

THE DECATHLON ASSOCIATION

DECA Newsletter

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EATON'S 4618 LEADS DAY ONE

Taiwo 5th, ZZ 10th at the Break



Hello Again.... Ashton Eaton finished off the first day of the 24th Olympic decathlon with a terrific 46.07 400 meters to extend his overall lead over German Kai Kazmirek, Canadian Damian Warner and France's Kevin Mayer who posted 5 PR or near PR marks. American Jeremy Taiwo won the high jump during the evening session with a fine 2.19m/7-2¼ and just missed an American record 2.22m/7-3¼. Here's how it went.



**31st Olympic Games
& 24th Olympic Decathlon
Rio de Janeiro, Brazil
August 17-18, 2016**

DAY ONE

High Jump: [5:47 – 7:36 pm]

Freimuth, Will Coertzen/RSA and Leonid Andreev all vacated before the start of the high jump. The event went as expected with Ashton, in Group B (lower jumpers) struggling a bit. He handled 2.01m/6-7 on a 3rd try and was ready to celebrate a clearance at 2.04m/6-8¼ when the bar rolled off. The latter bar was no problem for Warner but he went no higher.

There was some confusion with Kevin Mayer's 2nd try at 2.04m/6-8¼ and apparently, with his shoes off, he was called for a time violation. With heart pumping he then nailed the 3rd attempt and was looking more and more like a medalist.

The group was won by Algerian Larbi Bouraada who equaled a career best at 2.10m/6-10¾. Since he was the last jumper he and



Ashton Eaton's eye-opening 46.07 400 meters solidified his first day lead at the Rio Olympics.

his coach, Ahmed Mahour Bacha received a good deal of TV face time.

In Group A Jeremy Taiwo ruled supreme. His terrific clearance at 2.19m/7-2¼ moved him to 3rd place overall, a single point behind Warner. Ziemek had no trouble thru 2.10m/6-10¾ (=PR) and had an ever so close miss at 2.13m/6-11¾.

The officials moved the event along in spite of some obvious language difficulties and tepid measuring in Group B. The event was scheduled early enough that there was no need to share the track's part of the approach.

246 attempts at 16 different settings and with 122 clearances. All in 109 minutes, or a jump every 28+ seconds. Well done
After Four: Eato 3616, Warn 3548, Taiw 3547, Maye 3539, Kazm 3529.

400 Meters: [9:20 – 9:48 pm]



Jedemy Taiwo had one fine attempt at an American dec HJ record 2.22m/7-3¼. He settled for the win at 2.19m/7-2 1/4 and moved to 3rd overall.

Then stadium was filled at 9:20 pm for the first 400 race. Unfortunately there seemed to be some confusion (same mistake made at the 2013 IAAF WC in Moscow) as to what mark to use in seeding. Officials used seasonal bests instead of marks made during the qualifying period. Since Larbi Bouraada had not contested a decathlon in the current season he had no 400m clocking and was thus relegated to the slowest 400 section in spite of being one of the events premier one lappers (PR 46.99 and 47.60 last year in Beijing). Predictably he ran away from the weakest of 4 races winning by 20 meters! It certainly was not competitive. He did it by himself

9:22 pm

Section 1:

	nation	lane	SB	reaction	time	points
1.. Bouraada	GRN	3	nt	0.153	47.98	910
2.. Helcelet	CZE	8	50.23	0.146	48.51	837
3. Van de Paletsen	BEL	7	50.50	0.164	49.63	832
4. Ushiro	JPN	1	50.36	0.163	50.43	795
5. Tonnesen	ESP	4	50.72	0.146	50.81	778
6. Uibo	EST	2	50.85	0.193	51.08	765

As local favorite Luiz Alberto de Arujo battled with Leonel Suarez/CUB down the hoem straight the packed stadium went into a tizzy. The bulky Brazilian got the nod by 1/100th but both earned the same score. Unwatched but much more important was Kevin Mayer's 3rd place huge PR of 48.28. It would leave him 151 up on PR pace of 8521. He seemed to be overlooked.

9:29 pm

Section 2

	nation	lane	SB	reaction	time	points
1.. DeArujo	BRA	6	49.85	0.156	48.14	902
2.. Suarez	CUB	5	49.72	0.155	48.15	902
3. Mayer	FRA	1	50.07	0.148	48.28	896
4. Felix	GRN	3	49.96	0.172	49.14	855
5. Auziel	FRA	8	49.76	0.180	49.34	845
6. Weisiolek	POL	2	49.78	0.160	50.18	806

ZZ ran strongly in lane 1 for 300 meters coming off the final turn with a slight advantage. Taiwo picked up the pace as ZZ faded. Runnings strongly on the outside was Kasyanov who got the win in 48.56 with Garcia .13 and Taiwo .22 back. Both Jeremy (5th) and Zach (10th) finished with strong first days...but slightly off Trials 5 event scores by 59 and 141 respectively.

8:38 pm

Section 3:

	nation	lane	SB	reaction	time	points
1.. Kasyanov	UKR	8	48.97	0.162	48.56	882
2. Garcia	CUB	2	49.19	0.151	48.69	876
3. Taiwo	USA	4	48.76	0.189	48.78	872
4. Abele	GER	7	49.43	0.127	49.02	860
5. Dudas	SRB	3	48.91	0.144	49.13	855
6.. Ziemek	USA	1	49.04	0.130	49.83	822
7.. Sykora	CZE	6	48.97	0.155	49.88	820



'Double Z' equaled a high jump PR with a 2.10m/6-10 ¾ clearance.

Although his final few steps appeared a bit ragged there was little to criticize in Ashton Eaton's race. Only Bill Toomey's altitude mark (45.68) in 1968 in Mexico City has been faster. Eaton's 46.07 clocking was dominant! He said minutes later that he was "just trying to be strong and smooth." And so he was. He extended his overall lead to 121

over German Kai Kazmirek who ran strongly down the final straight in lane 8 and his nifty 46.75 exactly equaled his PR. Ashton's lead over Warner to 132. The latter faded a bit but still clocked a nifty 47.35.

9:47 pm

Section 4:	nation	lane	SB	reaction	time	points
1.. Eaton	USA	5	45.62	0.162	46.07	1005
2. Kazmirek	GER	8	47.01	0.157	46.75	971
3.. Warner	CAN	2	46.54	0.143	47.35	941
4. Dubler	AUS	7	48.47	0.141	48.18	900
5. Distelberger	AUT	6	48.47	0.148	48.61	880
6. Nakamura	JPN	4	47.80	0.145	48.93	865
7. Victor	GRN	3	48.33	0.148	49.80	824
8. Saluri	EST	1	48.12	0.142	50.32	800

Summary: Eaton was 107 points down on his PR first day, set four years ago in Eugene when he set his first world record, 9039. But it is plus 61 over his '16 Trials pace (8750). Again, a solid, consistent and professional first day. He is in control of this decathlon. Given their histories Warner, Mayer, Kazmirek and Taiwo all have chances for PR scores.



Results: after Day One

8/17-18 24th Olympic Games Decathlon, Rio de Janeiro.

4621	Eaton, Ashton/USA	10.46-0.1	794+1.7	1473	201	46.08
4500	Kazmirek, Kai/GER	10.78-0.1	769-1.0	1420	210	46.75
4489	Warner, Damian/CAN	10.30-0.1	767+0.5	1366	204	47.35
4435	Mayer, Kevin/FRA	10.81-0.4	760+0.1	1576	204	48.28
4419	Taiwo, Jeremy/USA	11.01-0.4	745+0.2	1492	219	48.78
4378	Bouraada, Larbi/ALG	10.75-0.4	752+0.4	1378	210	47.98
4309	Kasyanov, Oleksiy/UKR	10.78-0.8	754-0.1	1450	201	48.56
4290	Felix, Kurt/GRN	10.93+0.5	742-0.6	1477	207	49.14
4281	De Araujo, Alberto/BRA	10.77-0.4	748-0.2	1526	192	48.14
4270	Ziemek, Zach/USA	10.71-0.1	749+0.2	1344	210	49.83
4225	Van de Plaetsen, Tho/BEL	11.23+0.5	766+0.7	1284	216	49.63
4219	Dudas, Mihail/SRB	10.83-0.8	729 0.0	1423	204	49.13
4219	Dubler, Cedric/AUS	10.86-0.8	747 0.0	1149	213	48.18
4218	Helcelet, Adam-S/CZE					

		11.06-0.4	735 0.0	1511	204	48.51
4176	Suarez, Leonel/CUB	11.21+0.5	714+0.1	1427	207	48.15
4134	Abele, Arthur/GER	10.87-0.8	697-0.1	1503	198	49.02
4130	Garcia, Yordani/CUB	10.81-0.1	683-0.2	1458	201	48.69
4125	Victor, Lindon/GRN	10.83-0.1	711 0.0	1480	198	49.80
4098	Auziel, Bastien/FRA	11.17+0.5	707-0.4	1541	198	49.34
4067	Distelberger, Dom/AUT	10.84-0.1	733+0.1	1340	189	48.61
3996	Wiesiolek, Pawel/POL	10.88-0.8	673+0.7	1417	201	50.18
3984	Tonnesen, Pau/ESP	11.32+0.5	733-0.7	1369	201	50.81
3941	Sykora, Jiri/CZE	11.15-0.8	700+0.2	1345	198	49.88
3899	Nakamura, Akihiko/JPN	11.04-0.8	713+0.4	1200	192	48.93
3886	Ushiro, Keisuke/JPN	11.30+0.5	683+0.3	1414	198	50.43
3842	Saluri, Karl-Robt/EST	10.82-0.1	702-0.4	1388	177	50.32
3362	Uibo, Maicel/EST	11.15+0.5	714+0.4	nm	216	51.08
dnf	Braun, Peter/NED	11.03+0.5	755+0.4	1390	195	withdrew
dnf	Coertzen, Willem/RSA	11.12-0.4	698+0.1	1400		withdrew
dns	Freimuth, Rico/GER	10.73-0.8	717 0.0	1327		withdrew
dnf	Andreev, Leonid/UZB	11.29-0.4	660-0.2	1486		withdrew
dnf	Sintincolaas, Eelco/NED	10.87-0.4				withdrew
				32s,27f.		