

# THE DECATHLON ASSOCIATION

## DECA Newsletter

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## INDOOR SEASON OPENS

### Progress by Ohio State's Nickles

**Hello Again.....**This will be the final newsletter (I think) of the year. We begin the 2011-12 indoor season just five weeks after the 2012 outdoor season ended. In the first two weeks of December 17 (!) combined event meets were conducted nationwide with some outstanding results. Most notable was the significant progress made by Ohio State's Heath Nickles, last spring's Big Ten champ. Nickles, a redshirt junior from Columbus Grove, OH, used 5 PRs (including a 5.30m/17-4½ vault) to run up a school record 5602 to win the Golden Flash meet in Kent, OH. He'll end the year as the season leader. The NCAA I qualifying standard (see accompanying box) for the indoor heptathlon has been boosted to 5750 because of last season's spectacular championship results.

Nickles turned back former football star Jordan Goffena (ex-Miami, OH football star) who also PR'd (5421).



Post Collegians Jon Hilton (ex Okla Baptist), left, and Jordan Goffena (ex Miami, OH) put up fine early heptathlon scores.



Ohio State junior Heath Nickles (left) used a 5.30m/17-4½ vault on the way to the year's the top early season hept score, a PR 5602 effort at Kent States' Golden Flash meet.

On Dec 10<sup>th</sup> former NAIA champ Jon Hilton captured the Doane (NE) Holiday meet with a nifty 5396 total. In Crete he turned back NCAA II decathlon champ Brent Vogel/C Missouri, vet Tim Wunderlich and '11 NAIA scorer Rob Keeney. Ben Davies (now at Samford U)

The season's initial winner was VMI senior Antonio Woods who won the Liberty U. Kickoff meet at 5106.

#### *Indoor qualifying standards*

NCAA I:	5750
NCAA II:	5153/4600
NCAA III:	top 13*
NAIA:	top 16
USA:**	5450 indoor hept
	3850 indoor pent
	7700 outdoor dec

Legend:

\* - 1st season conducting heptathlon

\*\* - marks from 2011 & 2012 seasons