

THE DECATHLON ASSOCIATION

DECA Newsletter

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ANGY On Top at SEA RAY Bernard Wins LSU, Walton Cancelled



Hello Again.... The weekend's feature meets were in Knoxville, TN and Baton Rouge, LA. 11 meets were scheduled and a pair were weather related cancelled, one by a snowstorm. As always, check our posted and updated 'Results Page.'

University of Tennessee captain Jangy Addy, 23, Norcross, GA, cruised through the Sea Ray Relays decathlon in Knoxville notching a victory and NCAA I qualifying mark to boot. It was the 3rd consecutive Volunteer win in the event.

"We accomplished what we came after," head coach Bill Webb said. Both of our guys had good, solid two days. We will do the SEC decathlon in four weeks and NCAA a month after that."

Addy scored 7,595 points to automatically qualify for the NCAA Outdoor Championships in June. He began his day with a meet-record-breaking performance in the decathlon 110-meter hurdles, 14.02

"I'm thankful to get through my final Sea Ray decathlon," Addy said. "I accomplished my goal of qualifying for nationals and now I can concentrate on the individual events to improve my score. I want to thank the Tennessee medical and strength staff for their work that allowed me to do this."

Come-backing Stephen Harris, 27, the 2003 NCAA champ while at Tennessee, was 2nd at 7414 and frosh Michael Ayers, 19, Nashville was 3rd with



Tennessee senior Jangy Addy got his NCAA qualifier out of the way while winning the Sea Ray Relays crown. The 23 year old senior posted a 7595 effort which included a 14.02 hurdles.

What is Wind-Aided?

So many marks showed up this weekend with noteworthy wind assistance ---some sprint, long jumps and hurdles marks had wind readings exceeding 8mps (that's 'small craft warnings' in some states)—that it would be useful to post the wind aided rule...IAAF-USATF-NCAA.

For the decathlon: a decathlon score is approved for "record" purposes if one of the following conditions is satisfied:

- wind velocity in each events (100m, long jump, 110mH) does not exceed +4.0 mps.
- The mean (not median!) velocity does not exceed +2.0 mps. *Saying this another way-- the total of wind readings can not exceed +6.0 mps.*

a provisional score of 7227 in his initial collegiate ten-eventer. The Sea Ray meet was not kind to all Volunteers, past and present. 2006 NCAA runner-up Chris Helwick looked like a sure winner before breaking down in the pole vault, a 'nh.'

Michigan's Frank Shotwell also posted an NCAA provisional with a 7077 4th place finish.

LSU's former Olympian Claston Bernard won in Baton Rouge with a wind aided and rain delayed 7886 score. Matt Chisam was runner-up at 7522/

The LSU meet provided a pair of attention grabbing efforts. Jon Fagan, 23, Milford, MA and the '06 Southland Conference champion while at McNeese State, was a solid 3rd scoring a near PR 7115. Fagan won a pair of national JUCO titles while at SUNY Delhi.

Meanwhile Troy State sophomore Leander McKenzie, 21, Huntsville, AL, posted a 6387 effort in his first career decathlon. He used a short approach in all field events and won a pair of events (including a 14.11 hurdle clocking!). Troy State competes in the Sun Belt Conference.



Upper left: ex NCAA champ Claston Bernard won at LSU with 7886w. **Upper right:** Michael Ayers. A Tennessee frosh, posted 7227 score at Sea Ray, **Lower left:** Georgia assistant coach Shawn Wilbourn. **Lower right:** Georgia's Tommy Barrineau posted an NCAA provisional at Bulldog.

In the weekends other ten eventers, Washington State's Kyle Schauble won the smallish Rafer Johnson/JJK meet at UCLA with a 6745 score. Georgia soph

Tommy Barrineau, son of 1976 Olympic high jumper James Barrineau, was the winner at the Bulldog decathlon in Athens, GA with a PR 7053 effort.

Georgia assistant coach Shawn Wilbourn commented "He is right on pace where we want him to be, improving a couple 100 points with each decathlon. He's building towards a strong Southeastern Conference meet."



L-R: Jon Fagan returned with 7115 in Baton Rouge where Leander McKenzie/Troy St showed promise. Moravian's Ozzie Brown posted notable Div III score at Bucknell..

At the Div II level, Central Missouri's AJ Roth, won at Emporia State with 6617 and Angelo State's Chase Moore captured the Angelo State (David Nobles) title with 6487. Perhaps the most encouraging score came from Bucknell's Bison Open where Ozzie Brown of Moravian College (Bethlehem, PA) won easily with a 6669. Brown, 6-2, 175 senior from Plymouth Whitmarsh, PA (10.62 100m PR) had won the same meet a year ago (6797) but an injury stopped him at the Div III nationals.

Hypo Bank director Konrad Lerch notes that no Americans will compete in Götzis this June. Paul Terek is injured and Tom Pappas, Bryan Clay and Trey Hardee are being cautious with the Olympic Trials 3½ weeks later. American decathletes have been 1st, 2nd or 3rd at Götzis, the world's premier invitational, in 5 of the past 6 years.

Coming Up:

	April
Team Nodak Fargo	13-14
Cowley County CC, Arkansas City	14-15
Mt Sac Relays and Cal Invt, Azusa	16-17
Kansas Relays, Lawrence	16-17
WVIAC, Wheeling	17-18
Big South, Rock Hill	17-18
ACC, Atlanta	17-18
Idaho Springfest, Pocatello	17-18
SWAC, Houston	17-18
Crusader, Holy Cross	17-18
All Ohio, Cincy	18-19
America Mideast, Canton	18-19
Ohio Northern, Ada	18-19
Colonial AA, Williamsburg	18-19
NY Mets, TBA	18-19
Travis McKinley, Alamosa	18-19
Augustana M/C, Rock Island	18-19
.....and more	

