

THE DECATHLON ASSOCIATION

DECA Newsletter

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USATF Indoor from Chapel Hill Day One

Hello Again.....the 23rd USA national combined events meet got off to a flying start at Eddie Smith Field House on the campus of the University of North Carolina on Saturday, March 8 with 9 competitors including three time and defending champion Paul Terek. Even with Bryan Clay and Donovan Kilmartin being selected for the world meet in Valencia, ESP (held on the same two days) and injuries claiming half a dozen of the nation's top decathletes, an excellent field of nine started. The field included come-backing Stephen Moore, 32, Dallas, who won this affair in 2001 and who last competed in 2005.

**23rd USA National
Heptathlon
Championship
U of North Carolina
Eddie Smith FieldHouse
March 8-9, 2008
Day One:**

60 Meters: (1:00 pm)

The seeded section included the re-surging Stephen Moore but the story here were the young post collegians, Joe Detmer, last year's NCAA runner-up from Wisconsin, who blasted snappy PR 7.08 over Arnold, the '07 NCAA decathlon champions while at Arizona who caught Moore at the finish stripe as both clocked 7.11. It was a significant PR for Arnold

**2007
NCAA
champion
Jake
Arnold
put up
3220 pts
on day one
of the
USA
national
Hept-
athlon.**



and Moore's first sprint since 2005. Terek and Chris Boyles, who went 1-2 here a year ago, were both caught in 7.25 seconds.

Section #2 was captured by Air Force Lt. Brian Walsh in 7.21, 5 ticks ahead of Mark Jellison who just missed a PR.

After One: Detm 854, Arno 844, Moor 844, Wals 809.

Long Jump: (1:33 – 2:01)

The field went to sleep in round #1 as Moore (6.92m/22-8½) marginally led Arnold (6.90m/22-7¾). Both improved in round #2, with Moore leap covering 7.05m/23-1¾) of Tarheel real estate. Arnold, throwing last in the order, responded with a PR 7.01m/23-0 effort.

In the final round Mark Jellison got his first fair mark and Arnold

improved to 7.05m/23-1¾) to tie Moore for the overall lead. At this point both the come-backing veteran and the Arizona grad had posted identical marks for the first two events.

After Two: Moore & Arno 1670, Detm 1653, Jell 1589.

Shot Put: (2:31 – 2:53 pm)

Joe Detmer stayed with the leaders getting a PR in round #2, 12.70m/41-8. Boyles (14.11m/46-3½), a sub-par Paul Terek (14.29m/46-10¾) and Arnold (14.60m/47-11) dominated the event. The latter, on a roll with 2 PRs and 2 wins in the first 3 events, looked very much like a winner at this point “My goal coming in, he’d say later, “was to try to score 6000 points.

After Three: Arno 2435, Moor 2339, Detm 2302, Tere 2283.

High Jump: (3:25 – 4:11 pm)



Chris Boyles won the high jump at the USA national heptathlon with a 2.07m/6-9 ½ to move hime into mthird place at the end of day one.

Arnold uncharacteristically missed thrice at 2.01m/6-7 (managing just 1.98m/6-6)and perhaps his chance for a 6k score. Ex Volunteer Chris Helwick looked smooth thru 2.01m/6-7 and moved to 4th

place overall. Moore was clean thru 2.04m/6-8¾.

But, as a year ago, Boyles dominated the events. In 2007 he managed a terrific 2.14m/7-¼. But in 2008 he could only muster 2.07m/6-9½, nonetheless the top mark.

Summary: 11 bars, 79 attempts, 31 clearances.

After Four: Arno 3220, Moor 3179, Boyl 3131, Helw 2994.

<i>1st Day Results:</i>	
3220	Arnold, Jake/unat 7.11 705 1460 198
3179	Moore, Stephen/unat 7.11 705 1303 204
3131	Boyles, Chris/EBO-e7.25 665 1411 207
2994	Helwick, Chris/2gnc 7.30 683 1235 201
2985	Jellison, Mark/unat 7.26 693 1297 192
2955	Detmer, Joe/unat 7.08 694 1270 183
2936	Terek, Paul/asics 7.25 669 1429 183
2833	Walsh, Brian/USAF 7.21 662 1179 189
2777	LeMay, Gabe/Team XO 7.34 660 1125
	192 9s,9f