THE DECATHLON ASSOCIATION
DECA Newsletter

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FILIP in PAN-AM CUP WIN
Zeros Flourish

Hello Again…21 year old Scott Filip who will be a junior at Rice in the fall survived in a 30 man field in Ottawa, Ont to capture the 3rd annual Pan-American Cup. After a notable 4193 1st day, Filip put PRs in the hurdles (15.10) and discus (38.31m/125-8) to pressure leader Rene LePage of Ontario (4393 1st day) and favorite Kurt Felix/Grenada who both promptly no-heighted at the Terry Fox Athletic Facility leaving Filip alone atop the leader board. Solid and consistent marks (4.75m/15-7, 48.95m/160-7 and 4:43.69) in the final three events netted the Bloomingdale, IL native the well deserved victory and a career best 7726 total.

Filip returned to action after missing the entire 2016 season due to Tommy John surgery, conducted the day after the ’15 NCAAs where he placed 8th after a then PR 7647 score.

"It is a great benchmark to work from after a year off from competing," Filip said. "It was an honor to represent Rice and my country on an international level and put up a personal best score."

“The long jump was one of the highlights of my competition here. Ultimately when all the points added up, I had an overall score that was a personal best so I am pretty happy. For my first decathlon in a year after a surgery, it’s a great benchmark to start with. I was trying my best to focus on myself. I just wanted to stay on my own head and focus of doing the best that I could," said Filip, the Conference USA champ in 2015.

21 year old Scott Filip, last year’s Conference USA champ indoors and out, won his first international in Ottawa with a 7726 PR total at the Pan Am Cup during a red-shirt season.

“It was surreal to step on the podium and listen to the national anthem. It was a great feeling, especially for my first international competition.”

The Pan Am Cup is a fixture on the IAAF World Combined Events Challenge and the field, in spite of a Cuban delegation withdrawal in the last week, was quite good.

Another on the way to a big PR score was teammate Tim Ehrhardt (162 points back of Filip at the time) who also vault nh’d ruining any chance of a career best score. He was the field’s best vaulter having a lifetime best of 5.37m/17-7¼. The 21 year old Michigan State junior from Addison, IL, was, after seven events, 79 points up on his own career best mark of 7677. It would have been a heck’uva finish. In fact there were so many zeros on the scoreboard (fully one third –ten of thirty) that the outcome was in doubt until late.

Michigan State junior Tim Ehrhardt suffered a vault 'nh' while in contention and settled for 18th place.

Canada's Rostam Turner was 2nd (he claimed the Canadian title) at 7565 and Mike Morrison/USA third with a 7422 effort.

A quartet of other Americans, had varying finishes. Dartmouth coach Tim Wunderlich's 400m lane violation 'dq' ruined a top five finish here. Fifth was ex Rhode Island star Trent Baltzell with a PR 7227 score. Chase Dalton (ex BYU) was 9th at 7125 and Kennesaw's Bilal Abdullah's 7031 (his 2nd day marks have not caught up with the impressive 1st day scores) was 11th, just 28 points behind the 20 year old Lesage who had the crowd buzzing after a 4393 first day (10.63 7.52 1389 206 47.64, all PRs!!!!). His overall lead was nearly insurmountable until his opening vault attempt at 4.25m/13-11¼.

The USA team captured the Capital Cup, emblematic of scores by both genders as Quintuna Chapman won the women's heptathlon.

6/17-18 Pan American CE Cup, Ottawa, Ont, CAN

7726 Filip, Scott/Rice'18 10.79+0.9
742-0.3 1346 197 48.20 15.10+1.2 3841 475 4895 4:43.69
7565 Turner, Rostam/CAN 11.26-1.2
685+1.9 1340 191 49.26 15.96-0.4 4414 455 5720 4:27.43
7422 Morrison, Mike/TimMackTC 11.31-1.2
689+0.7 1284 194 50.98 15.57-0.4 3998 515 5831 5:01.87
7386 Arbour, Patrick/CAN 11.42+0.9
676-0.2 1446 200 52.88 15.02-0.4 4655 435 5637 4:58.63
7227 Baltzell, Trent/unat 11.64+0.9
636-0.9 1397 209 51.18 16.36-0.4 3848 425 5661 4:27.58
7219 Stewart, Taylor/London-W-CAN 11.07+0.9
702-0.4 1448 191 52.24 15.33+1.2 3695 435 5637 5:01.81
7140 Felix, Kurt/GRN,ex Boise St 11.15+0.9
703+1.8 1446 206 49.96 15.08+1.2 4479 nh 6371 4:42.70
7128 De La Cruz, Juan Carlos/DOM 11.11+0.9
636-0.6 1274 188 50.40 14.63+1.2 3856 455 5129 4:58.16
7125 Dalton, Chase/unat 11.43+0.9
663+1.0 1293 191 51.83 15.72-0.4 4081 455 5756 4:54.61
7059 Lepage, Pierce/CAN 10.63+0.9
752-0.4 1389 206 47.64 14.83+1.2 4151 nh 4858 5:04.62
7031 Abdullah, Bilal/Kennesaw St'16 11.17-1.2
724-0.4 1061 212 50.28 14.49+1.2 3185 455 3737 5:09.52
6884 Louis, Josue/HAI, 6801 Golow, Dylan/St-Laurent, 6578 Wunderlich, Tim/unat[11.54+0.9 682-0.4 1321 194 dsq 15.18+1.2 4351 425 5852 4:51.74], 6485 Johnson, Matthew/Ottawa Lions, 6478 Santillan, Ernesto/Mexico, 6369 Guy, Eric/ Winnipeg Opt, 6133 Elbaz, Jonah/St Laurent, 6060 Ehrhardt, Tim/Michigan St'18[10.89+0.9 709-0.2 1392 197 47.84 15.59-0.4 3603 nh 4804 dnf], 6037 Tavernier, Telvin/OttawaLions, 5992 Beaudoin, Shawn/WindsorLegion, 5683 Butcher, Locky/London Western, 5667 Robertson, Christopher/Athle Sud-est, 5433 Broughman, Derek/OttawaLions, 5085 Linardic, Daniel/unat-Ontario,
dnf: Mulder, Josh/Kennseaw St'17[11.28-1.2 697+0.8 1211 188 dnf], 30s,25f.

The Pan Am Cup in Ottawa had no influence on USOT qualifying as both Filip and Ehrhardt were already on the top 18 list. Morrison's 7422 score did not improve his 23rd position. On final (that I know of) 'Last Chance' qualifier will be conducted this coming weekend by the Santa Barbara TC.

The **SBTC 7-10 Combined Events** on **June 24th & 25th** will be held in Carpinteria, California. **Carpinteria High School** will serve as the venue for the meet. Carpinteria is located approximately 8 miles south of Santa Barbara. **The meet falls within the appropriate window for "Last Chance" opportunities for the US Olympic Trials.**

The competition is open to college, open and High School competitors. Please see the attached flier for more information. If you have any questions, please don't hesitate to contact me. **Please feel free to forward to any interested individuals.**

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