042	2:20.10

Marks here represent individual event bests in open/multis competition, indoors and outdoors.

## *ATHLETE'S BIOS*

### LAQUINTA AARON

DOB: February 22, 19??  
 POB: Tuscaloosa, AL  
 Ht/wt: 5-4  
 Hometown: Tuscaloosa, AL  
 High School: Northridge HS  
 College: Mississippi St '10



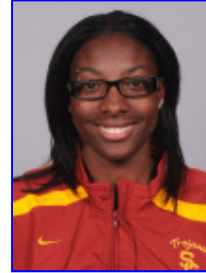
**2009:** Placed 5<sup>th</sup> at SEC championships outdoor (PR 5351 score) after a 3<sup>rd</sup> place finish at Alabama Relays. 4<sup>th</sup> at SEC indoor pentathlon (3917). **2008:** 4<sup>th</sup> at SEC heptathlon (5174). **High School:** Won a combined 15 state titles indoors and out in 10 different events plus two relays. **Personal:** Daughter of Rachel Washington.

		<b>Career</b>							
		<u>60h   hj   sp   lj   800m</u>							
<b>Indoor:</b>									
1/30/09	2816 5	New Mexico Invt, Albuquerque							
<b>2/28/09</b>	<b>3917 4</b>	<b>SEC, Lexington</b>		<b>8.44 168 1079 578 2:23/58</b>					
<b>Outdoor:</b>									
		<u>100h w   hj   sp   200m w   lj   w   jav   800m</u>							
3/28/08	4794 3	Alabama R, Tuscaloosa		14.45+0.5	154	1128	25.38-1.1	533+0.4	2827 2:33.41
5/16/08	5174 4	SEC, Auburn		13.77+3.6	160	1114	24.55+1.5	556+1.9	2956 2:28.75
3/27/09	5163 3	Alabama R, Tuscaloosa		13.96	157	1126	24.79	550	3278 2:27.03
<b>5/15/09</b>	<b>5351 5</b>	<b>SEC, Gainesville</b>		<b>13.32+0.7</b>	<b>151</b>	<b>1092</b>	<b>23.94 0.0</b>	<b>576+2.6</b>	<b>3317 2:25.39</b>
<b>PRs: 5351 / 3917</b>		<b>13.32+0.7 168 1126 23.95 0.0 578i 3317 2:23.58</b>							
<b>Indoor: 60H: 8.44</b>									

## NIA ALI

DOB: October 23, 1988  
POB: Norristown, PA  
Ht: 5-6  
Hometown: Philadelphia  
High School: Pleasantville, NJ  
College: Tennessee  
Southern California '10

USC



**2009:** Pac-10 bronze medalist with 5681 PR. **2008:** Transferred to USC. **2007:** Won SEC heptathlon crown as frosh with PR 5490 score. **High School:** Nike National indoor Scholastic hurdle champ (8.36). Ran 13.55w outdoors for 4<sup>th</sup> at USATF Jr champs. Ran for Mallery Challengers Track Club. **Personal:** Parents are Melita Johnson and Aleem Ali. Enrolled in College of Arts and Sciences.

### Career:

#### Indoor:

#### Outdoor:

				<i>100 h</i>	<i>w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>w</i>	<i>jav</i>	<i>800m</i>	
5/11/07	5490	1	SEC, Tuscaloosa	13.25	0.0	169	1047	24.00+0.4	595		2718	2:24.55	
5/ /08	dnf	-	Pac-10, Tempe	13.14+1.8		175	1109	23.94	0.0			withdrew	
4/10/09	5492	1	Johnson/JJK, Los Angeles	13.66	0.0	168	1361	24.63	0.0	566	0.0	3076	2:28.77
<b>5/10/09</b>	<b>5681</b>	<b>3</b>	<b>Pac-10, Eugene</b>	<b>13.56+0.8</b>		<b>175</b>	<b>1292</b>	<b>25.04+2.0</b>	<b>587+1.8</b>		<b>3924</b>	<b>2:33.01</b>	
<i>PRs:</i>	<i>5681</i>			<i>13.14+1.8</i>		<i>180</i>	<i>1361</i>	<i>23.94</i>	<i>0.0</i>	<i>595</i>		<i>3924</i>	<i>2:24.55</i>

# ETIENNE CHAPLIN

DOB: July 28, 1986  
 POB:  
 Ht: 5-10  
 Hometown: Chicago, IL  
 High School: Morgan Park HS, Chicago '04  
 College: Michigan State U  
 U of Arkansas '08



**2009:** SEC heptathlon champion with 5594 PR. **2008:** Won SEC indoor pentathlon with PR 4096. **2007:** 12<sup>th</sup> at NCAA I with huge PR 5587 getting 6 lifetime bests. Opened outdoor season with 7<sup>th</sup> place finish at Texas Relays with PR 5329. **2006:** 6<sup>th</sup> at both Big 10 indoor pentathlon and outdoor heptathlon while at Michigan State, **2005:** 10<sup>th</sup> Big Ten indoor pentathlon. **2005: outdoor** Redshirt. **High School:** 2x city champ in both 100m and 300m hurdles. **Personal:** Etienne Danelle Chaplin. Daughter of Stephen and Karla Chaplin

				Career:										
<b>Indoor:</b>				60h hj sp lj 800m										
2/25/05	3540	10	Big Ten, Ann Arbor	8.88	154	1069	555	2:33.53						
2/25/06	3659	6	Big Ten, Madison	8.85	157	1133	564	2:32.74						
1/19/07	3695	2	Razorback, Fayetteville	8.94	159	1072	576	2:29.84						
1/28/08	3986	1	Razorback, Fayetteville	8.66	166	1187	599	2:29.53						
<b>2/29/08</b>	<b>4095</b>	<b>1</b>	<b>SEC, Fayetteville</b>	<b>8.57</b>	<b>166</b>	<b>1186</b>	<b>619</b>	<b>2:27.29</b>						
<b>Outdoor:</b>				100h w hj sp 200m w lj w jav 800m										
5/13/06	4697	6	Big Ten, E Lansing	14.84+0.9	153	1075	25.84nwi	2908	558+1.1	3157	2:41.13			
4/05/07	5329	7	Texas R, Austin	13.78+1.5	160	1109	24.79+3.1	3253	576+2.5	3231	2:23.32			
5/11/07	4452	8	SEC, Tuscaloosa	dnf	163	1172	24.71+1.7	2328	572+0.2	3523	2:23.03			
6/08/07	5587	12	NCAA I, Sacramento	14.27+1.8	163	1258	24.47+1.4	3348	594+3.8	3667	2:21.47			
4/02/09	5400	3	Texas R, Austin	14.32+1.4	163	1141	24.55+3.4		582+2.8	3625	2:25.30			
<b>5/15/09</b>	<b>5594</b>	<b>1</b>	<b>SEC, Gainesville</b>	<b>13.77+0.7</b>	<b>166</b>	<b>1101</b>	<b>24.55</b>	<b>0.0</b>	<b>592+0.3</b>	<b>3792</b>	<b>2:21.76</b>			
<b>PRs: 5594 / 4095</b>				<b>13.77+0.7 166 1258 24.47+1.4</b>				<b>619i 3792 2:21.47</b>						
<b>Indoor : 60mH: 8.57.</b>														

## ALEXANDRA COPPADGE

DOB: September 24, 1987  
 POB: Wilmington, DE  
 Ht: 5-6  
 Hometown: Wilmington, DE  
 High School: Wilmington Friends School  
 College: North Carolina '10



**2009:** Bronze medalist at Atlantic Coast Conference heptathlon, then runner-up at Penn Relays 5 days later. Third at Wake Forest Demon Deacon heptathlon with PR 5340 score.

**2008:** 4<sup>th</sup> at ACC heptathlon (PR 5161). **2007: High School:** 3x Nike Indoor heptathlon All-American. **Personal:** Communications major. Daughter of Joel and Arlene Coppadge. Alexandra Melissa Coppadge.

		Career:							
<b>Indoor:</b>		<u>60h hj sp lj 800m</u>							
2/??/07	13								
2/28/08	3771 3	ACC, Chapel Hill	8.26	165	1140	541	2:28.32	[55mH]	
<b>Outdoor:</b>		<u>100h w hj sp 200m w lj w jav 800m</u>							
4/20/07	4777 8	ACC, College Park	14.79+0.3	169	1123	25.83+1.1	512+0.7	3183	2:32.79
4/18/08	5161 4	ACC, Atlanta	14.15+1.0	166	1163	25.00+0.1	530-0.3	3121	2:26.96
4/17/09	5144 3	ACC, Miami	14.24+0.8	166	1155	25.70-1.1	556+1.5	3068	2:26.89
4/22/09	4978 2	Penn R, Philadelphia	14.56-0.3	165	1127	25.63+0.1	546-0.1	2973	2:31.05
<b>5/13/09</b>	<b>5340 3</b>	<b>Deacon, Winston-Salem</b>	<b>14.45+1.6</b>	<b>173</b>	<b>1203</b>	<b>25.58+1.0</b>	<b>542+1.3</b>	<b>3816</b>	<b>2:27.30</b>
<b>PRs:</b>		<b>5340 / 3771</b>	<b>14.15+1.0</b>	<b>173</b>	<b>1203</b>	<b>25.00+0.1</b>	<b>556+1.5</b>	<b>3816</b>	<b>2:26.89</b>
<b>Indoor:</b>									

# JASMINE COTTON

DOB: July 13, 1988  
 POB:  
 Ht: 5-8  
 Hometown: Fayetteville, WV  
 High School: Fayetteville HS  
 College: Cincinnati '10



**2009:** Big East indoor pentathlon champ with PR 4073 effort. 14<sup>th</sup> at NCAAs indoors. Runner-up at Alabama Relays and 3rs at Big East heptathlon. **2008: 2007:** All Ohio runner-up indoors and out. **High School:** Won WV state 100m, 400m and long jump as senior and sophomore. **Personal:** Daughter of Richard and Sonya Cotton. Psychology major.

<b>Indoor:</b>		<b>Career:</b>									
		60h	hj	sp	lj	800m					
	3410 3 BS	9.52	163	991	521	2:29.88					
2/ /07	3498 2 All Ohio	9.31	160	943	544	2:26.24					
2/ /07	3485 6 Big East	9.19	159	933	555	2:30.31					
<b>2/21/09</b>	<b>4073 1 Big East, Armory, NYC</b>	<b>8.73</b>	<b>179</b>	<b>1165</b>	<b>583</b>	<b>2:29.08</b>					
3/13/09	3875 14 NCAA, College Station	8.70	172	1068	579	2:32.50					
<b>Outdoor:</b>		100h	w	hj	sp	200m	w	lj	w	jav	800m
3/23/07	4575 7 Alabama R, Tuscaloosa	15.79	-0.3	164	957	25.65	+2.1	578	0.0	1952	2:32.69
4/21/07	4878 2 All Ohio, Cincinnati							nm			
5/05/07	3423 12 Big East, Storrs	15.08	+2.4	169	990	24.74	nwi	3f		2148	dnf
6/22/07	4962 4 USA Jr, Indianapolis	14.65	+1.6	166	905	25.39	-0.2	570	+1.8	2525	2:21.43
<b>3/27/09</b>	<b>5321 2 Alabama R, Tuscaloosa</b>	<b>14.24</b>		<b>175</b>	<b>1125</b>	<b>25.41</b>		<b>600</b>		<b>2669</b>	<b>2:26.80</b>
5/02/09	4859 3 Big East, Villanova	14.21	+1.1	173	1095	26.22	0.0	560	+0.2	2566	2:44.30
<b>PRs: 5321 / 4073</b>		<b>14.21+1.1 179 1165 24.74nwi 600 2669 2:21.43</b>									
<b>Indoors: 60h 8.73</b>											

## DIANA DUMITRESCU

DOB: May 6, 1989  
POB:  
Ht: 5-7  
Hometown: Campulung, Arges, Romania  
High School: LNPA Campulung Mucel  
College: Kent State '12



**2009:** (freshman) Mid-American Conference champion with PR 5429 score after a 3<sup>rd</sup> place at Drake Relays. Won indoor MAC pentathlon (3887). **2008:** 11<sup>th</sup> at World Junior Champs and 5<sup>th</sup> at Euro Cup 2<sup>nd</sup> League with 5455 for Romania. **2007:** 12<sup>th</sup> at European Junior champs and won Romanian national junior title one week later. **Personal:** Diana Elena Dumitrescu.

### Career:

<b>Indoor:</b>		<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>					
<b>2/28/09</b>	<b>3887 1 Mid-American, Kent</b>	<b>8.95</b>	<b>167</b>	<b>1274</b>	<b>572</b>	<b>2:31.54</b>					
<b>Outdoor:</b>		<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
7/22/07	5272 12 Euro Jr, Henglo	14.50-0.7	172	1218	26.50-0.5	582+0.6	3588	2:31.50			
7/29/07	5331 1 National Jr, Bucarest	14.71	0.0	170	1249	25.88	0.0	596nwi	3482	2:30.31	
<b>6/29/08</b>	<b>5455 5 Euro Cup 2<sup>nd</sup> L, Maribor</b>	<b>14.49+1.0</b>	<b>169</b>	<b>1267</b>	<b>25.56+3.4</b>	<b>604+1.4</b>	<b>3525</b>	<b>2:27.62</b>			
7/12/08	5420 11 IAAF World Jr, Bydgoszcz	14.37-0.4	169	1278	25.92-2.5	598+1.1	3533	2:28.44			
4/23/09	5350 3 Drake R, Des Moines	14.37-1.6	166	1316	25.62+1.6	576-0.6	3283	2:26.24			
5/15/09	5429 1 Mid-American, Akron	14.27	0.0	171	1310	25.46+0.5	574	0.0	3786	2:30.81	
<b>PRs: 5455 / 3887</b>		<b>14.27</b>	<b>0.0</b>	<b>172</b>	<b>1316</b>	<b>25.46+0.5</b>	<b>604+1.4</b>	<b>3786</b>	<b>2:26.64</b>		
<b>Indoor: 60H: 8.95.</b>											

# GABRIELLE 'GABBY' GIOIA

DOB:  
 POB: Rome, GA  
 Ht/wt:  
 Hometown: Nashville, TN  
 High School: Harpeth Hall  
 College: North Carolina '11



**2009:** Atlantic Coast Conference (with PR 5334) and Penn Relays heptathlon winner. 4<sup>th</sup> at Wake Forest Demon Deacon heptathlon. **2008:** 5<sup>th</sup> at USA Junior heptathlon. **High School:** 6x Tennessee state champion. **Personal:** undeclared major. Daughter of Minna and Brad Gioia. Gabrielle Hayden Gioia.

		<b>Career:</b>	
<b>Indoor:</b>		<u>60h hj sp lj 800m</u>	
2/??/08	6 ACC		
	<b>3771</b>		
2/28/09	3483 6 ACC, Chapel Hill	8.35	153 932 541 2:27.55
<b>Outdoor:</b>		<u>100h w hj sp 200m w lj w jav 800m</u>	
6/21/07	4930 4 USA Jr, Indianapolis	14.58+1.2	157 975 26.39+1.4 548+2.8 3597 2:23.91
4/??/08	5071 6 ACC		
6/22/08	4753 5 USA Jr, Columbus	15.84-3.4	159 1024 27.14-1.6 533+2.6 3843 2:24.59
<b>4/17/09</b>	<b>5334 1 ACC, Miami</b>	<b>14.52+0.8</b>	<b>166 1037 26.73-1.1 578+2.1 4243 2:18.99</b>
4/22/09	5159 1 Penn R, Philadelphia	14.69+0.5	165 1005 26.53-1.3 568 0.0 4154 2:25.78
5/13/09	5330 4 Deacon, Winston-Salem	14.34+1.5	167 1063 26.48+1.0 588+1.3 3871 2:21.90
<b>PRs:</b>	<b>5330 / 3771</b>	<b>14.34+1.5 167 1063 26.48+1.0 588+1.3 4243 2:18.99</b>	
<b>Indoor:</b>			



# MARRISSA HARRIS

DOB: March 12, 1987  
 POB: Memphis, TN  
 Ht: 5-7  
 Hometown: Memphis, TN  
 High School: Central HS, TN  
 College: Mississippi St '09



**2009:** SEC heptathlon runner-up with 5589 score. **2008:** 14<sup>th</sup> at NCAAs heptathlon. Won SEC outdoor title with 5600 PR score. 2nd at SEC indoor pentathlon with PR 4044 score, then placed 10<sup>th</sup> at NCAAs (4059). **2007:** 4<sup>th</sup> at SEC outdoor heptathlon, **2006:** 12<sup>th</sup> SEC indoor pentathlon. **High School:** 6x state champs in hurdles. **Personal:** Born MARRISSA Maria Harris. Daughter of Mary J. and Morris Harris, Sr. Majoring in physical education.

<b>Indoor:</b>		<b>Career:</b>	
2/ /06	3450 12 SEC,	<u>60h</u>	<u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>
2/29/08	4044 2 SEC, Fayetteville	8.74	988 558 2:42.13
<b>3/15/08</b>	<b>4059 10 NCAA, Fayetteville</b>	8.37	172 1134 605 2:34.61
<b>Outdoor:</b>		<b>8.32 169 1203 612 2:36.80</b>	
5/12/06	5112 4 SEC, Fayetteville	<u>100h</u>	<u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>
5/11/07	5242 4 SEC, Tuscaloosa	13.52+3.2	157 1088 24.80+0.2 558+0.3 3088 2:32.98
3/28/08	4486 8 Alabama R, Tuscaloosa	13.81 0.0	163 1146 24.45+1.7 598-1.7 2718 2:34.54
<b>5/16/08</b>	<b>5600 1 SEC, Auburn</b>	13.81-0.4	157 nm 24.53+2.2 581+0.1 2585 2:32.67
6/14/08	5429 14 NCAA, Des Moines	<b>13.20+3.6 166 1146 24.04+1.5 612+1.4 3483 2:34.06</b>	
3/27/09	5397 1 Alabama R, Tuscaloosa	13.52+0.7	166 1200 24.13-0.4 596+2.9 2901 2:33.33
5/15/09	5579 2 SEC, Gainesville	13.68	160 1153 24.39 572 3629 2:29.25
		13.18+0.7	166 1076 24.58 0.0 574+2.1 3789 2:23.79
<b>PRs:</b>	<b>5600 / 4059</b>	<b>13.18+0.7 172 1203 24.04+1.5 615</b>	<b>3789 2:23.79</b>
<b>Indoor:</b>	<b>60H: 8.32</b>		

# GAYLE HUNTER

DOB: April 8, 1986  
 POB:  
 Ht: 5-6  
 Hometown: Riverside, CA  
 High School: J.W. North HS, CA  
 College: Penn State '08



**2009:** Outdoors: 3<sup>rd</sup> at Big Ten with 5730 score. Indoors: NCAA runner-up with 4342 PR. Big 10 runner-up after PR win at Penn State Open (4236). **2008:** 3rd at Big Ten indoor pentathlon and 5<sup>th</sup> at NCAAs then repeated 3<sup>rd</sup> and 5<sup>th</sup> at same meets outdoors. Dnf'd at Olympic Trials. **2007:** 8<sup>th</sup> at NCAA I with PR 5711. Was 3<sup>rd</sup> at Big Ten champs with 5559 score after Penn Relay victory. Placed 10<sup>th</sup> at NCAAs indoors. Opened outdoor season with 5419 PR win at Auburn. **2006: 2005:** 14<sup>th</sup> at NCAA indoor pentathlon and 9<sup>th</sup> at Big Ten indoor pentathlon. 2<sup>nd</sup> at Pan Am Junior Champs long jump & 16<sup>th</sup> at NCAA outdoor long jump. Outdoors was 18<sup>th</sup> at NCAA heptathlon. **High School:** -6<sup>th</sup> in heptathlon at 2004 World Jr Champs. Won the 2004 U.S. Jr Champs heptathlon. Won the 2004 Nike Indoor Champs in long jump. Personal: Daughter of Fred and Gain Kunz. Journalism major.

		<b>Career:</b>											
<b>Indoor:</b>				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>					
3/12/05	3889	14	NCAA I, Fayetteville	8.90	161	975	609	2:20.18					
2/25/05	3929	4	Big Ten, Champaign	8.71	161	1127	588	2:22.89					
2/09/07	4033	1	Penn State Open										
3/10/07	4025	10	NCAA I, Fayetteville	8.60	169	1107	586	2:23.14					
1/25/08	4073	1	Penn State Open, U Park	no marks available									
3/01/08	4006	3	Big Ten, Minneapolis	8.60	162	1031	607	2:19.42					
3/15/08	4141	5	NCAA, Fayetteville	8.53	160	1137	628	2:28.86					
1/30/09	4236	1	Penn St Nat Open, U Park	8.37	161	1198	623	2:17.23					
2/28/09	4165	2	Big Ten, Bloomington	8.48	160	1184	615	2:17.28					
<b>3/13/09</b>	<b>4342</b>	<b>2</b>	<b>NCAA, College Station</b>	<b>8.50</b>	<b>163</b>	<b>1220</b>	<b>638</b>	<b>2:13.73</b>					
<b>Outdoor:</b>				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>lj</u>	<u>w</u>	<u>jav</u>	<u>800m</u>
7/10/03	5291	6	World Youth, Sherbrooke	14.01	-0.6	166	922	25.26	-2.6	592	+1.7	3311	2:21.42
6/??/04		1	USA Jr,										
7/17/04	5411	11	IAAF World Jr, Grosseto	13.69	+1.7	171	982	24.97	-1.4	597	0.0	3381	2:27.57
4/03/05	5206	3	Ole Miss Invt, Oxford										
5/15/05	5272	2	Big Ten, Columbus	14.17	+1.7	159	1009	24.72	+1.7	587	+2.7	3140	2:19.33
6/11/05	5189	18	NCAA I, Sacramento	13.98	+1.0	160	972	24.74	-1.6	583	-1.8	3208	2:26.59
4/07/07	5419	1	Tiger Classic, Auburn	13.94	-1.0	162	1067	24.83	-1.6	593	+3.5	3453	2:21.20
4/25/07	5606	1	Penn R, Philadelphia	14.07	+0.5	166	1120	24.41	+0.9	602	+1.0	3459	2:17.20
5/12/07	5559	3	Big Ten, U Park	13.74	-0.1	160	1079	24.00	-1.2	595	-0.1	3524	2:19.06
6/08/07	5711	8	NCAA I, Sacramento	13.68	+1.8	163	1129	24.03	+1.3	613	-0.2	3605	2:18.68
6/23/07	5600	7	USA, Indianapolis	13.95	-0.5	157	1101	24.19	-1.2	625	+0.9	3623	2:19.29
5/17/08	5558	3	Big Ten, Champaign	13.89	+0.9	151	1163	23.81	-0.9	608	+0.6	3853	2:23.05
6/12/08	5709	5	NCAA, Des Moines	13.70	+0.7	163	1051	23.76	-0.4	641	+2.4	3373	2:19.92
6/28/08	dnf	-	USOT/USA, Eugene	13.71	+1.1	166	905	withdrew					
4/03/09	5564	2	Click, Tucson	13.74		160	1165	24.44		600		3589	2:21.95
<b>5/16/09</b>	<b>5730</b>	<b>3</b>	<b>Big Ten, Columbus</b>	<b>13.77</b>	<b>-0.7</b>	<b>163</b>	<b>1219</b>	<b>23.56</b>	<b>+3.7</b>	<b>642</b>	<b>+3.8</b>	<b>2838</b>	<b>2:20.00</b>
<b>PRs: 5730 / 4342</b>				<b>13.60</b>		<b>171</b>	<b>1219</b>	<b>23.56</b>	<b>+3.7</b>	<b>652</b>		<b>3853</b>	<b>2:13.73</b>
<b>Indoor: 60H: 8.37</b>													



# SHERRINA LOFTON

DOB: December 28, 1987  
 POB: Vallejo, CA  
 Ht: 5-8  
 Hometown: Fairfield, CA  
 High School: Fairfield, HS '06  
 College: Cal State-Northridge '10



**2009:** Won Big-West Conference crown after a PR 3<sup>rd</sup> place showing at Northridge's Spring Opener (5420). **2008:** Big West Athlete of year winning outdoor 100m, 200m and 2 relay legs. **2007:** Big West finalist in 100m and 200m. **High School:** All SCAC for 4 years. **Personal:** Parents are Benitta Anderson and Anthony Lofton. Cousin is Kenny Lofton of Cleveland Indians. Business major. Coached by Avery Anderson.

## Career:

### Indoor:

### Outdoor:

				100h	w	hj	sp	200m	w	lj	w	jav	800m
5/10/08	4325	8	Big West, Northridge	21.00	+0.2165	1040	23.99	+0.4	464	+1.5	3054	2:20.55	
<b>3/20/09</b>	<b>5420</b>	<b>3</b>	<b>Spring, Northridge</b>	<b>14.62</b>	<b>+2.0</b>	<b>163</b>	<b>1159</b>	<b>23.94</b>	<b>+1.0</b>	<b>565</b>	<b>+2.2</b>	<b>3213</b>	<b>2:16.22</b>
5/15/09	5224	1	Big West, Irvine	14.95	+1.1	166	1095	23.99	+0.7	549	nwi	3464	2:26.75

### PRs:

**14.62+2.0 170 1159 23.50 573 3635 2:16.22**

**Indoor: 60H: 9.31.**



# AMY MENLOVE

DOB: July 23, 1985  
 POB: Salt Lake City, UT  
 Ht: 5-6  
 Hometown: Sandy, UT  
 High School: Alta HS  
 College: Brigham Young U '10



**2009:** NCAA indoor pentathlon champion. Won Mountain West conference with 5325.  
**2008: 2005:** NCAA indoor pentathlon runner-up (4312) and Mountain West Conference champ (4172). Outdoors was 2<sup>nd</sup> at Robison heptathlon (5452). **2004:** Named femal MWC female freshman of year. 11<sup>th</sup> at NCAA outdoor long jump. **High School:** Utah state record holder in long jump. Won state titles in lj, 100m, 200m and 400m. **Personal:** Parents are Christine Goodwin and Jeff Menlove. Served mission in Cleveland, OH. Major is health education.

<b>Career:</b>													
<b>Indoor:</b>				60h	hj	sp	lj	800m					
2/24/05	4172	1	Mountain West	8.45	173	1119	650	2:34.38					
3/12/05	4312	2	NCAA, Fayetteville	8.28	167	1115	667	2:24.69					
1/09/09	4048	1	BYU, Provo	8.39	172	1134	614	2:35.11					
2/26/09	4018	1	Mountain West, USAFA	8.39	169	1055	628	2:24.93					
<b>3/13/09</b>	<b>4365</b>	<b>1</b>	<b>NCAA, College Station</b>	<b>8.26</b>	<b>169</b>	<b>1162</b>	<b>640</b>	<b>2:18.65</b>					
<b>Outdoor:</b>				100h	w	hj	sp	200m	w	1 <sup>st</sup> day	lj	jav	800m
4/21/05	5452	2	Robison, Provo	13.53		153	1070	24.15				2993	2:22.92
<b>6/11/05</b>	<b>5486</b>	<b>9</b>	<b>NCAA, Sacramento</b>	<b>13.54+0.1</b>	<b>169</b>	<b>1083</b>	<b>24.81</b>	<b>0.6</b>	<b>3374</b>	<b>617-1.3</b>	<b>2518</b>	<b>2:20.00</b>	
4/01/09	dnf	-	Texas R, Austin	13.66+1.4	166	1183	24.44+4.1				585+0.9	withdrew	
5/14/09	5325	1	Mountian West, Laramie	13.60+0.6	156	1086	25.03+0.4				622+5.1	2823	2:24.11
<b>PRs:</b>				<b>13.39</b>		<b>173</b>	<b>1183</b>	<b>24.15</b>			<b>667</b>	<b>2993</b>	<b>2:18.65</b>
<b>Indoors: 60h: 8.21</b>													

# ERICA MOORE

DOB:  
 POB:  
 Ht: 5-10  
 Hometown: Sullivan, IN  
 High School:  
 College: Indiana St. '10



Place 5<sup>th</sup>

**2009:** Won Iowa State pentathlon with PR 4030 score. DNF'd NCAAs indoors. at Drake Relays heptathlon (5302) and was Missouri Valley Conference champ. **2008:** Qualified for NCAA indoor meet in 800 meters. Runner-up at Sea Ray Relays heptathlon with PR 5365. **2007:** 2<sup>nd</sup> at Missouri Valley Conference heptathlon. Winner of EIU's Big Blue Classic.

		<b>Career:</b>	
<b>Indoor:</b>		60h	hj sp lj 800m
2/14/08	3993 2 Iowa St., Ames	8.22	163 1050 555 2:09.77 [55H]
<b>2/12/09</b>	<b>4030 1 Iowa St., Ames</b>	<b>8.85</b>	<b>163 1066 569 2:08.36</b>
3/13/09	dnf - NCAA, College Station	8.96	160 1045 561 dns
<b>Outdoor:</b>		100h	w hj sp 200m w lj w jav 800m
4/06/07	4774 1 Big Blue, Charleston	14.75+2.6	149 928 25.25+1.5 536 nwi 3171 2:20.31
5/12/07	5263 2 MVC, Des Moines		
<b>4/09/08</b>	<b>5368 2 Sea Ray R, Knoxville</b>	<b>14.56-0.5</b>	<b>163 1066 24.83+1.4 577+3.7 3221 2:12/91</b>
4/23/09	5302 5 Drake R, Des Moines	14.41-1.6	166 1169 25.24+1.4 526 -1.1 2999 <b>2:10.16</b>
5/16/09	5330 1 Missouri Valley, Terre Haute	14.46+1.0	169 1138 24.91 541+2.6 3269 2:17.58 (3271)
<b>PRs:</b>	<b>5368 / 4030</b>	<b>14.41-1.6</b>	<b>169 1169 24.83+1.4 577+3.7 3269 2:05.77</b>
<b>Indoor:</b>	<b>60H: 8.85</b>		

# UHUNOMA OSAZUWA

DOB: November, 1987

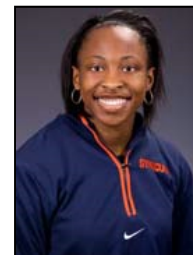
POB:

Ht/wt:

Hometown: Los Vegas, NV

High School: Clark HS, NV

College: Syracuse '10



**2009:** Big East and ECAC heptathlon champion, with identical PR scores of 5258. Won Florida State Relays heptathlon. **2008:** 4<sup>th</sup> indoors, 5<sup>th</sup> outdoors at Big East champ multis. **2007:** 8<sup>th</sup> at Big East multis, indoors and out. **High School:** Team MVP. **Personal:** Daughter of Adesuwa and Noyoze Osazuwa. Enrolled in the College of Arts and Science.

## Career:

### Indoor:

60h hj sp lj 800m

2/??/07	3423	8	Big East																	
3/??/07	3264		ECAC																	
2/23/08	3757	4	Big East, Armory, NYC	8.73	161	1117	556	2:27.88												
3/08/08	3726	2	ECAC, Boston	8.69	171	1096	521	2:31.49												
1/30/09	3504	8	Penn St Open, U Park	9.15	167	1032	517	2:34.53												
<b>2/21/09</b>	<b>3836</b>		<b>Big East, Armory, NYC</b>	<b>8.86</b>	<b>172</b>	<b>1099</b>	<b>557</b>	<b>2:30.07</b>												
3/07/09	3748	1	ECAC, Boston	8.93	167	1133	552	2:30.81												

### Outdoor:

100h w hj sp 200m w lj w jav 800m

5/??/07	4775	8	Big East																	
3/??/08	5096	4	Georgia Bulldog, Athens	14.46-1.6	172	1134	25.16+0.7	537	0.0	2918	2:30.27									
5/03/08	4921	5	Big East, Villanova	14.41-0.4	166	1091	25.05	0.0	519+0.5	2752	2:31.90									
5/17/08	4755	5	ECAC, Princeton	14.51	0.0	166	1008	25.35-0.2	512nwi	2566	2:32.27									
3/27/09	4797	1	Florida St R, Tallahassee	14.80+2.4	168	1068	26.48nwi	553nwi	2671	2:33.78										
<b>5/02/09</b>	<b>5258</b>	<b>1</b>	<b>Big East, Villanova</b>	<b>13.88+1.2</b>	<b>176</b>	<b>1062</b>	<b>25.23+0.3</b>	<b>562+2.0</b>	<b>2758</b>	<b>2:28.55</b>										
<b>5/16/09</b>	<b>5258</b>	<b>1</b>	<b>ECAC, Princeton</b>	<b>14.44+0.9</b>	<b>172</b>	<b>1045</b>	<b>24.59+1.0</b>	<b>587+0.4</b>	<b>2906</b>	<b>2:28.69</b>										

**PRs:** 5258 /3836

**13.88+2.4 172 1133 24.59+1.0 587+0.4 2906 2:27.88**

**Indoor: 60H: 8.73.**



# KIANI PROFIT

DOB:

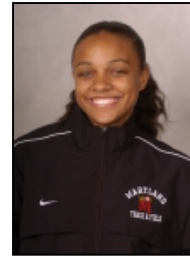
POB:

Ht:

Hometown: Pasadena, CA

High School: Muir HS

College: Maryland '11



**2009:** Atlantic Coast Conference runner-up with PR 5276 score. **2008:** ECAC 400m hurdle runner-up. **High School:** 3<sup>rd</sup> Cal state 300m hurdles and scored 4747 in heptathlon. **Personal:** Kinesiology major. Parents are Youvet and George Profit.

<b>Career:</b>										
<b>Indoor:</b>			<u>60h   hj   sp   lj   800m</u>							
2/27/09	3779	6	ACC, Blacksburg	8.94	159	1072	563	2:20.44		
3/07/09	3607	4t	ECAC, Boston	8.99	155	1085	528	2:22.08		
<b>Outdoor:</b>			<u>100h w   hj   sp   200m w   lj   w   jav   800m</u>							
?/??/07	4747									
4/18/08	dnf	-	ACC, Atlanta	15.37+1.0	157	1003	24.89+0.1	499+1.0	2689	dns
4/17/09	5276	2	ACC, Miami	14.47+1.7	163	1186	25.08-1.1	533+1.5	3313	2:16.37
5/16/09	5096	2	ECAC, Princeton	14.84		157	1069	24.87	537	3434 2:19/08
<b>PRs:</b>				5276 / 3779	14.04	163	1186	24.87	577	3434 2:16.37
<b>Indoor:</b>				60H:	8.74					

# SHEVEL QUINLEY

DOB: June 26, 1987  
 POB: Stanford, CA  
 Ht: 5-7  
 Hometown: Tracy, CA  
 High School: Merrill F West HS, Stanford, CA  
 College: Arizona '09



**2009:** Placed 3<sup>rd</sup> at Mountain Pacific SF pentathlon (4005). 13<sup>th</sup> at NCAA indoors and 7<sup>th</sup> at Pac-10 heptathlon. **2008:** 12<sup>th</sup> at NCAA heptathlon in Des Moines. 3<sup>rd</sup> at NCAA indoor pentathlon (with PR 4256). 6<sup>th</sup> at PAC-10 heptathlon. **2007:** 10<sup>th</sup> at recent NCAA I meet with near PR 5633. Won LSU Heptathlon opener with PR 5532, then placed 4<sup>th</sup> at PAC-10 with PR 5657. **2006:** Went from "51" (5141 at U of A Multis) to "52" (5260 at Mt SAC Relays) to "53" (5304) for 4<sup>th</sup> at PAC 10), all in her freshman season. **High School:** Personal best in the long jump is 6.36m (20-10½) and her best score in the heptathlon was 5266. Won the 2005 Junior National Championships in the heptathlon and added a second place finish at 2005 Junior Pan-Am Champs. **Personal:** Shevellynne Quinley. Daughter of Alfred and LaTricia Lynch.

		Career										
Indoor:		60h	hj	sp	lj	800m						
1/25/07	3781 4	UNM Cox, Albuquerque	8.98	167	1121	586	2:34.85					
2/20/07	3913 4	Mountain Pacific, Seattle	8.72	160	1155	585	2:23.80					
2/01/08	4125 1	Sevigne Husker, Lincoln	8.79	167	1209	612	2:21.78					
<b>3/15/08</b>	<b>4256 3</b>	<b>NCAA, Fayetteville</b>	<b>8.58</b>	<b>175</b>	<b>1168</b>	<b>617</b>	<b>2:21.87</b>					
1/30/08	3864 2	UNA Mtn T, Flagstaff	8.93	174	1148	576	2:34.93					
2/27/09	4005 3	Mountain Pacific, Seattle	8.73	173	1133	566	2:23.05					
3/13/09	3934 13	NCAA, College Station	8.82	169	1169	575	2:27.17					
Outdoor:		100h	w	hj	sp	200m	w	lj	w	jav	800m	
7/31/05	5266 2	CAC Jr, Winnepeg										
3/24/06	5141 3	U Arizona, Tucson	14.71+2.5	156	1180	25.38	0.0	3069	570+1.5	3503	2:26.21	
4/13/06	5260 7	Mt SAC R, Azusa	15.01	0.0	162	1143	25.04+1.9	3105	588	3696	2:26.85	
5/11/06	5304 4	PAC-10, Eugene	14.52+1.3	163	1166	24.66-1.1		3234	568+1.1	2947	2:18.08	
6/27/06	5426* 2	USA Jr, Indy	14.26+1.4	154	1061	24.85+0.9		3078	613+1.9	4011	2:22.60	
3/30/07	5532 1	LSU, Baton Rouge	14.21+2.5	170	1152	25.02+0.3		3318	622+3.9	3389	2:25.81	
<b>5/06/07</b>	<b>5647 4</b>	<b>PAC-10, Palo Alto</b>	<b>14.35+0.8</b>	<b>169</b>	<b>1141</b>	<b>24.55+2.0</b>		<b>3322</b>	<b>611+0.7</b>	<b>3877</b>	<b>2:21.13</b>	
5/08/07	5633 10	NCAA I, Sacramento	14.00+2.2	166	1150	24.42+3.9		3353	597+0.6	4053	2:24.51	
6/23/07	dnf --	USA, Indianapolis	15.00-0.9	157							withdrew	
3/04/08	5635 2	Click, Tucson	14.23-0.4	169	1140	24.54-2.9			593-0.7	3946	2:20.88	
5/10/08	5161 6	PAC-10, Tempe	14.00+1.8	172	1140	25.15	0.0	3351	572	0.0	3501	2:49.13
6/12/08	5527 12	NCAA, Des Moines	13.78+0.8	166	1130	25.16+0.9		3303	587+1.7	4370	2:31.37	
4/03/09	4678 8	Click, Tucson	14.19	166	1137	25.52			597	3756	dnf	
5/10/09	5401 7	Pac-10, Eugene	14.40+1.3	160	1210	25.68+2.0			595+2.8	4111	2:27.38	
<b>PRs:</b>		<b>5647 / 4256</b>	<b>13.71</b>		<b>175</b>	<b>1210</b>	<b>24.42+3.9</b>	<b>3353</b>	<b>636</b>	<b>4370</b>	<b>2:18.08</b>	
<b>Indoor: 60H:</b>		<b>8.72</b>										
*- Junior Implements												

# LIZ ROEHRIG

DOB: November 19, 1985  
 POB:  
 Ht: 5-6  
 Hometown: Chilton, WI  
 High School: Chilton HS, WI  
 College: Minnesota '08



**2009:** Won Jim Click heptathlon, then captured 3<sup>rd</sup> consecutive Big Ten heptathlon (PR 5871). Won Jack Johnson pentathlon with PR 4386 score indoors. **2008:** Won 2<sup>nd</sup> Big Ten heptathlon with PR 5855. Kansas Relays winner with PR 5740. Won Big Ten pentathlon with PR 4218 score, then 6<sup>th</sup> at NCAAs indoors. **2007:** Big Ten indoor pentathlon champ, 4177. Opened outdoor season with PR 5621 at Arlington. **2006:** Indoor: sixth-place finish tallying a school-record pentathlon total of 4115 points at NCAAs. Defended her Big Ten pentathlon title (3983). Conference runner-up in the high jump (5-10). Outdoor: Placed eighth (5467) in the heptathlon at the NCAA Champs. 5498 at Georgia Spec Towns meet. Won Big Ten crown with 5472 points. **2005** Received Big Ten Conference Indoor Freshman of the Year honor. Big Ten pentathlon champion scoring 3801 points. 5<sup>th</sup> at Big Ten heptathlon (5089 points). **High School:** 3x state high jump champ. **Personal:** kinesiology major. Parents are Paul and Debbie Roehrig

				<b>Career:</b>											
<b>Indoor:</b>				60h	hj	sp	lj	800m							
1/??/05	3891	1	N Iowa, Cedar Falls	no marks available											
2/2?/05	3801	1	Big Ten, Ann Arbor	9.55	175	1182	569	2:30.87							
2/22/06	3983	1	Big Ten, Madison	8.98	172	1216	590	2:29.54							
3/11/06	4115	6	NCAA Indoor Champs, Fayetteville	8.89	176	1193	598	2:25.11							
2/24/07	4177	1	Big Ten, Champaign	8.84	176	1310	578	2:22.64							
3/10/07	3229	16	NCAA I, Fayetteville	8.96	172	1289	3f	2:28.51							
3/01/08	4218	1	Big Ten, Minneapolis	8.79	177	1357	602	2:29.30							
3/15/08	4137	6	NCAA, Fayetteville	8.79	175	1252	594	2:26.28							
<b>1/24/09</b>	<b>4386</b>	<b>1</b>	<b>Johnson, Minneapolis</b>	<b>8.65</b>	<b>180</b>	<b>1239</b>	<b>614</b>	<b>2:18.62</b>							
<b>Outdoor:</b>				100h	w	hj	sp	200m	w	lj	w	jav	800m		
5/14/05	5089	5	Big Ten,	15.04+2.7	174	1143	24.93+1.7	3255	557+3.2	2604	2:28.52				
3/30/06	5274	1	Cal Multis, Berkeley	14.62+1.7	175	1267	25.50	0.0	3355	602+3.1	2413	2:29.68			
4/22/06	5498	1	Bulldog, Athens	14.44nwi	178	1244	25.40nwi	3431	602nwi	3085	2:28.00				
5/13/06	5472	1	Big 10, E Lansing	14.30+2.7	171	1308	24.74nwi	3447	595+3.1	3106	2:29.90				
6/08/06	5467	8	NCAA I, Sacramento	14.38-0.5	172	1295	24.76-0.8	3437	585+0.6	3117	2:27.32				
3/21/07	5621	1	UTA Invt, Arlington	14.13nwi	178	1273	24.60nwi	3546	598nwi	3380	2:31.04				
4/17/08	5740	1	Kansas R, Lawrence	14.35+2.8	183	1286	24.56+3.5	3591	576+3.1	3746	2:				
5/17/08	5855	1	Big Ten, Champaign	14.43+0.9	181	1366	24.12+0.5	3649	621+0.2	3926	2:34.50				
6/14/08	5811	2	NCAA, Des Moines	14.32-1.8	178	1356	24.54-0.4	3581	593+1.4	3792	2:23.63				
4/03/09	5857	1	Click, Tucson	14.09	181	1384	24.78		593	3793	2:25.19				
<b>5/16/09</b>	<b>5871</b>	<b>1</b>	<b>Big Ten, Columbus</b>	<b>14.30-0.9</b>	<b>178</b>	<b>1350</b>	<b>24.22+3/7</b>		<b>602+2.6</b>	<b>3600</b>	<b>2:20.68</b>				
<b>PRs:</b>				<b>5871</b>	<b>/ 4386</b>			<b>14.00</b>	<b>183</b>	<b>1389</b>	<b>24.12+0.5</b>	<b>3649</b>	<b>621+0.2</b>	<b>4012</b>	<b>2:18.62</b>
<b>Indoor:</b>				<b>60H: 8.65</b>											

# KAELA RORVIG

DOB: September 27, 1985  
 POB:  
 Ht: 5-5  
 Hometown: Columbia, MO  
 High School: Hickman HS  
 College: Missouri '09



**2009:** Runner-up at Big 12 Conference meet in Lubbock with PR 5372 score. 3<sup>rd</sup> Big 12 indoor pentathlon (3922).  
**2008:** Red-shirt outdoor season. 4<sup>th</sup> indoor Big 12 pentathlon. **2007:** Won Walton heptathlon, was runner-up at Drake Relays, then placed 5<sup>th</sup> at Big 12 heptathlon with PR 5022. **2006:** 8<sup>th</sup> indoors and 5<sup>th</sup> outdoors at Big 12 multis. **2005:** 9<sup>th</sup> and 11 at Big 12 indoor and outdoor multis. **High School:** 2x MO state 400m champ. **Personal:** Daughter of Paul and Vickie Rorvig

<b>Career:</b>															
<b>Indoor:</b>				60h	hj	sp	lj	800m							
1/29/05	3383	8	N Iowa Invt, Cedar Falls	9.24	149	966	530	2:24.53							
2/25/05	3374	9	Big 12, Lincoln	9.32	151	880	534	2:22.24							
2/24/06	3597	8	Big 12, Lincoln	8.90	154	1007	535	2:21.06							
2/14/08	3761	3	ISU Classic, Ames	8.20	154	1055	567	2:21.97	[55mH]						
2/29/08	3769	4	Big 12, Lincoln	8.77	157	1045	579	2:24.45							
1/31/09	3737	1	Big 12 vs SEC, C Station	8.81	157	1084	575	2:25.73							
2/13/09	3827	2	ISU Classic, Ames	8.84	154	1088	572	2:16.97							
<b>2/28/09</b>	<b>3922</b>	<b>3</b>	<b>Big 12, College Station</b>	<b>8.71</b>	<b>155</b>	<b>1087</b>	<b>593</b>	<b>2:17.51</b>							
<b>Outdoor:</b>				100h	w	hj	sp	200m	w	lj	w	jav	800m		
4/15/05	4504	11	Walton, Columbia	14.85	+1.4	149	936	25.52	+0.6	500nwi	2158	2:19.73			
5/14/05	4595	11	Big 12, Manhattan	14.79	+0.9	151	971	25.75	+0.4	521-0.2	2251	2:20.96			
3/24/06	4585	10	Click, Tucson	14.58		150	975	25.77		526	2539	2:28.53			
4/14/06	4786	8	Walton, Columbia	14.57	+2.2	154	999	25.18	+4.8	546+2.0	2438	2:24.41			
4/27/06	4674	13	Drake R, Des Moines	14.57	+0.6	151	956	25.69	+1.2	526+2.5	2360	2:19.48			
5/13/06	4825	5	Big 12, Waco	14.37	+5.1	145	1032	25.94	-0.2	553+2.7	2876	2:20.38			
4/13/07	4815	1	Walton, Columbia	14.37	+1.8	154	989	26.19	+1.1	549 0.0	2805	2:18.88			
4/26/07	4914	2	Drake R, Des Moines	14.22				25.08			2785				
5/12/07	5022	5	Big 12, Lincoln	14.18	+0.7	157	1029	24.84	+0.6	548+1.6	2693	2:21.39			
4/17/08	4936	5	Kansas R, Lawrence	14.29	+2.8	159	952	25.61	nwi	561nwi	2667	2:21.92			
5/21/08	5081		Walton, Columbia					1086		582					
<b>5/16/09</b>	<b>5372</b>	<b>2</b>	<b>Big 12, Lubbock</b>	<b>13.79</b>	<b>+1.6</b>	<b>160</b>	<b>1082</b>	<b>24.44</b>	<b>+1.3</b>	<b>599nwi</b>	<b>2786</b>	<b>2:19.97</b>			
<b>PRs:</b>				<b>5372 / 3922</b>				<b>13.79</b>	<b>+1.6</b>	<b>160</b>	<b>1101</b>	<b>24.44</b>	<b>599</b>	<b>3180</b>	<b>2:16.97</b>
<b>Indoor:</b>				<b>60H:</b>	<b>8.71</b>										

# CHEALSEA TAYLOR

DOB: October 27, 1986  
POB:  
Ht/wt: 5-7  
Hometown: Denver, CO  
High School: Montbello HS  
College: Alabama '10



**2009:** Placed 4<sup>th</sup> at SEC championship heptathlon with major breakthrough score of 5406. 8<sup>th</sup> at Drake Relays. Third at SEC indoor pentathlon. **2008:** SEC indoor high jump runner-up and 3<sup>rd</sup> in pentathlon. Injured during outdoor season. **2007:** SEC freshman athlete of year. No multis. **High School:** 3x high jump and 2x long jump state champion. Won 2 state sprint titles. 2005 Pan Am Jr high jump runner-up and 2005 national Jr high jump winner. Personal: Parents are Brenda Gutrick and Al Taylor. Psychology major.

		<b>Career:</b>									
<b>Indoor:</b>		<u>60h</u> <u>hj</u> <u>sp</u> <u>lj</u> <u>800m</u>									
2/2 /08	3920 3 SEC, Fayetteville	8.90 178 1022 581 2:29.61									
3/01/09	3934 3 SEC, Lexington	<b>9.31 179 1112 563 2:23.20</b>									
<b>Outdoor:</b>		<u>100h</u> <u>w</u> <u>hj</u> <u>sp</u> <u>200m</u> <u>w</u> <u>lj</u> <u>w</u> <u>jav</u> <u>800m</u>									
3/27/09	5015 5 Alabama R, Tuscaloosa	15.12+0.6 172 1016 24.33+0.7 556+2.4 2770 2:31.79									
4/23/09	4980 8 Drake R, Des Moines	14.64+2.1 175 1025 24.27+1.4 526+0.5 2589 2:34.09									
5/14/09	5406 4 SEC, Gainesville	<b>14.09+0.2 181 1132 24.30 0.0 565+1.7 2908 2:31.16</b>									
<b>PRs:</b> 5406 / 3934		<b>14.09+0.2 185 1132 23. 53 642 2908 2:29.61</b>									
<b>Indoor:</b> 60H: 8.90											

# BRIANNE THEISEN

DOB: December 18, 1988  
 POB:  
 Ht: 5-8  
 Hometown: Saskatoon, Saskatchewan  
 High School: Humboldt Collegiate Institute  
 College: Oregon, '11



**2009:** Won Big Green in *Desert* heptathlon (5634), and Pac-10 title with PR 5986 score. Opened season with 4181 win in Seattle then raised PR to 4321 with 3<sup>rd</sup> place showing at NCAAs. **2008:** Opened season with PR 5575 at Sacramento State NIKE Elite heptathlon. Added 190 points to PR with runner-up place at PAC-10. Was 4<sup>th</sup> at NCAAs with PR 5710 score. **Pre Oregon:** Two-time Canadian national junior heptathlon champion (2006, '07). Has extensive international experience, and won 2007 Pan American Junior Championships heptathlon and competed in 2006 World Junior Championships and 2005 World Youth Championships. **Personal:** Business major. Last name is pronounced TY-son. Pre-business major.

		<b>Career:</b>									
<b>Indoor:</b>		<u>60h hj sp lj 800m</u>									
1/30/09	4181 2 U Washington, Seattle	8.65	181	1124	582	2:21.77					
3/13/09	<b>4321 3 NCAA, College Station</b>	<b>8.54</b>	<b>181</b>	<b>1116</b>	<b>602</b>	<b>2:17.37</b>					
<b>Outdoor:</b>		<u>100h w hj sp 200m w lj w jav 800m</u>									
/05	5181										
/05	World Youth										
7/23/06	5240 1 Canada-Jr, Sherbrooke	14.72-1.4	169	1016	25.47+1.9	538	0.0	4032	2:21.93		
8/19/06	5149 17 IAAF World Jr, Beijing	14.67-0.8	165	987	25.63+0.3	566-0.1	3652	2:24.08			
7/07/07	5413 1 Pan Am Jr, Sao Paulo	14.29	176	1080	25.05+0.5	554+0.8	3956	2:28.52			
3/28/08	5575 1 NIKE-e, Sacramento	14.42+3.7	170	1122	25.22+1.4	594+0.7	4020	2:20.21			
5/10/08	5765 2 PAC-10, Tempe	14.21+1.8	175	1166	25.24	0.0	593	0.0	4409	2:20.11	
6/12/08	5710 4 NCAA, Des Moines	14.23+1.1	175	1156	25.40-0.2	596+0.5	4391	2:22.73			
3/25/09	5643 1 Big Green <i>Desert</i> , Mesa	14.59+0.4	179	1126	25.0h+1.3	568+1.6	4342	2:20.51			
5/10/09	<b>5986 1 Pac-10, Eugene</b>	<b>13.86+0.6</b>	<b>178</b>	<b>1189</b>	<b>24.02+4.9</b>	<b>591+2.6</b>	<b>4074</b>	<b>2:14.57</b>			
<b>PRs: 5986 / 4321</b>		<b>13.86+0.6 181 1189 24.02+4.9 602i 4409 2:14.57</b>									
<b>Indoor: 60h: 8.54</b>											

# ASHLEY TRIMBLE

DOB: November 15, 1986  
 POB:  
 Ht: 5-8  
 Hometown: Columbus, OH  
 High School: Hamilton Township  
 College: Kentucky '09



**2009:** SEC heptathlon bronze medalist with PR 5530 score. 11<sup>th</sup> at NCAAs indoors. Won Southeastern Conference pentathlon with PR 3991 score. **2008:** 4<sup>th</sup> at Sea Ray Relays and 3<sup>rd</sup> at SEC outdoor heptathlon (5295). **2007 Indoor** -800m with season-best time of 2:14.05 at the SEC Indoor Champs. **2006** Placed fifth at the SEC Championships in the 400 hurdles . **High School:** A three-time state champion in the 100 high hurdles and the 300 indoor hurdles. **Personal:** Ashley Denise Trimble. Parents are David Ellis and Celeste Trimble. Major is art studio.

<b>Career:</b>												
<b>Indoor:</b>				<u>60h</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800m</u>				
3/ /08	3858	4	SEC, Fayetteville	8.55	157	1200	553	2:23.16				
1/30/09	3989	2	Penn St Open, U Park	8.64	155	1175	600	2:19.62				
2/27/09	3991	1	SEC, Lexington	8.45	158	1054	580	2:14.72				
<b>3/13/09</b>	<b>3997</b>	<b>11</b>	<b>NCAA, College Station</b>	<b>8.48</b>	<b>163</b>	<b>1137</b>	<b>561</b>	<b>2:17.81</b>				
<b>Outdoor:</b>				<u>100h</u>	<u>w</u>	<u>hj</u>	<u>sp</u>	<u>200m</u>	<u>w</u>	<u>jav</u>	<u>800m</u>	
4/12/08	5086	4	Sea Ray R, Knoxville	14.10	-0.2	148	1127	25.61+1.0	552+4.9	3362	2:19.77	
5/16/08	5295	3	SEC, Auburn	13.40	+3.6	148	1154	25.00+1.6	3182	585+0.9	2641	2:14.87
4/09/09	5438	1	Sea Ray R, Knoxville	13.83		160	1158	24.85	572	3225	2:15.81	
<b>5/14/09</b>	<b>5530</b>	<b>3</b>	<b>SEC, Gainesville</b>	<b>13.48+0.7</b>		<b>166</b>	<b>1162</b>	<b>24.92</b>	<b>0.0</b>	<b>566+1.5</b>	<b>2905</b>	<b>2:12.02</b>
<b>PRs: 5530 /3997</b>				<b>13.40+3.6</b>		<b>166</b>	<b>1200</b>	<b>24.85</b>	<b>600i</b>	<b>3362</b>	<b>2:12.02</b>	
<b>Indoors: 60H: 8.45</b>												

# BETTE WADE

DOB: September 11, 1986  
 POB:  
 Ht: 5-10  
 Hometown: Northville, MI  
 High School: Farmington HS, Northville, MI  
 College: Michigan '09



**2009:** Runner-up at Big 10 (with PRs in final 3 events) scoring PR 5834. Opened season with Texas Relays victory. Won Big Ten indoor title with 4216 score. 5<sup>th</sup> at NCAA indoor heptathlon/ **2008:** Big Ten runner-up outdoors and indoors was Big Ten and NCAA indoor pentathlon runner-up (4366). 9<sup>th</sup> at U.S. Olympic Trials. **2007:** 7<sup>th</sup> at t NCAA with 2 point PR, 5724. Won Big Ten outdoor title with PR 5722. 2nd at Big Ten indoors with PR 4158. Won Jim Click in Tucson with PR 5500. **2006:** took first place in the heptathlon with a NCAA provisional standard point total of 5147 at the California Invitational. Claimed fourth place in the heptathlon with a personal-best point total of 5,301, Drake Relays Was second at Big Ten champs with 5354 total.. **Indoor.** Second at Big Ten Pentathlon.. Finished 14th in the pentathlon (3917) at the NCAA Indoor Championships. Personal: Enrolled at College of Literature, Science and Arts.

Career:													
Indoor:				60h	hj	sp	lj	800m					
1/20/06	4047	1	Simmons, Ann Arbor	8.49	174	1114	603	2:24.06	[55H]				
2/26/06	3977	2	Big 10, Madison	9.10	175	1143	584	2:25.65					
3/11/06	3917	14	NCAA Indoor Champs, Fayetteville	8.94	170	1129	582	2:26.96					
1/20/07	3911	1	Simmons, Ann Arbor	8.88	168	1325	542	2:27.45					
2/25/07	4158	2	Big Ten, Champaign	8.63	170	1214	594	2:20.77					
3/10/07	4131	5	NCAA I, Fayetteville	8.56	169	1232	591	2:23.19					
2/01/08	3868	1	Michigan Intercollegiates, Ann Arbor	8.04	169	1137	563	2:26.78	[55H]				
3/01/08	4089	2	Big Ten, Minneapolis	8.66	174	1257	561	2:23.76					
<b>3/15/08</b>	<b>4366</b>	<b>2</b>	<b>NCAA, Fayetteville</b>	<b>8.67</b>	<b>181</b>	<b>1320</b>	<b>622</b>	<b>2:26.61</b>					
1/30/09	4195	1	Eastern Michigan, Ypsilanti	8.62	173	1316	589	2:24.81					
2/28/09	4216	1	Big Ten, Bloomington	8.50	169	1320	586	2:21.08					
3/13/09	4252	5	NCAA, College Station	8.58	172	1326	606	2:24.76					
Outdoor:				100h	w	hj	sp	200m	w	lj	w	jav	800m
4/13/06	5147	1	Cal Invt, Azusa	14.38	0.0	168	1097	25.57+0.8	3183	576nwi	2864	2:26.64	
4/20/06	5301	4	Drake R, Des Moines	14.04+0.6	169	1066	25.47nwi	3232	595nwi	2891	2:23.35		
5/13/06	5354	2	Big Ten, E Lansing	14.26nwi	168	1096	25.32nwi	3222	604nwi	3455	2:28.85		
6/08/06	5122	20	NCAA I, Sacramento	16.21-0.7	175	1206	25.42-0.8	3119	573+0.9	3015	2:25.09		
3/23/07	5500	1	Click, Tucson	14.07	0.0	173	1268	25.01+0.4	3451	578-1.3	3009	2:22.63	
5/12/07	5722	1	Big Ten, U Park	13.88+0.6	181	1283	25.14-1.7	3576	603-1.0	3363	2:26.19		
6/08/07	5724	7	NCAA I, Sacramento	14.00+0.9	178	1281	24.62+1.4	3568	598+4.3	3125	2:20.76		
6/23/07	5429	12	USA, Indianapolis	14.15-0.9	178	1132	24.86	0.0	3426	571+1.8	2916	2:23.22	
4/03/08	5395	1	Cal Multis, Berkeley	14.15+0.9	172	1273	24.77	0.0	3453	559+0.7	2970	2:25.95	
5/17/08	5658	2	Big Ten, Champaign	14.19	0.0	175	1385	24.85+0.5	3553	612+1.2	3184	2:28.99	
6/12/08	5738	3	NCAA, Des Moines	13.73-0.9	175	1314	24.62+1.4	3560	602-0.1	3229	2:20.76		
6/28/08	5723	9	USOT/USA, Eugene	13.85+1.1	181	1303	24.72+2.7	3633	560+2.3	3479	2:22.24		
4/02/09	5635	1	Texas R, Austin	13.86+1.4	181	1272	25.11+3.4		592+3.8	3252	2:28.53		
<b>5/16/09</b>	<b>5834</b>	<b>2</b>	<b>Big 10, Columbus</b>	<b>14.10-1.6</b>	<b>175</b>	<b>1294</b>	<b>25.05+1.4</b>		<b>634+2.6</b>	<b>3514</b>	<b>2:20.30</b>		
<b>PRs:</b>				<b>5834 / 4366</b>		<b>13.73-0.9</b>	<b>182</b>	<b>1385</b>	<b>24.62+1.4</b>		<b>634+2.6</b>	<b>3514</b>	<b>2:20.305</b>
<b>Indoor:</b>				<b>60H:</b>	<b>8.50</b>								



# MEGAN WHEATLEY

DOB: March 10, 1988

POB:

Ht:

Hometown: Perth, AUS

High School: Penrhos College

College: Nebraska '10



**2009:** Captured Big 12 titles indoor and out, bith with PRs (4211 & 5800). 4<sup>th</sup> at NCAA indoor (4267). **2008:** Big 12 champion with PR 5643 score, then placed 9<sup>th</sup> at NAAs. **2007:** 4<sup>th</sup> Big 12 indoor pentathlon, injured most of outdoor season. **2006:** Placed 16<sup>th</sup> at IAAF Junior world championships (5151) in Beijing. Western Australian Heptathlon champs with PR 5323. Also national under 23 champions at 5229. **Personal:** Australian coach is Grant Ward. Major is food science and technology. Parents are Phil and Jen Wheatley.

		<b>Career:</b>									
		<u>60h hj sp lj 800m</u>									
2/??/07	3713 4	Big 12, Lincoln								2:20.03	
2/01/08	4122 2	Sevigne Husker, Lincoln		8.69	164	1243	593	2:18.46			
2/29/08	3993 2	Big 12, Lincoln		8.75	166	1233	565	2:21.95			
2/07/09	4061 1	Sevigne Husker, Lincoln		8.84	167	1314	568	2:21.10			
2/27/09	4211 1	Big 12, College Station		8.66	167	1280	591	2:16.29			
<b>3/13/09</b>	<b>4267 4</b>	<b>NCAA, College Station</b>		<b>8.62</b>	<b>163</b>	<b>1329</b>	<b>617</b>	<b>2:17.62</b>			
<b>Outdoor:</b>		<u>100h w hj sp 200m w 1<sup>st</sup> day lj w jav 800m</u>									
/ /04	4962 1	Nat Jr Champs									
1/15/06	5323 1	W. Australian Champs, Perth		14.94	165	1181	24.90	3190	545	3659	2:18.4h
/ /06	5229 1	Nat U 23 Champs									
8/19/06	5151 16	IAAF WC, Beijing		14.46-0.8	156	1204	25.29-0.1	3127	550-0.7	3237	2:21.61
<b>5/17/08</b>	<b>5643 1</b>	<b>Big 12, Boulder</b>		<b>14.48+0.5</b>	<b>169</b>	<b>1324</b>	<b>24.75 0.0</b>	<b>3407</b>	<b>593+0.5</b>	<b>3653</b>	<b>2:21.19</b>
6/12/08	5596 9	NCAA, Des Moines		14.47-1.8	166	1273	24.90+0.6	3324	616+1.7	3440	2:20.80
4/03/09	5360 3	Click, Tucon		14.14	160	1252	25.37	601	3130	2:24.63	
5/16/03	5800 1	Big 12, Lubbock		13.76+1.6	169	1349	24.47+1.3	605nwi	3430	2:19.78	
<b>PRs: 5643 / 4211</b>				<b>13.76+1.6</b>	<b>172</b>	<b>1349</b>	<b>24.47+1.3</b>	<b>617</b>	<b>3678</b>	<b>2:17.36</b>	
<b>Indoors: 60H: 8.62</b>											

# ANNETT WICHMANN

DOB: May 4, 1984  
 POB: Jena, Thuringa, Germany  
 Ht: 5-11  
 Hometown: Jena, GER  
 High School: SportGymnasium, Jena, GER  
 College: Hawaii-Manoa '09



**2009:** Won 3<sup>rd</sup> consecutive WAC indoor pentathlon title, then placed 7<sup>th</sup> at NCAAs. Runner-up at Mount Sac Relays and won a 4<sup>th</sup> WAC heptathlon crown. **2008:** 6<sup>th</sup> at NCAA heptathlon with PR 5670 score. Opened outdoor season with 4<sup>th</sup> place at Mt Sac Relays then won WAC crown. Washington Huskie and WAC champ at indoor pentathlon, then 4<sup>th</sup> at NCAAs (4177). **2007:** 11<sup>th</sup> at NCAA indoor pentathlon. 9<sup>th</sup> at NCAAs after winning WAC crown. **2006:** Won the Western Athletic Conference champs with 5374 score. Placed 17<sup>th</sup> at NCAA (5191). Won the silver medal in the pentathlon at the WAC Indoor Championship. **Prep:** A 2004 graduate of SportGymnasium Jena in Thuringia, Germany, and has 5636 PR. German University champ in shot put and relay. Attended the World Youth Championship in Hungary in 2001. **Personal:** Intends to double-major in kinesiology and psychology. Parents are Hannelore and Dieter Wichmann. Greatest athletic accomplishment is being the 2001 U18 WC in Hungary.

## Career:

### Indoor:

				60h	hj	sp	lj	800m
2/25/06	3741	2	WAC, Boise	9.23	165	1397	522	2:31.65
1/26/07	4039	1	U-Wash, Seattle	9.14	172	1391	548	2:21.99
2/24/07	3830	1	WAC, Nampa	9.18	163	1355	542	2:26.37
3/10/07	4007	11	NCAA I, Fayetteville	9.01	172	1261	544	2:19.18
2/02/08	4027	1	U Washington, Seattle	8.99	173	1321	534	2:19.60
2/28/08	3936	1	WAC, Boise	9.08	172	1312	540	2:24.92
<b>3/15/08</b>	<b>4177</b>	<b>4</b>	<b>NCAA, Fayetteville</b>	<b>8.95</b>	<b>175</b>	<b>1411</b>	<b>554</b>	<b>2:19.68</b>
1/30/09	3919	3	U Washington, Seattle	9.20	169	1420	528	2:24.45
2/26/09	4034	1	WAC, Boise	8.98	171	1412	551	2:25.65
3/13/09	4118	7	NCAA, College Station	9.05	175	1380	558	2:21.86

### Outdoor:

				100h	w	hj	sp	200m	w	1 <sup>st</sup> day	lj	w	jav	800m
8/23/03	5267	5	German Nat Jr, Wesel	15.05+1.3	166	1188	26.74+1.8	3028	560+2.4	4155	2:20.76			
9/05/04	5403	4	Ger u 23, Vaterstetten	14.88_0.2	166	1269	26.15-0.8	3155	536-0.1	4557	2:20.67			
6/26/05	5636	8	Invt, Ratingen, GER	14.60+0.4	170	1319	26.18 0.0	3271	567-0.3	4464	2:17.46			
4/13/06	dnf	-	Cal Invt, Azusa	14.91+1.4	165	1390	26.47+1.5	3193	withdrew					
5/11/06	5374	1	WAC, Honolulu	14.81+1.4	166	1393	26.59+1.7	3208	535-0.3	4305	2:23.01			
6/08/06	5191	17	NCAA I, Sacramento	15.24+0.9	169	1394	27.04-1.9	3150	516-0.2	3873	2:22.10			
4/13/07	5413	4	Mount SAC R, Azusa	14.83+0.7	172	1292	26.72+3.4	3200	550nwi	4274	2:22.29			
5/10/07	5557	1	WAC, Fresno	14.73-1.7	178	1301	26.22 0.0		547-0.7	4197	2:19.97			
6/09/07	5649	9	NCAA I, Sacramento	14.48+2.2	175	1355	26.03+1.1	3387	540 0.0	4478	2:17.46			
4/ /08	dnf	-	Cal Multis, Berkeley	15.14+1.7	166	1306	27.15	withdrew						
4/17/08	5521	4	Mt Sac R, Azusa	14.77+2.5	168	1288	26.60+2.3	3166	575+1.7	4381	2:18.80			
5/15/08	5266	1	WAC, Boise	15.02+3.0	171	1264	26.54+4.5	3161	532-0.6	4667	2:32.54			
<b>6/12/08</b>	<b>5670</b>	<b>6</b>	<b>NCAA, Des Moines</b>	<b>14.51+1.9</b>	<b>178</b>	<b>1246</b>	<b>26.51+2.8</b>	<b>3305</b>	<b>561+2.7</b>	<b>4681</b>	<b>2:19.18</b>			
4/16/09	5334	2	Mt Sac R, Azusa	15.06+3.1	169	1351	26.86+3.2	3161	520+1.3	4496	2:22.01			
5/14/09	5450	1	WAC, Logan	14.99-0.2	173	1348	26.67-1.3		546 0.0	4639	2:26.35			

PRs: 5649 / 4177

14.48+2.2 178 1435 26.03+1.1 3387 575+1.7 4681 2:17.46

Indoor: 60H: 8.95

# SHANA WOODS

DOB: July 7, 1988  
 POB:  
 Ht: 5-8  
 Hometown: Long Beach, CA  
 High School: Long Beach Poly  
 College: USC '10



**2009:** Placed 5<sup>th</sup> at Pac-10 heptathlon. **2008:** 3<sup>rd</sup> place finish at PAC-10 and 16<sup>th</sup> at NCAAs. **2007:** Opened outdoor season with 5393 score at Mount SAC Relays, then placed 5<sup>th</sup> at PAC-10 (5459). **2006:** Won Junior National title in Indy with 5593 score while senior at Long Beach Poly HS, the first high school student over 5500. 12<sup>th</sup> at IAAF World Juniors. Ran 53+ 440 relay leg. **Personal:** Social Science and History major.

		<b>Career:</b>										
<b>Indoor:</b>												
<b>Outdoor:</b>		100h	w	hj	sp	200m	w	lj	w	jav	800m	
6/22/06	5533	1		USA Jr, Indianapolis	14.03+2.0	166	959	24.40+0.9	3226	587+2.2	4042	2:20.10
8/18/06	5311	12		IAAF World Jr, Beijing	14.14+1.6	168	893	24.33+0.2	3198	590-0.4	3451	2:36.95
4/13/07	5393	5		Mt SAC R, Azusa	14.11+1.9	163	986	23.94+2.9	3240	611nwi	3111	2:23.88
5/06/07	5459	5		PAC-10, Palo Alto	14.06-0.7	166	1082	24.40+1.8	3302	621+1.7	3016	2:24.64
6/07/07	5507	13		NCAA, Sacramento	13.93+1.0	166	931	24.12+1.3	3247	606+1.1	3977	2:27.14
6/21/07	5521	1		USA Jr, Indianapolis	13.73+1.2	166	1017	24.35+1.4	3311	583+3.1	3922	2:24.76
4/03/08	dnf	-		Texas R, Austin	14.22+1.1	160	981	24.63-0.9	3121	573+1.2	3437	dns
5/10/08	5474	3		PAC-10, Tempe	13.90+1.8	166	1036	24.21 0.0	3313	570 0.0	3760	2:23.13
6.14.09	5370	16		NCAA, Des Moines	14.39+0.8	166	1033	24.28-0.4		585+2.3	4126	2:34.33
4/10/09	5315	2		Johnson/JJK, Los Angeles	13.97 0.0	159	977	24.25 0.0		574+0.4	3979	2:29.23
5/10/09	5490	5		Pac-10, Eugene	13.84+0.9	163	1026	23.96+4.9		575+2.1	3988	2:26.41
<b>PRs:</b>	<b>5533 /</b>				<b>13.84+0.9</b>	<b>168</b>	<b>1082</b>	<b>23.94+2.9</b>	<b>3313</b>	<b>635</b>	<b>4042</b>	<b>2:20.10</b>