

THE DECATHLON ASSOCIATION

DECA Newsletter

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INDOOR CAMPAIGN OPENS ---110 Indoor Meets Scheduled---

Hello Again.....We begin our 33rd year of offering the DECA Newsletter. Last season we posted 27 Newsletters from January thru October, a record year for DECA, The Decathlon Association. As readers know, we've moved to a blog, (www.decathlonusa.typepad.com) so don't lose the new address. All of the same services are available and many have been enhanced or updated (records, history, results, event schedule, book ordering, rules, and more).

Two additional bits of news: *Track and Field news* has released 2007 annual rankings, and USATF has posted the decathlon schedule for U.S. Olympic Trials.



2007 World Rankings And USA Rankings

2007 World	2007 USA
1. Roman Šebrle/CZE	Bryan Clay/Nike
2. A Krauchanka/BLR	Tom Pappas/Nike
3. Maurice Smith/JAM	Paul Terek/Asics
4. Dmitry Karpov/KAZ	Jake Arnold/Arizona
5. Aleksey Drozdov/RUS	Ryan Harlan/unat
6. Bryan Clay/USA	Chris boyles/CBOe
7. André Niklaus/GER	M Abdur-Rahim/ASC
8. Aleksey Sysoyev/RUS	Joe detmer/Wisconsin
9. Romain Barras/FRA	Chris Randolph/CNW
10. Yordanis Garcia/CUB	Jangy Addy/Tennessee

US Olympic Trials Decathlon Schedule



Sunday-June 29		Monday-June 30	
100m	10:00 am	110mH	11:30 am
LJ	10:50	Disc	12:20 pm
SP	12:00 pm	PV	2:35
HJ	1:15	Jav	4:45
400m	3:35	1500m	8:35

The 2008 USA indoor season is underway and if the early returns are any indication this should be a season of significant totals and top individual event marks.

The season's very first meet (Dec 1, 2007) was won by S.F. Austin's junior Aaron Harlan who posted a PR 5246 score to win the Liberty U. Kickoff affair in Lynchburg, VA. A week later (Dec 7) NCAA high jump champion Scott Sellers, a junior at Kansas State, captured the Carol Robinson Pentathlon in Manhattan, KS using a world best 2.24m/7-4¼ leap in accumulating a winning 4046 score over Lithuania's Darius Draudvila. Two days later ex Oregon athlete Gabe LeMay won the Golden Flash heptathlon at Kent State U with 5408 points and former Dartmouth star Mustafa Abdur-Rahim put 5 work-manlike efforts together and came away

with a 4154 score while winning the Adams State Kickoff pentathlon in Alamosa, CO.

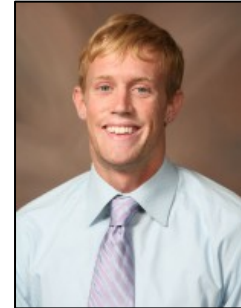
Then Abdur-Rahim, in early January, captured his 6th Dartmouth Relays crown, a 5883 PR and AL win that featured an eye-opening PR 7.92 60m hurdles.

North Dakota high school star Weston Leutz was the Bison heptathlon winner at North Dakota State, getting a significant 5201 score.

Last spring/summer both Donovan Kilmartin (3x NCAA indoor heptathlon champion) and former teammate Trey Hardee (collegiate deca record holder) were MIA: Kilmartin redshirt and Hardee injured. Both opened 2008 indoor season at U of Houston Opener:

Kilmartin:	PV 5.00m/16-4 $\frac{3}{4}$
	60m H 8.30
Hardee:	PV: 4.60m/15-1
	LJ 6.58m/21-7 $\frac{1}{4}$
	(6.08m 6.17m 6.58m)

In all, there are 110 indoor heptathlons or pentathlons scheduled for the current season culminating in the USA national champs, the NCAA Div I champs and the IAAF World Champs, all in early March. See out “Event Schedule” section for details.



Mustafa Abdur-Rahim(l) won a pair of multiple events including an American leading 5883 hept at the Dartmouth Relays. Kansas state junior Scott Sellers (r) set a world best of 2.24m/7-4 $\frac{1}{4}$ high jump at the Carol Robinson meet in Manhattan, KS.



SF Austin junior Aaron Harlan (l) won the season’s first meeting in Lynchburg, VA while high school senior Weston Leutz (r) posted one of the highest prep scores ever in North Dakota.