

# THE DECATHLON ASSOCIATION

## DECA Newsletter

Volume XXXIII

Number 13

March (7), 2008

### CHILEAN STORMS ARKANSAS Barroilhet Leads 1<sup>st</sup> day at NCAAs



**Hello Again...**the three overwhelming favorites at the 5<sup>th</sup> NCAA Heptathlon champs in Fayetteville, Arkansas Watched as Florida State freshman Gonzalo Barroilhet steal their thunder.

Seasonal leader Raven Cepeda/Northern Iowa (5906), Oregon soph Ashton Eaton (5859) and Tennessee senior Jangy Addy (5836) came to the NCAAs as prohibitive favorites, yet all, inexplicably, came up with sub-par performances and took a back seat to Barroilhet (pronounced Bar-o-ee-ley), the '07 South American champion who registered a trio of PRs (60m, long jump, high jump) and missed a 4<sup>th</sup> by a cm. The day's defining moment came in round #3 of the long jump after Barroilhet, with a pair of fouls, went for broke, hit the toe-board with nothing to spare and landed a huge PR 7.42/24-4½ away. A 27cm/10¾ inch lifetime best! Whew!

At the break he holds a 42 point lead over Addy. Here's the story:

**5<sup>th</sup> NCAA Heptahlon  
Randall Tyson Track Center  
University of Arkansas  
Fayetteville, AK  
March 14-15, 2008**

**60 Meters:** [11:02- 11:07 am]

There were 79 friends, coaches and family members in attendance for the initial event at a meet dominated by Donovan Kilmartin/Texas who won 3 of



Missouri's Nick Adcock shares the win in the heptathlon high jump in Fayetteville at 2.08m/6-9¾

the first four NCAA affairs. Kilmartin, who was 5<sup>th</sup> at the IAAF worlds last week, has but outdoor eligibility.

The athletes were seeded into two sections and the best sprinters ran in section #1. Addy and Eaton broke first and both dipped under 7 seconds with Addy's 6.84 a new meet record. Cepeda, in 6<sup>th</sup>, PR'd at 7.09 seconds.

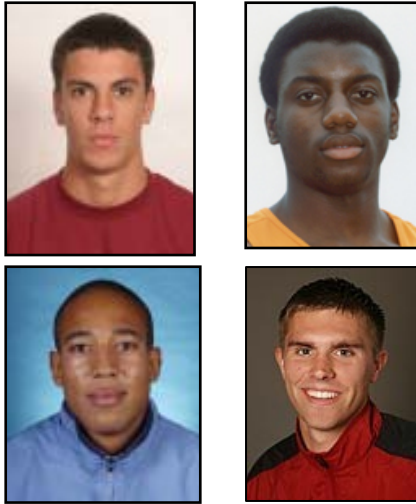
In section #2 5 PR'd (!) with Florida sophomore Mike Morrison, running in lane one, prevailed with a 7.13 PR. Justin Johnson/Cal St-Northridge, Moritz Cleve/Kansas St, Barroilhet and Matreo Sossah/North Carolina are recorded lifetime bests. At this point the meet augured as a high scoring affair for everyone.

*After One: Addy 940, Eato 907, Slup 865, Derz 861.*

**Long Jump:** [10:22-11:10 am]

Athletes found the runway bouncy and many could not handle the change in step differentials. A dozen fouls and

another ten jumps w/o the use of the toe-board resulted and the complexion of the



Top left: Gonzalo Barroilhet/Florida State had 3 PRs and left day one with the overall lead. Top right: Jangy Addy/Tennessee won a pair of events and stands in 2<sup>nd</sup>. Bottom left: Mateo Sossah/North Carolina shared the high jump win with a PR, Bottom right: Josh Hustedt/Stanford captured the

heptathlon was turned upside down.

Stanford senior Josh Hustedt led round #1 with a rather cautious 7.49m/24-7 leap, then recorded a pair of fouls. His mark turned out to be the event winner and he moved to 3<sup>rd</sup> overall. Barroilhet fouled as did Addy.

In round # 2 Morrison PR'd at 7.31m/23-11<sup>3</sup>/<sub>4</sub> as did Northern Iowa's Mat Clark with a 7.21m/23-8 effort. Addy had step problems and managed just 6.87m/22-6<sup>1</sup>/<sub>2</sub> and Barroilhet fouled again at the toe-board.

In round #3 all eyes were on the Florida State freshman who asked for the crowd to help with rhythmic clapping. He never wavered and ran off the board perfectly covering 7.42m/24-4<sup>1</sup>/<sub>2</sub> of Fayetteville real estate and immediately became the meet favorite, both numerically and with the spectators. Eaton, who managed 7.28m/23-10 <sup>3</sup>/<sub>4</sub> in

the initial round, moved to the overall lead.

*After Two: Eato 1788, Derz 1742, Hust 1738, Barr 1731.*

**Shot Put:** [11:48 am-12:21 pm]

The crowd had grown to just over 200 as everyone gathered in the Northeast corner. Addy, trying to get back on track, retook the lead and won the event in round #1 with a 15.80m/51-10 toss. The 6-4, 200 pound Barroilhet missed a PR by a single cm (13.74m/45-1).

Mostly unnoticed was unheralded Kansas State frosh Rok Derzanic (pronounced quickly as "rook-dher-zan-ich) and Clark who were quietly putting together consistent scores. Both PR'd here with 12.17m/39-11 <sup>1</sup>/<sub>4</sub> and 12.97m/ 42-6<sup>1</sup>/<sub>2</sub> respectively. Cepeda pumped a fine 14.91m/48-11 in the second round.

*After Three: Addy 2562, Barr 2443, Clar 2362, Derz 2359.*

**High Jump:** [12:57 – 2:15 pm]

The event was notable for the efficient traffic copping to keep two pits running simultaneously. In 78 minutes officials ushered 158 jumps (a jump every 29 seconds) and 70 clearances.

In the West pit, seeded for lower jumpers, Barroilhet kept the pressure up first getting a PR 1.99m/6-6<sup>1</sup>/<sub>4</sub> on a first effort and another at 2.02m/6-7<sup>1</sup>/<sub>2</sub> on a third. He moved to the overall lead. Krsysztof Slupkowski equaled a PR here at 1.96m/6-5.

On the seeded East jumping pit Northridge senior Justin Johnson impressed with a 2.05m/6-8<sup>3</sup>/<sub>4</sub> clearance but could go no higher. But two others did. Both Sossah and Nick Adcock, the '07 national junior champ from Missouri, managed 2.08m/6-9<sup>3</sup>/<sub>4</sub>, tying Kilmartin's meet on 3<sup>rd</sup> efforts. For the soph from Mons en Baroeul, France the mark was a lifetime best and moved him from 12<sup>th</sup> in

9<sup>th</sup>. More significantly, the soph from Kansas City advanced to 3<sup>rd</sup> overall.

*After Four: Barr 3265, Addy 3223, Adco 3195, John 3157.*

Several hours later Addy qualified for the 60m hurdle finals with a 4<sup>th</sup> place in heat #1, 7.73 seconds, a time which, if duplicated tomorrow, would get him back into the hept hunt.



### ***1<sup>st</sup> Day Results:***

3265	Barroilhet, Gonzalo/Florida St 7.19 742 1374 202
3223	Addy, Jangy/Tennessee 6.84 687 1580 184
3195	Adcock, Nick/Missouri 7.14 680 1382 <u>208</u>
3157	Johnson, Justin/CS-Northridge 7.16 721 1217 205
3126	Derzanic, Rok/Kansas St 7.06 728 1217 196
3125	Hustedt, Josh/Stanford 7.22 749 1132 202
3124	Morrison, Mike/Florida 7.13 731 1210 199
3102	Clark, Mat/Northern Iowa 7.14 721 1297 193
3083	Sossah, Mateo/North Carolina 7.48 689 1350 208
3035	Cepeda, Raven/Northern Iowa 7.09 657 1491 187
2989	Cleve, Moritz/Kansas St 7.19 675 1318 193
2987	Eaton, Ashton/Oregon 6.93 728 1087 184
2973	Hynes, Duane/Princeton 7.34 691 1233 199
2965	Slupkowski, Krsysztof/Wichita St 7.05 627 1342 196
2892	Dickman, Chris/Wichita St 7.07 685 1088 190
2781	Shotwell, Frank/Michigan 7.24 668 1159 184