

THE DECATHLON ASSOCIATION

DECA Newsletter

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ADCOCK RULES JUNIOR MEET Earns Ticket to Pan-Am Juniors

Hello Again....Conditions were generally favorable for the 35th Annual USA Junior Championships, conducted at Michael A. Carroll Stadium on the campus of IUPUI in Indianapolis.

Ashton Eaton, a freshman from the University of Oregon looked over his shoulder during the entire first day but still found himself in the overall lead, 3820 to 3870 over Missouri's Joe Adcock. Both are new to the event, in their initial season as ten-eventers and they ruled a fine field even though the nation's top prep, Curtis Beach of Albuquerque, NM was a no show.



**35th USA Junior Decathlon
Championships
Michael A Carroll Stadium
IUPUI
Indianapolis, IN
June 20-21, 2007**

100 Meters: [1:00 pm]

Although declared by their coaches, two athletes, including sophomore sensation Curtis Beach, a 7185 winner at the Great SouthWest meet, did not appear at the starting line. Although the races went unseeded, several of them were



Missouri freshman Joe Adcock, 19, Kansas City, MO, caught early leader Ashton Eaton of Oregon in the javelin and went on to post a 7293 victory at the USA Junior Decathlon Championships in Indianapolis. Here he receives his award from legendary coach Sam Bell.

highly competitive. Cory Roberts of Southeastern Louisiana State won the first section in 11.43 and Wake Forest frosh Tyler Dodds won the second in 10.98. Michigan's stocky Frank Shotwell won the 3rd over Missouri's Nick Adcock, 11.14 to 11.20. Oregon frosh Ashton Eaton's speedy 10.58 was just a 1/100th off the meet, but equaled Bryan Clay's World Junior and Meet Record. The American Junior record of 10.57 was set by Clemson's Richard Beattie in 1987. But (how to explain this one) Beattie had failed to score 7000 in that meet so he got credit

for the AJR but not the WJR which is 1/100th slower.



Oregon's Ashton Eaton set a World Junior Decathlon 100m record (10.58) although the mark was inferior to the meet record.

It placed Eaton into the lead he that he did not relinquish during the first day. Michael Ayers, a Nashville high school senior, who has signed at Tennessee, was 2nd in a fine 11.05. *After One: Eato 956, Dodd 865, Ayer 850.*

Long Jump: [1:45 pm]

All the drama was removed from the event when Houston frosh Wesley Bray popped a PR 7.07m/23-2½ in round one, but it went unnoticed nor announced since the field indicator boards were not working. Bray moved to 3rd overall, while Michigan's Shotwell managed 6.81m/22-4¼ to claim second and Eaton (whose 6.67m/21-10¾ was well below expectation) remained in the overall lead by 93 points. *After Two: Eato 1692, Shot 1599, Bray 1597.*

Shot Put: [3:15 pm]

The weather conditions remained postcard perfect, sunny, temps in the low 80s with breezes. The North circle was won by Adcock in 13.95m/45-9½, but the fireworks occurred in the last round of Flight #2 (South Circle) where a pair if Nashville preps raised eyebrows. Brentwood Academy's Ben Davies, a junior, popped a terrific 14.90m/48-10¾ and Ayers, of Ravenwood Academy, followed with 14.44m/47-4¾ to go 1-2 and move into contention. Eaton's 12.80m/42-0 was just enough to keep him in the lead. *After Three: 2347, Bray & Ayer 2314.*

High Jump: [4:15 pm]

The event went unseeded and took an unnecessary extra 30 minutes to conduct. The entire West end of the infield resembled rush hour traffic as the junior women's heptathlon shot put (with circles next to the high jump pits) was conducted concurrently. At one point all four infield scoreboards were inoperative and it was difficult to tell what was going on. When the dust cleared Adcock had won the South pit over Rutger's frosh Nick Costa, 2.02m/6-7½ to 1.99m/6-6¼. Competition continued in the North pit for an extra 30 minutes but at lower heights. Eventually Dan Gorris/Albuquerque TC, Ted Rud/North Dakota St, and Chase Dalton, a prep from Tigard, Oregon, all tied at 1.96m/6-5. Although officials in both pits moved the vent along smartly, (184 attempts and 71 clearances in 90 minutes) the event dragged since pit assignments did not take into consideration ability. Ambler's Alex Holcombe and Davies no heighted. The former with drew, the latter continued. Adcock had shaved all but 9 points from Eaton's advantage. *After Four: Eato 3034, Adco 3025, Ayer & Bray 2975.*

400 meters: [6:22 pm]

Adcock and Shotwell waged a terrific battle on the homestretch with Adcock, from Kansas City, getting the nod, 49.36 to 49.92. In the second race Georgia's Tommy Barrineau out leaned Texan Kenny Greaves, 50.86 to 50.88. In the third section Eaton, running in lane 6, needed a 49.57 or better to maintain his first day lead and he left no doubts about his intentions early. The 2006 Oregon State 400 champ murdered the field claiming a 48.48 clocking. Wake's Tyler Dodds managed a 48.99 in the final race to move into 8th overall, but the day belonged to the 6-1, 180 pound Eaton. *After Five: Eato 3920, Adco 3869, Ayer 3769.*

Day Two:

110m Hurdles: [10:00 am]

Day Two broke warm and sunny as well and hurdlers had trailing breezes. Athletes ran over 39' barriers, the junior height. The initial section was won by steady Justin Skinner of the College of the Canyons (CA) in a significant PR of 15.06.

Frank Shotwell cruised to a 14.28 victory on the second race, and he made it look easy, perhaps because he had been running '42 barriers all spring in Ann Arbor.

The Final section matched up the two first day leaders, Adcock (in lane 2) and Eaton (lane 6). The Missourian caught the Oregonian over the last barrier and earned a 14.43 to 14.47 victory and carved 5 points off the overall lead. *After Six: Eato 4835, Adco 4789, Shot 4600.*

Discus: [11:00 and 11:58 am]

Conducted on the upper field, outside the Southeast corner of Carroll Stadium, most of marks went unnoticed. Cory Roberts got the nod in Flight # with a 42.80m/140-5 win with the junior implement (1.75kgms, slightly heavier than the prep platter). Eaton posted a fine 40.63m/133-3 first round toss, then fouled on his remaining efforts.

In Flight two Frank Shotwell got the nod at 40.34m/132-4, but interestingly, Adcock also stepped up as he and tossed a 24 foot PR (albeit with 1.75kgm plate) getting 35.41/116-1. It was obvious, given his javelin skills, he'd be a contender. *After Seven: Eato 5512, Adco 5361, Shot 5271.*

Pole Vault: [12:50 pm]

The event was kind to both leaders. In the West pit (Flight 2) Eaton nailed 3 consecutive PRs, eventually settling for 4.30m/14-1¼, and tied Roberts for the pit win.

In Flight #1 (East Pit) Adcock scraped over numerous bars and got a PR himself at 4.10m/13-5¼. When the dust cleared a trio of preps ended up tying for the victory here at 4.60m/15-1. Kenny Greaves, Michael Ayers and Dan Gooris won the accolades. Eaton's lead extended to 208 points. *After Eight: Eato 6214, Adco 6006, Ayer 5618.*

Javelin: [3:33 and 4:19 pm]

Adcock and Eaton both drew Flight #1 and it was here that the Kansas City freshman turned the meet on its head. His 55.26m/181-3 not only won the group but was 20 meters ahead of Eaton's 35.13m/115-3. Adcock went from 208 points down to 87 up in a matter of minutes and the meet was over. Fashioning a nice 2nd day was Wes Bray of Houston who posted a 53.69m/176-2 mark here. Chase Dalton of Tigard, OR, speared 60.10m/193-2 for the anti-climatic victory in Flight #2.

After Nine: Adco 6673, Eato 6586, Bray 6455.

1500 Meters: [5:51 pm]

A rare false start pocked the event, perhaps an indication of the field's nervous energy. All 17 remaining decathletes were drawn into a single race (good idea) and Eaton, realizing that he needed to make up 14 seconds on Adcock, bolted at the pistol bark and held a 20 meter lead at 200m. He eventually paid for his sprint imprudence and faded on the race's last lap to even loose the runner-up position and Pan Am Junior Team spot to Bray. Adcock, on the other hand, ran conservatively in the middle of the pack. Tommy Barrineau, whose father James was a 1976 US Olympian in the high jump, raced to the victory in 4:30.50. Adcock, who had passed Eaton with a lap remaining, clocked 4:49.77 and Eaton faded to 4:58.35. Meanwhile Bray was fashioning a 3 second PR and got the silver medal (and

the 2nd ticket to Brazil) in the race's final strides pounding out a 4:36.45 clocking. His margin over Eaton was a scant 3 points. Six exceeded 7000 points, the deepest finish in years.

After Ten: Adco 7293, Bray 7158, Eato 7155.

Notes: Aficiandos kept their eye on the Indy skies. Thunderstorms were forecast

during he 2nd day but never developed. But storms in the upper mid-West had fans worried as they readied for the Senior competition to begin tomorrow morning. Keep your fingers crossed.

1996 Olympic champ Dan O'Brien was on hand to congratulate and interview the meet winners.



RESULTS:

6/20-21 35th USA Junior Championships, IUPUI, Indianapolis, IN

7293	Adcock, Nick/Missouri	11.20+0.7	634+0.8	1395	202	49.36	14.43+2.0	3541	410	5526	4:49.77
7158	Bray, Wesley/Houston	11.43+0.1	7-7+2.2	1382	184	50.90	15.13+1.6	3460	420	5369	4:36.45
7155	Eaton, Ashton/Oregon	10.58+3.7	667+0.8	1280	187	48.48	14.47+2.0	4063	430	3513	4:58.35
7130	Roberts, Cory/SE LA St	11.43+0.1	674+1.4	1188	184	50.92	15.21+1.6	4280	430	5176	4:34.64
7080	Shotwell, Frank/Michigan	11.14+0.7	681+2.0	1246	178	49.92	14.28+2.5	4034	380	4839	4:39.68
7005	Ayers, Michael/KinderSports	11.05+3.7	655+1.0	1444	184	50.45	16.12+2.0	3369	460	5236	4:59.03
6774	Moss, Miller/Clemson	11.29+0.7	636+1.4	1244	187	49.23	15.89+2.5	3821	410	4140	4:43.05
6710	Gooris, Dan/Albuq TC	11.89+0.1	621+0.2	1253	196	53.23	15.70+2.0	3475	460	4298	4:32.92
6659	Greaves, Kenny/Coppel, TX	11.73+1.4	615+0.1	1176	169	50.88	15.39+2.5	3497	460	4817	4:34.59
6439	Crosta, Nick/Rutgers	11.66+0.1	652+3.6	1040	199	52.47	15.26+2.5	3624	360	5016	5:10.15
6406	Dalton, Chase/Tigard, OR	11.44+0.7	616+2.0	1190	196	53.50	14.99+2.0	3703	300	6010	5:21.52
6402	Barrineau, Tom/Georgia	11.56+0.1	582+1.3	1238	178	50.86	16.04+1.6	3109	380	4961	4:30.50
6387	Skinner, Justin/C of Canyons	11.34+3.7	614+1.2	1230	178	51.51	15.06+1.6	3422	380	3841	4:47.78
6319	Jansen, Ian/Unat-Salt Lake C	11.52+0.1	629+1.2	1105	172	51.81	15.41+2.5	3875	420	3552	4:55.17
6291	Rud, Ted/North Dakota St	11.84+0.7	650+2.6	1122	196	54.88	16.64+1.6	3584	430	3924	4:52.25
6129	Shead, DeShawn/Desert Lt	11.21+3.7	594+2.2	1235	172	52.60	14.85+2.0	3270	380	4035	5:18.27
5703	Cameron, Russ/Buffalo	11.58+3.7	583+1.2	1265	184	51.08	15.65+1.6	2442	nh	4663	4:40.55
dnf	Dodds, Tyler/Wake Forest	10.98+1.4	566+1.1	1148	181	48.99	16.39+2.5	2658	350		withdrew
dnf	Davies, Ben/Kinder Sport	11.13+1.4	625+2.0	1490	nh	50.02					withdrew
dnf	Ackley, Marshall/Oregon	11.67+1.4	595+3.2	1209	169	56.04					withdrew
dnf	Horn, Gray/unat- OH HS	11.46+1.4	610	0.0	1230	178					withdrew
dnf	Holcombe, Alex/Ambler OC	11.63+3.7	605+0.9	1369	nh						withdrew

22s, 17f. **Records:** Eaton's 10.58 ties World Junior Record of Bryan Clay (Denton, TX, 1997), but does not set American Junior record of 10.57 by Richard Beattie/Clemson of 10.57. Dan Ryland/USA held previous WJR of 10.59, Edwardsville, 1988. A score of 7000 necessary for WJR, but not AJR