

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## GÖTZIS SECOND DAY

### Warner Repeats, 8591



**Hello Again...**Day two in Voralberg broke warm and sunny. Really warm...air temps at meet time (10:05 am) was 80°. Given first day performances defending champ Damian Warner looked like a lock to repeat. After that the final placing would be anyone's guess. On the minds of many was qualifying (8100 points) for the IAAF World Champs in London later in the summer.

25 returned for day two and lots of speculation surrounded Warner's chances for his own Canadian record (8695). He was terrific in the hurdles (tying his own meet record) and solid in both the discus and vault. He was subpar in the vault and javelin but had plenty in the tank to secure a world leading 8591 score. Here's how Day Two went...

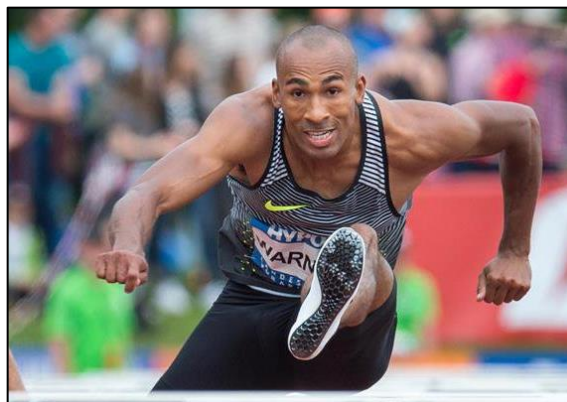
**43rd Hypo-Bank Meeting**  
**Mosle Stadium**  
**Götzis, Austria**  
**May 27-28, 2017**



#### **110m Hurdles:** [10:05 am – 10:29 am]

Breezes were almost non-existent. It was hot! About 2500 were on hand. The first race went to Ashley Bryant/GBR in 14.67, Maicel Uibo/EST was 4th in a blanket finish, 14.80 seconds. Wind: +0.6mps.

The second hurdle race was exciting went to Mattias Brugger/GER as he ran stride for stride with Fredrik Samuelson/SWE and out-leant him, both getting significant PRs, 14.06 to 14.10. Wind +1.4 mps.



**Damian Warner, Canada's CE standard bearer, repeated as Götzis winner with a world leading 8591 points.**

The 3rd race, at least for 9 barriers, was between local favorite Dominik Distelberger/AUT and '08 Olympic medalist Leonel Suarez/CUB. Distelberger won the run-in and Suarez jerked up 2 steps from the finish. Winning time 14.32. No career bests. In race 4 Pau Tonneson was in lane two next to Eelco Sintnicolaas/NED. The vet Dutchman won easily in 14.16 while Tonneson clocked 14.60, 2 tenths off his best. Jiri Sykora/CZE was 2nd in a PR 14.25.

Two years ago Warner had set a meet record. 13.54 but in doing so (in lane 3) smacked the 10th hurdle which flew into lane two drilling Eelco Sintnicolaas/NED who fell, recovered and struggled in 15.89 seconds. After deliberations with the Jury Eelco was allowed to rerun. He had the sympathy of the crowd while running alone

and clocked 14.34. This year they drew different races.

Warner was clear of the field by the 2nd hurdle and ran tall, under control and clocked a meet record equalling 13.54. It was impressive. Tall Rico Freimuth/GER trailed in 13.80 with Oleksiy Kasyanov/UKR 3rd in 14.03. What a start for Day #2! Warner's overall lead grew to 244 points. All set to guns 1 second or faster.

<i>Pl</i>	<i>name</i>	<i>nation</i>	<i>lane</i>	<i>reaction</i>	<i>time</i>	<i>points</i>
1	Warner	CAN	4	0.136	13.54	1035
2	Freimuth	GER	3	0.166	13.80	1000
3.	Kasyanov	UKR	5	0.126	14.03	971
4.	Helecelet	CZE	5	0.119	14.19	950
5.	Nakamura	JPN	2	0.131	14.22	946
6.	Braun	NED	6	0.138	14.40	924

Set to gun = +1.00 seconds.hand timed.

*After Six: Warn 5567, Kasy 5323, Frei 5289,, LePa 5280.....17th Tonn 4966, ....25th Uibo 4352.*

**Discus:** [11:22 am – 12:01 pm]

I wandered behind the west grandstand to watch some of Group B since it contained the Canadian youngster Pierce LePage, all of 6-5 and barely 180 pounds. The competition was particularly keen here and vet Sintincolaas PR'd for the win at 43.53m/142-9. LePage managed a lofty 40.42m/132-7. Of note, a deca career best for Fredrik Samuelsson, 40.03m/131-4.

Group A competed on the stadium infield and many landings appeared measured a bit short. A look at films would verify this. Regardless Rico Freimuth won the events in round two with a 49.45m/162-3. Warner's last toss lost a foot on the marking and was measured at 44.35m/145-6 keeping him in the hunt for a national score record.

Of USA interest, Tonneseon had but one fair toss, 42.97m/140-11. Uibo's 3rd dish landed 2 feet further than the official 47.17m/154-9. I can verify since it landed immediately in front of me down the left sector line and immediately in front of me. The event did not draw as much attention as normal as the heptathlon long jump was conducted concurrently and big scores were in the making.

One protest on a foot fault (Brugger) was denied.

*After Seven: Warn 6320, Frei 6148, Kasy 6090, Brug 6023.....16th &onn 5691, ....25th Uibo 5164..*

**Pole Vault:** [12:55 –3:08 A & 3:16 pm B]



Approximately 4000 spectators were on hand for the vault. The field was so deep that at least one 5.00m/16-4¾ vaulter had to be placed in the lower seeded pit. It was somewhat humbling since Warner was placed in the lower seeded pit.

Group A opened at 4.50m/14-9 and it took Britain's John Lane 3 tries to clear. In Group B the opening bar was 4.10m/13-5¼ Afterwards the bars moved up smartly The first to be eliminated was Leonel Suarez (Group A) at 4.70m/15-5. Warner opened with an easy clearance at 4.50m/14-9. Freimuth was history at 4.90m/16-¾, the 2nd eliminated in A. Tonneseon and Uibo both opened successfully at 4.80m/15-9.

Niels Pittomvils/BEL broke a pole at 5.00m/16-4¾, his opening height and appeared shaken on his retry. Sintincolaas opened here successfully but this bar eliminated 5 including LePage of Canada and



Pittomvils. That left 5 at 5.10m/16-8¾ including Tonneseon and Uibo. Tonneseon and Sintni passed the next

Spain's (really Arizona's) Paul Tonneseon won the vault at 5.40m/17-8½ and scored 8102 points here for 12th.

bar. Uibo was over on his 2nd try and three went to 5.20m/17-¾

Meanwhile, in B Warner struggled at 4.70/15-5 clearing on his 2nd attempt. Samuelsson was the first over at 4.80m/15-9.

Tonneson was the first over 5.20m/17-¾ (and with plenty to spare) and Sintincolaas and Uiibo immediately followed.

Tonneson and Sintincolaas then passed 5.30m/17-4½ leaving Uiibo to vault alone. He bailed on his 1st attempt at a PR and landed very awkwardly on a 2nd necessitating an ambulance call...pretty



Sweden's 22 year old Fredrik Samuelsson PR's at 8172 and won the meet's 'Rookie' award.

scary and but he eschewed the stretcher and was walking around within five minutes. But he was done for the day.

While this was going on Warner missed a 3rd time at 4.80m/15-9 and the national record looked shaky.

Immediately, at 5.40m/17-8½ in Group A Tonneson skied it to the crowd's delight while Sinti missed twice before he too was over. The bar then went to 5.50m/18-½, 5cm below Erki Nool's 2000 meet record. Both missed twice but Pua's 3rd effort was good....good....good... the bar stayed on even while Pau was on his back in the pit watching it bounce....bounce....bounce and ultimately roll off. "Awwwwwww" went 3000 spectators (there were about 1000 at the other end watching a fabulous hept jav).

Eelco missed a 3rd time but the vault was far from over. Yet a few minutes later, in the lower seeded pit, Fredrik Samuelson/SWE managed 5.00m/16-¾ and then went racing into the crowd for high 5's. His shot at a world champs invite (8100) looked very

positive for the 22 year old. Frenchman Max Maugein also was over a 5.00m

*After Eight: Warn 7139, Sint 7026, Frei 6997, Kasy 6909.....11th Tomn 6726....24th Uiibo 6136*

**Javelin:** [3:45 pm and 4:45 pm 5:24 pm]



Uiibo withdrew. The first group (B) featured Tonneson (60.86m/199-7) and Czech Jiri Skkora (61.06m/200-3). For Tonneson was another PR and put him a 7477 and a shot at 8100 (needing now 4:49.36). 8103 score from last years' NCAAs already makes him a World' qualifier.

In group A (following some special hept 800m races and a score netting over 7000 points) Marek Lukas/CZE led off with a 67.52m/221-6.

LePage managed a PR in round #1 at 50.22m/164-9. Warner pulled down on his 1st toss and it netted him just a 53.71m/176-2 distance. Lukas improved in round #2 to 70.80m/232-3. Suarez immediately followed at 71.88m/235-10. Wow! Warner improved to 56.95m/186-10 to maintain a safe hold on the lead.

Lukas went 70.77m/232-2 in the final round. In the final round Sintincolaas improved just marginally while Warner added another 11 points to his score and he led Eelco by 46 points (about 7½ seconds). Everyone scurried to the scorebooks....for example, LePage now needed a 4:42.10 clocking in the final event for his 8100.

*After Nine: Warn7842, Sint 7796, Frei7701, Helc 7678....10th 7477.*

**1500 m:** [6:06 – 6:11 pm]



30 year old Eelco Sintincolaas/NED needed a 7½ second margin over Damian Warner to pull the upset.

With a 46 point margin and a PR just 2½ seconds slower than Sintnicolaas, Warner was in the driver's set for the final race. One section with all 23 athletes remaining. The number of athletes looking for a final 8100 score was almost countless.....4:51 for Samuelsson, 5:06 fro Brugger, 4:49 for Tonneson, 4:42 for Lepage, 4:41 for Bryant, as so on.

Warner drew the inside lane and the start resembled a cross-country race. Yet the advantages of this configuration well outweighs the mob at the start. No runner gets lost and just treads water with this type a field.

Here Damian covered every move by Eelco with Suarez hanging on both.

Up front Aki Nakamura pushed the pace but was overtaken by Gail Querin/FRA at 1200 meters who then sprinted to a meet record 4:08.90 with Nakamura fading to 4:17.15. In the middle of the pack Warner , Suarez and Sintnicolaas all battled changing position...they came down the home straight pushing as hard as they could....no change in the overall places, but it was exciting. The pace was fast enough that it assured Warner's winning score would be close to 8600...but not national record. When the dust cleared 15 (!) had exceeded 8k, 12 over 8100. That's quite a haul. 9 of 23 PR'd!

### 1500 m Pace

300 m (3 laps remaining)	47.8	Nakamura
400 m	62.0	Nakamura
700 m (2 laps remaining)	1:54	Nakamura
800 m	2:11	Nakamura
1100 m (1 lap remaining)	3:03	Nakamura
1200 m	3:23	Querin
1500 m	4:08.90	Querin



## RESULTS:

### 5/27-28 43rd Hypo Bank Meeting, Götzis, AUT

8591	Warner, Damian/CAN	10.25+0.5	785+1.4
1409	203 47.49 13.54-0.2	4435 470 5768	4:29.33
8539	Sintnicolaas, Eelco/NED	10.57+0.5	761+0.6
1462	191 48.37 14.16-1.2	4352 540 6213	4:30.32
8365	Freimuth, Rico/GER	10.53+0.5	747+2.1
1521	194 49.40 13.80-0.2	4945 480 5777	4:42.67

8335	Helecelet, Adam-Seb/CZE	10.87+1.4	732+2.8
1489	200 49.50 14.19-0.2	4435 500 6804	4:43.69
8334	Braun, Pieter/NED	10.90+2.8	771+0.5
1482	200 49.09 14.40-0.2	4266 500 5849	4:28.14
8294	Bruegger, Mattias/GER	10.89+1.4	725+1.6
1532	197 47.29 14.06+1.4	4508 480 5781	4:34.26
8281	Kasyanov, Oleksiy/UKR	10.66+0.5	763+1.4
1464	200 48.68 14.03-0.2	4499 470 5411	4:33.43
8214	Suarez, Leonel/CUB	11.08+1.3	725+3.0
1418	200 48.80 14.54+1.0	4418 450 7188	4:29.14
8172	Samuelsson, Fredrik/SWE	11.81+1.4	750+1.8
1440	203 49.26 14.10+1.4	4003 500 5621	4:39.52
8163	Bryant, Ashley/GBR	10.89+2.8	770+0.1
1420	197 49.69 14.67+0.6	4252 450 6754	4:31.86
8120	Sykora, Jiri/CZE	10.88+1.4	733+2.1
1473	197 49.20 14.25-1.2	4738 480 6106	4:57.01
8102	Tonneson, Pau/ESP	11.08+2.8	753+1.9
1465	206 53.62 14.60+1.2	4297 540 6086	4:48.90
8046	Distelberger, Dominik/AUT	10.73+0.5	715+1.1
1336	188 48.16 14.32+1.0	4012 490 6011	4:35.68
8037	Öiglane, Janek/EST	11.17+1.3	713-2.6
1502	203 50.56 14.72+1.0	4096 490 6517	4:37.76
8002	Wieslialek, Pawel/POL	10.79+0.5	726+1.9
1419	212 50.83 14.52+1.0	4450 450 5558	4:42.16
7997	Lukas, Marek/CZE	10.94+2.8	699+5.1
1421	191 50.05 14.61-1.2	3998 480 7080	4:32.94
7894	LaPage, Pierce/CAN	10.49+0.5	764+0.6
1326	209 48.99 14.58+1.4	4042 490 5078	5:17.93
7875	Cairori Simone/ITA	11.79+1.4	737-0.4
1304	203 49.95 14.72+0.6	3753 450 5636	4:21.14
7846	Pešić, Darko/MNE	11.25+1.3	715-2.5
1547	194 51.03 14.65+1.4	4556 420 5956	4:24.73
7764	Querin, Gail/FRA	11.26+2.8	732+0.5
1339	188 49.09 14.71-1.2	3949 460 5122	4:08.90
7714	Nakamura, Akihiko/JPN	10.78+0.5	744+2.2
1143	197 48.48 14.22-0.2	3502 470 4692	4:17.15
7586	Maugein, Maxime, FRA	11.10+1.3	703+0.1
1393	200 49.79 14.41+1.0	3996 490 4569	5:00.84
7162	Lane, John/GBR	10.76+0.5	743 0.0
1250	200 49.41 14.51+1.4	4099 490 4885	dnf
dnf	Uibo, Maicel/EST	11.04+1.4	735+2.2
nm	215 50.67 14.80+0.6	4717	withdrew
dnf	Rosenberg, Kristian/EST	11.03+0.5	707+0.7
1365	203 49.79	withdrew	
dnf	Pittomvils, Neil/BEL	11.06+2.8	731+2.8
1435	197 50.07 14.73+0.6	4237	nh
dnf	Pretorius, Fredrieck/RSA	10.96+0.5	731+0.9
1258	185	dns	
dnf	De Araju, Luiz Alberto/BRA	10.72+0.5	nm
1514	withdrew		
dnf:	Oberholzer, Andri/SUI	11.14+1.3	withdrew
dnf:	Fringeli, Jonas/SUI	11.20+1.3	689+4.4
dns	withdrew		
30s,23f.			