

# THE DECATHLON ASSOCIATION

## DECA Newsletter

Volume XXXIII

Number 14

March (8), 2008

## Barroilhet Wears NCAA Crown Hustedt, Morrison Medal

**Hello Again....**for the eighth time this month. This report comes from Fayetteville, Arkansas where Gonzalo Barroilhet, the 21 year old Chilean freshman from Florida State continued his hot 1<sup>st</sup> day pace and captured the 5<sup>th</sup> NCAA indoor heptathlon with a fine 5951 score. His margin at the finish was a whopping 115 points. Stanford senior Josh Hustedt (pronounced 'Hue-sted') missed his PR score (5836) by a digit but held on for 2<sup>nd</sup>. Florida soph Mike Morrison (5792) vaulted to 3<sup>rd</sup>.

Pre-meet favorites Raven Cepeda/N Iowa, Ashton Eaton/Oregon and Jangy Addy/Tennessee held on for 7<sup>th</sup>, 6<sup>th</sup> and 5<sup>th</sup> respectively.

Aside from Morrison, four others recorded lifetime best scores: Rok Derzanic/Kansas St (5645), Justin Johnson/Cal St-Northridge (5623), Mateo Sossah/North Carolina (5621) and Mat Clark/Northern Iowa (5613).

Although some may claim that this was a low scoring affair because the winning total was the lowest ever, in fact this was the most competitive NCAA meet and the deepest field in history. The 12<sup>th</sup> place score of Kansas State freshman Moritz Cleve (5604) would have been good enough for 6<sup>th</sup> a year ago, 7<sup>th</sup> in '06, 5<sup>th</sup> in '05 and 6<sup>th</sup> in 2004. And 9 of the 16 man field were sophs and frosh.

**5<sup>th</sup> NCAA Mens Indoor Heptathlon**  
**Randal Tyson Track Center**  
**University of Arkansas**  
**Fayetteville, AK**  
**March 14-15, 2008**



Florida State freshman Gonzalo Barroilhet, a native Chilean, won the NCAA heptathlon crown with a fine 5951 score that included lifetime bests in the 60m, long jump, high jump and 60m hurdles.



**60m Hurdles:** [11:01 – 11:12 am]

With nearly 300 in attendance, all 16 athletes returned from day one. When the dust cleared half of the field equaled or surpassed lifetime hurdle bests.

In section #1 Nick Adcock/Missouri out dipped Johnson with both caught in 8.10, PRs for both.

Derzanic won the second race in 8.30 and Sossah's 8.36 for 2<sup>nd</sup> was a PR.

The fastest seeded race saw Addy blast away to = the meet record of 7.86 seconds. He had finished 5<sup>th</sup> the previous evening in the open hurdles. Behind him

Eaton (7.96) and Barroilhet (7.98) were better than ever.

The final race saw winner Krzysztof Slupkowski/Wichita St (8.27), teammate Chris Dickman (8.70) and Mat Clark (8.72) all lower their personal records.

*After Five: Barr 4252, Addy 4240, Adco 4152, John 4114.*

**Pole Vault:** [12:06 – 2:55 pm]

Officials moved the event along but the wide range of abilities and a single pit elongated the affair. Notable efforts here included PRs from Addy at 4.45m/14-7¼, Eaton 4.75m/15-7, and Chris Dickman at 4.85m/15-11.

After two hours the event evolved into a 4 way battle among Morrison, Hustedt, Barroilhet and Cepeda. Morrison won the affair at 5.15m/16-10 while the remaining trio all managed 5.05m/16-6¾. Barroilhet then passed 5.15m and, with Morrison, missed thrice at 5.25m/17-2¾. The pass may have cost him a chance at a 6k score.

15 different bars, 142 jumps, 64 clearances in 170 minutes.

By this time Gonzalo's lead was an insurmountable 201 points.

*After Six: Barro 5209, Hust 5008, Addy 4986, Morr 4974.*

**1000 Meters:** [3:25 pm]

There was no high drama in this year's 1K. No Detmerlike world records. But the entire field *ran*. Sossah took over at 500 meters and ran away clocking a terrific 2:32.64, a time that, in an era before Detmer, would have been a record. He dragged 5 others under 2:40(!) as ten (!) recorded PRs. Ten!

Barro was content to stay in the middle of the pack and his 2:49.30 gave him the winning total. Hustedt protected the silver medal while Adcock's surge fell 1½ seconds shy of Morrison and the bronze.

*After Seven: Barr 5951, Hust v5836, Morr 5791, Adco 5776.*

**A note on seeding/officiating:**

The 60m and 60H were both seeded and the results were spectacular: 6 PRs in the sprint and a new meet record; 8 PRs in the hurdles and another meet record. And if anyone doubts that, for indoor multis, one should throw them all in the same section and run them together, look here. Ten PRs in the 1000m! The seeding and sections yielded 24 (!) lifetime best individual marks. This was one well run affair.



**Results:**

5951	Barroilhet, Gonzalo/Florida St	7.19 742 1374 202 7.98 505 2:49.30
5836	Hustedt, Josh/Stanford	7.22 749 1132 202 8.10 505 2:44.10
5792	Morrison, Mike/Florida	7.13 731 1210 199 8.39 515 2:45.05
5776	Adcock, Nick/Missouri	7.14 680 1382_208 8.10 445 2:39.56
5683	Addy, Jangy/Tennessee	6.84 687 1580 184 7.86 445 2:56.51
5676	Eaton, Ashton/Oregon	6.93 728 1087 184 7.96 475 2:40.90
5657	Cepeda, Raven/Northern Iowa	7.09 657 1491 187 8.26 505 2:48.76
5645	Derzanic, Rok/Kansas St	7.06 728 1217 196 8.30 435 2:38.04
5623	Johnson, Justin/CS-Northridge	7.16 721 1217 205 8.10 415 2:42.13
5621	Sossah, Mateo/North Carolina	7.48 689 1350 208 8.36 425 2:32.64
5613	Clark, Mat/Northern Iowa	7.14 721 1297 193 8.72 455 2:35.26
5604	Cleve, Moritz/Kansas St	7.19 675 1318 193 8.24 455 2:36.03
5499	Dickman, Chris/Wichita St	7.07 685 1088 190 8.70 485 2:35.03
5451	Hynes, Duane/Princeton	7.34 691 1233 199 8.62 465 2:43.21
5398	Slupkowski, Krsysztof/Wichita St	7.05 627 1342 196 8.27 455 2:52.73
5055	Shotwell, Frank/Michigan	7.24 668 1159 184 8.58 435 2:54.71

16s, 16f. Meet records in 60m, high jump, 60m Hurdles.