

# 58<sup>th</sup> Annual National HEPTATHLON Championships



**Friday-Saturday  
June 22-23, 2007  
IUPUI  
Indianapolis, IN**



**Frank Zarnowski  
Deca, The Decathlon Association  
[www.decathlonusa.org](http://www.decathlonusa.org)**

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# Heptathlon Schedule

**Friday, June 22, 2007**

**10:00 am**      **100 m Hurdles**  
**11:45**          **High Jump**  
**1:00 pm**        **Shot Put**  
**2:50**            **200 meters**



**Saturday, June 23, 2007**

**12:30**          **Long Jump**  
**1:45**            **Javelin**  
**3:45**            **800 meters**

**Qualifying Standards:**            5500 pts    automatic  
    5400 pts    provisional  
**Qualifying window:**                January 7, 2006- June 17, 2007

## Qualifiers :

6205	Pickler, Diana	Washington State	Texas Relays	2007
6183	Johnson, Gigi	unat	USATF	2006
6148	Fountain, Hyleas	Nike	USATF	2006
6030	Asigbee, Fiona	unat	USATF	2006
5984	Johnson, Jacquelyn	Arizona State	NCAA	2007
5831	Pickler, Julie	Washington State	NCAA	2007
5818	Dupree, Ryanne	Texas-San Antonio	Texas Relays	2007
5804	Poulson, Jackie	Pocatello TC	Pocatello	2006
5760	Nelson, Lela	Nike		
57	Selig, Ashley	Nebraska	NCAA	2007
5724	Wade, Bette	Michigan	NCAA	2007
5711	Hunter, Gayle	Penn State	NCAA	2007
5673	McNaney, Danielle	unat	USATF	2006
5657	Quinley, Shevell	Arizona	LSU	2007
5644	Bamigboye, Buky	Georgetown	Big East	2007
5600	Sterlin-Biglow, Heather	unat		
5592	Wilhelm, Ashley	Cincinnati	NCAA	2007
5587	Chaplin, Etienne	Arkansas	NCAA	2007
5580	Wallin, Reidun	ASC-Elite	Mt SAC R	2006
5512	Collins, Lauren	UC-Irvine	Big West	2007

[20]

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 Provisional

5457	Meekins, Bonnie	William & Mary	ECAC	2007
5421	Ingram, Bridgette	LeMans TC		

## US National Winners:

### WOMEN'S COMBINED EVENTS

#### (AAU)

##### (Pentathlon)

1950	1929	Stella Walsh	Pol. Falcons
1951	1932	Stella Walsh	Pol. Falcons
1952	2183	Stella Walsh	Dreyer AC
1953	1944	Stella Walsh	Unat
1954	1738	Stella Walsh	KnickerbockPC

##### (1954 Tables)

1955	3559	Barbara Mueller	Chi.Comets
1956	4154	Barbara Mueller	Unat
1957	3803	Ann Roniger	Cosmo Club
1958	3672	Ann Roniger	Cosmo Club
1959	4075	Ann Roniger	Cosmo Club
1960	4249	JoAnn Terry	Tenn. State
1961	4243	Pat Daniels	San Mateo AA
1962	3941	Pat Daniels	San Mateo AA
1963	4261	Pat Daniels	San Mateo AA
1964	4644	Pat Daniels	San Mateo AA
1965	4399	Pat Daniels	San Mateo AA
1966	4496	Pat Daniels	San Mateo AA
1967	4824	Pat Daniels	Millbrae Lions
1968	4823	Chi Cheng	CCTC/TPE
1969	4544	Jan Glotzer	Phoenix TC
1970	4735	Pat Daniels	LATC
1971	4731	Marilyn King	MillbraeLions
1972	4169	Jane Frederick	Unat
1973	4281	Jane Frederick	UCTC
1974	4051	Mitzi McMillan	Gazelles
1975	4676	Jane Frederick	LATC
1976	4677	Jane Frederick	LATC
1977	3919	Linda Cornelius	Texas A&M
1978	4379	Modupe Oshikoya	Unat/NGR
1979	4506	Jane Frederick	Pac Coast

#### (TAC)

1980	4299	Themis Zambrzycki	BYU/BRA
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##### (Heptathlon)

1981	6011w	Jane Frederick	Ath West
1982	6041	Jackie Joyner	UCLA
1983	6493	Jane Frederick	Ath West
1984	6154	Cindy Greiner	Ath West

##### (1985 Scoring Tables)

1985	6587	Jane Frederick	Ath West
1986	6230	Jane Frederick	Ath West
1987	6979	Jackie Joyner-Kersee	WCAC
1988	5881	Sheila Tarr	Track West
1989	6006w	Jolanda Jones	Houston TC
1990	6292w	Cindy Greiner	Nike Coast
1991	6878w	Jackie Joyner-Kersee	McDonalds
1992	6695	Jackie Joyner-Kersee	McDonalds
<b>(USATF)</b>			
1993	6770	Jackie Joyner-Kersee	Unat-CA
1994	6371	Kym Carter	Club West
1995	6375	Jackie Joyner-Kersee	Honda
1996	6406	Kelly Blair	Nike
1997	6465	Kelly Blair	Nike
1998	6402	Kelly Blair-LaBounty	Reebok
1999	6101	Shelia Burrell	Unat-CA
2000	6343	Dedee Nathan	Ind. Invaders
2001	6174w	Dedee Nathan	Ind. Invaders
2002	6299	Shelia Burrell	Nike
2003	6159	Sheila Burrell	Nike
2004	6194	Sheila Burrell	Nike
2005	6208	Hyleas Fountain	Nike
2006	6183	Gigi Johnson	unat

### Multiple Winners:

9 wins:	Jane Frederick	1972	1973	1975	1976	1979	1981	1983	1985	1986
8 wins:	Pat Winslow		1961	1962	1963	1964	1965	1966	1967	1970
6 wins:	Jackie Joyner Kersee				1982	1987	1991	1992	1993	1995
5 wins:	Stella Walsh					1950	1951	1952	1953	1954
4 wins:	Sheila Burrell						1999	2002	2003	2004
3 wins:	Ann Raniger							1957	1958	1959
	Kelly Blair							1996	1997	1998

### Most Consecutive Wins:

7 in a row:	Pat Winslow	1961-1967
5 in a row:	Stella Walsh	1950-1954
3 in a row:	Ann Raniger	1957-1959
	Jackie Joyner-Kersee	1991-1993
	Kelly Blair	1996-1998

## Heptathlon Individual Event Records

### World Records

100H	12.62	Eunice Barber/FRA (+2.9)	Arles	6889	2005
HJ	1.97/6-5½	Tia Hellebut/BEL	Gotzis	6201	2006
SP	20.79m/68-2½	Eva Wilms/GER			
	16.98/55-7¾	Svetlana Ovchinnikova/RUS	Leningrad	pent hept	6125 1985
200m	22.30	J. Joyner-Kersey/USA	Indy	7215	1988
LJ	7.27m/23-10¼	J. Joyner-Kersey/USA	Seoul	7291	1988
Jav	64.64m/212-1	Tessa Sanderson/GBR	Brussels	6125	1981
800m	2:01.84	Nadine DeBois/FRA	Talence	6227	1987
1 <sup>st</sup> day	4367	J Joyner-Kersey/USA	Indy	7215	1988
2 <sup>nd</sup> day	3027	J Joyner-Kersey/USA	Seoul	7291	1988
Score	7291	J Joyner-Kersey/USA	Seoul		1988

### American Records

100H	12.69	J Joyner-Kersey/WCAC (+0.5)	Seoul	7291	1988
HJ	1.93/6-4	J Joyner-Kersey/WCAC	Indy	7215	1988
SP	16.30m/53-5¾	Jane Frederick/Naturite	Rome	6502	1987
200m	22.30	J Joyner-Kersey/WCAC	Indy	7215	1988
LJ	7.27/23-10¼	J Joyner-Kersey/WCAC	Seoul	7291	1988
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:04.70	Marla Runyan/	Atlanta-OT	5708	1996
1 <sup>st</sup> day	4367	J Joyner-Kersey/WCAC	Indy	7215	1988
2 <sup>nd</sup> day	3027	J Joyner-Kersey/WCAC	Seoul	7291	1988
Score	7291	J Joyner-Kersey/WCAC	Seoul		1988

### Collegiate Records

100H	13.02	Tiffany Lott/BYU	Austin	6042	1997
HJ	1.93/6-4	Ewanjee Marysee Epee/ARZ-FRA	Athis-Mons	5867	1985
SP	16.72m/54-10½	Austra Skujyte/Kan St-LIT	Munich		2002
200m	23.13	Ali McKnight/Nev-Reno	Sacramento		1995
LJ	6.92m/22-8½	Diane Guthrie/GMU	Knoxville	6527	1995
Jav	54.76m/179-8	Suzie Ray/UCLA	Houston	5599	1983
800m	2:08.4	Lana Zimmerman/LSU	Houston		1983
1 <sup>st</sup> day	3942	Jackie Joyner/UCLA	Baton Rouge	6718	1985
2 <sup>nd</sup> day	2799	Diane Guthrie/GMU-JAM	Knoxville	6527	1995
Score	6718	Jackie Joyner/UCLA	Baton Rouge/OF		1985

### USATF Meet Records

100H	12.77	Jackie Joyner-Kersey/	NYC	6878	1991
HJ	1.89m/6-2¼	Jackie Joyner-Kersey	NYC	6878	1991
SP	16.07m/52-8¾	Kym Carter/	Knoxville	6371	1994
200m	23.02 (+0.4)	Jackie Joyner-Kersey	San Jose	6979	1987
LJ	7.25m/23-9½	Jackie Joyner-Kersey	San Jose	6979	1987
Jav	51.60m/169-3	Kelly Blair	Indianapolis	6465	1997
800m	2:04.70	Marla Runyan/	Atlanta-OT	5708	1996
1 <sup>st</sup> day	4191	Jackie Joyner-Kersey	NYC	6878	1991
2 <sup>nd</sup> day	2793	Kelly Blair	Indianapolis	6465	1997
Score	6979	Jackie Joyner-Kersey	San Jose		1987

[12.90 185 15.17 23.02 725 4024 2:13.07]

# The PR Page



## LIFETIME BESTS 2007 USATF Heptathlon Field

Updated: 6/15/07

<i>Name</i>	<i>Qualifying scor-PR</i>	<i>100H w</i>	<i>hj</i>	<i>sp</i>	<i>200m w</i>	<i>lj</i>	<i>jav</i>	<i>800m</i>
Diana Pickler	6205	13.28+1.5	184	1180	23.69+2.3	620+2.0	4403	2:19.08
Gigi Johnson	6183-6192	13.00	176	1396	23.56	649	4304	2:13.98
Hyleas Fountain	6148-6502	13.09+1.1	188	1276	23.53 0.0	667-0.9	4690	2:16.79
Jacquelyn Johnson	5984-5987	13.21	183	1267	24.44 0.0	609+1.6	4362	2:13.52
Ryanne Dupree	5818	13.25+2.9	172	1239	24.19+3.9	612+1.2	3861	2:19.70
Julie Pickler	5831	13.78+1.8	176	1268	24.38-0.2	606+2.1	3982	2:16.05
Poulson, Jackie	5804	13.82	172	1291	24.68	594	4727	2:16.79
Ashley Selig	5794	13.98+1.0	178	1221	24.50+3.9	616	3869	2:11.26
Asigbee, Fiona	5770-6030	13.56+2.3	184	1312	24.46	622	4051	2:16.35
Nelson, Lela	5760-5903	13.34	170	1243	23.78+0.6	661+3.7	3487	2:22.71
Bette Wade	5724	13.88+0.6	181	1325	24.61+1.4	604	3455	2:20.76
Gayle Hunter	5711	13.68+1.8	171	1129	24.00-1.2	630	3605	2:17.20
Danielle McNaney	5673	13.91+2.3	172	1198	25.40+0.5	568	4443	2:15.48
Shevell Quinley	5657	14.52+1.3	163	1180	24.42+3.9	636	4053	2:18.08
Buky Bamigboye	5644	13.94+1.0	168	1134	24.68nwi	600+2.2	3627	2:11.78
Sterlin-Biglow, Heather	5600-5847	13.73	165	1233	24.20	641	3942	2:15.20
Ashley Wilhelm	5592	14.13+2.2	172	1163	25.25+1.1	615+0.4	4083	2:20.55
Ettiene Chaplin	5587	13.78+1.5	163	1258	24.47+1.4	594+3.8	3667	2:21.47
Wallin, Reidun	5580	14.19	171	1219	25.44+2.9	596	4259	2:15.00
Lauren Collins	5512	13.98+3.1	178	1138	24.29+1.4	561nwi	3758	2:17.99
<i>Provisionals:</i>								
Bonnie Meekins	5457	14.72+0.5	175	1128	26.16+1.1	577+1.8	4088	2:18.59
Ingram, Bridgette	5421	13.82	172	1237	25.78+1.5	599	3483	2:20.56

## Athlete Bios:

### FIONA ASIGBEE

DOB: May 18, 1981  
 POB:  
 Hometown:  
 High School:  
 College: Missouri '03



at  
indoor  
before

**2007:** After winning national indoor crown (by a single point), Fiona was runner-up at the NACAC meet in Dominican Republic. **2006:** Place solid 3<sup>rd</sup> USA outdoor nationals with PR 6030 effort. **2005:** was runner-up at USA pentathlon with PR 4347 score. Outdoors won Walton and NACAC meets placing 3<sup>rd</sup> at nationals with 5994 PR. **2004:** Placed 3<sup>rd</sup> at USA indoor pentathlon and 10<sup>th</sup> at U.S. Olympic Trials **2003:** While a senior at Missouri Fiona won the Big 12 indoor pentathlon and outdoor heptathlon crowns, then placed 9<sup>th</sup> at NCAAs. IAAF has listed as British citizen??

#### Indoor

3/01/03	3979	1	Big 12, Lincoln	8.58 177 1188 532 2:26.53
2/06/04	4010	2	Lincoln	8.59 173 1151 551 2:22.47
3/07/04	4041	3	USA, Chapel Hill	8.60 174 1170 559 2:23.42
2/12/05	4168	1	Ames	
3/06/05	4347	2	USATF, Chapel Hill	8.34 181 1278 586 2:22.94
3/05/07	4098	1	USATF, Chapel Hill	8.56 168 1204 603 2:26.21

#### Outdoor

3/27/03	5332	2	Florida R, Gainesville	14.31 176 1169 25.21 530 3393 2:24.30
4/17/03	5151	1	Cal Invt, Azusa	14.23 174 1067 25.43 558 2822 2:28.21
5/18/03	5583	1	Big 12, Austin	13.82 176 1189 24.67 568 3080 2:16.75
6/14/03	5343	9	NCAA I, Sacramento	14.04 168 1148 25.44 555 3352 2:21.15
6/20/03	5413	8	USA, Palo Alto	14.04 175 1164 24.93 550 3126 2:22.18
3/19/04	5538	2	Tex A&M, C Station	14.04 175 1222 24.97 583 3028 2:21.55
4/10/04	5308	1	Botts, Columbia	
5/14/04	5572	2	Walton, Columbia	14.01 170 1170 25.17 582 3634 2:19.07
6/06/04	5669	4	Last Chance, Chula Vista	13.83 171 1215 24.73 588 3275 2:16.35
7/10/04	5675	10	Oly Trials, Sacramento	13.89 184 1147 25.13 579 3165 2:17.59
4/15/05	5773	1	Walton, Columbia	13.91 179 1244 24.49 588 3476 2:20.84
5/29/05	5868	1	NACAC, San Juan	13.63 182 1248 24.72 601 3594 2:22.85
6/26/05	5994	3	USA, Carson	13.56 181 1264 24.68 609 3745 2:18.29
8/28/05	5617	4	Invt, Woerden	14.63 172 1187 24.75 604 3760 2:21.68
4/14/06	5481	2	Walton, Columbia	13.62 169 1197 24.71 569 3472 2:28.54
6/??/06	2757	11	Texas GA, Dallas	dnf 112 1312 24.71-0.1 3f 3409 dnf
6/26/06	6030	3	USA, Indy	13.57 175 1299 24.46 622 4051 2:20.65
4/26/07	-----	dnf	Drake R, Des Moines	13.74+4.1 177 1177 dnf
5/27/07	5770	2	NACAC, Santo Domingo	13.65 1.6 182 1205 25.20-1.1 608 2.3 3533 2:25.23

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**PRs:** 6030 / 4347 13.56+2.3 184 1312 24.46 622 4051 2:16.35



# OLUBUKOLA 'BUKY' BAMIGBOYE

DOB: August 21, 1987  
 POB:  
 Ht: 5-4  
 Hometown: Nashville, TN  
 High School: U. School, Nashville  
 College: Georgetown '09



**2007:** 15<sup>th</sup> at recent NCAA I. Runner-up at Big East hept with PR 5644 score. 2<sup>nd</sup> at Sea Ray Relays with 5338 score. **2006:** 15<sup>th</sup> at NCAAs. 7<sup>th</sup> at Big East indoor pentathlon (3605) and 5<sup>th</sup> at ECAC indoor pentathlon (3613). **High School** – Letter winner in both track & field and soccer at the University School of Nashville. As a senior, won the state championship in 300m hurdles, pentathlon and 4x400m relay. High School: University School, Brentwood. **High School PR's:** 100m Hurdles: 14.49; 300m Hurdles: 44.24; Pentathlon: 3,602 pts.

### Career Record:

#### Indoor:

1/28/06	3586	5	Penn St Open, U Park	8.71	155	947	544	2:16.59	(55mH)
2/18/06	3639	5	Big East, Akron	9.14	158	939	550	2:17.64	
1/26/07	3871	2	Penn St Open, U Park	8.25	161	1074	565	2:19.39	(55mH)
2/17/07	3798	4	Big East, Akron	9.05	165	975	558	2:16.85	
3/03/07	3807	6	ECAC, Boston	no marks available					

#### Outdoor:

4/26/06	5033	1	Penn R, Philadelphia	14.52	161	998	25.06	3051	544	2794	2:17.24	
5/07/06	5410	1	Big East, Storrs	14.33+3.4	168	1053	25.21+1.3	3194	591-0.2	3275	2:16.96	
6/10/06	5245	15	NCAA I, Sacramento	14.60-0.5	163	1068	25.39-0.8	3091	555+2.0	3408	2:15.53	
6/??/06	5362*	3	USA Jr, Indy	14.13+1.9	163	976	25.00+2.0	3132	593+2.6	3314	2:16.90	
4/13/07	5338	2	Sea Ray R, Knoxville	14.50	0.0	162	1029	24.90+1.5	573	0.0	3580	2:16.54
5/06/07	5644	2	Big East, Storrs	14.16+4.0	166	1078	24.68nwi	600+2.2	3627	2:11.78		
6/08/07	5475	15	NCAA I, Sacramento	13.94+1.0	163	1088	25.01+3.9	3231	579+1.0	3402	2:14.13	

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**PRs:** 5644 / 3615 13.94+1.0 168 1134 24.68nwi 600+2.2 3627 2:11.78

\* Junior implements

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# ETIENNE CHAPLIN

DOB: July 28, 1986  
 POB:  
 Ht: 5-10  
 Hometown: Chicago, IL  
 High School: Morgan Park HS, Chicago '04  
 College: Michigan State U  
 U of Arkansas '08



**2007:** 12<sup>th</sup> at recent NCAA I with huge PR 5587 getting 6 lifetime bests. Opened outdoor season with 7<sup>th</sup> place finish at Texas Relays with PR 5329. **2006:** 6<sup>th</sup> at both Big 10 indoor pentathlon and outdoor heptathlon while at Michigan State, **2005:** 10<sup>th</sup> Big Ten indoor pentathlon. **2005:** outdoor Redshirt. **High School:** 2x city champ in both 100m and 300m hurdles. **Personal:** Etienne Danelle Chaplin. Daughter of Stephen and Karla Chaplin

## Career:

### Indoor:

2/25/05	3540	10	Big Ten, Ann Arbor	8.88	154	1069	555	2:33.53
2/25/06	3659	6	Big Ten, Madison	8.85	157	1133	564	2:32.74
1/19/07	3695	2	Razorback, Fayetteville	8.94	159	1072	576	2:29.84

### Outdoor:

5/13/06	4697	6	Big Ten, E Lansing	14.84+0.9	153	1075	25.84nwi	2908	558+1.1	3157	2:41.13
4/05/07	5329	7	Texas R, Austin	13.78+1.5	160	1109	24.79+3.1	3253	576+2.5	3231	2:23.32
5/11/07	4452	8	SEC, Tuscaloosa	dnf	163	1172	24.71+1.7	2328	572+0.2	3523	2:23.03
6/08/07	5587	12	NCAA I, Sacramento	14.27+1.8	163	1258	24.47+1.4	3348	594+3.8	3667	2:21.47

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<b>PRs:</b>	5587 / 3695	13.78+1.5	163	1258	24.47+1.4	594+3.8	3667	2:21.47
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# LAUREN COLLINS

DOB:  
 POB:  
 Ht: 5-8  
 Hometown: Lake Forest, CA  
 High School: Santa Margarita HS, CA  
 College: UC-Irvine '09



**2007:** 14<sup>th</sup> at recent NCAA I meet with near PR 5505 score. Won Mountain West Conference Meet with PR 5512. Third at Mountain pacific indoor pentathlon with 3963. Opened outdoor season with 5446 PR at Mount SAC Relays. **2006:** Fourth at West outdoor heptathlon (PR 4900) and then placed 7<sup>th</sup> at USA Junior champs with 4750.

PR  
Big

## Career:

### Indoor:

2/24/06	3456	15	Mountain Pacific, Seattle	no marks available
1/26/07	3844	2	U Wash, Seattle	9.10 172 1124 528 2:19.64
2/23/07	3963	3	Mountain Pacific, Seattle	8.86 175 1138 534 2:19.23

### Outdoor:

3/24/06	4766	2	Spring Break, Irvine	15.09 0.0 172 1065 27.60+1.8 529	3300 2:33.64
5/07/06	4900	4	Big West, Northridge	14.90+0.5 171 1075 26.72	528+0.4 3295 2:29.95
6/21/06	4750*	7	USA Jr, Indy	14.74 176 1024 27.06	492 3290 2:28.56
4/13/07	5446	3	Mount SAC R, Azusa	14.43+0.7 178 1040 25.66+2.9 561nwi	3758 2:18.89
5/??/07	5512	1	Big West, Northridge	13.98+3.1 178 1036 24.84+3.7 550+0.5 3604	2:19.41
6/08/07	5505	14	NCAA I, Sacramento	14.21+0.9 178 1119 25.29+1.4 552+1.9 3531	2:17.99

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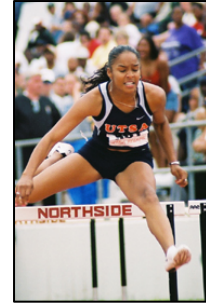
**PRs:** 5512 / 3963 13.98+3.1 178 1138 24.29+1.4 561nwi 3758 2:17.99

\* jr implements

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# RYANNE DUPREE

DOB: March 13, 1984  
 POB:  
 Ht: 5-5  
 Hometown: San Antonio  
 High School: East Central HS, TX  
 College: Texas-San Antonio '07



**2007:** 6<sup>th</sup> at recent NCAA I with 5773 score. Won Texas Relays with PR 5818 score.  
**2004-05:** Captured Southland Conf heptathlon with PR 5465 score just 3weeks after winning Drake Relays crown. . Placed 8<sup>th</sup> at NCAAs with 5575 score. **2003-04:** scored 5316 points for a 7ht at NCAA Outdoor Champs. Won heptathlons at the Texas and Drake Relays. 11<sup>th</sup> at NCAA Indoor Champs (3825) **2002-03 ...**Was SLC Indoor runner-up in the pentathlon with 3435 points. 7<sup>th</sup> at the SLC Outdoor Champs with 4558 points. Scored a season-best 4881 points to finish 6<sup>th</sup> at Texas Relays.  
**Prior to UTSA:** Placed 2nd in the pentathlon at the AAU Junior Olympics. Ran a prep best 13.9 in the 100m hurdles. National Honor Society. **Personal:** daughter of Rosemary and Michael Dupree. Majoring in psychology.

## Career:

### Indoor:

2/??/03	3435	2	Southland					
2/??/04	3800	1	Southland					
3/13/04	3852	7	NCAA I, Fayetteville	8.72	165	981	578	2:24.72
2/17/06	4055	1	Southland, Houston	8.50	170	1217	565	2:24.25

### Outdoor:

4/??/03	4881	6	Texas R, Austin					
5/??/03	4558	7	Southland					
4/01/04	5383	1	Texas R, Austin	14.00-0.8	168	1039	25.00-0.1	587+1.9 3537 2:25.97
4/??/04	5087	1	Drake R, Des Moines					
6/10/04	5316	7	NCAA I, Austin	13.76+2.1	165	1050	25.10+0.5	587+2.8 3274 2:22.12
6/20/04	-----	dnf	USA Jr, Palo Alto	14.48-2.1	152	3f	27.53-3.0	573+2.0 withdrew
4/07/05	5298w	4	Texas Relays, Austin	13.80+1.2	163	1033	24.74+0.2	563+6.2 3400 2:24.21 4/28/05
	5331	1	Drake R, Des Moines	13.76+3.1	163	1082	24.83-1.0	556+0.5 3309 2:21.00
5/15/05	5465	1	Southland, Huntsville	13.86+3.3	169	1059	24.69+1.9	601+3.0 3110 2:22.33
6/09/05	5575	8	NCAA I, Sacramento	13.51+1.0	169	1134	24.48-0.9	587-1.1 3150 2:20.54
4/05/07	5818	2	Texas R, Austin	13.40+1.5	166	1239	24.81+2.3	612+1.2 3861 2:19.70
6/08/07	5773	6	NCAA I, Sacramento	13.25+0.9	169	1175	24.19+3.9	592+0.6 3719 2:21.90

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**PRs:** 5818 / 4055 13.25+2.9 170 1239 24.19+3.9 612+1.2 3861 2:19.70

## HYLEAS FOUNTAIN

DOB: January 14, 1981  
POB: Columbus, OH  
Ht: 1.70m  
Hometown: Harrisburg, PA  
High School: Central Dauphin HS  
College: Barton County CC '02  
Georgia '04



**2007: 2006:** Runner-up at USATF and NACAC. 8<sup>th</sup> at IAAF WC indoors. **2005:** Won USA indoor pentathlon, then PR'd with 3<sup>rd</sup> place at Götzis, 6502. Won USA national outdoor heptathlon and placed 12 at IAAF worlds. **2004:** Won NCAA indoor pentathlon with 4412, and was 2<sup>nd</sup> at NCAA outdoors. Finished 4<sup>th</sup> at US Olympic Trials. Won NCAA indoor and outdoor long jump. **2003:** Was NCAA heptathlon winner, a single digit shy of 6K. **2002:** National Junior College champ.

### Career:

#### Indoor:

2/27/04	4417	1	SEC, Lexington	8.23	181	1171	632	2:24.94
3/13/04	4412	1	NCAA, Fayetteville	8.15	180	1146	645	2:27.61
3/06/05	4417	1	USATF, Chapel Hill	8.23	184	1137	620	2:23.23
3/10/06	4205	8	IAAF WC, Moscow	8.47	172	1276	631	2:33.85

#### Outdoor:

5/17/02	5673	1	NJCAA, Odessa	13.78+2.3	183	1030	23.64+2.1	615+5.2	3390	2:34.74	
6/20/02	5136	9	USATF, Berkeley	13.66	0.0	170	953	25.17-2.3	565nwi	3310	2:37.27
4/10/03	5282	2	Sea Ray R, Knoxville	13.63-0.4	176	1002	24.79+1.0	599+0.9	2825	2:38.03	
5/16/03	5626	1	SEC, Knoxville	13.46-0.8	182	1015	24.30+0.2	606+0.7	3486	2:34.42	
6/14/03	5999	1	NCAA I, Sacramento	13.82+0.2	183	1154	23.53	0.0	616+2.1	4012	2:25.87
4/18/04	6033	1	Invt, Oxford, MS	13.43+2.2	182	1228	23.71-0.5	625+3.6	3483	2:22.80	
6/10/04	5785	2	NCAA I, Austin	13.40+3.0	168	1020	24.41+0.2	634+2.7	3977	2:22.82	
7/10/04	6035	4	USOT-USA, Sacramento	13.47-1.1	181	1163	24.05-0.9	618	0.0	3817	2:18.85
5/29/05	6502	3	Hypo-Bank, Götzis	13.09+1.1	188	1213	23.87+0.7	667-0.9	4690	2:22.81	
6/26/05	6208	1	USATF, Carson	13.28-0.1	181	1122	24.35+2.2	625	0.0	4605	2:16.88
8/07/05	6055	12	IAAF WC, Helsinki	13.60-0.4	179	1195	24.60-2.5	650+1.2	4070	2:22.98	
5/28/06	6019	12	Hypo-Bank, Götzis	13.37-0.1	176	1237	24.27-2.1	634+0.5	3760	2:21.41	
6/24/06	6148	2	USATF, Indianapolis	13.58+1.1	175	1239	23.83-0.9	656+1.5	3723	2:16.79	
8/28/06	5956	2	NACAC, San Juan	13.47+3.4	179	1154	24.37+1.7	643+1.2	3900	2:27.39	
9/17/06	5644	13	DecaStar, Talence	13.54-0.2	172	1092	24.7?+2.5	639-0.7	3685	2:32.67	

PRs: 6502 / 4417

13.09+1.1 188 1276 23.53 0.0 667-0.9 4690 2:16.79

**Summary:** 15 meets, 15 finishes, 5 wins, 2 national titles (1 USATF outdoor, 1 NCAA outdoor, 1 NCAA indoor), PR score: 6502, Top Ten Ave: 6074.0.

# GAYLE HUNTER

DOB: April 8, 1986  
 POB:  
 Ht: 5-6  
 Hometown: Riverside, CA  
 High School: J.W. North HS, CA  
 College: Penn State '08



5559  
 outdoor  
 long

**2007:** 8<sup>th</sup> at recent NCAA I with PR 5711. Was 3<sup>rd</sup> at Big Ten champs with score after Penn Relay victory. Placed 10<sup>th</sup> at NCAAs indoors. Opened season with 5419 PR win at Auburn. **2006: 2005:** 14<sup>th</sup> at NCAA indoor pentathlon and 9<sup>th</sup> at Big Ten indoor pentathlon. 2<sup>nd</sup> at Pan Am Junior Champs jump & 16<sup>th</sup> at NCAA outdoor long jump. Outdoors was 18<sup>th</sup> at NCAA heptathlon.. **High School:** -6<sup>th</sup> in heptathlon at 2004 World Jr Champs. Won the 2004 U.S. Jr Champs heptathlon. Won the 2004 Nike Indoor Champs in long jump

### Career:

#### Indoor:

3/12/05	3889	14	NCAA I, Fayetteville	8.90	161	975	609	2:20.18
2/25/05	3929	4	Big Ten, Champaign	8.71	161	1127	588	2:22.89
2/09/07	4033	1	Penn State Open					
3/10/07	4025	10	NCAA I, Fayetteville	8.60	169	1107	586	2:23.14

#### Outdoor:

6/??/04		1	USA Jr,					
7/17/04	5411	11	IAAF World Jr, Grosseto	13.69+1.7	171	982	24.97-1.4	597 0.0 3381 2:27.57
4/03/05	5206	3	Ole Miss Invt, Oxford					
5/15/05	5272	2	Big Ten, Columbus	14.17+1.7	159	1009	24.72+1.7	587+2.7 3140 2:19.33
6/11/05	5189	18	NCAA I, Sacramento	13.98+1.0	160	972	24.74-1.6	583-1.8 3208 2:26.59
4/07/07	5419	1	Tiger Classic, Auburn	13.94-1.0	162	1067	24.83-1.6	593+3.5 3453 2:21.20
4/25/07	5606	1	Penn R, Philadelphia	14.07+0.5	166	1120	24.41+0.9	602+1.0 3459 2:17.20
5/12/07	5559	3	Big Ten, U Park	13.74-0.1	160	1079	24.00-1.2	595-0.1 3524 2:19.06
6/08/07	5711	8	NCAA I, Sacramento	13.68+1.8	163	1129	24.03+1.3	613-0.2 3605 2:18.68

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**PRs:** 5711 / 4033 13.68+1.8 171 1129 24.00-1.2 630 3605 2:17.20 8.56  
 60mH

# JACQUELYN JOHNSON

DOB: September 8, 1984  
 POB: San Jose, CA  
 Ht: 5-8  
 Hometown: Yuma, AZ  
 High School: Yuma HS, AZ  
 College: Arizona State U '08



season  
Now

**2007:** Won 3<sup>rd</sup> NCAA heptathlon crown in Sacramento missing PR by 3 digits. Won NCAA indoor heptathlon (in final event) and opened outdoor with win at Mount SAC Relays. 3<sup>rd</sup> at PAC-10 hept with 5706 score. **2006:** coached by Dan O'Brien, 1996 Olympic decathlon gold medalist who volunteers at ASU, Johnson won the NCAA indoor pentathlon with a 4387 score and the outdoor NCAA heptathlon with 5939 points. She won a pair of outdoor heptathlons in 2006: the Jim Click affair at Tucson (5797) and the PAC-10 crown in Eugene with an eye-opening 5987. She had NCAA regional qualifying marks in four (!) events: 13.31 hurdles; 1.81m/5-11¼ high jump, 6.02m/19-9 long jump and 43.62m/143-1 javelin.. **2005 Track:** Red-shirted. **2004 Outdoor:** Won NCAA heptathlon (5807) and won the Pac-10 Champs heptathlon one week before winning the conference high jump crown. At 2004 US Olympic Team trials, placed 12th. **2004 Indoor:** Took runner-up honors NCAA pentathlon with 4263 points. **High School:** Winner of 14 state titles in track and field.- won gold four times in the high jump and long jump while winning state titles in the 100m hurdles and triple jump three times.. 3 sport standout, she lettered four times in track and field, basketball and volleyball. **Personal:** Parents are Earl Johnson and Beth Knapp. Full name is Jacquelyn Kate Johnson.

## Career:

### Indoor:

1/14/04	4044	1	Holiday, Boise	no marks available
3/13/04	4263	2	NCAA I, Indoor, Fayetteville	8.53 171 1198 609 2:18.17
3/11/06	4287	1	NCAA I, Indoor, Fayetteville	8.37 176 1181 588 2:17.99
2/23/07	4159	1	Mountain Pacific Conf, Seattle	8.56 169 1218 579 2:17.64
3/10/07	4393	1	NCAA I, Fayetteville	8.30 175 1283 579 2:13.52

### Outdoor

5/08/04	5603	1	PAC-10, Tucson	13.65+1.2 170 1209 25.17+1.7 3421 574+4.0 3642 2:20.88
6/10/04	5807	1	NCAA, Sacramento	13.52+1.3 171 1168 25.08+0.2 3433 596+2.4 4212 2:19.60
7/10/04	5548	12	USOT-USA, Sacramento	13.74-2.0 172 1092 25.06 0.0 3365 578+1.3 3975 2:26.43
-Did not compete 2005 season-				
3/24/06	5797	1	U Arizona, Tucson	13.65 0.0 177 1220 24.66 0.0 3561 579+2.5 4180 2:25.70
5/07/06	5987	1	PAC-10, Eugene	13.49+0.5 178 1240 24.62-1.1 3615 590 0.0 4362 2:20.55
6/08/06	5939	1	NCAA I, Sacramento	13.34-0.1 178 1046 24.44 0.0 3626 609+1.6 4328 2:17.99
3/13/07	5681	1	Mt SAC R, Azusa	13.88+1.9 172 1165 24.82+2.9 3415 585nwi 4094 2:23.48
5/06/07	5706	3	PAC-10, Palo Alto	13.62+0.8 172 1267 24.80+1.8 3523 557+1.9 4277 2:26.18
6/08/07	5984	1	NCAA I, Sacramento	13.35+0.9 178 1109 24.52+1.3 3557 591-0.5 4558 2:19.54

**PRs:** 5987 / 4393 13.21 183 1267 24.44 0.0 3626 609+1.6 4558 2:13.52

# VIRGINIA 'GiGi' (Miller) JOHNSON

DOB: January 12, 1979  
POB: Huntsville, AL  
Ht: 1.65m  
Hometown: Woodbridge, VA  
High School: Gar-field HS, VA, '97  
College: Odessa CC '99  
Arkansas '01  
Club:



## 2007:

**2006:** Won USA nationals in 7<sup>th</sup> try, then won NACAC title in San Juan. **2005:** Second at USA Champs and 16<sup>th</sup> at IAAF Worlds. **2004:** Sixth at US Olympic Trials. **2003:** Placed sixth at USATC champs. **2002:** 4<sup>th</sup> at USATF champs and won Dutch nationals meet. **2001:** Southeastern Conference champ, 3<sup>rs</sup> at USATF champs and 9<sup>th</sup> at World University Games in Beijing. **2000:** Runner-up at NCAA and 8<sup>th</sup> at Olympic Trials. **1999:** 6<sup>th</sup> at Texas R **1998:** National JUCO champ.

## Career:

### Indoor:

1/23/04	4328	1	Fayetteville	8.33	176	1191	612	2:21.52
6/03/05	4262	4	USA, Chapel Hill	8.13	169	1308	587	2:23.48

### Outdoor:

4/08/98	5148	1	ASU R, San Angelo					
5/15/98	5004	1	NJCAA, Edwardsville					
8/02/98	5103	6	NC of Canada, Ottawa	14.18	174	881	24.94	534 2916 2:22.56
4/01/99	5242	6	Texas R, Austin	14.31	174	1064	24.33	535 3112 2:27.18
3/17/00	5504	2	TexA&M, College Station	13.75	170	1010	24.06	569 3770 2:25.67
6/01/00	5777	2	NCAA, Durham	13.58	169	1200	24.15	581 3492 2:13.96
7/14/00	5607	8	USOT, Sacramento	13.48	167	1107	23.78	607 2840 2:20.49
4/05/01	5349	7	Texas R, Austin	14.13	161	1228	24.33	574 3072 2:25.41
5/11/01	5704	1	SEC, Columbia	13.37	165	1167	23.75	591 3130 2:16.38
6/02/01	5437	7	NCAA I, Eugene	13.69	161	1167	24.91	592 3266 2:23.14
6/22/01	5925	3	USATF, Eugene	13.11	174	1249	23.65	598 3055 2:16.24
8/29/01	5565	9	WUG, Beijing	13.61	176	1178	24.02	558 3483 2:30.40
3/15/02	5596	2	TexA&M, College Station	13.66	165	1224	24.09	593 3242 2:22.73
6/20/02	5821	4	USATF, Berkeley	13.56	173	1189	24.14	608 3408 2:18.82
8/10/02	5461	1	San Antonio	13.96	171	1190	24.79	548 3591 2:24.22
8/25/02	5382	1	NDE NC, Bergen op Zoom	14.06	164	1180	24.39	584 2895 2:23.33
5/10/03	5747	2	Athena, Berkeley	13.36	164	1201	23.9h	585 3413 2:14.17
6/12/03	5662	6	USATF, Palo Alto	13.97	166	1178	24.41	605 3557 2:19.06
7/13/03	5715	1	Open, Walnut	13.23	168	11.99	24.05	596 3181 2:20.94
8/24/03	5655	1	vs HOL, Emmeloord	13.38	162	1193	24.05	597 3288 2:19.92
5/09/04	6063	3	MultiStars, DeSanzano	13.14	167	1248	23.89	616 3946 2:14.37
7/10/04	5938	6	USOT-USA, Sacramento	13.30	169	1289	24.30	609 3643 2:16.79
5/08/05	-----	dnf	MultiStars, Salo	13.86	164	1265	25.80	535 3620 dns
6/26/05	6192	2	USATF, Carson	13.03	169	1305	23.68	613 4304 2:16.55
8/07/05	5911	16	IAAF WC, Helsinki	13.45	170	1251	24.19	592 3814 2:15.69
9/18/05	6178	5	DecaStar, Talence	13.12	172	1265	23.75	645 4046 2:20.73
5/28/06	5042	22	Hypo-Bank, Götzis	13.12	170	1396	24.18	567 3528 dnf
6/24/06	6183	1	USA, Indianapolis	13.04	172	1362	23.81	620 4053 2:19.56
8/26/06	5991	1	NACAC, San Juan	13.16	167	1283	23.91	610 3856 2:18.24
9/17/06	5906	8	DecaStar, Talence	13.26	166	1260	23.8?	610 3978 2:22.26

**PRs:** 12.92 176 1396 23.56 649 4304 2:13.98

8.33 60mH

**Summary:** 30 meets, 29 finishes, PR score: 6192, 4x>6000, Top Ten Ave = 6010.8



# DANIELLE McNANEY

DOB: May 1, 1983  
 POB:  
 Ht: 5-5  
 Hometown: Gardner, KS  
 High School:  
 College: Liberty U '05



**2007:** Now training with Cliff Rovelto at Kansas State. Was runner-up at Jim Click Tucson meet. **2006:** Placed 3<sup>rd</sup> at USATF indoors and 6<sup>th</sup> outdoors. Was 2nd vs Germany in Manhattan, now her home. **2005 (Senior):** Won 4 straight. Won Penn Relays title with PR 5504 score in April. Won ECAC heptathlon exactly 100 points less in May. Won Liberty Invitational heptathlon in early April with 5338 effort. Team co-captain, **2003 (So.):** Three ankle sprains hampered her seasons, but she still managed to lead the Lady Flames to their 10th consecutive Big South championship with her 46 points in that meet on the strength of victories in the heptathlon, long jump, and both hurdles ... second in the ECAC pentathlon and fifth in the heptathlon. **2002 (Fr.):** fourth in ECAC indoor pentathlon, second in ECAC outdoor heptathlon ... fourth in junior national championship heptathlon **Prep: 2001** state champion 300m hurdles her senior year. 2000 Missouri Valley Female Athlete of the Year (heptathlon),aledictorian **Personal:** Daughter of Tom and Grace McNaney. Majored in secondary math education.

## Career:

### Indoor:

3/05/06	3886	3	USATF, Chapel Hill	8.87	162	1182	551	2:18.92
??/07	3952							
3//4/07	3821	6	USATF, Chapel Hill	8.76	162	1051	543	2:17.51

### Outdoor:

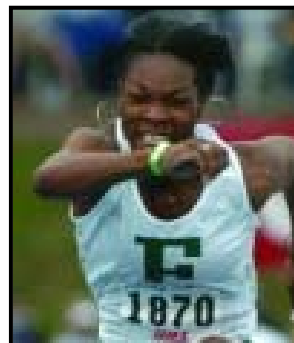
??/02	5274	1						
??/02	5281	1						
6/12/04	5038	20	NCAA I, Austin	14.47+2.7	162	1029	26.28+0.5	504 3946 2:30.37
3/17/05	5095	1	FSU R, Tallahassee	14.66-0.6	161	1033	26.48nwi	556+0.4 4068 2:25.00 4/02/05
5338	1		Liberty, Lynchburg					4/27/05
5504	1		Penn R, Philadelphia	14.20+0.9	170	1152	25.81+0.8	549+1.2 4237 2:17.48
5/14/05	5404	1	ECAC, Princeton	14.37nwi	163	1194	26.01nwi	568+0.5 4887 2:17.74
6/11/05	5419	11	NCAA, Sacramento	14.14+0.1	166	1139	25.89 0.0	539-1.1 4096 2:16.49
6/26/05	5333	11	USATF, Carson	14.48	163	1198	25.91	541 3784 2:15.57
4/??/06	5422	1	Drake R, Des Moines	14.32-1.6	166	1109	25.86	561 3932 2:15.48
6/??/06	5673	6	USATF, Indy	14.39+0.6	172	1166	25.40+0.5	567+1.3 4443 2:15.96
8/06/06	5475	2	vs Germany, Manhattan	14.00+2.4	170	1112	25.47+2.6	541+0.7 4131 2:19.58
3/23/07	5453	2	Click, Tucson	13.91+2.3	164	1128	25.62+0.4	543-1.3 4022 2:15.73

## PRs

:5	5673 / 3952	13.91+2.3	172	1198	25.40+0.5	568	4443	2:15.48
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## LELA V. NELSON

DOB: May 19, 1983  
 POB:  
 Hometown: Detroit, MI  
 High School: Mumford (MI) HS  
 College: Eastern Michigan '05  
 Club: Nike



**2007:** After a 3<sup>rd</sup> place at USA indoor pentathlon, Lela placed 3<sup>rd</sup> at NACAC in Santo Domingo. **2006:** Placed 4<sup>th</sup> at outdoor nationals (5903) after winning USA indoor title (4143). Opened outdoor season with 2<sup>nd</sup> place at Sea Ray Relays. **2005:** Was surprise NCAA victor with significant 5878 PR. Had terrific Drake Relays meet by winning the long jump, then winning the open 100m hurdles, anchoring Eastern Michigan's winning shuttle Hurdle Relay victory, ran 2<sup>nd</sup> leg on 4x200 relay team which placed 2<sup>nd</sup>....Whew!!... anchored 4x400 relay team which was 4<sup>th</sup> overall, AND ran anchor on Eastern's 4x100 relays team which placed 5<sup>th</sup>. Four of the Drake Relays marks were 4 NCAA qualifying marks.

### Career:

6/12/04	5246	12	NCAA I, Austin	13.72+3.5	153	1040	24.76+0.2	523	2905	2:27.20
3/??/05	5360	1	Aggie R, Greensboro							
6/11/05	5878	1	NCAA I, Sacramento	13.49+1.0	166	1215	23.78+0.6	645-1.1	3487	2:22.71
6/26/05	5726	5	USATF, Carson	13.59+2.3	163	1216	24.04+1.7	632+2.1	3445	2:24.83
??/??/05	5339	10	Woreden Invt, NED	13.82	166	1102	24.01	611	2184	2:25.73
4/13/06	5618	2	Sea Ray R, Knoxville	13,63+1.3	157	1135	24.09+2.9	640+3.4	3450	2:24.80
6/??/06	-----	dnf	Texas GA, Dallas	13.60+0.9	169	1169	24.05-0.1	3f	2859	dns
6/ /06	5903	4	USATF, Indy	13.45+1.1	166	1243	23.90-0.9	661+3.7	3398	2:24.49
8/06/06	4796	6	vs Germany, Manhattan	13.58+2.4	173	1174	24.10+2.6	3f	3384	2:29.36
5/27/07	5760	3	NACAC, Santo Domingo	13.81+1.6	182	1105	24.59-1.8	623+0.9	3431	2:25.54

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**PRs:** 5903 / 4123 13.34 170 1243 23.78+0.6 661+3.7 3487 2:22.71

### Indoor:

3/05/06	4123	1	USATF, Chapel Hill	8.47	164	1174	635	2:29.37
3/04/07	3976	3	USATF, Chapel Hill	8.70	165	1115	610	2:27.71

# DIANA PICKLER

DOB: December 9, 1983  
 POB: Shreveport, LA  
 Ht: 5-11  
 Hometown: Sachse, Texas  
 High School: Rowlett HS, TX '02  
 College: Washington State U '07



title.

**Senior (2006-07):** A lane violation in 200m at recent NCAAs may have cost her Runner-up at NCAA indoor heptathlon (PR 4339), then opened outdoors with Olympic A qualifying standard 6205 win at Texas Relays. Followed with PAC-10 title and 6018 score. **Junior (2005-06):**..injured ankle during pentathlon at Cougar Indoor and did not compete rest of season.. Outdoor -5,579 for 3rd at Texas Relays. Re-injured ankle and did not compete in Pac-10 Championships. 3rd in heptathlon at NCAA Champs with PR 5757 points. 5th place finish at the USATF. **Redshirt Sophomore (2004-05):** Indoor-started season with 3928 point score. At the MPSF Championships won the pentathlon with 4086 points. At NCAA Indoor Champ was 10th place (4000). Outdoor - Won the Texas Relays heptathlon with 5492 points. Finished 6<sup>th</sup> at NCAAs with PR 5595. **Sophomore (2003-04):** Indoor - At the MPSF Champ. 2nd in the pentathlon with 3913 points. Sprained her ankle prior to NCAA Indoor Championships and scored 3,786 points in the pentathlon for 12th place. Outdoor -Redshirt after missing most of season due to foot injury. **Freshman (2002-03):** Outdoor - At the Pac-10 Championships reached fourth place in heptathlon with 5254. **High School Career:** 2001 Junior Olympic National Heptathlon Champion with 5365 points. High School Indoor Pentathlon champion. **Personal.** majored in general studies at WSU.

## Indoor

3/??/02		1	National Scholastic		
2/26/04	3913	2	Mountain Pacific, Seattle		no marks available
3/13/04	3786	12	NCAA I, Fayetteville		8.72 165 1099 563 2:30.24
1/28/05	3928	1	Cougar, Pullman		8.60 173 1084 569 2:29.33
2/25/05	4086	1	Mountain Pacific, Seattle		8.41 176 1121 590 2:29.96
3/12/05	4000	10	NCAA I, Fayetteville		8.49 176 1116 566 2:29.41
1/26/07	4260	1	Cougar Invt, Pullman		8.35 178 1157 591 2:21.56
3/10/07	4339	2	NCAA I, Fayetteville		8.35 181 1180 593 2:20.09

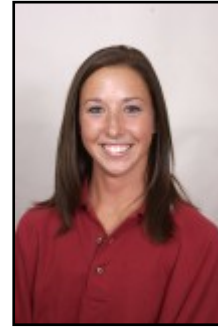
## Outdoor

7/25/01	5365	1	USA Jr, Sacramento	14.23-1.3	170 1102 25.24 0.0	3262 563nwi	3612 2:23.82
6/19/02	5281	2	USA Jr, Berkeley	13.88+1.4	164 1132 25.35+1.2	3249 567nwi	3327 2:26.03
7/20/02	4539	15	IAAF Jr, Kingston	13.97+1.2	165 1142 25.31+0.2	3260 554+0.5	3474 dsq
3/27/03	5120	3	Cal Multis, Davis	14.06-1.7	168 1130 25.15-0.5	3288 563nwi	3707 2:48.14
5/11/03	5254	2	PAC-10, Los Angel	13.98+2.8	168 1073 25.20+0.6	3270 562+0.4	3781 2:35.65
4/07/05	5492	1	Texas R, Austin	13.74+1.2	169 1068 24.61+0.8	577-0/1	3982 2:29.88
5/08/05	5563	2	PAC 10, Westwood	13.79 0.0	175 1041 24.72-1.4	572 0.0	3850 2:24.31
6/11/05	5595	6	NCAA, Sacramento	13.69+0.4	175 1137 24.58 0.0	3485 573-0.8	3874 2:29.53
4/06/06	5579	2	Texas R, Austin	14.16+2.5	169 1134 24.97+3.2	3306 581+3.5	3908 2:19.42
6/08/06	5757	3	NCAA I, Sacramento	14.46-0.1	178 1158 24.31 0.0	3451 588+0.4	4027 2:20.15
6/??/06	5855	5	USATF, Indy	13.64+0.6	175 1124 24.57-0.9	608+1.8	4125 2:21.28
4/05/07	6205	1	Texas R, Austin	13.28+1.5	184 1175 23.69+2.3	3768 615+0.7	4197 2:19.08
5/06/07	6018	1	PAC-10, Palo Alto	13.45-0.7	178 1158 24.41+1.8	3586 620+2.0	4403 2:23.62
6/08/07	4926	24	NCAA I, Sacramento	13.25+0.9	181 1175 dsq(23.78)	596+0.4	3926 2:28.38

**PRs:** 6205 / 4339 13.25+0.9 184 1180 23.69+2.3 3768 620+2.0 4403 2:19.08

# JULIE PICKLER

DOB: December 9, 1983  
 POB: Shreveport, LA  
 Ht: 5-11  
 Hometown: Sachse, TX  
 High School: Rowlett HS, TX '02  
 College: Washington St '07



PAC-10  
opening  
and

**2007** : Placed second at recent NCAA meet with PR 5831 score. Runner-up at to sister Diana with PR 5790 points. 9<sup>th</sup> at NCAA indoors and equaled PR at outdoor meet, 5734 at Texas Relays. **2006** : Was NCAA indoor pentathlon outdoor PAC-10 heptathlon runner-up to Jacqueline Johnson. Won Texas Relays with PR 5734 effort. **2004-05**.at the indoor NCAA Championships, fouled all three attempts at pentathlon long jump. Outdoor - Runner-up to sister Diana in heptathlon at Texas Relays with PR 5414 points. Won the Pac-10 heptathlon title with PR of 5569.. 5th at NCAA Championships with PR 5650 . **2004**: Red-shirt. Indoors. Outdoor - Finished 6th at Pac-10 Champs (4938). Reached 5135 points for 8th at Mt. SAC heptathlon .**2003**..finished 4th at the UC Multi (5024). Plantar fasciitis in right foot stopped competition and forced a red-shirt season. ..**High School Career**. Won the US Junior Championship heptathlon title with a 5338. 2001 Junior Olympic National Heptathlon 3rd place with 5147: **Personal**: Born Julie Ann Pickler. Father Bill, stepmother Jill; mother Chris, stepfather Ron Root. Majored in human development.

## Career

### Indoor:

2/05/05	3759	2	Husker Invt, Lincoln	8.84	169	1061	535	2:25.72
2/25/05	3999	2	Mountain Pacific, Seattle	8.61	173	1046	569	2:21.84
3/12/05	dnf	-	NCAA Champs, Fayetteville	8.66	176	1116	3f	dns
3/11/06	4267	2	NCAA Champs, Fayetteville	8.58	176	1183	594	2:17.48
1/27/07	4003	2	Cougar Invt, Pullman		172			2:21.62
3/10/07	4046	9	NCAA I, Fayetteville	8.72	172	1101	572	2:19.03

### Outdoor:

6/19/02	5338	1	USA Jr, Berkeley	14.18+1.4	167	1123	25.07+2.2	3261	567	nwi	3268	2:21.71
7/20/02	5097	12	IAAF Jr, Kingston	14.11+0.8	162	1107	25.02+0.9	3207	550	0.0	3073	2:29.43
3/27/03	5024	4	UC Multis, Davis	14.48-1.7	168	1082	25.37-0.5	3178	559	nwi	3622	2:44.25
4/15/04	5135	8	Mt SAC R, Azusa									
5/08/04	4938	6	PAC-10, Tucson	14.31+1.2	167	1043	25.05+1.7	3193	545+2.2	3645	2:50.36	
4/07/05	5414	2	Texas R, Austin	14.48-1.1	172	1065	24.98-2.5		569+0.1	3920	2:25.24	
5/08/05	5569	1	Pac-10, Westwood	14.11-0.2	163	1106	24.38-0.2		587+1.9	3933	2:19.73	
6/11/05	5650	5	NCAA, Sacramento	14.07+0.1	172	1195	24.46-0.9	3442	586+0.9	3811	2:23.98	
4/06/06	5734	1	Texas R, Austin	13.92+3.7	169	1167	24.46+3.9	3408	606+2.1	3845	2:20.28	
5/07/06	5560	2	PAC-10, Eugene	13.78+1.8	169	1191	24.77-1.1	3415	574+0.9	3614	2:23.15	
6/08/06	5604	5	NCAA, Sacramento	14.20-0.1	172	1268	24.68 0.0	3451	573+0.6	3745	2:24.23	
4/05/07	5734	3	Texas R, Austin	14.01+2.5	172	1163	24.51+4.7	3425	586+3.6	3772	2:16.05	
5/06/07	5790	2	PAC-10, Palo Alto	14.17-0.3	175	1238	24.67+2.0	3473	590+2.7	3982	2:19.24	
6/08/07	5831	2	NCAA I, Sacramento	13.96+1.8	175	1184	24.70+1.3	3466	595+3.2	3974	2:16.66	

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PRs: 5790 / 4267 13.78+1.8 176 1258 24.38-0.2 606+2.1 3982 2:16.05  
 60m H 8.58

# JACKIE POULSON

DOB: February 21, 1981  
POB:  
Ht: 5-7  
Hometown: American Falls, ID  
High School:  
College: Idaho St '03  
Club: Pocatello TC



**2007:** Was 7<sup>th</sup> at NACAC i8n Santo Domingo. **2006:** 7<sup>th</sup> at USA nationals and ranked 8<sup>th</sup> nationally and recorded lifetime best at Spring meeting in Pocatello.

**2005:** 7<sup>th</sup> at USATF and nationally ranked 7<sup>th</sup>.

**2004:** 18<sup>th</sup> at US Olympic Trials. **2003:** Big Sky Conference champ and 7<sup>th</sup> at NCAA I affair. **2002:** 12<sup>th</sup> at NCAAs, Big Sky champ.

## Career:

### Indoors:

3/??/03	3743	10	USATF, Chapel Hill	9.39 169 1081 555 2:23.74
3/??/04	4026	4	USATF, Chapel Hill	8.75 168 1189 570 2:20.27
3/??/05	4268	3	USATF, Chapel Hill	8.61 175 1227 594 2:18.07
3/??/06	4094	2	USATF, Chapel Hill	8.64 171 1287 562 2:22.90

### Outdoors:

4/26/02	5365	1	Springtime, Pocatello	14.43 168 1054 24.90 537 4286 2:23.94
5/05/03	5538	1	Montana	
4/14/04	5477	4	Mt SAC R, Azusa	14.22 165 1156 24.76 578 3613 2:20.37
5/01/04	5640	1	Springtime, Pocatello	14.47 172 1150 24.68 583 3840 2:16.79
5/09/04	5239	16	MultiStars, Desanzano	14.35 164 1096 25.06 526 3752 2:21.50
6/??/04	5327	18	USOT-USA, Sacramento	14.65 166 1122 25.37 538 4061 2:18.78
3/??/05	5530	1	Northridge	
4/??/05	5580	1	Robison, Provo	13.82 165 1201 24.70 569 3804 2:20.37
5/??/05	5730	7	MultiStars, Salo	14.16 170 1223 25.33 584 4394 2:18.63
4/22/06	5804	1	Spring, Pocatello	13.84 171 1291 25.05 568 4727 2:23.76
5/14/06	5583	8	MultiStars, Desanzano	14.23 164 1248 25.62 565 4406 2:18.74
6/??/06	5524	1	Texas GA, Dallas	14.34 169 1248 25.12 553 4296 2:25.??
6/??/06	5513	7	USA, Indianapolis	14.41 163 1243 25.50 572 4325 2:22.14
5/27/07	5273	7	NACAC, Santo Domingo	14.75 152 1272 26.22 564 4539 2:25.13

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**PRs:** 5804 / 4026 13.82 172 1291 24.68 594 4727 2:16.79

# SHEVEL QUINLEY

DOB: June 26, 1987  
 POB: Stanford, CA  
 Ht: 5-7  
 Hometown: Tracy, CA  
 High School: Merrill F West HS, Stanford, CA  
 College: Arizona '09



**2007:** 10<sup>th</sup> at recent NCAA I meet with near PR 5633. Won LSU Heptathlon opener with PR 5532, then placed 4<sup>th</sup> at PAC-10 with PR 5657. **2006:** Went from "51" (5141 at Uof A Multis) to "52" (5260 at Mt SAC Relays) to "53" (5304 for 4<sup>th</sup> at PAC 10), all in her freshman season. **High School:** Personal best in the long jump is 6.36m (20-10 1/2) and her best score in the heptathlon was 5266. Won the 2005 Junior National Championships in the heptathlon and added a second place finish at 2005 Junior Pan-Am Champs. **Personal:** Shevellyne Quinley..Daughter of Alfred and LaTricia Lynch.

## Career

### Indoor:

2/20/07 3913 4 Mountain Pacific, Seattle 8.72 160 1155 585 2:23.80

### Outdoor:

7/31/05	5266	2	CAC Jr, Winnepeg										
3/24/06	5141	3	U Arizona, Tucson	14.71+2.5	156	1180	25.38	0.0	3069	570+1.5	3503	2:26.21	
4/13/06	5260	7	Mt SAC R, Azusa	15.01	0.0	162	1143	25.04+1.9	3105	588	3696	2:26.85	
5/11/06	5304	4	PAC-10, Eugene	14.52+1.3	163	1166	24.66-1.1		3234	568+1.1	2947	2:18.08	
6/27/06	5426*	2	USA Jr, Indy	14.26+1.4	154	1061	24.85+0.9	3078	613+1.9	4011		2:22.60	
3/30/07	5532	1	LSU, Baton Rouge	14.21+2.5	170	1152	25.02+0.3	3318	622+3.9	3389		2:25.81	
5/06/07	5647	4	PAC-10, Palo Alto	14.35+0.8	169	1141	24.55+2.0	3322	611+0.7	3877		2:21.13	
5/08/07	5633	10	NCAA I, Sacramento	14.00+2.2	166	1150	24.42+3.9	3353	597+0.6	4053		2:24.51	

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**PRs:** 5641 13.82 170 1180 24.42+3.9 636 4053 2:18.08

\*- Junior Implements

# ASHLEY SELIG

DOB: February 23, 1984  
POB:  
Ht: 5-6  
Hometown: Lincoln, NE  
High School: Lincoln Lutheran HS  
College: U. of Nebraska '07



**2007:** 5<sup>th</sup> at recent NCAA I affair with PR 5794. 5<sup>th</sup> Texas Relays (5595), then won Big 12 meet with then PR 5726.  
**2006:** injured-redshirt. **2005:** Won Big 12 and NCAA indoor pentathlon titles. Then won outdoor Big 12 heptathlon;  
**2004:** 3<sup>rd</sup> at NCAA heptathlon with PR 5587 after a 7<sup>th</sup> place at NCAA indoor pentathlon. 14<sup>th</sup> at U.S. Olympic Trials.  
**2003:** Placed 2<sup>nd</sup> at Big 12 indoor and outdoor multis and 17<sup>th</sup> at NCAA I outdoors despite stress fracture in foot. **High School:** 15<sup>th</sup> at World Youth Champs hept. High School: 4674 PR as 15<sup>th</sup> at World Youth Champs in Debrecen, Hungary. 2000 USA Intermediate hept champ (15-16). **Personal:** Parents are Tom and Cindy Selig.

## Career:

### Indoor:

1/17/03	3582	3	KSU Wildcat, Manhattan						
2/28/03	3971	2	Big 12, Lincoln					no other marks	2:11.78
1/16/04	3761	1	UNI Panther, Cedar Falls	9.22	160	1080	568	2:19.87	
2/06/04	3958	1	Husker Invt, Lincoln	8.82	164	1136	551	2:14.16	
2/27/04	4005	2	Big 12, Lincoln	8.86	167	1137	555	2:13.50	
3/13/04	4054	7	NCAA I, Fayetteville	8.72	168	995	593	2:14.39	
2/05/05	4171	1	Husker Invt, Lincoln	8.85	172	1171	586	2:14.35	
2/24/05	4269	1	Big 12, Lincoln	8.67	172	1180	589	2:11.26	
3/11/05	4327	1	NCAA I, Fayetteville	8.72	176	1132	616	2:13.40	
2/24/06	4336	1	Big 12, Lincoln	8.51	178	1121	591	2:11.91	
3/10/06	4147	5	NCAA I, Fayetteville	8.62	170	1115	588	2:15.68	

### Outdoor:

7/??/00	4212	1	USA Inter						
7/??/01	4674	15	W Youth, Debrecen, HUN						
3/24/03	5180	3	Tex A&M, C Station	14.56	--	no other marks available	--	2:13.66	
5/18/03	5549	2	Big 12, Austin	14.68+1.8	173	1152	25.10+2.6	565+1.5	3699 2:13.56
6/??/03	5022	17	NCAA I, Sacramento	14.94-1.3	165	1070	25.94 0.0	518+2.2	3235 2:16.59
4/01/04	5316	2	Texas R, Austin	14.67+1.7171	1001	25.69-0.1	565+6.7	3496	2:14.88
4/30/04	5141	5	Big 12, Norman	14.48	167	1014	26.18	543	3777 2:22.82
6/09/04	5587	3	NCAA, Austin	14.22	171	1078	25.45	596	3869 2:16.82
7/10/04	5400	14	USOT, Sacramento	14.65-1.4	169	975	25.75+0.3	587nwi	3631 2:12.63
3/24/05	5474	1	Cal Multis, Berkeley	14.37+0.2	164	1092	25.32+0.1	604+4.2	3529 2:16.13
4/15/05	5335	4	Walton, Columbia	14.44 0.0	167	1111	25.06 0.0	553+1.1	3289 2:16.14
5/15/05	5587	1	Big 12, Manhattan	14.19+2.0	166	1221	24.98+0.4	587+2.2	3570 2:16.62
4/06/07	5595	5	Texas R, Austin	14.18+1.9	175	1107	24.89+2.3	574+1.3	3315 2:12.94
5/12/07	5726	1	Big 12, Lincoln	14.19-0.3	178	1129	24.70-0.6	589+1.2	3424 2:13.15
6/08/07	5794	5	NCAA I, Sacramento	13.98+1.0	178	1144	24.50+3.9	595+0.1	3558 2:15.48

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**PRs:** 5794 / 4327 13.98+1.0 178 1221 24.50+3.9 616 3869 2:11.26

# HEATHER STERLIN-BIGLOW

DOB: April 12, 1974  
 POB:  
 Ht: 5-5, 118  
 Hometown:  
 High School: Mission Viejo, CA, HS  
 College: Colorado '95



**2007:** **2004:** 9<sup>th</sup> at US Olympic Trials. **2002:** ranked 8<sup>th</sup> nationally, dnf'd USA champs.  
**2001:** 5<sup>th</sup> at USA champs..**1997:** 6<sup>th</sup> at both NCAA and USA meets, 19<sup>th</sup> at World University Games. **1996:** 21<sup>st</sup> at Olympic Trials, 3<sup>rd</sup> at NCAAs, Big 8 champ.**1995:** Big 8 Conference champ.  
**1994:** Big 8 Conference champ.

## Outdoors:

/?/?/92	4784								
5/?/?/94	5047	1	Big 8						
5/?/?/95	5360	1	Big 8						
/?/?/96	5582								
6/12/97	5688	6	USATF, Indianapolis	13.85w	165	1097	24.70	615	3760 2:16.77
No marks in 1998									
3/18/99	5149		U of Arizona, Tucson						
/?/?/00	5128								
6/22/01	5755	5	USA, Eugene	13.73+1.8	162	1158	24.35+2.9	620+4.1	3600 2:14.76
4/19-02	5698	1	Mt SAC R, Azusa	14.00+3.3	161	1202	24.50+3.3	641+1.8	3312 2:17.08
5/17/02	5652	1	Athena, Atlanta	14.17-0.2	160	1111	24.71-1.4	632+ 0.2	3684 2:15.20
/?/?/03	5218								
3/19/04	5593	1	TexA&M, College Station	14.09+4.0	163	1117	24.73+3.1	623+1.8	3942 2:24.66
4/15/04	5656	2	Mt SAC R, Azusa	14.13-0.7	162	1201	24.61+2.1	621+2.1	3644 2:18.97
5/09/04	5672	9	MultiStars, Desanzano	14.12-0.4	161	1167	24.93+0.4	631+ 1.1	3690 2:16.05
6/06/04	5847	2	Arco Qual, Chula Vista	13.90	0.0	165	1233	24.20+3.6	636+2.7 3726 2:19.00
7/10/04	5719	9	USOT-USA, Sacramento	14.11-2.1	163	1184	24.71-1.6	628+0.7	3682 2:15.64
No marks in 2005									
5/?/?/06	5340	2	Texas GA, Dallas	14.47+0.9	157	1193	25.00+1.3	592+1.1	3967 2:29.??
4/12/07	5344	6	Mt SAC R, Azusa	14.47+1.9	157	1144	25.10+2.4	585	3837 2:22.62
5/12/07	5600	10	MultiStars, Desanzano	14.38+0.5	159	1166	25.17+0.6	619+0.6	4006 2:19.79
<b>PRs:</b>	5847			13.73	165	1233	24.20	641	4006 2:15.20



## BETTE WADE

DOB: September 11, 1986  
 POB:  
 Ht: 5-10  
 Hometown:  
 High School: Farmington HS, Northville, MI  
 College: Michigan '09



**2007:** 7<sup>th</sup> at recent NCAA with 2 point PR, 5724. Won Big Ten outdoor title with PR 5722. 2nd at Big Ten indoors with PR 4158. Won Jim Click in Tucson with PR 5500. **2006:** took first place in the heptathlon with a NCAA provisional standard point total of 5,147 at the California Invitational. Claimed fourth place in the heptathlon with a personal-best point total of 5,301, Drake Relays Was second at Big Ten champs with 5354 total.. **Indoor.** Second at Big Ten Pentathlon.. Finished 14th in the pentathlon (3,917) at the NCAA Indoor Championships. Personal: Enrolled at College of Literature, Science and Arts. Twin brother plays football at Hillsdale College.

### Career:

#### Indoor:

1/20/06	4047	1	Simmons, Ann Arbor	8.49	174	1114	603	2:24.06 (55mH)
2/26/06	3977	2	Big 10, Madison	9.10	175	1143	584	2:25.65
3/11/06	3917	14	NCAA Indoor Champs, Fayetteville	8.94	170	1129	582	2:26.96
1/20/07	3911	1	Simmons, Ann Arbor	8.88	168	1325	542	2:27.45
2/25/07	4158	2	Big Ten, Champaign	8.63	170	1214	594	2:20.77
3/10/07	4131	5	NCAA I, Fayetteville	8.56	169	1232	591	2:23.19

#### Outdoor

4/13/06	5147	1	Cal Invt, Azusa	14.38	0.0	168	1097	25.57+0.8	3183	576nwi	2864	2:26.64
4/20/06	5301	4	Drake R, Des Moines	14.04	+0.6	169	1066	25.47nwi	3232	595nwi	2891	2:23.35
5/13/06	5354	2	Big Ten, E Lansing	14.26	nwi	168	1096	25.32nwi	3222	604nwi	3455	2:28.85
6/08/06	5122	20	NCAA I, Sacramento	16.21	-0.7	175	1206	25.42-0.8	3119	573+0.9	3015	2:25.09
3/23/07	5500	1	Click, Tucson	14.07	0.0	173	1268	25.01+0.4	3451	578-1.3	3009	2:22.63
5/12/07	5722	1	Big Ten, U Park	13.88	+0.6	181	1283	25.14-1.7	3576	603-1.0	3363	2:26.19
6/08/-7	5724	7	NCAA I, Sacramento	14.00	+0.9	178	1281	24.62+1.4	3568	598+4.3	3125	2:20.76

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PRs: 5724 / 4158 13.88+0.6 181 1325 24.62+1.4 604 3455 2:20.76

## REIDUN (Daily) WALLIN

DOB: Nov. 20, 1979  
POB: Gunnison, CO  
Hometown: Alamosa, CO  
Ht: 5-7  
High School: Gunnison HS, CO '98  
College: Western State U '03  
Club: ASC-Elite



Dartmouth Relays titles.

**2007:** Won Dartmouth Relays for 3<sup>rd</sup> consecutive time. **2006:** Won Relays indoors and then won Big Green in *Desert* and Mount SAC. Won a decathlon with 6838 in Alamosa. Placed 10<sup>th</sup> at USATF and then 3<sup>rd</sup> at USA vs Germany. **2005:** Won Dartmouth Relays. **2003:** 6<sup>th</sup> at NCAA II. **2001:** 6<sup>th</sup> at NCAA II. 2x Rocky Mountain Conference heptathlon champ. Married Adams State College track coach John Wallin. Home now Alamosa, CO

### Career:

5/25/01	4803	6	NCAA II, Edwardsville	14.90	0.0	163	1062	27.07+1.4	510+3.1	3600	2:27.63	
5/23/03	4932	6	NCAA II, Edwardsville	14.91	+4.1	163	1046	26.60+2.8	531	3575	2:23.93	
4/11/03	5018	-	Div II Challenge, Emporia	15.08	+2.4	162	1115	26.72	0.0	543+2.5	3896	2:24.67
3/23/06	5491	1	Big Green/ <i>Desert</i> , Scottsdale	14.1h	+1.2	167	1206	25.92		562+1.1	3895	2:15.00
4/13/06	5580	1	Mt SAC R, Azusa	14.38	-1.7	168	1211	25.44+2.9	581		3932	2:17.07
4/20/06	6838	1	McKinley Decathlon, Alamosa	11.9h	+2.6	596	+1.6	1196	166	55.6h		
				13.9h	+1.6	2727	nh	4062	5:23.0			
6/26/06	5439	10	USATF, Indy	14.29	+0.6	163	1162	26.13-0.9	573+1.1	3912	2:15.19	
7/??/06	5292	1	vs Germany, Manhattan	14.27	+2.4	161	1133	25.77+2.6	510-1.6	4259	2:16.90	

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**PRs:** 5580 / 4022 14.19 171 1219 25.44+2.9 596 4259 2:15.00

### Indoor:

12/04/04	5031	1	Adams St Hept, Alamosa [60m lj sp hj 60H pv 800]	8.06	559	1160	168	8.91	220	2:26.5h		
1/07/05	3815	1	Dartmouth R, Hanover	8.94	167	1158	525	2:20.69				
1/07/06	4022	1	Dartmouth R, Hanover	8.76	165	1219	561	2:17.32				
1/06/07	3893	1	Dartmouth R, Hanover	8.84	164	1244	567	2:20.53				

# ASHLEY WILHELM

DOB: Feb. 17, 1984  
 POB:  
 Ht: 5-6  
 Hometown: St Leon, IN  
 High School: East Central HS (IN)  
 College: Cincinnati '07



East

**2007:** 11<sup>th</sup> at recent NCAA with PR 5592. Won Alabama R with PR 5515. 4<sup>th</sup> at Big hept with PR 5409. **2005:** Set school records in both the pentathlon and heptathlon...4th in the pentathlon at the Conference USA Indoor Championships, finished second at C-USA Outdoor Champs with a school-record 5223. All-Ohio outdoor heptathlon champion **2004:** Finished fifth in the pentathlon at the C-USA Indoor Championships. 2<sup>nd</sup> in heptathlon at the outdoor championships. **2003:** was All-Ohio Champion 4927. Finished 3rd at C-USA with 4924 points. **Pre Cincy:** placed third in junior nationals in heptathlon while at East Central High School **Personal:** Daughter of Ron and Cheryl Wilhelm. Majored in secondary education.

## Career:

### Indoor:

2/??/04	3434	5	Conf USA, Houston	9.22	159	932	540	2:30.34
2/25/05	3567	4	Conf USA, Houston	9.10	160	1092	538	2:30.48
1/28/06	3733	?	Indiana Open, Bloomington	8.85	168	1037	550	2:28.80
2/18/06	3788	2	Big East, Akron	8.74	163	1051	575	2:28.24
3/06/06	3725	6	USATF, Chapel Hill	8.93	168	1149	563	2:37.22

### Outdoor:

6/??/02		3	USA Jr					
4/??/03	4927	1	All Ohio					
5/??/03	4924	3	Conf USA					
4/01/04	4714	11	Texas R, Austin	14.04	0.0	165	963	25.88-1.5 560+1.8 2985 2:41.74
5/14/04	4982	2	Conf USA, Louisville					
6/20/04	4973	3	USA Jr, Palo Alto	14.77	-2.2	167	1069	26.03-2.9 567+2.6 2964 2:30.02
4/16/05	5137	1	All Ohio, Columbus	14.82	+1.0	162	1100	25.55+0.1 572+0.7 3781 2:35.65
5/13/05	5223	2	Conf USA,	14.60	+2.8	159	1080	25.33+3.9 582nwi 3670 2:24.33
4/13/06	5268	4	Sea Ray R, Knoxville	14.40	+1.3	166	1162	25.77+2.9 578+1.6 3398 2:25.42
5/17/06	5317	1	All-Ohio, Berea	no marks available				
3/23/07	5515	1	Alabama R, Tuscaloosa	14.79	+1.2	167	1163	25.33+2.1 615+0.4 4083 2:25.24
4/21/07	5351	1	All-Ohio, Cincinnati	15.11		160		602 3976
5/06/07	5490	4	Big East, Storrs	14.19	+2.4	163	1094	25.49+1.9 600+0.8 3968 2:26.56.
6/08/07	5592	11	NCAA I, Sacramento	14.13	+2.2	172	1128	25.25+1.1 597+3.1 3761 2 20.55

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**PRs:** 5592 / 3788 14.13+2.2 172 1162 25.25+1.1 615+0.4 4083 2:20.55

**PROVISIONALS:**

**BONNIE MEEKINS**

DOB: May 11, 1984  
POB: Fairfax, VA  
5-7  
Hometown: Herndon, VA  
High School: Oakton HS  
College: William & Mary '07



Ht:

**2007:** Won ECAC title with PR 5457. **2006:** Scored 5110 at ECAC for 3<sup>rd</sup> in heptathlon.. Runner-up at CCAA heptathlon and 2<sup>nd</sup> at Florida State Relays.. **2005:** CCA heptathlon champ (4763). Was 2<sup>nd</sup> at ECAC heptathlon (4876). **2004:** Scored 3486 in pentathlon (VPI) indoors. Red-shirted outdoor season. **2003:** 2<sup>nd</sup> in CAA heptathlon, 9<sup>th</sup> in pentathlon at ECAC indoors. **High School:** Won multiple state championships in high jump and long jump (PRs 5-10, 18-6). **Personal:** daughter of Keith and Mary Meekins. Double major in kinesiology and psychology.

**Career:**

**Indoor:**

3/??/03	9	ECAC	
??/??/04	3412	1	CNU Lidlifter, Newport News
??/??/04	3486	3	VPI, Blacksburg
12/??/05	3590	1	Liberty Kickoff, Lynchburg
3/03/07	3673	7	ECAC, Boston
			no marks available

**Outdoor:**

5/??/03	2	CAA	
6/20/04	4309	10	USA Jr, Palo Alto 16.15-2.2 164 878 28.54-3.0 535+2.4 2736 2:28.88
4/??/05	4763	1	CAA
5/14/05	4876	4	ECAC, Princeton 15.35 172 972 27.49 555 3345 2:??.??
3/23/06	4894	2	Fla St U R, Tallahassee 15.61+0.6 172 1115 27.42-0.3 529-0.1 3688 2:27.66
4/22/06	4752	2	CAA, Richmond
5/13/06	5110	3	ECAC, Princeton 14.80+2.1 172 1068 26.62-1.1 559+0.7 3476 2:25.38
3/23/07	5003	3	Alabama R, Tuscaloosa 15.38-0.8 167 1056 26.75+0.2 544+0.6 3781 2:22.82
4/21/07	5192	1	CAA, Harrisonburg 14.81nwi 175 1085 26.74nwi 557nwi 3746 2:25.45
5/12/07	5457	1	ECAC, Princeton 14.86+1.2 175 1107 26.22+1.8 577+1.8 4088 2:18.86
6/08/07	5444	16	NCAA I, Sacramento 14.72+0.5 172 1128 26.16+1.1 571+2.0 4087 2:18.59

**PRs:** 5457 / 3590 14.72+0.5 175 1128 26.16+1.1 577+1.8 4088 2:18.59

## BRIDGETTE INGRAM

DOB: March 19, 1981  
 POB:  
 Ht: 5-4½  
 Hometown: Maplewood, NJ  
 High School:  
 College: Seton Hall U '03  
 Club: Lemans TC

**2007:** Runner-up at Dartmouth Relays. 5288 score at Sea Ray Relays and runner-up at USA indoor nationals by a single point. **2006:** 13<sup>th</sup> at USATF. **2005:** 12<sup>th</sup> at USATF (5189) and runner-up at Sea Ray R. **2003:** 19<sup>th</sup> at NCAA I(5008), ECAC and Big East champion. **2002:** ECAC and Big East champion

### Career:

#### Indoor:

1/07/06	3750	2	Dartmouth R, Hanover	8.83	168	1168	555	2:36.07
3/05/06	3852	5	USATF, Chapel Hill	8.79	168	1212	568	2:33.84
1/06/07	3791	2	Dartmouth R, Hanover	8.84	167	1147	586	2:38.04
?/??/07	4056	1						
3/??/07	4097	2	USATF, Chapel Hill	8.67	168	1298	594	2:27.08

#### Outdoor:

5/??/02	5231	1	Big East					
5/17/02	5308	1	ECAC					
5/??/03	5124	1	Big East					
5/16/03	5223	1	ECAC, Princeton					
6/14/03	5008	19	NCAA I, Sacramento	15.14-2.2	165	1081	26.51-1.0	575 2936 2:20.56
3/??/05	5158	2	Florida R, Gainesville	14.96	170	1069	26.10	599 3483 2:31.14
4/??/05	5147	2	Sea Ray R, Knoxville	14.40	166	1078	26.40	594 3170 2:26.77
6/??/05	5189	12	USATF, Carson	13.82	172	1211	26.40	582 3054 2:38.23
4/15/06	5203	6	Sea Ray R, Knoxville	14.30+1.3	163	1237	26.88+2.9	588+2.1 3451 2:28.37
6/04/06	5181	3	Texas GA, Dallas	14.42+0.9	166	1192	26.48-0.1	584+0.9 3195 2:27.??
6/??/06	4242	13	USATF, Indy	14.33+0.6	154	1136	dq	563+0.9 3456 2:27.54
4/13/07	5288	4	Sea Ray R, Knoxville	14.16	0.0	168	1149	25.78+1.5 589-0.7 3342 2:29.45
6/03/07	-----	dnf	Texas GA, Dallas	14.21-0.1	148	1193	25.63+1.4	514 0.0 2679 dnr

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**PRs:** 5308 / 4097 13.82 172 1237 25.63+1.4 599 3483 2:20.56

## Recent Results:

### 2006 USATF Heptathlon Championships

#### 6/23-24 Indianapolis, IN

		<u>100H</u>	<u>h</u>	<u>sp</u>	<u>200</u>	<u>lj</u>	<u>jav</u>	<u>800j</u>
6193	Gigi Johnson/unat	13.04	172	1362	23.81	620	4053	2:19.56
6148	Hyleas Fountain/Nike	13.58	175	1239	23.83	656	3723	2:16.79
6030	Fiona Asigbee/unat	13.57	175	1299	24.46	622	4051	2:20.65
5903	Lela Nelson/Nike	13.45	166	1243	23.90	661	3398	2:24.49
5855	Diana Pickler/Wash St	13.64	175	1124	24.57	608	4125	2:21.28
5673	Danielle Mcnaney/unat	14.39	172	1166	25.40	567	4443	2:15.96
5513	Poulson, Jackie/unat	14.41	163	1243	25.50	572	4325	2:22.14
5484	Bass, Tacita/unat	14.30	163	1152	24.24	569	361	2:18.69
5476	Tracy Partain/MissouriSt	13.65	169	1104	24.91	565	3675	2:24.44
5439	Reidun Wallin/ASC-E	14.29	163	1162	26.13	573	3912	2:15.19
5281	Sara-Jane Baker/Nebraska	14.99	169	1123	25.96	535	3843	2:15.09
5195	Danielle Ayers-Stamper	14.49	163	1154	27.28	563	4032	2:22.99
4242	Bridgette Ingram/LeMans	14.33	154	1136	dsq	563	3456	2:27.54
4183	Dupree, Rynane/Tex-SA	13.58	169	1211	24.93	564	3f	dnf

### 2007 USATF Indoor Pentathlon Championships

#### 3/5 UNC, Chapel Hill, NC

		<u>60H</u>	<u>hj</u>	<u>sp</u>	<u>lj</u>	<u>800</u>
4098	Fiona Asigbee/unat	8.56	168	1204	603	2:26.21
4097	Bridgette Ingram/LeMans	8.67	168	1298	594	2:27.08
3976	Lela Nelson/Nike	8.70	165	1115	610	2:27.71
3936	Wilhelm, Ashley/Cincinnati	8.79	165	1173	575	2:24.03
3919	Ashley Huffman/Monmouth	8.58	159	1053	595	2:21.96
3821	Danielle Mcnaney/unat	8.76	162	1051	543	2:17.51
	Sara-Jane Baker/unat	9.01	174	1165	562	dns

### 2007 NCAA Heptathlon Championships

#### 6/7-8 Sacramento, CA

5984	Jacquelyn Johnson/Arizona St	13.35	178	1109	24.52	591	4558	2:19.54
5831	Julie Pickler/Washington St	13.96	175	1184	24.70	595	3974	2:16.66
5822	Jillian Drouin/Syracuse-CAN	14.14	187	1199	25.02	601	3816	2:24.33
5797	Gaëlle Niare/SMU-FRA	14.62	187	1415	24.57	592	3037	2:21.87
5794	Ashley Selig/Nebraska	13.98	178	1144	24.50	595	3558	2:15.48
5773	Rynane Dupree/Texas-San Antonio	13.25	169	1175	24.19	592	3719	2:21.90
5724	Bettie Wade/Michigan	14.00	178	1281	24.62	598	3125	2:20.76
5711	Gayle Hunter/Penn St	13.68	163	1129	24.03	613	3605	2:18.68
5649	Annett Wichmann/Hawaii-GER	14.48	175	1355	26.03	540	4478	2:19.40
5633	Shevell Quinley/Arizona	14.00	166	1150	24.42	597	4053	2:24.51
5592	Ashley Wilhelm/Cincinnati	14.13	172	1128	25.25	597	3761	2:20.75
5587	Ettienne Chaplin/Arkansas	14.27	163	1258	24.47	594	3667	2:21.47
5507	Shana Woods/USC	13.93	166	931	24.12	606	3977	2:27.14
5505	Lauren Collins/UC-Irvine	14.21	178	1119	25.29	552	3531	2:17.99
5475	Buky Bamigboye/Georgetown	13.94	163	1088	25.01	579	3402	2:14.13
5444	Bonnie Meekins/William & Mary	14.72	172	1128	26.16	571	4087	2:18.59
5436	Abbie Stecschulte/W Virginia	13.89	169	1241	25.18	546	3349	2:20.91
5306	Sara Gretzmacher/Georgia	14.47	172	1139	25.78	547	3648	2:22.85
5283	Ashley Reyer/Sn Mississippi	14.71	169	1124	25.84	557	3452	2:17.54

5240	Cassie Witte/Nebraska	14.82	175	1030	26.24	564	4604	2:36.99
5223	Amanda Feight/Utah	14.34	160	1029	25.67	604	3375	2:23.88
5204	Tammilee Kerr/Iowa	14.22	160	1107	25.59	535	4331	2:29.44
4987	Dani Stipe/.N Iowa	15.30	154	910	24.42	565	3364	2:20.48
4926	Diana Pickler/Wash St	13.25	181	1175	dsq	596	3926	2:28.38
Dnf	Liane Weber/Clemson-GER	14.59	160	1125	25.66	497		withdrew
Dnf	Melissa Talbot/Wisconsin	13.77	157	1224				withdrew

## 2007 USA List 6/18/2006

### HEPTATHLON (5200)

6205	1	Diana Pickler	Washington State	4/5	Austin
6018	1	D. Pickler		5/6	Stanford
5984	1	Jacquelyn Johnson	Arizona State	6/8	Sacramento
5831	2	Julie Pickler	Washington State	6/8	Sacramento
5818	2	Ryanne Dupree	Texas-San Antonio	4/5	Austin
5794	5	Ashley Selig	Nebraska	6/8	Sacramento
5770	2	Fiona Asigbee	Unat.	5/27	Santo Domingo
5760	3	Lela Nelson	Nike	5/27	Santo Domingo
5724	7	Bettie Wade	Michigan	6/8	Sacramento
5711	8	Gayle Hunter	Penn State	6/8	Sacramento
5657	4	Shevell Quinley	Arizona	5/6	Stanford
5644	2	Buky Bamigboye	Georgetown	5/5	Storrs
5637	2	Melissa Talbot	Wisconsin	5/12	University Park
5621	1	Liz Roehrig	Minnesota	3/30	Arlington
5609	4	Abbie Stechschulte	West Virginia	4/5	Austin
5600	10	Heather Sterlin-Biglow	Unat.	5/6	Desenzano
5592	11	Ashley Wilhelm	Cincinnati	6/8	Sacramento
5587	12	Etienne Chaplin	Arkansas	6/8	Sacramento
5526	2	Lauryn Jordan	Team XO	4/12	Azusa
5512	1	Lauren Collins	Cal-Irvine	5/5	Northridge
5507	13	Shana Woods	USC	6/8	Sacramento
5490	1	Nia Ali	Tennessee	5/11	Tuscaloosa
5457	1	Bonnie Meekins	William & Mary	5/13	Princeton
5453	2	Danielle McNaney	Unat.	3/23	Tucson
5350	2	Sarah Gretzmacher	Georgia	5/11	Tuscaloosa
5348	1	Amy Seward	Miami	4/20	College Park
5347	2	Casie Witte	Nebraska	5/12	Lincoln
5337	3	Christine Spence	Nike	4/12	Knoxville
5335	6	Funmi Jimoh	Rice	4/5	Austin
5332	4	Tammilee Kerr	Iowa	5/12	University Park
5328	1	Amanda Feigt	Utah	5/10	San Diego
5322	1	Dani Stipe	Northern Iowa	5/11	Des Moines
5309	2	Ashley Reyer	Southern Miss	5/11	Houston
5306	3	Julianne Kennedy	Texas Tech	5/12	Lincoln

5288	4	Bridgette Ingram	LeMans TC	4/12	Knoxville
5273	7	Jackie Poulson	Pocatello TC	5/27	Santo Domingo
5263	2	Erica Moore	Indiana State	5/11	Des Moines
5245	3	Garnetta Holloway	Vanderbilt	5/11	Tuscaloosa
5244	2	Sharon Day	Cal Poly SLO	5/5	Northridge
5242	4	Marrissa Harris	Mississippi State	5/11	Tuscaloosa
5226	9	Ashley Allen	Texas-San Antonio	4/5	Austin
5200	3	Tiana Riel	Boston College	4/20	College Park